

March 2021 VOLUME 98, NUMBER 3

Genesee County Medical Society Organized Medicine's Leading Edge



Navigating Covid-19 Vaccination Appointments for your Patients

COVID-19 Vaccines NEEDED: Volunteers for Vaccination Sites

and Physician Offices to Inoculate

HIPEC Cancer Treatment Offered in Genesee County

GENESEE COUNTY MEDICAL SOCIETY

Organized Medicine's Leading Edge

THE BULLETIN is published monthly by: The Genesee County Medical Society

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MARCH 2021 VOLUME 98, NUMBER 2

THE BULLETIN

READ BY 96% OF GCMS MEMBERS

FEATURE ARTICLES

Guest Editorial:

| Journey to The Land of The Rising Sun | 11 |
|---------------------------------------|----|
| MDPAC: Rise Up! Health Can't Wait! | 13 |
| Commit To Fit | 17 |
| COVID-19 Resources | 19 |

REGULARS

| President's Message | 4 |
|---------------------|---|
| GCMS Meetings | 5 |
| Director's Message: | 6 |
| | |

Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

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March 2021

THE GCMS BULLETIN

Registration for Covid19 Vaccination

Genesee County COVID vaccine Registration: Click Here

Genesee County COVID vaccine Registration by Telephone: 810 600 0617

Healthcare provider seeking to have your staff vaccinated, please fill out this <u>form</u> and email it to <u>tojohnson@gchd.us</u>.

Meijer COVID vaccine Registration: Click Here

Rite Aid COVID vaccine Registration: Click Here

McLaren Heath care/ Karmanos 65 + COVID vaccine Signup: Click Here

Valley Area Agency on Aging: for elderly call 810 239 7671

FORM to Take to the Vaccine Appointments: Click Here

Residents who don't have access to the internet or who need assistance navigating the vaccine scheduling process can call the COVID-19 Hotline at 888-535-6136 (press 1) Monday through Friday from 8 a.m. to 5 p.m. Saturday and Sunday 8 a.m. to 1 p.m.

CDC Vaccine Information: Click Here

Friendly,

Sunilkumar Rao, DO

GCMS President





Medical Society Foundation March 17, 2021 6:00 pm

Board of Directors March 23, 2021 6:00 p.m.

GCMS Town Hall Meeting March 30, 2021 7:00 pm

Legislative Liaison Committee April 5, 2021 8:00 am

> Practice Managers April 8, 2021 9:00 am

**All meetings will be held via ZOOM

Announcement

GCMS members now entitled to a 15% discount on automobile and homeowners insurance.

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HIPEC Cancer Treatment Offered in Genesee County

Every year thousands of people are diagnosed with aggressive advanced forms of abdominal cavity cancer, which most often are very difficult to treat. Specific types of cancer that invade the abdominal cavity, whether as a primary tumor or from a primary tumor, include appendiceal, colorectal, mesothelioma, ovarian, gastric as well as others. Despite available chemotherapy agents success rates for a cure remain low.

Hyperthermic Intraperitoneal Chemoperfusion (HIPEC), is emerging and offering hope as an adjunct therapy used in combination with surgery in the treatment of advanced abdominal cancers. HIPEC is an invasive procedure that takes place in the operating room after the surgical oncologist has performed cytoreductive surgery. Cytoreductive surgery is the process through which all visible tumors and their remnants are removed from the abdominal cavity and can take several hours prior to initiating the HIPEC procedure.

At the conclusion of the cytoreductive surgery, inflow and outflow catheters are placed inside the abdomen and connected to an exterior HIPEC machine. This machine consists of a pump, a heater and a designated disposable circuit that allows a fluid solution to be continuously re-circulated through the machine, into and out of the patient's abdomen. Once the fluid is heated to target temperatures in excess of 42 degrees C (107.6 degrees F) the chemotherapeutic agents can be added to the HIPEC circuit and the abdomen can be continuously perfused with hyperthermic chemotherapy for 90minutes. At the conclusion of the HIPEC procedure the chemotherapy solution is drained and flushed from the abdominal cavity.

HIPEC allows a two-fold attack on cancer. First the application of hyperthermia (intense heat) generates a kill of cancer cells all on its own. Second the delivery of large doses of chemotherapy directly to the tumor location can be accomplished with limited exposure to the rest of the body thus avoiding the usual side effects of traditional IV chemotherapy.

HIPEC is providing an additional therapeutic option for the treatment of cancer in a specific subset of patients and is offered only in a small number of hospitals in Michigan. I am very pleased this procedure is available in Genesee County.

This article was written with collaboration from Dr. Tolutope Oyasiji, MD and my esteemed colleague of over 25 years Jeffrey Chores, MS, CCP.

For more information please contact:

executivedirector@gcms.org



DAVID HOFF, CCP, MA

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We honor you each March 30th but we are thankful for you year round.

Happy Doctors' Day!



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Genesee County Medical Society

Virtual

Medical Community Town Hall

Zoom Teleconference

Tuesday, March 30, 2021

7:00 p.m.-8:00 p.m.

Topic: "Physician Liability During COVID-19"

Various liability protections afforded to physician arising out of the COVID-19 pandemic,

as well as some liability exposures which can be mitigated through certain risk management

and other practices will be addressed.

Guest Speaker: Kathleen Westfall, Attorney

Kathleen's specialties include addressing regulatory compliance issues for health care professionals, organizations, and facilities in connection with the Michigan Public Health Code, Mental Health Code, HIPAA, Stark law, Anti-Kickback Statute, False Claims Act, Medicare and Medicaid regulations, and other state and federal laws and regulations. She also represents health care professionals and facilities in connection with

Email executivedirector@gcms.org_to receive the Zoom link for the meeting.



This meeting is sponsored by:

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Journey to The Land of The Rising Sun

March 31, 2018.

Our first day of tour started with a stop at Huromon Market in Nara, the largest in the area, where one can find all kinds of flowers, fruit and seafood. It was followed by a visit to the Todaiji Temple, built entirely by wood, without a single nail! What a great workmanship!! The gigantic statue of the Buddha is the largest in the country. Thousands of pilgrims thronged the place in

reverence to the Great One. Adjacent to it is the Todaiji Museum with numerous relics and artifacts of yesteryears displayed. Nearby is the Nara Park with hundreds of deer waiting to be fed biscuits and petted fondly by the visitors.

The busy morning helped build an appetite that needed attention. We enjoyed a traditional Japanese meal by the park and took off for southern Kyoto where the famous of all Shinto shrines, Fushimi Inari Taisha is located. It is famous for its thousands of vermilion torii gates, which are scattered all over with a network of trails leading to its main buildings. The statues of the Buddha and other deities stand tall inside the beautiful pagoda style structures.

The evening ended at Aeon Mall, the largest in town where we had a simple meal, checked into the hotel and retired for the night.

April 1, 2018.

This morning, we visited the Atsuta Shrine in Nagoya. The city had been destroyed during the Second World War and at other times. Yet, there are no such signs to be seen anywhere. At the shrine's Bunkaden, or treasure hall, over 4,000 relics, including 174 important cultural properties and a dagger, considered a National Treasure of Japan, are on display. We, then, proceeded to Magome-juku. It was the 43rd of 69 stations in Nakasendō, an ancient road that connected Kyoto and Edo during the Edo period. It was also the last of eleven stations along the Kisoji. After the tour, we visit the Ena-kyo Valley. Lastly, we enjoyed a Kaiseki Cuisine, a traditional Japanese dinner at our hotel.

Another day ended with a multi course dinner, including soup with tofu & noodles, salad, sashimi, vegetable tempura, sea weed delicacy, steamed egg, potato dumpling, fish and sticky rice. Assorted fresh fruit was served for dessert.

April 2, 2018.

Next on our itinerary was Mt. Fuji World Cultural Heritage Site at Oshino Hakkai Springs. The highway is lined with green tea plantations on either side of the road. Japan consumes and exports a very high volume of green tea which is used in ice creams, chocolates, smoothies, besides the ever popular beverage.

Many legends have been told about the "Springs of Gods" that are located here. There are eight springs in all that are the result of water being fed by the underground reservoir of Mt. Fuji. It takes about ten years for the water to be filtered and reach the reservoir. Thousands of visitors come here to have a drink of the water which is rated highly for it's quality, volume and safety. Hence, the Oshino Hakkai Springs are recognized as a natural monument.

We then headed to Lake Kawaguchi to catch a view of Mt. Fuji, the tallest and active volcano in the country. It is considered sacred, resulting in many folklores spun.

Last on the list for the day was Heiwa Koen (Peace Park) at Gotemba. It has a white pagoda with golden Buddha statues as well as temple dogs donated from other Buddhist countries in Asia, including, India, Thailand, Hong Kong, among others. Prayers can still be heard at the temple grounds. Also seen are many Bodhisattva statues hidden in the woods. This being Spring, the entire area is covered in cherry blossoms.

April 4, 2018.

The eagerly awaited day was finally here! Clouds gathered in the early morning sky, but slowly cleared as we made our journey for another day of tight schedule. We left the hotel early to capture some great views of Mt Fuji. I have seen many pictures of the famous volcano, but non could match the magnificence of the active volcano that has inspired many artists to capture its beauty in colors and photographers on film. We saw the mountain in all its splendor and watched a documentary in the nearby observatory. About a decade ago, the area was recognized as an UNESCO World Heritage Site. Later, we proceeded to Lake Ashai for a fifteen minute cruise. There were whimsical small boats shaped like ducks, but we opted to sail on a large ship. It slowly skimmed along the blue waters and the views were simply amazing!

A short ride took us to Mt. Konagatake ropeway. The huge carriage could take about a hundred visitors up to the summit which was over eighteen hundred kilometers high. The overcast skies and blowing winds resulted in poor visibility. Yet, the views were breathtaking.

Our next stop was at the Odawara Station for the exciting bullet train ride. The half hour ride was incredibly fast and absolutely smooth. We retired for the night after a scrumptious dinner at a Nepalese owned Indian restaurant, Binita, situated just minutes from our hotel. Although the place was very small, the food was delicious. A short walk brought us back to the hotel.

April 5, 2018

Boy, how time flies when you are having fun! Another busy day started with back to back visits to the two most popular gardens in the area. The first was Shinjuku Gyoen that originated during the Edo Period as a feudal lord's Tokyo residence. It was, later, converted into a botanical garden and subsequently transferred to the Imperial Family who use it to entertain their guests. Although destroyed during World War II, it was rebuilt as a public park. There are three different gardens inside the premises. They are the traditional Japanese landscape garden, a formal French garden and an English landscape garden. There is also a beautiful greenhouse with many tropical and subtropical flowers. A vast variety of flowering and vegetative shrubs cover the area. From anthuriums, bromeliads, cactii, crotons, ferns, succulents, orchids, as well as, banana, oranges and cacao are some of the plants to be seen including waterfalls placed in strategic spots to add beauty to the set up.

The second garden was Showa Kinen Park. It originated during the Edo Period. Later it was converted into a botanical garden before being transferred to the Imperial Family in 1903 who used It for recreation and to entertain their Guests. The park was almost completely destroyed during World War II, but was eventually rebuilt and reopened in 1949 as a public park. Shinjuku Gyoen is comprised of three different types of gardens. The oldest is a traditional Japanese landscape garden featuring large ponds dotted with islands and bridges. Well manicured shrubs and trees surround the water together with several pavilions. The park's other main gardens include a symmetrically arranged formal French garden, and an English landscape garden featuring wide, open lawns surrounded by flowering cherry trees. The rest of the park consists of forested areas, lawns and several structures including a restaurant, an information center and an art gallery. There is also a beautiful greenhouse with many tropical and subtropical flowers. Shinjuku Gyoen is home to a large number of cherry trees of more than a dozen different varieties as well as a tulip garden and a bonsai collection. Vibrant colors of tulips cover a huge landscape that has winding streams in between. One area is dedicated to a beautiful collection of bonsai in a wide variety with some of them as old as three hundred years. The Bonsai Garden is located at Japanese garden in Showa Kinen Park. Bonsai is one of Japanese traditional arts and a dwarf miniature potted tree, which is shaped in imitation of natural scenery. In Bonsai Garden mainly 61 excellent bonsai donated from bosai lovers in Japan are displayed.

Our next stop was at the Tokyo Tower. The second tallest structure in Japan that was inspired by the Eiffel Tower in France. Painted in white and International red, it is a communications and observation tower and is an important landmark in Tokyo. Millions of people visit the tower annually. It's breathtaking beauty can be viewed from many corners of the city and, most importantly, from our hotel room window. Our group saw it at sunrise as well as in late evening but couldn't decide which view was the better of the two. The day ended with an Indian traditional dinner.

After having spent the last few days in this great country, we are leaving with beautiful memories as well as lasting impressions of the Japanese people who are among the most humble and helpful. It is certainly the cleanest of all the countries we have seen so far. We will surely come back to learn more about this place which is a beautiful blend of the old and new in great harmony.

Thank you, Japan, you are cool, clean and classy!!

There's no shabbiness about your place nor the people. Sayonara!



Lakshmi K. Tummala



The Michigan Doctors' Political Action Committee (MDPAC) is the political arm of the Michigan State Medical Society. We are a bipartisan political action committee made up of physicians, their families, residents, students and others interested in making a positive contribution to the medical profession through the political process. MDPAC supports pro-medicine candidates running for the State legislature, Michigan Supreme Court and other statewide positions. Join today!











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March 2021



ATTENTION: PRACTICE MANAGERS

AND OFFICE STAFF!

Genesee County Medical Society addresses issues of concern

for medical professionals!

Please join GCMS and SOVITA in monthly meetings for

practice managers and office staff of *all member physicians*.

Please email <u>executivedirector@gcms.org</u>

to receive the zoom meeting invite.

NEXT MEETING DATE:

April 8, 2021 9 a.m.

You do not want your Practice Manager to miss out on these valuable meetings!





Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

- In your Trust, "Grantor directs Trustee to distribute ___% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."
 - In your Will, "I give, devise and bequeath ___% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.





Do you have an advertising NEED?

- Are you a Physician <u>and</u> you are a member of GCMS and you have a new practice in Michigan?
- Do you have a medical practice <u>and</u> you are a member of GCMS and your office has relocated?
- Do you have a business that serves Michigan and business slow?

Let Genesee County Medical Society help!

Genesee County Medical Society Bulletin

(ONLINE MAGAZINE)

Your ad will be featured in the Genesee County Medical Society monthly bulletin that is provided to 1,500+ viewers. The Bulletin can also be found on the GCMS website, and is also published through Calameo virtual magazine. (HTTPS://En.Calameo.com/)

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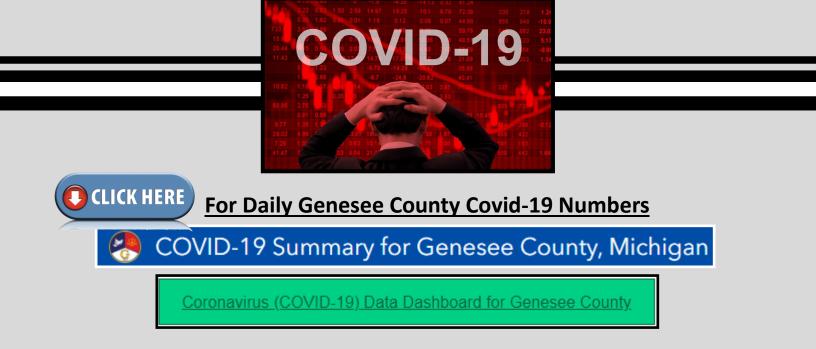
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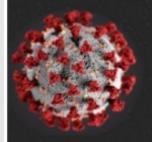
EMPLOYERS + SCHOOL ADMINISTRATORS:

Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at GCHD-CD@gchd.us or call (810) 257-1017







COVID-19 VACCINE PROVIDER GUIDANCE & EDUCATIONAL RESOURCES

COVID-19 VACCINE BREAKTHROUGH

COVID-19 VACCINE

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

COVID-19 VACCINE PLAN

COVID-19 VACCINE RESOURCES

IMMUNIZATIONS DURING COVID-19

CDC FAQS

PROVIDER GUIDANCE & EDUCATION

Join the WAR against



ARE YOU FROM THE HEALTHCARE SECTOR?

Volunteer Now & Make a Difference

Volunteer Sign Up – COVID-19 Vaccine Clinic

The Genesee County Health Department is looking for volunteers to assist in the delivery of COVID-19 vaccine throughout Genesee County. Please follow the steps below if you are at least 18 years old and interested in volunteering at an upcoming GCHD COVID-19 Vaccine Clinic.

Submitting a volunteer application alone will not confirm you as a volunteer.

Volunteer opportunities are available at our <u>Burton Branch</u> and at various TBD community locations.

Step 1 – <u>CLICK HERE to complete volunteer application</u> (You must be at least 18 years old to volunteer)

Step 2 – Your application will be processed (*We are experiencing a high number of applications at this time. Applications may take 2-3 weeks to process.*)

Step 3 – Once your application has been processed, you will receive an email confirming your volunteer status. This email will provide instructions on how to select a volunteer date and time.

Vaccines for volunteers may be available if there are appointment cancellations, but cancellations are rare and there is no guarantee of this availability. To be eligible for vaccine, volunteers must live or work in Genesee County.

Have a question about volunteering? Visit our Volunteer FAQ here

Genesee County Medical Society at Work



Covid-19 Vaccination Volunteering

To Volunteer :





Genesee County May Receive a Much Larger Supply of COVID Vaccinations to Distribute!

Your Genesee County Practice Can Help :

- If your Physician's Office/Practice is in the MICR system & approved to give COVID-19 vaccinations.
- If your Physician's Office/Practice would like to give the Covid-19 vaccination, but is <u>not</u> currently in the MICR system or is not approved for COVID vaccinations, please contact Genesee County Health Department to get registered.

If your Genesee County Practice is interested, please have them contact Joanne Herman @ Joanne.herman76@gmail.com

Let's come together to help the most vulnerable patients get vaccinated!

please give

Medical Society Foundation

Consider a donation to the Medical Society Foundation for all of your holiday sentiments while supporting important health related causes.

The Medical Society Foundation has been coordinating physician giving in Genesee County since 1987. This holiday season, why not use the Foundation to make sure your gifts to family, friends and colleagues help to improve the health and well-being of our community.

By giving to the Medical Society Foundation, you receive a great year-end tax benefit at the same time you tell others how much their health- really means to you.

The Medical Society Foundation funds have been used to support the charitable activities of the Genesee County Medical Society.

Contributions can also be made in memory of an individual or to honor someone.

For questions or information on how your gift can help support the charitable activities of your Medical Society Foundation contact GCMS at 733-9923 or email executivedirector@gcms.org

Medical Society Foundation Mission Statement: The Medical Society Foundation is organized and does operate for the purpose of supporting continuing medical education and health-related charitable activities that further the cause of medicine.

Mail your donations to:

Medical Society Foundation 4438 Oak Bridge Drive, Suite B Flint, MI 48532-5400

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