

# THE Bulletin

November 2016 Volume 111, Number 32

Meet Your New President, *John Hebert, III, MD*



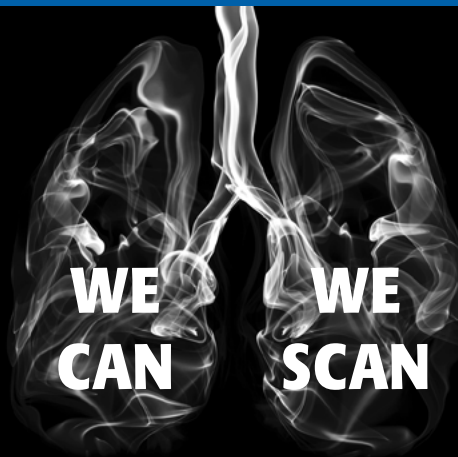
**GCMS Voted No-Confidence  
in ABIM Board**

**GCMS & GFHC Resolution  
on Public Health Reporting**

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# THE BULLETIN

*Read by 96% of GCMS members.*

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### Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

### Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

### PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

### THE BULLETIN

Published by the Genesee County Medical Society Publication Office  
4438 Oak Bridge Drive, Suite B, Flint, Michigan 48532  
Phone (810) 733-6260 Fax (810) 230-3737

By subscription \$60 per year. Member subscription included with Society dues. Contributions to THE BULLETIN are always welcome. Forward news extracts or material of interest to the staff before the 5th of the month. All statements or comments in THE BULLETIN are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society.

This publication  
designed and  
edited by



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# GCMS WORKS TIRELESSLY FOR YOU

This month I will be inaugurated as the President of the Genesee County Medical Society. I want to thank the Medical Society for having the confidence in my leadership abilities to select me for this prestigious position. I only hope that I will be worthy of the trust placed in me as I follow the long line of dedicated presidents, including outgoing President, Pino Colone, MD, who have preceded me.

The past year has been one that has truly tested the resolve and the leadership role that the Genesee County Medical Society has played in dealing with the myriad of medical issues affecting the health of the county's population and the Medical Society's advocacy on behalf of its members and their patients.

The past two years found the GCMS fully engaged with the ongoing lead-related Flint Water Crisis, the Legionella outbreak and most recently the Shigellosis cases occurring in the county. These issues remain at the forefront and will continue to be the priorities that I and the Medical Society will continue to address.

This community has been barraged by a multitude of state and federal agencies with their interventions and recommendations for addressing the health crisis that has so adversely affected this community. Their interests and interventions, while appreciated, must be accessed and evaluated with the best interest of the community being paramount. This scrutiny for efficacy, which will continue, is a role embraced by the Medical Society.

The Medical Society will continue its tireless work to improve health care outcomes. This includes its collaboration with the Greater Flint Health Coalition and the Genesee County Free Medical Clinic. The Society has a robust committee structure which works behind the scenes to share ideas, address community resources, and provide opportunities to address the



*John Hebert, MD*

state of medicine locally in our community.

However, to continue to function as a highly effective, premier medical society speaking to the needs of both our professional colleagues and the patients we serve, we must address the financial viability of the GCMS. Presently, the overall financial status is precariously close to the point that the Medical Society will no longer be able to maintain its levels of advocacy for our members and patients. Prior sources of income to the Medical Society are no longer available. Membership in the Medical

Society has declined enough to impact viability, while membership dues have not been increased since 1990. Staff reductions have been made to the extent that further reductions will preclude the Medical Society's ability to function at its current level. In the short term, the Medical Society has just been awarded a contract with Wayne State University to study the Legionnaires disease outbreak in the county. This will allow some ease financially over the next year. The long-term financial ability has to be given the highest priority. The Medical Society Foundation has embarked on an ambitious Capital Campaign to raise two million dollars. To this end, members are encouraged to make contributions to the Medical Society Foundation and assist the Medical Society in identifying potential major donors who are willing to also give to the Foundation. We will continue our efforts to recruit new members and to have former members reinstate their membership.

I am optimistic that the GCMS will remain the vibrant county society of stellar reputation that it has had for many years. I will commit to you that my greatest effort will be to maintain this reputation by doing all that I can to restore the financial stability that is essential for this to occur.

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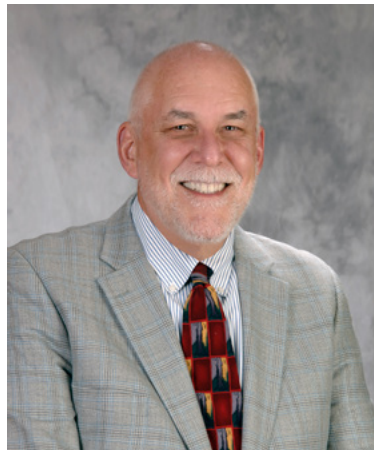
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# TRANSITIONS

November is always a bittersweet month. It represents transition from a President with whom staff has worked with for a year, to the opportunity for staff to work with a new President.

Dr. Pino Colone has had quite a year. He has had to deal with media requests regarding the water crisis, political issues, being a single parent, serving as Speaker of the Michigan State Medical Society House of Delegates, attending AMA meetings, and responding to the staff request for input during this chaotic time in the history of Flint. He has done it all graciously, with savvy, and has been fun to work with. Dr. Colone has been a member since his medical student days, and it has really been nice to work with him this year. Please come celebrate his presidency on November 19th at the President's Ball!

Now we are welcoming your new president, Dr. John Hebert, III. He has been a leader as a Residency Program Director, as Chair of the Hurley Obstetrics and Gynecology Department, and has served the Medical



*Peter Levine, MPH*

Society on the Board of Directors for many years. This coming year may be complicated for many reasons, not the least of which are the changes and payment systems coming down the pike, changing relationships with third-party payers, the Flint Water Crisis, and finances of the Medical Society. If he asks for help, please give it to him. This organization is always looking for new minds. Please take a look at his bio deeper in this issue of The Bulletin, and enjoy getting to know him.

As always, if you find yourself looking for a place to make donations, please keep the Medical Society Foundation in mind. You can make donations in honor of referring physicians, family members and for any other reason. It will be put to very good use. If you have friends who are not members, please encourage them to join. On the back page of The Bulletin is always a membership application. Please put it to good use.

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***In Honor of the GCMS & GCMSA Presidents***

*Saturday, November 19, 2016 @ 6:00 pm*

*Genesys Conference & Banquet Center | 801 Health Park Blvd, Grand Blanc, MI 48439*

*Bring the entire family ~ all ages welcome*

*RSVP by November 7, 2016*  
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# JOHN HEBERT, III, MD



If you are looking for John Hebert, III, MD after hours, you may find him feeding pasta to his koi fish in the pond he made to house them, or thinking fondly about his grandchildren while listening to country music.

Dr. John Hebert was born in Albuquerque, New Mexico. He graduated from the University of New Mexico with a bachelor's degree. He attended Meharry Medical College in Nashville, and he completed his residency training at Hurley Medical Center. Dr. Hebert then entered the United States Army as a major and was stationed in Germany. He is a fellow of the American College of Obstetricians and Gynecologists and he is board certified by the American Board of Obstetrics and Gynecology. He is also certified by the American Board of Quality Assessment and Utilization Review Physicians. Dr. Hebert chaired the Department of Obstetrics and Gynecology at Hurley Medical Center from 1985-2011. He has served as the OB/GYN Program Director of the Hurley Medical Center/Michigan State University College of Human Medicine since 1998. He holds the rank of Associate Professor of OB/GYN at the MSU College of Human Medicine.

Dr. Hebert's passion is medical education, both graduate, and

undergraduate. He is the recipient of numerous Hurley and Michigan State University outstanding teacher awards. He is a past recipient of the Council on Resident Education in Obstetrics & Gynecology National Faculty Award and the Association of Professors of Gynecology & Obstetrics Medical Education Foundation Excellence in Teaching Award. He is a recipient of the Pinnacle Award, Hurley's highest honor awarded to its physicians. In 2013, the John Hebert, III, MD, Distinguished Faculty Service Award was established. It is given in recognition of superior accomplishments in medical research, teaching excellence, scholarship and or mentorship within the Hurley Medical Center Obstetrics & Gynecology Residency Program. In May 2016, Dr. Hebert was the recipient of the Outstanding Community Faculty Award given by the MSU College of Human Medicine.

Dr. Hebert loves teaching residents. To him, they are almost like his own children, and they affectionately call him "boss." He has taught over 500 OB/GYN students and 70 OB/GYN residents since he became Program Director. Under his leadership, the program has doubled in size. He is especially proud of the fact that, in the past nine years, only one resident has





# G C M S P R E S I D E N T

not passed his board exams on the first try! He loves to follow his residents' successes. Dr. Hebert still delivers babies with his residents, and also takes the regular call.

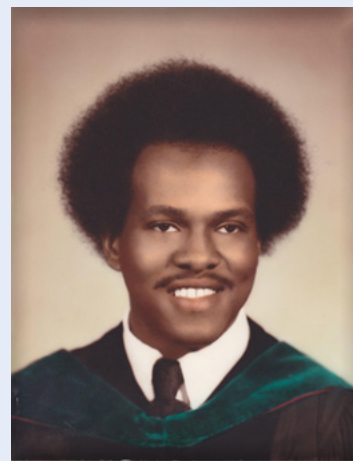
Dr. Hebert's community interests have included serving on the Board of Directors of the Flint Urban League, as Past President of the Flint Rotary Club, and former President of the Board of Directors of Planned Parenthood of Michigan, as well as the African-American Physicians Association of Genesee County. He is a member of Alpha Phi Alpha and Sigma Pi Phi fraternities.

Dr. Hebert and his wife Nelda met at Meharry Medical School and have been married for 43 years. Dr. Hebert has nine siblings. He and Nelda are the proud parents of four children and grandparents of four grandchildren; they especially enjoy spoiling the grandchildren. Daughter, Nichole Hebert-Graham is a lawyer. She has

two children. Her husband, Corey, is a physician. Daughter, Tiffany Hebert, is a pathologist. She has two children and is married to Nathan, an attorney. Son, Sean Hebert, works for a manufacturing company in Grand Blanc. Son, Brian Hebert, teaches English in Hong Kong.

Dr. Hebert loves fish of all kinds, but he no longer has a house full of aquariums. He now raises koi. If he's not tending to his koi pond, you might find him flying his drone, or attaching lenses to his cell phone to take photos. He loves gadgets. He also loves going to the movies, so much so, that he doesn't mind going alone. He loves jazz but is passionate about country music. While at Meharry, he and Nelda were frequent visitors to the Grand Ole Opry. Some of his favorite artists include Kenny Chesney, Willie Nelson, Dolly Parton, and Merle Haggard.

He and Nelda have traveled to Egypt, Europe, India, South America, and most recently to China.



# Practice Managers Review Formulary Implementation



In late September, practice managers met with Jennifer Walters, Director Pharmacy Services, Molina Healthcare and Stacie Saylor, Reimbursement Advocate from the Michigan State Medical Society to discuss Medicaid Drug Formulary following implementation.

The interchange between the speakers and practice managers was very energetic, with problems articulated for Ms. Walters to take back to work on with the other pharmacy program directors at the state level. In addition, Stacie Saylor provided helpful input.

Additionally, Katrina Khouri from Great Lakes Health Connect provided an overview of current programs available to Genesee County physicians at no cost, due to Great Lakes Health Connects interest in Genesee County expansion.

The next meeting of the practice managers group will take place on October 27th and will feature Ron Rybar, Principle of Rybar and Associates, and Stacey Hettiger, Director of Medical and Regulatory Policy at MSMS.

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**Resolution: Timely Public Health Information for Physicians and Healthcare Providers**

**Passed: GCMS Board of Directors, 9/27/16 | GFHC Board of Directors, 10/17/16**

Whereas, the Flint Water Crisis has exposed the longstanding need for immediate and inclusive communication from public health agencies to healthcare providers about epidemiological and incidence information, and

Whereas, there have been several instances in recent months where official information was not provided by the Genesee County Health Department for transmission to healthcare providers in a timely fashion until after a release was issued to the media for the general public, and

Whereas, in the absence of timely, accurate, information from county and state public health agencies, healthcare providers and physicians cannot immediately begin to look for infectious diseases and other health risks, therefore be it

Resolved, that a real-time alert system be established for all reportable information from city, county, and state public health agencies which impacts the public's health and is critical for healthcare providers to know, and be it further

Resolved, that all public health threat information of critical importance to physicians, be provided immediately and proactively by the Genesee County Health Department, the City of Flint, and the Michigan Department of Health and Human Services, to the Genesee County Medical Society for timely transmission to the physicians of Genesee County.

## YOUR \$\$\$ AT WORK

- GCMS worked with major third-party payers to reinstate member
- GCMS convened a Town Hall with Chief Medical Officers of major payers
- GCMS held a practice managers meeting on the Medicaid Drug Formulary
- GCMS and MSMS actively communicated with legislators on CRNA and NP scope legislation
- GCMS continued work on water related community health issues
- GCMS continues to investigate treatment issues related to lead
- GCMS continues to serve as the vehicle of communication between public health agencies and physicians for information critical to physicians



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FOR IMMEDIATE RELEASE  
September 8, 2016

MDHHS CONTACT: Jennifer Eisner  
(517) 230-9804, [eisnerj@michigan.gov](mailto:eisnerj@michigan.gov)

### **Flint receives primary care Health Professional Shortage Area designation**

LANSING, Mich. – Primary care services in Flint, Michigan will be strengthened through a federal Health Professional Shortage Area (HPSA) designation that makes the area eligible for primary care workforce recruitment and retention programs.

“This designation helps ensure that Flint residents are able to receive the health care services they need by helping health care providers recruit primary care doctors, nurse practitioners, and physician assistants to continue practicing in underserved areas,” said Nick Lyon, director of the Michigan Department of Health and Human Services. “With improved access to care, Flint residents will have more opportunities to see positive health outcomes today and in the future.”

The MDHHS requested a HPSA designation for Flint by submitting data demonstrating a shortage of primary medical care providers. After review by the Health Resources and Services Agency within the United State Department of Health and Human Services, portions of Flint received a Primary Care HPSA designation effective August 27, 2016.

Health facilities located within the designated area are able to utilize programs designed to improve access to primary care by recruiting and retaining providers in areas with HPSA designations. These initiatives include the National Health Service Corps Loan Repayment and State Loan Repayment which pay off medical education debt for providers practicing in HPSA designated areas, as well as the International Medical Graduate Program which assists international medical graduates working in HPSA designated areas.

There are three types of HPSA designations: primary care, dental, and mental health. In addition to the primary care HPSA, all of Flint is located within a mental health HPSA and portions are located within a dental health HPSA. HRSA is the primary federal agency for enhancing access to health care for people who are uninsured, isolated or medically vulnerable.

For more information about Michigan designated shortage areas, visit [http://www.michigan.gov/mdhhs/0,5885,7-339-71551\\_2945\\_47514---,00.html](http://www.michigan.gov/mdhhs/0,5885,7-339-71551_2945_47514---,00.html).

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# OCTOBER LEGISLATIVE LIAISON COMMITTEE MEETING

On October 3, 2016, the Legislative Liaison Committee met with Senator Dave Robertson, Clyde Edwards from Representative Neely's office, Nichole Derusha Mackey from Representative Pam Faris' office, and Jo Neller of the Michigan State Medical Society. Also in attendance were two residents, Drs. Kewan Hadid and Rahul Gupta.

The Committee reviewed the current situation with Senate Bill 1019 certified registered nurse anesthetist scope of practice expansion. This bill has passed the Senate; it now is in the House. MSMS is opposed. The Committee discussed at length the difficulties with expansion of scope for nurse anesthetists.

The Committee also reviewed House bill 5400, which would slightly change how advanced practice nurses currently function. Due to changes in the legislation, MSMS is taking a neutral position on this legislation.

Senate bill 647 and House bill 5160 relate to CPR and AED's in schools. It requires a curriculum of training. This was discussed by the Committee.

The Michigan Automated Prescription System (MAPS) was discussed at length. The need for upgrades, and timing of the upgrades was the source of significant conversation.

The next meeting of the Committee will take place on December 5th. Members wishing to attend are encouraged to do so, you may call the GCMS offices at any time to reserve.

*Did you recognize...*  
**Sudarsan Misra, MD**



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# Issues of Serious Concern for Medical Practices!

*Don't let your practice manager miss these important meetings!*



**Held 4th Thursday of each month from 8am to 10am.**

**The following topics are tentatively scheduled and subject to change**

**November / December**

**NO MEETING**

**January Topic:**

Communication Between Specialists & Primary Care Practices

**February Topic:**

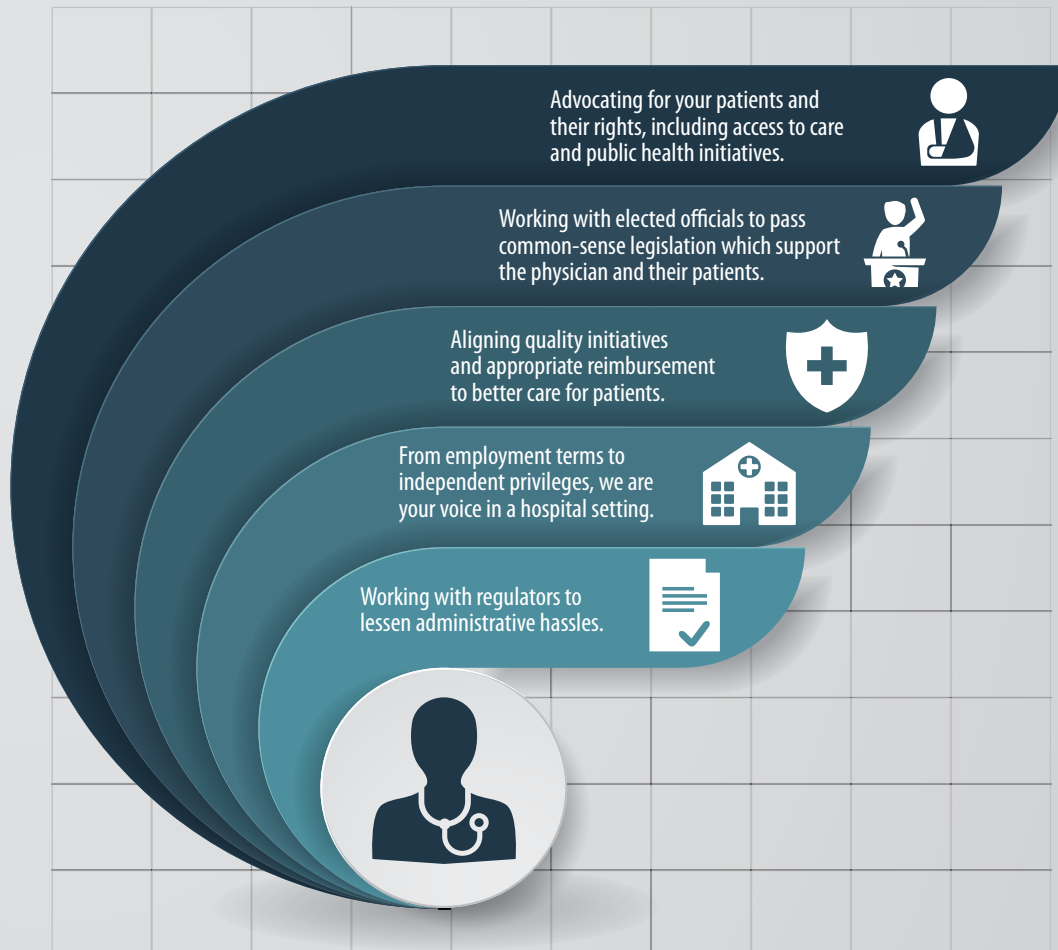
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# Medical Society Foundation

Consider a donation to the Medical Society Foundation for all of your holiday giving. What a wonderful way of expressing your holiday sentiments while supporting important health related causes.

The Medical Society Foundation has been coordinating physician giving in Genesee County since 1987. This holiday season, why not use the Foundation to make sure your gifts to family, friends and colleagues help to improve the health and well-being of our community.

By giving to the Medical Society Foundation, you receive a great year-end tax benefit at the same time that you tell others how much their health – really means to you.

The Medical Society Foundation funds have been used to support the charitable activities of the Genesee County Medical Society

Contributions can also be made in memory of an individual or to honor someone.

**For questions or information on how your gift can help support the charitable activities of your Medical Society Foundation contact Peter A. Levine, MPH at (810) 733-9925 or at [plevine@gcms.org](mailto:plevine@gcms.org).**

*Medical Society Foundation Mission Statement: The Medical Society Foundation is organized and does operate for the purpose of supporting continuing medical education and health-related charitable activities that further the cause of medicine.*

*Mail your donations to:*

Medical Society Foundation  
4438 Oak Bridge Drive, Suite B  
Flint, MI 48532-5467



# GCMS Board takes stand on Maintenance of Certification



4438 Oak Bridge Dr., Suite B - Flint, MI 48532-5467  
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---

Clarence H. Braddock, III, MD  
Chairman of the American Board of Internal Medicine  
510 Walnut Street  
Suite 1700  
Philadelphia, PA 19106-3699

September 27, 2016

Dear Dr. Braddock,

The current American Board of Internal Medicine maintenance of certification system has not been shown to improve quality of care or physician confidence in the process. As a result, on August 23, 2016, the Genesee County Medical Society Board of Directors passed a resolution in support of the Pennsylvania Medical Society vote of no-confidence in the American Board of Internal Medicine. The resolution is attached.

Sincerely yours,

A handwritten signature in black ink, appearing to read "Pino Colone".

Pino Colone, MD  
President

---

Organized Medicine's Leading Edge

Mission - Leadership, advocacy, and service on behalf of its members and their patients.  
Vision - That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

# GCMS Board takes stand on Maintenance of Certification



4438 Oak Bridge Dr., Suite B – Flint, MI 48532-5467  
(810) 733-9925 – Fax: (810) 230-3737 – [www.gcms.org](http://www.gcms.org)

S. Bobby Mukkamala, MD  
Chairman of the Board  
Michigan State Medical Society  
120 W. Saginaw  
Lansing, MI 48823

September 27, 2016

Dear Dr. Mukkamala,

The current American Board of Internal Medicine maintenance of certification system has not been shown to improve quality of care or physician confidence in the process. As a result, on August 23, 2016, the Genesee County Medical Society Board of Directors passed a resolution in support of the Pennsylvania Medical Society vote of no-confidence in the American Board of Internal Medicine. The resolution is attached. For your information, the Genesee County Medical Society Board of Directors requested Genesys Regional Medical Center, Hurley Medical Center cease to use maintenance of certification as a requirement for the credentialing of physicians, as McLaren Flint has.

Sincerely yours,

Pino Colone, MD  
President

Organized Medicine's Leading Edge

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# GCMS Board takes stand on Maintenance of Certification



4438 Oak Bridge Dr., Suite B - Flint, MI 48532-5467  
(810) 733-9925 - Fax: (810) 230-3737 - [www.gcms.org](http://www.gcms.org)

Scott E. Shapiro, MD, FACC  
President, Pennsylvania Medical Society  
777 E. Park Drive  
PO Box 8820  
Harrisburg, PA 17105-8820

September 27, 2016

Dear Dr. Shapiro,

The current American Board of Internal Medicine maintenance of certification system has not been shown to improve quality of care or physician confidence in the process. As a result, on August 23, 2016, the Genesee County Medical Society Board of Directors passed a resolution in support of the Pennsylvania Medical Society vote of no-confidence in the American Board of Internal Medicine. The resolution is attached.

We would like to thank the Pennsylvania Medical Society for its leadership on this issue.

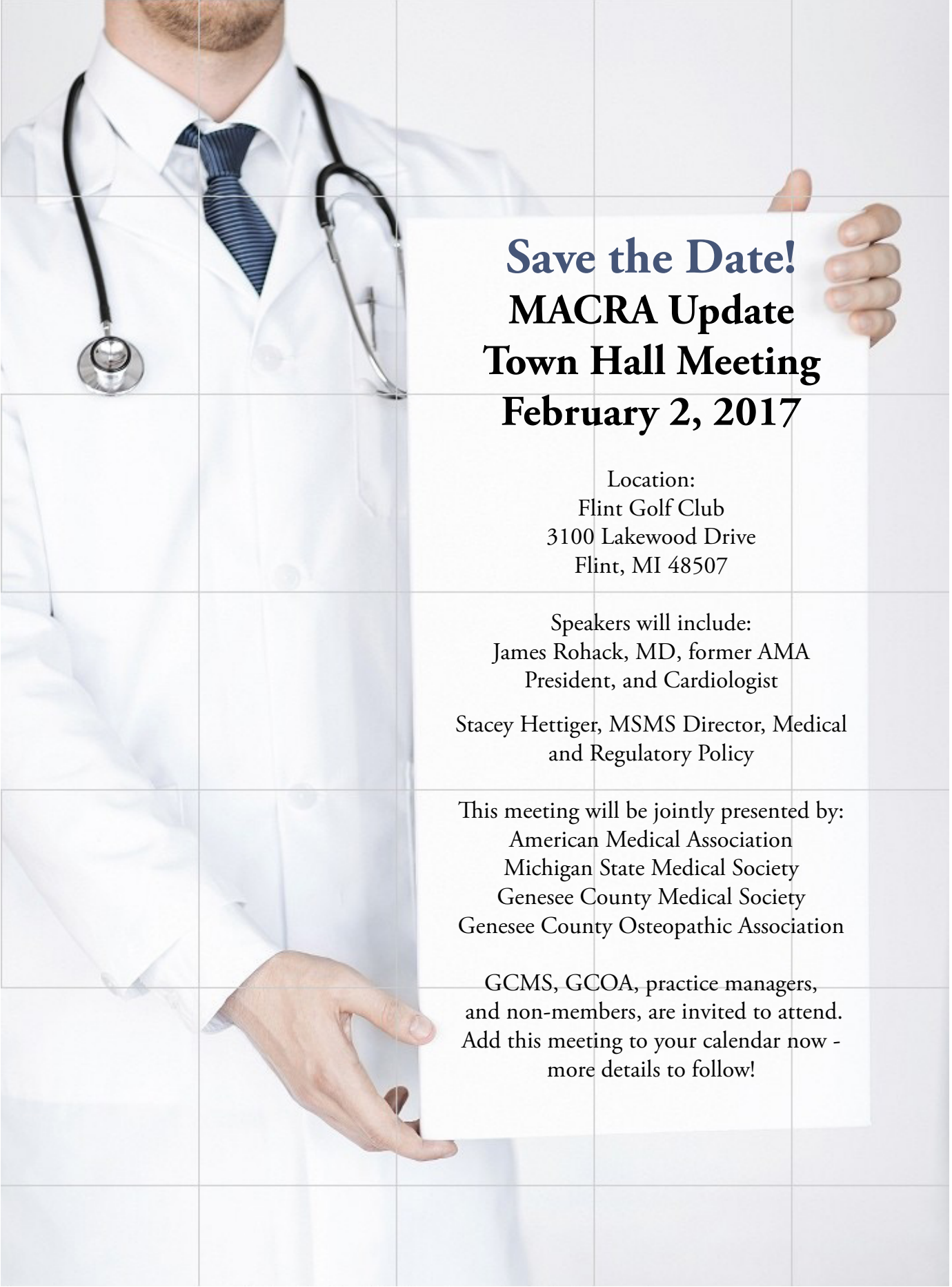
Sincerely yours,

A handwritten signature in black ink that reads "Pino Colone".

Pino Colone, MD  
President

Organized Medicine's Leading Edge

Mission - Leadership, advocacy, and service on behalf of its members and their patients.  
Vision - That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.



**Save the Date!**  
**MACRA Update**  
**Town Hall Meeting**  
**February 2, 2017**

Location:  
Flint Golf Club  
3100 Lakewood Drive  
Flint, MI 48507

Speakers will include:  
James Rohack, MD, former AMA  
President, and Cardiologist  
Stacey Hettiger, MSMS Director, Medical  
and Regulatory Policy

This meeting will be jointly presented by:  
American Medical Association  
Michigan State Medical Society  
Genesee County Medical Society  
Genesee County Osteopathic Association

GCMS, GCOA, practice managers,  
and non-members, are invited to attend.  
Add this meeting to your calendar now -  
more details to follow!

# PRESCRIPTION

for health

COMMIT TO FIT!

**EXERCISE**  
IS THE BEST  
MEDICINE

The Weekly Recommendation  
for Physical Activity is:

- ✓ At least 150 minutes of moderate activity
- ✓ At least 2 days a week of strength training



## Did You Know?

- Commit2fit.com is a free resource available to anyone that lives, works, or plays in Genesee County?
- Commit to Fit! offers over 50 free fitness and nutrition education classes each month!
- You can track your healthy behaviors such as exercise and nutrition.

Patients enrolled in the Prescription for Health program may be eligible for a free wearable fitness tracker.\*

**TALK TO YOUR PHYSICIAN ABOUT YOUR PRESCRIPTION FOR HEALTH TODAY!**

*\*while supplies last*

[commit2fit.com](http://commit2fit.com)



COMMIT TO FIT!

# PRESCRIPTION for health

## Commit to Fit! Prescription for Health: Disease-Specific Exercise Plans for your Patients

The Commit to Fit! Prescription for Health program can assist physicians in providing patients with disease specific physical activity prescriptions, referrals to free community based resources, as well as access to free wearable fitness device technology.

With approximately 70% of Flint & Genesee County residents overweight or obese, it is crucial that individuals participate in active lifestyles to live long, healthy lives. As a healthcare provider, you have the ability to influence your patients into becoming more physically active and prevent the development of chronic disease and disability.

Commit to Fit! offers adult exercise prescriptions for the following conditions: high blood pressure, type 2 diabetes, COPD, cancer, anxiety/depression, arthritis, pregnancy, and obesity. For children, condition specific information includes asthma, obesity, and general exercise guidelines. All of these resources are available to your practice for free! To order materials simply complete the form here: <https://www.surveymonkey.com/r/PFHReg>

Or call 810-232-2228 for more information.

**Please direct patients to [flintcares.com](http://flintcares.com) for the latest information regarding Flint water issues**



## Your HEALTH CARE LAW FIRM



Wachler & Associates represents healthcare providers, suppliers, and other individuals in Michigan and nationally in all areas of health care law, including:

- **Provider Contracting**
- **RAC, Medicare, Medicaid and Commercial Payor Audits**
- **Billing and Reimbursement**
- **Stark Law, Anti-Kickback Statute, and Fraud & Abuse Compliance**
- **Licensure, Staff Privilege and Credentialing**
- **Physician and Physician Group Issues**
- **Corporate and Transactional Matters**
- **Regulatory Compliance**
- **Healthcare Litigation**
- **Healthcare Investigations**
- **Fraud and False Claims Defense**
- **Provider Participation/Termination Matters**
- **HIPAA and HITECH Compliance**

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**FREE! Commit to Fit! Class Schedule**

Commit to Fit offers fitness classes at **no cost** to all individuals who live or work in Flint and Genesee County. Fitness Centers require participants to be age 18 and older, other locations are open to all ages. See back side for details.

**[Click HERE to Access the Nutrition Education & Resources Calendar](#)**

**NOVEMBER 2016 CALENDAR**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>NOVEMBER 2016</b>		<sup>1</sup> <b>Enhance Fitness</b> Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Fit Club at the Local</b> 5:30 p.m.	<sup>2</sup> <b>Enhance Fitness</b> Hasselbring Senior Center 9:00 a.m.  <b>Zumba Gold (Beginner)</b> GAC 5:30 p.m.	<sup>3</sup> <b>Enhance Fitness</b> Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Enhance Fitness</b> Triumph/North Star (MBC) 5:30-6:30pm <b>Basic Yoga</b> IHFC 6:45 p.m.	<sup>4</sup> <b>Enhance Fitness</b> Hasselbring Senior Center 9:00 a.m.	<sup>5</sup>
	<sup>7</sup> <b>Enhance Fitness</b> Hasselbring Senior Center 9:00 a.m. <b>Senior Stretch</b> YMCA Downtown 10:00 a.m. <b>Enhance Fitness</b> Triumph/North Star(MBC) 6-7pm	<sup>8</sup> <b>Enhance Fitness</b> Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Fit Club at the Local</b> 5:30 p.m.	<sup>9</sup> <b>Enhance Fitness</b> Hasselbring Senior Center 9:00 a.m.  <b>Zumba Gold (Beginner)</b> GAC 5:30 p.m.	<sup>10</sup> <b>Enhance Fitness</b> Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Enhance Fitness</b> Triumph/North Star (MBC) 5:30-6:30pm <b>Basic Yoga</b> IHFC 6:45 p.m.	<sup>11</sup> <b>Enhance Fitness</b> Hasselbring Senior Center 9:00 a.m.  <b>Yogalates Barres &amp; Balls</b> U of M-Flint 5:30-6:30pm	<sup>12</sup>
	<sup>14</sup> <b>Enhance Fitness</b> Hasselbring Senior Center 9:00 a.m. <b>Senior Stretch</b> YMCA Downtown 10:00 a.m. <b>Aqua Fitness</b> U of M-Flint 5:30pm <b>Enhance Fitness</b> Triumph/North Star(MBC) 6-7pm	<sup>15</sup> <b>Enhance Fitness</b> Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Fit Club at the Local</b> 5:30 p.m.	<sup>16</sup> <b>Enhance Fitness</b> Hasselbring Senior Center 9:00 a.m.  <b>Zumba Gold (Beginner)</b> GAC 5:30 p.m.	<sup>17</sup> <b>Enhance Fitness</b> Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Enhance Fitness</b> Triumph/North Star (MBC) 5:30-6:30pm <b>Basic Yoga</b> IHFC 6:45 p.m.	<sup>18</sup> <b>Enhance Fitness</b> Hasselbring Senior Center 9:00 a.m.  <b>Yogalates Barres &amp; Balls</b> U of M-Flint 5:30-6:30pm	<sup>19</sup>
	<sup>21</sup> <b>Enhance Fitness</b> Hasselbring Senior Center 9:00 a.m. <b>Senior Stretch</b> YMCA Downtown 10:00 a.m. <b>Aqua Fitness</b> U of M-Flint 5:30pm <b>Enhance Fitness</b> Triumph/North Star(MBC) 6-7pm	<sup>22</sup> <b>Enhance Fitness</b> Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Fit Club at the Local</b> 5:30 p.m.	<sup>23</sup> <b>Enhance Fitness</b> Hasselbring Senior Center 9:00 a.m.  <b>Zumba Gold (Beginner)</b> GAC 5:30 p.m.	<sup>24</sup>	<sup>25</sup>	<sup>26</sup>
	<sup>28</sup> <b>Enhance Fitness</b> Hasselbring Senior Center 9:00 a.m. <b>Senior Stretch</b> YMCA Downtown 10:00 a.m. <b>Enhance Fitness</b> Triumph/North Star(MBC) 6-7pm	<sup>29</sup> <b>Enhance Fitness</b> Flint Farmers' Market 10:00 a.m. <b>Enhance Fitness</b> Faith United Methodist Church 12:30-1:30pm <b>Fit Club at the Local</b> 5:30 p.m.	<sup>30</sup> <b>Enhance Fitness</b> Hasselbring Senior Center 9:00 a.m.  <b>Zumba Gold (Beginner)</b> GAC 5:30 p.m.			

**FREE! Commit to Fit! Class Schedule**  
**Class Descriptions & Locations**

**Basic Yoga (1 hour)**

This class is a balanced flow of postures designed to build stamina, strength, and flexibility while promoting weight loss and general stress relief.

**Insight Health & Fitness Center (IHFC)**

Formerly Hurley Health & Fitness Center  
 4500 S. Saginaw St  
 Flint, MI 48507  
 (810) 893-6489



**Zumba Gold (1 hour)** - A less intense version of the classic Zumba. This class offers fun music to keep the excitement high while keeping the impact low.

**Genesys Athletic Club (GAC)**

801 Health Park Blvd  
 Grand Blanc, MI 48439  
 (810) 606-7300



**Fit Club Workouts (45 minutes)** – Join the Fit Club every Tuesday at 5:30 pm for fun boot camp style workout videos. All ages are encouraged to attend! Check out their [Facebook](#) page for up-to-date information!

**The Flint Local 432**

124 W. 1<sup>st</sup> Street Flint, MI 48503 (810) 813-4000

**Coming Soon...  
 Healthy Holidays Challenge!**

**November 16<sup>th</sup> – December 11<sup>th</sup>, 2015**

The *Commit to Fit! Healthy Holidays Challenge* is a four week individual challenge to encourage participants to practice daily activities to be more active, eat healthier, practice mindfulness, and promote wellness to others. All individuals who live or work in Genesee County can participate at no cost.



**Questions?  
 Email  
[commit2fit@flint.org](mailto:commit2fit@flint.org)**

**Yogalates Barres & Balls** – A well rounded class for all levels that combines the elements of Yoga, Pilates, Ballet, strength, and cardiovascular conditioning.

Friday's 5:30-6:30pm in ADR.

September 16-December 16, 2016.

**Aquafitness**- An invigorating water workout. Ideal for all fitness levels. No swimming required



BUSINESS & FINANCE  
**RECREATION CENTER**

**Enhance Fitness (1 hour)** – A fun, energizing class geared toward improving overall functioning and well-being. Improve your cardiovascular fitness, strength, flexibility and balance!



**TIMES & LOCATIONS:**

**Hasselbring Senior Center**

1002 Home Ave. Flint, MI  
 (810) 766-7128 Mon, Weds, & Fri 9-10 am

**Carriage Town Ministries** 605 Garland St Flint, MI

Tuesday 2:30-3:30 pm

**Faith United Methodist Church**

2266 Coldwater Rd Flint, MI  
 Tuesdays & Thursdays  
 12:30-1:30 pm



**Triumph/North Star (MBC)** 1657 B

Mondays- 6:00-7:00pm &  
 Thursdays 5:30-6:30 pm

**Flint Farmers' Market**- Tuesdays &

Thursdays 10:00-11:00 am  
 300 E. First St Flint, MI  
 (810) 232-1399

**Senior Stretch (1 hour)** - This class will help improve overall strength and flexibility. The class is led by a certified senior fitness instructor who will guide you through the exercises at your own pace. This class is perfect for all ability levels.

**YMCA Downtown Flint**

411 E. 3<sup>rd</sup> Street  
 Flint, MI 48503  
 (810) 232-9622



**[commit2fit.com](http://commit2fit.com)**

A central illustration of a red and yellow striped circus tent with three smaller tents on either side, all topped with red flags. The background is a dark blue night sky with white stars and light rays. The entire scene is framed by a red border with yellow lights and gold stars.

2016 President's Ball  
**UNDER THE BIG TOP**  
*a family affair*

**In Honor of the GCMS & GCMSA Presidents**

Saturday, November 19, 2016  
at 6:00 PM

Genesys Conference & Banquet Center  
801 Health Park Blvd | Grand Blanc, MI 48439

Bring the entire family  
~ all ages welcome ~

RSVP by November 7, 2016  
at [ssmith@gcms.org](mailto:ssmith@gcms.org) or (810)733-9923

**Ticket Prices:**

Ages 13 & up, \$85  
Ages 3-12, \$35  
Ages 2 & under, free

Valet Parking Available  
Black Tie Optional | Relaxed Business Attire Welcomed

**Genesee County Medical Society**  
**Board of Directors**  
**August 23, 2016 - Minutes**

**I. Call to Order**

The meeting was called to order at 6:00pm, by John Hebert, III, MD, President-Elect, on behalf of Pino Colone, MD, President.

**II. Review of Minutes**

**Motion:**                   **that the minutes of June 28, 2016, Board of Directors meeting be approved as presented. The motion carried.**

**III. Reports**

**A) Community & Environmental Health**

Update on Position Regarding Chelation

Dr. Gerald Natzke noted that the Community and Environmental Health Committee has been meeting every other week on the chelation study issue.

2 GCMS Press Release Regarding Federal Filtered Water of June.

Pete Levine reported that the press release approved by the GCMS Executive Committee was issued and it struck a major chord in the community.

**B) Finance**

Budget to Actual Report for Period ending July 31, 2016

Dr. John Waters noted the key elements of the financial situation. The organization needs sponsorships for meetings, advertising in Bulletins, and donations to the Foundation. He said the Foundation goal of \$2 million is not being met.

Dr. Waters noted that the building is cash flow positive. The diminution of outside funding of the Medical Society has impacted the organization dramatically as has 30 years of inflation without a dues increase. He noted that the work of the Medical Society benefits all physicians, but not all are willing to join.

**Motion:**                   **that the Foundation fund drive focus on the funding of mission work of the Medical Society. Asking physicians to help the Society with their mission to serve the community. The motion carried.**

**C) Legislative Liaison Report**

**D) Nominating Committee**

Peter Levine reviewed, on behalf of Dr. Cathy Blight, the Nominating Committee report which was approved by the Board of Directors via fax and email caucus, and published in the August Bulletin.

**Genesee County Medical Society**  
**Board of Directors**  
**August 23, 2016 - Minutes**

**E.) Presidents' Report**

September 8th Dinner Business Meeting

Dr. John Hebert reminded everyone to attend the September 8th Dinner Business Meeting which will involve the Chief Medical Officers of six major insurance companies which impact this community.

US Surgeon General's visit on August 15th

Dr. Hebert also reported that the US Surgeon General Dr. Vivek Murthy came to Flint again on August 15th. The Medical Society put a meeting together which had over 200 attendees. Drs. Mukkamala and Kulkarni donated lunch for the meeting attendees.

Skin Rash Report Press Conference

The skin rash press conference was held earlier in the week. It featured Dr. Walter Barkey. Dr. Soderstrom reviewed the skin rash report produced by federal agencies with significant input by Dr. Barkey. The Board was extremely complimentary of Dr. Barkey's work on this project.

**F.) Other Business**

AMA request to hold Focus Groups.

Dr. Bobby Mukkamala reported that on the AMA has requested that GCMS work with them to develop a joint program which would involve interviews with physicians in private practice settings. After a day of those interviews, AMA would be willing to put on an evening education program on.

**Motion:                   that GCMS participate with the AMA on a joint program in February  
with an evening meeting focusing on MACRA. The motion carried.**

Update on Maintenance of Certification

Pennsylvania Medical Society President's Letter of June 20, 2016

Dr. Venkat Rao provided an in-depth look at the Pennsylvania Medical Society's work proposing that mandatory recertification as criteria for medical staff or insurance company privileges be ended. He explained the finances of the American Board of Medical Specialties and the way the Board of Medical Specialties generates revenues. He noted that the Pennsylvania Medical Society took a no-confidence vote relating to the American Board of Medical Specialties. His suggestion is that GCMS join the Pennsylvania Medical Society in expressing no-confidence in the American Board of Medical Specialties and to ask MSMS to join the Pennsylvania Medical Society in voting no-confidence in the American Board of Medical Specialties. And to ask that MSMS join the Pennsylvania Medical Society in its efforts to stop mandatory maintenance of certification by the American Board of Medical Specialties.

**Genesee County Medical Society**  
**Board of Directors**  
**August 23, 2016 - Minutes**

**Resolution:** “the Board of the Genesee County Medical Society has voted a position of no-confidence in the leadership of the Board of the American Board of Internal Medicine. Genesee County Medical Society believes that the current leadership of the American Board of Internal is not capable of reforming the process of maintenance of certification in an academically meaningful and fiscally responsible way. The Board of Directors also requests that MSMS join the Genesee County Medical Society and the Pennsylvania Medical Society in its expression of no-confidence in the leadership of the Board of the American Board of Internal Medicine”.  
Approved by the GCMS Board of Directors on August 23, 2016.

**Motion:** that the Genesee County Medical Society send letters to Hurley Medical Center and Genesys Regional Medical Center asking them to cease the use of maintenance of certification as a requirement for credentialing at the hospital. The motion carried.

Other Business

Motion: that the Medical Society cosponsor the mindfulness session with the Crim and the Greater Flint Health Coalition, to be held on October 5. The motion carried.

**G.) Adjournment**

No further business appearing, the meeting was adjourned at 8:15pm.

Respectfully submitted,

Peter Levine, MPH  
Executive Director

# ISSUE

# Alert

## Section 1557: Anti-Discrimination Obligations

Section 1557 of the Affordable Care Act and related regulations prohibit discrimination on the basis of race, color, national origin, sex, age, or disability in health programs or activities that receive federal assistance. While the final ruling is inclusive of existing federal civil rights laws, there are some new provisions including posting requirements that require attention and action by physicians.

### Action Required:

Physicians accepting Federal financial assistance from the US Department of Health and Human Services (HHS) including, but not limited to, payment under any Medicare Part A, C, and D plan or Medicaid must comply with the provisions under Section 1557 including the following (as posted in Medigram on September 9 and 23, 2016):

Effective July 18, 2016, physicians must:

- Post a nondiscrimination notice in the office and on the practice website. A sample is available at <http://www.hhs.gov/civil-rights/for-individuals/section-1557/translated-resources/index.html>.
- Post “taglines” in their office and on their practice website indicating that language assistance services are available free of charge.

Taglines must be made available in the 15 most common languages spoken in Michigan. Translated sample taglines can be found at <http://www.hhs.gov/civil-rights/for-individuals/section-1557/translated-resources/index.html>. You will only need to add the correct phone number.

The top 15 non-English languages for Michigan are: Spanish, Arabic, Chinese, Syriac, Vietnamese, Albanian, Korean,

Bengali, Polish, German, Italian, Japanese, Russian, Serbo-Croatian, and Tagalog.

- Arrange for translator services or make other reasonable accommodations if necessary and requested. Some health plans you contract with arrange for these services at no charge. You should contact the health plans you contract with to inquire if services are available. If a translator service is necessary, you will be responsible for any associated costs and may not bill the patient. Other reasonable accommodations that may be appropriate in certain situations include remote or other electronic translation and preprinted written translations.
- Print the 15 taglines on any of your significant publications and communications. On smaller items such as postcards and brochures you may print just Spanish and Arabic. You may first use up existing stock of pre-printed publications.

*The enforcement date for the posting provisions is **October 17, 2016**.* Physician practices with 15 or more employees are required to have a grievance procedure and a designated compliance coordinator. Training materials, a model grievance procedure, and frequently asked questions are available on the HHS Office of Civil Rights website (<http://www.hhs.gov/civil-rights/for-individuals/section-1557>).



## MSMS Resources:

- **Free on-demand webinar presented by MSMS Legal Counsel available at <http://msms.org/OnDemand>.**
- **MSMS Legal Alert: Legal Issues for Physicians Treating Hearing Impaired or Limited English Proficiency Patients available at <http://msms.org/Legal> (member password required).**

## Staff Contact Information:

Stacey P. Hettiger  
MSMS Director of Medical and Regulatory Policy  
517.336.5766  
[shettiger@msms.org](mailto:shettiger@msms.org)



*The information contained in this publication is furnished for informational purposes only. It does not communicate legal advice by the Michigan State Medical Society or Kerr, Russell and Weber, PLC. Receipt of this publication does not establish an attorney/client relationship.*

120 West Saginaw St., East Lansing, MI 48823 » P: 517 / 337.1351 » E: [msms@msms.org](mailto:msms@msms.org)



# HAPPY BIRTHDAY DOCTOR

NOVEMBER

Gerald Berner, MD.....	1	Kenneth Wilson, MD.....	18
Pacita Tanhehco, MD.....	2	Vishwas Vaniawala, MD.....	18
Michael Zarr, MD.....	2	Brenda Rogers-Grays, DO.....	19
Sania Zainuddin, MD.....	3	Michael Macksood, DO.....	19
Punam Sharman, MD.....	4	Jamal Farhan, MD.....	19
Manmeet Dhillon, MD.....	4	A. George Dass, MD.....	19
Nazem Abdelfattah, MD.....	5	Dennis Pank, MD.....	20
Ayman Haidar, MD.....	5	Alan Goldberg, MD.....	22
Jolanta Sobotka-Czarnecki, MD.....	6	Mark Trudell, MD.....	22
J. Wheeler, MD.....	7	Eman Mazloum, MD.....	22
Daniel Walter, MD.....	9	Heinz Schwarz, MD.....	23
Minoo Chinoy, MD.....	9	J. Bernard Sloan, MD.....	23
Badar Ahmed, MD.....	9	John Frederick, DO.....	23
James Culver, MD.....	10	Myriam Edwards-Miller, MD.....	23
Elizabeth Hale, MD.....	12	John McIlduff, MD.....	24
Shannon Slavsky, MD.....	12	Aram Minasian, MD.....	24
Aaren Grigg, MD.....	13	Subhan Mohammed, MD.....	24
Stephanie Simon, DO.....	13	Mostafa Abuzeid, MD.....	25
Barbara Mercer, MD.....	14	Daniel Anbe, MD.....	26
Phyllis Helcher, MD.....	15	Rachel Hulen, MD.....	26
Nikhil Vora, MD.....	15	Prathapraju Poloju, MD.....	26
Peter Stoyanoff, MD.....	15	Robert Joynt, MD.....	27
David Ojeda, MD.....	16	Stephen Wang, MD.....	27
Gerald Natzke, Jr., DO, FAAEM.....	16	Gurkan Ege, MD.....	27
Manulal (Michael) Lala, MD.....	17	Ali Mohammed, MD.....	28
Mona Hardas, MD.....	17	Sufia Khan, MD.....	29
Shady Megala, MD.....	17	K V Mathew, MD.....	30

## GCMS MEETINGS — November 2016 —

**Legislative Liaison Committee  
Recessed**

**2016 Ball Committee, 11/7  
12pm, GCMS Office**

**Community & Environmental Health  
Committee, 11/16  
12:30pm, GCMS Office**

**MSF Fundraising Committee, TBD**

**Finance Committee, Recessed**

**Board of Directors, Recessed**

**Practice Managers, Recessed**

**GCMS/GCMSA President's Ball, 11/19  
6pm, Genesys Conference & Banquet Center**

**Save the Date!  
MACRA Town Hall, 2/2/17  
6pm, Flint Golf Club**



If you or someone you know would like to advertise in



please contact Sherry Smith at [ssmith@gcms.org](mailto:ssmith@gcms.org) or call (810) 733-9923.

## 2016 President's Ball UNDER THE BIG TOP *a family affair*

**In Honor of the GCMS & GCMSA Presidents**

Saturday, November 19, 2016  
at 6:00 pm

Genesys Conference & Banquet Center  
801 Health Park Blvd, Grand Blanc, MI 48439



Bring the entire family  
~ all ages welcome

RSVP by November 7, 2016  
at [ssmith@gcms.org](mailto:ssmith@gcms.org) or (810)733-9923

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# Medical Society Foundation

Consider a donation to the Medical Society Foundation for all of your holiday giving. What a wonderful way of expressing your holiday sentiments while supporting important health related causes.

The Medical Society Foundation has been coordinating physician giving in Genesee County since 1987. This holiday season, why not use the Foundation to make sure your gifts to family, friends and colleagues help to improve the health and well-being of our community.

By giving to the Medical Society Foundation, you receive a great year-end tax benefit at the same time that you tell others how much their health – really means to you.

The Medical Society Foundation funds have been used to support the charitable activities of the Genesee County Medical Society

Contributions can also be made in memory of an individual or to honor someone.

**For questions or information on how your gift can help support the charitable activities of your Medical Society Foundation contact Peter A. Levine, MPH at (810) 733-9925 or at [plevine@gcms.org](mailto:plevine@gcms.org).**

*Medical Society Foundation Mission Statement: The Medical Society Foundation is organized and does operate for the purpose of supporting continuing medical education and health-related charitable activities that further the cause of medicine.*

*Mail your donations to:*  
Medical Society Foundation  
4438 Oak Bridge Drive, Suite B  
Flint, MI 48532-5467



Application Code: \_\_\_\_\_

# State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at [www.joinmsms.org](http://www.joinmsms.org)

- |  |   |
|--|---|
| <input type="radio"/> I am in my first year of practice post-residency.                          | <input type="radio"/> I work 20 hours or less per week.       |
| <input type="radio"/> I am in my second year of practice post-residency.                         | <input type="radio"/> I am currently in active military duty. |
| <input type="radio"/> I am in my third year of practice post-residency.                          | <input type="radio"/> I am in full, active practice.          |
| <input type="radio"/> I have moved into Michigan; this is my first year practicing in the state. | <input type="radio"/> I am a resident/fellow.                 |

Male     Female

First (legal) Name: \_\_\_\_\_ Middle Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  MD  DO

Nickname or Preferred Form of Legal Name: \_\_\_\_\_ Maiden Name (if applicable) \_\_\_\_\_

Job Title: \_\_\_\_\_

W Phone \_\_\_\_\_ W Fax \_\_\_\_\_ H Phone \_\_\_\_\_ H Fax \_\_\_\_\_

Mobile: \_\_\_\_\_ Email Address \_\_\_\_\_

Office Address     Preferred Mail     Preferred Bill     Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Address     Preferred Mail     Preferred Bill     Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\*Please base my county medical society membership on the county of my (if addresses are in different counties):  Office Address     Home Address

\*Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Birth Country \_\_\_\_\_ MI Medical License #: \_\_\_\_\_ ME #: \_\_\_\_\_

Medical School \_\_\_\_\_ Graduation Year: \_\_\_\_\_ ECFMG # (if applicable) \_\_\_\_\_

Residency Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Fellowship Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Hospital Affiliation \_\_\_\_\_

• Primary Specialty \_\_\_\_\_ Board Certified:  Yes  No

• Secondary Specialty \_\_\_\_\_ Board Certified:  Yes  No

Marital Status:  Single  Married  Divorced Spouse's First Name: \_\_\_\_\_ Spouse's Last Name: \_\_\_\_\_

Is your spouse a physician?:  Yes  No If yes, are they a member of MSMS?:  Yes  No

Within the last five years, have you been convicted of a felony crime?:  Yes  No If "yes," please provide full information: \_\_\_\_\_

Within the last five years, have you been the subject of any disciplinary action by any medical society or hospital staff?:  Yes  No

If "yes," please provide full information: \_\_\_\_\_

I agree to support the County Medical Society Constitution and Bylaws, the Michigan State Medical Society Constitution and Bylaws, and the Principles of Ethics of the American Medical Association as applied by the AMA and the MSMS Judicial Commission.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

County Medical Society Use Only  
Reviewed and Approved by: \_\_\_\_\_