



THE Bulletin

October 2019 Volume 96, Number 10

2019 GCMS President's Ball
Friday, October 18th!

September 5th Town Hall –
on Prior Authorization

Practice Managers Discuss
Collaborative Partnership

GENESEE COUNTY MEDICAL SOCIETY

Organized Medicine's Leading Edge



My Nana's reading chair.



My Mom's camping chair.



My Aunt's knitting chair.



My sister's picnic chair.



My friend's office chair.



My daughter's dining chair.

TODAY, THESE CHAIRS ARE EMPTY BECAUSE OF BREAST CANCER.

1 in 8 women will be diagnosed with breast cancer in their lifetime. Don't leave an empty chair in your family—get your annual mammogram.

ABOUT PROJECT EMPTY PINK CHAIR

During the month of October, Regional Medical Imaging is placing empty pink chairs in local businesses. This program aims to raise money for local cancer patients and promote the need for annual mammograms. If your company is interested in hosting a pink chair, please contact Lisa at 810-720-7556.



THE BULLETIN is published monthly by
The Genesee County Medical Society.

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October 2019 Volume 96, Number 10

THE Bulletin

Read by 96% of GCMS members.

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Cover Photo: Cyrus Farrehi, MD

Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

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A Goodbye

Thank you for entrusting me as your President over the past year!

When I joined GCMS 28 years ago, I never thought that one day I would be leading the organization. I am so proud to be the part of the Society, where many leaders are born and raised up to the standard to govern and lead the MSMS, as well as the AMA. I thank all my colleagues, mentors and leaders for the trust, guidance, help and significant amount of advice that helped me carry the torch through this year of great transition. I also appreciate and thank the GCMS and MSMS staff for the help and direction to carry out the function of the Presidency.

Even though I am exiting this leadership role, I will continue to work for GCMS by reaching out to practices and practice organizations, asking them to join our great Medical Society. Over the last decade, physicians have become increasingly isolated from each other. More and more of us now only interact with fellow physicians in our practice or the hospital group that we belong to. We are lacking the camaraderie and friendships that is necessary to be effective and left more susceptible to outside influences. We let the change happen rather than effecting the change. It is essential that we interact with each other. No one knows the issues facing medicine and our patients better than we, the physicians.

GCMS remains the preeminent organization that can align, support, and represent the many diverse medical practices throughout Genesee County and beyond. It is the forum that lets us meet and interact with the entire family of physicians: medical students, residents, practicing physicians, retired physicians; employed and self-employed physicians; university and community physicians; primary care physicians and subspecialists.

I challenge all of us to get more involved and to participate in the activities of GCMS. Be a mentor, serve on leadership committees, attend the events and meetings. By doing so, you will strengthen the physician



Edward Christy, MD

community, learn something new, and who knows, you might make a new friend or become a new leader. By joining to create one voice, we will increase our ability to help our patients as well as our community. Our one voice in health care policy increases our influence in creating future legislation.

Finally, I would like to share a few words on a more personal note. I would like to thank my family for their support of my career over 30 years as an internist, geriatrician, hospice and palliative care physician and Board Member for the Society. They have been my rock and my support after a bad day or a frustrating encounter.

My wife has been instrumental in caring for our two children at home, which has allowed me to focus each day on my patients and other activities without worry or distraction. I am so proud of my children who have also become physicians and continue to provide greater care to our community. For many of us, our support team is critical in keeping our lives in balance. We often don't give them enough credit or appreciation!



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Health Can't Wait

The Genesee County Medical Society is part of the Health Can't Wait coalition, a growing and exciting partnership of patients, health care providers, and patient advocacy associations dedicated to putting Michigan patients first and ending delays in patients' access to health care.

Health can't wait. It's a reality that physicians understand and patients experience. Tragically, insurance company bureaucracy too often stands between patients and the medicine, treatment, or testing their physicians believe they need. Prior authorization, step therapy, and fail first requirements hamstring treatment, drive up prescription nonadherence and lead to diminished health.

Health Can't Wait was created to defend patients



Angie Kemppainen, CAE

against these costly, onerous, and dangerous payer practices. The initiative is bringing together the state's leading physician and health care associations and organizations to speak with a single, clear voice and tell policymakers it's time to put Michigan patients first.

If you have patients that have experienced health care delays or denials because of the reckless use of prior authorization or step therapy, we hope you'll encourage them to visit the website and share their story. Your patients' experiences matter most, and they may make all the difference in the fight for reform.

You can learn more about the coalition and about ways you can personally get involved by visiting the coalition online at HealthCantWait.org. You can also like their page on Facebook.



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2019 GCMS/GCMSA

President's Ball

Honoring Dr. Edward Christy

October 18th, 2019

6:00 o'clock in the evening

Genesys Conference

& Banquet Center

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GCMS MEETINGS

OCTOBER 2019

Legislative Liaison

Committee, 10/7

8:00am, GCMS Office

GCMS/GCMSA President's Ball,

FRIDAY, 10/18

6:00pm, Genesys Conference

& Banquet Center

Finance Committee, 10/22

5:15pm, GCMS Office

Board of Directors, 10/22

6:00pm, GCMS Office

Community & Environmental

Health Committee, 10/23

12:30pm, GCMS Office

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Adapting To Change, Maintaining Commitment

Our GCMS Bulletin is an integral part of our collegial relationship with physicians, not only in Genesee County, but throughout the state of Michigan and beyond. So, it is important that we get the publication to you on time. I personally want to apologize for the lateness of the last two issues. Excuses are invalid reasons so I will not bother to offer any but simply state that I expect each of you, our faithful readers, will be able to access your electronic copy by the first of each month.



Peter S. Thoms, MD

With that off my mind, let me share with you what is happening at our headquarters office. You must be aware that our longtime Executive Director, Peter Levine, retired on June 30. That has meant that Sherry Smith, our Executive Assistant, has been extraordinarily busy doing all that she did before, plus. The plus is a myriad of tasks that Pete handled, i.e. inquiry phone calls, members concerns, accommodating those who use our conference room, queries from various organizations etc. So, please when contacting the GCMS office be kind and patient as she has a lot on her plate.

Our new Executive Director, Angie Kempainen, has begun the task of getting to know us. She attended her first GCMS Board of Directors meeting on September 24. However, we are not an unknown entity to her since her career has been focused on managing various medical organizations including the Ingham County Medical Society, Michigan Dermatological Society and Michigan Thoracic Society, as well as having worked at MSMS in the past. She will be a great help functioning in her management role. She is hired part-time, so we will have to learn to share her expertise and make the necessary accommodations.

We are fortunate to have such a talented and dedicated leadership in the GCMS. The members of our Board are passionate about the continued success and ongoing leadership as an integral part of MSMS and the AMA. At the upcoming Presidents Ball (please see the notice on this page and make your reservation promptly) we will install a new President, but it is vital that Dr. Ed Christy continues to help us in this transition.

While we depend on our leaders to help us maintain our tradition of being a strong, active, influential medical society, the underlying strength lies in our membership. And that is where the “rank and file,” you, our members are of utmost importance. It is important that “each one brings one.” Numbers do make a difference and too many of our colleagues have watched from the sidelines while organized medicine, our professional cohesive entities, have fought the battles in the halls of legislation. Our 2020 drive starts this month. Help us be bigger and better in the coming year. Each member is a key to a successful future.

HELP US CELEBRATE WHO WE ARE AT THE PRESIDENT’S BALL, Friday, October 18!

2019 GCMS/GCMSA
President's Ball
 Friday, October 18th, 2019
 at 6:00 o'clock in the evening
 Genesys Conference & Banquet Center
 \$85 per person | Children Welcome
 email or call for special ticket pricing
 Sponsorship Opportunities Available
 RSVP ssmith@gcms.org
 or call 810-733-9923
 *please include entree choice
 (chicken or vegetarian)
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HAPPY BIRTHDAY DOCTOR

OCTOBER

| | | | |
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REPRINTED FROM THE BULLETIN, OCTOBER 2014 ISSUE

Smoke, Smoke, Smoke That E-Cigarette?

To cease smoking is the easiest thing. I ought to know. I've done it a thousand times

– Mark Twain (1835 – 1910)

A friend and former smoker still maintains that nicotine is a wonder drug. A cigarette would calm him down when he was agitated and perk him up when he was down. Over 40 million Americans still smoking would likely agree. But 70% of those folks claim they would like to quit, and 42% have tried in the past year. Many of those wanting to quit have tried electronic cigarettes.

Developed in China, these devices have been available in the U.S. since 2007. No match or lighter? No problem. An E-cigarette heats up a flavored and usually nicotine containing liquid fed into a vaporizing chamber from a cartridge. The liquid product is a combination of nicotine extracted from tobacco leaves, flavorings, propylene glycol, and various additives. Some cartridges contain as much nicotine as a regular cigarette, but the concentration can be varied. The vapor is then inhaled by the user. No tobacco, no smoke, no odor, no carbon monoxide, no problem. Right? Get your nicotine fix while avoiding the health hazards of conventional cigarettes. Not so fast.

Of course, cigarette smoke is a known carcinogen. While E-cigarettes lack most of the toxic compounds found in tobacco, nicotine is not a benign substance. Less than one tablespoon of the liquid can kill an adult and a teaspoon can kill a child. Poison control centers have seen an increase in calls every month for the past four years involving accidental nicotine poisoning of children. E-cigarette devices release toxic metals in the vapor including chromium, nickel, lead, zinc, and tin. Some contain diethylene glycol, a toxin found in anti-freeze. On a positive note, the vapors do not contain polycyclic aromatic compounds, which are carcinogenic. Nicotine increases heart rate and blood pressure and can be harmful to adolescent brain development. “Vapers, as E-cigarette users are sometimes called, can have changes in pulmonary function, increased airway resistance, and cellular changes in the lungs.

The U.S. Food and Drug Administration regulates cigarettes, cigarette tobacco, and smokeless (chewing



Dan Ryan

tobacco. However, not until 2014 did the agency propose requirements for E-cigarettes, nicotine gels, and dissolvable tobacco products with the Family Smoking Prevention and Tobacco Control Act. These include; all ingredients must be labelled clearly, no sales to minors, health warnings on the label, and no vending machine sales. Most states have restrictions on smoking in public places and are legislators are starting to become aware of the possible health risks associated with E-cigarettes. Manufacturers object to any restrictions claiming that E-cigarettes are only for recreational use.

A one pack per day smoker will spend \$1,500 to \$2,000 each year on their habit, depending on brand preference and the state where purchased. E-cigarettes can therefore be considerably less expensive. A starter kit ranges from \$30 to \$100 and cartridge refills, equivalent to one pack per day, costs about \$600 per year. Big tobacco companies are getting in on the action of this \$3 billion per year market.

E-cigarettes may be marketed as a method to help taper and eventually quit smoking, but they are generally just used as a substitute for tobacco cigarettes where smoking may be prohibited. They are just as addictive as regular cigarettes because they deliver a highly addictive substance, nicotine, into the body. While they may be a safer alternative to tobacco in some ways, long term use is unknown and untested. We need to ask our patients if they are willing to be lab rats in this experiment.

2019 GCMS/GCMSA President's Ball

Honoring Dr. Edward Christy

October 18th, 2019 - 6:00 pm

Genesys Conference & Banquet Center
RSVP ssmith@gcms.org or call 810-733-9923

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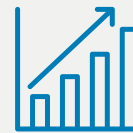
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Terri.Walters@altarum.org

The Michigan Opioid Crisis



Michigan has the 13th highest rate of opioid overdose deaths in the country, with 21 deaths/100,000 residents annually.



Michigan prescribers write 74 opioid prescriptions for every 100 Michigan residents.



Emergency department visits for opioid overdose increased 70% in Midwestern states between 2016 and 2017.



This activity has been planned and implemented in accordance with the requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint-providership of Michigan Medicine and Altarum Institute. Michigan Medicine is accredited by the ACCME to provide continuing medical education for physicians. Michigan Medicine designates this PI CME activity for a maximum of 30 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Genesee County Medical Society Dinner Business Meeting Minutes September 5, 2019

I. Call to Order:

The meeting was called to order at 7:15pm by Ed Christy, MD, President, in the dining room of the Flint Golf Club. Dr. Christy welcomed everyone to the session which would cover the topic of Prior Authorization.

II. Introduction of Guests:

Dr. Christy thanked the speakers from Priority Health, James Forshee, MD, Senior Vice President of Medical Affairs and Chief Medical Officer, and Ann Donnelly, RN, VP for Care Management / Utilization Management and Operations. He also welcomed the speaking faculty from Health Alliance Plan, Frank Borschke, MD, FACEP, Medical Director, and Sheri L. Chatterson MSM, CHFP, MBA, Vice-President Provider Network Management. Joining them were Dr. Charlie Bloom, Interim Chief Medical Officer, Peggy O'Neil, Senior Provider Services Administrator, and Shannon Wejrandt, Director of Provider Network Management.

Dr. Christy welcomed John Waters, Treasurer of the Michigan State Medical Society, and Angela M. Kemppainen, CAE, Chief Operating Officer of the Ingham County Medical Society, Michigan Dermatological Society, Michigan Thoracic Society, and most recently, she is the new Executive Director of the Genesee County Medical Society.

Dr. Christy then invited Julie Forbush of Sovita Credit Union to make some comments and thanked them for sponsoring the meeting.

Finally, Dr. mentioned the Flint Registry ("FLExR") which is a project connecting people to services and programs promoting health and wellness and to help understand how the Flint water crisis has affected the community. The Registry is for anyone who was exposed to lead-contaminated water in the City of Flint because they lived, worked, attended school or daycare between April 2014, and October 2015, at any address serviced by the Flint water system. The Registry is a resource supporting the Flint community and its goal is to refer people to services to reduce the impact of lead on their health. The Registry is working to reach as many people as possible to learn about how the water crisis has impacted their health. Dr. Christy asked that physicians encourage patients to share their story. The more people enrolled, the more powerful the Flint Registry will be. The Flint Registry is funded by a grant to Michigan State University from the Centers for Disease Control and Prevention and is being created in partnership with the City of Flint, Greater Flint Health Coalition, educators, clinicians, and community-based organizations including the Genesee County Medical Society.

III. Review of Minutes from May 2, 2019 Dinner Business Meeting:

Motion: That the minutes of the May 2, 2019 Dinner Business Meeting be approved as published in the June 2019 Bulletin. The Motion Carried.

IV. Nominating Committee Election:

Dr. Venkat Rao, Chair of the Nominating Committee, presented the nominating slate which is also published in this issue of The Bulletin.

Dr. Rao congratulated Dr. Qazi Azher on his nomination as President, and Dr. Randy Hicks on his nomination as President-Elect.

The 2019-2020 SLATE OF NOMINEES FOR GCMS OFFICES was approved as follows:

PRESIDENT:

Qazi Azher, MD

PRESIDENT-ELECT:

Randy Hicks, MD

TREASURER:

EG Raj, MD

SECRETARY:

Niketa Dani, MD

FINANCE COMMITTEE:

John Waters, MD, Chair

Ed Christy, MD

Randy Hicks, MD

DELEGATES:

Laura Carravallah, MD

Gerald Natzke, DO

Venkat Rao, MD

Tarik Wasfie, MD

Genesee County Medical Society Dinner Business Meeting Minutes September 5, 2019

ALTERNATE DELEGATES:

| | | |
|-------------------------|--------------------|--------------------|
| Robert Soderstrom, MD | Amanda Winston, MD | Paul Kocheril, MD |
| Farhan Khan, MD | Asif Ishaque, MD | Sunilkumar Rao, MD |
| Brenda Rogers-Grays, DO | Khalid Ahmed, MD | Elmahdi Saeed, MD |

INTERNATIONAL MEDICAL GRADUATES DELEGATION:

| | | | |
|------------------|--------------------|-------------------|---------------------|
| Shagufta Ali, MD | Mona Hardas, MD | Rama Rao, MD | Tarik Wasfie, MD |
| Qazi Azher, MD | Rima Jibaly, MD | Venkat Rao, MD | Sania Zainuddin, MD |
| Ed Christy, MD | Ahmad Kaddurah, MD | Jawad Shah, MD | |
| Hytham Fadl, MD | Kavitha Kesari, MD | Mahesh Sharman MD | |
| Ayman Haidar, MD | VJ Naraparaju, MD | Parul Sud, MD | |

YOUNG PHYSICIANS SECTION:

Amanda Winston, MD – Delegate
Sherry Cavanagh, MD – Alternate Delegate

HERO OF MEDICINE AWARD:

Brian Nolan, MD

PRESIDENT FOR A DAY AWARD:

Paul Lazar, MD

MSMS COMMUNITY SERVICE AWARD:

Brenda Rogers-Gray, MD

Motion: That the Slate of Nominees prepared by the Nominating Committee be approved by acclamation.
The motion carried.

V. Town Hall Meeting

Dr. Christy introduced Frank Borschke, MD, FACEP, Medical Director, Health Alliance Plan, and Sheri L. Chatterson MSM, CHFP, MBA, Vice-President Provider Network Management, Health Alliance Plan.

Following the Health Alliance Plan presentation, he introduced the faculty from Priority Health. James Forshee, MD, Senior Vice President of Medical Affairs and Chief Medical Officer, Priority Health, and Ann Donnelly, RN, VP for Care Management / Utilization Management and Operations, Priority Health.

VI. Meeting Wrap-Up:

Following a lively question and answer session, Dr. Christy asked Dr. Gary Johnson to speak to the issue of vaping and the complications that are becoming a high trend.

Dave Geen of Sovita Credit Union was invited to announce the door prize winner, Dr. Amanda Winston won a free lunch for her entire practice.

VII. Next Meeting:

The next General Membership Meeting will be the Presidents' Ball on October 18, 2019 at Genesys Conference & Banquet Center and the next Town Hall Dinner Business Meeting is scheduled for February 6, 2020.

VIII. Adjournment:

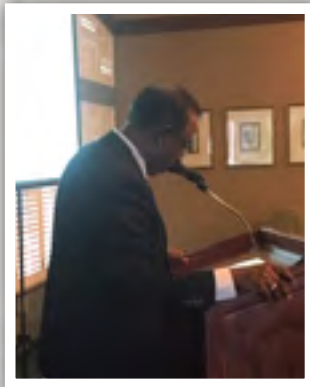
No further business appearing. The meeting was adjourned at 9:00 p.m.

Submitted by,

Sherry Smith

Executive Assistant

Genesee County Medical Society Dinner Business Meeting Minutes September 5, 2019



ATTENTION: GCMS Practice Managers

Issues of Serious Concern for Medical Practices!

Don't let your practice manager
miss these important meetings!

GCMS Practice Manager meetings
are held on the 1st Thursday of
each month from 8am to 10am

The following topics are tentatively scheduled and subject to change

November 7, 2019

Presenter(s)

"Molina Health Plan"

Nicole Salazar, Provider Service Representative
Susette Bader-Sherwood, Provider Service Representative

December 5, 2019

Presenter(s)

"Meridian Health"

Valerie Southall, Provider Network Development Representative

January 2, 2020

No Meeting - Happy New Year!

February 6, 2020

Presenter(s)

"Roundtable Discussions"

Stacie J. Saylor, CPC, CPB. Reimbursement Advocate
Health Care Delivery, Michigan State Medical Society



Please email Sherry at ssmith@gcms.org or call 810-733-9923 to RSVP!

Genesee County Medical Society - The Rapport Conference Room
4438 Oak Bridge Drive, Suite B, Flint, MI 48532.

Practice Managers Discuss Collaborative Partnership

By PETER THOMS, MD

Sovita Credit Union sponsored the monthly practice managers meeting Sept. 5 at the GCMS office. Julie Forbush made a clear and concise presentation that informed the managers of how Sovita works with physicians and their employees to deal with their specific financial concerns. She emphasized the fact that, because they are established as a medical and educational credit union, they are specially tuned to the financial needs of medical professionals. Being dedicated to this

segment of society, they are uniquely positioned to respond to those needs. Julie also emphasized Sovita's reputation regarding a quick response to phone calls, "you may be electronically directed, but you will speak with a person." As a credit union dedicated to the medical profession, they take pride in their availability and their personal service.

One of the most frequently asked questions by physicians pondering membership in GCMS and MSMS is, "What are the benefits of belonging to a medical society?" The answer to that question can be lengthy because the benefits are myriad.

The monthly manager's meeting is a prime example of a huge benefit worth the yearly membership costs to each physician. Each month, a topic that relating to physician practice is addressed



by experts in their field. But perhaps the greatest benefit is managers sharing in their concerns.

At the September meeting, after listening to Sovita's presentation, I tuned in to the supplemental conversation between the managers and was impressed with how they shared the challenges they experience, which is equally as valuable to them as is the topic of the day. They agree that the two hours dedicated to meeting each month is an invaluable benefit to them as managers and to the physicians and practices they represent.

The next meeting will be Oct. 3 from 8 am to 10 am. Coffee and bagels will be available, as well as a door prize as part of the Sovita sponsorship.



Announcement

GCMS members now entitled to a 15% discount on automobile and homeowners insurance.

For details, contact:

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2019 GCMS/GCMSA

President's Ball

Friday, October 18th, 2019
at 6:00 o'clock in the evening

Genesys Conference & Banquet Center

\$85 per person | Children Welcome
email or call for special ticket pricing

Sponsorship Opportunities Available

RSVP ssmith@gcms.org
or call 810-733-9923

*please include entree choice
(chicken or vegetarian)

Black tie optional

Valet Parking
Available



2019-2020 SLATE OF NOMINEES FOR GCMS OFFICES

Presented for members' review and ratification at the
September 5, 2019 General Membership Dinner Business Meeting.

PRESIDENT:

Qazi Azher, MD

PRESIDENT-ELECT:

Randy Hicks, MD

TREASURER:

EG Raj, MD

SECRETARY:

Niketa Dani, MD

FINANCE COMMITTEE:

John Waters, MD, Chair

Ed Christy, MD

Randy Hicks, MD

DELEGATES:

Laura Carravallah, MD

Gerald Natzke, DO

Venkat Rao, MD

Tarik Wasfie, MD

ALTERNATE DELEGATES:

Robert Soderstrom, MD

Amanda Winston, MD

Paul Kocheril, MD

Farhan Khan, MD

Asif Ishaque, MD

Sunilkumar Rao, MD

Brenda Rogers-Grays, DO

Khalid Ahmed, MD

Elmahdi Saeed, MD

INTERNATIONAL MEDICAL GRADUATES DELEGATION:

Shagufta Ali, MD

Mona Hardas, MD

Rama Rao, MD

Tarik Wasfie, MD

Qazi Azher, MD

Rima Jibaly, MD

Venkat Rao, MD

Sania Zainuddin, MD

Ed Christy, MD

Ahmad Kaddurah, MD

Jawad Shah, MD

Hytham Fadl, MD

Kavitha Kesari, MD

Mahesh Sharman MD

Ayman Haidar, MD

VJ Naraparaju, MD

Parul Sud, MD

YOUNG PHYSICIANS SECTION:

Amanda Winston, MD – Delegate

Sherry Cavanagh, MD – Alternate Delegate

PRESIDENT FOR A DAY AWARD:

Paul Lazar, MD

HERO OF MEDICINE AWARD:

Brian Nolan, MD

MSMS COMMUNITY SERVICE AWARD:

Brenda Rogers-Gray, MD

4438 Oak Bridge Drive Ste A 15726LG

4438 Oak Bridge Dr, Flint, MI 48532



| | |
|----------------------|--------------------|
| Listing ID: | 30337937 |
| Status: | Active |
| Property Type: | Office For Lease |
| Office Type: | Business Park |
| Contiguous Space: | 2,879 SF |
| Total Available: | 2,879 SF |
| Lease Rate: | \$12 PSF (Annual) |
| Base Monthly Rent: | \$2,879 |
| Lease Type: | NNN |
| Nearest MSA: | Flint |
| County: | Genesee |
| Tax ID/APN: | 07-21-651-009 |
| Zoning: | GENERAL COMMERCIAL |
| Gross Building Area: | 9,990 SF |
| Year Built: | 1994 |



Overview/Comments

Linden Rd. visibility in versatile suite with 8 - 9 offices plus waiting and storage. 2,879 SF can be expanded by up to $\pm 1,500$ SF. Two private offices with large bay windows, lots of windows that open throughout. Well lit, ample parking in professional office park. Convenient location to expressways and the Linden, Miller and Corunna Rd. corridors.



More Information Online

<http://coopercom.catylist.com/listing/30337937>

QR Code

Scan this image with your mobile device:



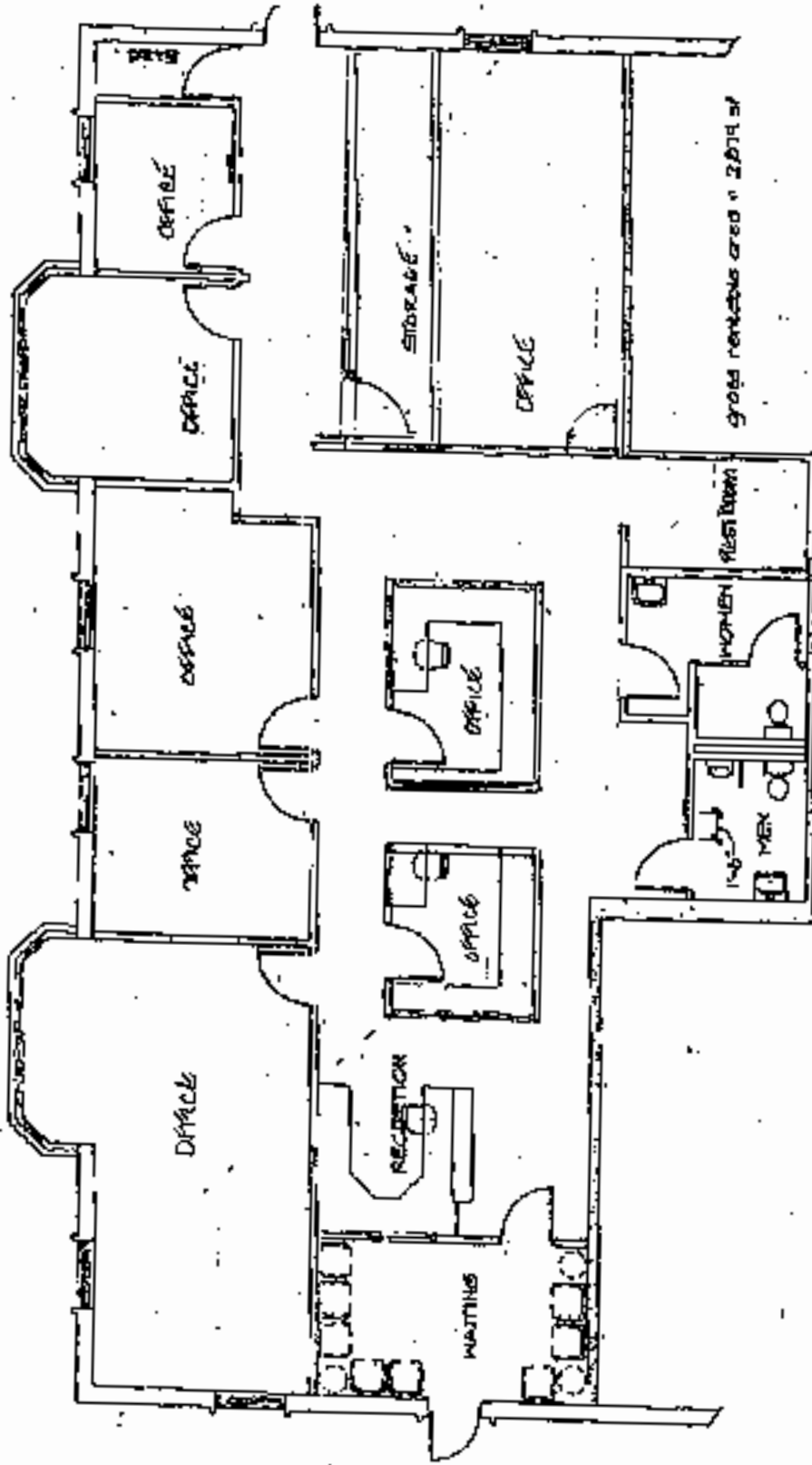
Property Contacts



Karen Cape

Cooper Commercial
810-423-3775 [M]
810-732-6000 [O]
karen@coopercom.com

N.T.S.



NEW WORK PLAN

SCALE 1/4" = 1'-0"

PER. 3, 2009

GROSS RENTABLE AREA = 2,079 SF

FOR LEASE



October 2019 Fitness Calendar

FREE! Commit to Fit! Class Schedule

Commit to Fit! offers fitness classes at **no cost** to all individuals who live or work in Flint and Genesee County. Fitness Centers require participants to be age 18 and older, other locations are open to all ages. See back side for details.

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT |
|--------------|--|---|--|---|---|--|
| OCTOBER 2019 | | 1 | 2 | 3 | 4 | 5 |
| | | <p>Enhance Fitness Berston Field House 10:00am</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am</p> <p>Total Body Challenge 10:00-11:00am Brennan Senior Center</p> <p>Splash Fit U of M-Flint Rec 11:00am</p> <p>Chair Aerobics Brennan Senior Center 12:30-1:15pm</p> | <p>Enhance Fitness Hasselbring Senior Center 9:00am</p> <p>Arthritis Foundation Exercise Program Davison Area Senior Center 10:00-11:00am</p> <p>Community Yoga Educare 10:00-11:00am</p> <p>Arthritis Foundation Exercise Program Forest Township Senior Center 12:15-1:00pm</p> <p>Community Yoga Brownell Elementary 4:30-5:30pm</p> <p>Community Yoga Crim Fitness Foundation 5:30-6:30pm</p> <p>Zumba Ascension Genesys Health Club 6:45pm</p> | <p>Enhance Fitness Berston Field House 10:00am</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10-11:00am</p> <p>Total Body Challenge 10:00-11:00am Brennan Senior Center</p> <p>Splash Fit U of M-Flint Rec 11:00am</p> <p>Chair Aerobics Brennan Senior Center 12:30-1:15pm</p> <p>Community Yoga Southwestern High School 5:30-6:30pm</p> <p>Basic Yoga Insight Health & Fitness Center 6:45pm</p> | <p>Enhance Fitness Hasselbring Senior Center 9:00am</p> <p>Arthritis Foundation Exercise Program Burton Senior Center 9:00-10:00am</p> <p>Arthritis Foundation Exercise Program Swartz Creek Senior Center 11:00am-12:00pm</p> | <p>Yoga Flow U of M-Flint Rec 11:00am</p> <p>Family Yoga Ballenger Park 11:30-12:30pm</p> <p>Walk With a Doc Ascension Genesys downtown Flint 10:00am</p> |
| | 7 | 8 | 9 | 10 | 11 | 12 |
| | <p>Enhance Fitness Hasselbring Senior Center 9:00am</p> <p>Senior Stretch YMCA Downtown 10:00am</p> <p>Pound Ascension Genesys Health Club 10:15am</p> <p>Arthritis Foundation Exercise Program Loose Senior Center 2:00-3:00pm</p> <p>Aqua Fitness UM-Flint Rec Center 5:30-6:30pm</p> | <p>Enhance Fitness Berston Field House 10:00am</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am</p> <p>Total Body Challenge 10:00-11:00am Brennan Senior Center</p> <p>Splash Fit U of M-Flint Rec 11:00am</p> <p>Chair Aerobics Brennan Senior Center 12:30-1:15pm</p> <p>Chair Yoga Slidell Senior Center 2:00-3:00pm</p> | <p>Enhance Fitness Hasselbring Senior Center 9:00am</p> <p>Arthritis Foundation Exercise Program Davison Area Senior Center 10:00-11:00am</p> <p>Community Yoga Educare 10:00-11:00am</p> <p>Arthritis Foundation Exercise Program Forest Township Senior Center 12:15-1:00pm</p> <p>Yoga Brownell Elementary 4:30-5:30pm</p> <p>Zumba Ascension Genesys Health Club 6:45pm</p> | <p>Enhance Fitness Berston Field House 10:00am</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10-11:00am</p> <p>Total Body Challenge 10:00-11:00am Brennan Senior Center</p> <p>Splash Fit U of M-Flint Rec 11:00am</p> <p>Chair Aerobics Brennan Senior Center 12:30-1:15pm</p> <p>Community Yoga Southwestern High School 5:30-6:30pm</p> <p>Basic Yoga Insight Health & Fitness Center 6:45pm</p> | <p>Enhance Fitness Hasselbring Senior Center 9:00am</p> <p>Arthritis Foundation Exercise Program Burton Senior Center 9:00-10:00am</p> <p>Arthritis Foundation Exercise Program Swartz Creek Senior Center 11:00am-12:00pm</p> | <p>Yoga Flow U of M-Flint Rec 11:00am</p> <p>Family Yoga Ballenger Park 11:30-12:30pm</p> |

October 2019 Fitness Calendar

FREE! Commit to Fit! Class Schedule

| | | | | | |
|--|---|--|---|---|---|
| <p>14</p> <p>Enhance Fitness Hasselbring Senior Center 9:00am</p> <p>Senior Stretch YMCA Downtown 10:00am</p> <p>Pound Ascension Genesys Health Club 10:15am</p> <p>Arthritis Foundation Exercise Program Loose Senior Center 2:00-3:00pm</p> <p>Aqua Fitness UM-Flint Rec Center 5:30-6:30pm</p> | <p>15</p> <p>Enhance Fitness Berston Field House 10:00am</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am</p> <p>Total Body Challenge 10:00-11:00am Brennan Senior Center</p> <p>Splash Fit U of M-Flint Rec 11:00am</p> <p>Chair Aerobics Brennan Senior Center 12:30-1:15pm</p> <p>Chair Yoga Slidell Senior Center 2:00-3:00pm</p> | <p>16</p> <p>Enhance Fitness Hasselbring Senior Center 9:00am</p> <p>Arthritis Foundation Exercise Program Davison Area Senior Center 10:00-11:00am</p> <p>Community Yoga Educare 10:00-11:00am</p> <p>Arthritis Foundation Exercise Program Forest Township Senior Center 12:15-1:00pm</p> <p>Yoga Brownell Elementary 4:30-5:30pm</p> <p>Walk With a Doc Ascension Genesys Walking Trail 5:30pm</p> <p>Zumba Ascension Genesys Health Club 6:45pm</p> | <p>17</p> <p>Enhance Fitness Berston Field House 10:00am</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10-11:00am</p> <p>Total Body Challenge 10:00-11:00am Brennan Senior Center</p> <p>Splash Fit U of M-Flint Rec 11:00am</p> <p>Chair Aerobics Brennan Senior Center 12:30-1:15pm</p> <p>Community Yoga Southwestern High School 5:30-6:30pm</p> <p>Basic Yoga Insight Health & Fitness Center 6:45pm</p> | <p>18</p> <p>Enhance Fitness Hasselbring Senior Center 9:00am</p> <p>Arthritis Foundation Exercise Program Burton Senior Center 9:00-10:00am</p> <p>Arthritis Foundation Exercise Program Swartz Creek Senior Center 11:00am-12:00pm</p> | <p>19</p> <p>Yoga Flow U of M-Flint Rec 11:00am</p> <p>Family Yoga Ballenger Park 11:30-12:30pm</p> |
| <p>21</p> <p>Enhance Fitness Hasselbring Senior Center 9:00am</p> <p>Senior Stretch YMCA Downtown 10:00am</p> <p>Pound Ascension Genesys Health Club 10:15am</p> <p>Arthritis Foundation Exercise Program Loose Senior Center 2:00-3:00pm</p> <p>Aqua Fitness UM-Flint Rec Center 5:30-6:30pm</p> | <p>22</p> <p>Enhance Fitness Berston Field House 10:00am</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am</p> <p>Total Body Challenge 10:00-11:00am Brennan Senior Center</p> <p>Splash Fit U of M-Flint Rec 11:00am</p> <p>Chair Aerobics Brennan Senior Center 12:30-1:15pm</p> <p>Chair Yoga Slidell Senior Center 2:00-3:00pm</p> | <p>23</p> <p>Enhance Fitness Hasselbring Senior Center 9:00am</p> <p>Arthritis Foundation Exercise Program Davison Area Senior Center 10:00-11:00am</p> <p>Community Yoga Educare 10:00-11:00am</p> <p>Arthritis Foundation Exercise Program Forest Township Senior Center 12:15-1:00pm</p> <p>Yoga Brownell Elementary 4:30-5:30pm</p> <p>Zumba Ascension Genesys Health Club 6:45pm</p> | <p>24</p> <p>Enhance Fitness Berston Field House 10:00am</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10-11:00am</p> <p>Total Body Challenge 10:00-11:00am Brennan Senior Center</p> <p>Splash Fit U of M-Flint Rec 11:00am</p> <p>Chair Aerobics Brennan Senior Center 12:30-1:15pm</p> <p>Community Yoga Southwestern High School 5:30-6:30pm</p> <p>Basic Yoga Insight 6:45pm</p> | <p>25</p> <p>Enhance Fitness Hasselbring Senior Center 9:00am</p> <p>Arthritis Foundation Exercise Program Burton Senior Center 9:00-10:00am</p> <p>Arthritis Foundation Exercise Program Swartz Creek Senior Center 11:00am-12:00pm</p> | <p>26</p> <p>Yoga Flow U of M-Flint Rec 11:00am</p> <p>Family Yoga Ballenger Park 11:30-12:30pm</p> |
| <p>28</p> <p>Enhance Fitness Hasselbring Senior Center 9:00am</p> <p>Senior Stretch YMCA Downtown 10:00am</p> <p>Pound Ascension Genesys Health Club 10:15am</p> <p>Arthritis Foundation Exercise Program Loose Senior Center 2:00-3:00pm</p> <p>Aqua Fitness UM-Flint Rec Center 5:30-6:30pm</p> | | | | | |

October 2019 Fitness Calendar

FREE! Commit to Fit! Class Schedule

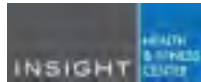
Class Descriptions & Locations

Basic Yoga (1 hour)

This class is a balanced flow of postures designed to build stamina, strength, and flexibility while promoting weight loss and general stress relief.

Insight Health & Fitness Center (IHFC)

Formerly Hurley Health & Fitness Center
4500 S. Saginaw St
Flint, MI 48507
(810) 893-6489



Community Yoga (1 hour) – This is a yoga class for all levels. Please wear comfortable and loose-fitting clothing. Some yoga mats will be available to borrow as well

Mindfulness@crim.org
(810)-235-7461

Crim Fitness Foundation

452 Saginaw Street Downtown Flint



Senior Stretch (1 hour) - This class will help improve overall strength and flexibility. The class is led by a certified senior fitness instructor who will guide you through the exercises at your own pace. This class is perfect for all ability levels.

YMCA Downtown Flint

411 E. 3rd Street
Flint, MI 48503
(810) 232-9622



Spin/HIIT – Each Zumba® class is designed to bring people together to sweat it on. We take the "work" out of workout, by mixing low-intensity and high-intensity moves for a calorie-burning dance fitness party. Designed for all fitness levels.

POUND® transforms drumming into an incredibly effective way of working out. Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training.

Ascension Genesys Health Club

801 Health Park Blvd
Grand Blanc, MI 48439
(810) 606-7300



Total Life Prosperity B.A.S.E. Fitness Series

Each class includes **B**alance and Flexibility, **A**erobic Activity, **S**trength and Resistance Training, and **E**xercise Education

Chair Aerobics

Basic Seated functional fitness class for those who are overcoming mobility issues; includes aerobic activity, core work, and resistance training. Location: *Brennan Senior Center*

Total Body Challenge

Intermediate level workout which includes cardio, strength training, core work, balance and coordination, and flexibility training. Location: *Brennan Senior Center*

Hustle Aerobics

Advanced level workout that incorporates 45 minutes of non-stop cardio to the latest hustle songs followed 15 minutes bodyweight strength training. Location: *Brownell & Eisenhower*

IHFC Water Aerobics

A 1-hour class that will help you strengthen your muscles and cardiovascular system plus improve flexibility. Location: *Insight Health and Fitness*

Aquafitness/SplashFit- An invigorating water workout. Ideal for all fitness levels. No swimming required

Yoga Flow: Learn yoga at a comfortable pace. Connect your mind's attention to your body's fluidity and movement -- promote strength, flexibility, coordination, agility, stamina and an overall experience of well-being.

University of Michigan-Flint Rec Center

401 Mill Street, Flint, MI 48502
(810) 762-3441



Enhance Fitness (1 hour) – A fun, energizing class geared toward improving overall functioning and well-being. Improve your cardiovascular fitness, strength, flexibility and balance!

TIMES & LOCATIONS:

Hasselbring Senior Center

1002 Home Ave. Flint, MI
(810) 766-7128 Mon, Weds, & Fri 9-10 am



Flint Farmers' Market- Tuesdays &

Thursdays 10:00-11:00 am
300 E. First St Flint, MI
(810) 232-1399

Berston Field House

3300 Saginaw St.

Flint, MI 48505

Thursdays, 10:00am

Main Clinic

2900 N. Saginaw Street

Flint, MI 48505

Wednesdays, 5:30 - 6:30pm



Genesee County Parks and Rec

Visit the calendar at: <http://geneseecountyparks.org/> to learn more about fun family events in Genesee County Parks!

For more information please go to:

- Geneseecountyparks.org or call 800-648-PARK
- Descriptions for classes such as Let's Hike It Baby, Yoga for Kids, Yoga for Families, and more can all be found at the online calendar on Commit2fit.com or geneseecountyparks.org



Arthritis Foundation Exercise Program (1 hour) A low-impact physical activity program proven to reduce pain and decrease stiffness. The routines include gentle range-of-motion exercises that are suitable for every fitness level!

Grand Blanc Senior Center:

Tuesday & Thursdays 10am – 11am

Swartz Creek Senior Center:

Fridays 11am – 12pm

Forest Township Senior Center:

Wednesdays 12:30pm–1:30pm

Walk With a Doc

Walk with a Doc is a walking program for everyone interested in taking steps for a healthier lifestyle. What better way to start your weekend than on your feet making strides to help your heart and improving your general health to live longer! While you walk at your own pace, you'll have the opportunity to have questions answered by local physicians.



OBITUARY



George D. Politis, MD

Dr. George Politis of Flint, Michigan, died in his sleep on Tuesday, Sept. 10, 2019.

He was 81 years

old. He is survived by his wife Rita.

Dr. Politis was a pediatrician who served the Flint area for more than 40 years.

He was born in Athens, Greece in 1938 and grew up in Stadio Tegeas, Arcadia, Greece. At the age of four, his house was used as a command post by the Nazi generals during World War II. His mother was imprisoned by the Nazis and at the last moment was not sent to Auschwitz.

He graduated from the University of Athens Medical School in 1963. He received additional medical training at London University Hospitals in England. George also served in the Greek military as a Lieutenant in Kavala, Greece.

Dr. Politis moved to Flint in 1972 and completed a pediatric residency at Hurley Hospital, being promoted to chief resident within one month of beginning the residency. After graduating, he became board certified with the American Board of Pediatrics and inherited the pediatric practice of Dr. Jack Tauscher. Dr. Politis practiced many years with

Dr. Behrouz Moghtassad and held privileges at St. Joseph, McLaren, and Hurley Hospitals. He often worked as the sole neonatologist in the hospital. Additionally, Dr. Politis served as Chairman of Pediatrics at St. Joseph and Genesys Hospitals. He held an Associate Professor position at the Michigan State University College of Human Medicine, training medical students and pediatric residents. Dr. Politis cared deeply for the children and families of the Flint area and was responsible for saving the lives of numerous children.

George was a member and benefactor of the Assumption Greek Orthodox Church serving as Church and Greek Festival treasurer, Education & Scholarship committees, and parish AHEPA president. He was a supporter of the Flint Cultural Center, a member of Friends of Modern Art, and volunteered with the Flint Symphony Orchestra and Chorus. George also was a skilled billiards and backgammon player, enjoyed Detroit Tigers games, movies, and traveling.



2019 GCMS/GCMSA President's Ball
Friday, October 18th, 2019 at 6:00 o'clock in the evening
Genesys Conference & Banquet Center

\$85 per person | Children Welcome
email or call for special ticket pricing

RSVP ssmith@gcms.org or call 810-733-9923
***please include entree choice (chicken or vegetarian)**

Black tie optional | Valet Parking Available



Medical Society Foundation

Consider a donation to the Medical Society Foundation for all of your holiday giving. What a wonderful way of expressing your holiday sentiments while supporting important health related causes.

The Medical Society Foundation has been coordinating physician giving in Genesee County since 1987. This holiday season, why not use the Foundation to make sure your gifts to family, friends and colleagues help to improve the health and well-being of our community.

By giving to the Medical Society Foundation, you receive a great year-end tax benefit at the same time that you tell others how much their health – really means to you.

The Medical Society Foundation funds have been used to support the charitable activities of the Genesee County Medical Society.

Contributions can also be made in memory of an individual or to honor someone.

For questions or information on how your gift can help support the charitable activities of your Medical Society Foundation contact Sherry Smith at (810) 733-9925 or at ssmith@gcms.org.

Medical Society Foundation Mission Statement: The Medical Society Foundation is organized and does operate for the purpose of supporting continuing medical education and health-related charitable activities that further the cause of medicine.

Mail your donations to:

**Medical Society Foundation
4438 Oak Bridge Drive, Suite B
Flint, MI 48532-5467**

Genesee County Medical Society
Board of Directors
June 25, 2019 Minutes

I. Call to Order

The meeting was called to order in the Rapport Conference Room at 6:10 pm, by Ed Christy, MD, President.

II. Review of Minutes

Motion: that the minutes of the May 28, 2019, Board of Directors meeting be approved as presented. **The motion carried.**

III. Reports

A) Finance Committee Report

1. Finance Committee Report

Dr. Christy turned the floor over to Dr. Waters after commending him for his excellent work on the finances. Dr. Waters reported that the organization is in better shape financially than it was one month ago. The sponsorship arrangement with Sovita will help to boost finances as well as the grant payments which will come in on the cash side by the end of October.

2. The Future of ClickSilver

Dr. Christy proposed a motion that all financial records and GCMS accounting items should be taken over from ClickSilver by he and Dr. Raj, as of July 1, 2019. The Board suggested that a letter should be sent to ClickSilver ahead of that date, with a cc sent to all Board members. Additional recommendations included inquiring of Anita Abrol of Lewis & Knopf, prior to taking any action. All information should be sent to the Board.

Motion: that all financial records, information, and GCMS accounting items should be taken over from ClickSilver, as of July 1, 2019, by Drs. Christy and Raj. After some discussion, **the motion carried.**

Dr. Christy noted that the Board will be recessed during the month of July, but that the Executive Committee will be prepared to take any necessary action regarding finances or otherwise.

3. Paid Membership Trend

Dr. Waters presented the membership trend report provided by MSMS, as of 6/4/19. After much discussion regarding membership, the consensus was that new members must be recruited, and that the Board must be proactive in relaying the benefits of membership in GCMS/MSMS

Dr. Mukkamala brought up several points involving new membership recruitment and the annual dues payment cycle.

4. Determination of MSMS/GCMS 2020 Dues Rate

The Board discussed the possibility of adjusting dues rates to make membership more desirable to new members and/or former members.

Dr. Mukkamala suggested that the topic should be brought up again at the next meeting for further discussion with regards to presentation and who will be approached. Unless membership efforts and concentrated recruitment is increased by the Board, membership will not increase.

Dr. Reynolds suggested that MSMS may be able to step up on member recruiting to assist GCMS in this endeavor. Dr. Mukkamala stated that MSMS has been strategizing to gain large groups. MSMS has tried to gain PMC here in Genesee County, but ultimately, PMC chose to leave it up to individual physicians.

Dr. Blight recalled the successful efforts that were made in years past, when MSMS sent staff to the hospitals and individual offices to meet with physicians regarding the real value of membership in GCMS/MSMS.

Genesee County Medical Society
Board of Directors
June 25, 2019 Minutes

Peer Review is particularly valuable and GCMS is a strong connector with state lawmakers. Dr. Khan noted that the irony is that physicians often do not understand the political advantage of membership.

Consensus: GCMS requires the help of MSMS with regards to increasing membership numbers and membership-value awareness.

Motion: that current members continue to pay the same rate with no change, but that new members will pay an introductory rate of \$200 for the GCMS portion of full dues, resulting in a \$185 dues decrease for one year, followed by \$250 in the second year, and \$300 in the third year, for the GCMS portion of dues. If that plan is successful, the idea of lowering the current dues rate of \$385 for current and continuous members will be revisited and reevaluated in one year. The motion carried.

Consensus: that the trial program for new member dues will be marketed exclusively by peer-to-peer engagement. Those interactions may be supported with a letter written by MSMS. Dr. Mukkamala will handle the MSMS side of it.

B) Community & Environmental Health

Dr. Gerald Natzke reported that the Committee hosted a session on 6/19/19 with Dr. Pam Pugh who gave updates on the progress of water lines and water monitoring. Jim Henry and John McKellar spoke to the PFAS issue. With more research, the part per trillion (ppt) for PFAS will be lowered substantially. There are five sites within Genesee County. PFAS is testable, but the lab work is expensive. Eventually, something will be brought forth to the Board with regards to any declarations on water and PFAS.

Dr. Natzke stated that the City has expressed trust in and greatly values the Medical Society's efforts and appreciates the position GCMS holds in safeguarding the health of this community.

Dr. Reynolds noted that the City of Flint is flushing hydrants again which lowers chlorine levels and ultimately means that legionella contamination is possible.

Dr. Carravallah reported that there has been one death "associated with legionella". Other cases are known, but there have been no other deaths at this time.

C) Legislative Liaison Committee

Dr. Blight reviewed the discussions held at the 6/3/19 meeting of the Legislative Liaison Committee. Discussion revolved around the auto no-fault issue, surprise billing and opioid laws.

A date for the Annual Washington Update with Congressman Dan Kildee has not been established.

On August 12, a special MSMS legislative roundtable session will be held at 8 am to discuss the problems and stories related to prior authorization.

D) Greater Flint Health Coalition

The Board received updates from Dr. Waters. He began by reminding the Board of the Opioid Toolkit materials that have been provided for physician office use. There are also several boxes of FLEXR pamphlets available for Board members to take back to their office for patients to be made aware of the Flint Registry.

Dr. Waters stated that many other communities are now recognizing their own lead issues. It is a highlight at the forefront of people's minds as a result of what happened in Flint.

Congressman Kildee is delving into a major project at the national level for Alzheimer's research. The reason for the research is to potentially reduce the number Alzheimer's patients who end up requiring expensive extended care in nursing homes which is often funded by Medicaid.

Genesee County Medical Society
Board of Directors
June 25, 2019 Minutes

Dr. Khan gave some updates regarding the State Innovation Model project. It is hoped that the project will be extended. It has been very successful and there have been many positive results and reports of high satisfaction of patients. A hybrid model has been created and presented to the state, with case managers, etc. The state was impressed by the numbers and the results that has been achieved. The GFHC is hoping that the SIM project will continue in some form or shape because it not only affects patient satisfaction, but it helps primary care physicians address a gamut of surrounding elements of patient care.

E) Presidents Report

Dr. Christy asked Board members for their input regarding prior authorization being the topic for the September 5th General Membership Dinner meeting.

Consensus: that the topic for the 9/5/19 meeting will be Prior Authorization, and that Stacie Saylor of MSMS will be invited to present.

Dr. Christy reviewed the list of upcoming GCMS practice managers meeting topics and encouraged all members to send their staff to attend these valuable meetings which are held monthly at GCMS. Dr. Khan suggested that GCMS should combine practice managers meetings with PMC due to the redundancy of topics covered, as well to reduce the minimal cost that GCMS incurs in hosting the monthly meetings. Several Board members spoke to the fact that not all GCMS member practices are part of PMC and practice managers may not be comfortable bringing up their specific practice issues in a dual audience with PMC practices, and many expressed their strong desire to continue hosting the GCMS meetings for practice managers.

Dr. Christy reminded the Board that Suite A is available for lease, or possibly to include Suite B, or even the entire building.

F) AMA Update

Dr. Waters reported that the AMA has elected its third female president. The AMA managed to change the policy regarding separating families following positive drug testing. Children will no longer be automatically removed from the home.

Although Dr. Mukkamala had already stepped out of the meeting, Dr. Blight suggested that Board members should take an opportunity to congratulate him on his election as Secretary of the AMA Board of Directors.

IV) Next Meeting

August 27, 2019

V) Adjournment

No further business appearing, the meeting was adjourned at 7:40 pm.

Respectfully submitted,

Sherry Smith

Executive Assistant

2019 GCMS/GCMSA

President's Ball

Friday, October 18th, 2019
at 6:00 o'clock in the evening

Genesys Conference & Banquet Center

\$85 per person | Children Welcome
email or call for special ticket pricing

Sponsorship Opportunities Available

RSVP ssmith@gcms.org
or call 810-733-9923

*please include entree choice
(chicken or vegetarian)

Black tie optional

Valet Parking
Available



Application Code: _____

State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at www.joinmsms.org

Join
GCMS/MSMS

Renew
Membership

- | | |
|--|---|
| <input type="radio"/> I am in my first year of practice post-residency. | <input type="radio"/> I work 20 hours or less per week. |
| <input type="radio"/> I am in my second year of practice post-residency. | <input type="radio"/> I am currently in active military duty. |
| <input type="radio"/> I am in my third year of practice post-residency. | <input type="radio"/> I am in full, active practice. |
| <input type="radio"/> I have moved into Michigan; this is my first year practicing in the state. | <input type="radio"/> I am a resident/fellow. |

Male Female

First (legal) Name: _____ Middle Name: _____ Last Name: _____ MD DO

Nickname or Preferred Form of Legal Name: _____ Maiden Name (if applicable) _____

Job Title: _____

W Phone _____ W Fax _____ H Phone _____ H Fax _____

Mobile: _____ Email Address _____

Office Address Preferred Mail Preferred Bill Preferred Mail and Bill

City: _____ State: _____ Zip: _____

Home Address Preferred Mail Preferred Bill Preferred Mail and Bill

City: _____ State: _____ Zip: _____

*Please base my county medical society membership on the county of my (if addresses are in different counties): Office Address Home Address

*Birth Date: ____/____/____ Birth Country _____ MI Medical License #: _____ ME #: _____

Medical School _____ Graduation Year: _____ ECFMG # (if applicable) _____

Residency Program _____ Program Completion Year _____

Fellowship Program _____ Program Completion Year _____

Hospital Affiliation _____

• Primary Specialty _____ Board Certified: Yes No

• Secondary Specialty _____ Board Certified: Yes No

Marital Status: Single Married Divorced Spouse's First Name: _____ Spouse's Last Name: _____

Is your spouse a physician?: Yes No If yes, are they a member of MSMS?: Yes No

Within the last five years, have you been convicted of a felony crime?: Yes No If "yes," please provide full information: _____

Within the last five years, have you been the subject of any disciplinary action by any medical society or hospital staff?: Yes No

If "yes," please provide full information: _____

I agree to support the County Medical Society Constitution and Bylaws, the Michigan State Medical Society Constitution and Bylaws, and the Principles of Ethics of the American Medical Association as applied by the AMA and the MSMS Judicial Commission.

Signature _____ Date: _____

County Medical Society Use Only
Reviewed and Approved by: _____