



THE Bulletin

January 2019 Volume 96, Number 1

Impact of CY2019 MPFS FINAL RULE

**February 7th Town Hall - How to Stay
Out of Trouble with the New Opioid Laws**

**Practice Managers Meet
with Meridian Health Plan**

**Legislative Liaison Committee Discusses
Maintenance of Certification & More**

Update on State Innovation Model Project

GENESEE COUNTY MEDICAL SOCIETY

Organized Medicine's Leading Edge



Your one stop shop for all her breast health needs.

Everything your patient needs for optimal breast screening in one convenient package – 3D UltimateMamm®.

3D Mammography

Provides a better look at breast tissue by creating a circular image which can be viewed from many angles.

Breast Density

We measure the thickness of breast tissue so we can recommend the best screenings for every patient.

Risk Scoring

We ask questions to gauge the patient's overall predisposition for breast cancer using the Gail risk scoring system.

Lennon Rd, Flint | Villa Linde, Flint | Davison | Fenton | Grand Blanc
Lapeer | Novi | Royal Oak | Southgate



Genesee Area (810) 732-1919
Lapeer Area (810) 969-4700
Novi Area (248) 536-0410
Royal Oak Area (248) 543-7226
Southgate Area (734) 281-6600

THE Bulletin

Read by 96% of GCMS members.

ASSOCIATE EDITOR

Peter S. Thoms, MD

GCMS OFFICERS 2018-19

Ed Christy, MD
President

Asif Ishaque, MD
President Elect

Gerald Natzke, Jr, DO
Immed. Past Pres.

Qazi Azher, MD
Secretary

Ethiraj Raj, MD
Treasurer

MSMS OFFICERS 2018-19

S. Bobby Mukkamala, MD
Chair

John Waters, MD
Treasurer

DELEGATES

Shafi Ahmed, MD

Qazi Azher, MD

Cathy Blight, MD

Laura Carravallah, MD

Ed Christy, MD

Pino Colone, MD

Niketa Dani, MD

Deborah Duncan, MD

Hesham Gayar, MD

John Hebert, III, MD

Rima Jibaly, MD

Nita Kulkarni, MD

Gerald Natzke, DO

Raymond Rudoni, MD

Tarik Wasfie, MD

ALTERNATE DELEGATES

Khalid Ahmed, MD

Sherry Cavanagh, MD

Michael Danic, MD

Kiran Devisetty, MD

Asif Ishaque, MD

Sunil Kaushal, MD

Farhan Khan, MD

Sayed Osama, MD

Rama Rao, MD

Venkat Rao, MD

Lawrence Reynolds, MD

Brenda Rogers-Grays, MD

Robert Soderstrom, MD

Amanda Winston, MD

OTHER BOARD MEMBERS

Gary Johnson, MD

EXECUTIVE DIRECTOR

Peter A. Levine, MPH

EXECUTIVE ASSISTANT

Sherry Smith

FEATURE ARTICLES

Impacts of the CY 2019 MPFS Final Rule: Part 1	10
GCMS Committee Meets with City of Flint	12
Meridian Health Plan Updates & Feedback	13
GCMS Members Talk Lame Duck with Pols	14
GFHC Helps Reduce Emergency Department Use	16
GCMS 2019 List of Committees	18
Medical Society Student Application	21
GCMS Board of Directors Minutes	28
Commit 2 Fit	30
Obituary	33

REGULARS

President's Message	4
GCMS Meetings	6
Director's Message	8
Your \$\$ at Work	35
Happy Birthday Doctor	35

Cover Photo: Courtesy of Cyrus Farrehi, MD

Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

Published by the Genesee County Medical Society Publication Office

4438 Oak Bridge Drive, Suite B, Flint, Michigan 48532

Phone (810) 733-9923 Fax (810) 230-3737

By subscription \$60 per year. Member subscription included with Society dues. Contributions to

THE BULLETIN are always welcome. Forward news extracts or material of interest to the staff before the 5th of the month. All statements or comments in THE BULLETIN are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society.

Legalized Marijuana: Too Soon To Assess

Marijuana is the most commonly used for recreational drug in United States. Its use is widespread among young people. In 2015, more than 11 million young adults ages 18 to 25 used marijuana. Prevalence and frequency of marijuana use increased in adults in the United States starting in approximately 2007 and showing significantly higher results in multivariable models during 2011–14 (compared with 2002).

The associations between increases in marijuana use and decreases in perceiving great risk of harm from smoking marijuana suggest the need for education regarding the risk of smoking marijuana and prevention. Since marijuana has been legalized in many states, it has become an increasing burden on health care professionals to present the risk and benefits on marijuana usage in various formats.

Experience with alcohol and tobacco suggests that a legal cannabis industry will increase use by making cannabis more socially acceptable to use, making it more readily available at a cheaper price. This will increase the number of users and the frequency of

usage. It is too early to see the full effects of legalized cannabis use and



Edward Christy, MD

harm because several factors could delay the full commercialization of a legal cannabis industry.

People use marijuana in various forms. Some smoke marijuana in hand-rolled cigarettes (joints) or in pipes or water pipes (bongs). They also smoke it in blunts—emptied cigars that have been partly or completely refilled with marijuana. To avoid inhaling smoke, some people are using vaporizers. These devices pull the active ingredients (including THC) from the marijuana and collect their vapor in a storage unit. A person then inhales the vapor, not the smoke. Some vaporizers use a liquid marijuana.

Some can mix marijuana in food (edibles), such as brownies, cookies, or candy, or brew it as a tea.

A newly popular method of use is smoking or eating different forms of THC-rich resins. Smoking THC-rich resins extracted from the marijuana plant is on the rise. People call this practice dabbing. These extracts come in various forms, such as hash oil or honey oil (liquid), wax or budder (soft solid with a texture like lip balm) and shatter (hard, amber-colored solid).

Are there any Medical Benefits with Marijuana?

There are more and more people trying to convince themselves to use marijuana for some form of medical or psychosocial benefits.

Numerous studies published in renowned, peer-reviewed medical journals have all documented significant health benefits associated with the use of medicinal cannabis across a wide range of ages, races, genders and health conditions such as anxiety, depression, effects of cancer and chemotherapy, chronic pain, Crohn's disease (Inflammatory Bowel Disease), glaucoma, symptoms associated with HIV/AIDS, ALS (Amyotrophic lateral sclerosis), multiple sclerosis, Parkinson's disease, rheumatoid arthritis and PTSD.

While traditional pain medications such as morphine and hydrocodone can be effective, they are also associated with a high risk of addiction and dependence, and can be dangerous or even fatal when administered in improper amounts. Cannabis offers similar palliative benefits, with less significant risk of substance abuse and opioid overdose. There are at least 80 different cannabinoids



— notably delta-9tetrahydrocannabinol (THC) that activate the body's cannabinoid receptors. These receptors are found in the brain and throughout the body. In particular, marijuana appears to ease the pain of multiple sclerosis, and neuropathic pain. Medicines such as Neurontin, Lyrica and opiates are highly sedating. Patients claim that marijuana allows them to resume their previous activities without feeling drowsy.

Marijuana is also a fantastic muscle relaxant, and patients swear by its ability to lessen tremors and spasms with Parkinson's Disease. I have also heard successful stories for fibromyalgia, endometriosis, interstitial cystitis, and most other conditions where the final common pathway is chronic pain.

Many patients experience chronic nausea or loss of appetite related to chemotherapy treatments, while others are impacted by conditions such as anorexia, depression, HIV/AIDS, or Crohn's Disease. Cannabis will control the nausea and may be able to help you eat by increasing appetite. This will play major role in hospice and palliative care.

Emotional pain can be just as dangerous as physical pain. Conditions like anxiety, depression, PTSD and chronic insomnia can lead to poor mood, lack of performance at work, difficulties with interpersonal relationships and thoughts of self-harm or suicide. Current medications for these disorders are effective to certain degrees. Medicinal marijuana offers many patients with mood disorders with various etiologies an effective alternative, maybe with fewer side effects.

Patients also report many benefits from CBD (cannabidiol extract from the hemp plant) relieving potentially life-threatening conditions such as epilepsy. One particular form of childhood epilepsy called Dravet syndrome is almost impossible to control but responds dramatically to a CBD-dominant strain of marijuana.

There are many side effects with use of marijuana. The smoking causes the most harm of all of the forms of usage. When a person smokes marijuana, THC quickly passes from the lungs into the bloodstream.

CONTINUED ON PAGE 6

REFERENCES

- Meier MH, Caspi A, Ambler A, et al. Persistent cannabis users show neuropsychological decline from childhood to midlife. *Proc Natl Acad Sci U S A*. 2012;109(40): E2657-E2664. doi:10.1073/pnas.1206820109.
- Jackson NJ, Isen JD, Khoddam R, et al. Impact of adolescent marijuana use on intelligence: Results from two longitudinal twin studies. *Proc Natl Acad Sci U S A*. 2016;113(5): E500-E508. doi:10.1073/pnas.1516648113.
- National Academies of Sciences, Engineering, and Medicine. *The Health Effects of Cannabis and Cannabinoids: Current State of Evidence and Recommendations for Research*. Washington, DC: The National Academies Press; 2017.
- Young-Wolff KC, Tucker L-Y, Alexeeff S, et al. Trends in Self-reported and Biochemically Tested Marijuana Use Among Pregnant Females in California From 2009-2016. *JAMA*. 2017;318(24):2490. doi:10.1001/jama.2017.17225
- The National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Population Health and Public Health Practice, Committee on the Health Effects of Marijuana: An Evidence Review and Research Agenda. *The Health Effects of Cannabis and Cannabinoids: The Current State of Evidence and Recommendations for Research*. <http://nationalacademies.org/hmd/Reports/2017/health-effects-of-cannabis-and-cannabinoids.aspx>. Accessed January 19, 2017.
- Goldschmidt L, Day NL, Richardson GA. Effects of prenatal marijuana exposure on child behavior problems at age 10. *Neurotoxicol Teratol*. 2000;22(3):325-336.
- Richardson GA, Ryan C, Willford J, Day NL, Goldschmidt L. Prenatal alcohol and marijuana exposure: effects on neuropsychological outcomes at 10 years. *Neurotoxicol Teratol*. 2002;24(3):309-320.
- Perez-Reyes M, Wall ME. Presence of delta9-tetrahydrocannabinol in human milk. *N Engl J Med*. 1982;307(13):819-820. doi:10.1056/NEJM198209233071311.
- Galli JA, Sawaya RA, Friedenbergh FK. Cannabinoid Hyperemesis Syndrome. *Curr Drug Abuse Rev*. 2011;4(4):241-249.
- Secades-Villa R, Garcia-Rodríguez O, Jin CJ, Wang S, Blanco C. Probability and predictors of the cannabis gateway effect: a national study. *Int J Drug Policy*. 2015;26(2):135-142. doi:10.1016/j.drugpo.2014.07.011.
- Levine A, Huang Y, Drisaldi B, et al. Molecular mechanism for a gateway drug: epigenetic changes initiated by nicotine prime gene expression by cocaine. *Sci Transl Med*. 2011;3(107):107ra109. doi:10.1126/scitranslmed.3003062.
- Panlilio LV, Zanettini C, Barnes C, Solinas M, Goldberg SR. Prior exposure to THC increases the addictive effects of nicotine in rats. *Neuropsychopharmacol Off Publ Am Coll Neuropsychopharmacol*. 2013;38(7):1198-1208. doi:10.1038/npp.2013.16.

Marijuana

CONTINUED FRIDAY PAGE 5

The blood carries the chemical to the brain and other organs throughout the body. The body absorbs THC more slowly when the person eats or drinks it. In that case, they generally feel the effects after 30 minutes to 1 hour. Marijuana also raises heart rate for up to 3 hours after smoking. This may increase the chance of heart attack with high-risk patients. The problems with smoking also include chronic cough and more frequent lung infections. Researchers so far haven't found a higher risk for lung cancer in people who smoke marijuana.

Pregnant women using marijuana may affect certain developing parts of the fetus's brain. Children exposed to marijuana in the womb have an increased risk of problems like attention, memory and problem-solving compared to unexposed children. With regular use, THC can reach amounts in breast milk that could affect the baby's developing brain but we need more studies to confirm.

Marijuana also impacts brain development. Using marijuana as teenagers, the drug may impair thinking, memory and learning functions.

Regular, long-term marijuana use can lead to condition called Cannabinoid Hyperemesis Syndrome, which leads to dehydration and acute renal failure.

Long-term marijuana use has been linked to mental illness in some people, with temporary hallucinations and paranoia. For some patients with schizophrenia, symptoms such as hallucinations, paranoia and disorganized thinking may get worse with chronic use.

Use of alcohol, tobacco and marijuana are likely to come before use of other drugs. Animal studies have shown that early exposure to cannabis

substances, including THC, may change how the brain responds to other drugs.

Another danger is in preparing marijuana extracts, which usually involves butane (lighter fluid). A number of people have caused fires and explosions and have been seriously burned from using butane to make extracts at home.

My advice for doctors is that whether you are pro, neutral, or against medical marijuana, patients are embracing it. Although we don't have rigorous studies with proof of the benefits and risks of medical marijuana. We need to learn about it, be open-minded, and be non-judgmental. Otherwise, our patients will seek out other, less reliable sources of information. They may continue to use it and they won't tell us. This will impact our doctor-patient relationship.

GCMS MEETINGS

JANUARY 2019

Legislative Liaison Committee, 1/7

8:00am, GCMS Office

Practice Managers, 1/10

(2nd Thurs due to New Year)

8:00am, GCMS Office

Community & Environmental Health Committee, 1/16

12:30pm, GCMS Office

2018 Ball Wrap-Up Committee, TBD

12:00pm, GCMS Office

Finance Committee, 1/22

5:15pm, GCMS Office

Board of Directors, 1/22

6:00pm, GCMS Office

GCMS Town Hall – Save the Date!

2/7/19, 6pm, Flint Golf Club

“How to Stay Out of Trouble with the New Opioid Laws”

Space is Limited - RSVP ASAP

Professional Medical Corporation is a proud sponsor of the Genesee County Medical Society 2018 President's Ball!

PMC serves as a vehicle for physicians to be part of a larger, clinically-integrated organization working together on health care opportunities. We also assist our members with achieving Patient-Centered Medical Home (PCMH) designation and maximizing health care incentive payments for PCP's and Specialists. PMC is the largest independent Physician Organization in Genesee County.

2425 S. Linden Road • Suite B • Flint, MI 48532
(517) 999-8008

PMC
Professional Medical Corporation

www.pmcpo.com

The Genesee County Medical Society cordially invites you to a Quarterly Dinner Business Meeting
Medical Community Town Hall

February 7, 2019

How to Stay Out of Trouble with the New Opioid Laws

The newly implemented opioid laws represent significant changes in the responsibilities of physicians. Contracts, MAPS checks, personal prescribing patterns, patient demand and public perception will all have an impact on the practice of medicine. Come hear MSMS Legal Counsel and a LARA representative, provide advice on how to stay out of trouble with the new laws.

Presenters:

- *Faculty to be determined*
MSMS Legal Counsel
- *Faculty to be determined*
Michigan Department of
Licensing and Regulatory
Affairs (LARA)

Space is limited!

Please register by January 25, 2017

Meeting Location:

Flint Golf Club
3100 Lakewood Drive
Flint, MI 48507

Evening Schedule:

6 pm, Registration & Social Hour
6:30 pm, Dinner
7 pm, Meeting
7:15 pm, Presentations

Please mail your reservation payment to:

Genesee County Medical Society
4438 Oak Bridge Drive, Suite B
Flint, MI 48532

Please invite other physicians and practice managers to this meeting!
GCMS physicians, spouses, GCMSA, family members, practice staff
and other interested professionals are encouraged to attend!

\$40.00 – GCMS Members, Spouses, Practice Managers, & Staff

**\$40.00 – Staff & Special Guests of Greater Flint Health Coalition
& Saginaw County Medical Society**

\$25.00 – Resident Physicians & Medical Students

\$75.00 – Non-Member Physicians, Spouses, Practice Managers, & Staff

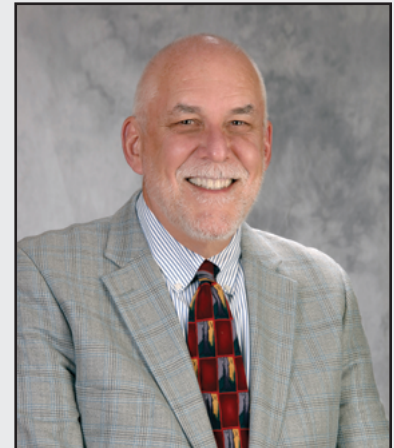


Email Sherry at ssmith@gcms.org to register your attendance or call **810-733-9923** for more information.

New Year's Resolutions

It's a New Year! As a medical community, let's resolve to do several things:

- Work together to engage in the political process. In addition to being an idealistic endeavor and a social responsibility, it is also enlightened self-interest
- Work together assertively and aggressively to support changes in the maintenance of certification environment
- Work together to make changes to the prior authorization environment
- Work together to recruit new and former members to GCMS and MSMS, both of which work aggressively hand-in-hand on behalf of the physician community and the patients they serve
- Work together to raise the awareness of the social determinants on health
- Learn about the importance of mindfulness as a medical tool, as well as a personal survival technique
- To individually and collectively take care of ourselves, for all the right reasons
- To have the best year ever



Peter Levine, MPH



FOR LEASE

Linden Rd. visibility in versatile suite with 8 - 9 offices plus waiting and storage. 2,879 SF can be expanded by up to ±1,500 SF. Two private offices with large bay windows, lots of windows that open throughout. Well lit, ample parking in professional office park. Convenient location to expressways and the Linden, Miller and Corunna Rd. corridors.



Karen Cape

Cooper Commercial
810-423-3775 [M]
810-732-6000 [O]
karen@coopercom.com



TRUST EXPERIENCE. COUNT ON COMMITMENT.

In the Fall of 1928, Howard D. Cline and Francis J. George, both recent graduates of law school, formed a partnership Cline & George and secured a small office on the 10th floor of the Mott Foundation Building. That partnership remained until the mid-fifties when Earl J. Cline, son of Howard D. Cline, joined the firm which became Cline & Cline. In the early sixties, Howard D. Cline, Jr. joined the law firm. Howard Cline, Sr. died in 1965. Walter P. Griffin joined in the mid-seventies and in the late seventies the present law firm of Cline, Cline & Griffin, P.C. was formed. That entity expanded with the acquisition of the entire 10th floor of the Mott Foundation Building. Since that time, Timothy H. Knecht, José T. Brown, and J. Brian MacDonald have become shareholders. Currently, Cline, Cline & Griffin, P.C. has twenty employees, including eight attorneys. We look forward to the next 90 years.



Attorneys at Law | Since 1928 | www.cclawyers.com | 810.232.3141

You are invited!

The SCMS would like to invite GCMS members and their guests to our Tuesday, January 15, 2019, Membership Meeting
CME Credit Available!

Speaker:



Henry Reyna was a law enforcement officer in Saginaw County for 32 years until his retirement in 2015. Additionally, he was an instructor

at the police academy for over 20 years, teaching recruits and in-service officers in the areas of defensive tactics, edge weapon defense, hand guns and the use of rifles. Henry owns a security consulting business – [Secure Solution, LLC](#) - and has been providing his services to businesses, medical and dental offices. He is a certified Crime Prevention Specialist, and has participated in multiple advanced crime prevention training programs around the country.

Date: Tuesday, January 15, 2019

Time: 6:30 p.m. Social (cash bar)
7 p.m. dinner, brief meeting and program

Program: *“Surviving Acts of Violence”*

Location: Horizons Conference Center
6200 State Street, Saginaw

Cost: GCMS Members and Guests
\$40 each payable in advance*
(online reservations and prepayment required)

Online reservations are now being accepted at

<https://www.surveymonkey.com/rSurvivingActsofViolence11519>

***Checks should be made payable to the SCMS and mailed to:**
350 St. Andrews Road, Suite 242, Saginaw, MI 48638-5988
(sorry, we are unable to accept credit cards).

Questions? Call Joan Cramer at (989) 790-3590 or email

jmcramer@sbcglobal.net.

DISCLOSURE: The planner(s) and speaker(s) for this session disclose no relevant financial relationships with commercial interests.

STATEMENT OF ACCREDITATION:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Central Michigan University College of Medicine and the Saginaw County Medical Society. CMU College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Central Michigan University College of Medicine designates this live activity for a maximum of 1.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

www.SaginawCountyMS.com

Impacts of the CY 2019 MPFS Final Rule: Part 1

The long-awaited Medicare Physician Fee Schedule (MPFS) final rule was released last week following the reception of over 15,000 comments on the proposed rule released in July. The nearly 2,500 page rule reconfirms CMS' efforts to reduce provider's administrative burden, which has been identified as a leading cause of burnout.

For 2019, the RVU conversion factor is up to \$36.04 from \$35.99, which reflects a budget-neutral adjustment required by law. Each year, the conversion factor is updated as part of the final rule, which is multiplied by geographically-adjusted RVU's to convert RVUs into a dollar amount.

The most anticipated proposed change was related to the compression of evaluation and management (E/M) services for office visits from five levels to two for the purposes of documentation and payment.

In the final rule, CMS proposed three levels of office visits for new patients and three levels for established patients, leaving the lowest and highest level codes separate from the consolidated codes, to be implemented in 2021. It's anticipated that these changes set to be implemented in 2021 would also significantly streamline documentation requirements

for all levels of service.

For now, providers will continue to use either 1995 or 1997 E/M documentation guidelines.

In addition to the forthcoming E/M changes, the final rule includes the following provisions:

- Reimbursement for checking in with patients via telephone or other telecommunications device
- Reimbursement for the time spent reviewing a video or image sent by a patient to determine whether a visit is needed
- For established patient office/outpatient visits, when relevant information is already contained in the medical record, practitioners may choose to focus their documentation on what has changed since the last visit, or on pertinent items that have not changed, and need not re-record the defined list of required elements if there is evidence that the practitioner reviewed the previous information and updated it as needed. Practitioners should still review prior data, update as necessary, and indicate in the medical record that they have done so
- Additionally, we are clarifying that for E/M office/outpatient visits, for new and established

Announcement

GCMS members now entitled to a 15% discount on automobile and homeowners insurance.

For details, contact:

**POTTER & ROOSE
INSURANCE**

810-767-8590

Providers of insurance for the GCMS & its members for 50 years.

906 Mott Foundation Bld., Flint MI 48502

Do you recognize this
DOCTOR?



Look for the Answer inside!

patients, practitioners need not re-enter in the medical record information on the patient's chief complaint and history that has already been entered by ancillary staff or the beneficiary. The practitioner may simply indicate in the medical record that he or she reviewed and verified this information

- Elimination of the requirement to explicitly document the medical necessity of a home visit in lieu of an office visit

Evaluation and management codes represent a significant portion of services billed by providers in both inpatient and outpatient settings. This means that any change may shift provider revenue and affect the financial wellbeing of clinics, hospitals and health systems. Now is the time to start looking at the volumes of these codes billed to determine your potential impact.

Look for part 2 of this update in the coming weeks for detailed information on the financial impact

to physicians and their revenue.

The Revenue Integrity and Payment team at The Rybar Group is here to assist with every step. You may contact directly: Julie Hardy MSA, RHIA, CCS-P, CCS, Director, Revenue Integrity and Payment, The Rybar Group, 810-853-6171 or jhardy@theyrybargroup.com



Partners for a Healthy Community

hap.org

Individual • Group • Medicare • Medicaid

FOR LEASE



Linden Rd. visibility in versatile suite with 8 - 9 offices plus waiting and storage. 2,879 SF can be expanded by up to ±1,500 SF. Two private offices with large bay windows, lots of windows that open throughout. Well lit, ample parking in professional office park. Convenient location to expressways and the Linden, Miller and Corunna Rd. corridors.



Karen Cape

Cooper Commercial

810-423-3775 [M]

810-732-6000 [O]

karen@coopercom.com



GCMS Community & Environmental Health Committee meets with City of Flint Technical Advisory Committee,



December 5, 2018

*We place your interests first and strive for
your success and satisfaction above all.*

*Trust us to provide payment solutions to
your payment challenges.*

810.750.6822
mktg@TheRybarGroup.com
www.TheRybarGroup.com

THE
RYBAR
GROUP

HEALTHCARE FINANCIAL CONSULTANTS

Meridian Health Plan Updates & Feedback



The December practice managers meeting focused on a presentation by Meridian Health Plan. Amanda Herr, Network Development Representative, and Kristen Gasieski, Manager of Network Development attended the meeting. It was reported that Meridian Health Plan has been taken over by WellCare. From a provider standpoint, it will be business as usual. Their biggest product line is Medicaid. The second largest product line is Medicare. Dual-eligible coverage is a big part of their line of business but is only available on the west side of the state. Meridian marketplace plans are growing.



Practice managers described problems with prior authorization. The presenters agreed to take the issues back to the insurance company. Problems were also described with retroactive denials as well as timely payment. Stacie Saylor from the Michigan State Medical Society was engaged by phone during the meeting. A correction for the prior authorization issue is described as “in-queue.” Staff is working to get the problem corrected.



Pols, Legislative Liaison Committee Discuss Lame Duck Legislation

The Genesee County Medical Society Legislative Liaison Committee met with state Sens. Dave Robertson and Ken Horn, as well as stat Rep. Tim Sneller, and Chris Flores, Chief of Staff for U.S. Rep. Dan Kildee.



The main purpose of the meeting was to discuss legislation coming up during the lame duck session and to weigh in with the physician perspective on those issues.

No-fault auto insurance reform will be the main lame duck issue. One bill would allow seniors to opt out of unlimited medical coverage on their auto insurance, if they have Medicare. MSMS has some concerns about the legislation but feels that what might get passed will be different from the bills which of been reported out of Committee. Sens. Horn and Robertson discussed

a possible ballot proposal funded by influential businessmen from Detroit to eliminate the no-fault auto insurance system completely if the Legislature doesn't deal with it during lame duck.

The Committee was very clear in its support of maintenance of certification reform in the State of Michigan. There are two bills

in the House which MSMS supports. MSMS legislative director, Christin Nohner stated that they are working with Blue Cross in an effort to achieve a neutral stance on their part related to the bills. The Senate is receptive to this legislation, but it has to work through the House process first. A significant discussion ensued regarding the heavy costs to physicians to maintain licenses, certifications, etc.

One of the issues of great interest is the fact that there will be substantial changes at the top levels of state



We believe in you
like you believe in you.

It's the best attitude to put behind your finances.

Sovita Credit Union serves Education and Healthcare Workers,
their Families and their Communities.

To view our services and become a member, visit sovitacu.org



government, due to a new administration in Lansing and the impact of staff changes at Licensing and Regulatory Affairs.

Ms. Nohner also informed the Committee, that in the 2019, legislation is likely to be introduced for prior-authorization reform, legislation to ease the burden of dealing with third-party payers for physicians, and to improve access to care for patients.

Dr. Blight reported that this is Sen. Dave Robertson's last meeting with the Committee, after 28 years of service. Senator Robertson thanked Dr. Blight and Pete Levine for all their support over the past 28 years. He also thanked the committee for its openness and honesty. He said that the citation award from the House of Delegates is one of his most treasured awards and has a prominent place on his wall and will be displayed wherever he lands. He recommended the Committee welcome representative Michael Mueller, the new legislator in his old State House District. The Committee thanked Senator Robertson for his years of service and for his consistent honesty and support of physicians and their patients.

No meeting will be held in January because the Legislature will not be in session yet.



Your HEALTH CARE LAW FIRM



Wachler & Associates represents healthcare providers, suppliers, and other individuals in Michigan and nationally in all areas of health care law, including:

- **Provider Contracting**
- **RAC, Medicare, Medicaid and Commercial Payor Audits**
- **Billing and Reimbursement**
- **Stark Law, Anti-Kickback Statute, and Fraud & Abuse Compliance**
- **Licensure, Staff Privilege and Credentialing**
- **Physician and Physician Group Issues**
- **Corporate and Transactional Matters**
- **Regulatory Compliance**
- **Healthcare Litigation**
- **Healthcare Investigations**
- **Fraud and False Claims Defense**
- **Provider Participation/Termination Matters**
- **HIPAA and HITECH Compliance**

WACHLER

ASSOCIATES

SERVING HEALTHCARE PROVIDERS FOR OVER 30 YEARS

248.544.0888 • wachler.com



Greater Flint Health Coalition Partners Reduce Emergency Department Utilization Among State Innovation Model (SIM) Attributed Patients



The Greater Flint Health Coalition (GFHC) is one of five organizations chosen by the Michigan Department of Health and Human Services (MDHHS) to lead the implementation of the State Innovation Model (SIM) within their community. The SIM initiative focuses on the development and testing of multi-payer healthcare payment and service delivery models in order to achieve better care coordination, lower costs, and improved health outcomes for Michigan residents. As the backbone organization for the Genesee Community Health Innovation Region (CHIR), the Greater Flint Health Coalition is working to enhance cross-sector partnerships that impact population health and connect patients with relevant community and social services that address the social determinants of health (SDoH). One priority SIM metric identified by MDHHS is a reduction in Medicaid beneficiaries' emergency department (ED) utilization.

Defining ED Utilization

Working together, the Greater Flint Health Coalition and its SIM partners defined four distinct subpopulations of ED utilization:

- **High ED utilizers:** individuals with five (5) or more ED visits within the previous month.
- **"Inappropriate" ED utilizers:** individuals with an ED visit for common medical conditions that are usually primary care provider (PCP) treatable or a non-acute behavioral health need. Specifically, the top five most common PCP treatable conditions of focus are: acute upper respiratory infection, headache/migraine, abdominal pain, urinary tract infection, and low back pain. One additional child-specific PCP treatable condition included is otitis media.
- **Preventable ED utilizers:** individuals lacking a medical home. Lacking a medical home is defined as individuals from the focus population without a primary care physician (PCP) visit in the previous twelve (12) months.
- **Prospective ED utilizers:** individuals who have social determinants of health needs that, if not addressed, may exacerbate current health conditions and lead to an emergency department visit.

Identification of ED Utilizers

In the Genesee CHIR, the effort to identify ED utilizers is being led by the Greater Flint Health Coalition and a broad partnership composed of three SIM-designated Accountable Systems of Care (Professional Medical Corporation, McLaren Physician Partners, and Genesys PHO), five of the region's six Medicaid health plans (Molina Healthcare of Michigan, McLaren Health Plan, Meridian Health Plan, UnitedHealthcare Community Plan, and HAP Midwest), 60+ partnering Patient Centered Medical Home (PCMH) providers, and the region's health information exchange partner (Great Lakes Health Connect). The Greater Flint Health Coalition has implemented specific strategies for identifying each of the above subpopulations of ED utilizers:

- High ED utilizers are identified through the Genesee CHIR's partnership with Great Lakes Health Connect. Great Lakes Health Connect uses Admission, Discharge, and Transfer (ADT) notifications from four area hospitals (Ascension Genesys Hospital, Hurley Medical Center, McLaren Flint, and McLaren Lapeer) to compile a list of individuals having five or more ED visits within the most recent month who are attributed to SIM participating PCMH practices located in Genesee County. The GFHC aggregates individuals on the list by PCP and shares this information with respective provider organizations for distribution to the PCMH practices.

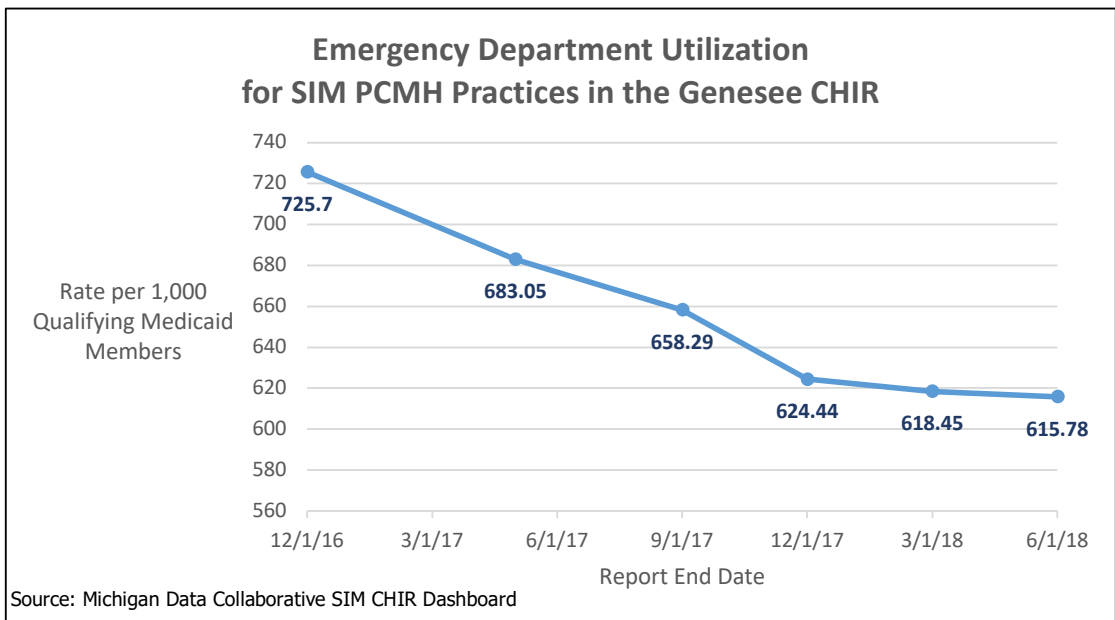
- On a monthly basis, partnering Medicaid health plans compile lists of their beneficiaries who have experienced “Inappropriate” or Preventable ED utilization as defined above and are attributed to local SIM participating PCMH practices. The lists are provided to the GFHC for aggregation by PCP and distribution to respective provider organizations.
- Prospective ED utilizers are identified through a proactive approach as opposed to waiting until an ED visit has actually occurred. SIM PCMH practices are using a standard SDoH screening tool developed by the Greater Flint Health Coalition and its SIM partners to evaluate a broader range of factors when assessing their patients. The SDoH screening tool identifies underlying needs or barriers to positive health outcomes that if left unaddressed may worsen a patient’s medical status.

Engagement of ED Utilizers

Since the Genesee CHIR implemented its reporting structure to identify ED utilizers, almost 2,400 individuals have appeared on the monthly High, “Inappropriate” and Preventable ED reports. PCMH practices have utilized embedded or centralized SIM care coordination resources to contact these individuals and schedule follow-up medical appointments as necessary. If needed, individuals are educated on when they should use the ED and provided instruction on how to contact their PCP after office hours. In instances where patients cannot be reached, or the practices require assistance in addressing the more complex, non-clinical needs of their patients, these individuals are referred to the Genesee CHIR’s Clinical-Community Linkage Hub, operated by the Greater Flint Health Coalition. Community health workers are then deployed from Genesee CHAP (Community Health Access Program), Genesee Health Plan, Genesee Health System, or New Paths depending on patient needs.

Outcomes

Ongoing evaluation of local SIM participating PCMH practices by MDHHS has revealed that these practices have consistently reduced ED utilization for their SIM attributed patients throughout the course of the project.



Currently, SIM PCMH practices in the Genesee CHIR have the lowest rates of ED utilization out of SIM participating practices in the five Michigan CHIR communities.

GCMS 2019 List of Committees

The Bulletin

Peter Thoms, MD, Associate Editor Peter Levine, MPH, Executive Director Sherry Smith, Executive Assistant

Community & Environmental Health

Gerald Natzke, DO, Co-Chair Eyassu Habte-Gabr, MD Sayed Osama, MD
Gary Johnson, MD, Co-Chair John Hebert, III, MD Rama Rao, MD
Laura Carravallah, MD Rima Jibaly, MD Lawrence Reynolds, MD

Constitution & Bylaws

Ed Christy, MD, Chair Deborah Duncan, MD Gerald Natzke, DO
Shafi Ahmed, MD John Hebert, III, MD

Finance

John Waters, MD, Chair Raymond Rudoni, MD, EJ Raj, MD, Treasurer
Lawrence Reynolds, MD Deborah Duncan, MD

Legislative Liaison

Cathy Blight, MD, Chair Gary C. Paavola, MBA, CMPE, MT John Waters, MD
Deborah Duncan, MD, Vice-Chair Venkat Rao, MD Rachel Young, DO
Paul Lazar, MD Lawrence Reynolds, MD
Beth Mack Gentner, PA-C Jawad Shah, MD

2018 Nominating Committee

Niketa Dani, MD, Chair Harris Dabideen, MD
Sherry Cavanagh, MD Ed Holden, MD
Ed Christy, MD EJ Raj, MD

Peer Review

Laura Carravallah, MD, Chair Paul Musson, MD Rima Jibaly, MD

Aid to Impaired Physicians (*Subcommittee of Peer Review*)

Paul Musson, MD, Chair Sunil Kaushal, MD Mike Zarr, MD
Allen Ebert, DO Michael Kia, DO Rama Rao, MD
Laura Carravallah, MD Seif Saeed, MD

Ethics (*Subcommittee of Peer Review*)

Laura Carravallah, MD, Chair
Suresh Anné, MD
Walt Griffin, Attorney
Ronald Hunt, MD
Ravikumar Peddireddy, MD
Tommy Stevens, MD
Michael Zarr, MD
Rima Jibaly, MD

Mediation

(*Subcommittee of Peer Review*)

Rima Jibaly, MD, Chair Venkat Rao, MD
Shafi Ahmed, MD Elmahdi Saeed, MD
Abd Alghanem, MD Tommy Stevens, MD
Laura Carravallah, MD Tarik Wasfie, MD
Walt Griffin, Attorney Barina Zado, MD
Sunil Kaushal, MD Michael Kia, MD
Ravikumar Peddireddy, MD

Please contact Pete Levine plevine@gcms.org
if you are interested in participating in one or more committees.

Listening to you, caring for you.

Good healthcare starts with listening. Care teams at Ascension Genesys listen to get to know you, your health and your life. Then, our network of doctors, nurses and specialists deliver a personalized experience that's right for you and your family. By understanding you, we can provide the best care possible for your specific needs.

Find the care that's right for you at ascension.org/michigan.



**Ascension
Genesys**

Why *Belong* to MSMS-MSS?

You're well on your way toward a fulfilling career in medicine! The Michigan State Medical Society-Medical Student Section (MSMS-MSS) offers many resources to assist you on your journey:

- **Turn Your Ideas into Policy:** The MSS has representation at the MSMS Board of Directors and the MSMS House of Delegates. This gives you the power to help shape MSMS policy and the future of health care in Michigan.
- **Get Beyond-the-Classroom Educational Opportunities:** MSMS has a long list of policy, practice management and clinical programs that students and residents can attend for FREE or at a reduced cost.
- **Gain Leadership Experience:** The MSS Governing Council is made up of representatives from each school. You have the opportunity to become a student leader on a national, state or local level.
- **Give Something Back:** Participate in the annual "Doctors & Their Families Make a Difference" project to benefit those in domestic violence shelters.
- **Apply for a Grant:** The MSMS Foundation offers various grants available to all aspects of health education, research, and community-based health projects.
- **Get Advice on Your Next Steps:** Get firsthand knowledge and information about the next phase of your education and career. The MSS works closely with the MSMS Resident & Fellow Section, which gives you great insight about what to expect next!
- **Prepare for Your Career as a Physician:** When you are ready, MSMS has tools and services to get you started, including the New Physicians Guide to the Future, a resource needed as you go into practice.



MSMS / AMA / County Medical Society

STUDENT APPLICATION

MEDICAL SCHOOL (please check):

- Central Michigan University College of Medicine (membership will be in Saginaw County)
- Michigan State University College of Human Medicine, Campus: East Lansing (Ingham) Grand Rapids (Kent)
- Michigan State University College of Osteopathic Medicine, Campus: East Lansing (Ingham) Macomb Wayne
- Oakland University William Beaumont Medical School (membership will be in Oakland County)
- University of Michigan Medical School (membership will be in Washtenaw County)
- Wayne State University School of Medicine (membership will be in Wayne County)
- Western Michigan University Homer Stryker MD School of Medicine (membership will be in Kalamazoo County)

First Name: _____ Middle: _____ Last: _____ Suffix (Jr., II, etc.): _____

Male Female Birth Date: ____ \ ____ \ ____ Country of Birth: _____

Preferred Mailing Address: _____

City: _____ State: _____ Zip: _____

Is Preferred Mailing Address: Home Office Other: _____

Primary Email: _____

Cell Phone: (____) _____ Home Phone: (____) _____

Undergraduate College/University: _____ Graduation Year: _____

I hereby apply for student membership in the Michigan State Medical Society, my component county medical society, and the American Medical Association. I certify that I am a duly enrolled student at the Medical School stated in my application above, and that I agree to be governed by the Constitution and Bylaws of each organization. As part of a physician organization committed to strengthening the ethics of medicine, every AMA member pledges to uphold the Principles of Medical Ethics as interpreted in the Code of Medical Ethics (www.ama-assn.org/go/codeofmedicalethics.com), and to comply with the Bylaws of the American Medical Association and the Rules of the AMA Council on Ethical and Judicial Affairs (www.ama-assn.org/go/ceja). Applicants and members of the AMA are required to disclose to the AMA Office of General Counsel any violations or alleged violations of the Principles of Medical Ethics or unprofessional conduct, including actions taken or pending regarding professional licensure, medical staff privileges, or felony or fraud convictions. Additionally, the Health Care Quality Improvement Act requires professional societies (such as the AMA) to report certain professional review actions, including denial of membership, to the National Practitioner Data Bank.

Signature: _____ Date of Application: ____ \ ____ \ ____

Dues for 4 Years: \$88 Dues for 3 Years: \$74 Dues for 2 Years: \$58 Dues for 1 Year: \$40

Dues are \$20 regardless of number of years if you have already joined AMA directly.

Check enclosed, payable to MICHIGAN STATE MEDICAL SOCIETY Check # _____

VISA MASTERCARD AMERICAN EXPRESS

Card #: _____ Exp Date: ____ \ ____

Name as it Appears on Card: _____

Billing Address: _____

City: _____ State: _____ Zip: _____

Authorized Billing Signature: _____ Date: ____ \ ____ \ ____

Please mail application to:
MSMS | 120 West Saginaw Street | East Lansing, MI 48823 OR Fax to: 517-336-5797

4438 Oak Bridge Drive Ste A 15726LG

4438 Oak Bridge Dr, Flint, MI 48532



Listing ID:	30337937
Status:	Active
Property Type:	Office For Lease
Office Type:	Business Park
Contiguous Space:	2,879 SF
Total Available:	2,879 SF
Lease Rate:	\$12 PSF (Annual)
Base Monthly Rent:	\$2,879
Lease Type:	NNN
Nearest MSA:	Flint
County:	Genesee
Tax ID/APN:	07-21-651-009
Zoning:	GENERAL COMMERCIAL
Gross Building Area:	9,990 SF
Year Built:	1994



Overview/Comments

Linden Rd. visibility in versatile suite with 8 - 9 offices plus waiting and storage. 2,879 SF can be expanded by up to $\pm 1,500$ SF. Two private offices with large bay windows, lots of windows that open throughout. Well lit, ample parking in professional office park. Convenient location to expressways and the Linden, Miller and Corunna Rd. corridors.



More Information Online

<http://coopercom.catylist.com/listing/30337937>

QR Code

Scan this image with your mobile device:



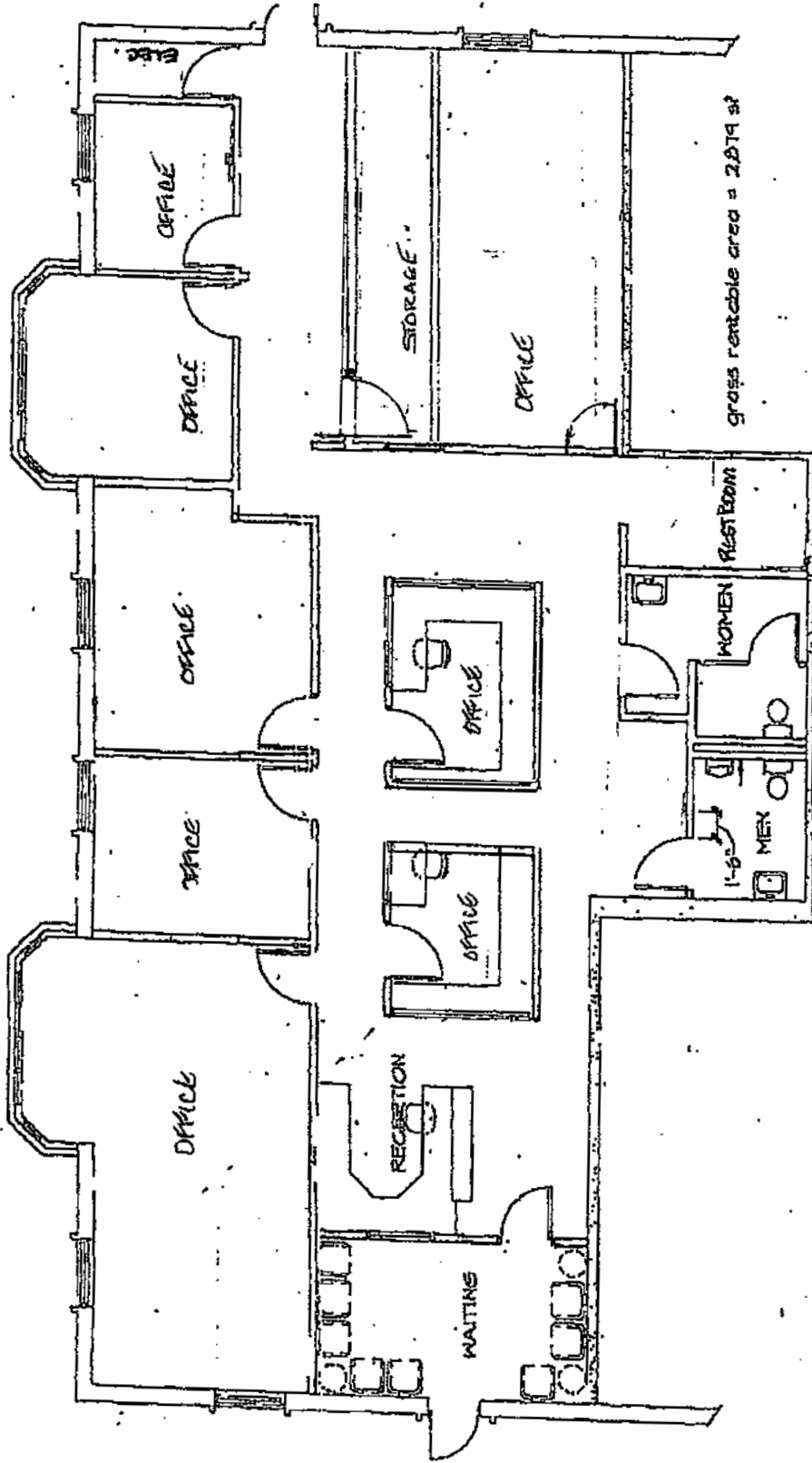
Property Contacts



Karen Cape

Cooper Commercial
810-423-3775 [M]
810-732-6000 [O]
karen@coopercom.com

N.T.S.



NEW WORK PLAN
SCALE 1/8" = 1'-0"
FIG. 5. 200

FOR ILEA SE

Medical Society Foundation

Consider a donation to the Medical Society Foundation for all of your holiday giving. What a wonderful way of expressing your holiday sentiments while supporting important health related causes.

This holiday season, why not use the Medical Society Foundation to make sure your gift helps to improve the health and well-being of our community.

By giving to the Medical Society Foundation, you receive a great year-end tax benefit at the same time that you tell others how much their health – really means to you.

The Medical Society Foundation funds have been used to support the charitable activities of the Genesee County Medical Society

Contributions can also be made in memory of an individual or to honor someone.

For questions or information on how your gift can help support the charitable activities of your Medical Society Foundation contact Peter A. Levine, MPH at (810) 733-9925 or at plevine@gcms.org.

Medical Society Foundation Mission Statement: The Medical Society Foundation is organized and does operate for the purpose of supporting continuing medical education and health-related charitable activities that further the cause of medicine.

Mail your donations to:
Medical Society Foundation
4438 Oak Bridge Drive, Suite B
Flint, MI 48532-5467



GENESEE COUNTY MEDICAL SOCIETY

Past Presidents

(Names in **Red** indicate Presidents of MSMS)

1841 J.A. Hoyes	1929 D.D. Knapp	1959 G.E. Anthony	1988 Archibald Piper
1866 R.D. Lamond	1930 L.L. Willoughby	1960 F.W. Baske	1989 Jack Tauscher
1867 H.C. Fairbank	1931 R.S. Halligan	1961 H.B. Elliott	1990 Siavosh Varjavandi
1871 D. Clarke	1932 J.C. MacGregor	1962 J.B. Rowe	1991 Cathy Blight
1878 H.P. Seymour	1933 R.S. Morrish	1963 H.E. Branch	1992 Virgil Villarreal
1879 A.A. Thompson	1934 C.P. Clark	1964 L.G. Bateman	1993 Robert Soderstrom
1890 B. Cogshall	1935 R.D. Scott	1965 J.E. Wentworth	1994 AppaRao Mukkamala
1902 C.S. Wheeler	1936 A. Thompson	1966 J.C. Benson, Jr.	1995 Robert Rosenbaum
1903 J.F. Rumer	1937 R. Mc.Arthur	1967 H.M. Golden	1996 Samuel Dismond, Jr.
1904 A.S. Wheelock	1938 L.M. Bogart	1968 Donald Bryant	1997 Kenneth Jordan
1905 H.W. Graham	1939 G.R. Goering	1969 A.R. Sirna	1998 Ali Esfahani
1906 A. Goodfellow	1940 C.W. Colwell	1970 J.F. Dooley	1999 Cyrus Farrehi
1907 L.J. Locy	1941 D.R. Wright	1971 R.L. Rapport	2000 Michael Boucree
1908 N. Bates	1942 J.R. Curtin	1972 G.E. Moore	2001 Abd Alghanem
1913 M.S. Knapp	1944 J.T. Connell	1973 Walter Rundles, Jr.	2002 Peter S. Thoms
1914 B.E. Burnell	1945 D.R. Brasie	1974 L.E. Simoni	2004 Lawrence Reynolds
1916 J.W. Handy	1946 W.Z. Rundles, Sr.	1975 R.J. Rathburn	2006 Prasad Kommareddi
1917 J.G.R. Manwaring	1947 F.D. Johnson	1976 Allen Turcke	2007 Hesham Gayar
1918 C.H. O'Neil	1948 H.H. Hiscock	1977 C.E. Hurd	2008 Suresh Anne
1919 H.E. Randall	1949 I.H. Gutow	1978 Vivian Lewis	2009 John Waters
1920 J.W. Orr	1950 M.S. Chambers	1979 John MacKenzie	2010 Venkat Rao
1921 F.B. Miner	1951 W.W. Stevenson	1980 Richard McMurry	2011 S. Bobby Mukkamala
1922 C.D. Chapell	1952 A.C. Pfeifer	1981 F.V. Wade	2012 Laura Carravallah
1923 W.H. Winchester	1953 Fleming Barbour	1982 Richard Dykewicz	2013 Raymond Rudoni
1924 A. Patterson	1954 E.P. Griffin, Jr.	1983 Edwin Gullekson	2014 Shafi Ahmed
1925 F.E. Reeder	1955 L.O. Shantz	1984 George Greidinger	2015 Deborah Duncan
1926 W.H. Marshall	1956 O.J. Preston	1985 Robert James, Jr.	2016 Pino Colone
1927 O.W. McKenna	1957 C.K. Stroup	1986 Willys Mueller, Jr.	2017 John Hebert, III
1928 J.C. Benson, Sr.	1958 Jackson Livesay	1987 Charles Thompson	2018 Gerald Natzke

Past Presidents For a Day

1959 H. Cook	1991 R. Ormond	2014 Billie Lewis
1967 J.E. Leach	1995 R.C. Gumpper	2013 Amitabha Banerjee
1976 C.J. Scavarda	1996 J.R. Price	2014 Jagdish Shah
1984 C.B. Kimbrough	2002 John Reid	Donald Canada
1985 S.S. Gorne	2003 Kalyani Misra	2016 Paul Schroeder
1986 E.V. Golden	2004 Sudarsan Misra	2018 Eyassu Habte-Gabr
1990 A.L. Tuuri		



A Masquerade Ball

Please Join Us in Thanking Our Generous
2018 GCMS/GCMSA Presidents Ball Sponsors!

Platinum Sponsor - \$5,000

Ascension | Genesys
Hurley Medical Center
McLaren Flint



Gold Sponsor - \$2,500

Regional Medical Imaging

Silver Sponsor - \$1,500

Asthma, Allergy & Immunology Center
Fenton Medical Center
Hamilton Community Health Network
Health Alliance Plan (HAP)
Michigan Vascular Center
Molina Healthcare



Bronze Sponsor - \$750

Cooper Commercial
National Property Restoration Services
Professional Medical Corporation
The Doctors Management Company

Red Rose Sponsor - \$500+

Cathy O. Blight, MD	MoldPro
Complete Eye Care	Dr. & Mrs. Gerald Natzke
Greater Flint Health Coalition	Robert M. Soderstrom, MD
Dr. & Mrs. John Hebert, III, MD	

GENESEE COUNTY MEDICAL SOCIETY ALLIANCE

Past Presidents

(Names in Red indicate Presidents of MSMS)



- | | | |
|------------------------------------|------------------------------|--|
| 1939 Lena Jenkins | 1966 Mary Lou Schwartz | |
| 1940 Loretta Curtin | 1967 Chastine Mangelsdorf | |
| 1941 Marguerite Hubbard | 1968 Jean Livesay | |
| 1942 Grace Gelenger | 1969 Mary Lou Mathias | 1995 Carol Batdorf |
| 1942 Florence Thompson | 1970 Betty Wade | 1996 Deborah Pack |
| 1943 Duffield Kretchmar | 1971 Evelyn Dykewicz | 1997 Katherine Cox |
| 1944 Brenice Wright | 1972 Ruth Estfon | 1998 Carmen Villegas |
| 1945 Ellen MacDuff | 1973 Mary McAlindon | 1999 Jay Kommareddi |
| 1946 Helene Smith | 1974 Ann Coriasso | 2000 Sunny Dass |
| 1947 Betty Shantz | 1975 Margaret Rabiah | 2001 Susan Bhagat |
| 1948 Sarah Harper | 1976 Margaret Bonet | 2002 Tammy Bruening
& Darcy Ojeda |
| 1949 Rita MacGregor | 1977 Beverly Price | 2003 Lakshmi Tummala |
| 1950 Evelyn McLeod | 1978 DeLourde LaVielle | 2004 Marianne Almeida |
| 1951 Alice Branch | 1979 Mary Turcke | 2005 Kee Kang |
| 1952 Marian Barbour | 1980 Lesley Canada | 2006 Cheryl Thoms |
| 1953 Berneda Farhat | 1981 Mary Tauscher | 2007 Rula Ali-Bakr
& Liesbeth Fernandez |
| 1954 Rose Anthony | 1982 Marilyn Lindman | 2008 Beth Schumacher |
| 1955 Marie Griffin | 1983 Bobbi Schoolfield | 2009 Elizabeth Jordan |
| 1956 Ellen Sparks | 1984 Judith McLeod | 2010 Velynda Makhene |
| 1957 Stella Kaufman | 1985 Lila Esfahani | 2011 Rosa Wang |
| 1958 Kay Billings | 1986 Clarice James | 2012 Oya Agabigum |
| 1959 Mra Schultz | 1987 Lolly Stoler | 2013 Ruqsana Ahmed
& Vibha Kaushal |
| 1960 Genevieve Baird
(Sandberg) | 1988 Sharon Bailey | 2014 Ruqsana Ahmed |
| 1961 Marge Eichhorn | 1989 Karen Sherrin | 2015 Maria McCann
& Raquel Yapchai |
| 1962 Elaine MacArthur | 1990 Kathryn Uebelhart | 2016-17 Maria McCann |
| 1963 Geneva Beyer | 1991 Ginny Sturm | 2018 Feroza Raffee |
| 1964 Ida Dawson | 1992 Katie Moghtassed | |
| 1965 Janice Varney | 1993 Zaria Simoni | |
| | 1994 Lorraine Edelen-Stevens | |

Genesee County Medical Society
Board of Directors
September 25, 2018 - Minutes

I. Call to Order

The meeting was called to order in the Rapport Conference Room at 6:30 pm, by Gerald Natzke, DO, President.

II. Review of Minutes

Motion: that the minutes of the June 26th Board of Directors meeting and the August 29/30th Board of Directors email caucus be approved as presented. The motion carried.

III. Reports

A) Community & Environmental Health

Dr. Natzke reported that on October 3rd a pediatric grand rounds session will be held featuring Dr. Lanphear on the issue of lead exposure in children. The Medical Society is cosponsoring the meeting with several other groups. All are invited. Also, on October 3rd in the evening is the section entitled Health Issues in the Election at University of Michigan Flint. All will be invited to that as well.

B) Finance

Motion: that the budget to actual report for the period ending August 31, 2018, be approved as presented. The motion carried.

Pete Levine reported that Suite A is now available and will be represented by Cooper Commercial. He encouraged Board members to let others know of its availability.

C) Membership

Dr. Ishaque will pursue membership at PMC. He invited Levine and Dr. Mukkamala to attend the PMC board meeting on October 10 to pitch 100% membership. This will entail a five-minute presentation with five minutes for questions and answers.

Following the PMC board meeting, a report will be brought back to the GCMS Board with a recommendation jointly developed by MSMS and GCMS for how to proceed with PMC.

D) AMA Update

Dr. Mukkamala reported that the AMA Interim Meeting will take place in Washington in the near future. AMA is working on CPT coding changes.

E) MSMS Update

1. Remodeling Update

Drs. Mukkamala and Waters reviewed the remodeling update. They noted that there is nothing for counties to be intimidated by. Levine reported that Julie Novak would like to have a meeting with the Board before the holidays.

Consensus: Ms. Novak is to be invited to the November Board of Directors meeting to make a presentation.

2. District Director Nominations

Dr. Blight reported that Dr. Mukkamala will leave his District Directors position this year. She reminded the Board of the past decisions that were made about how to proceed with who to nominate. She suggested that Dr. Waters complete his time on the Board of Directors as a District Director. This will continue to be discussed at the next Board of Directors meeting.

Genesee County Medical Society
Board of Directors
April 24, 2018 - Minutes

3. GCMS Candidates for MSMS Positions

Dr. Blight reported that Dr. Mukkamala will be running for MSMS President Elect, and Dr. Pino Colone will be running for AMA Delegate.

Motion: that a rule be established for internal use at the GCMS Board that individuals wishing to run for MSMS Speaker, Vice Speaker, President Elect, or District Director come to the GCMS Board before declaring. The motion carried.

F) Legislative Liaison

Dr. Cathy Blight reported on the Washington Update provided by Representative Dan Kildee. She also updated the Board about MDPAC activities and election issues.

G) Greater Flint Health Coalition

Dr. Asif Ishaque reported that the State Innovation Model is going very well, showing significant reduction in ER related utilization. Care management is working extremely well. Levine reported that a resolution was passed by the Board of Directors asking for investigation of allegations by the County Board of Commissioners relating to accusations that the County Health Department ordered falsification of blood lead levels in children.

H) Presidents' Report

Dr. Natzke reported that the September 6 Townhall on Health Systems featured very good presentations by Chris Palazzolo and Chad Grant, the Presidents of Genesys and McLaren respectively.

I) Other Business

Levine reviewed the items of interest from the June 28 practice managers meeting with Blue Cross Blue Shield of Michigan.

IV. Adjournment

No further business appearing, the meeting was adjourned at 8:00 pm.
Respectfully submitted,
Peter Levine, MPH
Executive Director



Flint Twp - 4438 Oak Bridge Drive - 2,879 SF with Linden Road visibility. 8-9 offices plus waiting and storage. 2 private offices with bay windows. Well lit, ample parking in professional office park. Up to an additional 1,500 SF available. LEASE: \$12 PSF NNN.

Did you recognize...

Rima Jibaly, MD



Look for the Answer inside!

January 2019 Fitness Calendar

FREE! Commit to Fit! Class Schedule

<p style="text-align: right;">14</p> <p>Water Aerobics IHFC 9:00am</p> <p>Enhance Fitness Hasselbring Senior Center 9:00 a.m.</p> <p>Senior Stretch YMCA Downtown 10:00 a.m.</p> <p>Pound GAC 10:15am</p> <p>Arthritis Foundation Exercise Program Loose Senior Center 2:00-3:00pm</p> <p>Aqua Fitness U of M-Flint 5:30pm</p> <p>Water Aerobics IHFC 6:00pm</p>	<p style="text-align: right;">15</p> <p>Enhance Fitness Berston Field House 10:00 a.m.</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am</p> <p>Total Body Challenge 10:00-11:00am Brennan Senior Center</p> <p>Splash Bash U of M-Flint Rec 11:00 am</p> <p>Enhance Fitness Hamilton Health Clinic 12:00 pm</p> <p>Chair Aerobics Brennan Senior Center 12:30-1:15pm</p> <p>Hustle Aerobics 4:30-5:30pm Brownell STEM Academy</p>	<p style="text-align: right;">16</p> <p>Enhance Fitness Hasselbring Senior Center 9:00 a.m.</p> <p>Arthritis Foundation Exercise Program Davison Area Senior Center 10:00-11:00am</p> <p>Arthritis Foundation Exercise Program Forest Township Senior Center 12:15-1:00pm</p> <p>Community Yoga Brownell Elementary 4:30-5:30pm</p> <p>Enhance Fitness Hamilton Main Clinic 5:30 pm</p> <p>Spin/HIIT GAC 5:45 p.m.</p> <p>Hustle Aerobics 6:00-7:00pm Eisenhower</p>	<p style="text-align: right;">17</p> <p>Enhance Fitness Berston Field House 10:00 a.m.</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10-11:00am</p> <p>Total Body Challenge 10:00-11:00am Brennan Senior Center</p> <p>Chair Aerobics Brennan Senior Center 12:30-1:15pm</p> <p>Basic Yoga Insight Health & Fitness center 6:45 p.m.</p>	<p style="text-align: right;">18</p> <p>Enhance Fitness Hasselbring Senior Center 9:00 a.m.</p> <p>Arthritis Foundation Exercise Program Burton Senior Center 9:00-10:00am</p> <p>Arthritis Foundation Exercise Program Swartz Creek Senior Center 11am-12pm</p>	<p style="text-align: right;">19</p> <p>Yoga Flow U of M-Flint Rec 11:00am</p>
<p style="text-align: right;">21</p> <p>Water Aerobics IHFC 9:00am</p> <p>Enhance Fitness Hasselbring Senior Center 9:00 am</p> <p>Senior Stretch YMCA Downtown 10:00</p> <p>Pound GAC 10:15am</p> <p>Arthritis Foundation Exercise Program Loose Senior Center 2:00-3:00pm</p> <p>Aqua Fitness U of M-Flint 5:30pm</p> <p>Water Aerobics IHFC 6:00pm</p>	<p style="text-align: right;">22</p> <p>Enhance Fitness Berston Field House 10:00 a.m.</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am</p> <p>Total Body Challenge 10:00-11:00am Brennan Senior Center</p> <p>Splash Bash U of M-Flint Rec 11:00 am</p> <p>Enhance Fitness Hamilton Health Clinic 12:00 pm</p> <p>Chair Aerobics Brennan Senior Center 12:30-1:15pm</p> <p>Hustle Aerobics 4:30-5:30pm Brownell STEM Academy</p>	<p style="text-align: right;">23</p> <p>Enhance Fitness Hasselbring Senior Center 9:00 a.m.</p> <p>Arthritis Foundation Exercise Program Davison Area Senior Center 10:00-11:00am</p> <p>Arthritis Foundation Exercise Program Forest Township Senior Center 12:15-1:00pm</p> <p>Community Yoga Brownell Elementary 4:30-5:30pm</p> <p>Enhance Fitness Hamilton Main Clinic 5:30 pm</p> <p>Spin/HIIT GAC 5:45 p.m.</p> <p>Hustle Aerobics 6:00-7:00pm Eisenhower</p>	<p style="text-align: right;">24</p> <p>Enhance Fitness Berston Field House 10:00 a.m.</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10-11:00am</p> <p>Total Body Challenge 10:00-11:00am Brennan Senior Center</p> <p>Chair Aerobics Brennan Senior Center 12:30-1:15pm</p> <p>Basic Yoga Insight Health & Fitness center 6:45 p.m.</p>	<p style="text-align: right;">25</p> <p>Enhance Fitness Hasselbring Senior Center 9:00 a.m</p> <p>Arthritis Foundation Exercise Program Burton Senior Center 9:00-10:00am</p> <p>Arthritis Foundation Exercise Program Swartz Creek Senior Center 11am-12pm</p>	<p style="text-align: right;">26</p> <p>Yoga Flow U of M-Flint Rec 11:00am</p>
<p style="text-align: right;">28</p> <p>Water Aerobics IHFC 9:00am</p> <p>Enhance Fitness Hasselbring Senior Center 9:00 am</p> <p>Senior Stretch YMCA Downtown 10:00</p> <p>Pound GAC 10:15am</p> <p>Arthritis Foundation Exercise Program Loose Senior Center 2:00-3:00pm</p>	<p style="text-align: right;">29</p> <p>Enhance Fitness Berston Field House 10:00 a.m.</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am</p> <p>Total Body Challenge 10:00-11:00am Brennan Senior Center</p> <p>Splash Bash U of M-Flint Rec 11:00 am</p> <p>Enhance Fitness Hamilton Health Clinic 12:00 pm</p>	<p style="text-align: right;">30</p> <p>Enhance Fitness Hasselbring Senior Center 9:00 a.m.</p> <p>Arthritis Foundation Exercise Program Davison Area Senior Center 10:00-11:00am</p> <p>Arthritis Foundation Exercise Program Forest Township Senior Center 12:15-1:00pm</p> <p>Community Yoga Brownell Elementary 4:30-5:30pm</p>	<p style="text-align: right;">31</p> <p>Enhance Fitness Berston Field House 10:00 a.m.</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10-11:00am</p> <p>Total Body Challenge 10:00-11:00am Brennan Senior Center</p> <p>Chair Aerobics Brennan Senior Center 12:30-1:15pm</p>		

January 2019 Fitness Calendar

FREE! Commit to Fit! Class Schedule

Class Descriptions & Locations

Basic Yoga (1 hour)

This class is a balanced flow of postures designed to build stamina, strength, and flexibility while promoting weight loss and general stress relief.

Insight Health & Fitness Center (IHFC)

Formerly Hurley Health & Fitness Center
4500 S. Saginaw St
Flint, MI 48507
(810) 893-6489



Community Yoga (1 hour) – This is a yoga class for all levels. Please wear comfortable and loose-fitting clothing. Some yoga mats will be available to borrow as well

Mindfulness@crim.org
(810)-235-7461

Crim Fitness Foundation

452 Saginaw Street Downtown Flint



Senior Stretch (1 hour) - This class will help improve overall strength and flexibility. The class is led by a certified senior fitness instructor who will guide you through the exercises at your own pace. This class is perfect for all ability levels.

YMCA Downtown Flint

411 E. 3rd Street
Flint, MI 48503
(810) 232-9622



Spin/HIIT – 30 min. A high intensity interval training (HIIT) session on the spin bikes. HIIT is about mixing high speed/high intensity intervals with moderate recovery periods.

POUND® transforms drumming into an incredibly effective way of working out. Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training.

Genesys Athletic Club (GAC)

801 Health Park Blvd
Grand Blanc, MI 48439
(810) 606-7300



Total Life Prosperity B.A.S.E. Fitness Series

Each class includes **B**alance and Flexibility, **A**erobic Activity, **S**trength and Resistance Training, and **E**xercise Education

Chair Aerobics

Basic Seated functional fitness class for those who are overcoming mobility issues; includes aerobic activity, core work, and resistance training. Location: *Brennan Senior Center*

Total Body Challenge

Intermediate level workout which includes cardio, strength training, core work, balance and coordination, and flexibility training. Location: *Brennan Senior Center*

Hustle Aerobics

Advanced level workout that incorporates 45 minutes of non-stop cardio to the latest hustle songs followed 15 minutes bodyweight strength training. Location: *Brownell & Eisenhower*

IHFC Water Aerobics

A 1-hour class that will help you strengthen your muscles and cardiovascular system plus improve flexibility. Location: Insight Health and Fitness

Aquafitness/Splash Bash- An invigorating water workout. Ideal for all fitness levels. No swimming required

Yoga Flow: Learn yoga at a comfortable pace. Connect your mind's attention to your body's fluidity and movement -- promote strength, flexibility, coordination, agility, stamina and an overall experience of well-being.

University of Michigan-Flint Rec Center

401 Mill Street, Flint, MI 48502
(810) 762-3441



Enhance Fitness (1 hour) – A fun, energizing class geared toward improving overall functioning and well-being. Improve your cardiovascular fitness, strength, flexibility and balance!

TIMES & LOCATIONS:

Hasselbring Senior Center

1002 Home Ave. Flint, MI
(810) 766-7128 Mon, Weds, & Fri 9-10 am

Flint Farmers' Market- Tuesdays &

Thursdays 10:00-11:00 am

300 E. First St Flint, MI

(810) 232-1399

Berston Field House

3300 Saginaw St.

Flint, MI 48505

Thursdays, 10:00am

Main Clinic

2900 N. Saginaw Street

Flint, MI 48505

Wednesdays, 5:30 - 6:30pm



Genesee County Parks and Rec

Visit the calendar at: <http://geneseecountyparks.org/> to learn more about fun family events in Genesee County Parks!

For more information please go to:

- Geneseecountyparks.org or call 800-648-PARK
- Descriptions for classes such as Let's Hike It Baby, Yoga for Kids, Yoga for Families, and more can all be found at the online calendar on Commit2fit.com or geneseecountyparks.org



Arthritis Foundation Exercise Program (1 hour) A low-impact physical activity program proven to reduce pain and decrease stiffness. The routines include gentle range-of-motion exercises that are suitable for every fitness level!

Grand Blanc Senior Center:

Tuesday & Thursdays 10am – 11am

Swartz Creek Senior Center:

Fridays 11am – 12pm

Forest Township Senior Center:

Wednesdays 12:30pm–1:30pm



Questions?

Email commit2fit@flint.org



Robert M. Michels, MD

Dr. Robert Michels recently passed away at the age of 94.

He was born in St. Johns Michigan. He completed undergrad at Michigan State University. He attended Medical School at the University of Michigan. He served with honors, as a physician, in the United States Army, Navy and Marines. He went on to become a family practice physician in Flushing. For 10 years, his office was at his home. He also spent nights and evenings answering knocks on the door and making house calls to assist patients wherever he was needed.

He then completed an OB/GYN residency at the University of Michigan.

He delivered over 8,000 babies in the Genesee County area. He is survived by his wife of 69 years, Beth Michels



PMC | Professional Medical Corporation



Membership has its privileges.

Join Michigan's leading independent physician association.

PMC is a physician-led organization representing about 500 physicians providing high quality, patient-centered care to people in Genesee, Lapeer, and Shiawassee counties. By working together, we offer patients better access to care, lower costs, better clinical quality and better overall care while delivering increased cost savings for our organizational partners.

Benefits:

- Dedicated and local practice transformation consultants
- **Personalized in-practice support**
- All payer actionable performance reports
- **Guidance on how to meet payer contract requirements**

- Care management services
- **Billing and coding training**
- EMR optimization, training and technical support services
- **Gain significant revenue opportunities** through shared savings arrangements with payers
- **Leverage our population health programs, expertise, infrastructure, technology** and support teams to help drive savings and better care outcomes

To join our network,
visit www.pmcpo.com or
call 800-594-6115.



Issues of Serious Concern for Medical Practices!

Don't let your practice manager miss these important meetings!



Held 1st Thursday each month from 8am to 10am.

The following topics are tentatively scheduled and subject to change

January 10, 2019
(Thursday due to New Year Holiday)
Presenter(s):

"State Innovation Model"
Lori Kunkel, MHSA, Vice President of Programs
Greater Flint Health Coalition

February 7, 2019
Presenter(s):

"McLaren Health Plan"
Amy Weigandt
Network Development Coordinator

March 7, 2019
Presenter(s):

"Social Determinants of Health"
Traci Kim, MA, CMPE, Lecturer, Public Health & Health Sciences,
UM-Flint Administrator, Complete Eye Care
(This meeting will be followed by a roundtable on practice issues by the group as a whole)

April 4, 2019
Presenter(s):

"Blue Cross Blue Shield of Michigan Update"
Donna LaGosh, Manager
PGIP Field Team at Blue Cross Blue Shield of Michigan

May 9, 2019
Presenter(s):

"Meridian Health Plan" (second Thursday)
Amanda Herr, Network Development Representative
Kristen Gasieski, Manager Network Development

Genesee County Medical Society | Rapport Conference Room
4438 Oak Bridge Drive, Suite B | Flint, MI 48532

HAPPY BIRTHDAY DOCTOR

JANUARY

Martin Lapa, DO	1	Boleslaw Pietruszka, MD	15
Abdelmajid Jondy, MD	1	Nil Barua, MD	15
Surya Thota, MD	1	Gary Roome, MD	15
Mousa Mohamed, MD	1	Ravinder Singala, MD	15
Elmahdi Saeed, MD	1	J. Rajkumer Pandyan, MD	16
Khalid Ahmed, MD	1	Tabrez Shaik Mohammed, MD	16
Muhammad Almansour, MD	1	Silvia Gomez-Seoane, MD	19
Saurav Nepal, MD	2	Heedong Park, MD	20
Jason Evans, MD	3	Harris Dabideen, MD	21
Leena Jindal, DO	4	Matthew Orgel, MD	21
Dorothy Mikat, MD	5	Lawrence Ashker, DO	23
Cathy Chen, MD	5	Frederick Sherrin, MD	23
Manjit Grewal, MD	5	Alpesh Korant, MD	24
Muhammad Miran, MD	5	Alan Morgan, MD	25
Travis Baes, MD	6	Roderick Smith, MD	25
Daniel Osborn, MD	8	Paul Karr, Jr., MD	26
Gwendolyn Reyes, MD	8	Cyrus Farrehi, MD	26
Celso Samaniego, MD	9	Sandeep Grewal, MD	26
George Greidinger, MD	10	Rodolfo UyHam, MD	27
Shafi Ahmed, MD	10	Jagdish Mirchandani, MD	27
Patrick Chang, MD	11	Joseph Luna, MD	27
Jagdish Bhagat, MD	12	George Politis, MD	28
Syed Ahmed, MD	12	Eranio Malto, MD	28
Philip Hardy, MD	13	Geeta Rode, MD	28
Epifania Aranas, MD	13	Joel Beene, MD	29
Samuel Dismond, Jr., MD	14	Ghanem Almounajed, MD	29
Balvant Ganatra, MD	14	Anant Patel, MD	29
Harun Rashid, MD	14	Ahmad Kaddurah, MD	30
Ajay Srivastava, MD	14	Daniel Zelko, MD	31

YOUR \$\$\$ AT WORK

- GCMS met with two major insurers to convey problems on behalf of multiple practices. Resulted in corrective action as requested
- GCMS Legislative Liaison Committee coordinated with MSMS and met with legislative delegation to convey the need to change maintenance of certification rules for the State of Michigan as well as prior authorization inequities in the system
- GCMS coordinated with MSMS in an effort to fix problems with several payers
- GCMS met with MSMS executive leadership to discuss MSMS remodeling process

Application Code: _____

State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at www.joinmsms.org

Join
GCMS/MSMS

Renew
Membership

- | | |
|--|---|
| <input type="radio"/> I am in my first year of practice post-residency. | <input type="radio"/> I work 20 hours or less per week. |
| <input type="radio"/> I am in my second year of practice post-residency. | <input type="radio"/> I am currently in active military duty. |
| <input type="radio"/> I am in my third year of practice post-residency. | <input type="radio"/> I am in full, active practice. |
| <input type="radio"/> I have moved into Michigan; this is my first year practicing in the state. | <input type="radio"/> I am a resident/fellow. |

Male Female

First (legal) Name: _____ Middle Name: _____ Last Name: _____ MD DO

Nickname or Preferred Form of Legal Name: _____ Maiden Name (if applicable) _____

Job Title: _____

W Phone _____ W Fax _____ H Phone _____ H Fax _____

Mobile: _____ Email Address _____

Office Address Preferred Mail Preferred Bill Preferred Mail and Bill

City: _____ State: _____ Zip: _____

Home Address Preferred Mail Preferred Bill Preferred Mail and Bill

City: _____ State: _____ Zip: _____

*Please base my county medical society membership on the county of my (if addresses are in different counties): Office Address Home Address

*Birth Date: ____/____/____ Birth Country _____ MI Medical License #: _____ ME #: _____

Medical School _____ Graduation Year: _____ ECFMG # (if applicable) _____

Residency Program _____ Program Completion Year _____

Fellowship Program _____ Program Completion Year _____

Hospital Affiliation _____

• Primary Specialty _____ Board Certified: Yes No

• Secondary Specialty _____ Board Certified: Yes No

Marital Status: Single Married Divorced Spouse's First Name: _____ Spouse's Last Name: _____

Is your spouse a physician?: Yes No If yes, are they a member of MSMS?: Yes No

Within the last five years, have you been convicted of a felony crime?: Yes No If "yes," please provide full information: _____

Within the last five years, have you been the subject of any disciplinary action by any medical society or hospital staff?: Yes No

If "yes," please provide full information: _____

I agree to support the County Medical Society Constitution and Bylaws, the Michigan State Medical Society Constitution and Bylaws, and the Principles of Ethics of the American Medical Association as applied by the AMA and the MSMS Judicial Commission.

Signature _____ Date: _____

County Medical Society Use Only
Reviewed and Approved by: _____