

**Are Physician Services  
Being Devalued?**

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**The Mako Orthopedic Robot  
is Available in Genesee County**

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**Your Virtual Tour of the Gene-  
see County**

**Free Medical Clinic**

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**\*\*Save the Date:**

**GCMS Town Hall Meeting**

**March 22, 2023 @ 7pm**

**Physician Burn Out**

**Via Zoom**



Another Big thank you  
to our

2022 President's Ball

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THE BULLETIN is published monthly by:  
The Genesee County Medical Society

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JANUARY 2023 VOLUME 100, NUMBER 1

# THE BULLETIN

READ BY 96% OF GCMS MEMBERS

## FEATURE ARTICLES

2022 President Ball Sponsors	16-20
Guest Article:	
Your Virtual Tour of The Genesee County Free Clinic	22
Commit To Fit	24
COVID-19 Resources	26
Safe Haven: Physician and Provider Well Being Program	33

## REGULARS

President's Message	4
GCMS Meetings	6
Executive Director's Message: The Mako Orthopedic Robot is Available in Genesee County	8
The Alliance Focus	30

#### Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

#### Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

#### PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

#### THE BULLETIN

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# President's Message

## Is There Common Ground?

Over the past two decades, we have seen physician reimbursement adjustments advance at a much slower rate than that of inflation, and this was when inflation was close to 2%. Looking at the Medicare Trustees Report in the Federal Register from 2001 to 2020, the consumer price index increased by 45%, hospital reimbursement was a 55-60%, physician costs were up 38%, and physician's reimbursements increased only by 7% (Figure 1). It is clear from this data that physician services are gradually being devalued relative to inflation. As reimbursement is determined by relative value units (RVUs), we work as a divided house to establish the value of our work by specialty. Although this effort is worthwhile, it does not change the fact that decisions have been made to reduce our overall reimbursement relative to inflation. The Medicare Payment Advisory Commission had recommended freezing Medicare physician payments for 2023 (an increase was recommended for 2024). This was despite substantially higher inflation and a healthcare labor shortage. We have also seen multiple occasions where payment cuts were delayed by Congress in the past, spared by last minute political wrangling. We celebrate these events, but should try instead to understand how we ended up as the ones on the chopping block.

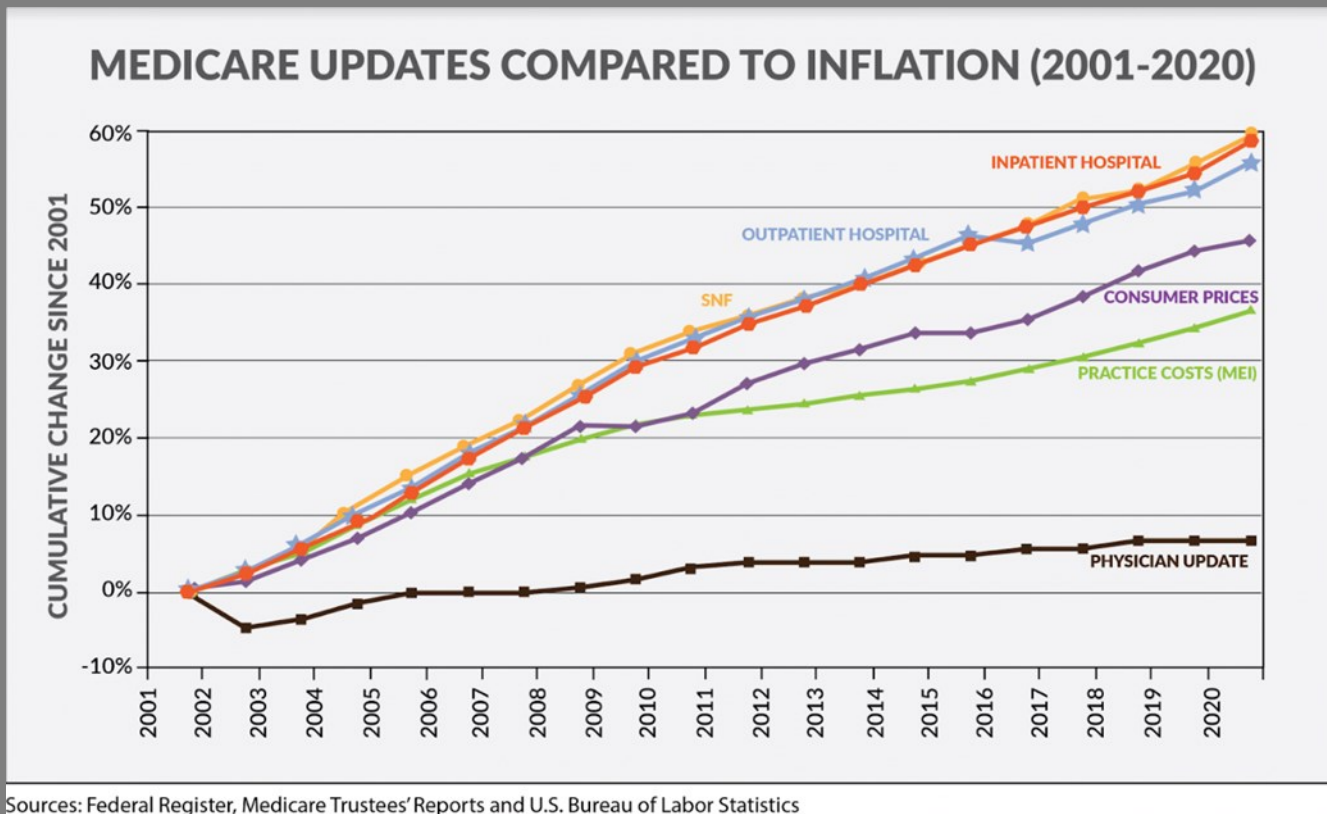


Figure 1.

As a group, we physicians have been willing to acquiesce to whatever cuts come our way. Unlike the hospital and pharmaceutical industries, we have not been effective in making our political voice or clout felt. This is, in my opinion, due to our paltry and fractured support of the political system. We spend only a small fraction of what the pharmaceuticals and hospitals spend, and we lack a common message.

We physicians are the most highly educated, trained, and accomplished of the spectrum of medical care providers. We are obligated to work in the interests of our patients. We, therefore, are the ones that make critical decisions regarding patient care. However, our place as the tip of the spear of medical decision making is being actively eroded by insurance administrators, hospitals, and other providers. If we believe that critical medical decisions should be in the hands of the most qualified, then we need to make sure that our status is not diminished. We need to make sure that we have a common message and common ground. We need to express our political weight with engagement and investment in politics at all levels.

First and foremost, our message should be that the work of physicians is not of lesser value than that of hospital industry or the pharmaceutical industry. The political decisions to devalue our reimbursement need to be recalibrated with the understanding that we are not the path of least resistance. We also need to ensure that patient care is not jeopardized by industrial actions to cut costs such as replacing a physician with a mid-level provider with full independence.

The only way for us to get to common ground is first to realize that our work is being devalued and to then find the will to make the necessary investments to ensure that our voice is heard and our political weight felt. I would encourage all of our members to consider this and act. We need to increase our membership in organizations like GCMS, where we are not segregated into subspecialties. We need to fund the Michigan Doctors' Political Action Committee (MDPAC) and seek the same consideration hospitals get. The alternative is to continue to see our relative reimbursement and decision making abilities continue to be eroded.



Paul Kocheril, MD

**Legislative Liaison**

February 6, 2023

8:00 a.m.

**Practice Managers**

February 9, 2022

9:00 a.m.

**GCMS Membership Committee**

February 9, 2022

7:00 p.m.

**Medical Society Foundation**

February 15, 2022

6:00 p.m.

**Board of Directors**

February 28, 2022

6:00 p.m.

\*All meetings are via Zoom unless otherwise noted

## Announcement

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## EXECUTIVE DIRECTOR'S MESSAGE

### The Mako Orthopedic Robot is Available in Genesee County

One of the newest developments in technology for orthopedic surgery has been the evolution of Robotic Assisted surgery for joint replacement procedures. The Stryker MAKO Robotic System obtained FDA approval in August of 2015, as a robotic assisted orthopedic surgical assist.

The MAKO SmartRobotics System combines three key components:

1. A 3D CT based preoperative plan
2. AccuStop haptic technology
3. Data analytics

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The MAKO System utilizes a 3-Dimensional(3D) CT study as a preoperative guide. This offers a plan unique to each patient that the surgeon can review before the surgical procedure. Additionally, MAKO allows for accurate and optimal implant positioning unique for each patient. This can mean preserving soft tissues for some patients; for others, saving healthy bone.

The surgeon is in control of the robotic system, maneuvering it with their hands and utilizing the feedback from the AccuStop haptics for a more accurate placement of the hip or knee implant. By guiding the physician during surgery with the robotic assist arm, Mako's AccuStop™ technology allows the surgeon to cut precisely and cut less, preserving bone.

The advantage of the MAKO System is greater precision and customization for Knee & Hip replacement surgery. The goal of the Mako System is to provide additional flexibility and better fit by providing more precision and consistency during placement. This may lead to less wear and tear over the life of the artificial joint.

There are only approximately 1400 MAKO Robotic Assist Systems used worldwide. I am very pleased this technology is available in Genesee County.

This article was written in collaboration with Dr. Seann Willson.



**SEANN WILLSON, MD**

For comments or questions please contact:

[executivedirector@gcms.org](mailto:executivedirector@gcms.org)



**DAVID HOFF, MA, CCP**





Photo provided by the Stryker Corporation



**ATTENTION!**



**9:00 A.M.**  
**Via Zoom**

**ATTENTION: PRACTICE MANAGERS  
AND OFFICE STAFF!**

**Genesee County Medical Society addresses issues of concern  
for medical professionals!**

Please join GCMS and SOVITA in monthly meetings for  
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*Please email [executivedirector@gcms.org](mailto:executivedirector@gcms.org) to RSVP,*

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**NEXT MEETING DATE:**

**February 9, 2023 9:00 A.M.**

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## Legislative Platform & Priorities



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# MSMS Legislative Platform & Priorities



## MSMS Legislative Priorities

Key priorities of the Michigan State Medical Society (MSMS) and its 15,000 physician and medical student members are as follows:

### COVID-19

The COVID-19 pandemic has taken a devastating toll on the physical and mental health of Michigan citizens, as well as the economic health of our state. Additionally, many of Michigan's medical practices are trying to regroup from financial and staffing losses and increased costs to comply with regulatory mandates. By using scientific data to help inform decision-making, MSMS is committed to working collaboratively with stakeholders to end the COVID-19 pandemic, safely re-engage all economic sectors, provide efficient and equitable vaccine distribution, and ensure practice sustainability.

### Prior Authorization and Step Therapy Reform

The prior authorization process diverts valuable resources away from direct patient care, can delay the start or continuation of necessary treatment, and can negatively impact patient health outcomes. Step therapy, also known as fail first, is another practice that disrupts patient care by requiring patients to try other therapies before being approved for the treatment that their doctor originally prescribed. MSMS will work closely with the Legislature, regulators, and other stakeholders on ways to reform prior authorization and step therapy processes to ensure transparency, remove unnecessary and costly care delays, and support shared decision-making.

### Team-based Care

Patients are best served by a team-based approach to care that provides the maximum amount of choice while ensuring that they benefit from the additional training and expertise that comes from having a physician on the team. A highly functioning health care team is the best way to serve patients. MSMS will continue to promote the role of the physician as the leader of the health care team and oppose any efforts to expand allied health professionals scope of practice that may put patients at risk.

### Telemedicine

Telemedicine has proven to be an effective care delivery method that ensures convenient and timely access to patients. Before the outbreak of COVID-19, insurers covered telemedicine visits to varying extents; however, there were often obstacles such as low reimbursement and restrictions on site of care. Although payers removed some of the regulatory and administrative barriers during the pandemic, these policies are now reverting to pre-pandemic times. Moving forward, payment and service parity for the use of clinically appropriate telemedicine services is critical.

### Health Equity

Several events in 2020 brought to the forefront the need to prioritize advocacy addressing systemic policies and other contributing factors that deny historically marginalized groups equal and just opportunities to maximize quality of life and health outcomes. In order to improve the health of all populations, MSMS will work to advance policies that reduce disparities and improve health equity.

### Graduate Medical Education (GME)

Studies repeatedly demonstrate that one of the best ways to recruit and retain physicians is via local medical schools and residency programs. GME helps fill the gap in underserved areas by providing extremely low-cost care to those most in need. Michigan has been a leader in expanding medical school class sizes to address the projected demand for physician services, it is imperative that we continue to fund GME slots to allow these future physicians to learn here in Michigan, train here in Michigan, and stay here in Michigan.

## Legislative & Regulatory Platform

MSMS has long-standing positions and policies on numerous topics. Following is an overview of the top issues comprising the MSMS legislative and regulatory advocacy platform.

### Insurance and Regulatory Advocacy

- Support mental health and substance use disorder parity
- Ensure appropriate access to and payment for telemedicine
- Advocate for adequate and transparent physician networks
- Reduce unnecessary administrative costs

### Public Health and Prevention

- Strengthen public health infrastructure
- Support vaccine availability and oppose efforts to weaken Michigan's vaccine laws
- Improve health equity
- Ensure access to evidence-based non-opioid pain care and opioid use disorder treatment
- Reduce childhood environmental hazards
- Reduce gun violence through health screening, patient counseling and expanded access to mental health services

### Professional Liability

- Preserve existing tort reforms
- Support higher negligence thresholds in medical liability cases
- Eliminate the lost opportunity doctrine
- Maintain the legislative intent and enforceability of all medical liability tort reforms

### Medicaid

- Seek funding parity with Medicare
- Seek funding sources that are fair and sustainable
- Support state funding for the Healthy Michigan Plan
- Ensure access to physician-directed care

### Physician Supply and Training

- Increase graduate medical education funding at state level
- Minimize burden of medical school debt

### Insurance Contracting Reform

- Limit retroactive audit timeframes
- Support adequate disclosure of fee screens
- Support appeals process that includes independent reviews

### Scope of Practice

- Support physician-led, team-based health care
- Support education over legislation as the means of increasing scope of practice
- Oppose independent prescriptive authority by non-physicians
- Support patient right-to-know/health professional credentials disclosure

### For more information about MSMS legislative advocacy, please contact:

- Josiah Kissling, Senior Director, State and Federal Government Relations, at [jkissling@msms.org](mailto:jkissling@msms.org)
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# Your Membership at Work

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- ◆ GCMS staff helped Genesee County residents with contacts, resources and explanations.
- ◆ GCMS Membership Committee has collaborated and has a plan in place to reach out to and meet with various practices in Genesee County. If you have colleagues that are not yet GCMS members, please connect with them! A flyer of GCMS benefits can be provided to you.



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## Guest Article

### Your Virtual Tour of the Genesee County Free Medical Clinic

Have you ever wondered what we do here at the Genesee County Free Medical Clinic? Today I'm honored with being your virtual tour guide.

The mission of the Genesee County Free Medical Clinic (GCFMC) is to provide quality health care to the employed uninsured without regard to race, creed and ethnicity in a safe environment and respectful manner.

Patients are seen at the free clinic by appointment only. The staff will make sure the patient qualifies for care first. This means verifying the patient is within 300% of the federal poverty level and uninsured. During the patients first visit, they will be asked to provide documentation to verify their patient eligibility.

The GCFMC uses an electronic medical records system called E-Medical Notes. The staff consists of physicians, nurses and pharmacists who volunteer their time to help our patients. Medical Director, Robert Gildersleeve, MD, works with McLaren Residents to deliver Top-notch health care. Additional primary health care physicians volunteer the first Tuesday evening of each month.

Walking into the clinic, the reception area is welcoming. Patients are invited to complete a social determinants survey to help our healthcare team obtain a comprehensive picture of roadblocks like food, clothing, housing, and mental health concerns that are obstacles to the patients' path to recovery. In response to the survey, the clinic has clothing, home essentials and other resources available in the reception area for patients to take as needed at no charge. These items are donated by churches, community groups and individuals.

Not every patient can be seen inside the clinic. If a patient has symptoms that may be contagious, they are directed to the telehealth option for a physician visit via Doxyme. This tool is also helpful in certain situations when transportation is an issue. When the patient visits the clinic in person, their first interaction is typically with a nursing student or medical student who obtains initial data and vitals on the patient to document for the physicians. The resident will see the patient and bring the Medical Director or Attending physician in to prepare a plan of care for each patient. A plan of care is decided by the team. Prescriptions may be given if needed, however, our clinic does not supply or provide patients with controlled substances. If needed, a patient may get a referral to one of our volunteer specialty physicians. We also have the ability to refer out for imaging to either Regional Medical Imaging or Greater Flint Imaging. Lastly if laboratory testing is needed, like a blood draw for example, the patient will be sent to McLaren Lab. Once a discharge plan for the patient is made with the team, the nurse will provide that patient with required education. Along with instruction, the patient receives supplies and or equipment in addition to prescriptions. The clinic also provides those patients who are having trouble with food insecurities a package of necessary food staples to feed them and their family.

A follow-up visit is scheduled as needed. Correspondence or continuum of care is provided with other healthcare partners for the patient and based on the patient need, the patient may be made an appointment to see a Genesee Health Plan (GHP) the Food Bank or a staff member to help them obtain community services or more importantly permanent health and/or mental health care. Some patients are new to the area and do not have an identification verifying their Genesee County Status. We provide information to help them get identification via the First Presbyterian Church. We partner with the United Way of Genesee County to provide patients with complementary bus passes to get their lab work done, go to referral appointment, or simply follow-up at the GCFMC.

The team of caregivers at the Free Clinic outlined above just scratch the surface of the volunteers and partners that work to ensure the success our patients experience to take control of their health. On that note, did I mention that the above services for our patients receive are FREE?!

The work we do would not be possible without the help from volunteers or without the funding from our one, annual fundraiser - The Healing Hands 5k Run/Walk. Mark your calendars! It takes place on the third Saturday in May every year. We receive additional help from our grantors, corporate donors, and personal donors.

The care for the Genesee County Community does not end there. Once a month at the Free Clinic the Genesee County Stroke Coalition provides a free stroke screening for anyone who attends to assess the risk of stroke or heart disease. Genesee County Health Department hosts a special morning clinic for STI testing and quarterly vaccine clinics. Genesee Health Plan (GHP) provides education, wise woman, and other educational opportunities for our patients and Genesee County Residents.

I hope this virtual tour was helpful, but if you ever would like an in-person tour, please do not hesitate to ask. It would be my pleasure to show you around and introduce you to our wonderful staff and volunteers.

Stacey Doyle, Executive Director  
Genesee County Free Medical Clinic  
810-235-4211 Ext 208



**Stacey Doyle**  
Executive Director





## How Can You Help? Coats, Food, and Volunteers Needed

The GCFMC is taking donations of  
Coats, Food Pantry Items and we also  
need volunteer nurses

**DROP OFF AT 2437 WELCH BLVD, FLINT**

Join our list of community supporters at  
[www.gcfmc.org](http://www.gcfmc.org) - see grants and supporters

**SAVE THE DATE**  
28th Annual Healing Hands 5k Run/Walk  
5/20/2023

More information :  810-235-4211  [www.gcfmc.org](http://www.gcfmc.org)



# COMMIT TO FIT!

## Virtual Fitness Guide

### Commit to Fit!



Visit [commit2fit.com](https://commit2fit.com) to track all of your physical activity and keep track of your fitness goal!

### University of Michigan - Flint



Click [HERE](#) for daily workouts!

### Crim Fitness Foundation



Visit [crim.org](https://crim.org) for a variety of yoga and mindfulness practices!

### Ascension Genesys Athletic Club



Click [HERE](#) for intense & moderate workout videos!

### YMCA - 360



Visit [ymca360.org](https://ymca360.org) for fitness classes of all ages!

### Arthritis Foundation



Click [HERE](#) for arthritis exercises!





# COMMIT TO FIT

## FREE HEALTH & WELLNESS PROGRAMS

TO REGISTER FOR A PROGRAM VISIT [WWW.SURVEYMONKEY.COM/R/C2FPROGRAMS](http://WWW.SURVEYMONKEY.COM/R/C2FPROGRAMS), EMAIL [COMMIT2FIT@FLINT.ORG](mailto:COMMIT2FIT@FLINT.ORG), OR CALL 810-232-2228



### COOKING WITH KIDS

This program focuses on teaching Flint families to make healthy food choices! Classes include healthy recipes, nutrition education games, physical activity, and more! Classes are held at the Flint Children's Museum where kids can come play for free!



### THE LEARNING KITCHEN

A six-week adult nutrition program where participants learn about balancing and planning healthy meals, stretching food dollars to maximize nutrition, shopping strategies, and cooking techniques. This program is currently hosted virtually via Zoom and at local community centers.



### FRESH CONVERSATIONS

A senior-based nutrition education program designed to support healthy aging and independence. Gather with other Genesee County Residents aged 60 and older to discuss current nutrition and health topics, taste low-cost healthy recipes, and discover new ways to stay active and independent. This program is currently hosted virtually and at local senior centers.



### WALK WITH EASE

Whether you need relief from arthritis pain or just want to be active, the Arthritis Foundation's six week Walk with Ease course combines self-paced walks with information about related topics. This program allows participants to work on their own at their own pace to increase their physical activity. Group and self-led programs available.

Visit [www.commit2fit.com](http://www.commit2fit.com)   

Fresh Conversations and the Learning Kitchen are funded in whole or in part by the USDA's Supplemental Nutrition Assistance Program Education through the Michigan Department of Health and Human Services and the Michigan Fitness Foundation.  
This institution is an equal opportunity provider.



 **CLICK HERE**


**For Daily Genesee County Covid-19 Numbers**

 **COVID-19 Summary for Genesee County, Michigan**

[Coronavirus \(COVID-19\) Data Dashboard for Genesee County](#)

 **CLICK HERE**

**For Reporting**



**EMPLOYERS + SCHOOL ADMINISTRATORS:**

Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at [GCHD-CD@gchd.us](mailto:GCHD-CD@gchd.us) or call (810) 257-1017

The complex block has a dark green background. On the left, there is a graphic with red virus particles and the text 'COVID-19 reporting for SCHOOLS + EMPLOYERS'. To the right, the text is white and bold, asking if the user needs to report a positive case and providing contact information for the Communicable Disease team.

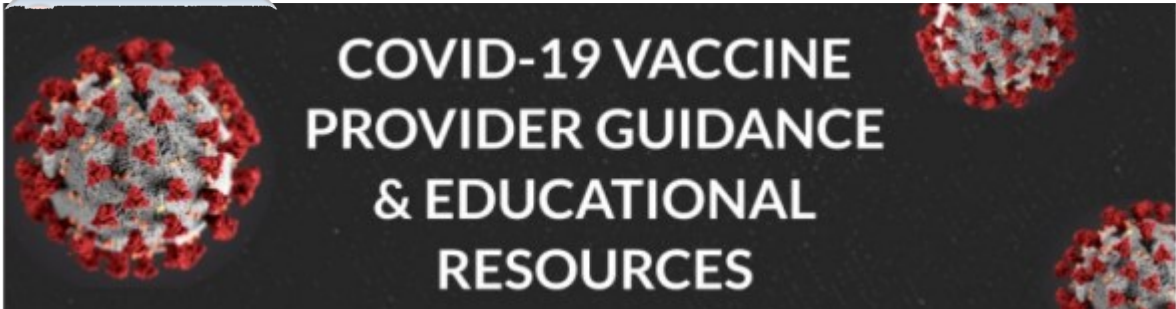
 **CLICK HERE**

**For State of Michigan Covid-19 Information**





 [CLICK HERE](#)



## COVID-19 VACCINE

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

[COVID-19 VACCINE PLAN](#)

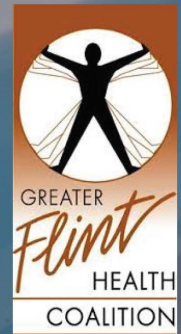
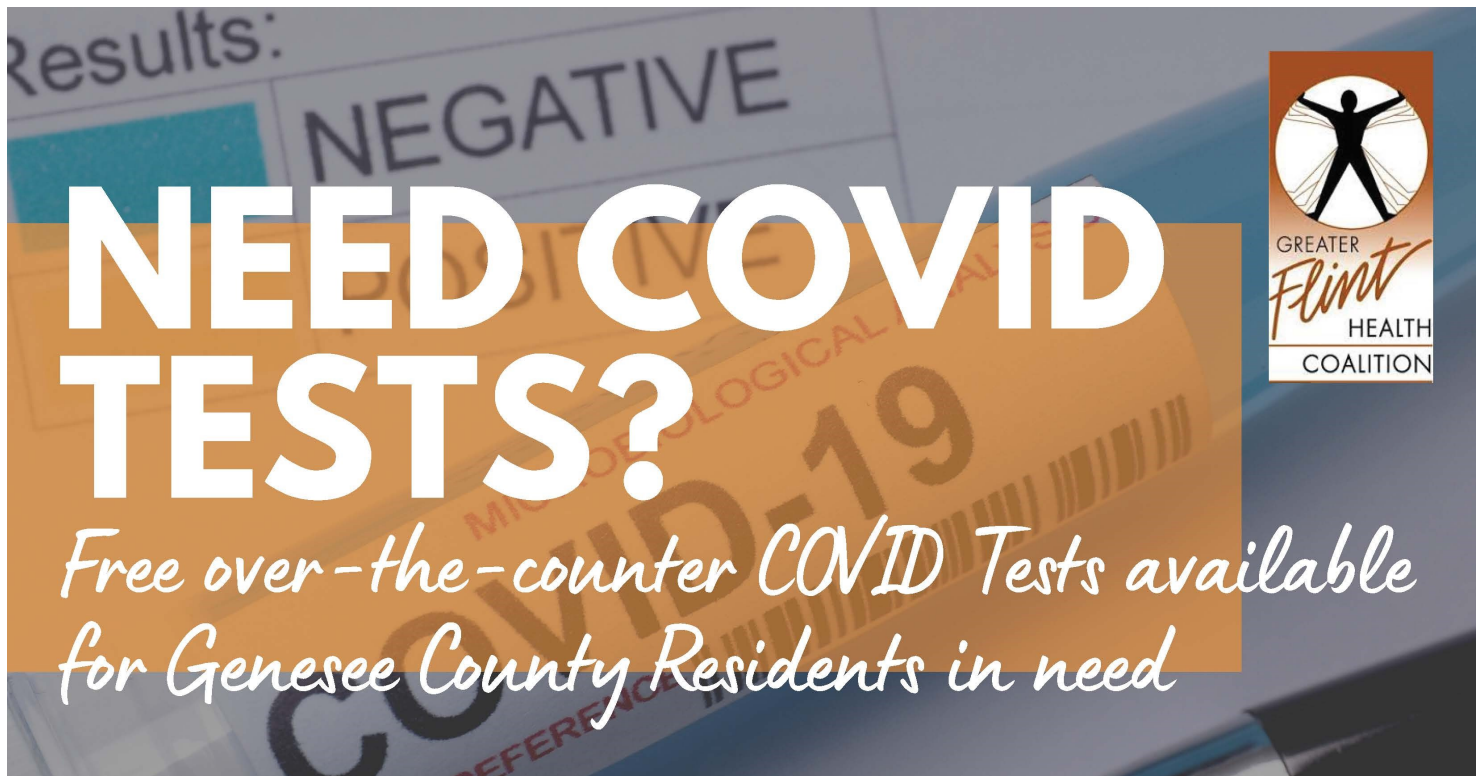
 [CLICK HERE](#)

[COVID-19 VACCINE RESOURCES](#)

[IMMUNIZATIONS DURING COVID-19](#)

[CDC FAQs](#)

[PROVIDER GUIDANCE & EDUCATION](#)



# NEED COVID TESTS?

*Free over-the-counter COVID Tests available for Genesee County Residents in need*

## CAN'T FIND A TEST IN-STORE? WE CAN HELP!

If you are a community-based organization with clients in need, contact Genesee CHAP to receive a bulk delivery of tests.

Are you a resident, a school, or medical practice? If so, make a referral to CHAP to receive a free COVID-19 OTC test, delivered within 24 hours.

*Free COVID-19 tests available for all who need one. Limit 6 per household.*

### Make a Referral to Genesee CHAP

- Call 810-953-2427
- Utilize the Community Referral Platform
- Fax Genesee CHAP Referral Form
- Visit [gfhc.org/CHAPreferrals](https://gfhc.org/CHAPreferrals)



*Request "OTC COVID-19 Test" and note "Urgent". Genesee CHAP will deliver test(s) to the individual's home within 24 hours.*



# USING & REPORTING SELF-TESTS | COVID-19 |

1

Follow instructions very carefully.



2

Use the QR code below for more information about self-testing and how-to videos.



3

**If your results are positive**

Report results to GCHD at [www.gchd.us](http://www.gchd.us) or click [here](#).

Isolate yourself from others for 5 days following symptom onset (if symptomatic) or positive test result (if asymptomatic).

Tell your close contacts that they may have been exposed to COVID-19.

Call GCHD at 810-344-4800 if you are unable to use online resources.



4



If you are at an increased risk of becoming very sick, treatment maybe be available. Contact your health care provider right away if your test result is positive.



[www.cdc.gov/covidtesting](http://www.cdc.gov/covidtesting)

CS324605-L 02/08/22

## THE ALLIANCE FOCUS

### Happy 2023 to One and All!

Here's to a great New Year and a fond farewell to the old;  
here's to the things that are yet to come, and to the memories  
that we hold!

Alliance members created many fond memories at our meetings and social gatherings in 2022, including a wonderful International Luncheon at the beautiful home of Vijay Sayal's, a fun and informative tour of the new Sloan Museum of Discovery and other social get-togethers including a beautiful holiday lunch at Warwick CC to end the year.

We also supported great causes such as the Reach Out and Read program, Peace and Unity Day, the Food Bank of Eastern Michigan's Senior Grocery Box program, the YWCA SafeHouse Shelter and families in need at the Boys & Girls Club of Greater Flint. How wonderful to make a difference in our community!

Neighborhood coffees will get us together through the winter,  
and then it is almost spring!



Tinsi Kline – President

# GHS Intensive Crisis Stabilization Services for Children and Young Adults



The GHS Children's Intensive Crisis Stabilization Team (ICSS) provides mobile crisis stabilization services, 7 days a week between 8:00am and 7:00pm to all children, youth, and young adults (ages 0-21) who reside in Genesee County. Calls during other hours are helped by our Crisis Line mental health professionals.

## Reasons to call GHS:

- If you feel your child/youth is in a crisis
- The child/youth may hurt themselves or others
- The child is experiencing overwhelming confusion, anger, or emotional unresponsiveness

If you aren't sure if ICSS is needed, give us a call and we can help to explore options.

## What happens when the GHS Intensive Crisis Team is called?

The team will provide an on-site intervention with the identified child or youth, and their support system. The team's main focus will be to help assess the crisis, utilize de-escalation techniques, help the child/youth and their family or support system to help with what is needed and to help determine next steps and long-term care.

## Other services include:

- Crisis and Safety Planning
- Referrals to needed services
- Education on resources, diagnosis and services
- Collaboration and problem solving

\* Psychiatric consults, as needed (does not include medication review for prescription)

\*\* Intensive Crisis Stabilization services cannot be provided to individuals who are currently residing in inpatient settings: Jail/detention centers or residential settings (i.e. child caring institutions, crisis residential, etc.).

## GHS Intensive Crisis Stabilization Services for Children

**810.257.3740 877.364.3648**

**420 W. Fifth Avenue, Flint 48503 • [www.genhs.org](http://www.genhs.org)**

Supported by funds from Substance Abuse and Mental Health Services Administration, Center for Mental Health Services through the Michigan Department of Health and Human Services.

## Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute \_\_\_% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath \_\_\_% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.



**Don't Forget!**  
Donations are tax deductible!

**Please contact GCMS at 733-9923 or email [executivedirector@gcms.org](mailto:executivedirector@gcms.org)**





**safe haven™**  
CONFIDENTIAL SUPPORT

# SAFEHAVEN™

## PHYSICIAN AND PROVIDER WELL BEING PROGRAM

Rediscover meaning, joy, and purpose in medicine.

SafeHaven™ ensures that physicians and health care providers can seek confidential assistance and support for burnout, career fatigue, and mental health reasons.



In-the-moment telephonic support by a licensed counselor, 24/7



Legal and financial consultations and resources, available 24/7



Peer Coaching—talk with someone who has walked in your shoes that can help you grow both personally and professionally

- Six sessions per incident
- Physician or provider chooses coach from a panel of coaches



Counseling, available in either face-to-face or virtual sessions; addressing stress, relationships, eldercare, grief, and more

- Six sessions per incident
- Available to all extended family members



WorkLife Concierge, a virtual assistant to help with every day and special occasion tasks, 24/7



VITAL WorkLife App—Mobile access to resources, well being assessments, insights, and more

### RESOURCES FOR YOU AND YOUR FAMILY MEMBERS

SafeHaven™ includes Well Being Resources from VITAL WorkLife—confidential and discreet resources designed to reduce stress and burnout, promote work/life integration and support well being for you and your family.

TO LEARN MORE, VISIT  
[www.MSMS.org/SafeHaven](http://www.MSMS.org/SafeHaven)

To support the needs of physicians and health care providers struggling with stress, burnout, and the effects of COVID-19, the Michigan State Medical Society (MSMS) and VITAL WorkLife have partnered to offer a comprehensive set of well being resources and confidential counseling services for their use, SafeHaven™.





120 West Saginaw Street | East Lansing, Michigan 48823  
517-337-1351 | [msms@msms.org](mailto:msms@msms.org) | [www.msms.org](http://www.msms.org)

Application Code: \_\_\_\_\_

# State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at [www.joinmsms.org](http://www.joinmsms.org)



- I am in my first year of practice post-residency.
- I am in my second year of practice post-residency.
- I am in my third year of practice post-residency.
- I have moved into Michigan; this is my first year practicing in the state.
- I work 20 hours or less per week.
- I am currently in active military duty.
- I am in full, active practice.
- I am a resident/fellow.

Male     Female

First (legal) Name: \_\_\_\_\_ Middle Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  MD  DO

Nickname or Preferred Form of Legal Name: \_\_\_\_\_ Maiden Name (if applicable) \_\_\_\_\_

Job Title: \_\_\_\_\_

W Phone \_\_\_\_\_ W Fax \_\_\_\_\_ H Phone \_\_\_\_\_ H Fax \_\_\_\_\_

Mobile: \_\_\_\_\_ Email Address \_\_\_\_\_

Office Address  Preferred Mail  Preferred Bill  Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Address  Preferred Mail  Preferred Bill  Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\*Please base my county medical society membership on the county of my (if addresses are in different counties):  Office Address  Home Address

\*Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Birth Country \_\_\_\_\_ MI Medical License #: \_\_\_\_\_ ME #: \_\_\_\_\_

Medical School \_\_\_\_\_ Graduation Year: \_\_\_\_\_ ECFMG # (if applicable) \_\_\_\_\_

Residency Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Fellowship Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Hospital Affiliation \_\_\_\_\_

• Primary Specialty \_\_\_\_\_ Board Certified:  Yes  No

• Secondary Specialty \_\_\_\_\_ Board Certified:  Yes  No

Marital Status:  Single  Married  Divorced Spouse's First Name: \_\_\_\_\_ Spouse's Last Name: \_\_\_\_\_

Is your spouse a physician?:  Yes  No If yes, are they a member of MSMS?:  Yes  No

Within the last five years, have you been convicted of a felony crime?:  Yes  No If "yes," please provide full information: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_