



THE Bulletin

OCTOBER 2011 Volume 87, Number 10

MARCIA GZYM RETIRES

SHEREE AYRES ARRIVES

"COMMIT TO FIT" PLEDGE

**MESSAGE FROM MEDICAL
GROUP MANAGERS
ASSOCIATION**

**DINNER BUSINESS MEETING
ON MEANINGFUL USE**

90 DAYS TO HIPAA 5010

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OCTOBER 2011 Volume 87, Number 10

THE Bulletin

Read by 96% of GCMS members.

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Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

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TIME FLIES

As I near the end of my term as president of the GCMS, I am reminded of a great many clichés.

I realize that the words have become cliché simply because they are so true.

Time flies. We find ourselves in another fall season, a time when Michigan looks simply marvelous. Kids back to school, college football Saturdays, colors changing all remind us of what we love about this state. Just as I received the gavel of the president last fall, already the time nears to turn it over to the capable hands of Dr. Caravallah.

The more things change the more they stay the same. The GCMS has made some changes internally this year in an effort to adjust to financial pressures. This was all done with cuts to expenses and no increase in dues. The TEA partiers would be proud. The organization still runs a full compliment of committees and has a seat at the table whenever health care issues are being discussed in the area. Sometimes the discussion at these tables relates to payor issues, and sometimes it relates to community health. Either way, it's all on our radar. Yet, despite all the work that is being done on behalf of our members



S. Bobby Mukkamala, MD

and our community, our membership is stagnant. There are still 371 physicians in the area who are not members of the GCMS despite the fact that we have about 77% market penetration. After 10 years of service on the membership committee, it is clear to me now that there are those among us who are perfectly content to not participate in the betterment of our profession and instead are satisfied with their vocation.

Many hands make light work. Thankfully, there are enough members of the medical profession in our community that see the betterment of our profession as part of our calling. It is simply not

enough to be a good doctor and expect that everything else will sort itself out. We have learned this from years of watching more and more hands enter into our office and turn our ability to practice the way we want upside down. It is because of our collective efforts that we in Genesee County continue to enjoy the merits of the true private practice of medicine. So let us not stop now, but instead continue to advocate for the ongoing ability of physicians to care for their patients in a manner that is untainted by external forces.

GCMS MEETINGS

– OCTOBER 2011 –

10/3, 8 a.m. – Legislative Liaison @ GCMS

10/5, 7:30 a.m. – Bulletin Committee @ GCMS

Recessed, 12 Noon – Membership Committee @ GCMS
meets every other month

10/25, 5:15 p.m. – Finance Committee @ GCMS

10/25, 6 p.m. GCMS Board of Directors @ GCMS

10/26, 12:30 p.m. – Community & Environmental
Health Committee @ GCMS

10/27, 8 a.m. – Practice Managers @ GCMS

SAVE THE DATE:

Presidents' Ball

11-19-2011

Riverfront Banquet Center

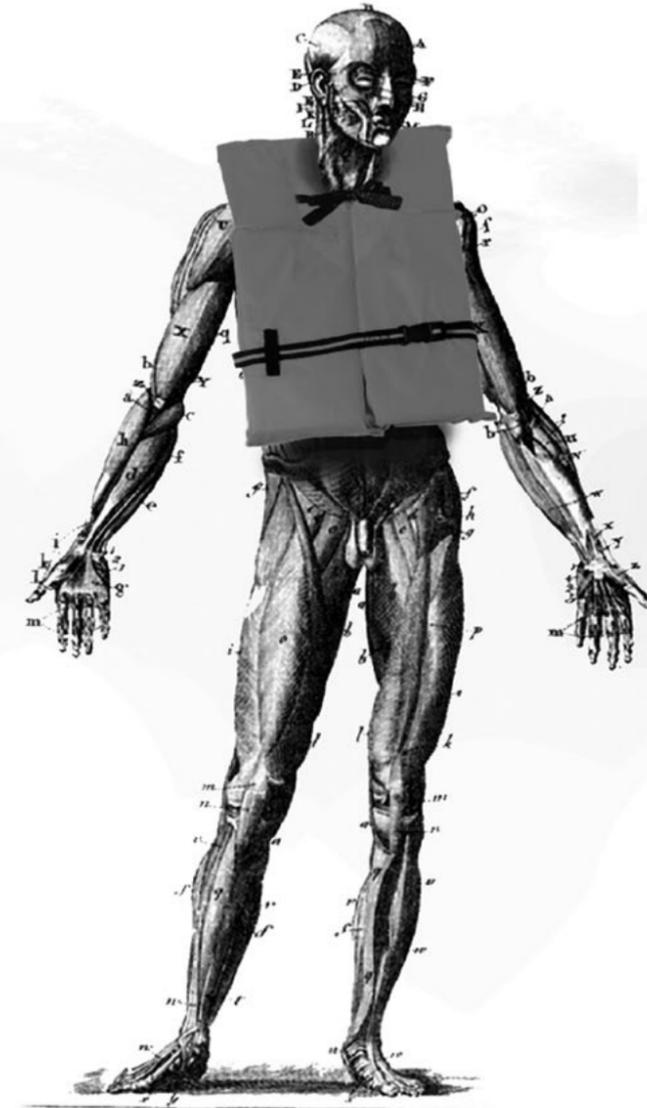
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Figure 2

Anatomy of MSMS Physicians Insurance Agency

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YOUR MISSION, SHOULD YOU DECIDE TO ACCEPT IT

There are those who give with joy, and that joy is their reward.

– Kahlil Gibran (1883 -1931)

Are you interested in an adventure in an unusual or exotic location? Volunteering for a hitch with a medical mission organization may satisfy a wanderlust and simultaneously allow you to share your knowledge and skills with those in need of medical care in a foreign country. Medical missions can be a very rewarding experience and many volunteers return year after year to the same area to help the local population.



Daniel Ryan, MD

Medical missions become involved in parts of the world where access is hampered by armed conflict, severe poverty, natural disasters, epidemics, and/or a chronic shortage of decent acute and chronic care. They have been around for centuries but definitely became more numerous with the advent of routine air travel in the post World War II era.

There are two general types of organizations that sponsor medical missions, faith-based and non-faith-based. The vast majority of medical missions are faith-based missions. Many are affiliated with Christian denominations, and have two general goals: provide medical care to the people in need and introduce the locals to Christianity. There are missions affiliated with other religions as well. Non-faith-based organizations solely promote medical care and are often of the opinion that religious proselytizing can be counterproductive to their health care goals. The most well known non-faith-based group in Medicin Sans Frontiers (MSF), French for Doctors Without Borders, which was created in 1971 by physicians and journalists. Their goal is to provide quality medical care in regions of the world afflicted with war and

malnutrition. MSF has no stated religious or political agenda and received the Nobel Peace Prize in 1997.

Medical mission groups are in need of physicians, nurses, dentists, medical technologists, therapists, paramedics, etc. Also, non-medical personnel are required to fill many positions in administration, accounting, building, and transportation etc. Many faith-based missions may require that your religious views and practice coincide with the tenets of their faith.

Out-of-pocket costs for volunteers vary widely and beware of groups that charge you a lot to become involved. Most credible organizations will pay your expenses while on a mission. Some require help with fund raising or soliciting donations of medicine and supplies. Some short trips of one or two weeks are available, others require a long term commitment of up to one year. Make sure your passport and required immunizations are current. Some countries require a special visa for entry. If you would like to become involved but are not anxious to spend two weeks in a foreign country or a war zone, help is often needed at the home base of the mission. For information on medical missions, go to missionfinder.org or check the website of the particular group you are interested in helping.

Overseas medical missions are not everyone's cup of tea but most who get involved find it to be a positive and joyful experience and make many new friends. Happy travels.



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PASSAGES AT GCMS

This is a month of change at GCMS. This is Dr. Bobby Mukkamala's last month as president. It is always difficult to see a president's term expire. Our staff develops a unique relationship with each president. Our presidents are amazing. They are always chosen by the membership for valid reasons. Dr. Mukkamala's presidency certainly validated the trust that the membership placed in him when they nominated him to serve. It has been a whole year of change.



Peter Levine, MPH

Dr. Mukkamala is the first president to deal with a staff that is not wholly full time. We didn't miss any beats, but his patience with us was appreciated. I'm sure things took a moment longer to do than he expected, and if we seemed a little out of control, maybe we were. But, it was not just a busy year. It was productive. A lot of energy was expended by this organization on legislative issues, state budget issues, managing the GCMS budget, focusing on the needs of individual practices and the assembling of practices in

this community, with change in the HIT and economic environments. A lot of work was done on SGR issues, financial consolidation, and the very exciting "Commit to Fit" program managed by the GFHC.

Perhaps the most potentially disruptive transition is that Marcia Gzym has decided to retire after a wonderful tenure at the GCMS. We have received so many lovely notes and e-mails at the GCMS offices since she announced her retirement. It is proof that people really appreciate her. I certainly have appreciated her most of all. On behalf of over 900 Tasmanian

Devils and the Tasmanian Devil alliance, Marcia, we wish you god speed and a lot of fun in your retirement. We also welcome Sheree Ayres who is stepping into Marcia's post. You will all enjoy her. She comes from a hospital background and is very familiar with medical issues and health care in general. Please welcome her to the tight-knit family of the GCMS.

Let's hope for a long break in the passages.

Announcement

GCMS members now entitled to 15% discount on automobile and homeowners insurance.

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TO ALL GCMS ALLIANCE MEMBERS AND PROSPECTIVE MEMBERS

MEMBERSHIP MEETING:

November 1st, 2011

The art of food Presentation
At the home of Sue Lauber

Join us for a fun afternoon learning how to make your food look the most attractive for you special guests. We can all learn a few new tricks. Should be a fun time and you won't want to miss it. Contact Cheryl Thoms at 732-7719 for more information and to RSVP.

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HEADED FOR A CRASH: LAWMAKERS NEED TO STOP AUTO NO-FAULT BILLS FROM ENDANGERING HEALTH CARE

As physicians, we know that the physical and emotional toll of a serious automobile accident on individuals and their families can be staggering. In addition, the medical treatments and services associated with recovery can often impose a significant financial burden on families.

That is why MSMS strongly opposes Senate Bills 293 and 294, sponsored by Sen. Joe Hune (R-Hamburg Twp.), which aim to rewrite Michigan's automobile insurance laws, effectively repealing our state's model no-fault insurance system and replacing it with a dangerous system that relies instead on expensive lawsuits, higher health insurance premiums for families, and a cost shift from insurance companies onto the state's ailing Medicaid system.

Our Current Auto No-fault Law

Here in Michigan, when a motorist is seriously injured in an automobile accident, our insurance system currently covers many of the costs associated with recovery.

Eliminating Michigan's no-fault insurance laws won't just lead to thousands of new lawsuits clogging our courtrooms; it will drive up costs on taxpayers with a massive shift from no-fault insurance to Medicaid.

Senate Bills 293 and 294 also would dramatically limit the amount of health care funds available to many patients injured in automobile accidents.

What Would Happen if the Bills Pass?

If the bills pass, here are just a few of the likely repercussions that we are asking lawmakers to consider:

- Accident victims' injuries resulting in medical expenses higher than the limits they have selected— including children who never had the right to choose and seniors who choose not to drive—will be forced to turn to their health care insurance and Medicaid, causing the financial burden on Michigan taxpayers to skyrocket.
- Health insurance premiums paid by job makers and Michigan families will increase while Michigan's balanced budget will be threatened by staggering hikes in Medicaid reimbursements.



Venkat Rao, MD
District VI Director

- Physicians and other health care providers servicing these patients will no longer be reimbursed for desperately needed treatments, threatening not only their patients' health, but driving health care jobs out of Michigan.

- The bills also cap the reimbursement rate for many health care services at levels significantly lower than the standard rate. This move will cut wages, cut jobs, and disincentivize health care workers from locating in Michigan.

- Michigan's "Catastrophic Claims Fund" could not cover the need if the state moves away from no-fault.

There is absolutely no guarantee in this legislation that insurance companies will significantly reduce automobile insurance premiums as a result of this reform. There is absolutely no guarantee that if they do lower the premiums that they will keep them reduced for any significant period of time. While the loss of job and life-saving insurance benefits resulting from this legislation will be permanent, any rate relief that may occur will likely be minimal and temporary.

Next Step: Contact Your Lawmaker Now!

The bills were referred to the Senate Committee on Insurance last spring, and are expected to be taken up during this legislative session.

TAKE ACTION NOW - Use the MSMS Action Center (www.msms.org/action) to contact your own state senator and urge him/her to stop these dangerous bills!

MSMS has joined the Coalition Protecting Auto No-fault (CPAN), a group of more than 20 health care and consumer organizations that continue to vigorously oppose repeated efforts of the Michigan auto insurance industry to dramatically weaken the Michigan No-fault Law and substantially diminish the rights of accident victims and their medical providers. Find a report issued by CPAN about the impact of these bills on Michigan's economy—at www.cpan.org.

For more information, contact Colin Ford at MSMS at 517-336-5737 or cford@msms.org.

HOW DO YOU DEFINE FAILURE?

By Doreen Schoenborn, MA, ACMPE Nominee
Chair-Michigan Medical Group Management Association
Practice Manager - Donald P. Condit MD &
Peter J. L. Jebson MD, Orthopaedic Hand, Wrist & Elbow Specialists

Everybody fails. The most successful people in the world have failed at something in their lifetime. If you've failed at something, no matter how big or small, you are in good company. Failing is fine, but you need to know how to pick yourself back up and get back at task with a positive attitude.

It's important for your leadership team to realize that when they feel they have failed at something, it actually gives them the opportunity to be successful. Failure can ignite the flame to empower you to keep a positive attitude and work hard to continue to reach that goal. There have been some very successful opportunities that have come from failed attempts.

3M scientist Spencer Silver was attempting to create a strong adhesive back in 1970. Instead, he created a weak glue that stuck to objects but could be easily lifted off. Ten years later, 3M began distributing Post-it® Notes. Where would we be without our Post-It's®? I know I certainly use my fair share of them. Failure? I think not. But at the time, the inventor probably thought he failed. What he did next is the difference between success and failure. He evaluated the situation and found a winning outcome. That's what we need to do, evaluate what are our so-called failures. We may not reach our specific goal on our timeline; however, we have made significant progress along the way. Is that failing? - NO. It's time to re-evaluate our timeline realistically. Flexibility while outlining the goals we wish to reach is a key piece of the puzzle when we are reaching for success.

To be successful we need to be honest with ourselves. I bet if we looked at one of our most recent failures, we'd find that it was not truly a failure as much as it was a detour on the way to our success. We have to learn from our experience and not let our negative emotions take over. Self-doubt, disappointment and negativity will never get us to our goal. Reviewing the situation honestly and evaluating where we could have done something different is significant. We need to keep a positive attitude and not doubt our abilities. Get back at it and see ourselves reaching our goals. Success at anything worthwhile is not immediate. It takes time, dedication, perseverance, determination and a positive attitude.

With that said, ok yes, we all doubt ourselves at times and find it hard to see the successes in our lives and need to lean on someone. Our spouses, friends, mentors and colleagues are people who help us through rough times both personally and professionally. Being a member of Michigan Medical Group Management Association (MMGMA) comes with many benefits. One of those benefits is the networking opportunities where managers and administrators build friendships and learn from and with colleagues. MMGMA membership is a valuable tool to keep your management team informed and inspired. I invite you to remind your manager or administrator what great work they do and take this opportunity to enroll the leaders of your organization in MMGMA. I wish you and your team many successes (even if they are disguised as failures) and I look forward to meeting your leadership team at the Fall Conference in Grand Rapids this September.

For more information about the Fall Conference or for a Membership Application please contact Sherry Barnhart at: sbarnhart@michmgma.org.



Retirement!



I love the sound of it. I am officially retiring on October 1 (but will train the new person before I leave!). I am very excited to start a new phase in my life.

As most of you know, my husband retired a year ago after teaching for 38 years at Flushing High School, so he has had his year of doing whatever. We hope to get in a lot more time with our two grandchildren in Grand Rapids and maybe take a trip or two. I really want to see Mt. Rushmore.

I want to thank everyone for their support over my 5 ½ years at GCMS. I have met some very fascinating and wonderful people. The GCMS Alliance is a group I'm so glad I have gotten to work with. These ladies and gentlemen work hard in our community to make it a better place for all of us. Thank you GCMSA for treating me like one of your own.

Then there is Pete, I will really miss him. He has been the best boss anyone could ever have, and a good, trustworthy friend. We have had a good working relationship and a lot of good laughs. It's pretty funny when you know what your boss is thinking without him actually saying it. We joked when he started his weight loss journey that if he kept it up he would lose a whole secretary in weight. Well, I'm happy to say he has matched me for what I weigh to what he has lost. Congratulations Pete! Sheree Ayres, my replacement, will be the luckiest person to have you.

Thank you again GCMS for everything.

– Marcia Gzym

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- Eat less sugar, salt and processed foods.
- Pack a lunch instead of eating out.
- I will lose _____ pounds.
- _____

MOVING MORE

- Walk more.
- Be active 30 minutes each day.
- Limit screen time.
- Exercise with family and friends.
- _____

NOT SMOKING

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- Set a quit date of _____.
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Internal Medicine
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Service PC
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Troy, MI 48083
Ph: (248) 740-1565
Dr. Burton received her medical
degree from Ross University School
of Medicine, Dominica, W. I. in
1992. She did her residency at
Cook County Hospital, Chicago,
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Welcome Sheree Ayres

I feel extremely honored to have been chosen as Genesee County Medical Society's new secretary. I am so excited to be here and look forward to working with all of you. I have some rather big shoes to fill with Marcia's retirement. After working with her during the transition, I can clearly see what an asset she has been to GCMS.

I have worked in the healthcare field previously in a hospital executive office so I am very familiar with the administrative functions of healthcare. I am not entirely new to this field, but look forward to the new experiences and challenges of this position.

I live in the Flushing area and have a 5 year old son who has just begun kindergarten. This is a very exciting time. We enjoy traveling, museums, and outdoor activities.

Again, I am truly honored to be here working with people who make a difference within our community.



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YOUR \$\$\$ AT WORK

- GCMS coordinating of the medical components of its community wide "Commit to Fit" initiative
- GCMS liaised with new dean of U of M school of professions
- GCMS liaised with Michigan State University Master's of Public Health (MPH) program
- GCMS held critical town hall meeting on electronic medical records meaningful use, AMAGine and HIPAA 5010
- GCMS communicated with legislators opposing changes to the auto no-fault and motorcycle helmet laws
- GCMS held meeting between practice managers and Genesee Health Plan
- GCMS arranged for meeting with practice managers and Blue Cross provider enrollment staff
- GCMS hired and is training a new secretary
- GCMS completed planning of President's Ball

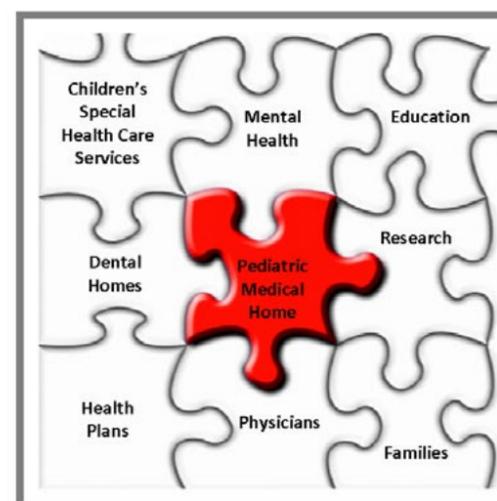
SAVE THE DATE — OCTOBER 19, 2011



MOTT CHILDREN'S
HEALTH CENTER
39TH ANNUAL

TUURI DAY CONFERENCE

*"THE PEDIATRIC
MEDICAL HOME MODEL:
A SYSTEMS APPROACH -
HOW THE PIECES FIT"*



FOR MORE INFORMATION, PLEASE CONTACT MARY WOOSTER AT (810)767-5750, EXT. 5299

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THE AMERICAN ACADEMY OF PEDIATRICS

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™
Michigan Chapter

News Release

For Immediate Release

Contact: Dyana Gebauer
dgebauer@medadvgrp.com

Local Practices Earn Patient-Centered Medical Home Designation from Blue Cross Blue Shield of Michigan

Nation's largest PCMH program transforming primary care in Flint

Flint, Mich. (July, 2011) — Blue Cross Blue Shield of Michigan (BCBSM) has designated 25 practices from Flint-area physician organization, Professional Medical Corporation (PMC), as a Patient-Centered Medical Homes for 2011–2012.

That means that PMC includes a select group of primary care physicians in Michigan who are improving health care quality by adopting the PCMH model of care.

"The patient-centered medical home is health care centered on the patient, which is consistent with many of PMC's physicians' current approaches and values" said PMC Board Member and PGIP Committee Chair Farhan Khan, MD. "We take a comprehensive approach to patient care, helping our patients meet their health goals and keeping track of all their specialist visits, test results and prescriptions, among other things."

BCBSM has designated nearly 2,500 physicians — representing roughly 770 primary care practices — as PCMH practices. The program is the largest of its kind in the country and has the potential to affect millions of Michigan residents. PMC increased the number of Patient-Centered Medical Homes from 15 in 2010 to 25 in 2011.

PMC's Flint-area PCMH designated practices, include:

- Asif Ishaque, M.D., P.C.
- Timur Sumer, M.D., P.C.
- Naresh K. Kinra, M.D., P.C.
- Cecilia G. Lopez, M.D., P.C.
- Farhan M Khan, M.D., P.C.
- Badar I. Ahmed, M.D., P.C.
- Fenton Medical Center, P.C.
- Flushing Road Internal Medicine and Pediatrics
- Premier Medical Clinics, PC - Sattar
- Child and Adult Medicine of Grand Blanc, P.C.
- Wendy B. Lawton, M.D., P.L.C.
- Alicia J.B. Franco-Imperial, M.D., PLC
- Joseph B. Luna, M.D., P.C.
- Premier Medical Clinics, PC - Peddireddy
- Akpinar Childrens Clinic, P.C.
- Michigan Internal Medicine & Pediatrics, P.C.
- Jitendra P. Katneni, M.D., P.C.
- Michigan Health Specialists
- Naresh K Kinra, MD PC - Kiran Kinra, MD
- Caroline D Mathew, MD, PC
- Samasandrapalya Kiran, MD, PC
- M.W. Eustace, M.D., P.L.C.
- S & K Vemuri, MD, PC
- Damayanthi Pandrangi, M.D., P.C.
- Grand Blanc Adult Medicine, P.C.

With the PCMH model, primary care physicians (pediatricians, internists and family practice doctors) lead care teams that bring intensive focus to their patients' individual health goals and needs. The teams work with patients to keep them healthy and monitor their care on an ongoing basis.

"We coordinate our patients' health care using technologies such as registries, which help to track our patients' health conditions and ensure that they receive the care they need. We offer our patients increased access to the care team, coordinate complementary care and help our patients learn to better manage conditions like asthma and diabetes," said Dr. Khan.

A recent analysis of Blue Cross Blue Shield of Michigan claims data suggests that PCMH-designated doctors are succeeding in more effectively managing patients' care to keep them healthy, prevent complications and help reduce emergency room visits, in addition to increasing care and focus on their patients.

Additionally, in preparation of the implementation of its Organized System of Care (OSC) program, PMC physicians have scored in the top 15th percentile of all physician organizations in Michigan in cost and trend.

OSC's are similar to Medicare's Accountable Care Organizations (ACO) and are a natural evolution of the work physicians have been doing to implement PCMH capabilities. BCBSM is just beginning to define and establish criteria for OSC's, and one of the essential components is a minimum of 20,000 attributed BCBSM members, which PMC has. Also, a majority of the primary care practices must be designated as PCMH's with an all patient registry and a pro-active process of care.

OSC's expand the model of PCMH to include hospitals and specialists working closely with a primary care team, put emphasis on value-based care and encourage changes in incentives and reimbursement to support the development and reward the results, of highly functioning health care systems.

ABOUT PMC

Professional Medical Corporation is a Flint-area physician network working with more than 412 physicians since 2006. PMC's mission is to encourage improvements in the quality and efficiency of patient care by engaging in opportunities which recognize and reward health care providers for performance excellence. PMC has achieved success in process improvement, performance improvement, PCMH, and technology implementation. For more information, visit: www.pmcpc.com.

SPONSORED ARTICLE

Genesee County Medical Society Dinner Business Meeting

September 1, 2011 - MINUTES



CALL TO ORDER:

The meeting was called to order at 6:35 p.m. by S. Bobby Mukkamala, MD, President in the Flint Golf Club dining-room.

Introduction of Guests:

Dr. Mukkamala welcomed everyone to the town hall meeting on Meaningful Use and HIPAA 5010. He also welcomed distinguished guests Dara Barrera, MSMS Business Development, Stacey Hettiger, MSMS Manager Health Care Delivery, and MSU Medical Students Justin Lockwood, Erin Lorencz, and Eve Hood. He also introduced Anjali Modi who is also a medical student. In addition, he also introduced Lisa Manogian from the AMA representing the AMAGINE Program.

Dr. Mukkamala introduced each of the sponsors for the evening, he invited them up to introduce themselves, Abbott Laboratory, MSMS Physicians Insurance Agency, Mobility Plus One Health Care, Mobiusoft, ProAssurance, and The Doctors Company.

Review of Minutes:

Motion:

That the Minutes of May 5, 2011 Dinner Business Meeting be approved as presented. *The Motion Carried.*

Membership Applications:

Motion:

That the following membership applications be approved as presented.

Requesting Membership:

Michael Danic, DO Ranjan Monga, MD Dirk Snyder, MD

Requesting Reinstatement:

Robert Bouvier, Jr., MD

Requesting Dues Exempt:

Byron Schoolfield, MD

Requesting Part-time for One Year:

Badar Ahmed, MD

McLaren Residents Requesting Membership:

Ghidah Al-Khoury, MD

Nikolas Dimorski, MD

Jeremiah Lopez, MD

Cheryl Jeffrey Chenyi, MD

Sohaib Elsayed, MD

Shruti Pathak, MD

Requesting Hardship:

Rosemarie Kennedy, MD a member since 2004

The Motion Carried.

Dr. Mukkamala introduced Dr. Carlo Dall'Olmo who received the 2011 MSMS Community Service Award for his volunteer work in Germany treating troops from Iraq and Afghanistan.

Nominating Committee Report:

Dr. Mukkamala reviewed the slate of nominees published in *the Bulletin* and approved by the GCMS Board of Directors for GCMS officer positions.

Motion:

That the slate of nominees be approved by acclamation.

PRESIDENT-ELECT: Raymond Rudoni, MD

TREASURER: Shafi Ahmed, MD

DELEGATES:

Laura Carravallah, MD

Michael Boucree, MD

Raymond Rudoni, MD

Mona Hardas, MD

Tarik Wasfie, MD

Paul Lazar, MD

Jagdish Shah, MD

Shafi Ahmed, MD

ALTERNATE DELEGATES:

Michael Jaggi, DO

Peter Thoms, MD

Nita Kulkarni, MD

Niketa Dani, MD

Suresh Anné, MD

Rima Jibaly, MD

AppaRao Mukkamala, MD

Brenda Rogers-Grays, MD

Robert Soderstrom, MD

Samasandrapalya Kiran, MD

Gerald Natzke, DO

FINANCE COMMITTEE:

Deborah Duncan, MD

John Waters, MD

INTERNATIONAL MEDICAL GRADUATES DELEGATION:

Shafi Ahmed, MD	Abd Alghanem, MD	Sarah Ali, MD
Qazi Azher, MD	Amitabha Banerjee, MD	Rao Botta, MD
Edward Christy, MD	Hytham Fadl, MD	Hesham Gayar, MD
Ayman Haidar, MD	Mona Hardas, MD	Asif Ishaque, MD
Rima Jibaly, MD	Sunil Kaushal, MD	S. Kiran, MD
Sreen Mannam, MD	AppaRao Mukkamala, MD	Sayed Osama, MD
George Predeteanu, MD	Venkat Rao, MD	Jagdish Shah, MD
Jawad Shah, MD	Hemant Thawani, MD	Tarik Wasfie, MD
Sania Zainuddin, MD	Vijay Naraparaju, MD	

YOUNG PHYSICIANS SECTION:

Janice Reynolds, MD – Delegate Sunita Tummla, MD – Alternate Delegate

PRESIDENT FOR A DAY:

Billie Lewis, MD

PRESIDENTIAL CITATION FOR LIFETIME COMMUNITY SERVICE:

James Martin, MD

The Motion Carried.

Announcements:

Dr. Mukkamala reported that Marcia Gzym is retiring effective October 1st. He expressed his appreciation to Marcia for her tenure at the GCMS and noted that she will be missed. Marcia received a standing ovation from those assembled. He also reported that Sheree Ayres has been hired to replace Marcia and asked everyone to welcome her. Dr. Mukkamala then reported the President's Ball will take place on November 19 at the Riverfront Banquet Center. He stated that this will be a unique and wonderful event, and invited all to attend.

Introduction of Speakers:

Dr. Mukkamala introduced the speakers for the evening, Dara Barrera and Stacey Hettiger. A very interesting presentation was provided on Meaningful Use and HIPAA 5010 followed by a very active discussion with the audience.

Adjournment:

No further business appearing. The meeting was adjourned at 8:30 p.m.



CHRONIC INFLAMMATION, hs-CRP AND ANATABINE

Time magazine, 2/2004; Star Scientific reports.

What does a stubbed toe or a splinter in a finger have to do with your risk of developing Alzheimer's disease, suffering a heart attack or succumbing to colon cancer? More than you might think. They are related to an immunological defense mechanism called inflammation.

Most of the time, inflammation is a lifesaver that enables our bodies to fend off various disease-causing bacteria, viruses and parasites. In any event, inflammation becomes chronic rather than transitory. When that occurs, the body turns on itself like an ornery child who can't resist picking a scab with aftereffects that seem to underlie a wide variety of disease.

Chronic low-level inflammation destabilizes cholesterol deposits in the coronary arteries, leading to heart attacks and potentially even strokes. It chews up nerve cells in the brains of Alzheimer's victims. It may even foster the proliferation of abnormal cells and facilitate their transformation into cancer. In other words, chronic low-level inflammation may be the engine that drives many of the most feared illness of middle and old age. Making matters worse, it appears that many of the attributes of a Western lifestyle – such as a diet high in sugars and saturated fats, accompanied by little or no exercise – also make it easier for the body to become inflamed.

C Reactive Protein (CRP) is a simple blood test that could serve as a marker for chronic inflammation, it is a protein produced by the liver in response to an inflammatory signal. Normally it should be less than 3.0 mg/L. During an acute illness, like a severe bacterial infection, levels of CRP quickly shoot from less than 10 mg/L to 1,000 mg/L or more. But in chronic, low level inflammatory status, CRP may be only slightly elevated. Some studies show that having a CRP reading of 3.0 mg/L or higher can triple your risk of heart disease. The difference between normal and elevated is so small that it must be measured by a specially designed assay called a high-sensitivity (hs) CRP test.

Conditions that will increase hs-CRP include:

- Chronic mild infections such as gum disease, skin infection, infected ingrown toenails,
- Chronic, allergic reactions,
- Arthritis, chronic back pain, muscle pain, fibromyalgia, Chronic Fatigue Syndrome,
- Aging, "inflammaging",
- Chronic neurodegenerative disorders, Alzheimer's disease, Parkinson's disease, Multiple Sclerosis, Autism, Epilepsy, etc.
- Autoimmune disease, Ulcerative colitis, Crohn's disease, irritable bowel syndrome, chronic inflammatory bowel disorder, colonic diverticulitis,
- Chronic Depression, Schizophrenia,
- Malignancy

We have been using aspirin to prevent heart attack, and evidence is growing that it may also fight colon cancer and even Alzheimer's disease by reducing inflammation in the digestive tract and the brain. However the side effect of peptic ulcer and bleeding tendency is significant.

Anatabine is a natural substance found in many plants, including tomatoes, pepper and tobacco that can potentially reduce inflammation much more effectively than aspirin can, and also prevent cancer, Alzheimer's disease, heart attack, aging process, without foreseeable side effects.

Some benefits of cigarette smoking that have been documented in the literatures are possibly due to the effects of Anatabine, not nicotine. Anatabine is a component of tobacco. The benefits include:

- Positive enhancement of individual's mood, anti depression,
- Weight loss,
- Prevent Alzheimer's disease, Parkinson's disease, Multiple sclerosis, Tourette's disease, Ulcerative colitis and sleep apnea,
- The children of smokers had lower rates of allergic rhinitis, allergic asthma, atopic eczema, and food allergies.

Anatabine calms and down regulates the harmful immune system or low grade inflammatory effects without suppressing the normal defense immune system. By doing this, the body will not be open to all kind of terrible infections.

We would like to invite you to participate in this 300 patients' study, to confirm that anatabine can reduce chronic low-level inflammation and elevated hs-CRP.

Literature references are available upon request.

Anatabloc™

Anti-Inflammatory Support

Breakthrough Technology Conference

You are cordially invited to lunch at
The Warwick Hills Golf & Country Club

When:

Saturday, October 22nd
11:45 AM – Lunch & Presentations

Where:

Warwick Hills Golf & Country Club
G-9057 South Saginaw
Grand Blanc, MI 48439

Highlights:

Michael Mullan, M.D., PhD, Director of Roskamp Institute
Paul Ladenson, M.D., Director of Endocrinology & Metabolism at Johns Hopkins
Patrizio Caturegli, MPH, M.D. Associate professor of Pathology and Endocrinology at Johns Hopkins

Dr. Mullan, Dr. Ladenson, and Dr. Caturegli will be presenting the breakthrough technology and science behind Anatabloc.

Featured Guest:

The First Lady of Virginia, Maureen McDonnell

Event Details:

We look forward to having you join us as we launch Anatabloc!

Please RSVP by Oct 18th

with Dr. Dale Wilson (810) 280-8346 DALEWLSN@aol.com

Meeting is limited to 200 participants

Please use access code (AB9952) to view the events calendar and to learn more about Anatabloc™.



<http://anatabloc.com/upcoming-events/>

HAPPY BIRTHDAY DOCTOR

Eleuterio Lumaque Jr	1	Chandulal Malde	10	S Peter Almeida	19
Waleed Khan	1	Behrouz Moghtassed	10	Musa Haffajee	19
Walter Barkey	2	Lee Perry	10	Wayne Kinning	19
Mohammad Amin	2	Kavita Rajkotia	11	Richard Lundeen	20
George Predeteanu	4	David Barbour	11	Vernon Urich	20
Bhargavi Rajji	4	Robert Weber	11	Allan Ebert	20
Randolph Schumacher	4	John Lusk	12	Giovanni Digiannantonio	21
Miguel Perez-Pascual	5	Prajesh Patel	12	Adrienne Kimler	21
Lewis Twigg	5	Jerome Kasle	13	Alex Solik	21
Alicia Alimboyoguen	6	Hemant Thawani	13	Walter Cukrowski	22
William Macksood	6	Jeanne Hicks	14	Duane Bailey	23
Anthony Parillo	6	Berton Mathias	14	Billie Lewis	24
Sandra Shortt	6	Naraharisetty Rao	14	Hugh Grover	24
Ahmed Arif	7	Amitabha Banerjee	15	Melodie Knicely	24
Donald Hardman	7	Tai Kang	15	Robert Yochim	26
James Wagner	7	Krishna Shah	15	Edgardo Balde	27
Jack Price	8	John Dobson	16	Vincente Carino	27
Nilufer Sumer	8	Sunil Kaushal	16	Christopher Conlin	27
Afroze Hai	8	Mohammed Syed	16	Christopher Cukrowski	28
Jack Nettleton	9	Burhan Tajour	16	Kevin Gaffney	29
Abdul Hassan	10	Frederick Bruening	18	Daniel Ryan	29
Prasad Kommareddi	10			James Brown	31

OCTOBER

CLASSIFIEDS

OFFICE SPACE AVAILABLE

Small office located by front door of Genesee County Medical Society suite. Great exposure for businesses seeking visibility with physicians. Conference room availability possible. Office size 100 sq. ft. at \$12 per sq. ft. triple-net. Additional office space available. Contact Pete Levine at (810) 733-9925 for details.

EMC SHIFTS AVAILABLE

for doctors wishing to work in urgent care setting. Call Joanne Pratt at (810) 516-2891.

ATTENTION!!!

The new GCMS hours will be
8 a.m. to 4:30 p.m. Monday – Thursday
The GCMS offices will be
closed on Fridays.

Check Out Our Website: www.gcms.org

**ATTENTION
CHANGE FOR THE ROSTER**

Eugene Chardoul, MD
3499 S. Linden Rd., Ste. 2
Flint, MI 48507
Ph: 810-820-8121
Fax: 810-820-8335

GCMS MEMBERS

If you are interested in having access to the "Members Only" section on the GCMS.org website please call or email your password to Sheree at sayres@gcms.org or call 733-9923. Thank you.



MICHIGAN STATE
MEDICAL SOCIETY
120 W. Saginaw, Lansing, MI 48823
msms@msms.org • www.msms.org
517-336-5762

**State and County Medical Society
Membership Application**

GENESEE COUNTY
MEDICAL SOCIETY
4438 Oak Bridge Dr., Suite B
Flint, MI 48532
810-733-9923 • mgzym@gcms.org



Please PRINT or TYPE

FULL NAME _____ MD or DO (Circle One)
List First Middle Initial
 HOME ADDRESS, CITY & ZIP _____
Area Code & Telephone Number
 OFFICE ADDRESS, CITY & ZIP _____
Area Code & Telephone Number
 PRACTICE NAME _____
Office Fax Number
 EMAIL ADDRESS _____ For mailing, please use (check one): Office address Home address

BIOGRAPHICAL DATA Sex: Male Female Birth Place _____ Date of Birth _____
Month Day Year
 Maiden Name _____ Spouse's Name _____
 Languages Spoken _____
 Government Service (check one): Military National Health Service Beginning Date _____ Completion Date _____

EDUCATION (please complete or attach CV)

INSTITUTION	LOCATION	DEGREE	YEAR GRADUATED	
			Beginning	Ending
College/University _____	_____	_____	_____	_____
Medical School _____	_____	_____	_____	_____

INTERNSHIP, RESIDENCY, AND FELLOWSHIPS	SPECIALTY	COMPLETION DATE
_____	_____	_____
_____	_____	_____

License: MI # _____ Date Issued _____ ECFMG # _____
 License held in other states/countries (list states or countries) _____

PROFESSIONAL DATA

Present Type of Practice (check appropriately):
 OFFICE BASED: Solo Hospital Based Teaching Research Government
 Group Practice Name _____ Other (specify) _____
 Specialty(ies) _____
 Board Certifications (list specialties & dates) _____
 Present Hospital Appointments (list dates) _____
 Practice History _____
 Previous Medical Society Membership (list dates) _____
 Specialty Society Memberships _____

Within the last five years, have you been convicted of a felony crime?..... Yes No If YES, please provide full information.
 Within the last five years, has your license to practice medicine in any jurisdiction been limited, suspended or revoked?..... Yes No If YES, please provide full information.
 Within the last five years, have you been the subject of any disciplinary action by any medical society or hospital staff?..... Yes No If YES, please provide full information.

I agree to support the GENESEE COUNTY MEDICAL SOCIETY Constitution and Bylaws, the MICHIGAN STATE MEDICAL SOCIETY Constitution and Bylaws, and the Principles of Ethics of the American Medical Association as applied by the AMA and the MSMS Judicial Commission.

Signature _____ Date _____

WHEN COMPLETED, please mail to MSMS or Genesee County Medical Society, or FAX to 517-336-5797. THANK YOU!



AMA Foundation 2011

WHERE DOES THE MONEY GO?

- The Fund for Better Health provides grants to support community - based public health service projects in areas such as substance abuse prevention, violence prevention and healthy lifestyles.
- The Development Fund is an unrestricted fund that allows the AMA Foundation to respond quickly to issues as they arise or provide support in areas of greatest need.
- The Scholars Fund distributes approximately \$500,000 annually in tuition assistance to medical students across the country. Gifts to this fund can be designated to specific U.S. medical schools.

GENESEE COUNTY MEDICAL SOCIETY ALLIANCE
 • AMA Foundation Holiday Greeting 2011 •

Contributor(s) _____
 Amount of Contribution \$ _____
 Address _____

DESIGNATED FUND:

Scholars Fund _____
 (Medical School Name, City, State)
 Fund for Better Health _____
 Development Fund _____

Mail your completed form, along with check payable to The AMA Foundation, to Kee Ja Kang, 8511 Hidden Forest Court, Grand Blanc, MI 48439.

For questions or more information, please call Kee at (810) 603-1020.