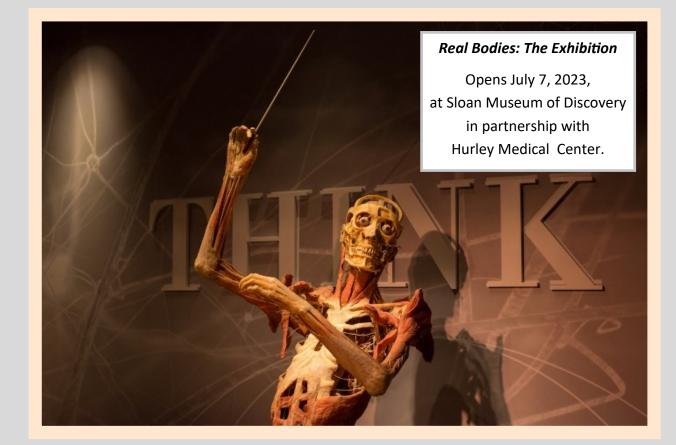


APRIL 2023 VOLUME 100, NUMBER 4



• GCMS in the Community



GENESEE COUNTY MEDICAL SOCIETY Organized Medicine's Leading Edge Since 1841 THE BULLETIN is published monthly by: The Genesee County Medical Society

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APRIL 2023 VOLUME 100, NUMBER 4

THE BULLETIN

READ BY 96% OF GCMS MEMBERS

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Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

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The House of Medicine

I attended the Michigan State Medical Society (MSMS) House of Delegates meeting held on April 22 and 23, 2023. This is when the policies and agenda for the state medical society or "The House of Medicine" are adopted. Delegates are sent from each county medical Society to represent the physicians from the county. The delegates submit resolutions for the House to consider. If adopted they become MSMS policies, and some are taken to the AMA to help form national policy. Resolutions are put forth by the county society members and include medical student resolutions.

The idea is to bring forth grass roots issues from the counties and formulate policies to help doctors and the patients they serve. The ideas are packaged as resolutions to be adopted by MSMS. The resolutions are evaluated by 5 reference committees: Medical Care Delivery, Legislation, Internal Affairs and Bylaws, Public Health, Scientific and Educational Affairs. The committees were open to the delegates and alternates to attend and had open discussions and debates regarding their assigned resolutions on Saturday, April 22. There were often recommendations for amending the language, and the reference committee voted on which resolutions should be adopted. The committees then presented the resolutions to the entire house of delegates on Sunday, April 23, for the final vote.

Several resolutions were adopted to support physicians and patient care. Some insurances do not allow for referrals to specialty care by a patient's primary care doctor who is out of network. This often results in delays in medical care (based on testimony provided at the meeting), with no obvious benefit to the HMO. So, a resolution was adopted to support a patient's right to choose non-participating physician practices. Resolutions were also adopted to support collaborative care where the physician must be available to provide supervision and support to non-physician providers. A resolution to support anti-retaliation for medical decisions made by employed physicians and other resolutions to support employed physicians were adopted.

Several "hot button" issues were addressed. Policies adopted included protecting gender affirming care, supporting efforts to reduce the impact of climate change by reducing carbon emissions from medical care, reducing mortality resulting from gun violence by limiting firearm sales for those with felony convictions, and to support making hormonal contraception available over-the-counter. The full report can be found in 2023 House of Delegates final action report (https://www.msms.org/About-MSMS/House-of-Delegates).

Unfortunately, policies do not go far without funding to support action and legislation. The Ways and Means committee manages MSMS' finances. The meeting to discuss the finances of the MSMS was open to the attendees. The primary method of support is with membership dollars. Based on the information presented at the meeting, MSMS membership has been declining since 2009 and annual deficits have been growing. The current budgeted deficit estimated for this year is \$1.6 million. Fortunately, there is roughly 10 million in savings that can be used in the short term. However, the deficit must be closed with some combination of increasing revenue or reducing expenses. Dr. Tom George, the interim Chief Executive Officer and a practicing anesthesiologist, has the unenviable task of solving the deficit problem over the next 2-3 years. Current cost cutting moves include the pending sale of the MSMS building in Lansing. This is projected to lower the deficit by roughly \$500,000. Unfortunately, more cuts will be required without a significant increase in membership or grant funding. However, a budget to act on MSMS' priorities will be developed.

The other arm for garnering support for our policies is the Michigan Doctor's Political Action Committee (MDPAC), which had a booth at the meeting. Last year the MDPAC raised only \$38,000 in funding. In order to have the opportunity to put our agenda in front of state lawmakers, we will require much more funding. The MDPAC was able to reach its goal this weekend to raise \$10,000 and report that they have raised more than double last year's funding so far. However, hospitals and other professional groups (the nurses association raised \$111,000 according to MDPAC) are still out funding our efforts.

Other important events at this meeting included the installation of our new president. M. Salim U. Siddiqui, MD PhD became the 158th president of the MSMS on April 22. The presidential baton was handed over to him by Dr. Thomas Veverka, the immediate past president. Dr. Siddiqui is a radiation oncologist in Henry Ford Health System.

There is definitely a clear reflection of political views in the meeting consistent with what we see in the greater political arena. The politics of the meeting were generally cordial and unlike the outside political arena, deference was given to science and evidence-based solutions. I feel that putting forth our views and making policies with grass roots support are important and make for a better Michigan and better country. I would encourage everyone to attend the next House of Delegates meeting. I would urge everyone to volunteer at the county, state, and national level (GCMS, MSMS, and the AMA). There is a special feeling of community that comes when physicians of several specialties come together to work for the common good, especially given the headwinds our profession is facing. I would also encourage everyone to visit https://mdpac.org and donate.



Paul Kocheril, MD



Legislative Liaison Meeting

May 1, 2023 8:00 a.m.

Practice Managers May 11, 2023 9:00 a.m.

Board of Directors

May 23, 2023 6:00 p.m.

*All meetings are via Zoom unless otherwise noted

Announcement

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GCMS In the Community

The Genesee County Medical Society has a significant impact on the local medical community through the quarterly Town Hall Meetings. Town Hall Meetings are arranged specifically to address concerns or issues within medicine, to complete a mandatory Michigan licensure requirement, or education.

GCMS hosted a Town Hall on March 22, 2023 via Zoom. The Michigan State Medical Society and the AMA assisted with obtaining a dynamic speaker. The meeting was titled "Physician Burnout". Dr. Kevin Hopkins, MD was the guest speaker. Dr. Hopkins presented an informative PowerPoint presentation appropriate for all specialties of medicine. I appreciated how Dr. Hopkins presented personal issues within his presentation. Attendees could understand they were not alone on this issue.

The GCMS Town Hall meetings are beneficial for all physicians. The topics & camaraderie are a benefit in this climate of medicine. The next Town Hall meeting will be in the fall. I am working on the most exciting & unique Town Hall meeting ever. Please join us!

GCMS memberships make it possible to organize these educational sessions for the medical community. For future topic suggestions, please contact me. If you are not a current member of GCMS please consider joining and supporting the medical community. For questions or concerns please contact: <u>executivedirector@gcms.org</u>



DAVID HOFF, MA, CCP



Saturday, May 20, 2023 @ 9:00AM - Mott Community College,

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REAL BODIES: The Exhibition opens July 7, 2023 at Sloan Museum of Discovery in partnership with Hurley Medical Center.



If you'd like to partner with us in our mission to engage communities on a learning journey in history and science, please consider becoming a sponsor of REAL BODIES: The Exhibition. Sponsorship opportunities and benefits below:

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- Prominent Logo on plaque on large sponsored specimen for duration of the exhibit
- Prominent Logo on website with link in list of supporting sponsors for duration of the exhibit
- 5 Private Preview tickets for July 6, 2022

\$2,000 6-month Sponsorship Level

- Logo on Real Bodies exhibit entrance sign for duration of the exhibit.
- Mention on website for duration of the exhibit.
- Acknowledgment of sponsor inside at least one specimen case on approximately 3" x 5" plaques for duration of the exhibit.
- 2 Preview tickets for July 6, 2023.

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ABOUT DR. SAAB

Dr. Saab finished his medical school training at the American University of Beirut and completed his General Surgery residency and Plastic Surgery fellowship training at Henry Ford Hospital in Michigan. He is passionate about surgical education and he is a clinical instructor in the Department of Surgery at Michigan State University.

His interests include:

- Helping patients with breast cancer feel whole again by giving back what cancer took away through autologous or implant based reconstruction and lymphatic reconstruction
- Restoring maximal function through limb salvage so patients can perform activities of daily living independently, including finger and hand replantations
- Helping amputees conquer their chronic nerve and phantom limb pain with cutting edge surgical techniques





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REAL BODIES at Sloan Museum of Discovery

By Todd Slisher, Executive Director - Sloan Museum of Discovery/Longway Planetarium

Real Bodies: The Exhibition opens July 7, 2023, at Sloan Museum of Discovery in partnership with Hurley Medical Center. This will be Sloan's first special traveling exhibit since re-opening as a newly-renovated and expanded hands-on science and history museum. We expect 61,000 attendees over six months from the general public, many of whom will find inspiration to change unhealthy habits or learn a bit more about their bodies. This will also be a rare opportunity for physicians, nurses and other healthcare professionals to delve into disease pathology from a unique perspective at an exhibit that has never been seen in Mid-Michigan before now.

As the title indicates, *Real Bodies: The Exhibition* features actual human specimens that have been preserved using a process called polymer preservation. It uses liquid silicone rubber to prevent the natural body process of decaying, permanently preserving the specimens. The preservation process can take up to a year, depending on the size of the organ or body. Specimens featured in the exhibition were donated legally, showed no signs of trauma or injury, were free of infectious disease, and died of natural causes.

There are eleven themed sections of the exhibit, each focusing on a different medical specialty, plus a special section that includes the latest science-based information about COVID-19.

In "The Anatomist's Study" gallery, for example, the skeletal system is on display, allowing visitors to more personally connect to such concepts as how their bones heal, why babies are born with 300 bones but adults only have 206, or how every bone (except the hyoid) is connected to another bone.

"Breathe" showcases the respiratory system with real lung specimens that vividly juxtapose a smoker's lung with a non-smoker's lung. It allows your patients to relate to the function of their lung's capillaries and oxygenation of the body. More esoterically, it represents the connection between breathing rates and emotional states, bringing a deeper meaning to why healthy breathing matters.

The "Hunger" gallery visually displays 22 feet of the large intestine, the bond between the production of stomach acid, emotional stress, and food digestion, among many other bodily functions.

In the "Move" gallery, the full body specimen has the muscle layers pulled away from the bones so visitors can truly understand how exercise affects the entire musculoskeletal system.

"Think" is about the nervous system. It illuminates the grey and white matter of the brain, the differences in men and women's brains, and how the brain loses mass as we age.

The COVID-19 section was added to educate visitors on how SARS-CoV-2 impacts the major systems of human anatomy—from respiration to circulation. This updated content was created by the producers of the exhibit, Imagine Exhibitions, alongside emergency medicine physicians and epidemiologists with experience in emerging infectious disease preparedness and response.

Real Bodies has the capacity to inspire new healthy habits in patients, students to pursue the medical field, and health professionals to look beyond pathology in patients. From my experience presenting a similar exhibit at the Detroit Science Center years ago, both healthcare professionals and patients will find **Real Bodies** educational, moving, and very possibly life-changing.

Real Bodies: The Exhibition is presented by Sloan Museum of Discovery in partnership with Hurley Medical Center. It will open July 7, 2023 and run through January 14, 2024. We are offering a few exclusive sponsorships of various themed galleries. If you would like to learn more about sponsorship opportunities, please contact me at <u>TSlisher@SloanLongway.org</u>. Get tickets and learn more about the exhibit at <u>www.SloanLongway.org/RealBodies</u>.











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- GCMS staff helped Genesee County residents with contacts, resources and explanations.
- GCMS Membership Committee has collaborated and has a plan in place to reach out to and meet with various practices in Genesee County. If you have colleagues that are not yet GCMS members, please connect with them! **** A flyer of GCMS benefits can be provided to you.





MIPS Extreme and Uncontrollable Circumstances Hardship Exception

In response to advocacy from the American Medical Association and organized medicine about the ongoing impacts of the COVID-19 public health emergency (PHE), the Centers for Medicare & Medicaid Services (CMS) will <u>continue</u> to allow physicians and group practices to apply for a MIPS Extreme and Uncontrollable Circumstances hardship exception to avoid up to a -9% MIPS penalty in 2025 based on 2023 performance. The exception will not be automatic, and interested physicians and groups must actively request reweighting of one or more MIPS performance categories due to the COVID-19 PHE. **Requesting reweighting of all four MIPS performance categories will avoid a MIPS penalty in 2025.** CMS expects to release the hardship exception application in spring 2023.

This is a big relief for physicians and their patients because CMS estimated in the final rule that up to one-third of MIPS eligible clinicians would have received a penalty due to the increasingly stringent requirements to participate in MIPS in 2023. It is also likely that small, rural, and practices serving underserved populations would have been disproportionately impacted by these penalties. We encourage you to spread the word to your members about this critical reprieve from up to a -9% penalty due to the COVID-19 PHE.

Government Relations & Physician Engagement Team



Josiah Kissling, Senior Director State and Federal Government Relations E: jkissling@msms.org P: 810/444-7149



Joshua Richmond, Senior Director Physician Engagement and Organizational Integration E: jrichmond@msms.org P: 517/974-5331



Stacey Hettiger, Senior Director Medical and Regulatory Policy E: shettiger@msms.org P: 517/410-6366



Scott Kempa, Manager State and Federal Government Relations E: skempa@msms.org P: 248/770-8378





Anne'ka Marzette, Coordinator Medical and Regulatory Policy E: amarzette@msms.org P: 517/336-5736



Mary Kate Barnauskas, Specialist Medical and Regulatory Policy E: mbarnauskas@msms.org P: 517/336-7575 m s m s . o r g

m s m s . o r g



Legislative Platform & Priorities



120 West Saginaw Street, East Lansing, Michigan 48823 P: 517 / 337.1351 » E: msms@msms.org



MSMS Legislative Platform & Priorities

MSMS Legislative Priorities

Key priorities of the Michigan State Medical Society (MSMS) and its 15,000 physician and medical student members are as follows:

COVID-19

The COVID-19 pandemic has taken a devastating toll on the physical and mental health of Michigan citizens, as well as the economic health of our state. Additionally, many of Michigan's medical practices are trying to regroup from financial and staffing losses and increased costs to comply with regulatory mandates. By using scientific data to help inform decision-making, MSMS is committed to working collaboratively with stakeholders to end the COVID-19 pandemic, safely re-engage all economic sectors, provide efficient and equitable vaccine distribution, and ensure practice sustainability.

Prior Authorization and Step Therapy Reform

The prior authorization process diverts valuable resources away from direct patient care, can delay the start or continuation of necessary treatment, and can negatively impact patient health outcomes. Step therapy, also known as fail first, is another practice that disrupts patient care by requiring patients to try other therapies before being approved for the treatment that their doctor originally prescribed. MSMS will work closely with the Legislature, regulators, and other stakeholders on ways to reform prior authorization and step therapy processes to ensure transparency, remove unnecessary and costly care delays, and support shared decision-making.

Team-based Care

Patients are best served by a team-based approach to care that provides the maximum amount of choice while ensuring that they benefit from the additional training and expertise that comes from having a physician on the team. A highly functioning health care team is the best way to serve patients. MSMS will continue to promote the role of the physician as the leader of the health care team and oppose any efforts to expand allied health professionals scope of practice that may put patients at risk.

Telemedicine

Telemedicine has proven to be an effective care delivery method that ensures convenient and timely access to patients. Before the outbreak of COVID-19, insurers covered telemedicine visits to varying extents; however, there were often obstacles such as low reimbursement and restrictions on site of care. Although payers removed some of the regulatory and administrative barriers during the pandemic, these policies are now reverting to prepandemic times. Moving forward, payment and service parity for the use of clinically appropriate telemedicine services is critical.

Health Equity

Several events in 2020 brought to the forefront the need to prioritize advocacy addressing systemic policies and other contributing factors that deny historically marginalized groups equal and just opportunities to maximize quality of life and health outcomes. In order to improve the health of all populations, MSMS will work to advance policies that reduce disparities and improve health equity.

Graduate Medical Education (GME)

Studies repeatedly demonstrate that one of the best ways to recruit and retain physicians is via local medical schools and residency programs. GME helps fill the gap in underserved areas by providing extremely low-cost care to those most in need. Michigan has been a leader in expanding medical school class sizes to address the projected demand for physician services, it is imperative that we continue to fund GME slots to allow these future physicians to learn here in Michigan, train here in Michigan, and stay here in Michigan.

For more information about MSMS legislative advocacy, please contact:

- · Josiah Kissling, Senior Director, State and Federal Government Relations, at jkissling@msms.org
- Scott Kempa, Manager, State and Federal Government Relations, at skempa@msms.org
- Kate Dorsey, Manager, State and Federal Government Relations, at kdorsey@msms.org



Legislative & Regulatory Platform

MSMS has long-standing positions and policies on numerous topics. Following is an overview of the top issues comprising the MSMS legislative and regulatory advocacy platform.

Insurance and Regulatory Advocacy

- Support mental health and substance use disorder parity
- Ensure appropriate access to and payment for telemedicine
- Advocate for adequate and transparent physician networks
 Reduce unnecessary administrative costs

Public Health and Prevention

- Strengthen public health infrastructure
- Support vaccine availability and oppose efforts to weaken Michigan's vaccine laws
- Improve health equity
- Ensure access to evidence-based non-opioid pain care and opioid use disorder treatment
- Reduce childhood environmental hazards
- Reduce gun violence through health screening, patient counseling and expanded access to mental health services

Professional Liability

- Preserve existing tort reforms
- · Support higher negligence thresholds in medical liability cases
- Eliminate the lost opportunity doctrine
- Maintain the legislative intent and enforceability of all medical liability tort reforms

Medicaid

- Seek funding parity with Medicare
- Seek funding sources that are fair and sustainable
- Support state funding for the Healthy Michigan Plan
 Ensure access to physician-directed care

Ensure access to physician uncette

- Physician Supply and Training
- Increase graduate medical education funding at state level
 Minimize burden of medical school debt

Insurance Contracting Reform

- Limit retroactive audit timeframes
 Support adequate disclosure of fee screens
 - Support appeals process that includes independent reviews

Scope of Practice

- · Support physician-led, team-based health care
- Support education over legislation as the means of increasing scope of practice
- Oppose independent prescriptive authority by non-physicians
 Support patient right-to-know/health professional credentials disclosure



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COOKING WITH KIDS

This program focuses on teaching Flint families to make healthy food choices! Classes include healthy recipes, nutrition education games, physical activity, and more! Classes are held at the Flint Children's Museum where kids can come play for free!



FRESH CONVERSATIONS

A senior-based nutrition education program designed to support healthy aging and independence. Cather with other Genesee County Residents aged 60 and older to discuss current nutrition and health topics, taste low-cost healthy recipes, and discover new ways to stay active and independent. This program is currently hosted virtually and at local senior centers.



THE LEARNING KITCHEN

A six-week adult nutrition program where participants learn about balancing and planning healthy meals, stretching food dollars to maximize nutrition, shopping strategies, and cooking techniques. This program is currently hosted virtually via Zoom and at local community centers.

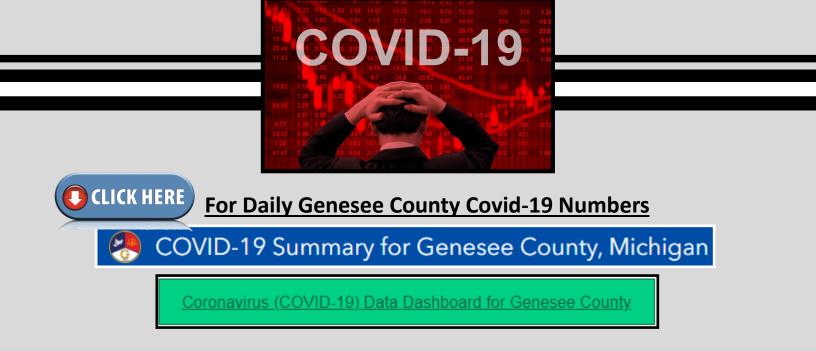


WALK WITH EASE

Whether you need relief from arthritis pain or just want to be active, the Arthritis Foundation's six week Walk with Ease course combines self-paced walks with information about related topics. This program allows participants to work on their own at their own pace to increase their physical activity. Group and self-led programs available.

Awww.commit2fit.com 🚹 🞯 🗾

Fresh Conversations and the Learning Kitchen are funded in whole or in part by the USDA's Supplemental Nutrition Assistance Program Education through the Michigan Department of Health and Human Services and the Michigan Fitness Foundation. This institution is an equal opportunity provider.



For Reporting

EMPLOYERS + SCHOOL ADMINISTRATORS:

Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at GCHD-CD@gchd.us or call (810) 257-1017



CLICK HERE

COVID-19

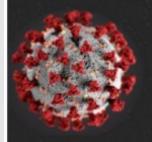
reporting for SCHOOLS +

EMPLOYERS

For State of Michigan Covid-19 Information







COVID-19 VACCINE PROVIDER GUIDANCE & EDUCATIONAL RESOURCES

COVID-19 VACCINE BREAKTHROUGH

COVID-19 VACCINE

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

COVID-19 VACCINE PLAN

COVID-19 VACCINE RESOURCES

IMMUNIZATIONS DURING COVID-19

CDC FAQS

PROVIDER GUIDANCE & EDUCATION



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Language Services

THE ALLIANCE FOCUS

GCMS Alliance Friendship Group

After a long hiatus during Winter, the Alliance Friendship Group met on a beautiful Spring day at the Warwick Hills Golf and Country Club along with some other members of the Alliance. Having missed seeing each other, there was a big turnout. Great camaraderie was shared over the delicious food . The next bi-monthly luncheon is on Tuesday, June 27.





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HEALING HANDS 5K RUN/WALK

to benefit The Genesee County Free Medical Clinic Organized by

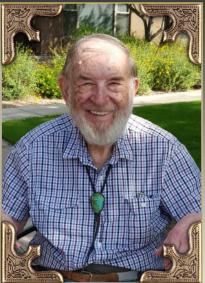
Genesee County Medical Society Alliance & Sovita Credit Union

Saturday, May 20, 2023 @ 9:00AM - Mott Community College, Downtown Flint, MI

Starting Time:	5K Run starts at 9:00AM and 5K Walk starts at 9:01AM
Location:	Mott Community College, Events Center 1401 E. Court Street, Flint, MI. Parking available at college
Course:	Both events will start and finish at Mott Community College.
Facilities:	Restrooms only at race site.
Registration:	Entries postmarked after 5/03/23 may not guarantee your preferred T-shirt size. Packet pick-up & onsite registration will be held from 8:00-8:45 AM the morning of the run/walk at the Events Center (East side of the Mott Library)
Entry Fee:	\$25 before 4/1/2023 \$30.00 after includes T-shirt
Refreshments:	Post-race refreshments for your enjoyment while awaiting race results & awards presentation.
Features:	Community health promotion, materials to promote health, and a few silent auction items. Theme Basket Door Prizes – must be present to win.
Race Ceremony:	MC: DJ Rob from Her & I Promotions
Awards & Age Divisions:	Awards to Overall and Masters male and female and top THREE finishers in each age group in each race: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over.
Results:	Race scored using B-Tag System & posted race day and online at www.enmotive.com
Information:	HOTLINE: 810-235-7430 Website: Register online at https://healinghands.enmotive.com/events/
Pledge Form:	Pledge form is located on the back of this flyer. Anyone raising \$100.00 in pledges may run or walk for free.
G.C.F.M.C.	ing Hands 5K Run/Walk to benefit the Genesee County Free Medical Clinic Entry Form (May be photocopied) 9:00 AM Saturday: May 20, 2023
Last Name	First Name
Address	
City	StateZipE-mail
Phone	Birth Date Sex: □Male □Female Age on race day: □ Run □Walk
B-Tags for scoring	g will be provided by Gault Race Management on race day. Mark if Virtual Run Walk
Circle choice of Teo	ch T-shirt size: S M L XL XXL (add \$2.00) REGISTRATION FEE
MAKE CHECK PA MAIL TO: Genese	YABLE TO: Genesee County Free Medical Clinic DONATION e County Free Medical Clinic, 2437 Welch Blvd., Flint, MI 48504 TOTAL AMOUNT ENCLOSED
DISCLAIMER MUS discharge all race p (Michigan, national	T BE SIGNED: In consideration of the acceptance of my application for the Healing Hands 5K Run/Walk, I hereby release and varticipants, groups, organizers, sponsors, volunteers, officials, other affiliated parties, the USATF and its Associations and other associations) connected with this event from all liability for any damages, loss or injuries including but not limited to whatsoever arising from my participation in this event.

ATHLETE (OR PARENT, IF UNDER 18) MUST SIGN

Dr. Vernon C. Urich



Dr. Vernon C. Urich, 90, of Oro Valley Arizona passed away October 19, 2022, peacefully and painlessly in his sleep. He died of Covid and advanced Parkinson's Disease and Lewy Bodies Dementia.

Vernon, the oldest son of Elmer and Rose (Hejlik) Urich, was born October 20, 1931 in Garner, Iowa. He graduated from Garner High School in 1949. He attended University of Iowa and graduated with a BS in 1952 and his Medical Degree in 1956. Internship at Hurley Medical Center (1956-1957) and Residency at Iowa State University (1957-1961). Vernon had a private practice in Flint Michigan until 1991 and then worked at the Carl T Hayden VA Medical Center in Phoenix Arizona. He was married to Joan Macksood in 1957 with five amazing children.

Post graduate certificates with State of Iowa (1956), State of Michigan (1961), State of Arizona (1963), Fellow, American College of Surgeons (1967), and American Board of Urology (1964).

Vernon belonged to over 24 organizations and 6 of which he was on the board of directors. He was the chief of Surgery at Genesee Memorial Hospital (1966-1970), Chief of Urology St Joseph Hospital (1970-1991) and Chief of Urology Carl T. Hayden VA Hospital (1991 to 1998). He worked at St Joseph Hospital, Hurly Medical Center, Genesee Memorial Hospital, McLaren Regional Medical Center, Wheelock Memorial Hospital, Beaumont Hospital, University of Michigan Flint Hospital, and Carl T. Hayden VA Medical Center from (1961 to 1998). He published 11 articles and presented at 144 different conferences, colleges or hospitals. Patient education was high on his list of accomplishments with 16 published documents. Vernon felt all patients were entitle to healthcare and when they could not afford it he took sweets, fresh eggs, farm fruits in lieu of money. He made house calls and worked around the clock for his patients.

After retirement he did not stop working. He volunteered his time at Indian reservations and the Heard Museum. Vernon loved University of Michigan Sports and was part of the recruiting committee under Bo back in the day for football. He was a kind, loving and compassionate man with a very devote catholic faith. He loved to golf, walk and do research any topic he did not know about. At age 70, he was in (12) 5K walking races and placed in the top three each time. He dedicated his life to others and helped anyone that needed it. He never asked for anything in return.

Vernon loved his children very much and tried to be at many Macksood & Nakfoor family holiday functions. He loved to make home made ice cream, barbecue meats, fresh farm watermelon and corn on the cob. His children were his pride and joy. He looked forward to being with them and his grandchildren as much as he could.

Vern learned sand painting, painting, clay work, chair volleyball and chair yoga as his illness progressed. He had one special friend (Walter Hellman) that encouraged him to stay engaged in arts and activities. He was never the same after he passed away. He loved his friends, artwork and time out of his room. He became wheel chair bound during Covid but never complained. He loved all animals, especially his cat when he was younger as it was his first patient. He ran over the tail with his lawn mower and got his mother's sewing needle and stitched it up. That was when he knew he wanted to be a doctor.

In lieu of flowers please make donations to the (APDA) American Parkinson Disease Association.

Vernon is survived by his brother, Gary (Sharon) Urich of Iowa City; Joan Urich-Moses of Sun City West, AZ; his children Susan (Brian) McCaslin of Libertyville, IL; Daughter Ann Urich of Peoria, AZ; Son Vernon Urich, Jr. of Sun City West, AZ; Son David Urich of

Solano Beach, CA; Grandchildren Liz (Quentus) Cumby of San Jose CA; BJ (Caitlyn) McCaslin of Highland Park, IL; Skylar Urich of Tempe, AZ; Joshua, Nick and Lucy Urich of Encinitas, CA; and great grandchildren Drew & Kyla Cumby of San Jose, CA. As well as over 135 nieces and nephews, great nieces/nephews from the Urich, Macksood and Nakfoor families.

He was preceded in death by his parents; his sister Mary Jean Batham; and son Joseph Urich.



GHS Intensive Crisis Stabilization Services for Children and Young Adults





The GHS Children's Intensive Crisis Stabilization Team (ICSS) provides mobile crisis stabilization services, 7 days a week between 8:00am and 7:00pm to all children, youth, and young adults (ages 0-21) who reside in Genesee County. Calls during other hours are helped by our Crisis Line mental health professionals.

Reasons to call GHS:

- If you feel your child/youth is in a crisis
- The child/youth may hurt themselves or others
- The child is experiencing overwhelming confusion, anger, or emotional unresponsiveness

If you aren't sure if ICSS is needed, give us a call and we can help to explore options.

What happens when the GHS Intensive Crisis Team is called?

The team will provide an on-site intervention with the identified child or youth, and their support system. The team's main focus will be to help assess the crisis, utilize de-escalation techniques, help the child/youth and their family or support system to help with what is needed and to help determine next steps and long-term care.

Other services include:

- · Crisis and Safety Planning
- · Referrals to needed services
- · Education on resources, diagnosis and services
- · Collaboration and problem solving

* Psychiatric consults, as needed (does not include medication review for prescription)

** Intensive Crisis Stabilization services cannot be provided to individuals who are currently residing in inpatient settings: Jail/detention centers or residential settings (i.e. child caring institutions, crisis residential, etc.).

GHS Intensive Crisis Stabilization Services for Children 810.257.3740 877.364.3648

420 W. Fifth Avenue, Flint 48503 • www.genhs.org

Supported by funds from Substance Abuse and Mental Health Services Administration, Center for Mental Health Services through the Michigan Department of Health and Human Services.

Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

- In your Trust, "Grantor directs Trustee to distribute ___% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."
 - In your Will, "I give, devise and bequeath ___% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.





Do you have an advertising NEED?

- Are you a Physician <u>and</u> you are a member of GCMS and you have a new practice in Michigan?
- Do you have a medical practice <u>and</u> you are a member of GCMS and your office has relocated?
- Do you have a business that serves Michigan and business slow?

Let Genesee County Medical Society help!

Genesee County Medical Society Bulletin

(ONLINE MAGAZINE)

Your ad will be featured in the Genesee County Medical Society monthly bulletin that is provided to 1,500+ viewers. The Bulletin can also be found on the GCMS website, and is also published through Calameo virtual magazine. (HTTPS://En.Calameo.com/)

1/2-page ad \$195/month

3/4-page ad \$290/month

Full page ad \$350/month

A link to the business website or email can be added for **NO** additional fee.



to connect with GCMS, we can provide your advertising needs!



**all ads placed by Physicians or Medical Practices must have a GCMS membership.



SAFEHAVEN™ PHYSICIAN AND PROVIDER WELL BEING PROGRAM

Rediscover meaning, joy, and purpose in medicine.

SafeHaven[™] ensures that physicians and health care providers can seek confidential assistance and support for burnout, career fatigue, and mental health reasons.



In-the-moment telephonic support by a licensed counselor, 24/7



Peer Coaching—talk with someone who has walked in your shoes that can help you grow both personally and professionally

- Six sessions per incident
- Physician or provider chooses coach from a panel of coaches



WorkLife Concierge, a virtual assistant to help with every day and special occasion tasks, 24/7

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Legal and financial consultations and resources, available 24/7

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Counseling, available in either face-to-face or virtual sessions; addressing stress, relationships, eldercare, grief, and more

- Six sessions per incident
- Available to all extended family members



VITAL WorkLife App—Mobile access to resources, well being assessments, insights, and more

RESOURCES FOR YOU AND YOUR FAMILY MEMBERS

SafeHaven[™] includes Well Being Resources from VITAL WorkLife—confidential and discreet resources designed to reduce stress and burnout, promote work/life integration and support well being for you and your family.

TO LEARN MORE, VISIT www.MSMS.org/SafeHaven

To support the needs of physicians and health care providers struggling with stress, burnout, and the effects of COVID-19, the Michigan State Medical Society (MSMS) and VITAL WorkLife have partnered to offer a comprehensive set of well being resources and confidential counseling services for their use, SafeHaven™.





April 2023



Application Code:

120 West Saginaw Street | East Lansing, Michigan 48823 517-337-1351 | msms@msms.org | www.msms.org

Join N	ISMS and your County	y Medical Society on	ine at www. j	oinmsms.org		Jo GCMS/
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O Male O Female						
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City:			State:	Zip:		
*Please base my county medical s	ociety membership on the c	ounty of my (if addresses a	re in different cou	nties): O Office Address) Home Add	tress
*Birth Date: / /	Birth Country	MI Medical	License #:	ME #:		
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Residency Program						
Fellowship Program						
Hospital Affiliation						
					O Yes	
Primary Specialty				buaid certified.		