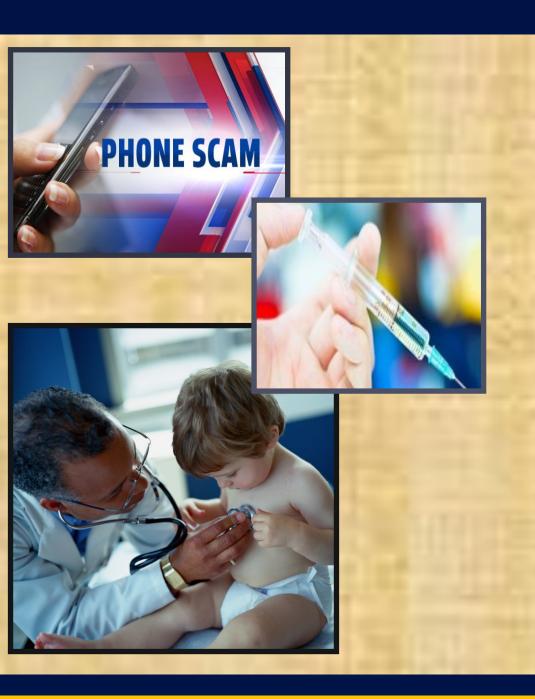
# THE BULLETIN

**AUGUST 2020 VOLUME 97, NUMBER 8** 



**EXTORTION SCAM** 

Targeting DEA Registrants

Physician Survey:

Lead Poisoning in Children

COVID-19
Tied to
Reduced
Immunization Rates

**LEGAL ADVISOR:** 

Last Will and Testament A Basic Overview

Federal Stimulus Funds
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#### **AUGUST 2020 VOLUME 97, NUMBER 8**

# THE BULLETIN

#### READ BY 96% OF GCMS MEMBERS

#### **FEATURE ARTICLES**

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#### **Our Vision**

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

#### Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

#### PLEASE NOTE

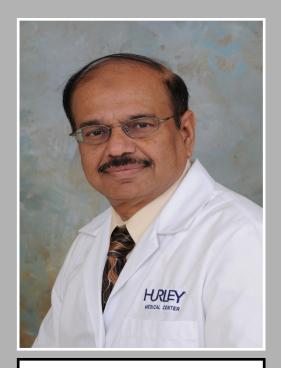
The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

#### THE BULLETIN

Published by the Genesee County Medical Society Publication Office 4438 Oak Bridge Drive, Suite B, Flint, Michigan 48532 Phone (810) 733-6260 Fax (810) 230-3737

By subscription \$60 per year. Member subscription included with Society dues. Contributions to **THE BULLETIN** are always welcome. Forward news extracts or material of interest to the staff before the 5th of the month. All statements or comments in **THE BULLETIN** are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society

#### PRESIDENT'S MESSAGE



Qazi Azher, MD

MDHHS Childhood Lead Poisoning Prevention Program Statewide Survey for Physicians

The Michigan Department of Health and Human Services (MDHHS) and the Childhood Lead Poisoning Prevention Program (CLPPP) are looking for physician input to guide strategies for decreasing lead poisoning in children, especially in our most vulnerable communities.

As we know, lead is a powerful neurotoxicant and elevated blood lead levels (EBLLs) can result in damage to the brain and nervous system as well as developmental delays in children. Eliminating EBLLs among children is one of the US national health objectives and extremely important in the Flint area.

The CDC Advisory Committee on Childhood Lead Poisoning Prevention is updating recommendations for improving blood lead screening and information for health-care providers, state officials, and others interested in lead-related services. Because state and local officials are more familiar than federal agencies with local risk for EBLLs, CDC recommends that these officials <u>have the flexibility to develop blood lead screening strategies that reflect local risk for EBLLs</u>, targeting screening toward specific groups of children in their area at higher risk for EBLLs.

Altarum and the Michigan Child Lead Poisoning Prevention Program have launched a statewide survey for Michigan's medical providers to establish a baseline of current blood lead risk screening procedures and to define the following:

- 1. What percentage of medical providers are currently universally screening for blood lead exposure?
- 2. What percentage of medical providers are using targeted screening for blood lead risk?
- 3. What criteria are being used to target high risk populations (ZIP code characteristics, proximity of residence to factory where lead is used, age of residence, etc.)
- 4. Are physicians familiar with and regularly using the Michigan recommendations for screening and testing at-risk children?
- 5. What barriers may be prohibiting medical providers from instituting more targeted screening efforts (technological, or otherwise)?

MDHHS's Childhood Lead Poisoning Prevention Program is interested in assessing the barriers to blood lead risk screening, blood lead level testing, and blood lead level test result submissions to the Child Lead Poisoning Program's Surveillance System with the ultimate goal of increasing screening and testing state-wide for at risk populations. They are asking for wide spread participation through a multitude of methods. All information captured will be kept private and will not be shared outside our organization Altarum or the MDHHS Child Lead Poisoning Prevention Program. Survey responses may be anonymously submitted, many questions are optional, and survey time is estimated between 1-2 minutes.

Survey responses will be captured electronically through a web form **HERE**.





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#### **MEETINGS**

Membership Meeting & Medical Community Roundtable, 8/27 6:30 pm, Zoom

Legislative Liaison Committee, 9/14 8:00 am, Zoom

Board of Directors, 9/22 6:00 pm, Zoom

# Announcement

GCMS members now entitled to a 15% discount on automobile and homeowners insurance.

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#### **DIRECTOR'S MESSAGE**

#### **COVID-19 Tied to Reduced Immunization Rates**

Michigan ranks 43<sup>rd</sup> lowest in the nation for immunization coverage among toddlers. In addition, only 53.1 percent of Michigan children 19 months through 35 months of age were fully immunized with recommended vaccines according to MCIR data. Among those was the measles vaccine, which broke out nationally last year and included 46 cases in Michigan.

Fewer Michigan children are currently up to date on their routine vaccines because of postponed well-child visits during the COVID-19 pandemic. In May, a <u>study was published</u> in the Centers for Disease Control and Prevention (CDC) <u>Morbidity and Mortality Weekly Report</u> showing how COVID-19 has had a negative impact on routine



Angie Kemppainen, CAE

vaccinations in Michigan. According to data from the Michigan Care Improvement Registry (MCIR), the percentage of 5-month-olds in Michigan who were fully up to date on all recommended vaccines decreased from about two-thirds during 2016-2019 to less than half in May 2020.

Our physicians have implementing new procedures to ensure patients can safely come in for well visits and to get caught up on immunizations, including checking in from the car, limiting how many people can accompany a child and requiring face masks. The CDC has also released extensive <u>guidance</u> for healthcare providers on how to continue to provide immunization services safely during the COVID-19 pandemic.

At a time when our healthcare system is already overwhelmed, it's important that we avoid outbreaks of preventable, potentially deadly diseases. Following the <a href="CDC-recommended">CDC-recommended</a> immunization schedule protects infants and children by providing immunity early in life, when they are most at risk for getting seriously ill from these diseases if they are exposed.



The Michigan Doctors' Political Action Committee (MDPAC), the political arm of the Michigan State Medical Society, is a bipartisan political action committee made up of physicians, their families, medical students and others interested in making a positive contribution to the medical profession through the political process. MDPAC supports pro-medicine candidates running for the State legislature, Michigan Supreme Court and other statewide positions.

#### Subscribe to MDPAC's Inside the Dome and recieve:

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REPORT	CANDIDATES	DIRECTORY	RECEPTION	FUNDRAISERS



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#### **LEGAL ADVISOR**

#### LAST WILL AND TESTAMENT - A BASIC OVERVIEW

#### What is a Will?

A Will, or Last Will and Testament, as it is sometimes referred to, is probably the most well-known estate planning document. Most people understand that they should, at some point in their life, make a Will. The purpose behind a Last Will and Testament is that it allows an individual to plan for the disposition of their property and assets upon their death. A person making a Last Will and Testament is called the "testator." The testator must be at least 18 years old and have sufficient mental capacity to make a will. This article will explore some of the basic provisions of a Last Will and Testament. Upon your death, your Last Will and Testament is filed with the probate court and a Personal Representative is appointed to administer your estate. A Last Will and Testament is usually the central component to every estate plan. However, it's important to note that a Last Will and Testament alone does not avoid the probate process. Your finances, assets, family, and objectives should all be considered when deciding the right estate planning choice for you.

#### **Personal Representative**

A Personal Representative is the person nominated in the Last Will and Testament to carry out the testator's wishes and wrap up his or her affairs. The person named in the Last Will and Testament has the highest priority for that appointment in the State of Michigan, but the probate court ultimately appoints the personal representative of the estate. The Personal Representative has very broad powers when it comes to the estate. Per MCL 700.3711, "...a personal representative has the same power over the title to estate property that an absolute owner would have..." Not only will the Personal Representative carry out the testator's funeral and burial arrangements, but they also have control over real and personal property and administers the assets of the estate to the beneficiaries. A Personal Representative is also considered a "fiduciary" meaning that they must carry out their duties with certain legal responsibilities. When nominating a Personal Representative in a Last Will and Testament it is important to consider someone who is responsible and able to handle the work involved in administering your estate. Most individuals select a close family member like an adult child or a close friend to act as their Personal Representative.

#### **Provisions**

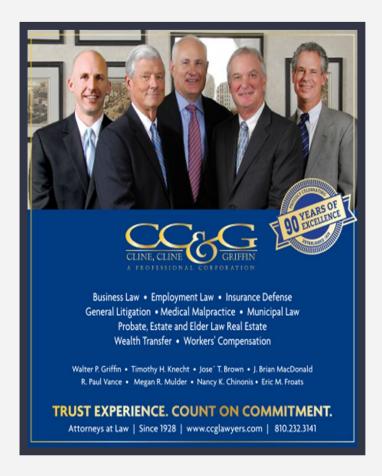
The Last Will and Testament begins with an opening introduction clause and declaration. The introduction provides basic identifying information of the testator and can also include a personalized message from the testator, such as the reasons and thoughts behind making the Last Will and Testament. The declaration identifies the testator's family, who are usually the beneficiaries or heirs. The declaration can also be used to identify the testator's preference for organ donation and provide burial instructions. A Last Will and Testament can then dispose of the testator's property by making specific gifts to individuals or entities such as real estate, personal property and cash gifts. Theses gifts should be identified with enough clarity and detail to make certain that the gifts can be identified and distributed correctly. A Last Will and Testament may also refer to a separate handwritten list of the testator's tangible personal property to dispose of to certain named individuals. This separate list cannot dispose of every kind of property, only tangible personal property. Gifts of cash or securities should not be included in this handwritten list. For families who have minor children, another important provision is where the testator appoints a guardian for their minor children. The appointed guardian should also be someone the testator feels is responsible to take care of those precious people and is willing to serve. Finally, there is a residuary provision. The residuary or "residue" of an estate is what is left over after specific gifts have been made and there has been payment of the debts, taxes, expenses of the estate. The residuary can be left an individual or individuals in shares or even "pour over" to another estate planning document such as a trust.

#### Conclusion

Again, a Last Will and Testament is a central component to the estate plan. The purpose of the Last Will and Testament is to provide for the disposition of your property and assets upon your death. It is important to consider your assets, your family and your objectives in making a Last Will and Testament. A Last Will and Testament alone does not avoid the probate process so you should discuss with your attorney other estate planning documents which are right for your situation. In summary, you will have to select a personal representative that will carry out your wishes and take care of the administration of your estate.

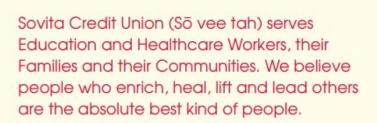


The Last Will and Testament will dispose of your property through specific gifts or other distributions. The Last Will and Testament can also dispose of tangible personal by a handwritten list. All property/ assets left over will be distributed among your named beneficiaries or directed to be distributed pursuant to an additional estate planning document such as a trust. A Last Will and Testament also allows the testator to appoint a guardian for minor children. If you have questions about a Last Will and Testament or other estate planning tools, contact Eric M. Froats, Estate Planning attorney, at Cline, Cline & Griffin, P.C.





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### Virtual Business Meeting & Medical Community Town Hall

Thursday, August 27, 2020







## Meeting Agenda

6:30 pm GCMS Business Meeting

7:00 pm Presentation & Roundtable Discussion

## Genesee County Opioid Update and Available Resources

Nichole Smith-Anderson, MS, Special Projects Director, Greater Flint Health Coalition

There is no cost to attend but registration is required.

This meeting is sponsored by Sovita Credit Union.

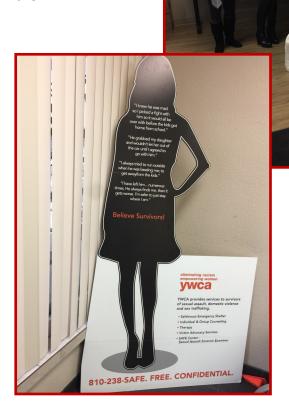
#### **GUEST EDITORIAL**

## **Doctors and Their Families Make a Difference**

The Genesee County Medical Society Alliance is the volunteer arm of the GCMS. The membership dues are used to help fund several service oriented projects of which Doctors and Their Families Make a Difference is an important one. It was started by the Michigan State Medical Society Foundation and the campaign has been carried out by all Alliances across the state and is an ongoing project of the GCMS Alliance. Clothing, shoes, toiletries, personal care and children's items, diapers, books, over-the-counter pain relievers, hygiene and household products, etc. are collected throughout the year to be donated to the local crisis shelter that houses those women who flee from an abusive relationship to seek protection at the facility. Typically, about five hundred women and children use the facility every year. However, the shelter can accommodate thirty two of them on a daily basis.

In addition to the members' donations, McLaren-Flint, provided us with a generous grant that helped the Alliance to purchase many more much needed items which were delivered to the shelter which brought plenty of cheer to all residents and their children.

Lakshmi Tummala



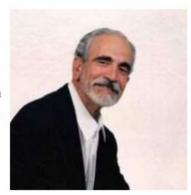
#### SWARTZ FUNERAL HOME

#### Dr. Ali A. Esfahani

(February 24, 1932 - August 09, 2020)

**ESFAHANI,** Dr. Ali A. – Was born in Tabriz, Iran in 1932. He graduated from Tehran University Medical School with an MD in 1955.

He immigrated to the United States in 1956 for his post graduate training in Nashville, Tennessee. Dr. Esfahani performed his residency in general



surgery in Jacksonville, Florida, general and vascular surgery in Henry Ford Hospital, Detroit, Michigan, thoracic and cardiovascular surgery in Edmonton, Alberta, Canada. He gained his fellowship in thoracic and cardiovascular surgery in Houston, Texas.

He and his partner established the first open heart surgery practice in Genesee County. He published research on cardiothoracic surgery, helping to expand the field.

He moved to the United States during a period of great social and racial change. He was proud to be a citizen of a country that offered expansive opportunities to immigrants.

Dr. Esfahani was a Diplomat of the American Board of General Surgery, the Board of Thoracic Surgery, and the American Thoracic Society. He was also a Fellow of the American College of Surgeons, the American College of Angiology, and the American College of Chest Physicians.

He was an active member of the Society of Thoracic Surgeons, The Flint Academy of Surgery, the Detroit Surgical Association, the Michigan Thoracic Society, the Michigan Heart Association, the Pan American Medical Association, and the McClure Surgical Society He was a Fellow of the American College of Cardiology, and the International College of Surgeons.

He was an active member of the American Medical Association, The Michigan State Medical Society, and the Genesee County Medical Society.

While President of the Genesee County Medical Society, he spearheaded a statewide program to honor patients with Patient Appreciation Day, celebrated the 3<sup>rd</sup> Tuesday of each October.

He was also a member of many social organizations, including the Warwick Hills Golf and Country Club.

Dr. Ali Esfahani died peacefully on Sunday, August 9th.

He loved helping people and his community, loved learning, loved painting and golf, even if golf didn't love him. He loved his family and was proud of their accomplishments.

He is survived by his wife, Lila;

His two sons, Cameron and wife Jane and Shahram and wife Kim; his grandchildren, Margaret, Lila and Logan.

Memorial visitation will be held at a later date.

Memorial contributions may be made to The Salvation Army.

# Save the Fate President's Ball November 7th, 2020

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# DIVERSION CONTROL DIVISION

Alert - Extortion Scam Targeting DEA Registrants - July 28, 2020

# Extortion Scam Targeting DEA Registrants



DEA is aware that registrants are receiving telephone calls and emails by criminals identifying themselves as DEA employees or other law enforcement personnel. In an attempt to create the illusion that these criminals are DEA employees, they have masked their telephone number on caller id with a phone number for a legitimate DEA office. For example, these criminals have used the phone numbers for DEA's Office of Congressional and Public Affairs and DEA's 800 number which is used to provide direct support to DEA registrants.

Impersonating a federal agent is a violation of federal law. Registrants should be aware that no

DEA agent will ever contact members of the public by telephone to demand money or any other form of payment or threaten to suspend a registrant's DEA registration.

If you are contacted by a person purporting to work for DEA and seeking money or threatening to suspend your DEA registration, submit the information through "Extortion Scam Online Reporting" posted on the DEA Diversion Control Division's website, www.DEADiversion.usdoi.gov.

Extortion Scam Online Reporting





Genesee County Opioid Prevention Project







**KnowMoreGenesee.org** 

## **OPIOIDS: WHAT YOU NEED TO KNOW**

If you have recently been prescribed an opioid, are concerned about or struggling with opioid addiction or know somebody that is, this resource will help you better understand opioids. Know more about opioids and get help if needed.

#### **Opioid Epidemic**

The opioid epidemic, a growing nationwide public emergency, does not discriminate the individuals and communities that it impacts. Genesee County is no exception. According to the Michigan Department of Health and Human Services, 131 Genesee County residents died of an opioid overdose in 2017, up from 120 in 2016<sup>1</sup>.

Many more are treated for an opioid overdose. As community members, parents, neighbors, and friends, there is an opportunity to become better informed and help those struggling with addiction.

#### What are Opioids?

Opioids are a class of drugs that include the illegal drug heroin, synthetic opioids such as fentanyl, and pain relievers available legally by prescription, such as oxycodone (OxyContin®), hydrocodone (Vicodin®), codeine, morphine, and many others.<sup>2</sup> While many people benefit from using prescription opioid pain medications to manage pain under a health care provider's

direction, there is a risk of dependence and addiction. There is also a risk to the community when prescription drugs are diverted for improper use by others.

#### Know the Risks and Side Effects of Opioid Use

Prescription opioids have a serious risk of addiction and overdose, especially with long term use. The use of prescription opioids can have a number of side effects even when taken as directed. They include:

- Tolerance meaning you might need to take more of a medication for the same pain relief
- Physical dependence meaning you have symptoms of withdrawal when a medication is stopped
- Increased sensitivity to pain
- Constipation
- Nausea, vomiting, and dry mouth
- Sleepiness and dizziness
- Confusion
- Depression
- Low levels of testosterone that can result in lower sex drive, energy, and strength
- Itching and sweating<sup>3</sup>

# Know the Signs and Symptoms of Opioid Addiction or Overdose

Opioid addiction is a disease that affects your brain and your behavior. At first you have control over your choice to start using drugs, however over time your brain actually changes in certain ways creating an urge to use the drug. There are many signs and symptoms of opioid misuse and addiction. They can include: poor coordination, drowsiness, shallow or slow breathing rate, nausea, vomiting, constipation, physical agitation, poor decision making, abandoning responsibilities, slurred speech, sleeping more or less than normal, mood swings, euphoria (feeling high), irritability, depression, lowered motivation, and anxiety attacks.<sup>4</sup>

<sup>&</sup>lt;sup>1</sup> "The Opioid Epidemic in Michigan." Michigan Substance Use Disorder Data Repository, mi-suddr.com/opioids/.

<sup>&</sup>lt;sup>2</sup> "What Are Opioids?" HHS.gov, www.hhs.gov/opioids/prevention/index.html.

<sup>&</sup>lt;sup>3</sup> "Prescription Opioids: What You Need to Know." CDC, www.cdc.gov/drugoverdose/pdf/AHA-Patient-Opioid-Factsheet-a.pdf

<sup>4 &</sup>quot;Opioid Addiction - Pain Relief - Signs of Addiction." Familydoctor.org, www.familydoctor.org/condition/opioid-addiction/.

# **KnowMoreGenesee.org**

It is important to recognize the signs and symptoms of an opioid overdose and act fast to help save a life. Signs of an overdose include:

- Small, constricted "pinpoint pupils"
- · Falling asleep or loss of consciousness
- · Slow, shallow breathing
- Choking or gurgling sounds
- Limp body
- · Pale, blue, or cold skin

An opioid overdose requires immediate medical attention. If you think someone is experiencing an overdose, even if you aren't sure, it is best to treat it like an overdose. Follow these steps:

- Call 911 immediately
- · Administer naloxone, if available
- · Try to keep the person awake and breathing
- · Lay the person on their side to prevent choking
- Stay with him or her until emergency workers arrive5

#### **Know Naloxone and the Law**

Naloxone is a medicine that rapidly reverses an opioid overdose. It can quickly restore normal breathing to a person if their breathing has slowed or stopped due to an opioid overdose. Naloxone has no effect on someone who does not have opioids in their system, and it is not a treatment for opioid use disorder. Naloxone should be given to any person who shows signs of an opioid overdose or when an overdose is suspected. If you or a loved one is at risk for an opioid overdose, it is important that you have naloxone on hand. Talk to your physician or pharmacist about naloxone when receiving a prescription for opioids.<sup>6</sup>

During a drug overdose, a quick response can save a life. However, people illegally using drugs sometimes do not seek medical

attention during an overdose for fear of alerting police of their illegal drug use. In order to prioritize saving lives, Michigan passed a Good Samaritan law in 2016. Michigan's Good Samaritan law prevents drug possession charges against those that seek medical assistance for an overdose in certain circumstances. This law makes saving lives the priority during a drug overdose, not criminal prosecutions of illegal drug users?

# Know that You Have Treatment Options for Managing Pain

Although prescription pain medications can be effective at treating certain types of pain, there are different treatment options and



therapies available. Opioids are not the first-line treatment for chronic pain, with the exception of cancer treatment, palliative care, and end-of-life care. Nonopioid treatments can provide relief to those suffering from chronic pain and are safer. Talk to your doctor about your options to best manage your pain. Alternative treatments may include:

- Acupuncture
- · Chiropractic care
- · Cognitive behavioral therapy
- · Massage therapy
- · Meditation and relaxation
- · Physical therapy
- Yoga<sup>8</sup>

#### Know How to Practice Responsible Use of Opioids

Whether you are currently taking opioids or considering opioids to treat (acute) pain after surgery or for chronic pain, it is important that you take steps to protect yourself, your loved ones, and your community.

- Be proactive to learn about your options and communicate with your doctor.
- Be honest with your doctor about your health, drug, and alcohol history, as well as your family history.

<sup>&</sup>lt;sup>5</sup> "Preventing an Opioid Overdose." CDC, www.cdc.gov/drugoverdose/pdf/patients/Preventing-an-Opioid-Overdose-Tip-Card-a.pdf

<sup>6</sup> National Institute on Drug Abuse. "Naloxone." NIDA, 1 Jan. 2019, www.drugabuse.gov/publications/drugfacts/naloxone.

<sup>&</sup>lt;sup>7</sup> "Michigan's Good Samaritan Law." MDHHS, www.michigan.gov/mdhhs/0,5885,7-339-71550\_2941\_4871\_79584\_79585\_79587\_79590-409680--,00.html

<sup>&</sup>lt;sup>8</sup> "RX Pain Medications, Know The Options, Get the Facts." SAMHSA, https://store.samhsa.gov/system/files/sma17-5053-1.pdf



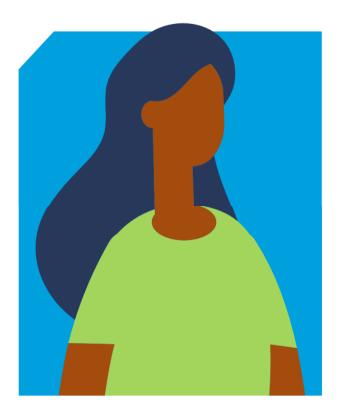
- Always follow your pain care plan and keep your appointments for follow-up care.
- · Never take opioids in higher amounts or more often than prescribed.
- Do not combine opioids with alcohol or other drugs that cause drowsiness, such as: benzodiazepines, muscle relaxants, and sleep aids
- Never share or sell prescription opioids.9

# Know How to Properly Store and Dispose of Opioids

Learn how to properly store and dispose of unused medications. Always keep your opioids in a safe, locked place, out of reach of family, children, visitors, and pets. Always keep your opioids in their original labeled container, even when you travel. Remember your children and grandchildren! Keep them safe.

If you have unused opioids at the end of your treatment, take steps to safely dispose of them to protect your family and community. Find an approved prescription drug collection site near you, find a medication Take Back event, or properly use your household trash as a last resort. Prescription drug drop boxes can be found at the following Genesee County locations:

- Burton City Police Department, 4090 Manor Drive Mon-Fri 9:00am-5:00pm
- Clio City Police Department, 505 W. Vienna Street Mon-Fri 8:00am-4:00pm
- Davison City Police Department, 200 E. Flint Street Mon-Fri 8:00am-12:00pm & 1:00pm-4:00pm
- Fenton City Police Department, 301 S. Leroy Street Available 24 hours
- Flint Police Department, 210 E. Fifth Street Mon-Fri 10:00am-6:00pm
- Flint Township Police Department, 5200 Norko Drive Available 24 hours
- Flushing City Police Department, 725 E. Main Street Mon-Fri 9:00am-4:30pm
- Genesee Township Police Department, 7244 N. Genesee Road Mon-Fri 9:00am-5:00pm
- Grand Blanc Township Police Department, 5405 S. Saginaw Street Available 24 hours
- Mott Community College Public Safety, 1401 E. Court Street In front of Public Safety Building
- Metro Police Authority, 5420 Hill 23 Drive Mon-Fri 9:00am-5:00pm<sup>10</sup>



#### **Know That There is Support Available**

Remember that opioid addiction is a disease and those suffering should be treated with care and compassion as with any other disease. It is a chronic brain disease that can be managed with medical treatment. Talk to your doctor for help and refer to the **Quick Reference Referral Guide for Substance Use** 

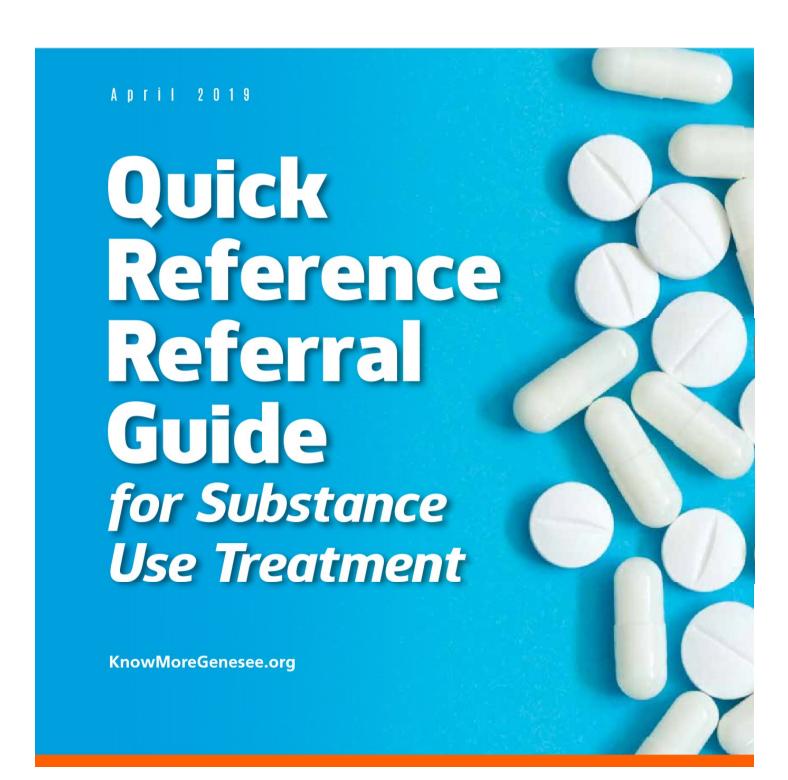
**Treatment** locations. Consider finding a support group to come together with others facing addiction and the road to recovery. It may be helpful to learn from the experiences of others and receive emotional and social support.

- Genesee County Families Against Narcotics holds weekly Nar-Anon support meetings every Thursday evening at 7pm. 3515 North Belsay Road, Flint, MI 48506. All are welcome to attend. www.familiesagainstnarcotics.org/genesee
- Additional Genesee County Narcotics Anonymous meeting sites and times can be found online at www.michigan-na.org/flintarea/meetings/

Take the next steps to seek treatment for yourself or your loved one. There is help.

<sup>&</sup>lt;sup>9</sup> "RX Pain Medications, Know The Options, Get the Facts." SAMHSA, https://store.samhsa.gov/system/files/sma17-5053-1.pdf

<sup>&</sup>lt;sup>10</sup> "Proper Disposal: Stop Prescription Abuse." Proper Disposal | Stop Prescription Abuse, www.stopprescriptionabuse.com/proper-disposal.html.







As a Genesee County provider encountering changes in legislation regarding utilization of the Michigan Automated Prescription System (MAPS), and navigating the substance use treatment system with your patients, the Greater Flint Health Coalition and its Mental Health & Substance Use Task Force offer this referral guide as an introductory resource.

## The First Step: Accessing Substance Use Treatment

- 1 If an individual has Medicaid, is uninsured, and/or has general questions, they may call or visit (during business hours) the Genesee Health System Access Center at:
- 810-257-3740 (crisis line available 24/7)
- · TTY 810-232-6310
- Toll-Free 877-346-3648
- 420 W. Fifth Avenue, Flint, MI 48503 Open Monday through Friday, 8 a.m. to 5 p.m.

Please have the following information available when calling to expedite the process:

- · Name, date of birth, social security number
- Medical insurance card or numbers, including Medicaid (if applicable)
- · Names of current medicines and doctors

- Guardianship or court papers (if applicable)
- · Special education or other school records (if applicable)
- Drug (quantity, frequency)
- Services needed (detox, inpatient, outpatient)
   Fees for services are based on a person's ability to pay; therefore, staff will need to know the household income and number of dependents of the person seeking help. A coverage determination will be made at the time of the screening. Staff will let you know if you can expect to have any cost for your services. No one will be denied services based on their inability to pay.
- 2 If an individual has insurance other than Medicaid, call the insurance plan directly to determine covered services and providers.

# **Substance Use Treatment Centers in Genesee County and Surrounding Areas**

#### **GENESEE COUNTY RESIDENTIAL CENTERS**

#### Above the Water House

4105 Keyes Street, Flint, MI 48504 (810) 877-2907

Women's recovery housing for females with addiction/alcoholism with mild to moderate psychological impairments.

#### Flint Odyssey House

529 M.L. King Avenue, Flint, MI 48503 (810) 238-5888

Medication assisted treatment, withdrawal management, long-term residential treatment, outpatient services, recovery housing, women's specialty services, adolescent treatment services.

#### Kairos Health Care, Holy Cross

8218 N. Jennings Road Mt. Morris, MI 48458 (844) 452-4767 Corcoran House Residential Treatment for Women

#### Life Challenge Ministries

#### Life Challenge of Southeastern Michigan

17667 Pierson Street, Detroit, MI 48219 1230 Dupont St, Flint, MI 48504 (844) 355-LIFE info@lcministries.org

One-year residential program for men and women with drug, alcohol, and other life-controlling addictions. Affiliated with Teen Challenge USA, International, our goal is more than rehabilitation, Faith based program.

#### New Paths Inc.

treatment programming.

765 E. Hamilton Avenue, Flint, MI 48505 (810) 233-5340 newpaths.org
Short and long-term residential treatment, withdrawal management, outpatient services, recovery housing, 23-hour sobering facility, Court ordered

# Salvation Army Adult Rehabilitation (Men Only)

2200 N. Dort Highway, Flint, MI 48506 (810) 234-2678

Long-term residential program, spiritual base, work therapy, group and individual counseling, leisure time activities.





#### **GENESEE COUNTY OUTPATIENT CENTERS & SUPPORT SERVICES**

#### Bio-Med Behavioral Health Care INC. - Flint

1044 Gilbert Road, Flint, MI 48532 (810) 733-7623
Outpatient, integrated treatment, medication assisted treatment.

#### **Catholic Charities**

901 Chippewa Street, Flint, MI 48503 (810) 232-9950 Outpatient SUD treatment, Court ordered treatment programming.

#### Families Against Narcotics – Genesee County Chapter

(810) 397-7175
familiesagainstnarcotics.org
Information regarding prescription drug
abuse, local resources, family support
network. Available to answer questions
regarding substance use and steps to
seek treatment.

#### Genesee Community Health Center

422 W. 4th Avenue, Flint, MI 48503 (810) 496-5777 Integrated health care, treatment services for co-occurring disorders, medication assisted treatment (Suboxone, Vivitrol).

#### Hamilton Community Health Center

Multiple Locations (810) 406-HCHN (4246) Outpatient, substance abuse counseling, Vivitrol program.

#### **Holy Cross Services**

4318 Miller Road, Flint, MI 48507 (810) 249-9924 Outpatient SUD treatment, recovery housing.



#### Hope Network

1110 Eldon Baker Drive, Flint, MI 48503 (810) 232-2766 Free family and addiction services.

#### Insight Wellness Center

4400 S. Saginaw St., Ste. 1370

Flint, MI 48507 (810) 223-0199 Medication assisted treatment, outpatient SUD treatment, services for co-occurring disorders, pain management, physical therapy.

#### Meridian Health Services

1289-D S. Linden Road, Flint, MI 48532 (810) 620-7501
Outpatient care, integrated treatment, and family therapy.

#### New Oakland Family Center

2401 South Linden Road, Flint, MI 48507 (810) 957-4310 Intensive outpatient counseling (dual diagnosis – mental health and substance use disorder).

# Remedy Exchange Programs (outreach services)

12745 S. Saginaw, Suite 806-144
Grand Blanc, MI 48439
(810) 449-0159
remedyexchange@gmail.com
PRIME for Life is a program that helps
youth and adults learn how to reduce
their risk of alcohol and other drug
related problems throughout life.

#### Sacred Heart - Flint

2091 Professional Drive, Flint, MI 48532 (810) 732-1652 Outpatient, integrated treatment, medication assisted treatment (Methadone, Vivitrol), women's specialty.

#### The Serenity House of Flint

954 Church Street, Flint, MI 48502 (810) 893-1276 Informational, holistic options for recovery from addictions.

#### **RESOURCES OUTSIDE OF GENESEE COUNTY**

#### **Brighton Center for Recovery**

12851 Grand River Road
Brighton, MI 48116
(810) 227-1211
brightonrecovery.org
Inpatient and intensive outpatient.
Provides residential, outpatient, dual diagnosis, and detox services. Will accept private insurance, cash, and Medicare.

#### Dawn Farms

6633 Stoney Creek Road
Ypsilanti, MI 48197
(734) 485-8725
Adolescent (17+) and adult residential, outpatient. Non-medicated, 12-step based detox is FREE to anyone, even if they do not stay for residential treatment. Transitional housing.

#### **Grace Centers of Hope**

35 E. Huron Street, Pontiac, MI 48342 (855) HELP-GCH Adult residential, family and life-skills programs.



#### Henry Ford Maplegrove Center

6773 W Maple Road West Bloomfield, MI 48322 (248) 661-6100 henryford.com Outpatient and inpatient for adults. Outpatient only for adolescents.

#### Kairos Healthcare Adolescents

3400 South Washington Road Saginaw, MI 48601 (989) 755-1072 Adolescent and adult residential, integrated treatment, informational, prevention and problem assistance, outpatient screening assessment referral and follow-up.

#### Meridian Health Services

1255 N Oakland Blvd Waterford, MI 48327 (248) 599-8999 Detox, adult residential, inpatient and outpatient care, integrated treatment, and family therapy.

#### Sacred Heart - Memphis

400 Stoddard Road Memphis, MI 48041 (888) 804-7472 Admissions (888) 802-7472 Admin Adult residential, detox inpatient, case management, early intervention, integrated treatment, peer recovery and support, screening assessment referral and follow-up, Methadone. Residential admissions: (888) 804-7472 or (734) 284-0070 Monday-Friday, 8:30am-5:00pm Emergency admissions: (888) 804-7472, ext. 266, weekdays, weekends, and holidays. Sliding fee scale, Medicaid, ABW, and most health insurance.

#### Salvation Army Harbor Light

42590 Stepnitz Drive Clinton Township, MI 48036 (586) 954-1838 Adult residential/outpatient, case management, detox, screening assessment referral and follow-up.

#### Serenity Therapy Center

745 Barclay Circle, #305 Rochester Hills, MI 48307 (586) 219-7010 serenityhelp.com Outpatient, addiction counseling, family therapy, and interventions.

#### Teen Challenge of Western Michigan

440 Pontaluna Road
Muskegon, MI 49444
Men's Phone: (231) 798-7927
Women's Phone: (231) 798-2702
Email: info@wm-tc.com
wm-tc.com/contact-us
One year residential program. Faith based.

#### Vision Quest Recovery

Port Huron, MI info@visionquestrecovery.com Program Director: (810) 937-6279 Assistant Program Director: (248) 421-8143 Transitional housing program, 12-step program, structure, guidelines.

**Disclaimer:** Resource details provided by Families Against Narcotics. All information was accurate at time of printing. Information is subject to change.

This program is supported by the Michigan Health Endowment Fund.



## HAVING DIFFICULTY OBTAINING PPE?

Pure Michigan Business Connect offers a free procurement program to assist businesses in accessing non-medical grade personal protective equipment (PPE) to keep their employees and customers safe as they begin to resume in-person operations, as is required by Executive Order 2020-91.



Michigan Chamber of Commerce has compiled a list of over 130 companies that source, manufacture or distribute PPE equipment.



Small Business Association of Michigan has compiled a list of resources of Personal Protective Equipment (PPE) to help prepare Michigan's small businesses to manage guidelines and regulations for safe work.

https://www.sbam.org/covid-19-resources/personal-protective-equipment-ppe/









Get Connected. Get Supported. Get Counted. flintregistry.org

# Why are people joining?

"One of the reasons I joined the Flint Registry was because of the education

and the connections."

Pastor Read,
 Joy Tabernacle Church

"Making people comfortable enough to open up about their concerns and feel free to share their story; I feel like that's one of the biggest things helping people heal in this city."

– Aaron Neeley,
 Flint Registry interviewer and resident



M flintregistry@hc.msu.edu

# Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute \_\_\_% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath \_\_\_% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.



# HAPPY BIRTHDAY DOCTOR!

# AUGUST

Manar Hamoud, MD	1	Taha Jamil, MD	12
Leo Madarang, MD	. 2	Edward Christy, MD	13
John Shultz, MD	. 2	Robert James MD	14
Amanda Winston, MD	. 2	Deborah Duncan, MD	15
Harvey Olds, MD	. 3	Carlos Petrozzi, MD	16
Venkat Rao, MD	5	Madeline Wheatley	16
Brian Nolan, MD	. 6	Cathy Blight, MD	17
Zouheir Fares DO, FACOS	8	Fidel Seneris, MD	18
Paul Musson, MD	. 8	Ankur Mehta, MD	18
Melvyn Wolf, MD	. 10	Lavanya Cherukuri, MD	19
James Forshee, MD, MBA	10	Cheng-Yang Chang, MD	20

David Fernandez, MD	24
Marcos Machado, MD	26
Gary Johnson, MD, MPH, FAAP	28
Ranjith Dodla, MD	28
Orlando Filos, MD	29
Lisa Guyot, MD, PHD	31

# SEPTEMBER

Brian Shaprio, MD	1 4 4 4 5 5 6 7
Joseph Kingsbury, DO	8

Paul Telehowski, MDRobert Soderstrom, MD
Scott Garner, MD
Ishwar Dass, MD
Leroy Johnson, MD
John Doyle, MD
Albert Macksood, MD
Theodore Fellenbaum, MD, FACOG, ASCCP
Michael Beer, MD
Pongchayut Surapipith, MD
Susan Mosier-LaClair, MD

	Coolly About J. MD	22
8	Saqib Ahmad, MD	22
9	Terry Krznarich, MD	25
11	Michael Gedwill, DO	25
13	Burt Parliament, MD	26
16	Keith Heslinger, MD	27
16	Eugene Chardoul, MD	28
18	Rosario Villareal, MD	28
18	Sergio Ponze, MD	28
18	Raad Al-Khouri, MD	28
20	Peter, Moody	29
21	Manoharan Eustace, MD	29
	Robert Molnar, MD	30

30



#### Commit to Fit!



Visit <u>commit2fit.com</u> to track all of your physical activity and keep track of your fitness goal!

University of Michigan - Flint



Click <u>HERE</u> for daily workouts!

Crim Fitness Foundation



Visit <u>crim.org</u> for a variety of yoga and mindfulness practices!

#### Ascension Genesys Athletic Club



Click <u>HERE</u> for intense & moderate workout videos!

YMCA - 360



Visit **ymca360.org** for fitness classes of all ages!

#### Arthritis Foundation



Click <u>HERE</u> for arthritis exercises!



# COMMITTO FIT! SENIORS

# FREE WALKING PROGRAM



Whether you need relief from arthritis pain or just want to be active, the Arthritis Foundation's six week Walk With Ease program can teach you how to safely make physical activity part of your everyday life. Studies show that Walk With Ease is proven to:

- Reduce the pain and discomfort of arthritis
- Increase balance, strength, and walking pace
- Build confidence in your ability to be physically active
- Improve overall health

# **UPCOMING SESSIONS:**

**Bluebell Beach** 

MWF from 9:00-10:00am
July 27th- September 4th, 2020

Max Brandon Park
Pasadena Ave Side Entrance
MWF from 9:00-10:00am
July 27th - September 4th, 2020

Social distancing will be enforced

Masks are required by all participants. Masks will be made available.

To register, call 810.232.2228 or online at www.surveymonkey.com/r/WalkWithEase2020





# Provider Relief Fund: Medicaid, CHIP and Dental Provider Distribution

#### **Fact Sheet**

#### Applications due Aug. 28, 2020

On June 9, 2020, the U.S. Department of Health and Human Services (HHS) announced the distribution of approximately \$15 billion from the Provider Relief Fund to eligible Medicaid, CHIP and Dental providers that have not received a payment from the Provider Relief Fund General Distribution.

The payment to each provider will be approximately 2 percent of reported revenue from patient care; the final amount each provider receives will be determined after the data is submitted.



#### **How to Apply For Funding**

- 1. Visit hhs.gov/providerrelief and choose "For Providers"
- Click on the Enhanced Provider Relief Fund Payment Portal within the Provider Relief Fund Payment Forms and Guidance section to get started.

#### Who Can Apply

Any provider that meets the eligibility requirements and can attest to the **Terms and Conditions** associated with the distribution is eligible for funding. Applications must be submitted by Aug. 28, 2020.

### **Eligibility Requirements**

To be eligible, providers must have:

- Received no payment from the \$50 billion General Distribution to Medicare providers
- For eligible Medicaid/CHIP providers: Billed Medicaid/CHIP programs or Medicaid managed care plans for health care-related services between Jan. 1, 2018 – Dec. 31, 2019
- Filed a federal income tax return for fiscal years 2017, 2018 or 2019; or be exempt from filing a return
- Provided patient care after Jan. 31, 2020
- · Not permanently ceased providing patient care directly, or indirectly

- If the applicant is an individual, must have gross receipts or sales from providing patient or dental care reported on Form 1040
- · Must not be declared ineligible by local, state or federal government
- Have not have already received the maximum eligible payment amount from this distribution
- For Dental providers applying after July 10: Must not have received payment from the Medicaid/CHIP distribution

#### Repayment

Retention and use of these funds are subject to certain **Terms and Conditions**. If these Terms and Conditions are met, payments do not need to be repaid at a later date.

#### Uses of Funds

Provider Relief Funds may be used to cover lost revenue attributable to COVID-19 or health related expenses purchased to prevent, prepare for, and respond to coronavirus, including, but not limited to:

- Supplies used to provide health care services for possible or actual COVID-19 patients
- Equipment used to provide health care services for possible or actual COVID-19 patients
- Workforce training
- Reporting COVID-19 test results to federal, state, or local governments
- Building or constructing temporary structures to expand capacity for COVID-19 patient care or to provide health care services to non-COVID-19 patients in a separate area from where COVID-19 patients are being treated
- Acquiring additional resources, including facilities, equipment, supplies, health care practices, staffing, and technology to expand or preserve care delivery
- Developing and staffing emergency operation centers

#### Attestation Requirements

Payment recipients must attest to the following within 90 days of receiving payment:

- Recipient provided, on or after Jan. 31, 2020, diagnosis, testing
  or care for actual or possible COVID-19 patients;
  is not terminated, revoked, or precluded from participating in
  Medicare, Medicaid or other Federal health care programs. HHS
  broadly views every patient as a possible case of COVID-19.
- Payment must be used to prevent, prepare for, and respond to coronavirus, and reimburse health care related expenses or lost revenues attributable to coronavirus
- Payment does not reimburse for expenses or losses that have been reimbursed from other sources, or that other sources are obligated to reimburse
- Recipient shall comply with all reporting and information requirements
- · Recipients consent to public disclosure of payment

Terms and Conditions are located on hhs.gov/providerrelief.

#### **How to Apply**

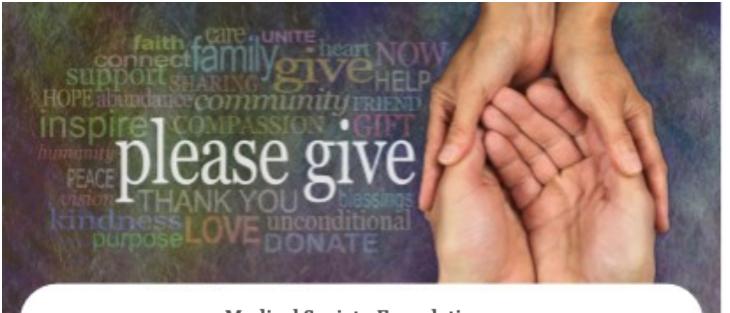
Download the **Provider Distribution Instructions** and **Provider Distribution Application Form** from **hhs.gov/providerrelief.** Applications must be submitted by Aug. 28, 2020.

#### Where can I find more information?

Please visit **hhs.gov/providerrelief** for eligibility requrements, Terms and Conditions, Frequently Asked Questions (FAQs) and a recording of past webinars on the application process. For additional information, please call the provider support line at (866) 569-3522; for TTY dial 711. Hours of operation are 7 a.m. to 10 p.m. Central Time, Monday through Friday. Service staff members are available to provide real-time technical assistance, as well as service and payment support.



Program eligibility and allocation of funds is determined by HHS, subject to adjustment (as may be necessary) and available funding; see details at **hhs.gov/coronavirus/cares-act-provider-relief-fund.** Terms and conditions will apply.



# **Medical Society Foundation**

Consider a donation to the Medical Society Foundation for all of your holiday sentiments while supporting important health related causes.

The Medical Society Foundation has been coordinating physician giving in Genesee County since 1987. This holiday season, why not use the Foundation to make sure your gifts to family, friends and colleagues help to improve the health and well-being of our community.

By giving to the Medical Society Foundation, you receive a great year-end tax benefit at the same time you tell others how much their health- really means to you.

The Medical Society Foundation funds have been used to support the charitable activities of the Genesee County Medical Society.

Contributions can also be made in memory of an individual or to honor someone.

For questions or information on how your gift can help support the charitable activities of your Medical Society Foundation contact GCMS at 733-9923 or email executivedirector@gcms.org

Medical Society Foundation Mission Statement: The Medical Society Foundation is organized and does operate for the purpose of supporting continuing medical education and health-related charitable activities that further the cause of medicine.

Mail your donations to:

Medical Society Foundation 4438 Oak Bridge Drive, Suite B Flint, MI 48532-5400





# State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at www.joinmsms.org



Membership

- O I am in my first year of practice post-residency.
  O I am in my second year of practice post-residency.
  O I am in my third year of practice post-residency.
  O I have moved into Michigan; this is my first year practicing in the state.
- O I work 20 hours or less per week.
  O I am currently in active military duty.
  O I am in full, active practice.
- O I am a resident/fellow.

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( )	Male	()	Female	٩

First (legal) Name:	Middle Name:	Last Name			OMD ODO
Nickname or Preferred Form of Legal Name:			Maiden Name (if ap	plicable)	
Job Title:					
W Phone W	/ Fax	H Phone		H Fax	
Mobile:	Email A	ddress			
Office Address	O Preferred Bill	Preferred Mail and Bill			
City:			State:	Zip:	
Home Address O Preferred Mail O	○ Preferred Bill ○	Preferred Mail and Bill			
City:			State:	Zip:	
*Please base my county medical society me		, ,	,		
*Birth Date:/ Birth 0	Country	MI Medical Licen	se #:	ME #: _	
Medical School	6	raduation Year:	ECFMG #	(if applicable)	
Residency Program			Program Comp	oletion Year	
Fellowship Program			Program Comp	oletion Year	
Hospital Affiliation					
Primary Specialty				Board Certified:	○ Yes ○ No
Secondary Specialty				Board Certified:	○ Yes ○ No
Marital Status: O Single O Married	O Divorced Spouse	's First Name:	Spouse's	Last Name:	
Is your spouse a physician?: • Yes • O	No If yes, are they	a member of MSMS?: O	∕es ○ No		
Within the last five years, have you been co	nvicted of a felony crim	e?: O Yes O No I	"yes," please provide	full information:	
Within the last five years, have you been the If "yes," please provide full information:	, , ,				
l agree to support the County Medical Societ Ethics of the American Medical Association a Signature_	ty Constitution and Byla as applied by the AMA a	nd the MSMS Judicial Comm	cal Society Constitution	on and Bylaws, and t	the Principles of
Juginical C			Dute.		