



# THE Bulletin

September 2016 Volume 111, Number 30

**9/8/16 TOWN HALL:  
PAYER CMO'S TOGETHER**

**GCMS RESOLUTION  
PASSES AMA**

**SURGEON GENERAL  
VISITS AGAIN**

**GENESEE COUNTY MEDICAL SOCIETY**  
*Organized Medicine's Leading Edge*

# MSK ULTRASOUND

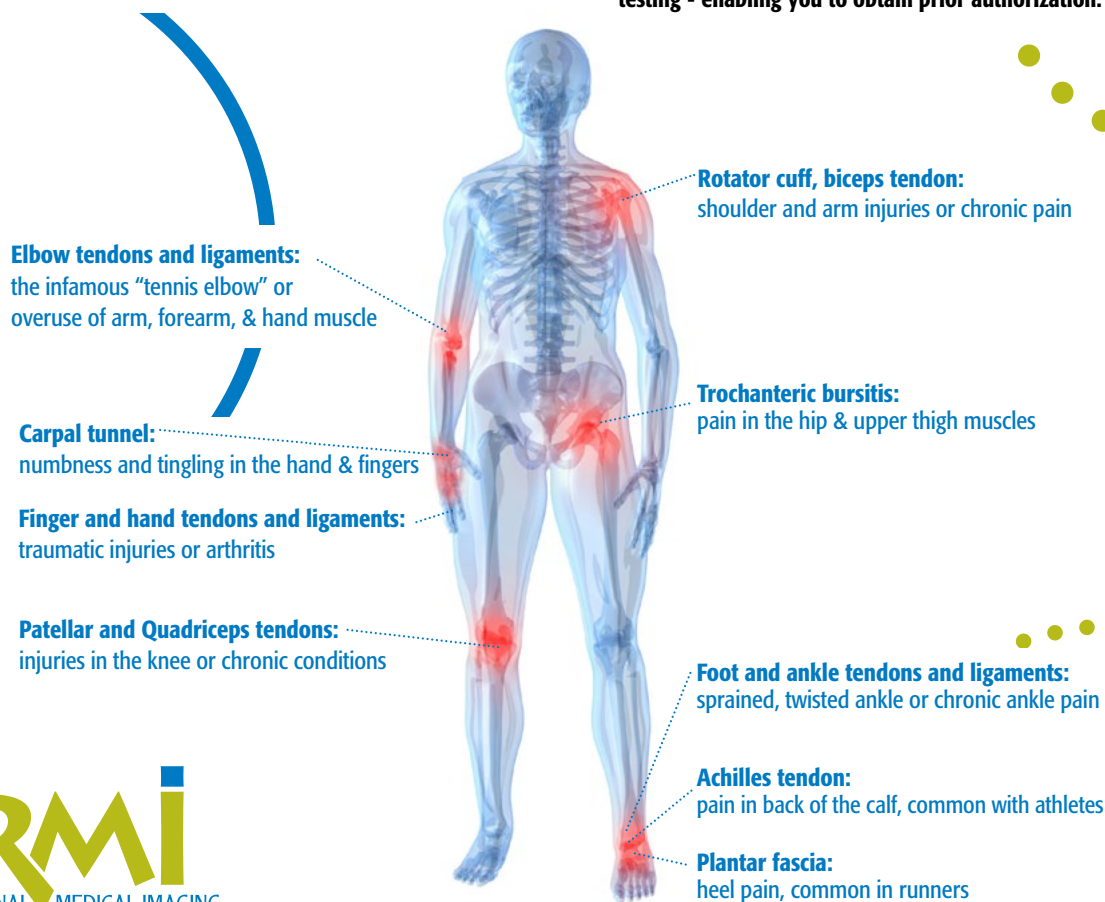
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# THE Bulletin

Read by 96% of GCMS members.

## EDITOR

Amanda Winston, MD

## ASSOCIATE EDITOR

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Peter S. Thoms, MD

## GCMS OFFICERS 2014-15

President – Pino Colone, MD  
President Elect – John Hebert, III, MD  
Immed. Past Pres. – Deborah Duncan, MD  
Secretary – Qazi Azher, MD  
Treasurer – Ed Christy, MD

## MSMS OFFICERS 2015-16

Treasurer – Venkat Rao, MD  
Speaker – Pino Colone, MD  
Vice Chair – S. Bobby Mukkamala, MD  
Finance Committee – John Waters, MD

## DELEGATES

Pino Colone, MD  
Amitabha Banerjee, MD  
Hesham Gayar, MD  
Cathy Blight, MD  
Edward Christy, MD  
Tarik Wasfie, MD  
Shafi Ahmed, MD  
Raymond Rudoni, MD  
John Hebert III, MD  
Daniel Ryan, MD  
Laura Carravallah, MD  
Mona Hardas, MD  
Qazi Azher, MD  
Deborah Duncan, MD  
Gerald Natzke, DO  
Nita Kulkarni, MD

## ALTERNATE DELEGATES

Robert Soderstrom, MD  
Lawrence Reynolds, MD  
F. Michael Jaggi, DO  
Rima Jibaly, MD  
Niketa Dani, MD  
Farhan Khan, MD  
Brenda Rogers-Grays, DO  
Venkat Rao, MD  
Amanda Winston, MD  
Asif Ishaque, MD  
Athar Baig, MD  
Rama Rao, MD  
Sunil Kaushal, MD  
Rubin Raju, MD  
Michael Danic, DO  
Nick Harrison (student)

## DISTRICT DIRECTORS VI

S. Bobby Mukkamala, MD  
John Waters, MD

## OTHER BOARD MEMBERS

Gary Johnson, MD  
Michael Mueller, MD  
Elmahdi Saeed, MD  
James Walter, MD

Executive Director – Peter A. Levine, MPH  
Executive Secretary – Sherry Smith

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## Front Cover Photo - Cyrus Farrehi, MD - Lilies in Northern MI

### Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

### Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

### PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

### THE BULLETIN

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# FLINT IS ON THE MAP

As the summer winds down and fall approaches, I am on a long overdue vacation in Italy reconnecting with family, reenergizing and regaining perspective. Being out of the country also allows a greater appreciation for what we, as Americans, enjoy every day.

My family is from a small mountain town of about 1,000 people. It's a much simpler life. Yes, we have electricity and indoor plumbing! The water comes from melting snow accumulated from the previous winter on the mountain and gets turned off between midnight and about 6 am every night to conserve. People know, prepare and get by.

It would be understandable that my mind would wander to the water crisis Flint has been battling. What was unexpected was that in spite of all the hatred, terrorism and attacks in the news, the Flint water crisis was the topic of conversation among family and friends in this seemingly most unlikely of places. "How can this happen in America?" I'm asked. I go into long complicated answers... Everyone now knows where Flint is on the map of the mitten.

Simple things. Water. It is taken for granted when it's available. It is life-threatening when it's not, or when it is dangerous.

GCMS came under tremendous fire and pressure after publishing its recent recommendations regarding filtering and use of the Flint Municipal Water System. Many believed that GCMS was contradicting government recommendations. Several of us gave numerous interviews on various media, explaining that our recommendations were based on patient safety above all else. I probably don't need to tell you that based on recent testing again finding high lead

levels, the GCMS recommendations now seem prophetic. They were the most appropriate and, most importantly, the safest for the people of Flint.

Is this a victory? No. I don't gloat in being right or the "I told you so." My sadness deepens because the greatly touted progress

now seems to have further undermined trust between the public and each of the levels of government.

Thousands of miles away from home I know that I can count on something that Flint, Michigan, USA, can't: safe water.



*Pino Colone, MD*



**Please  
direct  
patients to  
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information  
regarding Flint  
water issues**

## *Announcement*

**GCMS members now entitled  
to a 15% discount on automobile  
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Genesee County Medical Society Quarterly Dinner Business Meeting

**September 8, 2016**

A Medical Community Town Hall Meeting

# What is New – The Payer's Perspective, *What it Means to Physicians*

The physicians and practice managers of Genesee County are unlikely to have seen such an assembly of insurance company chief medical officer's in one place. Everyone should come to this meeting to hear what is coming, and to have an opportunity to dialogue with them.

Whether you are in an ACO, PO, or you have other affiliation such as hospital employee, etc, this is not a meeting to miss! Please invite other physicians and practice managers to this meeting!

## **Presenters:**

**Naim Munir, MD**

Senior Vice President and Chief Medical Officer  
Health Alliance Plan

**James Forshee, MD**

Chief Medical Officer  
Molina

**Kathleen Kudray, DO**

Chief Medical Officer  
McLaren Health Plan

**Marc Keshishian, MD**

Senior Vice President and Chief Medical Officer,  
Blue Care Network

**Thomas Simmer, MD**

Senior Vice President and Chief Medical Officer,  
Blue Cross Blue Shield of Michigan

## **Meeting Location:**

**Flint Golf Club**

**3100 Lakewood Drive**

**Flint, MI 48507**

## **Evening Schedule:**

**6 pm, Registration & Social Hour**

**6:30 pm, Dinner**

**7 pm, Meeting**

**7:15 pm, Presentations**

***RSVP's requested by August 31, 2016***

**Please mail your reservation payment to:**

Genesee County Medical Society  
4438 Oak Bridge Drive, Suite B  
Flint, MI 48532

**GCMS Physicians, spouses, GCMSA, family members, practice staff  
and other interested professionals are encouraged to attend!**

**\$40.00 - GCMS Members, Spouses, Practice Managers, & Staff**

**\$40.00 - Genesee County Osteopathic Association Physician Members & Spouses**

**\$25.00 - Residents & Students**

**\$50.00 - All Non-Member Guests**

Email Sherry at [ssmith@gcms.org](mailto:ssmith@gcms.org) to register your attendance or call 810-733-9923 for more information.

# SUMMERS ARE GREAT!

Summers are great. This one has been wonderful from a family perspective and organizationally. Just a few weeks ago, we were asked to convene a meeting for the US Surgeon General, who asked to speak to health professionals about the future federal role in the Flint Water Crisis. Over 200 persons were in attendance. The Medical Society Board of Directors put together a press release advising high-risk patients to continue to drink bottled water. It must have been effective because community members were very appreciative of the Medical Society's concern.

We have held some fascinating practice manager's meetings. Most recently, the session entitled Alphabet Soup covered everything that you could imagine for practice in one day.

On Sept. 8 we will host an exciting Town Hall Dinner Meeting that will feature the chief medical officers of all of the key insurance companies. Where else can you have access like this? They want to hear from you in addition to giving you updated information. Please take advantage of this. It is a tremendous opportunity to help your own practice. Very few of our members accept no insurances. This is not a meeting to miss. Please bring your practice managers, other members and nonmembers!



*Peter Levine, MPH*



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## *Medical Society Foundation Capital Campaign*


The Medical Society Foundation is engaged in a capital campaign. With a goal of \$2 million, the purpose of the campaign is to raise funds for the Foundation to use in support of the Genesee County Medical Society's charitable and public health related activities. We are seeking major gifts, and smaller ones too. Appreciated stock, IRA disbursements, and cash donations are all accepted with pleasure. The funds will go to the best of all uses. Examples of the types of activities that the funds have supported include the Genesee County Medical Society's efforts on behalf of a safer flint water supply, human trafficking advocacy and education, and support of end-of-life, fitness and community health initiatives.

Please do not hesitate to contact Pete Levine for more information at 810-733-9925 or [plevine@gcms.org](mailto:plevine@gcms.org).

Sincerely yours,



Allen F. Turcke, MD  
President  
Medical Society Foundation  
Deborah Duncan, MD



Immediate Past President  
Genesee County Medical  
Society  
Pino Colone, MD



President  
Genesee County Medical  
Society

# Legionella Guidelines Update

**The Genesee County Health Dept. has informed us regarding the handling of legionella samples. Please see below:**

The clinical samples that would have been sent to the state BOL should now be forwarded directly to the CDC for testing, again for those samples with a positive urine antigen test. If you have any questions, please contact me.

Here are the shipping instructions:

<http://www.cdc.gov/legionella/downloads/shipping-instructions.pdf>

On this page is a link to a form that will need to be completed:

<http://www.cdc.gov/laboratory/specimen-submission/pdf/form-50-34.pdf>

Questions can be directed to:

[legionellalab@cdc.gov](mailto:legionellalab@cdc.gov) or to Brian Raphael, head of CDC Legionella lab (404.639.4292)

Thank you.

Suzanne Cupal, M.P.H.

Public Health Division Director | Genesee County Health Department

630 S. Saginaw Street | Suite 4

Flint, MI 48502 | (810) 768-7970

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## Congressman Kildee

# WASHINGTON UPDATE

On July 20th, the GCMS Legislative Liaison Committee met with Congressman Dan Kildee and his staff member Gary Jones, to discuss a variety of issues. Physicians present included Drs. Cathy Blight, Paul Lazar, Venkat Rao, Larry Reynolds, Jim Forshee, as well as, Gary Paavola, Michigan Vascular Center practice manager. GCMS staff, Peter Levine, Sherry Smith and Justin Kimber were also present.

Congressman Kildee noted that Congress is dealing with a lot of issues. He noted the pressure that members of Congress are under to expand scope of practice for nurse practitioners and nurse anesthetists. The Committee discussed the difference between nurse training and that of physicians.

Congressman Kildee also noted that pharmacists are soliciting Congress for an expansion of their scope of practice.

Congressman Kildee noted his pessimism about Washington's ability to engage in productive bipartisanship. The lack of Flint Water Crisis funding is an example of the gridlock. He stated that there needs to be a long-term, deeper commitment to Flint at the federal level and at the state level. He asked the Medical Society to seek Republicans in Michigan to support congressional cooperation on the Flint Water Crisis funding issue.

It was also noted that mental health funding is not very good. Mr. Kildee spoke at length about the environment of austerity that has been evident in government for the past decade or longer. He said the Flint Water Crisis is a prime example of the results of austerity.

The next meeting of the Legislative Liaison Committee will take place on October 3, 2016.

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# UNDER THE BIG TOP

## Annual President's Ball *A Family Affair*

Please Note the  
★ Date ★  
Change

November  
19, 2016



**Save the Date!**

**2016 Hospice Teleconference**

*“Managing Conflict, Finding Meaning –  
Supporting Families at Life’s End”*



When: October 18, 2016

Time: 8:00 a.m. Registration  
8:30 a.m.-12:30 p.m. Program  
**\*\*Full breakfast to be provided\*\***

Where: Genesys Conference & Banquet Center  
Grand Blanc, MI

***Please look for your FORMAL invitation with registration  
information in September! CEU's available.***

Sponsored by:

Heartland Hospice, Kindred Hospice,  
McLaren Hospice, Reverence Hospice, Brown Funeral Home,  
Hill Funeral Home and Reigle Funeral Home

# U.S. SURGEON GENERAL VISITS FLINT

In early August, the Genesee County Medical Society was asked to convene a meeting of health care providers to meet with US Surgeon General Vivek Murthy, MD, MBA. This was the second meeting between our members and Dr. Murthy. The purpose of this session was to discuss the end of the emergency declaration by the federal government and explain how the federal effort would continue to support the community as a result of the Flint Water Crisis. Over 200 were in attendance on Aug. 18. Several students and residents, as well as attending physicians, asked probing questions after his presentation. He was extremely complimentary of this Medical Society and our medical community for its ongoing demand for patient safety and for keeping the public aware of the information that they need.

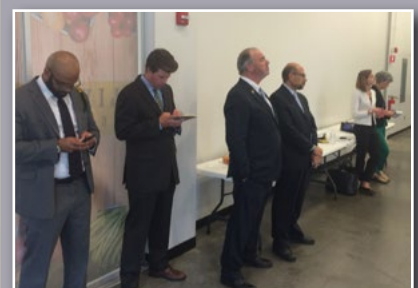



**HURLEY MEDICAL CENTER PEDIATRIC ONCOLOGY UNIT**

## Coordinated Care, Close to Home

**KH** was a 12-year-old girl living in Ontario, Canada with her father. Her parents were divorced and her mother moved to Pinconning, Michigan. KH was diagnosed with cerebellar Medulloblastoma in 2011. She received her brain radiation at Victoria Children's Hospital and needed to start chemotherapy. It was agreed that her mother in Michigan could provide the most supportive care throughout her treatment so KH moved to Pinconning. She was registered on the Children's Oncology Group (COG) Protocol and that is how she came to be treated at Hurley Medical Center and counseled periodically by a child psychologist. KH received the same level of quality care much closer to her new home.

[hurleychildrens.com](http://hurleychildrens.com)



**Genesee County Medical Society**  
**Board of Directors**  
**June 28, 2016 - Minutes**

**I. Call to Order**

The meeting was called to order at 6:00pm, by Pino Colone, MD, President, in the Rapport Conference Room

**II. Review of Minutes**

**Motion:** that the minutes of May 24, 2016, Board of Directors meeting be approved as presented. The motion carried.

**III. Reports**

**A) Community & Environmental Health Report**

**Motion:** that the Committee move forward with a with investigating a study on adult treatment of lead using chelation. The motion carried.

**Motion:** that the Genesee County Medical Society press release in response to federal announcements of last Thursday be approved as presented. The motion carried.

**B) Finance**

**Motion:** that the Budget-to-Actual report for the period ending May 31, 2016 be approved as presented. The motion carried.

**Motion:** that at the August Board meeting, the Board will consider dropping quarterly General Membership Dinner Business Meetings. The motion carried.

**Motion:** that the February Dinner Business Meeting revolve around MACRA. The motion carried.

**Directive:** staff was directed to email a save-the-date notice for the dinner business meeting meeting.

**C) Membership**

The Board reviewed a list of 2016 NPDs.

Dr. Colone reported that Dr. David Taylor, a podiatrist from Community Group has joined as an associate member.

**D) Legislative Liaison Report**

Dr. Cathy Blight reported that the June Legislative Liaison Committee meeting involved conversations with Representative Phil Phelps as well as staff from Congressman Kildee and Representative Faris' office. Discussions revolved around graduate medical education, MAPS, Medicaid funding, scope, and the July 20th Washington Update. Dr. Blight invited everyone to the June 20th, Washington Update.



Genesee County Medical Society  
**Board of Directors**  
June 28, 2016 - Minutes

**E) Greater Flint Health Coalition**

Dr. John Waters reviewed the State Innovation Model grant which the Health Coalition has received. He noted that it is a project that will provide resources to physicians' offices and help them with population based health.

**F) Presidents' Report**

Dr. Pino Colone reported that the September 8th General Membership Dinner Business meeting will be revolving around "What's New: the Payers Perspective - What it Means to Physicians."

**G) AMA Update**

Dr. Cathy Blight reported that Dr. Pino Colone has been elected to an AMA council. Dr. Bobby Mukkamala is running for the AMA Board of Directors. Dr. Venkat Rao did a great job on the GCMS resolutions.

**IV. Adjournment**

No further business appearing, the meeting was adjourned at 7:30pm.

Respectfully submitted,

Peter Levine, MPH  
Executive Director

Genesee County Medical Society Quarterly Dinner Business Meeting

**September 8, 2016**

A Medical Community Town Hall Meeting

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**Flint, MI 48507**

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**7 pm, Meeting**

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**\$25.00 - Residents & Students**

**\$50.00 - All Non-Member Guests**

Email Sherry at [ssmith@gcms.org](mailto:ssmith@gcms.org) to register your attendance or call 810-733-9923 for more information.

# AMA RESOLUTION 409: SAFE DRINKING WATER

HOUSE ACTION: ALTERNATIVE RESOLUTION 409 ADOPTED AS FOLLOWS  
IN LIEU OF RESOLUTIONS 409, 413, 414, 415 AND 416

See Policy H-135.928  
SAFE DRINKING WATER

RESOLVED, That our AMA supports updates to the U.S. Environmental Protection Agency's Lead and Copper Rule as well as other state and federal laws to eliminate exposure to lead through drinking water by:

1. Removing, in a timely manner, lead service lines and other leaded plumbing materials that come into contact with drinking water;
2. Requiring public water systems to establish a mechanism for consumers to access information on lead service line locations;
3. Informing consumers about the health-risks of partial lead service line replacement;
4. Requiring the inclusion of schools, licensed daycare and health care settings among the sites routinely tested by municipal water quality assurance systems;
5. Improving public access to testing data on water lead levels by requiring testing results from public water systems to be posted on a publicly available website in a reasonable timeframe thereby allowing consumers to take precautions to protect their health;
6. Establishing more robust and frequent public education efforts and outreach to consumers that have lead service lines, including vulnerable populations;
7. Requiring public water systems to notify public health agencies and health care providers when local water samples test above the action level for lead; and
8. Seeking to shorten and streamline the compliance deadline requirements in the Safe Drinking Water Act.



## Meeting the health needs of Genesee County's children

### Child & Adolescent Psychiatry

- Medication Management
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- Behavioral Health Counseling, Screening, Support Groups
- Prevention Activities

### Child & Adolescent Health

- Pediatrics
- School-Based Clinics
- Audiology
- Nutrition Education
- Teen Wellness Center

### Child & Adolescent Dentistry

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- Dental Treatment & Restorations
- School Screening and Sealant Program
- Infant & Toddler Oral Health Care

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(810) 733-9923  
Fax: (810) 230-3737

---

Dear Potential Sponsor,

The purpose of this letter is to provide you with an opportunity to sponsor the Genesee County Medical Society and Genesee County Medical Society Alliance Presidents' Ball.

The Presidents' Ball is held annually to celebrate the past and current leaders of both organizations. It is always an exciting and enjoyable evening for all who attend. The theme for the Ball this year is "*Under the Big Top – a Family Affair*". The Ball Committee anticipates approximately 150 people or more will attend this black tie optional event. It will be held on Saturday, November 19, 2016, at Genesys Conference & Banquet Center, in honor of Dr. Pino D. Colone, GCMS President.

Along with this letter, you will find a list of sponsorship levels which might interest you. This event will provide you and your organization's key designees an opportunity to participate in a relaxed event with many physicians and their spouses, along with other key professionals from our community. And you are sure to have a lovely time!

Please let us know of your desire to participate at your earliest convenience. You may contact Sherry Smith, Executive Secretary at (810) 733-9923 or [ssmith@gcms.org](mailto:ssmith@gcms.org).

Thank you for your time and for your consideration of this sponsorship opportunity.

A handwritten signature in black ink that reads "Peter Levine".

Peter A. Levine, MPH  
Executive Director



## GCMS/GCMSA

### 2016 PRESIDENTS BALL SPONSORSHIP LEVELS

SATURDAY, NOVEMBER 19, 2016

GENESYS CONFERENCE & BANQUET CENTER

801 HEALTH PARK BOULEVARD, GRAND BLANC, MI 48439

- VALET PARKING AVAILABLE
- RELAXED BUSINESS ATTIRE WELCOMED
- BLACK TIE OPTIONAL

#### **RING MASTER - \$20,000 Level**

Includes Four Tables of 8 (32 seats), *Three Full-Page Ads\** in January, February, and March 2017 GCMS Bulletins, a link to your website from each ad, special mention in advertising and promotions relating to the Presidents' Ball, gracious acknowledgement in the event program and at the podium, and two sponsorships of GCMS Dinner Business Meetings.

#### **LION TAMER - \$10,000 Level**

Includes Two Tables of 8 (16 seats), *One Full-Page Ad\** in the January 2017 GCMS Bulletin, a link to your website from your ad, special mention in advertising and promotions relating to the Presidents' Ball, acknowledgement in the event program and at the podium, and a sponsorship of a Dinner Business Meeting.

#### **HUMAN CANNONBALL - \$5,000 Level**

Includes seating at one table of 8, *One Full-Page Ad\** in the January 2017 GCMS Bulletin, a link to your website from your ad, special mention in advertising and promotions relating to the Presidents' Ball, and acknowledgement in the event program and at the podium.

#### **ACROBAT - \$2,500 Level**

Includes seating for 6, *One Half-Page Ad\** in the January 2017 GCMS Bulletin, special mention in advertising and promotions relating to the Presidents' Ball, and acknowledgement in the event program and at the podium.

#### **JUGGLER - \$1,500 Level**

Includes seating for 4, *One Quarter-Page Ad\** in the January 2017 GCMS Bulletin, special mention in advertising and promotions relating to the Presidents' Ball, and acknowledgement in the event program and at the podium.

#### **DANCING BEAR - \$750 Level**

Includes seating for 2, *Business Card Size Ad\** in the January 2017 GCMS Bulletin, special mention in advertising and promotions relating to the Presidents' Ball, and acknowledgement in the event program and at the podium.

#### **MIME - \$500 Level**

Includes seating for 2, special mention in advertising and promotions relating to the Presidents' Ball, and acknowledgement in the event program and at the podium.

*\*GCMS will place ads at its discretion upgrading to premium placement if possible.*

# Issues of Serious Concern for Medical Practices!

*Don't let your practice manager miss these important meetings!*



**Held 4th Thursday of each month from 8am to 10am.**

The following topics are tentatively scheduled and subject to change

## September Topic:

### **Medicaid Drug Formulary: Follow-up with Plans**

McLaren Health Plan, Teresa DuFresne, Director of Pharm. Svcs.

Molina Healthcare, Jennifer Walters, Director of Pharm. Svcs.

Michigan State Medical Society, Stacie Saylor, Reimbursement Advocate

## October Topic:

### **MACRA**

Ronald Rybar, Principal, Rybar & Associates

Stacey Hettiger, Director, Medical & Regulatory Policy, MSMS

**Light breakfast available – coffee, tea, yogurt, fruit cups and granola bars**

**Genesee County Medical Society | Rapport Conference Room  
4438 Oak Bridge Drive, Suite B | Flint, MI 48532**





# UNDER THE BIG TOP

## Annual President's Ball *A Family Affair*

Please Note the  
★ Date ★  
Change

November  
19, 2016

## FREE! Commit to Fit! Class Schedule

Commit to Fit offers fitness classes at **no cost** to all individuals who live or work in Flint and Genesee County. Fitness Centers require participants to be age 18 and older, other locations are open to all ages. See back side for details.

[Click HERE to Access the Nutrition Education & Resources Calendar](#)

### SEPTEMBER 2016 CALENDAR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>Enhance Fitness</b> 1 Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Enhance Fitness</b> Triumph/North Star (MBC) 5:30-6:30pm <b>Basic Yoga</b> IHFC 6:45 p.m.	<b>Enhance Fitness</b> 2 Hasselbring Senior Center 9:00 a.m.	
5	6	7	8	9	10	
5	<b>Labor Day 2016</b>	<b>Enhance Fitness</b> 6 Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Fit Club at the Local</b> 5:30 p.m.	<b>Enhance Fitness</b> 7 Hasselbring Senior Center 9:00 a.m.  <b>Zumba Gold (Beginner)</b> GAC 5:30 p.m.	<b>Enhance Fitness</b> 8 Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Enhance Fitness</b> Triumph/North Star (MBC) 5:30-6:30pm <b>Basic Yoga</b> IHFC 6:45 p.m.	<b>Enhance Fitness</b> 9 Hasselbring Senior Center 9:00 a.m.	
12	13	14	15	16	17	
<b>Enhance Fitness</b> 12 Hasselbring Senior Center 9:00 a.m. <b>Senior Stretch</b> YMCA Downtown 10:00 a.m. <b>Enhance Fitness</b> Triumph/North Star(MBC) 6-7pm	<b>Enhance Fitness</b> 13 Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Fit Club at the Local</b> 5:30 p.m.	<b>Enhance Fitness</b> 14 Hasselbring Senior Center 9:00 a.m.  <b>Zumba Gold (Beginner)</b> GAC 5:30 p.m.	<b>Enhance Fitness</b> 15 Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Enhance Fitness</b> Triumph/North Star (MBC) 5:30-6:30pm <b>Basic Yoga</b> IHFC 6:45 p.m.	<b>Enhance Fitness</b> 16 Hasselbring Senior Center 9:00 a.m.  <b>Yogalates Barres &amp; Balls</b> U of M-Flint 5:30-6:30pm		
19	20	21	22	23	24	
<b>Enhance Fitness</b> 19 Hasselbring Senior Center 9:00 a.m. <b>Senior Stretch</b> YMCA Downtown 10:00 a.m. <b>Aqua Fitness</b> U of M-Flint 5:30pm <b>Enhance Fitness</b> Triumph/North Star(MBC) 6-7pm	<b>Enhance Fitness</b> 20 Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Fit Club at the Local</b> 5:30 p.m.	<b>Enhance Fitness</b> 21 Hasselbring Senior Center 9:00 a.m.  <b>Zumba Gold (Beginner)</b> GAC 5:30 p.m.	<b>Enhance Fitness</b> 22 Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Enhance Fitness</b> Triumph/North Star (MBC) 5:30-6:30pm <b>Basic Yoga</b> IHFC 6:45 p.m.	<b>Enhance Fitness</b> 23 Hasselbring Senior Center 9:00 a.m.  <b>Yogalates Barres &amp; Balls</b> U of M-Flint 5:30-6:30pm		
26	27	28	29	30		
<b>Enhance Fitness</b> 26 Hasselbring Senior Center 9:00 a.m. <b>Senior Stretch</b> YMCA Downtown 10:00 a.m. <b>Aqua Fitness</b> U of M-Flint 5:30pm <b>Enhance Fitness</b> Triumph/North Star(MBC) 6-7pm	<b>Enhance Fitness</b> 27 Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Fit Club at the Local</b> 5:30 p.m.	<b>Enhance Fitness</b> 28 Hasselbring Senior Center 9:00 a.m.  <b>Zumba Gold (Beginner)</b> GAC 5:30 p.m.	<b>Enhance Fitness</b> 29 Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Basic Yoga</b> IHFC 6:45 p.m.	<b>Enhance Fitness</b> 30 Hasselbring Senior Center 9:00 a.m.  <b>Yogalates Barres &amp; Balls</b> U of M-Flint 5:30-6:30pm		

SEPTEMBER 2016

# FREE! Commit to Fit! Class Schedule

## Class Descriptions & Locations

### Basic Yoga (1 hour)

This class is a balanced flow of postures designed to build stamina, strength, and flexibility while promoting weight loss and general stress relief.

### Insight Health & Fitness Center (IHFC)

Formerly Hurley Health & Fitness Center  
4500 S. Saginaw St  
Flint, MI 48507  
(810) 893-6489



**Zumba Gold** (1 hour) - A less intense version of the classic Zumba. This class offers fun music to keep the excitement high while keeping the impact low.

### Genesys Athletic Club (GAC)

801 Health Park Blvd  
Grand Blanc, MI 48439  
(810) 606-7300



**Fit Club Workouts** (45 minutes) – Join the Fit Club every Tuesday at 5:30 pm for fun boot camp style workout videos. All ages are encouraged to attend! Check out their [Facebook](#) page for up-to-date information!

### The Flint Local 432

124 W. 1<sup>st</sup> Street Flint, MI 48503 (810) 813-4000

[commit2fit.com](http://commit2fit.com)



Questions?  
Email  
[commit2fit@flint.org](mailto:commit2fit@flint.org)

**Yogalates Barres & Balls** – A well rounded class for all levels that combines the elements of Yoga, Pilates, Ballet, strength, and cardiovascular conditioning.

Friday's 5:30-6:30pm in ADR.  
September 16-December 16, 2016.

**Aquafitness**- An invigorating water workout. Ideal for all fitness levels. No swimming required



**Enhance Fitness** (1 hour) – A fun, energizing class geared toward improving overall functioning and well-being. Improve your cardiovascular fitness, strength, flexibility and balance!

### TIMES & LOCATIONS:

#### Hasselbring Senior Center

1002 Home Ave. Flint, MI 48504  
(810) 766-7128 Mon, Weds, & Fri 9-10 am



#### Faith United Methodist Church

2266 Coldwater Rd Flint, MI  
Tuesdays and Thursdays  
12:30-1:30 pm

#### Triumph/North Star (MBC) 1657 Broadway Blvd Flint, MI

Mondays- 6:00-7:00pm &  
Thursdays 5:30-6:30 pm

#### Flint Farmers' Market- Tuesdays &

Thursdays 10:00-11:00 am  
300 E. First St Flint, MI 48502  
(810) 232-1399



**Senior Stretch** (1 hour) - This class will help improve overall strength and flexibility. The class is led by a certified senior fitness instructor who will guide you through the exercises at your own pace. This class is perfect for all ability levels.

#### YMCA Downtown Flint

411 E. 3<sup>rd</sup> Street  
Flint, MI 48503  
(810) 232-9622



# WE WANT YOU FOR THE LEGISLATIVE LIAISON COMMITTEE!



**Young physicians - are you looking for  
interchange with your legislators?**

**Seasoned physicians - would you like to help bring  
GCMS and MSMS positions to the forefront?**

**Become involved in the GCMS Legislative Liaison Committee!**

Be a part of an elite group of communicators who meet  
with our elected officials.

You are invited to engage in conversation with your legislators on the first  
Monday of each month at 8:00am in the Rapport Conference Room  
at the GCMS office.

You may contact Pete Levine at [plevine@gcms.org](mailto:plevine@gcms.org)  
or call **810.733.9925**, if you would like to participate.

*This is a valuable opportunity; don't let it go to waste!*

**NEXT MEETING DATE: OCTOBER 3**



## YOUR \$\$\$ AT WORK

- GCMS convened second health care community meeting with the US Surgeon General
- GCMS provided practice managers meeting explaining multiple critical elements of practice
- GCMS continues to practice of helping physicians within maintenance of certification problems
- GCMS continues to work with third-party payers, hospitals, and other key parties to create a regional health information exchange, improve the community health, and work on developing innovative systems change models for this community factoring in its characteristics
- GCMS continues its leadership in the medical community by convening a Town Hall Meeting featuring the Chief Medical Officers of each major third-party payer impacting this community

*We place your interests first and strive for your success and satisfaction above all.*

*Trust us to provide payment solutions to your payment challenges.*

810.750.6822  
mktg@TheRybarGroup.com  
www.TheRybarGroup.com

THE  
**RYBAR**  
GROUP

HEALTHCARE FINANCIAL CONSULTANTS

Genesee County Medical Society Quarterly Dinner Business Meeting

**September 8, 2016**

A Medical Community Town Hall Meeting

# What is New – The Payer's Perspective, *What it Means to Physicians*

The physicians and practice managers of Genesee County are unlikely to have seen such an assembly of insurance company chief medical officer's in one place. Everyone should come to this meeting to hear what is coming, and to have an opportunity to dialogue with them.

Whether you are in an ACO, PO, or you have other affiliation such as hospital employee, etc, this is not a meeting to miss! Please invite other physicians and practice managers to this meeting!

## **Presenters:**

**Naim Munir, MD**

Senior Vice President and Chief Medical Officer  
Health Alliance Plan

**James Forshee, MD**

Chief Medical Officer  
Molina

**Kathleen Kudray, DO**

Chief Medical Officer  
McLaren Health Plan

**Marc Keshishian, MD**

Senior Vice President and Chief Medical Officer,  
Blue Care Network

**Thomas Simmer, MD**

Senior Vice President and Chief Medical Officer,  
Blue Cross Blue Shield of Michigan

## **Meeting Location:**

**Flint Golf Club**

**3100 Lakewood Drive  
Flint, MI 48507**

## **Evening Schedule:**

**6 pm, Registration & Social Hour**

**6:30 pm, Dinner**

**7 pm, Meeting**

**7:15 pm, Presentations**

***RSVP's requested by August 31, 2016***

**Please mail your reservation payment to:**

Genesee County Medical Society  
4438 Oak Bridge Drive, Suite B  
Flint, MI 48532

**GCMS Physicians, spouses, GCMSA, family members, practice staff  
and other interested professionals are encouraged to attend!**

**\$40.00 - GCMS Members, Spouses, Practice Managers, & Staff**

**\$40.00 - Genesee County Osteopathic Association Physician Members & Spouses**

**\$25.00 - Residents & Students**

**\$50.00 - All Non-Member Guests**

Email Sherry at [ssmith@gcms.org](mailto:ssmith@gcms.org) to register your attendance or call 810-733-9923 for more information.

# UNDER THE BIG TOP

## Annual President's Ball *A Family Affair*

Please Note the  
★ **Date** ★  
**Change**

**November  
19, 2016**

### READY TO MOVE IN 4,500 SQ. FT.

Custom designed physician office. Available for rent or purchase in Stone Bridge office complex off Linden Rd. across from Genesee County Medical Society. New roof and heating/cooling.  
**Contact 810-610-0965**

### AUTOCLAVE NEEDED

by not-for-profit urgent care center.  
Please contact Brenda at [bcraft@gcms.org](mailto:bcraft@gcms.org)  
or call (810) 232-2710.

### PHYSICIANS NEEDED

at the Emergency Medical Center of Flint Various shifts available for part-time, as well. Must be willing to do minor stitches, infants & children, splinting, and minor eye & ear procedures. This is a classic urgent care much like family practice. Hours of operation 9:30am – 9pm, 7 days a week, closed on major holidays Located at 2284 S. Ballenger Hwy., Suite 2, Flint, 48503.  
**Contact Pete Levine at 810-733-9925.**

**CHECK OUT OUR WEBSITE [WWW.GCMS.ORG](http://WWW.GCMS.ORG)**

CLASSIFIEDS

## HAPPY BIRTHDAY DOCTOR

SEPTEMBER

Aruna Anne, MD .....	1	John Doyle, MD.....	16
Ahm Huq, MD.....	1	James Kure, MD.....	16
Brian Shapiro, MD .....	1	Albert Macksood, MD.....	18
Ahad Ayaz, MD .....	2	Theodore Fellenbaum, MD .....	18
Eugene Becker, MD .....	3	Michael Beer, MD.....	18
Han Li, MD .....	3	Pongchayut Surapipith, MD.....	20
Shephali Malhotra, MD .....	3	Donald Scholten, MD .....	22
Ramotsumi Makhene, MD.....	4	Donald Robinson, MD .....	22
Douglas Congdon, DO .....	4	Wajdi Al Shweiat, MD .....	24
Bonita Wang, DO .....	4	Mahin Khan, MD .....	24
Damayanthi Pandrangi, MD.....	5	Mahesh Sharman, MD.....	25
Anish Bansal, MD .....	5	Terry Krznarich, MD .....	25
Sierra Cuthpert, DO.....	5	Michael Gedwill, DO .....	25
Alexander Chan, MD.....	6	Uzma Khan, MD .....	25
Joyce Fahrner, MD .....	7	Burt Parliament, MD .....	26
Linda Lawrence, MD .....	7	Keith Heslinger, MD .....	27
Joseph Kingsbury, DO .....	8	Eugene Chardoul, MD .....	28
Richard McMurray, MD .....	9	Rosario Villareal, MD .....	28
Robert Soderstrom, MD.....	9	Sergio Ponze, MD.....	28
Yannis Paulus, MD .....	9	Raad Al-Khoury, MD .....	28
Marjorie Otero, MD.....	10	Siddharth Vannemreddy, MD .....	28
Scott Garner, MD .....	11	Peter Moody, MD .....	29
Ishwar Dass, MD .....	13	Manoharan Eustace, MD.....	29
Leroy Johnson, MD .....	13	Nkechi Onwuzurike, MD .....	29
Norman Walter, MD .....	13	Stephen Kalstein, MD .....	30
Navneet Randhawa, MD .....	14	Robert Molnar, MD.....	30

## GCMS MEETINGS

— September 2016 —

### Legislative Liaison Committee

Recessed until October 3rd

### Town Hall Dinner Meeting, 9/8

6pm, Flint Golf Club

### 2016 Ball Committee, 9/13

12pm, GCMS Office

### Community & Environmental Health

Committee, 9/14

12:30pm, GCMS Office

### Practice Managers, 9/22

8am, GCMS Office

### MSF Fundraising Committee, 9/22

6pm, GCMS Office

### Finance Committee, 9/27

5:15pm, GCMS Office

### Board of Directors, 9/27

6pm, GCMS Office

### Community & Environmental Health Committee, 9/28

12:30pm, GCMS Office

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### President's Ball

November 12, 2016

6 o'clock pm

Genesys Conference & Banquet Center  
email [ssmith@gcms.com](mailto:ssmith@gcms.com) to register





**DONATE**

## *Medical Society Foundation Capital Campaign*

The Medical Society Foundation is engaged in a capital campaign. With a goal of \$2 million, the purpose of the campaign is to raise funds for the Foundation to use in support of the Genesee County Medical Society's charitable and public health related activities. We are seeking major gifts, and smaller ones too. Appreciated stock, IRA disbursements, and cash donations are all accepted with pleasure. The funds will go to the best of all uses. Examples of the types of activities that the funds have supported include the Genesee County Medical Society's efforts on behalf of a safer flint water supply, human trafficking advocacy and education, and support of end-of-life, fitness and community health initiatives.

Please do not hesitate to contact Pete Levine for more information at 810-733-9925 or [plevine@gcms.org](mailto:plevine@gcms.org).

Sincerely yours,



Allen F. Turcke, MD  
President  
Medical Society Foundation  
Deborah Duncan, MD



Immediate Past President  
Genesee County Medical  
Society  
Pino Colone, MD



President  
Genesee County Medical  
Society

Application Code: \_\_\_\_\_

# State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at [www.joinmsms.org](http://www.joinmsms.org)

- |  |   |
|--|---|
| <input type="radio"/> I am in my first year of practice post-residency.                          | <input type="radio"/> I work 20 hours or less per week.       |
| <input type="radio"/> I am in my second year of practice post-residency.                         | <input type="radio"/> I am currently in active military duty. |
| <input type="radio"/> I am in my third year of practice post-residency.                          | <input type="radio"/> I am in full, active practice.          |
| <input type="radio"/> I have moved into Michigan; this is my first year practicing in the state. | <input type="radio"/> I am a resident/fellow.                 |

Male     Female

First (legal) Name: \_\_\_\_\_ Middle Name: \_\_\_\_\_ Last Name: \_\_\_\_\_     MD     DO

Nickname or Preferred Form of Legal Name: \_\_\_\_\_ Maiden Name (if applicable) \_\_\_\_\_

Job Title: \_\_\_\_\_

W Phone \_\_\_\_\_ W Fax \_\_\_\_\_ H Phone \_\_\_\_\_ H Fax \_\_\_\_\_

Mobile: \_\_\_\_\_ Email Address \_\_\_\_\_

Office Address     Preferred Mail     Preferred Bill     Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Address     Preferred Mail     Preferred Bill     Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\*Please base my county medical society membership on the county of my (if addresses are in different counties):  Office Address     Home Address

\*Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Birth Country \_\_\_\_\_ MI Medical License #: \_\_\_\_\_ ME #: \_\_\_\_\_

Medical School \_\_\_\_\_ Graduation Year: \_\_\_\_\_ ECFMG # (if applicable) \_\_\_\_\_

Residency Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Fellowship Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Hospital Affiliation \_\_\_\_\_

• Primary Specialty \_\_\_\_\_ Board Certified:  Yes     No

• Secondary Specialty \_\_\_\_\_ Board Certified:  Yes     No

Marital Status:  Single     Married     Divorced    Spouse's First Name: \_\_\_\_\_ Spouse's Last Name: \_\_\_\_\_

Is your spouse a physician?:  Yes     No    If yes, are they a member of MSMS?:  Yes     No

Within the last five years, have you been convicted of a felony crime?:  Yes     No    If "yes," please provide full information: \_\_\_\_\_

Within the last five years, have you been the subject of any disciplinary action by any medical society or hospital staff?:  Yes     No

If "yes," please provide full information: \_\_\_\_\_

I agree to support the County Medical Society Constitution and Bylaws, the Michigan State Medical Society Constitution and Bylaws, and the Principles of Ethics of the American Medical Association as applied by the AMA and the MSMS Judicial Commission.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

County Medical Society Use Only  
Reviewed and Approved by: \_\_\_\_\_