

THE Bulletin



September 2015 Volume 102, Number 19

**Update on FHEO Employment
Opportunities for Physician Offices**

**Payers Who are Collaborating to
Provide ICD-10 Webinars**

**Town Hall Dinner Meeting on Great
Lakes Health Connect**

**Free Community Symposium on
Human Trafficking**

ICD-10

GENESEE COUNTY MEDICAL SOCIETY
Organized Medicine's Leading Edge

**CAN YOU SEE
THEIR LUNGS?**

**WE
CAN**

**WE
SCAN**

**TELL YOUR AT-RISK PATIENTS ABOUT OUR
CT LUNG CANCER SCREENING
UTILIZING A SPECIFIED LOW-DOSE (LDCT) PROTOCOL**

Early detection of lung cancer leads to easier treatment, reducing deaths by **20% more than chest x-rays. Most insurance carriers (including Medicare) provide coverage, subject to eligibility. RMI also offers a **\$149 cash** pay option.**

SCREENING ELIGIBILITY:

- **55-77 years of age**
- **Current smoker or quit smoking within the last 15 years**
- **Have smoked at least 30 pack years**
(1 pack-year = smoking one pack (20 cigarettes) per day for 1 year)
- **No history or symptoms of lung cancer**

- **LDCT reduces lung cancer mortality rate 20% compared to chest x-ray**
- **RMI is ACR accredited for lung screening**
- **We manage patient follow-ups making your job easier**
- **CTLS program headed by Dr. Ehab Youssef, thoracic radiology fellowship trained at University of Michigan**

RMI
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rmipc.net ▪ **(810) 732-1919**

2/15

CT screenings are offered at three of our six locations: Lennon Rd, Flint ▪ Fenton ▪ Grand Blanc

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THE Bulletin

Read by 96% of GCMS members.

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Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

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HUMAN TRAFFICKING SYMPOSIUM AND GREAT LAKES HEALTH CONNECT

This issue of The Bulletin features ads promoting two major meetings. The first is on Great Lakes Health Connect. It will be held on September 10th and is a General Membership Meeting for the Medical Society. It is co-sponsored by the Genesee County Osteopathic Association and will be of great value to you as practicing physicians, and to your staff. Please feel free to invite anyone that you think might be interested in attending.

On September 15th, the Medical Society will be hosting a symposium on human trafficking for the community. Health care professionals, business owners, and all interested community members should attend. It will run from 8:30 in the morning until 2



Deborah Duncan, MD

o'clock in the afternoon, and will even have a breakfast and a lunch provided. This meeting is sponsored by GCMS, along with the GCMS Alliance, Greater Flint Health Coalition, Genesee County Human Trafficking Task Force, Genesee County Osteopathic Association and the Michigan Department of Health and Human Services.

For both meetings, RSVP's will be accepted by Sherry Smith via email at ssmith@gcms.org, or by phone at 810-733-9923. I am looking forward to seeing you all there.

And last but not least, please don't forget to save the date for our Queen's (President's) Ball on November 7th. A great time will be had by all!



YOU'RE INVITED TO

The Queen's Royal Ball

IN HONOR OF THE GCMS & GCMSA PRESIDENTS

NOVEMBER 7, 2015 – 6 O'CLOCK PM
 AT THE WARWICK HILLS GOLF & COUNTRY CLUB
 G-9057 S SAGINAW RD, GRAND BLANC, MI 48439

BLACK TIE OPTIONAL – VALET PARKING AVAILABLE
 \$85.00 PER TICKET – CASH BAR

RSVP'S ARE REQUESTED BY OCTOBER 30, 2015
 TO SHERRY SMITH AT [SSMITH@GCMS.ORG](mailto:ssmith@gcms.org) OR PHONE (810)733-9923

Genesee County Medical Society Dinner Business Meeting

Co-Sponsored by the Genesee County Osteopathic Association

September 10, 2015

a Town Hall Meeting on

Great Lakes Health Connect

Great Lakes Health Connect is Michigan's largest Health Information Exchange (HIE) and one of the largest, nonprofit, privately sustainable HIEs in the nation.

Its service area spans the entire Lower Peninsula of Michigan and currently covers over 82% of the licensed acute care beds in the state, including all three local hospital systems (Genesys, Hurley, and McLaren). In addition, over 4,000 physician office, community provider and social service locations across the state are connected to GLHC using one or more of its solutions.

GLHC provides tangible solutions for many of current physician needs: clinical document management, ADT/result notification, care coordination/referrals, meaningful use requirements, and community-wide longitudinal patient record!



Come hear a brief introduction on health information exchanges, locally, statewide, and nationally.

Hear a discussion of the mission and services that GLHC provides in support of local hospitals, physicians and social service organizations.

Speaker: **Doug Dietzman, Executive Director**
Great Lakes Health Connect

Physicians, spouses, family members, and staff of GCMS/GCMSA, GCOA and other interested professionals are encouraged to attend!

- \$35.00 - GCMS Members, Spouses, Practice Managers, & Staff
- \$35.00 - Genesee County Osteopathic Association Physician Members & Spouses
- \$25.00 - Residents & Students
- \$50.00 - All Non-Member Guests

Flint Golf Club
3100 Lakewood Drive
Flint, MI 48507



6 pm, Registration & Social Hour
6:30 pm, Dinner
7 pm, Meeting
7:15 pm, Presentations

RSVP's requested by September 4, 2015

Please mail your reservation payment to:
Genesee County Medical Society
4438 Oak Bridge Drive, Suite B
Flint, MI 48532

Email Sherry at ssmith@gcms.org to register your attendance or call 810-733-9923 for more information.

YOUR MISSION, SHOULD DECIDE TO ACCEPT IT

"There are those who give with joy, and that joy is their reward."

Kahlil Gibran (1883 -1931)

Are you interested in an adventure in an unusual or exotic location? Volunteering for a hitch with a medical mission organization may satisfy a wanderlust and simultaneously allow you to share your knowledge and skills with those in need of medical care in a foreign country. Medical missions can be a very rewarding experience and many volunteers return year after year to the same area to help the local population.

Medical missions become involved in parts of the world where access is hampered by armed conflict, severe poverty, natural disasters, epidemics, and/or a chronic shortage of decent acute and chronic care. They have been around for centuries but definitely became more numerous with the advent of routine air travel in the post-World War II era.

There are two general types of organizations that sponsor medical missions, faith-based and non-faith-based. The vast majority of medical missions are faith-based missions, most affiliated with Christian denominations, and have two general goals. Provide medical care to the people in need and introduce the locals to Christianity. Churches are often built right alongside the medical clinic or hospital. Non-faith-based organizations solely promote medical care and are often of the opinion that religious proselytizing can be counterproductive to their health care goals. The most well-known non-faith-based group in Medicin Sans Frontiers (MSF), French for Doctors Without Borders, which was created in 1971 by physicians and journalists. Their goal is to provide quality medical care in regions of the world afflicted with war and malnutrition. MSF has no stated religious or political



Daniel Ryan, MD

agenda and received the Nobel Peace Prize in 1997.

Medical mission groups are in need of physicians, nurses, dentists, medical technologists, therapists, paramedics, etc. Also, non-medical personnel are required to fill many positions in administration, accounting, building, and transportation etc. Many faith-based missions may require that your religious views and practice coincide with the tenets of their faith.

Out-of-pocket costs for volunteers vary widely and beware of groups that charge you a lot to become involved.

Most credible organizations will pay your expenses while on a mission. Some require help with fund raising or soliciting donations of medicine and supplies. Some short trips of one or two weeks are available, others require a long-term commitment of up to one year. Make sure your passport and required immunizations are current. Some countries require a special visa for entry. If you would like to become involved but are not anxious to spend two weeks in a foreign country or a war zone, help is often needed at the home base of the mission. For information on medical missions, go to missionfinder.org or check the website of the particular group you are interested in helping.

Overseas medical missions are not everyone's cup of tea, but most who get involved find it to be a positive and joyful experience and make many new friends. Happy travels.



The Queen's Royal Ball

11/7/2015 • R.S.V.P. • BY 10/30/15



Congressman Kildee

WASHINGTON UPDATE

Congressman Dan Kildee provided his annual Washington update to key members of the Genesee County Medical Society Legislative Liaison Committee and Board of Directors, as well as invited guests.

The conversation was wide-ranging and included an in-depth discussion about how federal regulatory efforts create havoc in physician's practices. Congressman Kildee

promised to take the information back to Washington to try to use it to rationalize the regulatory process.

The next meeting of the Legislative Liaison Committee will take place on Monday, October 5th. Interested members are encouraged to attend. For more information, you may email Sherry Smith at ssmith@gcms.org or call 810-733-9923.



SEPTEMBER FEATURES MAJOR MEETINGS

During the month of September, GCMS will host three meetings of major value to physicians and practices.

On September 10th, the GCMS Town Hall Dinner Meeting will feature a presentation on Great Lakes Health Connect which will ultimately impact everyone's practice. Please attend, and bring your practice managers or any other staff who may benefit from this valuable information. Spread the word.

On September 15th, please consider attending the Community Symposium on Human Trafficking which GCMS is sponsoring along with the GCMS Alliance, the Greater Flint Health Coalition, the Genesee County Human Trafficking Task Force, the Genesee County Osteopathic Association, and the



Peter Levine, MPH

Michigan Department of Health and Human Services. It is open to the community free of charge. Breakfast and lunch will be provided. It will be a fascinating meeting featuring local, state, and federal panels. Please encourage your staff and your family members attend. Please invite your patients to attend also. It is important that this community become familiar with trafficking signs and symptoms.

You may RSVP via email for both meetings to Sherry Smith at ssmith@gcms.org, or by calling 810-733-9923.

The September practice managers meeting will feature a presentation by Dan Martin, Director Provider Outreach for Blue Cross Blue Shield of Michigan. Please keep your eyes open for other topics which will be forthcoming.

Announcement

GCMS members now entitled to a 15% discount on automobile and homeowners insurance.

For details, contact:

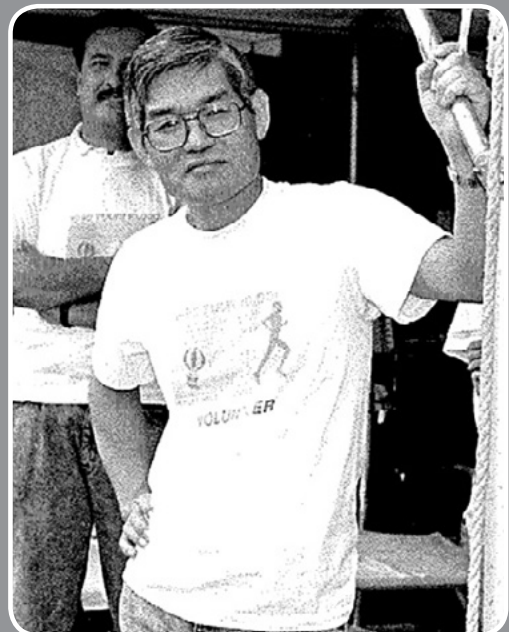
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Do you recognize this
DOCTOR?



Look for the Answer inside!

**COMMUNITY SYMPOSIUM
ON HUMAN
TRAFFICKING
TO INCREASE AWARENESS
& REDUCE RISK**

You are cordially invited to attend a
**COMMUNITY SYMPOSIUM ON
HUMAN TRAFFICKING
TO INCREASE AWARENESS AND REDUCE RISK**

Attendees will gain a greater understanding of what trafficking is, and how to identify trafficked individuals.

Attendees will also gain a better understanding of what the community is doing to assist trafficked individuals.

COMMUNITY SYMPOSIUM PRESENTED BY



**Genesee County Human Trafficking Task Force
Genesee County Medical Society Alliance
Genesee County Osteopathic Association**

WITH FUNDING PROVIDED BY



TUESDAY, SEPTEMBER 15, 2015

8:30 AM - 2:00 PM

Flint Institute of Arts • Isabel Hall

Panels will include local, state, and federal experts representing government, social services, judicial system, healthcare, law enforcement, and educators as well as the Genesee County Human Trafficking Task Force.

Continental breakfast and buffet lunch provided. This symposium will be presented free of charge. All members of the community are encouraged to attend.

Space is limited — please reserve your seat as soon as possible.

RSVP to Sherry Smith at 810.733.9923 or ssmith@gcms.org



COMMUNITY ON HUMAN TRAFFICKING TO INCREASE AWARENESS

*Kristin M. McBride, LLMSW
GCMS Human Trafficking Program Cowordinator*

Over the past several years, the subject of human trafficking has become increasingly common in newspapers, blogs, and educational conferences. More people are able to describe what human trafficking is and why public awareness on the issue is important. Few people are able to identify how it has occurred in their own community, what resources there are for victims, and what action steps to take should they come in contact with a victim.

Five local organizations have teamed up to present a community symposium on human trafficking to increase awareness and reduce risk for Genesee County. The Genesee County Medical Society, Genesee County Human Trafficking Task Force, Greater Flint Health Coalition, Genesee County Medical Society Alliance and Genesee County Osteopathic Association are holding the event at the Flint Institute of Arts on Tuesday, September 15, from 8:30 a.m.-2 p.m. There will be speakers from local, state and federal levels who represent government, social services, the judicial system, healthcare, law enforcement and educators.

The aforementioned organizations are excited about this symposium because it addresses the issue from many different angles. Attendees will gain a greater understanding of what trafficking is, how to identify trafficked individuals, and what the community is doing to assist trafficked individuals.

For example, seated on the Genesee County Human Trafficking Task Force are professionals from many different agencies and organizations working toward a common goal. Their Facebook page explains, "In Genesee County, men, women, and children are victimized through sexual exploitation, domestic servitude, and other forms of labor through the use of force, fraud, and/or coercion. This is modern day slavery. As a task force, our goal is to break these chains of bondage by acting as a bridge to education,

awareness, advocacy, and services for our community and its survivors." The task force's members have been advocating for policy reform, increased education, and training in many different organizations and the fruit of this effort will be apparent at the community symposium.

What is the judicial system doing with young women who previously were arrested for breaking the law but are now seen as victims? What standards are in place in law enforcement that prevents each agency from working in silos? What are health care workers doing to identify and help victims of human trafficking? What are educators doing to protect our innocent children from falling victim to this ugly epidemic? These are a few of the questions which will be answered at the event. The community symposium gives the public an opportunity to see how widespread this problem is and what professionals from different sectors are trying to accomplish.

Historically, great social change is only achieved when people from many different schools of thought and backgrounds come together to create an interdisciplinary

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SYMPOSIUM

PREVENT AND REDUCE RISK FOR GENESEE COUNTY

team. Human trafficking, awareness in Genesee County has reached its tipping point; many people know about the issue but feel helpless. This dilemma has slowed progress in battling trafficking both state-wide and nationally, and has made available resources less effective.

From 2012 to 2014 the State of Michigan saw a 90% increase in reported human trafficking cases and a 107% increase in calls to the National Human Trafficking Resource Center. As awareness of the problem increases, reporting increases. Because this issue does not only victimize one race, one gender, or one socioeconomic class, it is important for people of all different cultures, genders, races, and occupations to take an interest in this public health issue and do what they can to influence those around them.

Whether you are a stay-at-home mom or a professional, a human trafficking expert or a newbie to the cause; attend the community symposium. For more

information please contact Kristin McBride, MSW at kmcbride@gcms.org. To RSVP for the event please contact Sherry Smith at ssmith@gcms.org.



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*September Topic: "BCBSM Updates"**

Presenter:

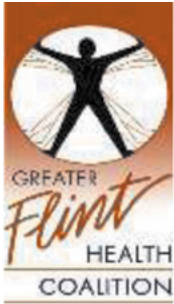
Dan Martin, BJ Beyers, and Tina Gach



Light breakfast available
(coffee, tea, fruit cups, granola bars)

Held 4th Thursday
of each month from
8am to 10am.

Genesee County Medical Society
Rapport Conference Room
4438 Oak Bridge Drive, Suite B
Flint, MI 48532



Flint Healthcare Employment Opportunities (FHEO) Program Linking Healthcare Employers with Qualified, Credential Trained Employees

Is your practice or healthcare facility in the market for well-screened, trained, and certified healthcare employees? The Greater Flint Health Coalition (GFHC) and its Flint Healthcare Employment Opportunities (FHEO) Program specializes in the training of such individuals. Serving healthcare employers since 2002, the FHEO Program is a healthcare sector workforce development program that assists with the training and development of high-quality healthcare employees based on expressed employer talent needs. To date, over 800 FHEO Program graduates have been placed within area hospitals, medical practices and other healthcare facilities at no cost to employers.

The FHEO Program currently has employment candidates that have completed a variety of healthcare career trainings, including **Certified Nurse Assistants, Medical Assistants, Health Unit Coordinators, Pharmacy Technicians, Phlebotomists and Emergency Medical Technicians**. Each have completed 120 hours of healthcare focused life skills training, as well as industry-recognized credential training. The Flint Healthcare Employment Opportunities (FHEO) Program is an employer-led demand-driven healthcare training program designed with the intent to provide healthcare training to Flint and Genesee County residents, while decreasing the skills gap in the healthcare industry.

For over 10 years, the FHEO Program has produced highly qualified candidates that not only obtain employment but, maintain employment. If you would like further information about the FHEO Program and available candidates, please feel free to email Penny Poplar, Program Coordinator at gfhc@flint.org or call at (810) 232-2228.

FLINTHE-18B1 ArticleforMedicalSocietytoEngageemployers.062315.pp

Payers Collaboration Schedule

All webinars are from 12:00-1:00 PM EST

Specialty	Host	Date	Registration and Replay Links
Family practice General Practice Internal Medicine	HAP	REPLAY	http://cc.readytalk.com/play?id=dzc8h4
Pediatric	Humana	REPLAY	http://teams.humana.com/sites/its/itu/video/Player.html?vi=witu&vn=definst/_events/humana/ICD-10-CM_Documentation-Pediatrics.mp4
OBGYN Midwife	BCBSM	REPLAY	https://bcbsm.webex.com/bcbsm/lr.php?RCID=901128215c7e2235b8b22aa018febee3
Chiropractic	Priority Health	REPLAY	https://www.youtube.com/watch?v=X1PkfHCZ0Q4
Orthopedic Ortho surgery Podiatry	UHC	REPLAY	https://uhc.webex.com/uhc/ldr.php?RCID=41225761f33f84edcc5d9f8ad22dfb79
Psychiatry Clinical Psych Psychology	Humana	REPLAY	Replay link coming soon!
OT/PT/Speech Physical Med Rehab	HAP	5/28/2015	https://cc.readytalk.com/r/fce2sw72b1lk&eom
Ophthalmology Optometry ENT Audiology	BCBSM	6/11/2015	https://bcbsm.webex.com/bcbsm/k2/j.php?MTID=t34bd3bbe29e2fe81c2be50ec92bd7ad2
Dermatology	Priority Health	6/25/2015	https://priorityhealthevents.webex.com/priorityhealthevents/onstage/g.php?d=667442159&t=a
Gen Surgery Vascular Thoracic Plastic Surgery	UHC	7/9/2015	https://uhc.webex.com/uhc/j.php?MTID=m03c75e03eb318d5e5f61b4fe872168dd
Allergy Immunology Rheumatology Endocrine	HAP	7/23/2015	https://cc.readytalk.com/r/8fns0lwf5qi4&eom
Urology Nephrology Gastroenterology	Humana	8/6/2015	https://humanaevents.webex.com/humanaevents/onstage/g.php?d=595962956&t=a
Cardio Pulmonary	BCBSM	8/20/2015	https://bcbsm.webex.com/bcbsm/k2/j.php?MTID=t7ce8aef718bf937fc6c39bd466143d1c
Radiation Oncology Hematology Oncology	Priority Health	9/3/2015	https://priorityhealthevents.webex.com/priorityhealthevents/onstage/g.php?d=669473827&t=a
Internal Medicine Infectious Disease	UHC	9/17/2015	https://uhc.webex.com/uhc/j.php?MTID=mb2c6d9eb3f09a284a4d9942823ef6f3f

2015

Fall 4 Fitness Challenge



Sponsored By **DIPLOMAT**® 



The 2015 Fall 4 Fitness Challenge is a one-month physical activity challenge that encourages employees to represent their organizations by being physically active. It is available to all area businesses, organizations, and community groups interested in bringing wellness to the workplace and competing with other organizations.

CHALLENGE GOAL: 900 Minutes in One Month! **OCTOBER 1st – OCTOBER 31st**

- 1** Log on to **commit2fit.com**. You can sign up anytime!
- 2** **Earn points for being active!** The goal is easy – just 30 minutes of physical activity a day. Begin tracking your activity and you are automatically entered into the challenge. Remember: All activity counts!
- 3** Participate in **free fitness classes, work together daily** with your team members, and **track all your physical activity** to be eligible to win both organizational and individual incentives.

MAKE TRACKING EASY! Take *Commit to Fit!* with you on the go. You can now connect any wearable fitness device as well as your favorite mobile apps to commit2fit.com. Connect once and all of your tracking syncs automatically and counts toward the challenge. You can also download the *Commit to Fit!* Mobile App for FREE at commit2fit.com!

INCENTIVES

Organizations who have the highest levels of participation and average minutes of physical activity will receive trophies and additional raffle chances per person for cash prize drawings. For individuals who reach the challenge goal of 900 minutes of physical activity, incentives will include \$2,000 in cash prizes, wearable fitness devices, memberships to local fitness centers, gift certificates, and more!

commit2fit.com

Click [here](#) to register your business, organization, or community group

FREE! Commit to Fit! Class Schedule

Commit to Fit offers fitness classes and healthy cooking demonstrations at **no cost** to all individuals who live or work in Flint and Genesee County. Depending on the facility, participants may be asked to complete a brief registration form prior to attending a class. Class sizes are limited and are on a "first-come, first-served" basis. Fitness Centers require participants to be age 18 and older, other locations are open to all ages. See back side for details.

SEPTEMBER 2015 CALENDAR



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Enhance Fitness Flint Farmers' Market 10:00 a.m. Healthy Cooking Demonstration Flint Farmers' Market 12:00 p.m. Enhance Fitness Carriage Town Ministries 2:30 p.m.	2 Zumba Gold (Beginner) GAC 5:30 p.m.	3 Enhance Fitness Flint Farmers' Market 10:00 a.m. Basic Yoga IHFC 6:45 p.m.	4 Enhance Fitness Hasselbring Senior Center 9:00 a.m. Zumba Toning UM-Flint Rec 5:30 p.m.	5 Fit Club at the Local 10:00 a.m. Healthy Cooking Demonstration Flint Farmers' Market 12:00 p.m.
7	7 Labor Day No Classes	8 Enhance Fitness Flint Farmers' Market 10:00 a.m. Healthy Cooking Demonstration* Flint Farmers' Market 12:00 p.m. Enhance Fitness Carriage Town Ministries 2:30 p.m.	9 Zumba Gold (Beginner) GAC 5:30 p.m.	10 Enhance Fitness Flint Farmers' Market 10:00 a.m. Basic Yoga IHFC 6:45 p.m.	11 Enhance Fitness Hasselbring Senior Center 9:00 a.m. Zumba Toning UM-Flint Rec 5:30 p.m.	12 Fit Club at the Local 10:00 a.m.
14	14 Senior Stretch YMCA - Downtown Flint 10:00am Aqua Fitness UM-Flint Rec 5:30 p.m.	15 Enhance Fitness Flint Farmers' Market 10:00 a.m. Healthy Cooking Demonstration Flint Farmers' Market 12:00 p.m. Enhance Fitness Carriage Town Ministries 2:30 p.m.	16 Zumba Gold (Beginner) GAC 5:30 p.m.	17 Enhance Fitness Flint Farmers' Market 10:00 a.m. Basic Yoga IHFC 6:45 p.m.	18 Enhance Fitness Hasselbring Senior Center 9:00 a.m. Zumba Toning UM-Flint Rec 5:30 p.m.	19 Fit Club at the Local 10:00 a.m.
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SEPTEMBER 2015

Class Descriptions & Locations

Basic Yoga (1 hour) - This class is a balanced flow of postures designed to build stamina, strength, and flexibility while promoting weight loss and general stress relief.

Insight Health & Fitness Center (IHFC)
Formerly Hurley Health & Fitness Center
4500 S. Saginaw St
Flint, MI 48507
(810) 893-6489



Zumba Gold (1 hour) - A less intense version of the classic Zumba. This class offers fun music to keep the excitement high while keeping the impact low.

Genesys Athletic Club (GAC)
801 Health Park Blvd
Grand Blanc, MI 48439
(810) 606-7300



Aqua Fitness (1 hour) – An invigorating water workout. Ideal for all fitness levels. No swimming required

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University of Michigan-Flint Recreation Center (UM-Flint Rec)
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303 E. Kearsley
Flint, MI 48502
(810) 762-3441



Healthy Cooking Demonstration (30 minutes) - Learn how to cook a simple, healthy dish by a vendor at the Market and try a sample after!

Flint Farmers' Market
300 E. First St
Flint, MI 48502
(810) 232-1399



Fit Club Workouts (45 minutes) – Join the Fit Club every Saturday at 10am for fun boot camp style workout videos. All ages are encouraged to attend! Check out their [Facebook](#) page for up-to-date information!

The Flint Local 432
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Flint, MI 48503
(810) 813-4000

Enhance Fitness (1 hour) – A fun, energizing class geared toward improving overall functioning and well-being. Improve your cardiovascular fitness, strength, flexibility and balance!

Carriage Town Ministries
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(810) 233-8787



Hasselbring Senior Center
1002 Home Ave.
Flint, MI 48504
(810) 766-7128

Senior Stretch (1 hour) - This class will help improve overall strength and flexibility. The class is led by a certified senior fitness instructor who will guide you through the exercises at your own pace. This class is perfect for all ability levels.

YMCA Downtown Flint
411 E. 3rd Street
Flint, MI 48503
(810) 232-9622



Questions?
Email
commit2fit@flint.org



GREECE

By Pete Levine

A Delight



Mamie and I recently took a trip to Greece to visit our son, Evan, an archaeology graduate student, who was involved in a project there. His girlfriend Katie also met us there. What a wonderful time we had!

Our trip was concentrated in Athens, the island of Andros and the area around Nafplio in the Peloponnese. Athens is a magnificent city, which has fantastic restaurants, wonderful museums, and friendly people. We were there during the euro crisis, which resulted in many fascinating conversations and the opportunity to see social change on an intimate basis.

Athens has several small museums which tourists generally don't go to, but if your son is interested in archaeology, you are apt to find out about them. This is one of the few large cities of the world which is inexpensive and consistently first-rate from a culinary standpoint.

Andros is a stunning island. It is only two hours by ferry from Athens, but it is really not a tourist island. Visually, it is spectacular. It is full of wondrous archaeological sites magnificent monasteries, incredible hikes, great beaches and fantastic restaurants. We stayed in a lovely home called The Diamond of the Aegean and we enjoyed every second of it.

Nafplio is a wonderful little city which sits at the end of a bay in the Peloponnese. It has ancient history, old fortresses, looming ruins, and the old town houses are from the 14th century. It is a town replete with wonderful restaurants, ancient archaeology, sublime swimming, art galleries, marvelous museums and spectacular views. You are within a one-hour drive in several directions of some of the most amazing archaeological sites that you could imagine.

Greece is a country of warm and friendly folks, great food, clean bathrooms, incredible views, and a slower pace. Enjoy.



GREECE *A Delight*

By Pete Levine







MORE INSIGHT

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Genesee County Medical Society Dinner Business Meeting

Co-Sponsored by the Genesee County Osteopathic Association

September 10, 2015

a Town Hall Meeting on

Great Lakes Health Connect

Great Lakes Health Connect is Michigan's largest Health Information Exchange (HIE) and one of the largest, nonprofit, privately sustainable HIEs in the nation.

Its service area spans the entire Lower Peninsula of Michigan and currently covers over 82% of the licensed acute care beds in the state, including all three local hospital systems (Genesys, Hurley, and McLaren). In addition, over 4,000 physician office, community provider and social service locations across the state are connected to GLHC using one or more of its solutions.

GLHC provides tangible solutions for many of current physician needs: clinical document management, ADT/result notification, care coordination/referrals, meaningful use requirements, and community-wide longitudinal patient record!



Come hear a brief introduction on health information exchanges, locally, statewide, and nationally.

Hear a discussion of the mission and services that GLHC provides in support of local hospitals, physicians and social service organizations.

Speaker: Doug Dietzman, Executive Director
Great Lakes Health Connect

Physicians, spouses, family members, and staff of GCMS/GCMSA, GCOA and other interested professionals are encouraged to attend!

- \$35.00 - GCMS Members, Spouses, Practice Managers, & Staff
- \$35.00 - Genesee County Osteopathic Association Physician Members & Spouses
- \$25.00 - Residents & Students
- \$50.00 - All Non-Member Guests

**Flint Golf Club
3100 Lakewood Drive
Flint, MI 48507**



**6 pm, Registration & Social Hour
6:30 pm, Dinner
7 pm, Meeting
7:15 pm, Presentations**

RSVP's requested by September 4, 2015

Please mail your reservation payment to:
Genesee County Medical Society
4438 Oak Bridge Drive, Suite B
Flint, MI 48532

Email Sherry at ssmith@gcms.org to register your attendance or call 810-733-9923 for more information.

OBITUARIES



Ronald H. Smalley, MD

Dr. Ronald Smalley of Flint, Michigan and Longmont, Colorado, died on August 1. Dr. Smalley was born in Stowe, Vermont in June 1932. He graduated from Missionary Children's School at Lubondai, Belgian Congo, Africa having spent five years there where his parents were missionaries. Ron attended Albion College and received a Doctorate of Medicine from the University of Michigan in 1962. He served his country in the United States Army. He was a loved and respected family physician in both Flint and Swartz Creek for 32 years, was a member of the Genesee County Medical Society and was one of the founding fathers of HealthPlus of Michigan. He is survived by his wife Donna; six children, grandchildren and many nieces and nephews. Memorial services will be held at a later date both in Flint, Michigan and in Longmont, Colorado. In lieu of flowers, donations may be made to Smalley Memorial Fund in care of Resurrection Reformed Church, 5225 Calkins Road, Flint, MI 48532.



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DR. CYRUS FARREHI'S REFLECTIONS ON THE PASSING OF DR. RONALD SMALLEY

It is so sad to hear of Dr. Ronald Smalley's death. I worked with him for many happy years a few decades ago. Feels like yesterday.

He served this community with deep commitment, an unapparent seriousness, and with great success. He had a marvelous ability to not allow the turmoil and tension of the surroundings to disturb his inner peace and tranquility. A keen sense of beauty and art, especially of the American Southwest, helped him in this. He spent some of his attention in retirement to the SW art, making, collecting, and mainly admiring. He was the only one on the medical staff who sometimes wore a bolo tie. We all wore a tie those days! Mine were often a little wild or ugly.

He was blessed by an intense love of his family and friends, but did not wear his emotions on his sleeve. He was private and somewhat reserved, never boastful.

He was a great physician, demonstrably devoted to his patients, efficient at his work, happy with what and who he was, envious of no one and nothing that he did not possess. He was thankful for the gifts and abilities he had, and he had so many. He correctly saw the greatness of medicine in its simplicity. What an invisible truth nowadays!

I will continue to have him in my heart, and in many ways to emulate his character. The world is better because Ron Smalley lived. Thanks be to God and condolence to his family.

With respect,
Cyrus Farrehi,
Past President



Meeting the health needs of Genesee County's children

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Genesee County Medical Society

Board of Directors

June 23, 2015 - Minutes

I. Call to Order

The meeting was called to order in the Rapport Conference Room at 6:00pm, by Deborah Duncan, MD, President.

II. Review of Minutes

Motion: that the minutes and decisions of the May 26, 2015 Board of Directors meeting be ratified. The motion carried.

III. Reports

A) GCMS Alliance

Dr. Tarik Wasfie introduced Maria McCann and Raquel Yapchai, Co-Presidents of the Genesee County Medical Society Alliance.

Ms. McCann and Ms. Yapchai reported that the focus of the Alliance this year is increasing membership. She invited all Board members to join, or to have their spouses join. It only costs \$20, per year. They noted that there are a lot of fun things planned for the coming months, and there are also several productive activities planned.

B) Community & Environmental Health

Motion: that the GCMS Board of Directors ask the Michigan State Medical Society what they are going to do regarding the precautionary principle (reverse onus resolution), which passed several years ago. The motion carried.

C) Finance

Motion: that lunches at GCMS meetings be paid for by attendees. The motion carried.

Motion: that dinners not be provided at evening meetings. The motion carried.

Motion: that the Board of Directors study the issue of increasing dues for September 2016. The motion carried.

Motion: that the Budget-to-Actual report for the period ending May 31, 2015 be approved as presented. The motion carried.

Fundraising Committee Report

Dr. Duncan explained that the Fundraising Committee is still at \$232,000 in commitments and contributions. However, there are several physicians who have indicated that they are planning to make significant donations to the Foundation.

GCMS Executive Committee Minutes Regarding Mortgage Renewal

Levine reported that the GCMS Executive Committee was convened via email caucus, to approve moving forward on the mortgage renewal, due to the fact that last month's meeting did not have a quorum. They did approve it, and the appropriate resolution was signed.

D) Membership

Current NPD GCMS Members for 2015 year

Peter Levine reviewed the list of NPD members for the year. Some of the Board members expressed surprise at some of the names listed. Staff was directed to pursue non paid members, and Board members were requested to do the same.

Genesee County Medical Society Board of Directors

June 23, 2015 - Minutes

A) Legislative Liaison

Dr. Cathy Blight reported that Senators Ken Horn, and David Robertson, as well as Representative Joe Graves, were in attendance at the June Legislative Liaison Committee meeting. Significant time was spent on Senate Bill 68, which MSMS now supports. The Committee also discussed Graduate Medical Education and several other issues.

B) AMA House of Delegates Update

Dr. Cathy Blight reported that the GCMS resolution on opposing the Canadian nuclear waste site was adopted. 18 resolutions were taken to the AMA House of Delegates by MSMS. 14 passed. Venkat Rao, MD, served on a Reference Committee, as did Pino Colone, MD, who, due to an absence, became the Chair of the Committee, and did a wonderful job. There was substantial discussion regarding maintenance of certification at the House of Delegates.

C) Greater Flint Health Coalition Update

Dr. Laura Carravallah reported that the Advance Care Planning Program is moving forward aggressively. The GFHC is also asking payers to implement incentives for Advance Care Planning. The Quality and Innovation Program is also moving forward a pace.

D) Nominating Committee

Dr. Laura Carravallah introduced the Nominating Committee report.

Motion: that Drs. Shafi Ahmed, Laura Carravallah, Mona Hardas, Nita Kulkarni, Gerald Natzke, Raymond Rudoni, and Tarik Wasfie be nominated for another two year term as Delegates. The motion carried.

Motion: that Drs. Athar Baig, Niketa Dani, Asif Ishaque, Michael Jaggi, Rima Jibaly, Farhan Khan, Brenda Rogers-Grays, Robert Soderstrom, and Amanda Winston be re-nominated for another two year term as Alternate Delegates. The motion carried.

Motion: that Drs. Rubin Raju, a resident from Hurley Medical Center, Michael Danic, DO, an anesthesiologist at Genesys, Anju Sawni, MD, a pediatrician, and Nick Harrison, a medical student, be nominated for their first two year term as Alternate Delegates. The motion carried.

Motion: that Drs. Shafi Ahmed, Qazi Azher, Amitabha Banerjee, Edward Christy, Hytham Fadl, Hesham Gayar, Ayman Haidar, Mona Hardas, Rima Jibaly, Sunil Kaushal, Sreenivas Mannam, Vijay Naraparaju, Sayed Osama, George Predeteanu, Rama Rao, Venkat Rao, Jawad Shah, Tarik Wasfie, Sania Zainuddin be approved for another term as IMG Delegates. The motion carried.

Motion: that letters be sent to Drs. Abd Alghanem, Sam Ali, Rao Botta, Asif Ishaque, Jagdish Shah, and Hemant Thawani thanking them for their years of service as International Medical Graduate Delegates. The motion carried.

Genesee County Medical Society Board of Directors

June 23, 2015 - Minutes

- Motion:** that Drs. Ahmad Kaddurah, Yaseen Rafee, Parul Sud, Kavitha Kesari, Shagufta Ali, and Mahesh Sharman be nominated as new International Medical Graduate Delegates. The motion carried.
- Motion:** that Dr. Amanda Winston be nominated as Delegate to the Young Physicians Section. The motion carried.
- Motion:** that Drs. Nateem Malhotra and Ajay Srivastava be nominated as Alternate Delegates to the Young Physicians Section. The motion carried.
- Motion:** that Drs. Deborah Duncan and John Waters be re-nominated for the GCMS Finance Committee. The motion carried.
- Motion:** that Dr. Edward Christy be re-nominated for another two year term as Treasurer. The motion carried.
- Motion:** that the Presidential Citation be given to Dr. Lawrence Reynolds, having served as Medical Director of Hamilton, President of the Michigan Academy of Pediatrics, as a physician serving in the fetal alcohol clinic, and for overall child advocacy, be nominated for a GCMS Presidential Citation award. The motion carried.
- Motion:** that Dr. Nita Kulkarni be nominated for the MSMS Community Service Award, for her work for local charities. The motion carried.
- Motion:** that Dr. John Hebert, III, be nominated as GCMS President Elect, for a term beginning in November 2015, until October 31, 2016. The motion carried.

I) Presidents' Report

Upcoming Practice Managers Meeting Topics

The June practice manager session is entitled "Grab the Cookie!", and will feature various tools for use by practices to help with payers and incentives. The August practice managers session will be on Value Based Payment Modifiers, and the September session will be a Blue Cross update.

I. New Business

Dr. Shafi Ahmed proposed asking MSMS to pursue a 1% uplift for organized medicine members.

Dr. Mukkamala reported that those discussions are taking place, and will bring an update to the next Board meeting.

Consensus: that GCMS support the efforts of MSMS to pursue uplifts or incentives from third party payers for physician members of GCMS and MSMS.

Your GCMS Board of Directors at work



Did you recognize...
Susumu Inoue, MD
Genesee County Medical Society Member



If you or someone you know would like to advertise in The Bulletin please contact Sherry Smith at ssmith@gcms.org or Call (810) 733-9923.

**COMMUNITY SYMPOSIUM
ON HUMAN
TRAFFICKING
TO INCREASE AWARENESS
& REDUCE RISK**

You are cordially invited to attend a
**COMMUNITY SYMPOSIUM ON
HUMAN TRAFFICKING**
TO INCREASE AWARENESS AND REDUCE RISK

Attendees will gain a greater understanding of what trafficking is, and how to identify trafficked individuals.

Attendees will also gain a better understanding of what the community is doing to assist trafficked individuals.

COMMUNITY SYMPOSIUM PRESENTED BY



**Genesee County Human Trafficking Task Force
Genesee County Medical Society Alliance
Genesee County Osteopathic Association**

WITH FUNDING PROVIDED BY



TUESDAY, SEPTEMBER 15, 2015

8:30 AM - 2:00 PM

Flint Institute of Arts • Isabel Hall

Panels will include local, state, and federal experts representing government, social services, judicial system, healthcare, law enforcement, and educators as well as the Genesee County Human Trafficking Task Force.

Continental breakfast and buffet lunch provided. This symposium will be presented free of charge. All members of the community are encouraged to attend.

Space is limited — please reserve your seat as soon as possible.

RSVP to Sherry Smith at 810.733.9923 or ssmith@gcms.org

AUGUST PRACTICE MANAGERS MEETING

In late August, two dozen practice managers met to discuss value-based payment modifiers with Stacey Hettiger of the Michigan State Medical Society. Her presentation kept people riveted for the full two hours. Also held, was a discussion on future meetings of the practice managers group. The September 24th meeting will feature a presentation by Dan Martin, Director of Provider Outreach for Blue Cross Blue Shield of Michigan, and BJ Byers, Manager of Provider Outreach, as well as

Tina Gach, Provider Outreach Specialist, on new products from Blue Cross.

Staff is putting together an October meeting for practice managers featuring claims experts from Molina and HealthPlus.

The January meeting will revolve around the incentive programs of Molina, Blue Care Network, Blue Cross, HealthPlus, and McLaren Health Plan. In addition to having representatives from those plans, MSMS will be represented as well.



YOU'RE INVITED TO

The Queen's Royal Ball

IN HONOR OF THE GCMS & GCMSA PRESIDENTS

NOVEMBER 7, 2015 – 6 O'CLOCK PM

AT THE WARWICK HILLS GOLF
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BLACK TIE OPTIONAL – VALET PARKING AVAILABLE
\$85.00 PER TICKET – CASH BAR



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TO SHERRY SMITH AT [SSMITH@GCMS.ORG](mailto:ssmith@gcms.org)
OR PHONE (810)733-9923



HAPPY BIRTHDAY DOCTOR

SEPTEMBER

Aruna Anne, MD 1	Rukevwe Ehwareme, MD..... 9	Jan Hunt, MD..... 23
AHM Huq, MD 1	Richard McMurray, MD 9	Michael Gedwill, DO 25
Brian Shapiro, MD 1	Yannis Paulus, MD 9	Uzma Khan, MD 25
Doris Suciu, MD 1	Robert Soderstrom, MD 9	Terry Krznarich, MD 25
Oyebimpe Adekolujo, MD 2	Marjorie Otero, MD 10	Mahesh Sharman, MD 25
Ahad Ayaz, MD 2	Scott Garner, MD 11	Burt Parliament, MD 26
Eugene Becker, MD 3	Ishwar Dass, MD 13	Keith Heslinger, MD 27
Shephali Malhotra, MD 3	Leroy Johnson, MD 13	Raad Al-Khourri, MD 28
Douglas Congdon, DO 4	Norman Walter, MD 13	Eugene Chardoul, MD 28
Ramotsumi Makhene, MD..... 4	John Doyle, MD 16	Sergio Ponze, MD 28
Bonita Wang, DO 4	James Kure, MD 16	Rosario Villareal, MD 28
Anish Bansal, MD 5	Michael Beer, MD 18	Chintan Desai, MD 29
Sierra Cuthpert, DO 5	Theodore Fellenbaum, MD .. 18	Manoharan Eustace, MD 29
Damayanthi Pandrangi, MD.. 5	Albert Macksood, MD 18	Peter Moody, MD 29
Alexander Chan, MD 6	Pongchayut Surapipith, MD. 20	Nkechi Onwuzurike, MD 29
Joyce Fahrner, MD 7	Saqib Maqsood Ahmad, MD22	Rommel Aquino, MD 30
Linda Lawrence, MD 7	Andrew Luea, DO 22	Stephen Kalstein, MD 30
Mohamed Satti, MD 7	Donald Robinson, MD 22	Robert Molnar, MD 30
Joseph Kingsbury, DO 8	Donald Scholten, MD 22	



The Queen's
Royal Ball

11/7/2015

R.S.V.P.

BY 10/30/15

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Contact Pete Levine at 810-733-9925.

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by not-for-profit urgent care center. Please contact Brenda at bcraft@gcms.org or call (810) 232-2710.

Check Out Our Website www.gcms.org

Genesee County Medical Society Dinner Business Meeting

Co-Sponsored by the Genesee County Osteopathic Association

September 10, 2015

a Town Hall Meeting on

Great Lakes Health Connect

Great Lakes Health Connect is Michigan's largest Health Information Exchange (HIE) and one of the largest, nonprofit, privately sustainable HIEs in the nation.

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Hear a discussion of the mission and services that GLHC provides in support of local hospitals, physicians and social service organizations.

Speaker: **Doug Dietzman, Executive Director**
Great Lakes Health Connect

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Flint Golf Club
3100 Lakewood Drive
Flint, MI 48507



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6:30 pm, Dinner
7 pm, Meeting
7:15 pm, Presentations

RSVP's requested by September 4, 2015

Please mail your reservation payment to:
Genesee County Medical Society
4438 Oak Bridge Drive, Suite B
Flint, MI 48532

Email Sherry at ssmith@gcms.org to register your attendance or call 810-733-9923 for more information.

HAPPY BIRTHDAY DOCTOR

AUGUST

NOTE: July birthdays were inadvertently reprinted in the August's Bulletin

Leo Madarang, MD	2
John Schultz, MD	2
Amanda Winston, MD	2
Harvey Olds, MD	3
Christopher Sweet, MD	4
Venkat Rao, MD	5
Brian Nolan, MD	6
Zouheir Fares, DO.....	8
Paul Musson, MD.....	8
Kimberly Pummill, MD.....	8
Natalie Debernardi, MD.....	10
James Forshee, MD.....	10
Sreenivas Mannam, MD.....	10
Melvyn Wolf, MD.....	10
Louinda Zahdeh, MD	11
Frazer Wadenstorer, MD	12
Edward Christy, MD	13
Anup Sud, MD.....	13
Robert James, Sr., MD.....	14
Deborah Duncan, MD	15
Ayman Tadros, MD	15
Carlos Petrozzi, MD.....	16
Larry Young, MD	16
Iqbal-Husein Allarakhia, MD	17
Cathy Blight, MD	17
Kevin Bur, DO	17
Fidel Seneris, MD	18
Lavanya Cherukuri, MD.....	19
Cheng-Yang Chang, MD	20
Kashif Khan, MD.....	23
Marcos Machado, MD	24
Mohamad Arja, MD.....	26
Gary Johnson, MD	26
Michael Kirby, MD.....	28
Orlando Filos, MD	29
Jack Portney, MD.....	29
Lisa Guyot, MD	31

The Queen's Royal Ball

11/7/2015 • R.S.V.P. • BY 10/30/15

GCMS MEETINGS

— SEPTEMBER 2015 —

Legislative Liaison Committee

Recessed in September

Bulletin Committee, 9/2

7:30am, GCMS Office

2015 Presidents' Ball Committee, 9/2

12:00pm, Sagano Japanese Bistro

Finance Committee, 9/22

5:30pm, GCMS Office

Board of Directors, 9/22

6pm, GCMS Office

Community & Environmental

Health Committee, TBD

12:30pm, GCMS Office

Practice Managers, 9/24

8am, GCMS Office

MSF Fundraising Committee, 9/24

6pm, GCMS Office

C-Section Task Force, 9/28

6pm, GCMS Office

Upcoming Events:

GCMS Town Hall

Dinner Business Meeting, 9/10

on Great Lakes Health Connect

**please see full page ads in this issue for details*

2015 GCMS Presidents' Ball

November 7, 2015 - 6 o'clock pm

Warwick Hills Golf & Country Club

YOUR \$\$\$ AT WORK

- GCMS helped two physicians with medical staff issues
- GCMS helped two physicians with third party payer related issues
- GCMS continued working on attracting new members, and reclaiming former members
- GCMS continued work on several Greater Flint Health Coalition related issues, including Advance Care Planning, Regional Health Information Exchanges, and the State Innovation Model proposal
- GCMS planned Washington Update with Congressman Dan Kildee
- GCMS planned Bulletin issue on human trafficking
- GCMS finished human trafficking physician toolkit

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11/7/2015

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BY 10/30/15



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Become involved in the GCMS Legislative Liaison Committee!

Be a part of an elite group of communicators who meet
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You are invited to engage in conversation with your legislators on the first
Monday of each month at 8:00am in the Rapport Conference Room at
the GCMS office.

You may contact Pete Levine at plevine@gcms.org or call **810.733.9925**,
if you would like to participate.

This is a valuable opportunity; don't let it go to waste!



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Application Code:

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- I am in my 2nd year of practice post-residency.
- I am in my 3rd year of practice post-residency.
- I have moved into Michigan, and this is my first year practicing in the state.
- I work 20 hours or less per week.
- I am currently in active military duty.
- I am in full-active practice.

Male Female

First (legal) Name: _____ Middle Name: _____ Last Name: _____ MD DO

Nickname or Preferred Form of Legal Name: _____ Maiden Name (if applicable): _____

Job Title: _____

W Phone: _____ W Fax: _____ H Phone: _____ H Fax: _____

Cell: _____ Email: _____

Office Address Preferred Mail Preferred Bill Preferred Mail and Bill

City: _____ State: _____ Zip: _____

Home Address Preferred Mail Preferred Bill Preferred Mail and Bill

City: _____ State: _____ Zip: _____

* Please base my county medical society membership on the county of my (if addresses are in different counties): Office Address Home Address

* Birth Date: ____ / ____ / ____ Birth Country: _____ MI Medical License #: _____ ME #: _____

Medical School: _____ Graduation Year: _____ ECFMG # (if applicable): _____

Residency Program: _____ Program Completion Year: _____

Fellowship Program: _____ Program Completion Year: _____

Hospital Affiliation: _____

• Primary Specialty: _____ Board Certified: Yes No

• Secondary Specialty: _____ Board Certified: Yes No

Marital Status: Single Married Divorced Spouse's First Name: _____ Spouse's Last Name: _____

Is your spouse a physician?: Yes No If yes, are they a member of MSMS?: Yes No

Within the last five years, have you been convicted of a felony crime?: Yes No If "yes", please provide full information: _____

Within the last five years, has your license to practice medicine in any jurisdiction been limited, suspended or revoked?: Yes No If "yes", please provide full information: _____

Within the last five years, have you been the subject of any disciplinary action by any medical society or hospital staff?: Yes No If "yes", please provide full information: _____

I agree to support the County Medical Society Constitution and Bylaws, the Michigan State Medical Society Constitution and Bylaws, and the Principles of Ethics of the American Medical Association as applied by the AMA and the MSMS Judicial Commission.

Signature: _____ Date: _____

County Medical Society Use Only
Reviewed and Approved by

When completed, please mail to MSMS or Fax to (517) 336-5797. Thank you!