

# THE BULLETIN

JANUARY 2021 VOLUME 98, NUMBER 1

◆ Coronary Artery Bypass Grafting (CABG) Surgery In Genesee County

◆ GCMS and Islamic Medical Association Virtual 2021 Kick-off

◆ **ATTENTION!!** Genesee County Practice Managers Meeting

**TIME CHANGE!!**

◆ Centers for Disease Control Prevention (CDC's) Covid-19 Program

**8 Things You Need To Know**



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**JANUARY 2021 VOLUME 98, NUMBER 1**

# THE BULLETIN

READ BY 96% OF GCMS MEMBERS

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**Our Vision**

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

**Our Mission**

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

**PLEASE NOTE**

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

**THE BULLETIN**

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Cover photo submitted by:  
Dr. Cyrus Farrehi

## PRESIDENT'S MESSAGE

Greetings,

Happy new year and hope you had a safe and peaceful holiday season . I feel hopeful for 2022 as the vaccine rollout for COVID-19 has begun and the healthcare providers on the frontlines are being vaccinated. I wanted to take this opportunity to reach out to each and everyone of you about the real “facts” about COVID-19 vaccine.

The COVID-19 vaccines bring the promise of a global rescue from the coronavirus pandemic – but myths and misinformation are bubbling through some social media.

### **Fact: The vaccines will not give you COVID-19.**

None of the vaccines being developed use the live virus. There is nothing in the vaccine that could cause COVID-19.

The Pfizer and Moderna vaccines use mRNA, which stands for messenger ribonucleic acid. In simple terms, mRNA carries instructions to your body about how to build a protein. In this case, it's telling your body to make the spike protein that's on the coronavirus. The mRNA doesn't stay around long. Your body breaks it down and gets rid of it. The vaccines teach your body to fight the virus so your immune response will protect you.

### **Fact: You cannot test positive because of the vaccines.**

There is no part of the virus in either vaccine. You can't test positive on a PCR or an antigen test (the two methods that test for current COVID-19 infections).

You will test positive for antibodies because your body will have built them up as part of your immune response and that's a good thing.

### **Fact: The vaccines are safe and went through full reviews by experts.**

The U.S. Food and Drug Administration (FDA) and other experts reviewed the data from Covid-19 vaccine trials more quickly than usual by looking at data as information came in. In most cases, they wait until the trials are complete. They used the same demanding safety and efficacy standards as always and no safety protocols were changed or skipped. Combining the trial population in both the vaccine trials, around 70,000 patients were enrolled. It is important to note that the adverse effects were minimal and moreover in both the trials , patients in the placebo arm had more side effects than the vaccine arm. In essence, “No safeguards were sacrificed”

I encourage all our members to promote and emulate this public health effort and guide all our patients and peers through this pandemic and spread the public service message with scientific facts and not myths.

Our society is working with Genesee County Health Department in partnering to spread the information and also participate in any way in vaccine distribution.

We will make all the efforts to communicate the information in a timely manner via our email blasts as we get more information from the county.

Until next time, stay safe.

Friendly,  
Sunilkumar Rao, DO,MHA,FACC,FACP  
President



**MS Foundation Meeting**

January 20, 2021 6:00 pm— via zoom

**Board of Directors**

January 26, 2021 6:00 pm—via zoom

**GCMS &**

**Islamic Medical Association of Mid-Michigan  
2021 Kick Off**

January 27, 2021 7:45 pm

**Legislative Liaison Committee**

February 1, 2021 8:00 am

**Practice Managers**

February 11, 2021 9:00 am

## *Announcement*

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## DIRECTOR'S MESSAGE

### New Combination Procedure Performed in Genesee County

Coronary artery bypass grafting (CABG) surgery has been performed for more than 50 years. The procedure involves harvesting an artery and/or vein as the conduit material to bypass the diseased coronary artery.

CABG had been performed utilizing a heart-lung machine (cardio-pulmonary bypass) for the surgeon to operate on a motionless heart. In the 1990's a new CABG procedure was performed in Genesee County called Off Pump Coronary Artery Bypass Grafting (OPCABG). The OPCABG procedure incorporates a special retractor and stabilizer to eliminate the use of the heart-lung machine. OPCABG may be indicated in some patients with greater risks associated with cardio-pulmonary bypass.

In December 2020 Genesee County had the first combination Off Pump Coronary Artery Bypass Grafting with a Transcatheter Aortic Valve Replacement (TAVR). My column last month described the TAVR procedure as a minimally invasive aortic valve replacement without utilizing a Heart-Lung machine. An OPCABG X 2 in conjunction with a TAVR was performed for the first time in Genesee County.

For more information on OPCABG or TAVR procedures please contact:

[executivedirector@gcms.org](mailto:executivedirector@gcms.org)



DAVID HOFF, CCP, MA



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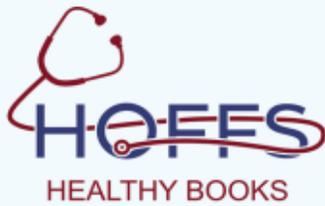
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**\*1 CME Credit can apply.**

<https://zoom.us/j/92455061596>

Meeting ID: 924 5506 1596

Passcode: 0127

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## SPEAKERS:

**Muaz Hashem Rabah**  
Quran Recitation

**IMA President Dr. Moauz Sbei:**  
Opening remarks and updates.

**Dr. Omar Khorfan, Pulmonary/Critical Care Ascension:**  
Covid-19; updates in Management.

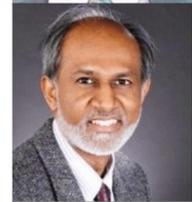
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**Dr. Avindra Nath: Clinical Director NIND**  
National Institute of Health  
"Long-Term Complications of Covid-19"

**Dr. Sunilkumar Rao:**  
Genesee County Medical Society

**Dr. Gary Johnson:**  
Genesee County Vaccine updates

**Sheikh Abdullah Waheed:**  
Prayer for Healing/Health



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## The Iconic British Residency Building In Hyderabad

My hometown, Hyderabad, is a cosmopolitan town with a beautiful landscape, pleasant climate and steeped in history is a tourist's marvel. There are many sights to behold including a visit to my alma mater, the University College for Women, popularly known as Women's College. Unfortunately, the premises has been neglected and special permission is required to enter.

The architectural marvel designed by Lieutenant Samuel Russell of the Madras Engineers, the British Residency was reduced to a state which was a fry cry from its grandiose past, where it symbolized the supremacy, power and wealth of the British Empire.

A stone's throw away from the perennially crowded Koti Bus stop and inside the zealously guarded premises of Women's College, an opulent mansion that housed the erstwhile British Residents, built around 1805, was slowly falling apart. While Hyderabad is dotted with mansions and deodis, the former British Residency is considered to be one among the two crown jewels of the city as far as buildings go (the other being the Falaknuma Palace).

An architectural marvel designed by Lieutenant Samuel Russell of the Madras Engineers, it was reduced to a state which was a fry cry from its grandiose past where it symbolized the supremacy, power and wealth of the British Empire. The story of how a glorious landmark was left to decay and is now being restored to its original glory is a plot straight out a potboiler with all the requisite twists and turns.

Few buildings inspired such awe in its visitors, as the Residency did at the zenith of its fame with its neoclassical architecture style, chandeliers believed to be procured from King William IV's palace, the massive scale, initially spread over 60 acres (now reduced to 42 acres) and magnificent gardens which served as a setting for many a soiree organized by the memsahibs of the house.

A vast villa, closely resembling the White House in Washington, it lay in a garden just over the River Musi from the old city. Surrounded by ancient trees, it attracts attention at the first glance with an imposing edifice which boast of massive Corinthian pillars 40 feet in height. Sprawled at either end are two lions overlooking 21 marble stairs.

As a former British Residency, the building had its own magic with galleried halls and drawing rooms, a Durbar Hall of astounding proportions, painted ceilings, parquet floors of inlaid wood, flanked by giant mirrors. It boasted of dungeons in the basement and oval ball rooms signifying the luxury and opulence the British Residents in India were accustomed to.

At the heart of the building is a doomed love story, which adds to the lore and legend surrounding it. The complex was built by Col James Achilles Kirkpatrick, the British Resident at the court of Hyderabad between 1797 and 1805. Kirkpatrick had fallen in love with a Hyderabadi noblewoman Khair un Nissa and not only converted to Islam to marry her but also turned into a desi sahib who wore Indian clothes and wrote Urdu poetry. The couple braved opposition from both the British regiment and the city's aristocratic set to their wedding but the victory was Pyrrhic owing to their early deaths. While the story was relegated to the foot notes of history for nearly two centuries, the house Kirkpatrick built for his begum became the official home for the British Residents in Hyderabad ever since.

When the British left Hyderabad in 1949, the Koti residency was converted into Women's college, established in 1924. It is interesting to note that till the handover, the premises were maintained by the Nizam's government. Between 1949 and 1952, the Residency buildings were modified and modernized for the use of the Women's College.

It was around then, that the already frayed building was ravaged by the twin attacks of neglect and time. Old buildings in the complex were modified with no heed to their structural requirements. The Residency complex shrunk over the years and poor maintenance led to the collapse of structures, the sociology block and the Principal's Lodge, were pulled down and replaced with new buildings. Such dereliction ensured that the rich history of the place was quietly buried.

Author William Dalrymple recalls the first time he visited the building in the late '90s when he says it created a huge impression on him, the state of disrepair notwithstanding. He recalls, "It was all falling apart. There were classrooms in the main block with lumps of plaster falling down. There were pigeons in the rafters and the roof was leaking. In fact, as the central block of the house was deemed too dangerous for the students, most of the classes took place in the former elephant stables at the back."

It was ironic that the erstwhile British Residency needed a British citizen in Dalrymple to attract attention. The author then embarked on a five-year research which resulted in his influential bestseller, *The White Mughals*, tracing the doomed love story of Kirkpatrick and Khair un Nissa and brought the spotlight back on the gorgeous building tucked away in the folds of the fortress-like walls of the Women's College.



The path to conservation began from a White Mughals fan, an anonymous British donor who wrote a cheque for £1 million soon after the book was released. In 2001, the Residency was put on the 2002 and 2004 World Monuments Watch List as 'Osmania Women's College.' Soon after, thanks to the donation and the attention it received from Dalrymple's work, a new story of conservation began.

It took 12 long years mired in red tape and activism for restoration process to finally begin in 2013. Under the aegis of Government of Telangana and World Monuments Fund, the first phase of restoration was completed a few months ago. NR Vishalatchy, director of Archaeology and Museums, who was instrumental in the restoration work, concedes that it was a laborious task. She explains, "The building was in a state of collapse, so the first phase was to understand and consolidate the structure apart from working on its stability. The original structure underwent a lot of changes, dummy windows were added on elevations and the roof needed reinforcements. The first phase was an endeavor to safeguard the foundation so that further work can be carried on."

Under the paint and plaster removed during the restoration process, a lot of forgotten details have tumbled out too. Anuradha Naik, a conservation architect, one of the three consultants appointed for the restoration project reveals many interesting details. She says, "The repair and conservation works on the fabric of the Residency building have revealed fascinating insights into the history of one the most powerful 'statements of power.' For instance, the Residency building was initially oriented to face the river on the south but in a hugely political move the British turned their back on the Nizam and faced Delhi to the north after 1857. Understandably, the rooms had also to be remodeled to suit this change. Openings were shut. Remains of a staircase were found as also a service stair in one of the rooms. It was perhaps at this time that the rectangular reception rooms were converted to oval ones."

The first phase, which took four years of painstaking work, has made a world of difference to the structure. The work concentrated on restoring the ground floor which had a grand staircase flanked by oval rooms on both sides. The dungeons or treasury (the use of the rooms in the basement is unclear) apart from the oval rooms and ballroom in the first level were also meticulously restored, peeling away centuries of damage.

The restoration work wasn't an easy task considering the scale and size of the project. A massive piece of wooden beam in the roof (weighing a couple of tons) was unstable and needed to be carefully modified, a mammoth task, considering the narrow openings. Vishalatchy concedes that it was a big challenge and says, "Restoration is a laborious process as the materials and methodology from the original work are not available. The roof beam for example had to be brought down and reused — first we treated it with anti termite chemical, then reinforced it with clamps and refitted it in the roof. Each corner has a similar story to share."

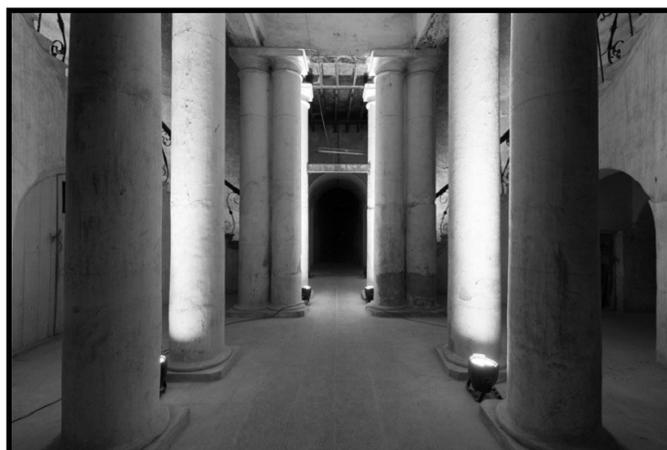
Why is it then that the restoration process of this building important even in face of such adversities? William Dalrymple gives three reasons for it. He explains, "It is one of the best known colonial buildings in India and the best in south India. Secondly, it gives a different view of the ruling British as it shows Kirkpatrick's love and integration into local culture. Finally, it introduced a new style of architecture to Hyderabad."

Vishalatchy believes that it is a story that needed to be told and says, "I think it is a landmark in the city. Throughout the world currently there is strife, and this is an example about a man (Kirkpatrick) who came from another land, adapted to local customs and became a part of it. It belongs to the people of Hyderabad and can be a cultural hub."

With the second phase of restoration just starting, the government's plans to make it a cultural center are paying dividends with the premises already hosting concerts, plays. While the first phase of restoration concentrated on structural enhancement, the second phase puts onus on art conservation and restoration of the papier mâché work in the premises.

Dalrymple, who was present for the event commemorating the completion of phase one, says he is thrilled at the restoration work and adds, "For many years I thought it wasn't possible but the amount of work done is admirable. I'm elated by the archaeologists uncovering so many facets of the place and it is a model for what can be done in restoration work."

Plans to make it a cultural center will mean that things come full circle for the Residency building. It was in its lush gardens that legendary gatherings were once held which saw performances by the famous courtesan/poetess of Hyderabad of the time, Mah Laqa Chanda Bai, and the landscaped precincts were witness to the nobility of the city reciting verses penned by Ibrahim Adil Shah and Quli Qutb Shah. It would also symbolically ensure that the monument which stood as a silent witness to one of the greatest love stories in India will be available for future generations in all its colossal glory.



**Lakshmi K. Tummala**



The Michigan Doctors' Political Action Committee (MDPAC) is the political arm of the Michigan State Medical Society. We are a bipartisan political action committee made up of physicians, their families, residents, students and others interested in making a positive contribution to the medical profession through the political process. MDPAC supports pro-medicine candidates running for the State legislature, Michigan Supreme Court and other statewide positions. **Join today!**

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# ATTENTION

DATE & TIME  
CHANGE

## ATTENTION: PRACTICE MANAGERS AND OFFICE STAFF!

**Genesee County Medical Society addresses issues of concern  
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Please join GCMS and SOVITA in monthly meetings for  
practice managers and office staff of *all member physicians*.

Please email [executivedirector@gcms.org](mailto:executivedirector@gcms.org)

*to receive the zoom meeting invite.*

**NEXT MEETING DATE:**

**January: Recessed**

**February 11, 2021 9 a.m.**

*You do not want your Practice Manager to miss out  
on these valuable meetings!*

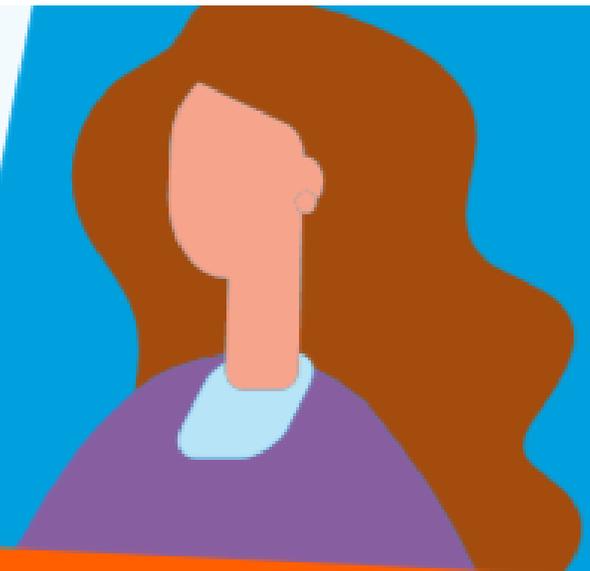


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# COMMUNITY TOOLKIT

OPIOIDS: WHAT YOU NEED TO KNOW



## ABOUT OPIOID ADDICTION

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## OPIOIDS: WHAT YOU NEED TO KNOW

If you have recently been prescribed an opioid, are concerned about or struggling with opioid addiction or know somebody that is, this resource will help you better understand opioids. Know more about opioids and get help if needed.

### Opioid Epidemic

The opioid epidemic, a growing nationwide public emergency, does not discriminate the individuals and communities that it impacts. Genesee County is no exception. According to the Michigan Department of Health and Human Services, 131 Genesee County residents died of an opioid overdose in 2017, up from 120 in 2016<sup>1</sup>.

Many more are treated for an opioid overdose. As community members, parents, neighbors, and friends, there is an opportunity to become better informed and help those struggling with addiction.

### What are Opioids?

Opioids are a class of drugs that include the illegal drug heroin, synthetic opioids such as fentanyl, and pain relievers available legally by prescription, such as oxycodone (OxyContin®), hydrocodone (Vicodin®), codeine, morphine, and many others.<sup>2</sup> While many people benefit from using prescription opioid pain medications to manage pain under a health care provider's

direction, there is a risk of dependence and addiction. There is also a risk to the community when prescription drugs are diverted for improper use by others.

### Know the Risks and Side Effects of Opioid Use

Prescription opioids have a serious risk of addiction and overdose, especially with long term use. The use of prescription opioids can have a number of side effects even when taken as directed. They include:

- Tolerance – meaning you might need to take more of a medication for the same pain relief
- Physical dependence – meaning you have symptoms of withdrawal when a medication is stopped
- Increased sensitivity to pain
- Constipation
- Nausea, vomiting, and dry mouth
- Sleepiness and dizziness
  
- Confusion
- Depression
- Low levels of testosterone that can result in lower sex drive, energy, and strength
- Itching and sweating<sup>3</sup>

### Know the Signs and Symptoms of Opioid Addiction or Overdose

Opioid addiction is a disease that affects your brain and your behavior. At first you have control over your choice to start using drugs, however over time your brain actually changes in certain ways creating an urge to use the drug. There are many signs and symptoms of opioid misuse and addiction. They can include: poor coordination, drowsiness, shallow or slow breathing rate, nausea, vomiting, constipation, physical agitation, poor decision making, abandoning responsibilities, slurred speech, sleeping more or less than normal, mood swings, euphoria (feeling high), irritability, depression, lowered motivation, and anxiety attacks.<sup>4</sup>



<sup>1</sup> "The Opioid Epidemic in Michigan." Michigan Substance Use Disorder Data Repository, [mi-suddr.com/opioids/](http://mi-suddr.com/opioids/).

<sup>2</sup> "What Are Opioids?" HHS.gov, [www.hhs.gov/opioids/prevention/index.html](http://www.hhs.gov/opioids/prevention/index.html).

<sup>3</sup> "Prescription Opioids: What You Need to Know." CDC, [www.cdc.gov/drugoverdose/pdf/AHA-Patient-Opioid-Factsheet-a.pdf](http://www.cdc.gov/drugoverdose/pdf/AHA-Patient-Opioid-Factsheet-a.pdf)

<sup>4</sup> "Opioid Addiction - Pain Relief - Signs of Addiction." Familydoctor.org, [www.familydoctor.org/condition/opioid-addiction/](http://www.familydoctor.org/condition/opioid-addiction/).

It is important to recognize the signs and symptoms of an opioid overdose and act fast to help save a life. Signs of an overdose include:

- Small, constricted "pinpoint pupils"
- Falling asleep or loss of consciousness
- Slow, shallow breathing
- Choking or gurgling sounds
- Limp body
- Pale, blue, or cold skin

An opioid overdose requires immediate medical attention. If you think someone is experiencing an overdose, even if you aren't sure, it is best to treat it like an overdose. Follow these steps:

- Call 911 immediately
- Administer naloxone, if available
- Try to keep the person awake and breathing
- Lay the person on their side to prevent choking
- Stay with him or her until emergency workers arrive<sup>5</sup>

## Know Naloxone and the Law

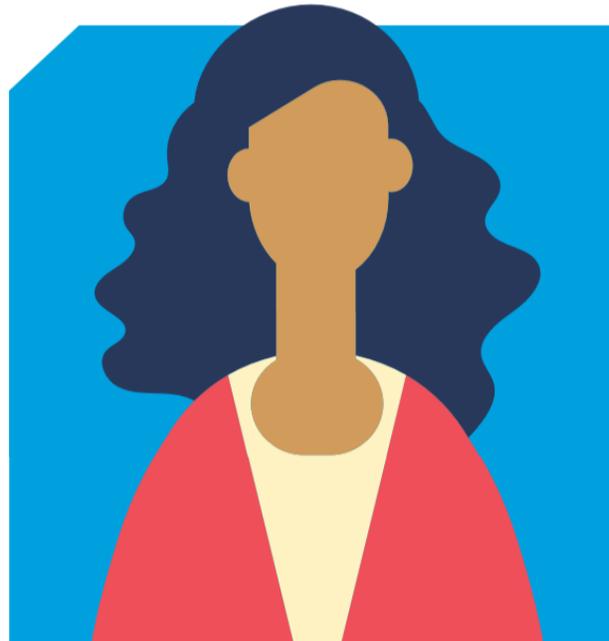
Naloxone is a medicine that rapidly reverses an opioid overdose. It can quickly restore normal breathing to a person if their breathing has slowed or stopped due to an opioid overdose. Naloxone has no effect on someone who does not have opioids in their system, and it is not a treatment for opioid use disorder. Naloxone should be given to any person who shows signs of an opioid overdose or when an overdose is suspected. If you or a loved one is at risk for an opioid overdose, it is important that you have naloxone on hand. Talk to your physician or pharmacist about naloxone when receiving a prescription for opioids.<sup>6</sup>

During a drug overdose, a quick response can save a life. However, people illegally using drugs sometimes do not seek medical

attention during an overdose for fear of alerting police of their illegal drug use. In order to prioritize saving lives, Michigan passed a Good Samaritan law in 2016. Michigan's Good Samaritan law prevents drug possession charges against those that seek medical assistance for an overdose in certain circumstances. This law makes saving lives the priority during a drug overdose, not criminal prosecutions of illegal drug users<sup>7</sup>.

## Know that You Have Treatment Options for Managing Pain

Although prescription pain medications can be effective at treating certain types of pain, there are different treatment options and



therapies available. Opioids are not the first-line treatment for chronic pain, with the exception of cancer treatment, palliative care, and end-of-life care. Nonopioid treatments can provide relief to those suffering from chronic pain and are safer. Talk to your doctor about your options to best manage your pain. Alternative treatments may include:

- Acupuncture
- Chiropractic care
- Cognitive behavioral therapy
- Massage therapy
- Meditation and relaxation
- Physical therapy
- Yoga<sup>8</sup>

## Know How to Practice Responsible Use of Opioids

Whether you are currently taking opioids or considering opioids to treat (acute) pain after surgery or for chronic pain, it is important that you take steps to protect yourself, your loved ones, and your community.

- Be proactive to learn about your options and communicate with your doctor.
- Be honest with your doctor about your health, drug, and alcohol history, as well as your family history.

<sup>5</sup> "Preventing an Opioid Overdose." CDC, [www.cdc.gov/drugoverdose/pdf/patients/Preventing-an-Opioid-Overdose-Tip-Card-a.pdf](http://www.cdc.gov/drugoverdose/pdf/patients/Preventing-an-Opioid-Overdose-Tip-Card-a.pdf)

<sup>6</sup> National Institute on Drug Abuse. "Naloxone." NIDA, 1 Jan. 2019, [www.drugabuse.gov/publications/drugfacts/naloxone](http://www.drugabuse.gov/publications/drugfacts/naloxone).

<sup>7</sup> "Michigan's Good Samaritan Law." MDHHS, [www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4871\\_79584\\_79585\\_79587\\_79590-409680--,00.html](http://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4871_79584_79585_79587_79590-409680--,00.html)

<sup>8</sup> "RX Pain Medications, Know The Options, Get the Facts." SAMHSA, <https://store.samhsa.gov/system/files/sma17-5053-1.pdf>

## KNOW MORE ABOUT OPIOID ADDICTION

- Always follow your pain care plan and keep your appointments for follow-up care.
- Never take opioids in higher amounts or more often than prescribed.
- Do not combine opioids with alcohol or other drugs that cause drowsiness, such as: benzodiazepines, muscle relaxants, and sleep aids.
- Never share or sell prescription opioids.<sup>9</sup>

### Know How to Properly Store and Dispose of Opioids

Learn how to properly store and dispose of unused medications. Always keep your opioids in a safe, locked place, out of reach of family, children, visitors, and pets. Always keep your opioids in their original labeled container, even when you travel. Remember your children and grandchildren! Keep them safe.

If you have unused opioids at the end of your treatment, take steps to safely dispose of them to protect your family and community. Find an approved prescription drug collection site near you, find a medication Take Back event, or properly use your household trash as a last resort. Prescription drug drop boxes can be found at the following Genesee County locations:

- Burton City Police Department, 4090 Manor Drive  
*Mon-Fri 9:00am-5:00pm*
- Clio City Police Department, 505 W. Vienna Street  
*Mon-Fri 8:00am-4:00pm*
- Davison City Police Department, 200 E. Flint Street  
*Mon-Fri 8:00am-12:00pm & 1:00pm-4:00pm*
- Fenton City Police Department, 301 S. Leroy Street  
*Available 24 hours*
- Flint Police Department, 210 E. Fifth Street  
*Mon-Fri 10:00am-6:00pm*
- Flint Township Police Department, 5200 Norko Drive  
*Available 24 hours*
- Flushing City Police Department, 725 E. Main Street  
*Mon-Fri 9:00am-4:30pm*
- Genesee Township Police Department, 7244 N. Genesee Road  
*Mon-Fri 9:00am-5:00pm*
- Grand Blanc Township Police Department, 5405 S. Saginaw Street  
*Available 24 hours*
- Mott Community College Public Safety, 1401 E. Court Street  
In front of Public Safety Building
- Metro Police Authority, 5420 Hill 23 Drive  
*Mon-Fri 9:00am-5:00pm*<sup>10</sup>



### Know That There is Support Available

Remember that opioid addiction is a disease and those suffering should be treated with care and compassion as with any other disease. It is a chronic brain disease that can be managed with medical treatment. Talk to your doctor for help and refer to the **Quick Reference Referral Guide for Substance Use Treatment** locations. Consider finding a support group to come together with others facing addiction and the road to recovery. It may be helpful to learn from the experiences of others and receive emotional and social support.

- Genesee County Families Against Narcotics holds weekly Nar-Anon support meetings every Thursday evening at 7pm. 3515 North Belsay Road, Flint, MI 48506. All are welcome to attend. [www.familiesagainstnarcotics.org/genesee](http://www.familiesagainstnarcotics.org/genesee)
- Additional Genesee County Narcotics Anonymous meeting sites and times can be found online at [www.michigan-na.org/flint-area/meetings/](http://www.michigan-na.org/flint-area/meetings/)

Take the next steps to seek treatment for yourself or your loved one. There is help.

<sup>9</sup> "RX Pain Medications, Know The Options, Get the Facts." SAMHSA, <https://store.samhsa.gov/system/files/sma17-5053-1.pdf>

<sup>10</sup> "Proper Disposal: Stop Prescription Abuse." Proper Disposal | Stop Prescription Abuse, [www.stopprescriptionabuse.com/proper-disposal.html](http://www.stopprescriptionabuse.com/proper-disposal.html)

April 2019

# Quick Reference Referral Guide *for Substance Use Treatment*

KnowMoreGenesee.org



**ABOUT OPIOID ADDICTION**

Genesee County Opioid Prevention Project



# KNOW MORE ABOUT OPIOID ADDICTION

As a Genesee County provider encountering changes in legislation regarding utilization of the Michigan Automated Prescription System (MAPS), and navigating the substance use treatment system with your patients, the Greater Flint Health Coalition and its Mental Health & Substance Use Task Force offer this referral guide as an introductory resource.

## The First Step: Accessing Substance Use Treatment

**1** If an individual has **Medicaid, is uninsured, and/or has general questions**, they may call or visit (during business hours) **the Genesee Health System Access Center** at:

- 810-257-3740 (crisis line available 24/7)
- TTY 810-232-6310
- Toll-Free 877-346-3648
- 420 W. Fifth Avenue, Flint, MI 48503 – Open Monday through Friday, 8 am. to 5 p.m.

Please have the following information available when calling to expedite the process:

- Name, date of birth, social security number
- Medical insurance card or numbers, including Medicaid (if applicable)
- Names of current medicines and doctors

- Guardianship or court papers (if applicable)
- Special education or other school records (if applicable)
- Drug (quantity, frequency)
- Services needed (detox, inpatient, outpatient)

Fees for services are based on a person's ability to pay, therefore, staff will need to know the household income and number of dependents of the person seeking help. A coverage determination will be made at the time of the screening. Staff will let you know if you can expect to have any cost for your services. No one will be denied services based on their inability to pay.

**2** If an **individual has insurance other than Medicaid**, call the insurance plan directly to determine covered services and providers.

## Substance Use Treatment Centers in Genesee County and Surrounding Areas

### GENESEE COUNTY RESIDENTIAL CENTERS

#### Above the Water House

4105 Keyes Street, Flint, MI 48504  
(810) 877-2907  
Women's recovery housing for females with addiction/alcoholism with mild to moderate psychological impairments.

#### Flint Odyssey House

529 M.L. King Avenue, Flint, MI 48503  
(810) 238-5888  
Medication assisted treatment, withdrawal management, long-term residential treatment, outpatient services, recovery housing, women's specialty services, adolescent treatment services.

#### Kairos Health Care, Holy Cross

8218 N. Jennings Road  
Mt. Morris, MI 48458  
(844) 452-4767  
Corcoran House Residential Treatment for Women

#### Life Challenge Ministries

**Life Challenge of Southeastern Michigan**  
17667 Pierson Street, Detroit, MI 48219  
1230 Dupont St, Flint, MI 48504  
(844) 355-LIFE  
info@lcministries.org

One-year residential program for men and women with drug, alcohol, and other life-controlling addictions. Affiliated with Teen Challenge USA, International, our goal is more than rehabilitation, Faith based program.

#### New Paths Inc.

765 E. Hamilton Avenue, Flint, MI 48505  
(810) 233-5340  
newpaths.org  
Short and long-term residential treatment, withdrawal management, outpatient services, recovery housing, 23-hour sobering facility, Court ordered treatment programming.

#### Salvation Army Adult Rehabilitation (Men Only)

2200 N. Dort Highway, Flint, MI 48506  
(810) 234-2678  
Long-term residential program, spiritual base, work therapy, group and individual counseling, leisure time activities.





**GENESEE COUNTY OUTPATIENT CENTERS & SUPPORT SERVICES**

**Bio-Med Behavioral Health  
Care INC. - Flint**

1044 Gilbert Road, Flint, MI 48532  
(810) 733-7623  
Outpatient, integrated treatment,  
medication assisted treatment.

**Catholic Charities**

901 Chippewa Street, Flint, MI 48503  
(810) 232-9950  
Outpatient SUD treatment, Court  
ordered treatment programming.

**Families Against Narcotics –  
Genesee County Chapter**

(810) 397-7175  
familiesagainstnarcotics.org  
Information regarding prescription drug  
abuse, local resources, family support  
network. Available to answer questions  
regarding substance use and steps to  
seek treatment.

**Genesee Community  
Health Center**

422 W. 4th Avenue, Flint, MI 48503  
(810) 496-5777  
Integrated health care, treatment  
services for co-occurring disorders,  
medication assisted treatment  
(Suboxone, Vivitrol).

**Hamilton Community  
Health Center**

Multiple Locations  
(810) 406-HCHN (4246)  
Outpatient, substance abuse counseling,  
Vivitrol program.

**Holy Cross Services**

4318 Miller Road, Flint, MI 48507  
(810) 249-9924  
Outpatient SUD treatment, recovery  
housing.



**Hope Network**

1110 Eldon Baker Drive, Flint, MI 48503  
(810) 232-2766  
Free family and addiction services.

**Insight Wellness Center**

4400 S. Saginaw St., Ste. 1370  
Flint, MI 48507  
(810) 223-0199  
Medication assisted treatment, outpatient  
SUD treatment, services for co-occurring  
disorders, pain management, physical therapy.

**Meridian Health Services**

1289-D S. Linden Road, Flint, MI 48532  
(810) 620-7501  
Outpatient care, integrated treatment,  
and family therapy.

**New Oakland Family Center**

2401 South Linden Road,  
Flint, MI 48507  
(810) 957-4310  
Intensive outpatient counseling  
(dual diagnosis – mental health and  
substance use disorder).

**Remedy Exchange Programs  
(outreach services)**

12745 S. Saginaw, Suite 806-144  
Grand Blanc, MI 48439  
(810) 449-0159  
remedyexchange@gmail.com  
PRIME for Life is a program that helps  
youth and adults learn how to reduce  
their risk of alcohol and other drug  
related problems throughout life.

**Sacred Heart - Flint**

2091 Professional Drive,  
Flint, MI 48532  
(810) 732-1652  
Outpatient, integrated treatment,  
medication assisted treatment  
(Methadone, Vivitrol), women's  
specialty.

**The Serenity House of Flint**

954 Church Street, Flint, MI 48502  
(810) 893-1276  
Informational, holistic options for  
recovery from addictions.

## RESOURCES OUTSIDE OF GENESEE COUNTY

### Brighton Center for Recovery

12851 Grand River Road  
Brighton, MI 48116  
(810) 227-1211  
brightonrecovery.org  
Inpatient and intensive outpatient.  
Provides residential, outpatient, dual diagnosis, and detox services. Will accept private insurance, cash, and Medicare.

### Dawn Farms

6633 Stoney Creek Road  
Ypsilanti, MI 48197  
(734) 485-8725  
Adolescent (17+) and adult residential, outpatient. Non-medicated, 12-step based detox is FREE to anyone, even if they do not stay for residential treatment. Transitional housing.

### Grace Centers of Hope

35 E. Huron Street, Pontiac, MI 48342  
(855) HELP-GCH  
Adult residential, family and life-skills programs.



### Henry Ford Maplegrove Center

6773 W Maple Road  
West Bloomfield, MI 48322  
(248) 661-6100  
henryford.com  
Outpatient and inpatient for adults.  
Outpatient only for adolescents.

### Kairos Healthcare Adolescents

3400 South Washington Road  
Saginaw, MI 48601  
(989) 755-1072  
Adolescent and adult residential, integrated treatment, informational, prevention and problem assistance, outpatient screening assessment referral and follow-up.

### Meridian Health Services

1255 N Oakland Blvd  
Waterford, MI 48327  
(248) 599-8999  
Detox, adult residential, inpatient and outpatient care, integrated treatment, and family therapy.

### Sacred Heart – Memphis

400 Stoddard Road  
Memphis, MI 48041  
(888) 804-7472 Admissions  
(888) 802-7472 Admin  
Adult residential, detox inpatient, case management, early intervention, integrated treatment, peer recovery and support, screening assessment referral and follow-up, Methadone.  
Residential admissions:  
(888) 804-7472 or (734) 284-0070  
Monday-Friday, 8:30am-5:00pm  
Emergency admissions:  
(888) 804-7472, ext. 266, weekdays, weekends, and holidays. Sliding fee scale, Medicaid, ABW, and most health insurance.

### Salvation Army Harbor Light

42590 Stepnitz Drive  
Clinton Township, MI 48036  
(586) 954-1838  
Adult residential/outpatient, case management, detox, screening assessment referral and follow-up.

### Serenity Therapy Center

745 Barclay Circle, #305  
Rochester Hills, MI 48307  
(586) 219-7010  
serenityhelp.com  
Outpatient, addiction counseling, family therapy, and interventions.

### Teen Challenge of Western Michigan

440 Pontaluna Road  
Muskegon, MI 49444  
Men's Phone: (231) 798-7927  
Women's Phone: (231) 798-2702  
Email: info@wm-tc.com  
wm-tc.com/contact-us  
One year residential program. Faith based.

### Vision Quest Recovery

Port Huron, MI  
info@visionquestrecovery.com  
Program Director: (810) 937-6279  
Assistant Program Director:  
(248) 421-8143  
Transitional housing program, 12-step program, structure, guidelines.

*Disclaimer: Resource details provided by Families Against Narcotics. All information was accurate at time of printing. Information is subject to change.*

*This program is supported by the Michigan Health Endowment Fund.*



*Join the thousands!*



**FLINTREGISTRY**

*Get Connected. Get Supported. Get Counted.*

[flintregistry.org](http://flintregistry.org)

**ENROLL TODAY!**

**4 EASY STEPS**



**1. GO TO  
FLINTREGISTRY.ORG**



**2. CLICK "START  
HERE" BUTTON**



**3. COMPLETE PRE-  
REGISTRATION FORM\***



**4. BEGIN THE  
ENROLLMENT SURVEY**

\*After you complete the pre-registration form, you will receive a letter, text, or email from us with secure instructions on how to begin your enrollment survey.

Once you fully enroll, the Flint Registry will help connect you to services that will improve your health.

*You will also get \$50 Thank You check in the mail.*

If you have already completed the pre-registration form, call 833-GO-FLINT or email [flintregistry@hc.msu.edu](mailto:flintregistry@hc.msu.edu) for your survey code.

*You may also call us to fully enroll over the phone!*

**FOLLOW US!**

 [@flintregistry.org](https://www.facebook.com/flintregistry.org)  [@flintregistry](https://www.instagram.com/flintregistry)  [@FlintRegistry](https://twitter.com/FlintRegistry)

Michigan State University College of Human Medicine received funding for this work from the Centers for Disease Control and Prevention (CDC), Grant #NUE2EH001370.



# FLINTREGISTRY

*Get Connected. Get Supported. Get Counted.*

[flintregistry.org](http://flintregistry.org)

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## Why are people joining?

**“One of the reasons I joined  
the Flint Registry was because of  
the education  
and the connections.”**

– Pastor Read,  
Joy Tabernacle Church

.....

**“Making people comfortable  
enough to open up about their  
concerns and feel free to share  
their story; I feel like that’s one of  
the biggest things helping people  
heal in this city.”**

– Aaron Neeley,  
Flint Registry interviewer and resident

---

 833-GO-FLINT

 [flintregistry@hc.msu.edu](mailto:flintregistry@hc.msu.edu)

# Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute \_\_\_% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath \_\_\_% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.



**Don't Forget!**  
Donations are tax deductible!

**Please contact GCMS at 733-9923 or email [executivedirector@gcms.org](mailto:executivedirector@gcms.org)**

# HAPPY BIRTHDAY DOCTOR!

## JANUARY

Abdelmajid Jondy, MD.....	1	Philip Hardy, MD.....	13	Lawrence Ashker, DO.....	23
Mousa Mohamed, MD.....	1	Epifania Aranas, MD.....	13	Alpesh Korant, MD.....	24
Elmahdi Saeed, MD.....	1	Samuel Dismond, MD.....	14	Alan Morgan, MD.....	25
Khalid Ahmed, MD.....	1	Balvant Ganatra, MD.....	14	Roderick Smith, MD.....	25
Jason Evans, MD.....	3	Ajay Srivastav, MD.....	14	Cyrus Farrehi, MD.....	26
Martin Lapa, DO.....	3	Boleslaw Pietruszka, MD.....	15	Paul Karr, MD.....	26
Cathy Chen, MD.....	5	Nil Barua, MD.....	15	Rodolfo UyHam, MD.....	27
Manjit Grewal, MD.....	5	Gary Roome, MD.....	15	Joseph Luna, MD.....	27
Ashley Richardson, DO.....	6	Ravinder Singala, MD.....	15	George Politis, MD.....	28
Gwendolyn Reyes, MD.....	8	J. Rajkumer Pandyan, MD.....	16	Eranio Malto, MD.....	28
Celso Samaniego, MD.....	9	Azmy Allam, MD, FACP, FCCP, DABSM..	17	Geeta Rode, MD.....	28
George Greidinger, MD.....	10	Silvia Gomez-Seoane, MD.....	19	Robert Flora, MD, MBA, MPH....	28
Shafi Ahmed, MD.....	10	Heedong Park, MD.....	20	Joel Beene, MD.....	29
Raafay Sophie, MD.....	11	Laxmi Devisetty, MD.....	21	Anant Patel, MD.....	29
Jagdish Bhagat, MD.....	12	Harris Dabideen, MD.....	21	Ahmad Kaddurah, MD.....	30
Syed Ahmed MD, FACC.....	12	Frederick Sherrin, MD.....	23	Daniel Zelko, MD.....	31

## FEBRUARY

Frederick Lim, MD.....	12	Steven Boskovich, MD.....	22	Gregory Fortin, MD.....	5
Gregorio Imperial, MD.....	12	Laura Carravallah, MD.....	24	Bradford Murphy, DO.....	6
Sharon Dowd, MD.....	14	Pino Colone, MD.....	26	Virgil Hooper, MD.....	8
Maurice Chapin, MD.....	15	Omar Gayar, MD.....	26	Avery Jackson, MD.....	9
Rajeevi Pandyan, MD.....	15	Thomas Wright, DO.....	27	David Bergman, MD.....	9
Jami Foreback, MD, PhD.....	15	Wilfredo Rivera, MD.....	28		
Nelson Schafer, MD.....	16	Mark Anderson, MD.....	28		
Edward Gomez-Seoane, MD.....	16	Kumbla Bhakta, MD.....	3		
Dianne Trudell, MD.....	20	Mark Weiss, MD.....	3		
Atheer Alrawi, MD.....	20	Cynthia Horning, MD.....	3		
Daniel Bernstein, MD.....	22	Evelyn Alumit, MD.....	5		



## Do you have an advertising **NEED**?

- Are you a Physician **and** you are a member of GCMS and you have a new practice in Michigan?
- Do you have a medical practice **and** you are a member of GCMS and your office has relocated?
- Do you have a business that serves Michigan and business slow?

Let Genesee County Medical Society help!

## Genesee County Medical Society Bulletin

(ONLINE MAGAZINE)

**Your ad will be featured in the Genesee County Medical Society monthly bulletin that is provided to 1,500+ viewers. The Bulletin can also be found on the GCMS website, and is also published through Calameo virtual magazine. ([HTTPS://En.Calameo.com/](https://en.calameo.com/))**

1/4-page ad \$100/month

1/2-page ad \$195/month

3/4-page ad \$290/month

Full page ad \$350/month

A link to the business website or email can be added for **NO** additional fee.

**Click here**

to connect with GCMS, we can provide your advertising needs!



\*\*all ads placed by Physicians or Medical Practices must have a GCMS membership.



# NEW YEAR, NEW YOU!

Healthy Habits Challenge

**January 1 – February 28, 2021**  
**EARN 3,000 TOTAL WELLNESS POINTS**

## Challenge Goal:

An eight-week individual challenge that encourages individuals to practice daily activities to be more active, eat healthier, and promote wellness to others. Each participant who reaches the challenge goal of 3,000 total Wellness Points will be entered into a drawing to win a prize.



## How to Earn Wellness Points:

- 100 points** for every 2,500 steps logged
- 100 points** for every 1 pound of weight loss
- 10 points** for every 2 fruit and vegetable servings
- 10 points** for every 3 hydration servings
- 10 points** for every minute of mindfulness

## CHALLENGE PRIZES:

Individuals who reach the goal of 3,000 Wellness Points during the challenge will be entered to win a Flint Farmers' Market gift card, as well as weekly prize drawings!



## Get Started:

- 1 Register at [commit2fit.com](http://commit2fit.com)
- 2 Track Your Activities
- 3 Get Entered to Win Prizes

Visit [www.commit2fit.com](http://www.commit2fit.com)





# COMMIT TO FIT!

## Virtual Fitness Guide

### Commit to Fit!



Visit [commit2fit.com](https://commit2fit.com) to track all of your physical activity and keep track of your fitness goal!

### University of Michigan - Flint



Click [HERE](#) for daily workouts!

### Crim Fitness Foundation



Visit [crim.org](https://crim.org) for a variety of yoga and mindfulness practices!

### Ascension Genesys Athletic Club



Click [HERE](#) for intense & moderate workout videos!

### YMCA - 360



Visit [ymca360.org](https://ymca360.org) for fitness classes of all ages!

### Arthritis Foundation



Click [HERE](#) for arthritis exercises!



**CLICK HERE**

**For Daily Genesee County Covid-19 Numbers**

 **COVID-19 Summary for Genesee County, Michigan**

[Coronavirus \(COVID-19\) Data Dashboard for Genesee County](#)

**CLICK HERE**

**For Reporting**

**EMPLOYERS + SCHOOL ADMINISTRATORS:**

Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at [GCHD-CD@gchd.us](mailto:GCHD-CD@gchd.us) or call (810) 257-1017

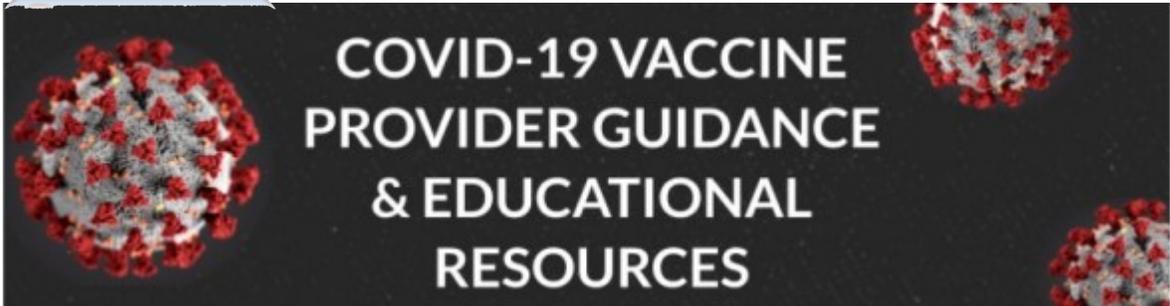
**CLICK HERE**

**For State of Michigan Covid-19 Information**





 [CLICK HERE](#)



**COVID-19 VACCINE  
PROVIDER GUIDANCE  
& EDUCATIONAL  
RESOURCES**

**COVID-19 VACCINE**

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

[COVID-19 VACCINE PLAN](#)

 [CLICK HERE](#)

**COVID-19 VACCINE RESOURCES**

**IMMUNIZATIONS DURING COVID-19**

**CDC FAQs**

**PROVIDER GUIDANCE & EDUCATION**

CASES ARE RISING.  
**ACT NOW!**



WEAR A MASK



STAY 6 FEET APART



AVOID CROWDS

## COVID-19

### Program

Updated Dec. 22, 2020

Now that there are authorized and recommended vaccines to prevent COVID-19 in the United States, here are 8 things you need to know about the new COVID-19 Vaccination Program and COVID-19 vaccines.

**1) The safety of COVID-19 vaccines is a top priority.**

The U.S. vaccine safety system ensures that all vaccines are as safe as possible. Learn how federal partners are working together to [ensure the safety of COVID-19 vaccines](#).

CDC has developed a new tool, [v-safe](#), as an additional layer of safety monitoring to increase our ability to rapidly detect any safety issues with COVID-19 vaccines. V-safe is a new smartphone-based, after-vaccination health checker for people who receive COVID-19 vaccines.

**2) COVID-19 vaccination will help protect you from getting COVID-19. Two doses are needed.**

Depending on the specific vaccine you get, a second shot 3-4 weeks after your first shot is needed to get the most protection the vaccine has to offer against this serious disease. [Learn more about the benefits of getting vaccinated](#).

**3) CDC is making recommendations for who should be ordered COVID-19 vaccine first when supplies are limited.**

To help guide decisions about how to distribute limited initial supplies of COVID-19 vaccine, CDC and the Advisory Committee on Immunization Practices have [published recommendations](#) for which groups should be vaccinated first.

Learn more about [who should be vaccinated first when vaccine supplies are limited](#).

**4) There is currently a limited supply of COVID-19 vaccine in the United States, but supply will increase in the weeks and months to come.**

The goal is for everyone to be able to easily get vaccinated against COVID-19 as soon as large enough quantities are available. Once vaccine is widely available, the plan is to have several thousand vaccination providers ordering COVID-19 vaccines in doctors' offices, retail pharmacies, hospitals, and federally qualified health centers.

**5) After COVID-19 vaccination, you may have some side effects. This is a normal sign that your body is building protection.**

The side effects from COVID-19 vaccination may feel like flu and might even affect your ability to do daily activities, but they should go away in a few days. Learn more about what [side effects to expect and get helpful tips](#) on how to reduce pain and discomfort after your vaccination.

**Making COVID-19 Vaccination Recommendations**

CDC makes vaccination recommendations, including those for COVID-19 vaccines, based on input from the Advisory Committee on Immunization Practices. [Learn more](#)

**6) Cost is not an obstacle to getting vaccinated against COVID-19.**

Vaccine doses purchased with U.S. taxpayer dollars will be given to the American people at no cost. However, vaccination providers may be able to charge administration fees for giving the shot. Vaccination providers can get this fee reimbursed by the patient's public or private insurance company or, for uninsured patients, by the [Health Resources and Services Administration's Provider Relief Fund](#).

**7) The first COVID-19 vaccine is being used under an Emergency Use Authorization (EUA) from the U.S. Food and Drug Administration (FDA). Many other vaccines are still being developed and tested.**

Learn more about [FDA's Emergency Use Authorization authority](#) and watch a [video on what an EUA is](#). If more COVID-19 vaccines are authorized or approved by FDA, the [Advisory Committee on Immunization Practices \(ACIP\)](#) will quickly hold public meetings to review all available data about each vaccine and make recommendations for their use in the United States. [Learn more about how CDC is making COVID-19 vaccine recommendations](#).

All ACIP-recommended vaccines will be included in the U.S. COVID-19 Vaccination Program. CDC continues to work at all levels with partners, including healthcare associations, on a flexible COVID-19 vaccination program that can accommodate different vaccines and adapt to different scenarios. State, tribal, local, and territorial health departments have [developed distribution plans](#) to make sure all recommended vaccines are available to their communities.

**8) COVID-19 vaccines are one of many important tools to help us stop this pandemic.**

It's important for everyone to continue using all the tools available to help stop this pandemic as we learn more about how COVID-19 vaccines work in real-world conditions. Cover your mouth and nose with a mask when around others, stay at least 6 feet away from others, avoid crowds, and wash your hands often.

**CLICK HERE**



To Schedule An Appointment For A Covid-19  
Vaccine With  
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**VACCINATION-VACCINATION-VACCINATION-VACCINATION**



## DR. ROBERT WEBER



Dr. Robert (Bob) Murton Weber, age 95, passed away surrounded by family on Thursday, December 31st, 2020. Bob was a graduate of Northern High School in Flint, Michigan and soon joined the US Army in 1943 at the age of 18. As a member of the 86th BlackHawk Division, he fought in the Battle of the Bulge and was awarded the combat infantry badge. He was proud of serving his country and proud of the military men with whom he served. His squad met twice a year for over 25 years. After the war, Bob enrolled in the University of Michigan, receiving his bachelor of science degree in 1948 and his medical degree in 1952. He practiced in Flint, Michigan for almost 50 years as a Family Physician. (He always preferred General Practitioner). Bob served as Assistant Chief of Staff at St. Joseph Hospital, President of the Genesee County Family Practice Physicians, and as a delegate for the Michigan Academy of Family Physicians (MAFP). Growing up on "The Ranch" in the Upper Peninsula, Bob became a farmer at heart, an avid outdoorsman, and learned how to fix anything - or at least try. He enjoyed fishing (and could tell a good story), hunting, downhill



skiing, playing cards (mainly pinochle) and any time he could spend at Higgins Lake. He loved sports, especially anything Michigan and the Detroit Tigers. Bob loved music; playing the clarinet & saxophone and dancing to big band tunes. He was a member of a men's bowling league for over 30 years. His faith in God and his church was very important in his and Pauline's life. He was preceded in death by his parents, Guido and Myrtle Weber and his brothers, Bill and Burt (Judy) Weber. Many

well-loved brothers-in-law and sisters-in-law also greeted him in heaven. Bob will be lovingly remembered by his wife of 68 years, Pauline L. (Suchanek); children, Susan Weber, Nancy (Allan) Bornstein, Mary (Tom) Behm; grandsons, Aaron (Erica) Bornstein, Sam (Emily) Bornstein, Steve (Madison) Behm, and Mike Behm; granddaughter Morgan Behm; sister-in-law, Betty Weber, brother and sisters-in-law Edward and Adeline Ryznar, Joan McCloskey; cousins Joe and Joan Kolder and wonderful nieces and nephews, their wives and husbands and their families. The family would like to thank Covenant Living of the Great Lakes for their help and support during this difficult time. A Funeral Mass for the family will be held at Holy Spirit Catholic Church, Grand Rapids, on Saturday, January 16, 2021 at 11:00 AM. The mass will be livestreamed by Holy Spirit and the link can be found on their website, [www.hsparish.org](http://www.hsparish.org).

A military burial service will be held at the Great Lakes National Cemetery at a future date. In lieu of flowers, contributions can be made in Bob's name to the Higgins Lake Foundation, P.O. Box 753, Roscommon, MI 48653 or the St. John Vianney School, 2415 Bagley St., Flint, MI 48504. To send a message of sympathy to the family, sign Bob's online guest book, or to share a favorite memory, please visit:

[www.MichiganCremation.com](http://www.MichiganCremation.com)



## Medical Society Foundation

Consider a donation to the Medical Society Foundation for all of your holiday sentiments while supporting important health related causes.

The Medical Society Foundation has been coordinating physician giving in Genesee County since 1987. This holiday season, why not use the Foundation to make sure your gifts to family, friends and colleagues help to improve the health and well-being of our community.

By giving to the Medical Society Foundation, you receive a great year-end tax benefit at the same time you tell others how much their health- really means to you.

The Medical Society Foundation funds have been used to support the charitable activities of the Genesee County Medical Society.

Contributions can also be made in memory of an individual or to honor someone.

For questions or information on how your gift can help support the charitable activities of your Medical Society Foundation contact **GCMS at 733-9923** or email [executivedirector@gcms.org](mailto:executivedirector@gcms.org)

*Medical Society Foundation Mission Statement: The Medical Society Foundation is organized and does operate for the purpose of supporting continuing medical education and health-related charitable activities that further the cause of medicine.*

### Mail your donations to:

**Medical Society Foundation**  
**4438 Oak Bridge Drive, Suite B**  
**Flint, MI 48532-5400**



120 West Saginaw Street | East Lansing, Michigan 48823  
517-337-1351 | [msms@msms.org](mailto:msms@msms.org) | [www.msms.org](http://www.msms.org)

Application Code: \_\_\_\_\_

# State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at [www.joinmsms.org](http://www.joinmsms.org)



- I am in my first year of practice post-residency.
- I am in my second year of practice post-residency.
- I am in my third year of practice post-residency.
- I have moved into Michigan; this is my first year practicing in the state.
- I work 20 hours or less per week.
- I am currently in active military duty.
- I am in full, active practice.
- I am a resident/fellow.

Male     Female

First (legal) Name: \_\_\_\_\_ Middle Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  MD  DO

Nickname or Preferred Form of Legal Name: \_\_\_\_\_ Maiden Name (if applicable) \_\_\_\_\_

Job Title: \_\_\_\_\_

W Phone \_\_\_\_\_ W Fax \_\_\_\_\_ H Phone \_\_\_\_\_ H Fax \_\_\_\_\_

Mobile: \_\_\_\_\_ Email Address \_\_\_\_\_

Office Address  Preferred Mail  Preferred Bill  Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Address  Preferred Mail  Preferred Bill  Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\*Please base my county medical society membership on the county of my (if addresses are in different counties):  Office Address  Home Address

\*Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Birth Country \_\_\_\_\_ MI Medical License #: \_\_\_\_\_ ME #: \_\_\_\_\_

Medical School \_\_\_\_\_ Graduation Year: \_\_\_\_\_ ECFMG # (if applicable) \_\_\_\_\_

Residency Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Fellowship Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Hospital Affiliation \_\_\_\_\_

• Primary Specialty \_\_\_\_\_ Board Certified:  Yes  No

• Secondary Specialty \_\_\_\_\_ Board Certified:  Yes  No

Marital Status:  Single  Married  Divorced Spouse's First Name: \_\_\_\_\_ Spouse's Last Name: \_\_\_\_\_

Is your spouse a physician?:  Yes  No If yes, are they a member of MSMS?:  Yes  No

Within the last five years, have you been convicted of a felony crime?:  Yes  No If "yes," please provide full information: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_