



# THE BULLETIN

**DECEMBER 2023 VOLUME 100, NUMBER 12**



*Dr. Macksood Aftab , President 2023-24*

*Genesee County*



**OPIOID CONTROLLED SUBSTANCE AWARENESS**



**LONG FINANCIAL COVID?????**



**MEDICAL SOCIETY URGES ATTY GENERAL TO INVESTIGATE**

**"CORPORATE MEDICINE" FOR VIOLATING STATE LAW...**



**INSURANCE PRIOR AUTHORIZATION UPDATE**

BCBSM/BCN - Starting January 1, Prior Authorization  
no Longer Required for Certain  
Procedures

GENESEE COUNTY MEDICAL SOCIETY

*Organized Medicine's Leading Edge*

*Since 1841*

*THE BULLETIN is published monthly by:  
The Genesee County Medical Society*

**GCMS OFFICERS 2024**

Macksood Aftab, MD, President  
President Elect, Omari Young, M.D  
Paul Kocheril, MD, Immediate Past Pres.  
Brenda Rogers-Grays, DO , Secretary  
Ethiraj Raj, MD ,Treasurer

**MSMS OFFICERS 2024**

John Waters, MD-Treasurer

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**DELEGATES**

Macksood Aftab, DO  
Pino Colone, MD  
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Omari Young, MD  
Rama Rao, MD  
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**ALTERNATE DELEGATES**

Khalid Ahmed, MD  
Sunilkumar Rao, DO  
Qazi Azher, MD  
Bobby Mukkamala, MD

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David Hoff, MA, CCP

**EXECUTIVE ASSISTANT**

Melissa Keller

**December 2023 VOLUME 100, NUMBER 12**

# **THE BULLETIN**

READ BY 96% OF GCMS MEMBERS

## **FEATURE ARTICLES**

Commit To Fit	24
COVID-19 Resources	27
Safe Haven: Physician and Provider Well Being Program	34

## **REGULARS**

GCMS Meetings	4
President's Message	6
Executive Director's Message	7

**Our Vision**

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

**Our Mission**

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

**PLEASE NOTE**

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

**THE BULLETIN**

Published by the Genesee County Medical Society Publication Office  
4438 Oak Bridge Drive, Suite B, Flint, Michigan 48532  
Phone (810) 733-9923

By subscription \$60 per year. Member subscription included with Society dues. Contributions to **THE BULLETIN** are always welcome. Forward news extracts or material of interest to the staff before the 1st of the month. All statements or comments in **THE BULLETIN** are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society .

# Experience the **RMI** difference!

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**Evening and weekend appointments available!**

**Practice Managers**

January 11, 2024

9:00 a.m.

**Board of Directors**

January 23, 2024

6:00 P.M.

**Legislative Meeting**

February 5, 2024

8:00 a.m.

**Medical Society Foundation Meeting**

February 17 2024

2023

6:00 p.m.

**Town Hall Meeting**

March 2024

TBD

\*All meetings are via Zoom unless otherwise noted

## *Announcement*

GCMS members now entitled  
to a 15% discount on automobile  
and homeowners insurance.

For details, contact:

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Post-COVID-19 sleepiness, fatigue, focus, and memory problems may be due to undiagnosed OSA.

[HCP Live](#) (11/25, Derman) reported, "Post-COVID-19 symptoms like daytime sleepiness, fatigue, and memory/concentration problems may be because of reduced sleep efficiency and undiagnosed obstructive sleep apnea, a...study found." In the study, a "polysomnography revealed 26% (n = 9) had a sleep latency of < 30 minutes, 35% (n = 12) had a total sleep time of < 6 hours, and 50% (n = 17) had a reduced sleep efficiency of < 80%." The [findings](#) were published in the European Journal of Neurology.



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## GENESSEE COUNTY MEDICAL SOCIETY

### What We Do

#### *The Leading Edge of Organized Medicine*

Membership in the Genesee County Medical Society (GCMS) gives you the opportunity to share resources, discuss ideas, and network with some of the most active and respected physicians in the state. You will receive news and information via The Bulletin magazine, meetings, faxes, and emails. Because GCMS is politically aggressive, it can provide its members with myriad opportunities to shape the future of medicine locally, as well as on a state and national level.

When you join GCMS you also join the Michigan State Medical Society (MSMS). MSMS has experts to assist you with practice management, business strategies, third party reimbursements, and contracting issues. The MSMS monthly magazine, Michigan Medicine, and the weekly newsletter "Medigram", are also provided.

Both organizations give you the information you can really use and tools you need to stay current, anticipate developments, and make decisions as they relate to your career.

## *PRESIDENT'S MESSAGE*

The approaching holidays and end of year are an opportunity to take stock and express gratitude for all of the things we have been blessed with. Amongst these is the opportunity to practice medicine.

Medicine allows us to synthesize state of the art scientific knowledge with professional wisdom to care for patients. Having these skills and having the opportunity to use them to care for our community, is indeed a blessing.

The County Medical Society is committed to helping and supporting physicians in our community to be able to continue to practice this beautiful art of medicine. It also works to ensure patients are getting care from the highest qualified professionals.

GCMS is planning some exciting programming for 2024 and we look forward to your participation in all of them!

Happy Holidays.

Macksood Aftab, DO, MHA, CAQ  
President, GCMS



*Dr. Macksood A. Aftab, DO*

## EXECUTIVE DIRECTOR'S MESSAGE

### Memory Lane

I have been associated with medicine in Genesee County for over 38 years. My entire career has been as a perfusionist for cardiac surgery at McLaren Flint Hospital.

Throughout my years in the medical field, I have met many wonderful healthcare professionals. Many have retired from medicine. Through GCMS, I have been able to reconnect with some old retired friends. This is a definite benefit to the position of Executive Director.

Recently retired vascular surgeon Dr. Carlo Dall'Olmo, contacted me with a surprise phone call. Carlo challenged me with an interesting project. His request was to look for a membership photo that was taken by GCMS over 50 years ago.

As I began looking through the Genesee County Medical Society archives, it became apparent, this was a walk down memory lane. I viewed photos of physicians that I have not seen in over 30 years. I viewed many old photos of friends that have either retired or passed away.

In my review of the GCMS archives, a picture was discovered of Dr. Dall'Olmo's group from 1990. Vascular Surgery Associates (1990) are now known as Michigan Vascular Center.

I would like to thank Dr. Carlo Dall'Olmo for contacting me and his 38-year friendship.

This was a fascinating project!

In the future I will be reviewing the remaining 17 years of archives. I will report on my discoveries at a later date.

Genesee County Medical Society holds a special place in medicine within the county.

Preserving the archives reflects a commitment to the medical community's rich history.

Have a Happy and Joyous Holiday Season!

[executivedirector@gcms.org](mailto:executivedirector@gcms.org)

**DAVID HOFF, MA, CCP**





# FROM THE GCMS ARCHIVES...

**"The Michigan Physicians group plan gave us availability, affordability and reliability."**



Frederick W. Sherrin, M.D.



Allan L. Ippolito, M.D.



Albert J. Macksood, M.D.

"When we first heard about the Michigan Physicians Group Professional Liability Plan, we had some doubts. We weren't sure the product would meet the needs of our group.

The Michigan Physicians staff spent considerable time answering our questions and helping us feel secure about the product. They worked with us to fit the coverage to our particular group, offering choices in policy type, limits, premium discounts and deductibles.

The availability of \$1 million/\$3 million coverage was a big plus, and we were impressed that the limits protected the corporation and each practitioner separately. We felt the cost was the best for the amount of coverage we needed.

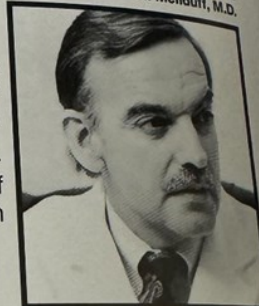
We looked at other programs, but Michigan Physicians had a good track record, and we felt safe with a Michigan company. We knew Michigan Physicians wouldn't put us out on a limb.

We were concerned about availability, affordability and reliability. The higher limits, cost savings and financial stability of the Michigan Physicians Group Professional Liability Plan gave us all three."

**Vascular Surgery Associates, P.C. – Flint, Michigan**



John M. McIluff, M.D.



Carlo A. Dall'Olmo, M.D.



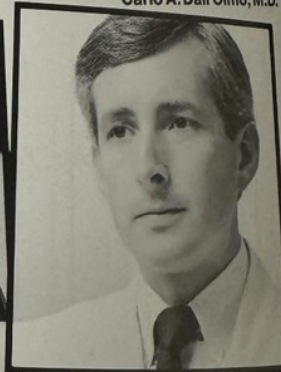
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Wayne K. Kinning, M.D.

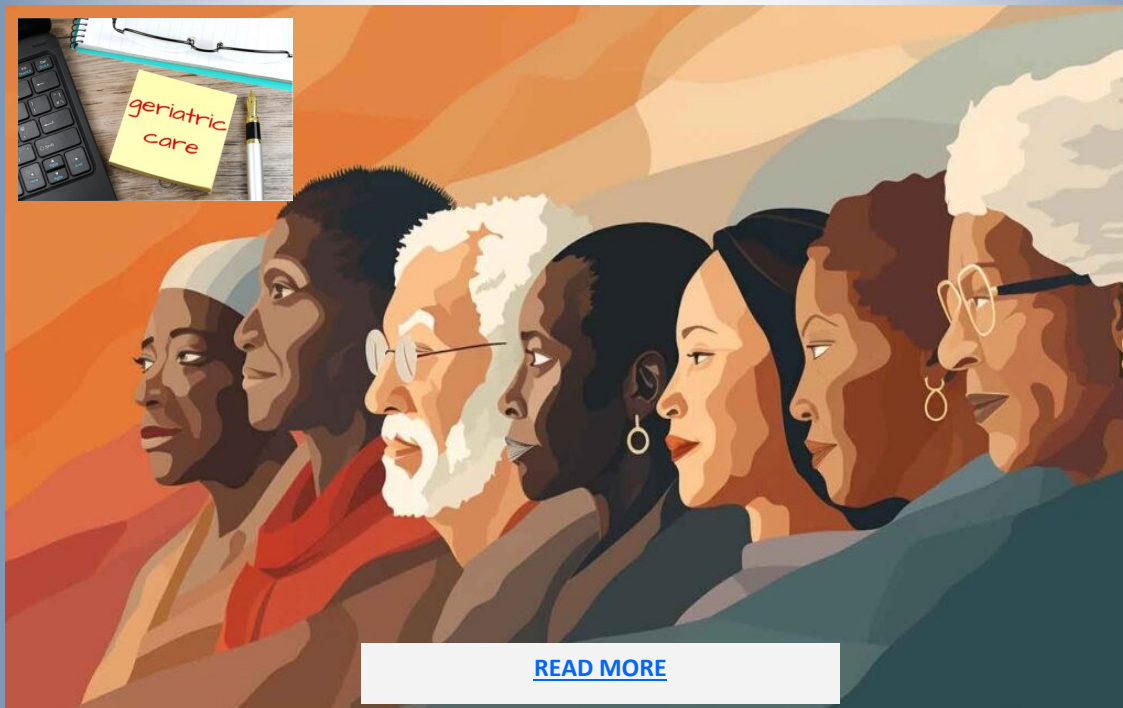




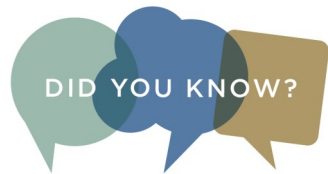
In asking state Attorney General Dana Nessel to investigate what it claims is “widespread violations of Michigan’s prohibition on the corporate practice of medicine,” the Michigan State Medical Society wants to bring greater awareness to a growing issue within health care.

[READ MORE](#)

Racial, ethnic disparities in long-term care remain among older adults despite passage of ACA



[READ MORE](#)



# From the AMA

***Long financial COVID? After acute phase, costs keep mounting***

***Research is uncovering how COVID-19 sends health care expenses soaring, even up to four months after diagnosis.***



[Learn more with the AMA.](#)

**What CAN I Do?**

**“Physicians must speak up on Medicare pay  
Physicians’ voices will be critical in canceling the 2024 pay cut and fixing Medicare now”**



[Learn what you can do.](#)

***Leadership Viewpoint » Congressional action is needed—now—on Medicare payment reform...***

***Older adults everywhere, and the physicians who care for them, are counting on Congress to prevent yet another round of Medicare payment cuts.***



[Read more from AMA President Jesse M. Ehrenfeld, MD, MPH.](#)

\*see if they have a new one\*



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- Minimally Invasive/Robotic Surgery



**Adam Howell, DO**

- Adult & Pediatric Trauma & Surgical Critical Care
- Acute Care Surgery/Burn Surgery
- General Surgery
- Hernia Surgery/Hiatal & Giant/Complex Reconstruction
- Minimally Invasive/Robotic Surgery



**Gul Sachwani-Daswani DO, FACOS**

- Trauma Medical Director
- Adult & Pediatric Trauma & Surgical Critical Care
- Acute Care Surgery/Burn Surgery
- Bariatric Surgery
- General Surgery
- Hernia Surgery/Hiatal & Giant/Complex Reconstruction
- Minimally Invasive/Robotic Surgery



**Kristoffer Wong DO, FACOS**

- Director of Hurley Hernia Center of Excellence
- Director of Surgical Robotics
- Adult & Pediatric Trauma & Surgical Critical Care
- Acute Care Surgery/Burn Surgery
- Bariatric Surgery
- General Surgery
- Hernia Surgery/Hiatal & Giant/Complex Reconstruction
- Minimally Invasive/Robotic Surgery



## Osteopathic Physician (DO) Licensure Requirements

Each osteopathic physician is required to accumulate 150 hours of continuing education in activities approved by the board during the 3 years immediately preceding the application for renewal of which a minimum of 60 hours of the required 150 hours must be earned through Category 1 programs. Following are other license requirements for:

### Controlled Substance Licenses:

#### Opioids and Other Controlled Substances Awareness Training Standards for Prescribers and Dispensers of Controlled Substances

This is a one-time training that is separate from continuing education for an individual seeking a controlled substance license or who is licensed to prescribe or dispense controlled substances.

Licenseses that prescribe or dispense controlled substances who renewed in 2019 must complete training by January 2023; renewals for 2020 by 2024, renewals for 2021 by 2025. Beginning in September 2019, completion of the training is a requirement for initial licensure.

Training content must cover all of the following topics:

- ◆ Use of opioids and other controlled substances.
- ◆ Integration of treatments.
- ◆ Alternative treatments for pain management.
- ◆ Counseling patients on the effects and risks associated with using opioids and other controlled substances.
- ◆ The stigma of addiction.
- ◆ Utilizing the Michigan Automated Prescription System (MAPS).
- ◆ State and federal laws regarding prescribing and dispensing controlled substances.
- ◆ Security features and proper disposal requirements for prescriptions.

### For Medical Licenses:

#### Training Standards for Identifying Victims of Human Trafficking

This is a one-time training that is separate from continuing education. Licensees renewing for 2017 must complete training by renewal in 2020; renewals for 2018 by 2021, and renewals for 2019 by 2022. Beginning in 2021, completion of the training is a requirement for initial licensure.

Training content shall cover all of the following:

- ◆ Understanding the types and venues of human trafficking in this state or the United States.
- ◆ Identifying victims of human trafficking in health care settings.
- ◆ Identifying the warning signs of human trafficking in health care settings for adults and minors.
- ◆ Resources for reporting the suspected victims of human trafficking.

#### Education on Pain and Symptom Management

A minimum of 3 hours of continuing education every 3-year relicensure cycle. At least 1 of the 3 hours must include controlled substances prescribing.

Continuing education hours may include, but are not limited to, any of the following areas:

- ◆ Public health burden of pain.
- ◆ Ethics and health policy related to pain.
- ◆ Michigan pain and controlled substance laws.
- ◆ Pain definitions.
- ◆ Basic sciences related to pain including pharmacology.
- ◆ Clinical sciences related to pain.
- ◆ Specific pain conditions.
- ◆ Clinical physician communication related to pain.
- ◆ Management of pain, including evaluation and treatment and nonpharmacological and pharmacological management.
- ◆ Ensuring quality pain care and controlled substances prescribing.
- ◆ Michigan programs and resources relevant to pain.

### Medical Ethics

A minimum of one-hour of continuing education every 3-year relicensure cycle.

#### Implicit Bias

A minimum of 3 hours every 3-year relicensure cycle. New licensees need 2 hours within the 5 years immediately preceding.

Renewals from June 1, 2022 – May 31, 2023, need 1 hour; renewals from June 1, 2023 – May 31, 2024, need 2 hours; renewals from June 1, 2024 – May 31, 2025, need 3 hours. Then after, every 3-year renewal cycle will need to report 3 hours. (Any hours after June 2021 can be used.)

Training must include strategies to reduce disparities in access to and delivery of health care services and the administration of pre- and post-test implicit bias assessments.

Acceptable modalities of training include asynchronous teleconference or webinars, in addition to live activities and live webinars.

Training content must include, but is not limited to, 1 or more of the following topics:

- ◆ Information on implicit bias, equitable access to health care, serving a diverse population, diversity and inclusion initiatives, and cultural sensitivity.
- ◆ Strategies to remedy the negative impact of implicit bias by recognizing and understanding how it impacts perception, judgment, and actions that may result in inequitable decision making, failure to effectively communicate, and result in barriers and disparities in the access to and delivery of health care services.
- ◆ The historical basis and present consequences of implicit biases based on an individual's characteristics.
- ◆ Discussion of current research on implicit bias in the access to and delivery of health care services.



## Medical Doctor (MD) Licensure Requirements

Each medical doctor is required to complete 150 hours of continuing education in courses or programs approved by the board of which a minimum 75 hours of the required 150 hours must be earned in courses or programs designated as Category 1 programs. Other license requirements are listed here:

### Controlled Substance Licenses

#### Opioids and Other Controlled Substances Awareness Training Standards for Prescribers and Dispensers of Controlled Substances

This is a one-time training that is separate from continuing education for an individual seeking a controlled substance license or who is licensed to prescribe or dispense controlled substances.

Licensees that prescribe or dispense controlled substances who renewed in 2019 must complete training by January 2023; renewals for 2020 by 2024, renewals for 2021 by 2025. Beginning in September 2019, completion of the training is a requirement for initial licensure.

Training content must cover all of the following topics:

- ◆ Use of opioids and other controlled substances.
- ◆ Integration of treatments.
- ◆ Alternative treatments for pain management.
- ◆ Counseling patients on the effects and risks associated with using opioids and other controlled substances.
- ◆ The stigma of addiction.
- ◆ Utilizing the Michigan Automated Prescription System (MAPS).
- ◆ State and federal laws regarding prescribing and dispensing controlled substances.
- ◆ Security features and proper disposal requirements for prescriptions.

### Medical Licenses

#### Training Standards for Identifying Victims of Human Trafficking

A one-time training, separate from continuing education. Licensees renewing for 2017 must complete training by renewal in 2020; renewals for 2018 by 2021, and renewals for 2019 by 2022. Beginning in 2021, completion of the training is a requirement for initial licensure. Training content shall cover all of the following:

- ◆ Understanding the types and venues of human trafficking in this state or the United States.
- ◆ Identifying victims of human trafficking in health care settings.
- ◆ Identifying the warning signs of human trafficking in health care settings for adults and minors.
- ◆ Resources for reporting the suspected victims of human trafficking.

#### Education on Pain and Symptom Management

A minimum of 3 hours of continuing education every 3-year relicensure cycle. At least 1 of the 3 hours must include controlled substances prescribing. Continuing education hours may include, but are not limited to, any of the following areas:

- ◆ Public health burden of pain.
- ◆ Ethics and health policy related to pain.
- ◆ Michigan pain and controlled substance laws.
- ◆ Pain definitions.
- ◆ Basic sciences related to pain including pharmacology.
- ◆ Clinical sciences related to pain.
- ◆ Specific pain conditions.
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- ◆ Ensuring quality pain care and controlled substances prescribing.
- ◆ Michigan programs and resources relevant to pain.

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Training must include strategies to reduce disparities in access to and delivery of health care services and the administration of pre- and post-test implicit bias assessments.

Acceptable modalities of training include asynchronous teleconference or webinars, in addition to live activities and live webinars.

Training content must include, but is not limited to, 1 or more of the following topics:

- ◆ Information on implicit bias, equitable access to health care, serving a diverse population, diversity and inclusion initiatives, and cultural sensitivity.
- ◆ Strategies to remedy the negative impact of implicit bias by recognizing and understanding how it impacts perception, judgment, and actions that may result in inequitable decision making, failure to effectively communicate, and result in barriers and disparities in the access to and delivery of health care services.
- ◆ The historical basis and present consequences of implicit biases based on an individual's characteristics.
- ◆ Discussion of current research on implicit bias in the access to and delivery of health care services.

A red stamp with a distressed texture, featuring a circular border with stars and a central rectangular box containing the word "ATTENTION" in white, bold, uppercase letters.

**ATTENTION**

A bright yellow starburst graphic with multiple points, containing text in red.

**9:00 A.M.**

**Via Zoom**

**ATTENTION: PRACTICE MANAGERS  
AND OFFICE STAFF!**

**Genesee County Medical Society addresses issues of concern  
for medical professionals!**

Please join GCMS and SOVITA in monthly meetings for  
practice managers and office staff of *all member physicians*.

*Please email [executivedirector@gcms.org](mailto:executivedirector@gcms.org) to RSVP,*

***YOU WILL RECEIVE A ZOOM INVITE***

**NEXT MEETING DATE:**

**January 11, 2024— 9:00 A.M.**

*You do not want your Practice Manager to miss out  
on these valuable meetings!*

The logo for Sovita Credit Union, featuring the word "Sovita" in a large, red, sans-serif font with a registered trademark symbol, and "CREDIT UNION" in a smaller, gold, sans-serif font below it, all within a white box with a red border.

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## WHAT CLINICIANS NEED TO KNOW

**L**egislation was signed in April 2022 through the support of the MSMS-initiated and led Health Can't Wait, a coalition with more than 50 healthcare, clinician, and patient advocacy organizations. This legislation puts more control back in the hands of clinicians and patients.

Public Act 60 of 2022 provides prior authorization (PA) reform with the goal of a quicker, more effective, and more transparent process. It does not repeal PA.

All provisions will be fully in effect as of **June 1, 2023**, including major components such as electronic submission and faster timelines.

These reforms apply to health care insurers (and their contracted third-party vendors) and healthcare professionals whose beneficiaries/patients have commercial insurance policies regulated by the Michigan Department of Insurance and Financial Services. **They do not impact Medicaid, Medicare, Medicare Advantage, or self-funded plans.**

Check insurers' provider news, updates, portals, etc. to learn of any new processes related to online submission, appeals, eligibility, and PA requirements related to the law's implementation.

**Please review the key provisions below for additional details and requirements.**

### Electronic Submissions

#### Beginning June 1, 2023:

- Insurers **must provide** an online method through which practitioners can electronically submit PA requests for any benefits requiring PA, including prescription drugs. Facsimiles do not count as an acceptable method.
- Physicians and other health care professionals **must submit** PA requests electronically. The only exception is for a temporary technological or electrical failure.

### Timeliness of Decisions

	Urgent		Non-Urgent	
	Timeframe	Considered Granted	Timeframe	Considered Granted
<b>Beginning June 1, 2023</b>	Acted upon within 72 hours	Insurer fails to act after 72 hours	Within nine (9) calendar days	Insurer fails to act after nine (9) calendar days
<b>After May 1, 2024</b>	Acted upon within 72 hours	Insurer fails to act after 72 hours	Within seven (7) calendar days	Insurer fails to act after seven (7) calendar days
<b>Valid for</b>	A minimum of 60 days or the length of time that's clinically appropriate, whichever is longer			

NOTE: If you are requested to provide additional information, it is important to do so as quickly as possible as the turnaround time noted above will reset and the insurer will be required to make a determination following the receipt of the additional information within the prescribed timelines for urgent or non-urgent requests.



## Review by Peers

Puts conditions on health care practitioners reviewing appeals (e.g., no financial stake in decision, not involved in prior denial, etc.). Any adverse determinations regarding a PA request for a non-pharmacy benefit must be made by a licensed physician and by a physician or pharmacist for a pharmacy benefit. If a denial is appealed, the denial cannot be affirmed unless it has been reviewed by a licensed physician who is board-certified or eligible in the same specialty as the service provided. An exception is allowed if finding such an individual would delay a decision within the required timeframe. In this instance, a physician in a similar general specialty could be utilized.

## Clinical Validity

PA requirements must be based on peer-reviewed clinical review criteria. The criteria must:

- Take into account the needs of atypical patient populations and diagnoses.
- Reflect community standards of care.
- Ensure quality of care and access to needed health care services.
- Be evidence-based criteria.
- Be publicly available free of charge.
- Be sufficiently flexible to allow deviations from norms when justified on a case-by-case basis.
- Be evaluated and updated, if necessary, at least annually.

## Transparency

PA requirements, including amendments, must be publicly and conspicuously posted online within a specified timeline. Insurers are also required to submit an annual report to the Michigan Department of Insurance and Financial Services (DIFS) which must include aggregated trend data related to the insurer's PA practices and experience for the prior plan year. DIFS shall post an annual report with aggregated data by October 1 of each year.

In cases of PA denials, the health care professional must be notified of the reasons for the denial and related evidence-based criteria, their right to appeal, instructions on how to file the appeal, and any other documentation necessary to support the appeal.

## Gold Carding

Insurers are required to adopt a program that promotes the modification of certain PA requirements based on health care professionals' adherence to nationally recognized evidence-based medical guidelines and other quality guidelines.

**Health Can't Wait** is a coalition of patients, physicians, and health care providers dedicated to putting Michigan patients first and ending delays in patients' access to health care:

Allergy and Asthma Network  
Alliance for Patient Access  
AARP Michigan  
American Autoimmune Related Diseases Association  
American Cancer Society  
Cancer Action Network  
American College of Cardiology, Michigan Chapter  
American College of Physicians, Michigan Chapter  
American Diabetes Association  
American Lung Association in MI  
American Medical Association  
APTA Michigan

The Arc Michigan  
Berrien County Medical Society  
Calhoun County Cancer Control Coalition  
Epilepsy Foundation of Michigan  
Genesee County Medical Society  
Hemophilia Foundation of Michigan  
Henry Ford Medical Group  
Huron Valley Physicians Association  
Ingham County Medical Society  
International Myeloma Foundation  
Jackson County Medical Society  
Kent County Medical Society  
Macomb County Medical Society  
MI Academy of Family Physicians

MI Bioscience  
MI Chapter American Academy of Pediatrics  
MI Coalition for Affordable Prescriptions  
MI Council For Maternal & Child Health  
MI Dermatological Society  
MI Podiatric Medical Association  
MI Psychiatric Society  
MI Radiological Society  
MI Rheumatism Society  
MI Society of Anesthesiologists  
MI Society of Eye Physicians and Surgeons  
MI Society of Hematology & Oncology  
MI Society of Interventional Pain Physicians  
MI Society of Pathologists  
MI State Medical Society

Muskegon County Medical Society  
National Marrow Donor Program  
National Multiple Sclerosis Society, Michigan Chapter  
New Day Foundation for Families  
Oakland County Medical Society  
Saginaw County Medical Society  
Sickle Cell Disease Association of America - Michigan Chapter  
St. Clair County Medical Society  
Susan G. Komen  
UNIFIED - HIV Health and Beyond  
Washtenaw County Medical Society  
Wayne County Medical Society of Southeast Michigan

[www.healthcantwait.org](http://www.healthcantwait.org)

*OPIOID CRISIS- Webinar Tentatively scheduled  
for April, 2024.*



*Survey finds most physicians see  
advantage in using AI, (Augmented  
Intelligence) but remain concerned...*



Politico (12/14, Paun, Payne, Reader, Schumaker, Peng)

reports most physicians “see at least some advantage in using” AI, “but their level of concern almost exactly matches their level of excitement, according to a [survey](#) [PDF] from the American Medical Association.” The survey, “which refers to AI as augmented intelligence as well as artificial intelligence, found doctors see the most promise in the technology’s potential in diagnostics and improved efficiency in their practices.”



**DAVID HOFF**  
CEO

(810) 407-4921  
hoffshealthybooks@gmail.com

hoffshealthybooks.com

Certified QuickBooks  
Online ProAdvisor

- Provide bookkeeping and general ledger entry input for QuickBooks Online.
- Generate income reports as needed.
- Perform budgeting and fixed cost analysis.
- Offer payroll services.
- Provide QuickBooks Online set up and consulting.

## ***Your Membership at Work***



- ◆ GCMS hosts monthly Practice Manager's meeting discussing complicated insurance issues in round table discussions with various insurance companies. If you find on-going insurance issues, please reach out to GCMS staff at [executivedirector@gcms.org](mailto:executivedirector@gcms.org) and we can connect that insurance company representative with our hard working Practice Managers.
- ◆ GCMS staff helped Genesee County residents with contacts, resources and explanations.
- ◆ GCMS Membership Committee has collaborated and has a plan in place to reach out to and meet with various practices in Genesee County. If you have colleagues that are not yet GCMS members, please connect with them! \*\*\*\* A flyer of GCMS benefits can be provided to you.



# Congratulations!



## Macksood Aftab, DO

On your appointment  
as the 2023-2024  
Genesee County Medical  
Society President!

Your partners and colleagues wish you a very  
successful year!



# ARIA

ART OF RADIOLOGY IMAGING ASSOCIATES

Radiology services provided at:

- Ascension Genesys Hospital
- Ascension Standish Hospital
- Ascension St. Mary's Hospital
- Ascension St. Joseph Tawas Hospital



*If you missed the opportunity to  
sponsor this years*

*PRESIDENT’S BALL.... Please  
consider sponsoring for next  
years!!Just click the link at the  
**bottom of the page!***

*Thank you!*



**To sponsor**

# MSMS Resource Guide



For information on the topics listed here, dial 517/336-plus the four digit extension (unless full number is provided).  
For information on a topic not listed here, call MSMS at 517/337-1351 or 800/352-1351.

**JOIN MSMS**  
Membership  
517-336-5716  
membership@msms.org

#### EDUCATION

**Rebecca Blake**  
517-336-5729  
rblake@msms.org

#### HUMAN RESOURCES

**Jodi Schafer, SPHR, SHRM-SCP**  
517-336-5716  
msms.org/HR

#### INSURANCE/ MEDICAL, DENTAL, VISION

**Diane Wheelock**  
517-336-7591  
dwheelock@msms.org

#### INSURANCE/LIABILITY

**Julie Ozburn**  
517-899-1457  
jozburn@msms.org

#### LEGISLATIVE ADVOCACY

**Josiah Kissling**  
517-336-5737  
jkissling@msms.org

#### MEDICAL/ REGULATORY POLICY

**Stacey Hettiger**  
517-336-5766  
shettiger@msms.org

#### PHYSICIAN LICENSING

**Brenda Marenich**  
517-336-7580  
bmarenich@msms.org

#### REIMBURSEMENT ADVOCACY

**Stacie Saylor**  
517-336-5722  
ssaylor@msms.org

Alliance.....	313/408-1359
AMA Delegation.....	5766 or 5788
Annual Scientific Meeting.....	5789
Antitrust Issues.....	5766
Board of Directors.....	5729
Chief Executive Officer.....	5729
Closing a Practice.....	5766
Coding & Billing Questions.....	5722
Continuing Medical Education.....	7580
• Accreditation.....	7580
Contracting Checklists.....	5766
Committees.....	5723
Corporate Compliance.....	5766
County Medical Societies.....	5729
Durable Power of Attorney (to order forms).....	5727
E & M Coding.....	5722
Educational Programs.....	5723
Employed Physicians.....	5716
Government Relations/Advocacy.....	5737
Group Practice Resources.....	5716
Health Care Law.....	5766
Health Information Technology.....	5770
House of Delegates.....	5723
Human Resource.....	5729
Immunizations.....	5770
Information Systems.....	7604
Insurance – Medical, Dental, Vision, Liability.....	877/742-2758
International Medical Graduate Section.....	5723
Managed Care Contracting.....	5766
Medicaid & Medicare • Legislation/Funding.....	5737
• Reimbursement.....	5722
Medical Education.....	5729
Medical Ethic.....	5789
Medical Records Release.....	5766
Medical Student Section.....	5723
Medigram.....	5737
• Advertising.....	5737
• Editor.....	5737
Meeting Registration.....	5789

#### Membership

• Account Specialists.....	5716
• Applications.....	5716
• Change of Address.....	5716
• Dues Processing.....	5716
• Retired/Life Benefits.....	5716
Michigan Doctors' PAC.....	5737
MSMS Foundation.....	5723
Organized Medical Staff Section.....	5723
Patient Centered Medical Home.....	5770
Practice Solutions.....	5753
Professional Liability Insurance.....	517/899-1457
Reimbursement Advocate.....	5722
Resident and Fellow Section.....	5723
Risk Management (The Doctors Company).....	517/899-1457
Starting a Practice.....	5766
Third-Party Payer Issues.....	5722
Website.....	5737
Workers' Compensation.....	5722
Young Physician Section.....	5723

#### MSMS SUBSIDIARIES & AFFILIATES

MSMS Physicians Insurance Agency..	877/742-2758
Physician Review Organization.....	517/336-1400
Prof. Credential Verification Service..	517/336-1400

#### ADDITIONAL IMPORTANT NUMBERS

American Medical Association.....	800/262-3211
American Osteopathic Association..	312/202-8000
Drug Enforcement Agency.....	202/307-1000
Medicaid Provider Inquiry, Medicare Customer Service.....	800/292-2550
MI Board of Medicine.....	517/335-0918
MI Board of Osteopathic Medicine and Surgery.....	517/335-0918
MI Department of Health and Human Services • Local.....	517/373-3740
• Toll free.....	800/292-2550
MI Health Prof. Recovery Corp.....	800/453-3784

### Michigan State Medical Society

PO Box 950 East Lansing, MI 48826 | Membership Fax Line: 517-336-5716

*Please email or call if you have any member benefit questions!*

# Join Us for a FREE Safe Medication Disposal Program

Safely disposing of medication is a simple way to help reduce the chance of drug misuse.



## We will accept disposal of:

- Prescription Pills
- Needles
- Patches
- Liquid Medication

**FREE** Narcan, Fentanyl testing strips, and take home disposal kits will be available!

**FREE** Stroke screening will be available on site!

**MORE INFORMATION:**  
[OPIOIDINFO@FLINT.ORG](mailto:OPIOIDINFO@FLINT.ORG)

## When? 9:00am - 2:00pm

April 27    August 24  
May 25    September 28  
June 22    October 26  
July 27    December 28

## Where?

Genesee County Free Medical Clinic  
2437 Welch Blvd  
Flint, MI 48504



This project is supported by Michigan's FY 21 Comprehensive Opioid, Stimulant, and Substance Abuse Program # 15PBJA-21-GG-04538-COAP, awarded by the Bureau of Justice Assistance, Office of Justice Programs, U.S. Department of Justice (DOJ), and administered by the Michigan State Police (MSP). Points of view or opinions contained within this document do not necessarily represent the official position or policies of the DOJ or the MSP.





# COMMIT TO FIT!

## Virtual Fitness Guide

### Commit to Fit!



Visit [commit2fit.com](https://commit2fit.com) to track all of your physical activity and keep track of your fitness goal!

### University of Michigan - Flint



Click [HERE](#) for daily workouts!

### Crim Fitness Foundation



Visit [crim.org](https://crim.org) for a variety of yoga and mindfulness practices!

### Ascension Genesys Athletic Club



Click [HERE](#) for intense & moderate workout videos!

### YMCA - 360



Visit [ymca360.org](https://ymca360.org) for fitness classes of all ages!

### Arthritis Foundation



Click [HERE](#) for arthritis exercises!

INTERESTED IN EVENTS COMING UP???... FOLLOW  
THIS LINK BELOW



[Commit to Fit \(commit2fit.com\)](https://commit2fit.com)

**Want to know how to access the Mobile  
App, sync your Fitness Device, and  
more?**

**Challenge and Physical Activity Tracking  
HOW-TO Guide**





# \$100 off any MSMS Educational Activity\* during 2024

To find educational activities:

1. Go to [Education | Michigan State Medical Society \(msms.org\)](https://www.msms.org) or
2. Call MSMS at 517/336-5790

Sample A. Sample, MD

ID# XXXXX



\*To qualify CMS & MSMS membership dues must be paid by November 30, 2023

INSURANCE



BCBSM/BCN - Starting January 1, Prior Authorization no Longer Required for Certain Procedures

For dates of service on or after January 1, 2024, the following procedures will no longer require prior authorization.

**Note:** For dates of service before January 1, these procedures require prior authorization by Medicare Plus Blue<sup>SM</sup> and BCN Utilization Management.

Procedure	Applies to	Affected procedure codes
Biofeedback, non-behavioral health	<ul style="list-style-type: none"> <li>• BCN commercial</li> <li>• BCN Advantage<sup>SM</sup></li> </ul>	*90901, *90912
Deep brain stimulation	<ul style="list-style-type: none"> <li>• Medicare Plus Blue</li> <li>• BCN commercial</li> <li>• BCN Advantage</li> </ul>	*61863, *61864, *61867, *61868, *61880, *61885, *61886, *61888
Noncoronary vascular stents	<ul style="list-style-type: none"> <li>• Medicare Plus Blue</li> <li>• BCN commercial</li> <li>• BCN Advantage</li> </ul>	*37236, *37238
Total artificial heart	<ul style="list-style-type: none"> <li>• BCN commercial</li> <li>• BCN Advantage</li> </ul>	*0051T, *0052T, *0053T, *33927, *33928, *33975, *33976, *33977, *33978, *33979, *33980, *33981, *33982, *33983, *33990, *33991, *33992, *33993, *33995, *33997

Prior to January 1, BCBSM/BCN will update lists of procedure codes that require prior authorization.





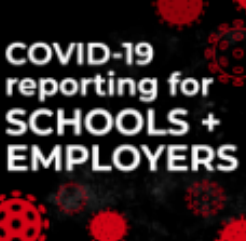
 **CLICK HERE**

**For Daily Genesee County Covid-19 Numbers**

[Coronavirus \(COVID-19\) Data Dashboard for Genesee County](#)

 **CLICK HERE**

**For Reporting**



**EMPLOYERS + SCHOOL ADMINISTRATORS:**

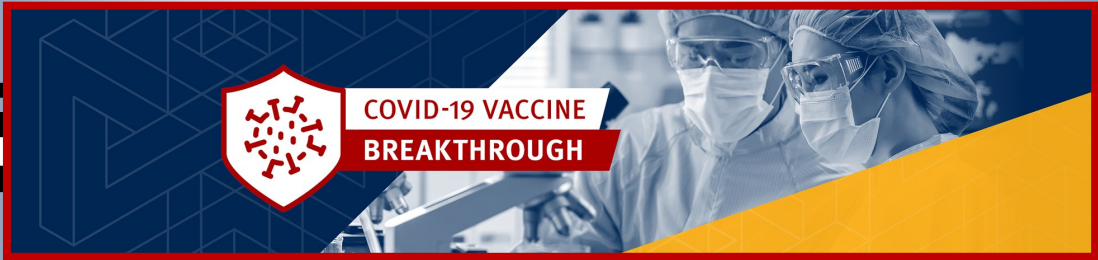
Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at [GCHD-CD@gchd.us](mailto:GCHD-CD@gchd.us) or call (810) 257-1017

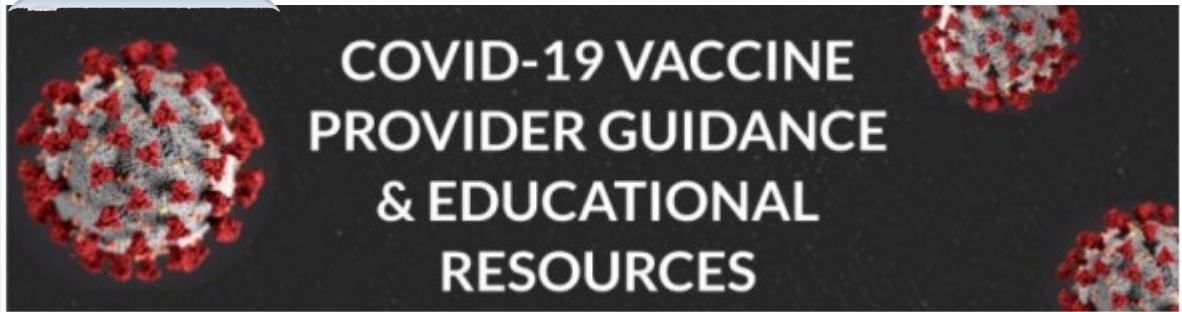
 **CLICK HERE**

**For State of Michigan Covid-19 Information**





 [CLICK HERE](#)



**COVID-19 VACCINE  
PROVIDER GUIDANCE  
& EDUCATIONAL  
RESOURCES**

**COVID-19 VACCINE**

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

[COVID-19 VACCINE PLAN](#)

 [CLICK HERE](#)

**COVID-19 VACCINE RESOURCES**

**IMMUNIZATIONS DURING COVID-19**

**CDC FAQs**

**PROVIDER GUIDANCE & EDUCATION**

NEW BENEFIT  
FOR  
MEMBERS!

*GCMS can help YOUR PRACTICE  
meet the ADA requirements  
and provide impeccable services to your patients  
at a DISCOUNTED price!*

GCMS is very pleased to announce a relationship with Luna Language Services. Luna offers a number of different virtual options to assist physician offices with language interpretation services. As an added benefit to your GCMS Membership, a discount is now offered to all GCMS members utilizing

**Luna Virtual Language Services.**

Please contact **David Hoff** Executive Director to register your office for discounted services.

*Genesee County Medical Society Members  
receive a discount for language services!*



**Interpreting  
Services**

- On-site Interpreting
- Virtual Interpreting
- Phone Interpreting
- Video Remote Interpreting (VRI)
- Conference & Event Interpreting

**LUNA**  
Language  
Services

To become a GCMS member,  
or to receive details about  
this discounted service

Please contact :

[ExecutiveDirector@GCMS.org](mailto:ExecutiveDirector@GCMS.org)



# Hope and health

in the community



*Supporting recovery,  
prevention, health,  
and wellness of the  
body, the mind, and  
the community.*

#### Customer Services

Monday - Friday 8am-5pm

**(810) 257-3705**

Toll Free: 866-211-5455

TTY: (810) 257-1346

[www.genhs.org](http://www.genhs.org)

#### Call us to begin services:

420 W. 5th Avenue • Flint, MI 48503

Monday - Friday 8am-5pm

**(810) 257-3740**

Toll Free: 877-346-3648 • TTY: (810) 232-6310

#### 24 HOUR CRISIS LINE

7 days a week - 24 hours a day

**(810) 257-3740**

Toll Free: 877-346-3648 • TTY: (810) 232-6310

#### BEHAVIORAL HEALTH URGENT CARE

422 W. 4th Avenue • Flint, MI 48503

**(810) 496-5500**

Toll Free: 877-346-3648 • TTY: (810) 232-6310

**Walk-In Services:** 7 days a week - extended hours

**Video Chat Services:** 7 days a week - 24 hours a day

**Children & Young Adult**

**Mobile Crisis Services:** 7 days a week - 8am - 7pm



# GHS Intensive Crisis Stabilization Services for Children and Young Adults



The **GHS Children's Intensive Crisis Stabilization Team (ICSS)** provides mobile crisis stabilization services, 7 days a week between 8:00am and 7:00pm to all children, youth, and young adults (ages 0-21) who reside in Genesee County. Calls during other hours are helped by our Crisis Line mental health professionals.

#### Reasons to call GHS:

- If you feel your child/youth is in a crisis
- The child/youth may hurt themselves or others
- The child is experiencing overwhelming confusion, anger, or emotional unresponsiveness

If you aren't sure if ICSS is needed, give us a call and we can help to explore options.

#### What happens when the GHS Intensive Crisis Team is called?

The team will provide an on-site intervention with the identified child or youth, and their support system. The team's main focus will be to help assess the crisis, utilize de-escalation techniques, help the child/youth and their family or support system to help with what is needed and to help determine next steps and long-term care.

#### Other services include:

- Crisis and Safety Planning
- Referrals to needed services
- Education on resources, diagnosis and services
- Collaboration and problem solving

\* Psychiatric consults, as needed (does not include medication review for prescription)

\*\* Intensive Crisis Stabilization services cannot be provided to individuals who are currently residing in inpatient settings: Jail/detention centers or residential settings (i.e. child caring institutions, crisis residential, etc.).

### **GHS Intensive Crisis Stabilization Services for Children**

**810.257.3740 877.364.3648**

**420 W. Fifth Avenue, Flint 48503 • [www.genhs.org](http://www.genhs.org)**

Supported by funds from Substance Abuse and Mental Health Services Administration, Center for Mental Health Services through the Michigan Department of Health and Human Services.



## Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute \_\_\_% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath \_\_\_% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.



**Don't Forget!**  
Donations are tax deductible!

**Please contact GCMS at 733-9923 or email [executivedirector@gcms.org](mailto:executivedirector@gcms.org)**





## Do you have an advertising NEED?

- Are you a Physician **and** you are a member of GCMS and you have a new practice in Michigan?
- Do you have a medical practice **and** you are a member of GCMS and your office has relocated?
- Do you have a business that serves Michigan and business slow?

Let Genesee County Medical Society help!

## Genesee County Medical Society Bulletin

(ONLINE MAGAZINE)

**Your ad will be featured in the Genesee County Medical Society monthly bulletin that is provided to 1,500+ viewers. The Bulletin can also be found on the GCMS website, and is also published through Calameo virtual magazine. ([HTTPS://En.Calameo.com/](https://en.calameo.com/))**

1/2-page ad \$195/month

3/4-page ad \$290/month

Full page ad \$350/month

A link to the business website or email can be added for **NO** additional fee.

[Click here](#)

to connect with GCMS, we can provide your advertising needs!



\*\*all ads placed by Physicians or Medical Practices must have a GCMS membership.



**safe haven™**  
CONFIDENTIAL SUPPORT

# SAFEHAVEN™ PHYSICIAN AND PROVIDER WELL BEING PROGRAM

Rediscover meaning, joy, and purpose in medicine.

SafeHaven™ ensures that physicians and health care providers can seek confidential assistance and support for burnout, career fatigue, and mental health reasons.



In-the-moment telephonic support by a licensed counselor, 24/7



Legal and financial consultations and resources, available 24/7



Peer Coaching—talk with someone who has walked in your shoes that can help you grow both personally and professionally

- Six sessions per incident
- Physician or provider chooses coach from a panel of coaches



Counseling, available in either face-to-face or virtual sessions; addressing stress, relationships, eldercare, grief, and more

- Six sessions per incident
- Available to all extended family members



WorkLife Concierge, a virtual assistant to help with every day and special occasion tasks, 24/7



VITAL WorkLife App—Mobile access to resources, well being assessments, insights, and more

## RESOURCES FOR YOU AND YOUR FAMILY MEMBERS

SafeHaven™ includes Well Being Resources from VITAL WorkLife—confidential and discreet resources designed to reduce stress and burnout, promote work/life integration and support well being for you and your family.

TO LEARN MORE, VISIT  
[www.MSMS.org/SafeHaven](http://www.MSMS.org/SafeHaven)

To support the needs of physicians and health care providers struggling with stress, burnout, and the effects of COVID-19, the Michigan State Medical Society (MSMS) and VITAL WorkLife have partnered to offer a comprehensive set of well being resources and confidential counseling services for their use, SafeHaven™.





*Happy  
New Year*

*~Genesee County Medical Society*



Application Code:

## State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at [www.joinmsms.org](http://www.joinmsms.org)



- |  |   |
|--|---|
| <input type="radio"/> I am in my first year of practice post-residency.                          | <input type="radio"/> I work 20 hours or less per week.       |
| <input type="radio"/> I am in my second year of practice post-residency.                         | <input type="radio"/> I am currently in active military duty. |
| <input type="radio"/> I am in my third year of practice post-residency.                          | <input type="radio"/> I am in full, active practice.          |
| <input type="radio"/> I have moved into Michigan; this is my first year practicing in the state. | <input type="radio"/> I am a resident/fellow.                 |

Male  Female

First (legal) Name: \_\_\_\_\_ Middle Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  MD  DO

Nickname or Preferred Form of Legal Name: \_\_\_\_\_ Maiden Name (if applicable) \_\_\_\_\_

Job Title: \_\_\_\_\_

W Phone \_\_\_\_\_ W Fax \_\_\_\_\_ H Phone \_\_\_\_\_ H Fax \_\_\_\_\_

Mobile: \_\_\_\_\_ Email Address \_\_\_\_\_

Office Address  Preferred Mail  Preferred Bill  Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Address  Preferred Mail  Preferred Bill  Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\*Please base my county medical society membership on the county of my (if addresses are in different counties):  Office Address  Home Address

\*Birth Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Birth Country \_\_\_\_\_ MI Medical License #: \_\_\_\_\_ ME #: \_\_\_\_\_

Medical School \_\_\_\_\_ Graduation Year: \_\_\_\_\_ ECFMG # (if applicable) \_\_\_\_\_

Residency Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Fellowship Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Hospital Affiliation \_\_\_\_\_

• Primary Specialty \_\_\_\_\_ Board Certified:  Yes  No

• Secondary Specialty \_\_\_\_\_ Board Certified:  Yes  No

Marital Status:  Single  Married  Divorced Spouse's First Name: \_\_\_\_\_ Spouse's Last Name: \_\_\_\_\_

Is your spouse a physician?:  Yes  No If yes, are they a member of MSMS?:  Yes  No

Within the last five years, have you been convicted of a felony crime?:  Yes  No If "yes," please provide full information: \_\_\_\_\_

Within the last five years, have you been the subject of any disciplinary action by any medical society or hospital staff?:  Yes  No

If "yes," please provide full information: \_\_\_\_\_

I agree to support the County Medical Society Constitution and Bylaws, the Michigan State Medical Society Constitution and Bylaws, and the Principles of Ethics of the American Medical Association as applied by the AMA and the MSMS Judicial Commission.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

County Medical Society Use Only  
Reviewed and Approved by: \_\_\_\_\_