

THE BULLETIN

November 2023 VOLUME 100, NUMBER 11

*Thank you
Dr. Kocheril for a
great year!!!!*

Meet Macksood Aftab, M.D.



Sponsor a Medical
Student to Join MSMS

President GCMs 2023-24

New guideline says millions
more
people should be screened
for lung cancer.

GENESEE COUNTY MEDICAL SOCIETY

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The Genesee County Medical Society*

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November 2023 VOLUME 100, NUMBER 11

THE BULLETIN

READ BY 96% OF GCMS MEMBERS

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Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

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By subscription \$60 per year. Member subscription included with Society dues. Contributions to **THE BULLETIN** are always welcome. Forward news extracts or material of interest to the staff before the 1st of the month. All statements or comments in **THE BULLETIN** are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society .

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Practice Managers

December –RECESSED

Next meeting Jan 11, 2024

9:00 a.m.

Medical Society Foundation

December 20th 2023

6:00 p.m.

Board of Directors

December –RECESSED

Legislative Meeting

February 5, 2024

8:00 a.m.

Town Hall Meeting

March 2024 TBD

*All meetings are via Zoom unless otherwise noted

Announcement

GCMS members now entitled to a 15% discount on automobile and homeowners insurance.

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LUNG CANCER UPDATE!

The [Washington Post](#) (11/1, McGinley) reports, "An additional 5 million Americans who smoke or used to smoke should undergo annual screenings for lung cancer...according to an updated [guideline](#) issued...by the American Cancer Society."

[CNN](#) (11/1, Howard) reports, "Previously, the" ACS "recommended annual lung cancer screening for adults ages 55 to 74 with at least a 30 pack-year smoking history who either currently smoke or quit smoking less than 15 years ago." However, the organization now "says how long ago you quit smoking should no longer be a factor in whether you get screened for lung cancer." In the "updated guideline, published...in the CA: A Cancer Journal for Clinicians, the" ACS "recommends annual lung cancer screening for current or past smokers, ages 50 to 80, with at least a 20 pack-year smoking history."

[STAT](#) (11/1, Chen, Subscription Publication) reports, "One of the main reasons the ACS wanted to strike the years-since-quit requirement from their guidelines was that many former smokers are still at a high risk for lung cancer regardless of when they quit smoking."



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GENESSEE COUNTY MEDICAL SOCIETY

What We Do

The Leading Edge of Organized Medicine

Membership in the Genesee County Medical Society (GCMS) gives you the opportunity to share resources, discuss ideas, and network with some of the most active and respected physicians in the state. You will receive news and information via The Bulletin magazine, meetings, faxes, and emails. Because GCMS is politically aggressive, it can provide its members with myriad opportunities to shape the future of medicine locally, as well as on a state and national level.

When you join GCMS you also join the Michigan State Medical Society (MSMS). MSMS has experts to assist you with practice management, business strategies, third party reimbursements, and contracting issues. The MSMS monthly magazine, Michigan Medicine, and the weekly newsletter "Medigram", are also provided.

Both organizations give you the information you can really use and tools you need to stay current, anticipate developments, and make decisions as they relate to your career.

PRESIDENT'S MESSAGE

It is an honor to take the helm of the GCMS from my esteemed colleague Dr. Paul Kocheril. The GCMS is an historic medical institution and is one of the largest and most active county medical societies in the state of Michigan. Much contribution has been made to the field of medicine as a result of the good work of the GCMS.

The world of Medicine is changing rapidly and these changes are having a profound impact on the practice of Medicine. Some of these challenge the core of what it means to be a provider of medical care. The rigorous premedical, medical school, and post graduate training curriculum along with its internal regulation, ensure that those granted with the privilege of practising medicine have the requisite training and discipline to dispense excellent medical care.

This internal regulation of medicine has been slowly eroded over the past few decades due to multiple causes. These include the role of expanded hospital bureaucracy, the development and imposition of various metrics, guidelines and algorithms to the practice of medicine. Although these have many positive aspects, including raising the standard of care to the best-available practice, taken to the extreme they diminish the art of medicine and the role of the physician as a healer. The judgement of the physician based on patient circumstance is sometimes compromised. Related to this is the change in healthcare organisations which have to balance profitability with providing care. Often these decisions are made by individuals not familiar with the needs of the community or those of the physicians. Practising medicine by simply relying on metrics and financial data is a recipe for failure.

The profession of medicine also faces a challenge from other “providers”. Specifically, the rapid growth of Physician Assistants and Nurse Practitioners. The physician extenders provide opportunity for increasing access to medical professionals given the physician shortage. They do, however, raise the important question of who qualifies as a medical professional and a “provider” of healthcare. Can healthcare be provided by someone not fully trained in the art, science and discipline of medicine, and to what degree?

Related to this is the introduction of Artificial Intelligence. AI has the possibility of transforming and augmenting medicine. However, increasing reliance on AI may result in a corresponding reduction in clinical skills and a devaluing of clinical judgement. I see this in my own practice with the use of AI in advanced stroke imaging. In addition to the imaging and clinical data, the “opinion” of the AI also has to be taken into account for the final impression. AI of course provides objective data whereas physician judgement may be subjective.

The movement towards objectivity, reproducibility and standardisation is perhaps the new trend in the practice and development of medicine. With this of course come many good things, but a few important elements of the profession of medicine are at risk. These are namely the practice of the art of Medicine, the personal touch, customization of care for each patient based on circumstances and the bringing to bear of physician training and experience on each individual case. These important qualitative aspects of medicine, which have shown to affect patient care, are at risk of compromise.

PRESIDENT'S MESSAGE

In our county we have specific healthcare needs related to the rates of poverty, lifestyle, diet and of course water. In terms of healthcare facilities, we have the problem of "out-migration." Due to lack of advanced care available locally many patients are seeking care in metro Detroit and Ann Arbor. There is a real need to provide high quality of care locally which our residents deserve to reduce the need for them to travel outside Genesee county.

Finally, we must salute the doctors and healthcare professionals risking their lives to provide patient care in war zones and natural disasters around the world, often with limited resources. It is both heartbreaking and uplifting to watch doctors in Gaza struggling to care for patients, yet not flinching from their professional commitment as physicians to do so, even in dire circumstances.

These are some of the challenges facing the profession of Medicine locally, nationally and globally. The GCMS is a physician organisation and is at the forefront for advocating for Physicians and for the profession of Medicine. I hope to work together with our board and membership to contribute towards the growth and development of our noble profession.



Dr. Macksood A. Aftab, DO

***Macksood A. Aftab** is a distinguished radiologist based in **Grand Blanc, Michigan**. With over **20 years of experience**, he has made significant contributions to the field of diagnostic radiology and neuroradiology.*

EXECUTIVE DIRECTOR'S MESSAGE

GCMS President's Ball 2023

The Genesee County Medical Society hosted its first President's Ball in the Flint Cultural Center on November 18, 2023. The Sloan Museum of Discovery was a beautiful venue with over 100 guests attending the event.

The evening began with attendees arriving early to view the Sloan Museum of Discovery car exhibit. The Sloan Museum is the home to a pristine 1953 Chevrolet Corvette. The Corvette was first manufactured in 1953 and built in Flint. There is also an army tank that is fully functional, also built in Flint Michigan in 1943.

Cocktail hour began at 5:00pm in the atrium area of the Sloan Museum of Discovery. The atrium was a perfect spot to host over 100 guests for the open bar. It was heartwarming to see such a large group laughing and enjoying camaraderie. The Sloan Museum set up a mobile bar in the atrium for guest convenience. Guests included Flint Mayor Sheldon Neeley and his wife State Representative Cynthia Neeley. Also attending was the current President of the Michigan State Medical Society Dr. Salim Saddiqui & his wife Ruby.

As the evening progressed, guests relocated to the formal room so elegantly decorated by Dr. Edward Christy and his wife Kantha. Dr. Christy designed and built a GCMS archway leading to the formal ballroom. Dinner was served as a buffet with something for everyone, including vegetarian options.

The 2023 GCMS President's Ball marked the end of the presidency term for Dr. Paul Kocheril. Dr. Cyrus Farrehi mastered the inauguration of newly installed president Dr. Macksood Aftab. Dr. Aftab was sworn in and accepted the 1-year term.

The 2023 Genesee County Medical Society President's Ball was a beautiful event, very well attended. All guests and sponsors supported both GCMS and the Flint Cultural Center.

Everyone is invited to attend the 2024 GCMS President's Ball in November 2024.

Please consider becoming a member of the Genesee County Medical Society. A growing organization supporting physicians in the county.

GCMS is an organization which originated in 1841.

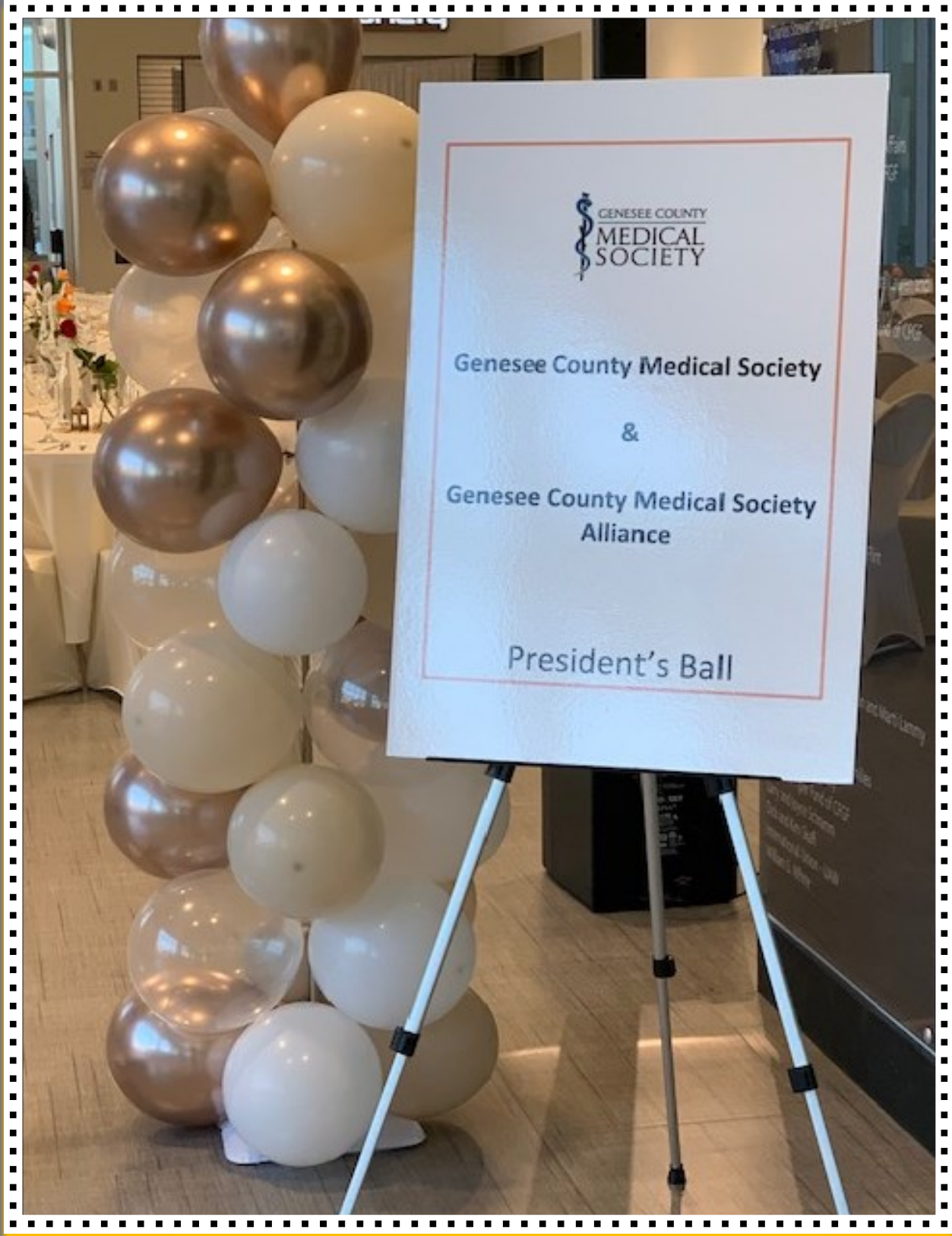
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DAVID HOFF, MA, CCP





President's Ball 2023





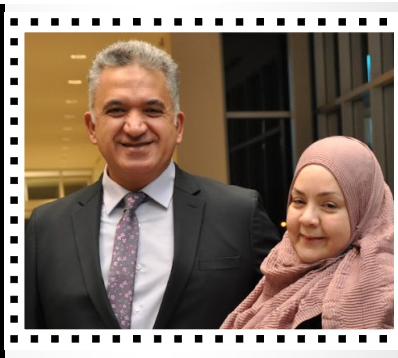
Thank you Dr. Kocheril for a fantastic year. We appreciate all that you have done for GCMS/GCMSA!





A NIGHT TO REMEMBER





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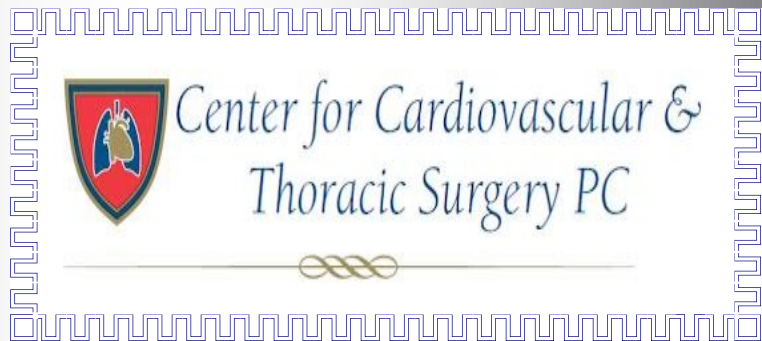
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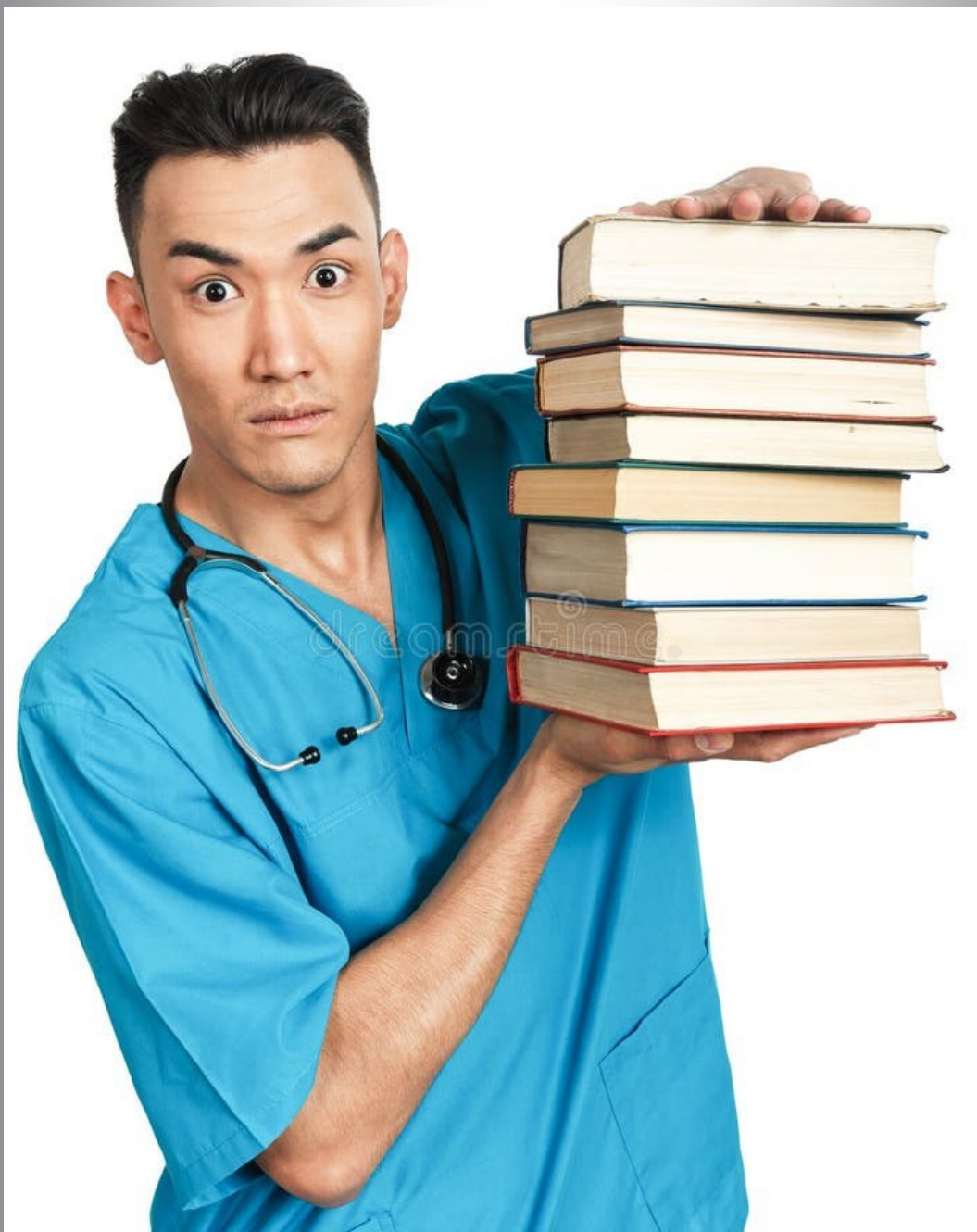
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Sponsor a Medical Student to Join MSMS

Due to the budget challenges MSMS has faced in the last few years, significant work has been done to reduce costs and increase revenue. One area that MSMS had to make an adjustment was medical student membership dues. For years, medical students have paid \$5 for a four-year membership with MSMS. The expenses MSMS has covered have greatly exceeded the revenue from student membership dues. The decision was made to increase the medical student dues to \$300/four-year membership or \$100/one-year membership.

Medical Student
[READ MORE](#)



Osteopathic Physician (DO) Licensure Requirements

Each osteopathic physician is required to accumulate 150 hours of continuing education in activities approved by the board during the 3 years immediately preceding the application for renewal of which a minimum of 60 hours of the required 150 hours must be earned through Category 1 programs. Following are other license requirements for:

Controlled Substance Licenses:

Opioids and Other Controlled Substances Awareness Training Standards for Prescribers and Dispensers of Controlled Substances

This is a one-time training that is separate from continuing education for an individual seeking a controlled substance license or who is licensed to prescribe or dispense controlled substances.

Licenses that prescribe or dispense controlled substances who renewed in 2019 must complete training by January 2023; renewals for 2020 by 2024, renewals for 2021 by 2025. Beginning in September 2019, completion of the training is a requirement for initial licensure.

Training content must cover all of the following topics:

- ◆ Use of opioids and other controlled substances.
- ◆ Integration of treatments.
- ◆ Alternative treatments for pain management.
- ◆ Counseling patients on the effects and risks associated with using opioids and other controlled substances.
- ◆ The stigma of addiction.
- ◆ Utilizing the Michigan Automated Prescription System (MAPS).
- ◆ State and federal laws regarding prescribing and dispensing controlled substances.
- ◆ Security features and proper disposal requirements for prescriptions.

For Medical Licenses:

Training Standards for Identifying Victims of Human Trafficking

This is a one-time training that is separate from continuing education. Licensees renewing for 2017 must complete training by renewal in 2020; renewals for 2018 by 2021, and renewals for 2019 by 2022. Beginning in 2021, completion of the training is a requirement for initial licensure.

Training content shall cover all of the following:

- ◆ Understanding the types and venues of human trafficking in this state or the United States.
- ◆ Identifying victims of human trafficking in health care settings.
- ◆ Identifying the warning signs of human trafficking in health care settings for adults and minors.
- ◆ Resources for reporting the suspected victims of human trafficking.

Education on Pain and Symptom Management

A minimum of 3 hours of continuing education every 3-year relicensure cycle. At least 1 of the 3 hours must include controlled substances prescribing.

Continuing education hours may include, but are not limited to, any of the following areas:

- ◆ Public health burden of pain.
- ◆ Ethics and health policy related to pain.
- ◆ Michigan pain and controlled substance laws.
- ◆ Pain definitions.
- ◆ Basic sciences related to pain including pharmacology.
- ◆ Clinical sciences related to pain.
- ◆ Specific pain conditions.
- ◆ Clinical physician communication related to pain.
- ◆ Management of pain, including evaluation and treatment and nonpharmacological and pharmacological management.
- ◆ Ensuring quality pain care and controlled substances prescribing.
- ◆ Michigan programs and resources relevant to pain.

Medical Ethics

A minimum of one-hour of continuing education every 3-year relicensure cycle.

Implicit Bias

A minimum of 3 hours every 3-year relicensure cycle. New licensees need 2 hours within the 5 years immediately preceding.

Renewals from June 1, 2022 - May 31, 2023, need 1 hour; renewals from June 1, 2023 - May 31, 2024, need 2 hours; renewals from June 1, 2024 - May 31, 2025, need 3 hours. Then after, every 3-year renewal cycle will need to report 3 hours. (Any hours after June 2021 can be used.)

Training must include strategies to reduce disparities in access to and delivery of health care services and the administration of pre- and post-test implicit bias assessments.

Acceptable modalities of training include asynchronous teleconference or webinars, in addition to live activities and live webinars.

Training content must include, but is not limited to, 1 or more of the following topics:

- ◆ Information on implicit bias, equitable access to health care, serving a diverse population, diversity and inclusion initiatives, and cultural sensitivity.
- ◆ Strategies to remedy the negative impact of implicit bias by recognizing and understanding how it impacts perception, judgment, and actions that may result in inequitable decision making, failure to effectively communicate, and result in barriers and disparities in the access to and delivery of health care services.
- ◆ The historical basis and present consequences of implicit biases based on an individual's characteristics.
- ◆ Discussion of current research on implicit bias in the access to and delivery of health care services.

Medical Doctor (MD) Licensure Requirements

Each medical doctor is required to complete 150 hours of continuing education in courses or programs approved by the board of which a minimum 75 hours of the required 150 hours must be earned in courses or programs designated as Category 1 programs. Other license requirements are listed here:

Controlled Substance Licenses

Opioids and Other Controlled Substances Awareness Training Standards for Prescribers and Dispensers of Controlled Substances

This is a one-time training that is separate from continuing education for an individual seeking a controlled substance license or who is licensed to prescribe or dispense controlled substances.

Licensees that prescribe or dispense controlled substances who renewed in 2019 must complete training by January 2023; renewals for 2020 by 2024, renewals for 2021 by 2025. Beginning in September 2019, completion of the training is a requirement for initial licensure.

Training content must cover all of the following topics:

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- ◆ Integration of treatments.
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Medical Licenses

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- ◆ Understanding the types and venues of human trafficking in this state or the United States.
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Acceptable modalities of training include asynchronous teleconference or webinars, in addition to live activities and live webinars.

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- ◆ Information on implicit bias, equitable access to health care, serving a diverse population, diversity and inclusion initiatives, and cultural sensitivity.
- ◆ Strategies to remedy the negative impact of implicit bias by recognizing and understanding how it impacts perception, judgment, and actions that may result in inequitable decision making, failure to effectively communicate, and result in barriers and disparities in the access to and delivery of health care services.
- ◆ The historical basis and present consequences of implicit biases based on an individual's characteristics.
- ◆ Discussion of current research on implicit bias in the access to and delivery of health care services.



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- Acute Care Surgery/Burn Surgery
- Bariatric Surgery
- General Surgery
- Hernia Surgery/Hiatal & Giant/Complex Reconstruction
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Your Membership at Work

- ◆ GCMS hosts monthly Practice Manager's meeting discussing complicated insurance issues in round table discussions with various insurance companies. If you find on-going insurance issues, please reach out to GCMS staff at executivedirector@gcms.org and we can connect that insurance company representative with our hard working Practice Managers.
- ◆ GCMS staff helped Genesee County residents with contacts, resources and explanations.
- ◆ GCMS Membership Committee has collaborated and has a plan in place to reach out to and meet with various practices in Genesee County. If you have colleagues that are not yet GCMS members, please connect with them! **** A flyer of GCMS benefits can be provided to you.



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A graphic featuring a red, distressed rectangular sign with the word "ATTENTION" in white, bold, sans-serif capital letters. The sign is centered within a circular emblem that has a red border and several small red stars scattered around it, all set against a black background.

ATTENTION

A bright yellow, multi-pointed starburst graphic with a jagged, sun-like edge.

9:00 A.M.

Via Zoom

**ATTENTION: PRACTICE MANAGERS
AND OFFICE STAFF!**

**Genesee County Medical Society addresses issues of
concern
for medical professionals!**

NEXT MEETING DATE:

December RECESSED—Next Mtg. Jan 11 , 2024 @9a.m., 2024.

***You do not want your Practice Manager to miss out
on these valuable meetings!***

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WHAT CLINICIANS NEED TO KNOW

Legislation was signed in April 2022 through the support of the MSMS-initiated and led Health Can't Wait, a coalition with more than 50 healthcare, clinician, and patient advocacy organizations. This legislation puts more control back in the hands of clinicians and patients.

Public Act 60 of 2022 provides prior authorization (PA) reform with the goal of a quicker, more effective, and more transparent process. It does not repeal PA.

All provisions will be fully in effect as of **June 1, 2023**, including major components such as electronic submission and faster timelines.

These reforms apply to health care insurers (and their contracted third-party vendors) and healthcare professionals whose beneficiaries/patients have commercial insurance policies regulated by the Michigan Department of Insurance and Financial Services. **They do not impact Medicaid, Medicare, Medicare Advantage, or self-funded plans.**

Check insurers' provider news, updates, portals, etc. to learn of any new processes related to online submission, appeals, eligibility, and PA requirements related to the law's implementation.

Please review the key provisions below for additional details and requirements.

Electronic Submissions

Beginning June 1, 2023:

- Insurers **must provide** an online method through which practitioners can electronically submit PA requests for any benefits requiring PA, including prescription drugs. Facsimiles do not count as an acceptable method.
- Physicians and other health care professionals **must submit** PA requests electronically. The only exception is for a temporary technological or electrical failure.

Timeliness of Decisions

	Urgent		Non-Urgent	
	Timeframe	Considered Granted	Timeframe	Considered Granted
Beginning June 1, 2023	Acted upon within 72 hours	Insurer fails to act after 72 hours	Within nine (9) calendar days	Insurer fails to act after nine (9) calendar days
After May 1, 2024	Acted upon within 72 hours	Insurer fails to act after 72 hours	Within seven (7) calendar days	Insurer fails to act after seven (7) calendar days
Valid for	A minimum of 60 days or the length of time that's clinically appropriate, whichever is longer			

NOTE: If you are requested to provide additional information, it is important to do so as quickly as possible as the turnaround time noted above will reset and the insurer will be required to make a determination following the receipt of the additional information within the prescribed timelines for urgent or non-urgent requests.

Review by Peers

Puts conditions on health care practitioners reviewing appeals (e.g., no financial stake in decision, not involved in prior denial, etc.). Any adverse determinations regarding a PA request for a non-pharmacy benefit must be made by a licensed physician and by a physician or pharmacist for a pharmacy benefit. If a denial is appealed, the denial cannot be affirmed unless it has been reviewed by a licensed physician who is board-certified or eligible in the same specialty as the service provided. An exception is allowed if finding such an individual would delay a decision within the required timeframe. In this instance, a physician in a similar general specialty could be utilized.

Clinical Validity

PA requirements must be based on peer-reviewed clinical review criteria. The criteria must:

- Take into account the needs of atypical patient populations and diagnoses.
- Reflect community standards of care.
- Ensure quality of care and access to needed health care services.
- Be evidence-based criteria.
- Be publicly available free of charge.
- Be sufficiently flexible to allow deviations from norms when justified on a case-by-case basis.
- Be evaluated and updated, if necessary, at least annually.

Transparency

PA requirements, including amendments, must be publicly and conspicuously posted online within a specified timeline. Insurers are also required to submit an annual report to the Michigan Department of Insurance and Financial Services (DIFS) which must include aggregated trend data related to the insurer's PA practices and experience for the prior plan year. DIFS shall post an annual report with aggregated data by October 1 of each year.

In cases of PA denials, the health care professional must be notified of the reasons for the denial and related evidence-based criteria, their right to appeal, instructions on how to file the appeal, and any other documentation necessary to support the appeal.

Gold Carding

Insurers are required to adopt a program that promotes the modification of certain PA requirements based on health care professionals' adherence to nationally recognized evidence-based medical guidelines and other quality guidelines.

Health Can't Wait is a coalition of patients, physicians, and health care providers dedicated to putting Michigan patients first and ending delays in patients' access to health care:

Allergy and Asthma Network
Alliance for Patient Access
AARP Michigan
American Autoimmune Related Diseases Association
American Cancer Society
Cancer Action Network
American College of Cardiology, Michigan Chapter
American College of Physicians, Michigan Chapter
American Diabetes Association
American Lung Association in MI
American Medical Association
APTA Michigan

The Arc Michigan
Berrien County Medical Society
Calhoun County Cancer Control Coalition
Epilepsy Foundation of Michigan
Genesee County Medical Society
Hemophilia Foundation of Michigan
Henry Ford Medical Group
Huron Valley Physicians Association
Ingham County Medical Society
International Myeloma Foundation
Jackson County Medical Society
Kent County Medical Society
Macomb County Medical Society
MI Academy of Family Physicians

MI Bioscience
MI Chapter American Academy of Pediatrics
MI Coalition for Affordable Prescriptions
MI Council For Maternal & Child Health
MI Dermatological Society
MI Podiatric Medical Association
MI Psychiatric Society
MI Radiological Society
MI Rheumatism Society
MI Society of Anesthesiologists
MI Society of Eye Physicians and Surgeons
MI Society of Hematology & Oncology
MI Society of Interventional Pain Physicians
MI Society of Pathologists
MI State Medical Society

Muskegon County Medical Society
National Marrow Donor Program
National Multiple Sclerosis Society, Michigan Chapter
New Day Foundation for Families
Oakland County Medical Society
Saginaw County Medical Society
Sickle Cell Disease Association of America - Michigan Chapter
St. Clair County Medical Society
Susan G. Komen
UNIFIED - HIV Health and Beyond
Washtenaw County Medical Society
Wayne County Medical Society of Southeast Michigan

www.healthcantwait.org



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810-733-1200**



The [Washington Post](#) (11/1, McGinley) reports, “An additional 5 million Americans who smoke or used to smoke should undergo annual screenings for lung cancer...according to an updated [guideline](#) issued...by the American Cancer Society.”

[CNN](#) (11/1, Howard) reports, “Previously, the” ACS “recommended annual lung cancer screening for adults ages 55 to 74 with at least a 30 pack-year smoking history who either currently smoke or quit smoking less than 15 years ago.” However, the organization now “says how long ago you quit smoking should no longer be a factor in whether you get screened for lung cancer.” In the “updated guideline, published...in the *CA: A Cancer Journal for Clinicians*, the” ACS “recommends annual lung cancer screening for current or past smokers, ages 50 to 80, with at least a 20 pack-year smoking history.”

[STAT](#) (11/1, Chen, Subscription Publication) reports, “One of the main reasons the ACS wanted to strike the years-since-quit requirement from their guidelines was that many former smokers are still at a high risk for lung cancer regardless of when they quit smoking.”

Cigarette smoking decreasing, e-cigarette use increasing among young adults

[Healio](#) (11/14, Rhoades) says, “Cigarette smoking has decreased among young adults in the United States, but nearly 15% reported regularly using e-cigarettes in 2021, a level higher than previously reported, according to study findings published in *JAMA Internal Medicine*.” In the [study](#), researchers “measured e-cigarette use and cigarette smoking among adults aged 18 to 24 years using Population Assessment of Tobacco and Health (PATH) study data from six survey waves spanning 2013 to 2021.” They “found that from the first wave (2013-2014) to the sixth wave (2021)...the prevalence of those who were currently established smokers decreased from 19.6% to 6.1%,” while “the prevalence of those who were currently established vapers increased from 3.8% to 14.5%.”



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THE GCMS BULLETIN

MSMS Resource Guide



*For information on the topics listed here, dial 517/336-plus the four digit extension (unless full number is provided).
For information on a topic not listed here, call MSMS at 517/337-1351 or 800/352-1351.*

JOIN MSMS
Membership
517-336-5716
membership@msms.org

EDUCATION

Rebecca Blake
517-336-5729
rblake@msms.org

HUMAN RESOURCES

Jodi Schafer, SPHR, SHRM-SCP
517-336-5716
msms.org/HR

INSURANCE/ MEDICAL, DENTAL, VISION

Diane Wheelock
517-336-7591
dwheelock@msms.org

INSURANCE/LIABILITY

Julie Ozburn
517-899-1457
jozburn@msms.org

LEGISLATIVE ADVOCACY

Josiah Kissling
517-336-5737
jkissling@msms.org

MEDICAL/ REGULATORY POLICY

Stacey Hettiger
517-336-5766
shettiger@msms.org

PHYSICIAN LICENSING

Brenda Marenich
517-336-7580
bmarenich@msms.org

REIMBURSEMENT ADVOCACY

Stacie Saylor
517-336-5722
ssaylor@msms.org

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MSMS SUBSIDIARIES & AFFILIATES

MSMS Physicians Insurance Agency..	877/742-2758
Physician Review Organization.....	517/336-1400
Prof. Credential Verification Service..	517/336-1400

ADDITIONAL IMPORTANT NUMBERS

American Medical Association.....	800/262-3211
American Osteopathic Association..	312/202-8000
Drug Enforcement Agency.....	202/307-1000
Medicaid Provider Inquiry, Medicare Customer Service.....	800/292-2550
MI Board of Medicine.....	517/335-0918
MI Board of Osteopathic Medicine and Surgery.....	517/335-0918
MI Department of Health and Human Services • Local.....	517/373-3740
• Toll free.....	800/292-2550
MI Health Prof. Recovery Corp.....	800/453-3784

Michigan State Medical Society

PO Box 950 East Lansing, MI 48826 | Membership Fax Line: 517-336-5716

Please email or call if you have any member benefit questions!

Join Us for a FREE Safe Medication Disposal Program

Safely disposing of medication is a simple way to help reduce the chance of drug misuse.



We will accept disposal of:

- Prescription Pills
- Needles
- Patches
- Liquid Medication

FREE Narcan, Fentanyl testing strips, and take home disposal kits will be available!

FREE Stroke screening will be available on site!

MORE INFORMATION:
OPIOIDINFO@FLINT.ORG

When? 9:00am - 2:00pm

April 27 August 24
May 25 September 28
June 22 October 26
July 27 December 28

Where?

Genesee County Free Medical Clinic
2437 Welch Blvd
Flint, MI 48504



This project is supported by Michigan's FY 21 Comprehensive Opioid, Stimulant, and Substance Abuse Program # 15PBJA-21-GG-04538-COAP, awarded by the Bureau of Justice Assistance, Office of Justice Programs, U.S. Department of Justice (DOJ), and administered by the Michigan State Police (MSP). Points of view or opinions contained within this document do not necessarily represent the official position or policies of the DOJ or the MSP.



COMMIT TO FIT!

Virtual Fitness Guide

Commit to Fit!



Visit commit2fit.com to track all of your physical activity and keep track of your fitness goal!

University of Michigan - Flint



Click [HERE](#) for daily workouts!

Crim Fitness Foundation



Visit crim.org for a variety of yoga and mindfulness practices!

Ascension Genesys Athletic Club



Click [HERE](#) for intense & moderate workout videos!

YMCA - 360



Visit ymca360.org for fitness classes of all ages!

Arthritis Foundation



Click [HERE](#) for arthritis exercises!



Healthy Holidays Challenge

Physical Activity * Mindfulness

NOVEMBER 13 – DECEMBER 11, 2023

A four-week individual challenge that encourages participants to practice daily activities to be more active, practice mindfulness, and promote wellness to others. All individuals who live or work in Genesee County can participate at no cost.

Challenge Goal:

Log 2,000 Commit to Fit Wellness Points

- 1 Minute of Activity = 1 Wellness Point
- 1 Minute of Mindfulness = 10 Wellness Points

Get Started:

- 1 Register on commit2fit.com under 'Challenges'.
- 2 Track minutes of activity and mindfulness on commit2fit.com.
- 3 Get entered to win prizes if you achieve the challenge goal!

Challenge Prizes:

Individuals who reach the challenge goal of 2,000 Wellness Points during the challenge will be entered to win a fitness device.



Follow us on Facebook for challenge updates and tips on how to be healthy during the holidays!

commit2fit.com





For Daily Genesee County Covid-19 Numbers

[Coronavirus \(COVID-19\) Data Dashboard for Genesee County](#)



For Reporting

COVID-19 reporting for SCHOOLS + EMPLOYERS

EMPLOYERS + SCHOOL ADMINISTRATORS:

Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at GCHD-CD@gchd.us or call (810) 257-1017

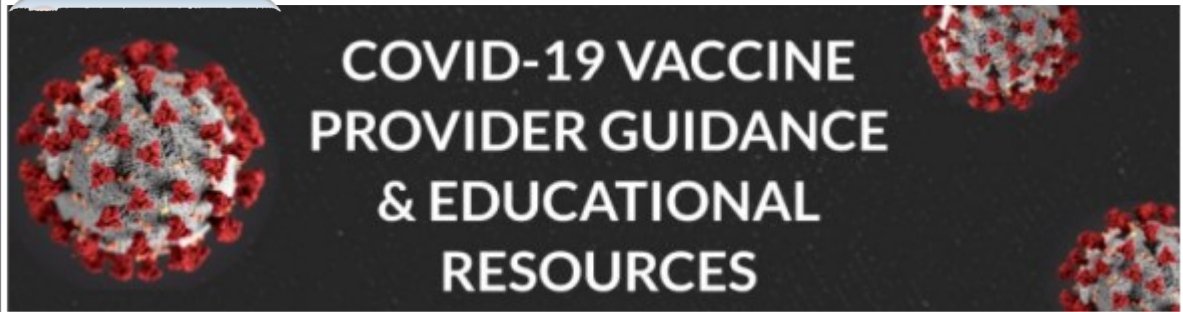


For State of Michigan Covid-19 Information





 [CLICK HERE](#)

A dark grey banner with a white border. On the left and right sides are images of red and white virus particles. In the center, the text "COVID-19 VACCINE PROVIDER GUIDANCE & EDUCATIONAL RESOURCES" is written in white, bold, uppercase letters.

**COVID-19 VACCINE
PROVIDER GUIDANCE
& EDUCATIONAL
RESOURCES**

COVID-19 VACCINE

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

[COVID-19 VACCINE PLAN](#)

 [CLICK HERE](#)

COVID-19 VACCINE RESOURCES

IMMUNIZATIONS DURING COVID-19

CDC FAQs

PROVIDER GUIDANCE & EDUCATION



\$100 off any MSMS Educational Activity* during 2024

To find educational activities:

1. Go to [Education | Michigan State Medical Society \(msms.org\)](#) or
2. Call MSMS at 517/336-5790

Sample A. Sample, MD

ID# XXXXX



*To qualify CMS & MSMS membership dues must be paid by November 30, 2023

DID YOU KNOW.....

CDC: Burnout, harassment driving mental health crisis among health care Workers.

The [New York Times](#) (10/24, Weiland) reports, "Health workers feel burnout more frequently than they did before the COVID-19 pandemic, while also struggling with symptoms of anxiety and depression, sleep problems and harassment, according to a federal survey of American workers published on Tuesday by the Centers for Disease Control and Prevention." The result "compared data from 2018 and 2022 and underscored a dire staffing crisis in the nation's health work force, which limped through the pandemic amid long hours, high turnover, violence in emergency departments and public vitriol over vaccines, masks and treatments."

For More info, click here



[AMA Recovery Plan for America's Physicians:](#)

NEW BENEFIT
FOR
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*GCMS can help YOUR PRACTICE
meet the ADA requirements
and provide impeccable services to your patients
at a DISCOUNTED price!*

GCMS is very pleased to announce a relationship with Luna Language Services. Luna offers a number of different virtual options to assist physician offices with language interpretation services. As an added benefit to your GCMS Membership, a discount is now offered to all GCMS members utilizing

Luna Virtual Language Services.

Please contact **David Hoff** Executive Director to register your office for discounted services.

*Genesee County Medical Society Members
receive a discount for language services!*



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- On-site Interpreting
- Virtual Interpreting
- Phone Interpreting
- Video Remote Interpreting (VRI)
- Conference & Event Interpreting

LUNA
Language
Services

To become a GCMS member,
or to receive details about
this discounted service

Please contact :

ExecutiveDirector@GCMS.org

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in the community



*Supporting recovery,
prevention, health,
and wellness of the
body, the mind, and
the community.*

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TTY: (810) 257-1346

www.genhs.org

Call us to begin services:

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Monday - Friday 8am-5pm

(810) 257-3740

Toll Free: 877-346-3648 • TTY: (810) 232-6310

24 HOUR CRISIS LINE

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(810) 496-5500

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Walk-In Services: 7 days a week - extended hours

Video Chat Services: 7 days a week - 24 hours a day

Children & Young Adult

Mobile Crisis Services: 7 days a week - 8am - 7pm



GHS Intensive Crisis Stabilization Services for Children and Young Adults



The GHS Children's Intensive Crisis Stabilization Team (ICSS) provides mobile crisis stabilization services, 7 days a week between 8:00am and 7:00pm to all children, youth, and young adults (ages 0-21) who reside in Genesee County. Calls during other hours are helped by our Crisis Line mental health professionals.

Reasons to call GHS:

- If you feel your child/youth is in a crisis
- The child/youth may hurt themselves or others
- The child is experiencing overwhelming confusion, anger, or emotional unresponsiveness

If you aren't sure if ICSS is needed, give us a call and we can help to explore options.

What happens when the GHS Intensive Crisis Team is called?

The team will provide an on-site intervention with the identified child or youth, and their support system. The team's main focus will be to help assess the crisis, utilize de-escalation techniques, help the child/youth and their family or support system to help with what is needed and to help determine next steps and long-term care.

Other services include:

- Crisis and Safety Planning
- Referrals to needed services
- Education on resources, diagnosis and services
- Collaboration and problem solving

* Psychiatric consults, as needed (does not include medication review for prescription)

** Intensive Crisis Stabilization services cannot be provided to individuals who are currently residing in inpatient settings: Jail/detention centers or residential settings (i.e. child caring institutions, crisis residential, etc.).

GHS Intensive Crisis Stabilization Services for Children

810.257.3740 877.364.3648

420 W. Fifth Avenue, Flint 48503 • www.genhs.org

Supported by funds from Substance Abuse and Mental Health Services Administration, Center for Mental Health Services through the Michigan Department of Health and Human Services.

Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute ___% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath ___% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.



Don't Forget!
Donations are tax deductible!

Please contact GCMS at 733-9923 or email executivedirector@gcms.org



Do you have an advertising NEED?

- Are you a Physician **and** you are a member of GCMS and you have a new practice in Michigan?
- Do you have a medical practice **and** you are a member of GCMS and your office has relocated?
- Do you have a business that serves Michigan and business slow?

Let Genesee County Medical Society help!

Genesee County Medical Society Bulletin

(ONLINE MAGAZINE)

Your ad will be featured in the Genesee County Medical Society monthly bulletin that is provided to 1,500+ viewers. The Bulletin can also be found on the GCMS website, and is also published through Calameo virtual magazine. ([HTTPS://En.Calameo.com/](https://en.calameo.com/))

1/2-page ad \$195/month

3/4-page ad \$290/month

Full page ad \$350/month

A link to the business website or email can be added for **NO** additional fee.

[Click here](#)

to connect with GCMS, we can provide your advertising needs!



**all ads placed by Physicians or Medical Practices must have a GCMS membership.



SAFEHAVEN™

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Rediscover meaning, joy, and purpose in medicine.

SafeHaven™ ensures that physicians and health care providers can seek confidential assistance and support for burnout, career fatigue, and mental health reasons.



In-the-moment telephonic support by a licensed counselor, 24/7



Legal and financial consultations and resources, available 24/7



Peer Coaching—talk with someone who has walked in your shoes that can help you grow both personally and professionally

- Six sessions per incident
- Physician or provider chooses coach from a panel of coaches



Counseling, available in either face-to-face or virtual sessions; addressing stress, relationships, eldercare, grief, and more

- Six sessions per incident
- Available to all extended family members



WorkLife Concierge, a virtual assistant to help with every day and special occasion tasks, 24/7



VITAL WorkLife App—Mobile access to resources, well being assessments, insights, and more

RESOURCES FOR YOU AND YOUR FAMILY MEMBERS

SafeHaven™ includes Well Being Resources from VITAL WorkLife—confidential and discreet resources designed to reduce stress and burnout, promote work/life integration and support well being for you and your family.

TO LEARN MORE, VISIT
www.MSMS.org/SafeHaven

To support the needs of physicians and health care providers struggling with stress, burnout, and the effects of COVID-19, the Michigan State Medical Society (MSMS) and VITAL WorkLife have partnered to offer a comprehensive set of well being resources and confidential counseling services for their use, SafeHaven™.





NEED TO RENEW A REQUIRED LICENSE?

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Complete your LARA required CME at your convenience with our wide selection of on-demand webinars, including:

- A Day of Board of Medicine Renewal Requirements 2023
 - Fulfills LARA's requirement for three hours of pain and symptom management (meets the new one hour minimum of controlled substance prescribing training), one hour of medical ethics, and three hours of implicit bias.
- Pain and Symptom Management, and Balancing Pain Treatment and Legal Responsibilities
 - Fulfills LARA's requirement for three hours of pain and symptom management (meets the new one hour minimum of controlled substance prescribing training).
- Implicit Bias Training: Reducing Unconscious Bias – an Imperative (RUBI)
 - One-, two-, and three-hour options.
- Human Trafficking
- Medical Ethics – 12 topics

For more information and to register, please **CLICK
HERE!**

THANK YOU TO EVERYONE THAT ATTENDED THE
2023

PRESIDENT'S BALL. IT WAS A SUCCESS. PLEASE
CONSIDER SPONSORING NEXT YEARS EVENT TO
ENSURE ANOTHER GREAT YEAR!!!

CLICK HERE FOR [MORE](#) INFORMATION

**THANK
YOU**

Application Code:

State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at www.joinmsms.org



- I am in my first year of practice post-residency.
- I am in my second year of practice post-residency.
- I am in my third year of practice post-residency.
- I have moved into Michigan; this is my first year practicing in the state.
- I work 20 hours or less per week.
- I am currently in active military duty.
- I am in full, active practice.
- I am a resident/fellow.

Male Female

First (legal) Name: _____ Middle Name: _____ Last Name: _____ MD DO

Nickname or Preferred Form of Legal Name: _____ Maiden Name (if applicable) _____

Job Title: _____

W Phone _____ W Fax _____ H Phone _____ H Fax _____

Mobile: _____ Email Address _____

Office Address Preferred Mail Preferred Bill Preferred Mail and Bill

City: _____ State: _____ Zip: _____

Home Address Preferred Mail Preferred Bill Preferred Mail and Bill

City: _____ State: _____ Zip: _____

*Please base my county medical society membership on the county of my (if addresses are in different counties): Office Address Home Address

*Birth Date: ____ / ____ / ____ Birth Country _____ MI Medical License #: _____ ME #: _____

Medical School _____ Graduation Year: _____ ECFMG # (if applicable) _____

Residency Program _____ Program Completion Year _____

Fellowship Program _____ Program Completion Year _____

Hospital Affiliation _____

• Primary Specialty _____ Board Certified: Yes No

• Secondary Specialty _____ Board Certified: Yes No

Marital Status: Single Married Divorced Spouse's First Name: _____ Spouse's Last Name: _____

Is your spouse a physician?: Yes No If yes, are they a member of MSMS?: Yes No

Within the last five years, have you been convicted of a felony crime?: Yes No If "yes," please provide full information: _____

Within the last five years, have you been the subject of any disciplinary action by any medical society or hospital staff?: Yes No

If "yes," please provide full information: _____

I agree to support the County Medical Society Constitution and Bylaws, the Michigan State Medical Society Constitution and Bylaws, and the Principles of Ethics of the American Medical Association as applied by the AMA and the MSMS Judicial Commission.

Signature _____ Date: _____

County Medical Society Use Only
Reviewed and Approved by: _____