

March 2019 Volume 96, Number 3

Legislative Liaison Committee Presents Issues

Photos of Town Hall on Avoiding Trouble with Opioid Laws

Legal Advisor: Earned Sick Time Act

**MSMS Meets with Congress** 

**Practice Managers Represent Practices** 

#### **GENESEE COUNTY MEDICAL SOCIETY**

Organized Medicine's Leading Edge



# Your one stop shop for all her breast health needs.

Everything your patient needs for optimal breast screening in one convenient package – 3D UltimateMamm°.

#### **3D Mammography**

Provides a better look at breast tissue by creating a circular image which can be viewed from many angles.

#### **Breast Density**

We measure the thickness of breast tissue so we can recommend the best screenings for every patient.

#### **Risk Scoring**

We ask questions to gauge the patient's overall predisposition for breast cancer using the Gail risk scoring system.

Lennon Rd, Flint | Villa Linde, Flint | Davison | Fenton | Grand Blanc Lapeer | Novi | Royal Oak | Southgate



WOMEN'S SERVICES

rmipc.net

Genesee Area (810) 732-1919 Lapeer Area (810) 969-4700 Novi Area (248) 536-0410 Royal Oak Area (248) 543-7226 Southgate Area (734) 281-6600

#### **ASSOCIATE EDITOR**

Peter S. Thoms, MD

#### **GCMS OFFICERS 2018-19**

Ed Christy, MD President

Asif Ishaque, MD President Elect

Gerald Natzke, Jr, DO Immed. Past Pres.

> Qazi Azher, MD Secretary

Ethiraj Raj, MD Treasurer

#### MSMS OFFICERS 2018-19

S. Bobby Mukkamala, MD Chair

> John Waters, MD Treasurer

#### **DISTRICT DIRECTOR VI**

S. Bobby Mukkamala, MD

#### **DELEGATES**

Qazi Azher, MD Cathy Blight, MD Laura Carravallah, MD Ed Christy, MD Pino Colone, MD Niketa Dani, MD Deborah Duncan, MD Hesham Gayar, MD John Hebert, III, MD Rima Jibaly, MD Nita Kulkarni, MD Gerald Natzke, DO Tarik Wasfie, MD

#### **ALTERNATE DELEGATES**

Khalid Ahmed, MD Sherry Cavanagh, MD Kiran Devisetty, MD Asif Ishaque, MD Sunil Kaushal, MD Farhan Khan, MD Sayed Osama, MD Rama Rao, MD Venkat Rao, MD Lawrence Reynolds, MD

Brenda Rogers-Grays, MD Robert Soderstrom, MD Amanda Winston, MD

#### OTHER BOARD MEMBERS

Gary Johnson, MD

**EXECUTIVE DIRECTOR** 

Peter A. Levine, MPH

**EXECUTIVE ASSISTANT** 

Sherry Smith

This publication designed and edited by



March 2019 Volume 96, Number 3



Read by 96% of GCMS members.

#### **FEATURE ARTICLES**

Do You Recognize	5
Hot Topic in the Law: Earned Sick Time Act	8
Community & Environmental Health Committee	9
GCMS Dinner Business Meeting	10
The More Things Change the More They Stay the Same	13
Michigan Physicians meet with members of Congress	14
McLaren Health Plan Meets with GCMS Practice Managers	18
The Legislative Liaison Committee	
Kicks Off A New Legislative Year	20
Photospread by Dr. Clifford Cox	22
For Lease	24
Commit To Fit	27
GCMS Board of Directors Minutes	30
Obituary	33

#### **REGULARS**

President's Message	4
GCMS Meetings	5
Director's Message	6
Your \$\$ at Work	34
Hanny Rirthday Doctor	3/1

Cover Photo: 2016 Drone Shot, by Dr. Clifford Cox, MD

#### **Our Vision**

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

#### **Our Mission**

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

#### PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

#### THE BULLETIN

Published by the Genesee County Medical Society Publication Office

4438 Oak Bridge Drive, Suite B, Flint, Michigan 48532 Phone (810) 733-9923 Fax (810) 230-3737

By subscription \$60 per year. Member subscription included with Society dues. Contributions to

THE BULLETIN are always welcome. Forward news extracts or material of interest to the staff before the 5th of the month. All statements or comments in THE BULLETIN are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society.

### **Commercialized Medical Screening**

Screening has become a big business and it is costing tens of billions of dollars outside the money spend in the mainstream healthcare system. For example, in 2010 consumers and health insurance companies spent an estimated \$7.8 billion on mammograms alone, according the Annals of Internal Medicine published in 2014.

Little information is available on how many dollars are spent nationwide for screening that's not beneficial. But in a recent study of health insurance claims from 2.4 million people in Washington state, according the Washington Health Alliance that from

July 2015 to June 2016, about 26 percent had at least one test or treatment identified by experts as unnecessary. This cost consumers and their insurers an estimated \$282 million for the year.

We have learned more about how to detect disease early. There are number of blood tests, ultrasounds and CT scans to screen for conditions such as cancer and low bone density. A multitude of screening tests are now offered to consumers by direct-to-consumer (DTC) testing bodies. They are leaving the consumers to pick and pay for—screenings. The surge of interest in testing is propelled by a trend toward people who are being proactive about taking better care of themselves.

U.S. Preventive Services Task Force (USPSTF), an independent expert panel that makes recommendations to the government and medical organizations about preventive care. It recommends only few tests at the appropriate age. These tests are scientifically proven for early detection of diseases with better outcomes.

As with colonoscopy, a screening test could spare you the physical, emotional, and financial pain of dealing with a serious illness—and maybe even save your life. As just one example, screenings done at the right age and frequency can cut the risk of colorectal cancer death by as much as half, according to the American Cancer Society. Even with simple blood pressure checkup during a routine physical exam may reveal hypertension. You might reduce your heart attack and stroke risk by more than 20 percent, if you get it treated.

The trouble is, too few people are getting the right tests at the right time. According to the Centers for Disease Control and Prevention (CDC), overall, Americans get only half of the preventive care including screenings that they should. Many other people are



Edward Christy, MD

screened too frequently, at the wrong age, or with tests that aren't very accurate or cost-effective. For example, evidencebased guidelines from the USPSTF call for a one-time osteoporosis screening for most women ages 65 and older, and no screening for younger women at low risk for osteopenia. A 2015 study, however, found that almost half of low-risk women in their 50s had the screening, but 6 in 10 women 75 and older had not have any screening.

Many types of tests or screening tools are available for the consumers. Such as at-home or in-store health tests, online or walk-in labs, high-end

screening clinics, mobile screening units and DNA testing. Many walk-In Labs are inviting you to take charge of your health and your wallet by ordering anything from a \$25 blood-type test to an \$750 "Anti-Aging panel". The executive health exam from Elitra Health in New York City costs \$4,900 and includes a CT coronary scan and cardiac stress test, carotid, abdominal ultrasounds and full-body CT scans.

Many testing centers offer discounts when you buy packages of many tests, which entices people to get more tests than they really need. Consumers in the U.S. spent \$15 million on DTC lab and genetic tests in 2010, but according to the market research firm Kalorama the cost is expected to climb to \$350 million by 2020.

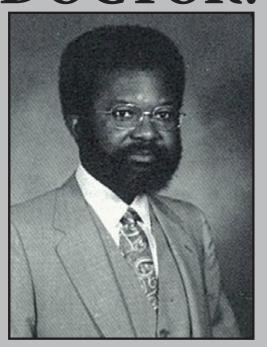
All screenings, though some more than others, may still miss the early detection of the disease. The ACS notes, for example, that mammograms fail to find 1 in 5 breast cancers.

But studies have found that many doctors aren't upto-date on guidelines according the ACP. For instance, a recent review of 25 studies in the journal, Preventive Medicine, found that up to 45 percent of cervical cancer screenings failed to follow the USPSTF guidelines that were updated in 2012.

DTC testing companies say their services are valuable. They are very much sure that multiple screenings in one day—and the chance for consumers to have more tests done in a day than they would through their own doctors, is good care.

Be a champion to discusses the over screening and false positives with the patients. Screening can also pick up harmless abnormalities or produce false positive results, that can lead to unnecessary, invasive tests, surgery and emotional roller-coaster.

# Do you recognize this DOCTOR?



Look for the Answer inside!

#### GCMS MEETINGS

#### **MARCH 2019**

Legislative Liaison Committee, 3/4 8:00am, GCMS Office

**Practice Managers, 3/7** 8:00am, GCMS Office

Community & Environmental Health
Committee, TBD
12:30pm, GCMS Office

**2018 Ball Wrap-Up Committee, TBD** 12:00pm, GCMS Office

**Finance Committee, 3/26** 5:15pm, GCMS Office

**Board of Directors, 3/26** 6:00pm, GCMS Office





It's the best attitude to put behind your finances.

Sovita Credit Union serves Education and Healthcare Workers, their Families and their Communities.

To view our services and become a member, visit sovitacu.org

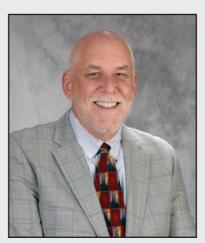
f D



# Exciting Year Coming, Ask Your Peers to Join In!

Your leaders on the Board of Directors of the Genesee County and Michigan State Medical Societies work very hard on your behalf. One of the strongest tools in their arsenal when advocating for you, is the high number of members represented who vote, contribute to campaigns, communicate with patients, volunteer for nonprofits, attend religious institutions, spend their money locally and are highly reputed members of the community. Sadly, a significant number of physicians allow their memberships to lapse every year. This necessitates effort to retain and attract members and using resources better spent fighting on your behalf. There are a lot of organizations that fight

for subsets of physicians, and they are necessary. But it is only organizations like GCMS and MSMS that represent all physicians on the issues which impact all physicians. The concept of divide and conquer has been beautifully



Peter Levine, MPH

executed by those who want to control physicians. It is in everyone's best interest to also have organizations that fight for everyone.

If you are reading this, you are most likely a member or the spouse of one. It's in everyone's enlightened self-interest to have GCMS and MSMS flourish. They fight for you on a daily basis. If you are a member and have paid your dues, thank you. If you are a member and you haven't paid your dues yet, please do. If you are not a member, please join. If you were previously a member, please re-join. And if you know someone who is not a member, please ask that individual to rejoin. If

you are part of a group that is not 100% members, please ask your whole group to join. Thank you.

We place your interests first and strive for your success and satisfaction above all.

Trust us to provide payment solutions to your payment challenges.

810.750.6822 mktg@TheRybarGroup.com www.TheRybarGroup.com



#### Save the Date!

"The End of Caregiving isn't Freedom....It's Grief"

2019 Hospice Teleconference

"Aging America: Coping with Loss, Death and Dying in later Life"



When: Wednesday May 15, 2019

Time: 8:00 a.m. Registration

8:30 a.m.-12:00p.m. Program

\*\*Full breakfast to be provided\*\*

Where: Genesys Conference & Banquet Center

Grand Blanc, MI

**FREE TO ATTEND** 

To RSVP call McLaren Hospice at 810-496-8625 CEU's available

Funded by a grant from The Community Hospice Foundation Fund of The Community Foundation of Greater Flint in cooperation with Heartland Hospice, Kindred Hospice, McLaren Hospice, Ascension at Home, Brown Funeral Home, Hill Funeral Home and Reigle Funeral Home.

# Hot Topic in the Law: Earned Sick Time Act

By: Nancy K. Chinonis

On Sept. 5, 2018, the Michigan Senate and House of Representatives passed the Earned Sick Time Act, MCL 408.963. However, shortly after the election, the Legislature substantially amended the Act and renamed it the "Paid Sick Leave Act." (The "Amended Act"). The Amended Act is expected to take effect on the 91st day after the final adjournment of the 2018 legislative session.

In response to the Amended Act, employers may need to change their leave of absence policies and procedures, their employee handbooks, and their employment contracts in order to comply with the law.

Beginning April 1, 2019, employers must provide employees paid sick leave for an employee's personal health needs, a family member's health needs, or during the closure of the employee's primary worksite by order of a public official due to a public health emergency. However, certain employees, including but not limited to: employees exempt from FSLA overtime, union employees, employees who work primarily outside of Michigan, temporary employees (who work fewer than 25 hours per week), and part-time employees who work fewer than 25 hours per

week); and "variable hour" employees are excluded from the benefits of the Amended Act.

The Amended Act caps the required annual paid medical leave to 40 hours per year. Employers subject to the Act now have two options for providing paid medical leave:

Permit accrual of paid medical leave at the rate of at least 1 hour of paid leave for every 35 hours worked. (Capped at no more than 1 hour of accrual per calendar week or more than 40 hours of accrual per benefit year); or

Provide 40 hours of accrued medical leave at the beginning of the benefit year.

Under Option 1, unused paid medical leave is carried over from year to year, but each employee is limited to the use of 40 hours per year.

Under Option 2, the time does not carry over from year to year.

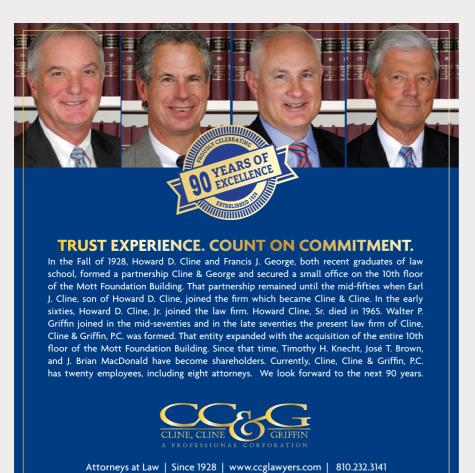
An employer may require an employee hired after April 1, 2019 to wait until the ninetieth calendar day after commencing employment before using accrued earned sick time.

Employers that have a paid leave policy in place that provides leave in at least the same amounts of paid leave as required by the Act are likely in compliance with the Act.

The Amended Act includes a rebuttable presumption that the employer is in compliance with the Act if the employer provides 40 hours of paid leave to an eligible employee each year.

There is no universal solution to meet the requirements of the Amended Act. At minimum, covered employers should adopt a paid medical leave policy for eligible employees that complies with the laws new requirements.

If you have a question regarding the Paid Sick Leave Act, please contact Nancy K. Chinonis, employment attorney, at Cline, Cline & Griffin, P.C. (810)-232-3141.



# February 6, GCMS **Community & Environmental Health Committee**

Met with MSU-CHM Medical Students Regarding Resolutions for the 2019 MSMS House of Delegates





Medical Society Foundation 4438 Oak Bridge Drive Suite B Flint, Michigan 48532 (810) 733-9923

Thank you for considering the Medical Society Foundation when you make Greetings from the Medical Society Foundation,

your charitable donations. We are truly grateful for your kind generosity.

Should you desire to contribute, please consider giving a gift of cash, stock transfer, or IRA Charitable Rollover. If you are 70 ½ or older, you can use your IRA to support the Medical Society Foundation. Making an IRA charitable rollover gift to us will lower income and taxes from your IRA

For more information, please contact Peter Levine via email required minimum distribution this year. plevine@gcms.org, or call 810-733-9923. We would love to hear from you.

We wish you all a wonderful year!

With warm regards,

@ F TuckzuD

Allen F. Turcke, MD President

### Genesee County Medical Society **Dinner Business Meeting** February 7, 2019

#### I. Call to Order:

The meeting was called to order at 7:00 pm by Dr. Asif Ishaque, President-Elect, in the Flint Golf Club dining room. He noted that he was chairing the meeting on behalf of Dr. Ed Christy who was called out of town.

#### **II. Introduction of Guests:**

Dr. Ishaque welcomed everyone to the Town Hall meeting on How to Stay Out of Trouble with the New Opioid Laws. He introduced the evenings guests, Dr. S. Bobby Mukkamala, Chair of Michigan State Medical Society Board of Directors and member of the AMA Board of Trustees. He also introduced speakers for the evening Patrick Haddad, Partner, Kerr Russell and MSMS Legal Counsel, Jose' Brown, Partner, Cline, Cline, and Griffin, and GCMS Legal Counsel, Kathleen Westfall of Kerr Russell, and Stacey Hettiger, MSMS Director of Medical and Regulatory Policy.

Dr. Ishaque also asked the members of the Saginaw County Medical Society, the Saginaw Valley Veterinary Association in the Genesee District Dental Society to stand for recognition.

Dr. Ishaque then called David Geen to the podium to speak on behalf of Sovita Credit Union, and thanked Sovita for sponsoring the meeting.

#### III. Review of Minutes from November 19, 2016 President's Ball Business Meeting:

Motion: That the minutes of the November 10, 2018 President's Ball Business Meeting be approved as published in the December issue of The Bulletin. The Motion Carried.

#### **IV. Nominating Committee Election:**

Dr. Ishaque explained that five representatives from the general membership and two from the Board of Directors need to be elected to the GCMS Nominating Committee.

> Motion: that Drs. Paul Lazar, Avery Jackson, Ed Holden, Paul Musson, and Paul Kocheril be nominated to serve as members on the 2019 GCMS Nominating Committee. The Motion Carried.

Motion: that Drs. Venkat Rao and Sherry Cavanaugh be elected to serve on the GCMS Nominating Committee as Board members. The Motion Carried.

#### V. Announcements:

A) MSMS House of Delegates

Dr. Ishaque reported that the MSMS House of Delegates will take place on May 4-5, 2019, at the Radisson Hotel and Suites in Kalamazoo. He invited those who wish to serve as a delegate or alternate delegate to let Peter Levine or Dr. Cathy Blight know.

He also reported that resolutions are due by 5 PM on March 1 and need to be submitted to the GCMS staff office in advance of the February 27, Board of Directors meeting.

He also asked for candidates to be submitted with the GCMS Presidential Citation Award by the middle of May so that the nominations can be given to the Nominating Committee for discussion.

#### VI. Introduction of Speakers, Town Hall Meeting

In advance of introducing the speakers for the evening, Dr. Ishaque requested that the attendees fill out the pre-survey on knowledge relating to the opioid laws. The results will be used to develop an opiate tool kit for providers, as a component of the community-wide opiate initiative. He also reported that members will be seeing material in The Bulletin and at practice managers meetings on the Social Determinants of Health. Handling these factors is proving

### Genesee County Medical Society Dinner Business Meeting February 7, 2019

to improve treatment outcomes as a critical component of core in the State Innovation Model. He also introduced the Greater Flint Health Coalition staff in attendance, Lori Kunkel, Nichole Smith-Anderson, and Jennifer Sesti.

Dr. Ishaque introduced Mr. Patrick Haddad, Kathleen Westfall, Jose` Brown, and Stacey Hettiger all of whom presented a remarkable overview of issues that physicians need to be aware of to avoid problems under the new opioid laws in the State of Michigan. The slide decks and articles related to these presentations will be published in the April issue of The Bulletin.

#### VII. Next Meeting:

The next general membership meeting will take place on May 2, 2019.

#### **VIII. Adjournment:**

No further business appearing. The meeting was adjourned at 8:45 pm.

Submitted by, Peter Levine, MPH Executive Director







































#### Reprinted from The Bulletin, November 1996 issue

# Let Us Unite in Our Struggle Against Substance Abuse

Samuel R. Dismond, Jr., MD - President

Substance abusers - like all people - are trying to find happiness. But they have veered down a thorny and treacherous trail. The start of the path is easy and wonderful. Colors are vivid. Sounds are sweet. Feelings are warm and pleasant. But, quickly, the road gets rough. The going gets tough. That happiness is replaced with a hurting feeling.

According to the National Household Survey on Drug Abuse, Advanced Number 18, August 1996, the vast majority of these people are white. That's right, 9.6 million whites compared to 1.9 million blacks, and 1.0 million Hispanics. They are young and they are men. The problem is not confined to the city. The rates of abuse are the same in farm towns as in the big metro areas.

Peoples' reasons for varying down this dangerous road are many and complex. (Sometimes they are self-treating underlying, often undiagnosed psychiatric conditions. Poverty and lack of education are highly correlated with careening down this terrible trail.) It is, therefore, understandable that policy recommendations to solve the problem are equally complex.

may I suggest a personal recommendation that will always prevail. It involves asking the hero's question. This question can only be asked of yourself, a friend, a family member or a colleague from a place of selflessness. It must be asked with patience and persistence because the answers may not come immediately. The question may need to be asked repeatedly.

The Question is: What Ails You?

When you see someone who can't pay bills despite having a good job. BE A HERO - ask the question – "What ails you?". When you see changes toward violent or destructive behavior, be a hero. ASK THE QUESTION.

The Answer may not come immediately, but you have established your compassion. Your concern and persistence will be the glimmer in the darkness that will lead the unfortunate back to a smooth highway.

### Announcement

GCMS members now entitled to a 15% discount on automobile and homeowners insurance.

For details, contact:

# POTTER & ROOSE INSURANCE

810-767-8590

Providers of insurance for the GCMS & its members for 50 years.

906 Mott Foundation Bld., Flint MI 48502



#### **FOR LEASE**

Linden Rd. visibility in versatile suite with 8 - 9 offices plus waiting and storage. 2,879 SF can be expanded by up to ±1,500 SF. Two private offices with large bay windows, lots of windows that open throughout. Well lit, ample parking in professional office park. Convenient location to expressways and the Linden, Miller and Corunna Rd. corridors.



#### **Karen Cape**

Cooper Commercial 810-423-3775 [M] 810-732-6000 [O] karen@coopercom.com



In mid February, a delegation from the Michigan State Medical Society traveled to Washington, D.C. for the American Medical Association's National Advocacy Conference (NAC). The NAC is an annual event that brings together physician advocates from across the country to meet with their respective members of congress on a range of issues impacting the medical profession and patient care. The issues that were front and center of this year's agenda included reforming prior authorization, reining in prescription drug costs, the opioid epidemic, universal background checks for gun purchases, surprise medical billing as well as the Conrad 30 program, and the related green card backlog.

This year's Michigan delegation included MSMS President Betty Chu, MD, MBA; MSMS Board Chair and AMA Board of Trustee Member, Bobby Mukkamala, MD; MSMS Legislative Policy Committee Chair and AMA Delegate Mark Komorowski, MD; MSMS Legislation and Regulations Committee Chairman Brad Uren, MD; Nita Kulkarni, MD; Salim Siddqui, MD; Shaheen Alanee, MD: MSMS student member Miriam Rienstra Bareman; MSMS Senior Director of Physician Engagement and Organizational Integration Josh Richmond and Director of State and Federal Government Relations Christin Nohner.

The group met with several members of the Michigan congressional delegation to discuss the topics at hand and how they were impacting their practice and patients back in Michigan. Much of the discussion focused on how the new congress, now divided, and the administration can find common ground, acknowledging that there is some consensus around the issues of prescription drug prices and surprise medical bills.









# Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute \_\_\_% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation"

In your Will, "I give, devise and bequeath \_\_% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation"

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.

Please feel free to contact Peter Levine, Executive Director at 810-733-9925 or plevine@gcms.org.



The GCMS Bulletin GCMS.ORG March 2019 15

at 810-733-9925 or plevine@gcms.org.

### April 27, 2019 | 9:00 am - 1:30 pm

#### **IN-PERSON LOCATION**

Central Michigan University College of Medicine Educational Building 1632 Stone Street, Room 1008 Saginaw, MI 48602

#### LIVE STREAM LOCATION

Central Michigan College of Medicine 1280 East Campus Drive, Room 2403

Mount Pleasant, MI 48859

**COST:** Free

#### REGISTRATION

https://elearning.asam.org/p/CMU \_Apr27

#### CONTACT

Alyson Hill Email: hill1am@cmich.edu The ASAM Treatment of Opioid Use Disorder Course covers all evidence-based practices and medications for treating patients with opioid use disorder.

The ASAM Treatment of Opioid Use Disorder Course is designed for:

- Physicians, nurse practitioners, physician assistants, and healthcare team members working with patients with opioid use disorder.
- Physicians, nurse practitioners, and physician assistants who wish to obtain a waiver to prescribe buprenorphine in office-based treatment of opioid use disorder.

#### Course Format:

- Blended four hours online, four hours live
  - Four hours of self-paced online learning to be completed by Friday, April 26, 2019
  - o Four hours of live learning on Saturday, April 27, 2019 in Saginaw, MI or via live stream in Mount Pleasant, MI

#### Register

Course faculty are expecting learners to complete the first portion of the course before attending the live portion. This 4 hour online/4 hour live blended training satisfies eight hours of education requirements for providers to qualify for a DEA DATA2000 waiver. NPs and PAs can qualify after completing an additional 16 hours provided by ASAM.





ASAM is an approved provider by CSAT/SAMHSA of DATA 2000 training.

ACCME ACCREDITATION STATEMENT: The American Society of Addiction Medicine (ASAM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA CREDIT DESIGNATION STATEMENT: The American Society of Addiction Medicine designates this enduring material for a maximum of **4** AMA PRA Category **1** Credits ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Society of Addiction Medicine designates this live activity for a maximum of 4 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Feedback

# Register for the free American Society of Addiction Medicine (ASAM) Medication-Assisted Treatment (MAT) waiver course and earn CME credits!

#### **Blended course:**

https://elearning.asam.org/p/CMU\_Apr27

### **Full 8-hour online course:**

https://elearning.asam.org/products/the-asam-treatment-of-opioid-use-disorder-course-8-hour-online-pcss-universities

Registration link for the additional 16 hours for NPs/PAs will be available in the next few weeks.





# McLaren Health Plan Meets with GCMS Practice Managers

The February practice managers meeting featured a conversation with McLaren Health Plan officials. Amy Weigandt, Network Development Coordinator, and Candy Gilbert provided an update on significant changes that have taken place since Jan. 1. One of the biggest changes is that McLaren's new preferred vendor for specialty pharmacy is AllianceRx Walgreens Prime Pharmacy. They also reported that McLaren Health Plan is reaching out to physicians who are not registered in CHAMPS and associated with McLaren Health Plan.

McLaren Health Plan is working on wait times on the customer service line.

Practices expressed concerns regarding prior authorization systems. The McLaren Health Plan staff agreed to look into the specific problems that were raised. They also reviewed the codes for prior authorization.

The practice managers discussed problems with the portal. They were informed that solutions to those problems are planned for rollout during the second quarter of 2019. In addition, they reported that McLaren Health Plan went from two payment systems to one.



They noted that this should help providers going forward. The managers discussed the best way to access the claims component of the McLaren Connect System. The speakers agreed to look into the issues raised.

The group discussed some billing and pricing issues related to McLaren Health Plan.

The practice managers singled out two customer

service representatives for superb handling of problems.

McLaren Health Plan will come back in September to meet with the practice managers again.







# Your HEALTH CARE LAW FIRM



Wachler & Associates represents healthcare providers, suppliers, and other individuals in Michigan and nationally in all areas of health care law, including:

- Provider Contracting
- RAC, Medicare, Medicaid and Commercial Payor Audits
- Billing and Reimbursement
- Stark Law, Anti-Kickback Statute, and Fraud & Abuse Compliance
- Licensure, Staff Privilege and Credentialing
- Physician and Physician Group Issues
- Corporate and Transactional Matters
- Regulatory Compliance
- Healthcare Litigation
- Healthcare Investigations
- Fraud and False Claims Defense
- Provider Participation/ Termination Matters
- HIPAA and HITECH Compliance



SERVING HEALTHCARE PROVIDERS FOR OVER 30 YEARS

248.544.0888 • wachler.com



# The Legislative Liaison Committee Kicks Off A New Legislative Year

In February, the Legislative Liaison Committee kicked off the new legislative year. The Committee welcomed new state Rep. John Cherry, and greeted Chris Flores from U.S Rep. Dan Kildee's staff, state Rep. Tim Sneller, and state Sen. Ken Horn via conference call. The meeting was chaired by Dr. Deborah Duncan.

Christin Nohner, MSMS state and federal government relations staff, walked the Committee and the legislative attendees through the MSMS legislative priorities for the year.

Ms. Nohner explained the new configuration of leadership in the House and Senate. She then explained that MSMS will be seeking legislation to change prior authorization in Michigan. The physicians assembled described the difficulties caused by multiple insurance companies creating multiple systems for prior authorization.

The opioid crisis and the legislation passed last year, while well-intentioned, has created some barriers to necessary pain management. Ms. Nohner noted that the prescribing rate is going down, and overdose deaths are going up. MSMS is part of a broader coalition of stakeholders that will be seeking refinements to the opioid laws. MSMS and the broad coalition will also continue to work with the Michigan Department of Licensing and

Regulatory Affairs on the implementation of the laws.

MSMS supports legislation that would apply rules to how pharmacy benefit managers function. Pharmacy benefit managers currently have legal protection that obscures how they work. The rule-making legislation likely will be included as part of a package of bills related to healthcare transparency.

Rep. Sneller reported that there is a special committee on auto no-fault in the House of Representatives. Ms. Nohner reported that a major priority of MSMS is to work towards fair appropriate no-fault legislative action with a focus on fraud, transparency, and appropriate fee schedules.

Peter Levine reported that GCMS and MSMS scheduled a New Legislator's Reception on Monday, Feb. 25, 2019, at 6:00pm at the GCMS offices.

Rep. Kildee is on several key committees and focused on water issues, reported Chris Flores. He is also working on Social Security, Medicare and changes to the Accountable Care Act.

The next meeting of the Committee will take place on Monday, March 4, 2019, 8:00am at the GCMS offices.







# **Medical Society Foundation**

Consider a donation to the Medical Society Foundation for all of your holiday giving. What a wonderful way of expressing your holiday sentiments while supporting important health related causes.

The Medical Society Foundation has been coordinating physician giving in Genesee County since 1987. This holiday season, why not use the Foundation to make sure your gifts to family, friends and colleagues help to improve the health and well-being of our community.

By giving to the Medical Society Foundation, you receive a great year-end tax benefit at the same time that you tell others how much their health – really means to you.

The Medical Society Foundation funds have been used to support the charitable activities of the Genesee County Medical Society.

Contributions can also be made in memory of an individual or to honor someone.

For questions or information on how your gift can help support the charitable activities of your Medical Society Foundation contact Peter A. Levine, MPH at (810) 733-9925 or at plevine@gcms.org.

Medical Society Foundation Mission Statement: The Medical Society Foundation is organized and does operate for the purpose of supporting continuing medical education and health-related charitable activities that further the cause of medicine.

Mail your donations to:

Medical Society Foundation 4438 Oak Bridge Drive, Suite B Flint, MI 48532-5467

# Photography By











# Clifford Cox, MD

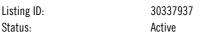






### 4438 Oak Bridge Drive Ste A 15726LG

### 4438 Oak Bridge Dr, Flint, MI 48532



Property Type: Office For Lease
Office Type: Business Park
Contiguous Space: 2,879 SF
Total Available: 2,879 SF
Lease Rate: \$12 PSF (Annual)

Base Monthly Rent: \$2,879
Lease Type: NNN
Nearest MSA: Flint
County: Genesee

Tax ID/APN: 07-21-651-009
Zoning: GENERAL COMMERCIAL

Gross Building Area: 9,990 SF Year Built: 1994



Linden Rd. visibility in versatile suite with 8 - 9 offices plus waiting and storage. 2,879 SF can be expanded by up to  $\pm 1,500$  SF. Two private offices with large bay windows, lots of windows that open throughout. Well lit, ample parking in professional office park. Convenient location to expressways and the Linden, Miller and Corunna Rd. corridors.







#### **More Information Online**

http://coopercom.catylist.com/listing/30337937

#### **QR** Code

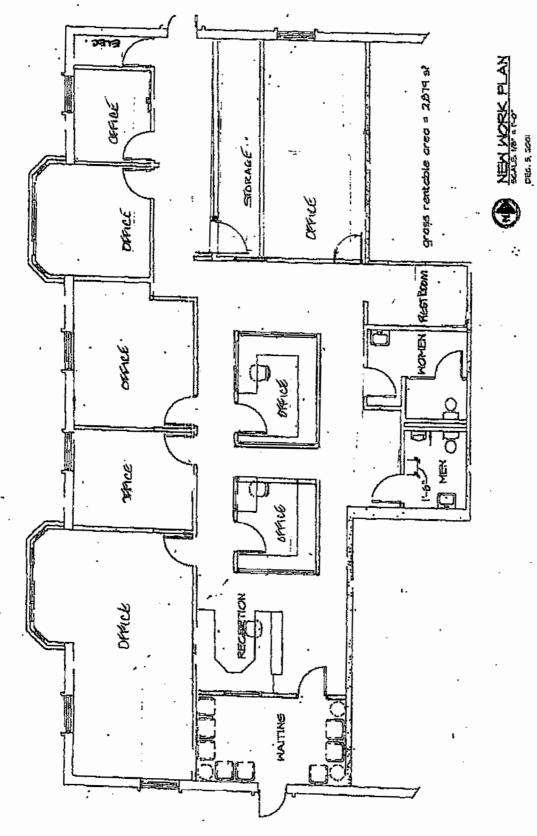
Scan this image with your mobile device:



#### **Property Contacts**



Karen Cape
Cooper Commercial
810-423-3775 [M]
810-732-6000 [0]
karen@coopercom.com





# **Issues of Serious Concern for Medical Practices!**

Don't let your practice manager miss these important meetings!

**CMS Practice Manager meetings** are held on the 1st Thursday of each month from 8am to 10am

### The following topics are tentatively scheduled and subject to change

March 7, 2019

"Social Determinants of Health"

Presenter(s)

Traci Kim, MA, CMPE, Lecturer, Public Health & Health Sciences,

**UM-Flint Administrator, Complete Eve Care** 

(This meeting will be followed by a roundtable on practice issues by the group as a whole)

How do you notice the patients need help? Cultural competence, cultural literacy. What can practices do?

An open Round Table will also be held to discuss health practices are implementing social determinants of health processes, with an applied focus from PMC.

**April 4, 2019** 

"Blue Cross Blue Shield of Michigan Update"

Presenter(s)

Donna LaGosh, Manager PGIP Field Team at Blue Cross Blue Shield of Michigan

May 9, 2019 Presenter(s) "Meridian Health Plan" (second Thursday)

Amanda Herr, Network Development Representative Kristen Gasieski, Manager Network Development

Please email Sherry at ssmith@gcms.org or call 810-733-9923 to RSVP!

**Genesee County Medical Society - The Rapport Conference Room** 4438 Oak Bridge Drive, Suite B, Flint, MI 48532.

### **March 2019 Fitness Calendar**



FREE! Commit to Fit! Class Schedule

Commit to Fit! offers fitness classes at <u>no cost</u> to all individuals who live or work in Flint and Genesee County. Fitness Centers require participants to be age 18 and older, other locations are open to all ages. See back side for details.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	Water Aerobics	Enhance Fitness	Enhance Fitness	7 Enhance Fitness	Enhance Fitness Hasselbring Senior Center 9:00 a.m.  Arthritis Foundation Exercise Program Burton Senior Center 9:00-10:00am  Arthritis Foundation Exercise Program Swartz Creek Senior Center 11am-12pm  8 Enhance Fitness	Yoga Flow U of M-Flint Rec 11:00am
MARCH 2019	IHFC 9:00am  Enhance Fitness Hasselbring Senior Center 9:00am  Senior Stretch YMCA Downtown 10:00am  Pound GAC 10:15am  Arthritis Foundation Exercise Program Loose Senior Center 2:00-3:00pm  Aqua Fitness U of M-Flint Rec 5:30-6:30 pm  Water Aerobics IHFC 6:00pm	Berston Field House 10:00 a.m.  Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am  Total Body Challenge 10:00-11:00am Brennan Senior Center  Splash Bash U of M-Flint Rec 11:00 am  Enhance Fitness Hamilton Health Clinic 12:00 pm  Chair Aerobics Brennan Senior Center  12:30-1:15pm  Hustle Aerobics Brownell STEM 4:30-5:30	Hasselbring Senior Center 9:00 a.m.  Arthritis Foundation Exercise Program Davison Area Senior Center 10:00-11:00am  Arthritis Foundation Exercise Program Forest Township Senior Center 12:15–1:00pm Enhance Fitness Hamilton Main Clinic 5:30 pm Community Yoga Brownell Elementary 4:30-5:30pm Community Yoga Crim Fitness Foundation 5:15-6:15pm Zumba GAC 6:45 p.m	Berston Field House 10:00 a.m.  Arthritis Foundation Exercise Program Grand Blanc Senior Center 10-11:00am  Total Body Challenge 10:00-11:00am Brennan Senior Center Chair Aerobics Brennan Senior Center 12:30-1:15pm  Basic Yoga Insight Health & Fitness center 6:45 p.m.	Hasselbring Senior Center 9:00 a.m.  Arthritis Foundation Exercise Program Burton Senior Center 9:00-10:00am  Arthritis Foundation Exercise Program Swartz Creek Senior Center 11am-12pm	U of M-Flint Rec 11:00am
	Water Aerobics IHFC 9:00am  Enhance Fitness Hasselbring Senior Center 9:00 a.m.  Senior Stretch YMCA Downtown 10:00 a.m.  Pound GAC 10:15am  Arthritis Foundation Exercise Program Loose Senior Center 2:00-3:00pm  Aqua Fitness U of M-Flint 5:30pm  Water Aerobics IHFC 6:00pm	Enhance Fitness Berston Field House 10:00 a.m.  Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am  Total Body Challenge 10:00-11:00am Brennan Senior Center Splash Bash U of M-Flint Rec 11:00 am  Enhance Fitness Hamilton Health Clinic 12:00 pm Chair Aerobics Brennan Senior Center 12:30-1:15pm	Enhance Fitness Hasselbring Senior Center 9:00 a.m.  Arthritis Foundation Exercise Program Davison Area Senior Center 10:00-11:00am  Arthritis Foundation Exercise Program Forest Township Senior Center 12:15-1:00pm Community Yoga Brownell Elementary 4:30-5:30pm Enhance Fitness Hamilton Main Clinic 5:30 pm Zumba GAC 6:45 p.m	Enhance Fitness Berston Field House 10:00 a.m.  Arthritis Foundation Exercise Program Grand Blanc Senior Center 10-11:00am  Total Body Challenge 10:00-11:00am Brennan Senior Center Chair Aerobics Brennan Senior Center 12:30-1:15pm Basic Yoga Insight Health & Fitness center 6:45 p.m.	Enhance Fitness Hasselbring Senior Center 9:00 a.m.  Arthritis Foundation Exercise Program Burton Senior Center 9:00-10:00am  Arthritis Foundation Exercise Program Swartz Creek Senior Center 11am-12pm	16 Yoga Flow U of M-Flint Rec 11:00am

MIC-6C3 March.Fitness.Class.Calendar.Newsletter.021519.tw

## **March 2019 Fitness Calendar**

FREE! Commit to Fit! Class Schedule

		F	REE! Commit to Fit!	Class Schedule		
	18	Hustle Aerobics Brownell STEM 4:30-5:30	20	21	22	23
	er Aerobics IHFC 9:00am	Enhance Fitness Berston Field House 10:00 a.m.	Enhance Fitness Hasselbring Senior Center 9:00 a.m.	Enhance Fitness Berston Field House 10:00 a.m.	Enhance Fitness Hasselbring Senior Center	Yoga Flow U of M-Flint Rec
Enha Hasse Cen Sen YMC  GA Arthrit Exerc Loose 2:0 Aq U of M	ance Fitness elbring Senior ater 9:00 am aior Stretch A Downtown 10:00  Pound C 10:15am ais Foundation cise Program Senior Center 00-3:00pm  ua Fitness M-Flint 5:30pm er Aerobics IHFC 6:00pm	Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am  Total Body Challenge 10:00-11:00am Brennan Senior Center  Splash Bash U of M-Flint Rec 11:00 am  Enhance Fitness Hamilton Health Clinic 12:00 pm  Chair Aerobics Brennan Senior Center 12:30-1:15pm  Hustle Aerobics 4:30-5:30pm	Arthritis Foundation Exercise Program Davison Area Senior Center 10:00-11:00am  Arthritis Foundation Exercise Program Forest Township Senior Center 12:15-1:00pm  Community Yoga Brownell Elementary 4:30-5:30pm Enhance Fitness Hamilton Main Clinic 5:30 pm Zumba GAC 6:45 p.m  Hustle Aerobics 6:00-7:00pm	Arthritis Foundation Exercise Program Grand Blanc Senior Center 10-11:00am  Total Body Challenge 10:00-11:00am Brennan Senior Center  Chair Aerobics Brennan Senior Center 12:30-1:15pm  Basic Yoga Insight Health & Fitness center 6:45 p.m.	9:00 a.m  Arthritis Foundation Exercise Program Burton Senior Center 9:00-10:00am  Arthritis Foundation Exercise Program Swartz Creek Senior Center 11am-12pm	11:00am
	25	Brownell STEM Academy	Eisenhower Elementary	28	29	30
Enha Hasse Cent Sen YMC 10 GA Arthrit Exerc Loose 2:0 Aq U of M	er Aerobics IHFC 9:00am ance Fitness elbring Senior ter 9:00 a.m. hior Stretch A Downtown 0:00 a.m. Pound C 10:15am dis Foundation cise Program Senior Center 00-3:00pm ua Fitness M-Flint 5:30pm er Aerobics IHFC 6:00pm	Enhance Fitness Berston Field House 10:00 a.m.  Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am  Total Body Challenge 10:00-11:00am  Brennan Senior Center  Splash Bash U of M-Flint Rec 11:00 am  Enhance Fitness Hamilton Health Clinic 12:00 pm  Chair Aerobics Brennan Senior Center 12:30-1:15pm  Hustle Aerobics Brownell STEM 4:30-5:30	Enhance Fitness Hasselbring Senior Center 9:00 a.m.  Arthritis Foundation Exercise Program Davison Area Senior Center 10:00-11:00am  Arthritis Foundation Exercise Program Forest Township Senior Center 12:15-1:00pm Community Yoga Brownell Elementary 4:30-5:30pm Enhance Fitness Hamilton Main Clinic 5:30 pm  Hustle Aerobics 6:00-7:00pm Eisenhower Elementary Zumba GAC 6:45 p.m	Enhance Fitness Berston Field House 10:00 a.m.  Arthritis Foundation Exercise Program Grand Blanc Senior Center 10-11:00am  Total Body Challenge 10:00-11:00am Brennan Senior Center  Chair Aerobics Brennan Senior Center 12:30-1:15pm  Basic Yoga Insight Health & Fitness center 6:45 p.m.	Enhance Fitness Hasselbring Senior Center 9:00 a.m  Arthritis Foundation Exercise Program Burton Senior Center 9:00-10:00am  Arthritis Foundation Exercise Program Swartz Creek Senior Center 11am-12pm	30 Yoga Flow U of M-Flint Rec 11:00am

#### March 2019 Fitness Calendar

FREE! Commit to Fit! Class Schedule

#### **Class Descriptions & Locations**

#### Basic Yoga (1 hour)

This class is a balanced flow of postures designed to build stamina, strength, and flexibility while promoting weight loss and general stress relief.

#### Insight Health & Fitness Center (IHFC)

Formerly Hurley Health & Fitness Center 4500 S. Saginaw St Flint, MI 48507 (810) 893-6489



**Community Yoga** (1 hour) – This is a yoga class for all levels. Please wear comfortable and loose-fitting clothing. Some yoga mats will be available to borrow as well

Mindfulness@crim.org (810)-235-7461

#### **Crim Fitness Foundation**

452 Saginaw Street Downtown Flint

**Senior Stretch** (1 hour) - This class will help improve overall strength and flexibility. The class is led by a certified senior fitness instructor who will guide you through the exercises at your own pace. This class is perfect for all ability levels.

#### **YMCA Downtown Flint**

411 E. 3<sup>rd</sup> Street Flint, MI 48503 (810) 232-9622



**POUND**® transforms drumming into an incredibly effective way of working out. Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training.

#### Genesys Athletic Club (GAC) 801 Health Park Blvd

801 Health Park Blvd Grand Blanc, MI 48439 (810) 606-7300



#### **Total Life Prosperity B.A.S.E. Fitness Series**

Each class includes Balance and Flexibility, Aerobic Activity, Strength and Resistance Training, and Exercise Education

#### **Chair Aerobics**

Basic Seated functional fitness class for those who are overcoming mobility issues; includes aerobic activity, core work, and resistance training. Location: *Brennan Senior Center* 

#### **Total Body Challenge**

Intermediate level workout which includes cardio, strength training, core work, balance and coordination, and flexibility training. Location: *Brennan Senior Center* 

#### **Hustle Aerobics**

Advanced level workout that incorporates 45 minutes of non-stop cardio to the latest hustle songs followed 15 minutes bodyweight strength training. *Location: Brownell & Eisenhower* 

#### **IHFC Water Aerobics**

A 1-hour class that will help you strengthen your muscles and cardiovascular system plus improve flexibility. Location: Insight Health and Fitness

MIC-6C3 March.Fitness.Class.Calendar.Newsletter.021519.tw

**Aquafitness/Splash Bash-** An invigorating water workout. Ideal for all fitness levels. No swimming required

**Yoga Flow:** Learn yoga at a comfortable pace. Connect your mind's attention to your body's fluidity and movement -- promote strength, flexibility, coordination, agility, stamina and an overall experience of well-being.

#### **University of Michigan-Flint Rec Center**

401 Mill Street, Flint, MI 48502

(810) 762-3441



**Enhance Fitness** (1 hour) – A fun, energizing class geared toward improving overall functioning and well-being. Improve your cardiovascular fitness, strength, flexibility and balance!

#### **TIMES & LOCATIONS:**

#### **Hasselbring Senior Center**

1002 Home Ave. Flint, MI

(810) 766-7128 Mon, Weds, & Fri 9-10 am

#### Flint Farmers' Market- Tuesdays &

Thursdays 10:00-11:00 am 300 E. First St Flint, MI (810) 232-1399

#### **Berston Field House**

3300 Saginaw St. Flint, MI 48505

Thursdays, 10:00am

#### **Main Clinic**

2900 N. Saginaw Street Flint, MI 48505

Wednesdays, 5:30 - 6:30pm

#### **Genesee County Parks and Rec**

Visit the calendar at: <a href="http://geneseecountyparks.org/">http://geneseecountyparks.org/</a> to learn more about fun family events in Genesee County Parks!

For more information please go to:

- Geneseecountyparks.org or call 800-648-PARK
- Descriptions for classes such as Let's Hike It Baby, Yoga for Kids, Yoga for Families, and more can all be found at the online calendar on Commit2fit.com or geneseecountyparks.org



#### **Vehicle City CrossFit**

Crossfit is functional movements at high intensity relative to your ability. Anyone can do it! This is a one hour class that you will come in, warm up as a group, do the workout together and then go home feeling accomplished. Located at:

1473 Linden Road Flint. Corner of Corunna and Linden Road

**Arthritis Foundation Exercise Program** (1 hour) A low-impact physical activity program proven to reduce pain and decrease stiffness. The routines include gentle range-of-motion exercises that are suitable for every fitness level!

#### **Grand Blanc Senior Center:**

Tuesday & Thursdays 10am - 11am

**Swartz Creek Senior Center:** 

Fridays 11am - 12pm

Forest Township Senior Center: Wednesdays 12:30pm–1:30pm



# Genesee County Medical Society Board of Directors November 27, 2018 - Minutes

#### I. Call to Order

A) Introductions

Dr. Ed Christy thanked Dr. Gerald Natzke for shepherding the Genesee County Medical Society through a very complicated year, and for providing strong leadership to the profession.

Dr. Christy then introduced Drs. Sherry Cavanaugh and Kiran Devisetty, new GCMS Board members.

Dr. Christy introduced Dr. John Waters, Treasurer of the Michigan State Medical Society Board of Directors.

#### II. B) Michigan State Medical Society Remodeling Proposal

Dr. Waters introduced Julie Novak, Executive Director of the Michigan State Medical Society. He briefly explained the process that the MSMS Board has gone through for the last several years to develop the plan that Ms. Nowak was here to present.

Ms. Nowak reviewed the suggestions from the MSMS Board for remodeling of the Michigan State Medical Society. She told the GCMS Board that the will of the House of Delegates will determine what is adopted as a remodeling plan, not the MSMS Board. She noted the House of Delegates had asked for guidance from the Board to get the House started on a remodeling concept. The MSMS Boards' goal is to focus on relevance for future members to counterbalance historic comfort with the familiar. It is the MSMS Board's assumption, that any changes that the House of Delegates make, would be evaluated annually, with a full review and reassessment to take place every five years. She noted that there are several criteria that the House has made clear must be components of the remodeling. Number one, maintaining unified state – county membership and strengthening those relationships; number two, keeping membership solely focused on physicians; number three, adding perspectives and competencies to the MSMS Board; number four, emphasizing the House of Delegates role in policy setting.

The Board is proposing the addition of several Board seats that would have specific skill sets and/or competencies. The House would have influence over nominating criteria, design of the Nominating Committee, and voting. Specifics of the Nominating Committee process would be determined by the House of Delegates, and categories would be reviewed every five years to identify changes in the environment or professional settings. The top six potential designated seats included, PO leader, independent small practice, hospital leader, at large physician member, government and public health, and a designated institutional official. She described the suggested Board composition which would include seven officer positions, three section seats, between four and six designated new seats, and approximately 20 District Director seats and 2 ex-officio seats for the physician Blue Cross Blue Shield of Michigan Board members.

Ms. Novak described the current geographical districts, and reviewed the proposed district concepts, reducing the number of districts from ten to six.

She also described a restructuring proposal for reference committees at the House of Delegates

Ms. Novak stated that she is seeking input from as many counties and districts as possible to determine the viability of these proposals in advance of the House of Delegates

# Genesee County Medical Society Board of Directors November 27, 2018 - Minutes

#### C) Review of Minutes

Motion: that the minutes of the October 23, Board of Directors meeting and previous meetings without a quorum be approved as presented. The motion carried.

#### IV. Reports

#### A) Community & Environmental Health

Dr. Gerald Natzke reported that the Committee has not met recently, but that Drs. Carravallah, Reynolds, himself, and Pete Levine have spoken with the Kent County Medical Society Board of Directors seeking their support for the FACT project. The purpose of the call was to seek their support, because they live in a Republican district and the thought was to possibly work together with them to achieve legislative support for funding of the project. The Kent County Board of Directors requested more information, which Dr. Carravallah will put together for them.

In addition, Dr. Natzke reviewed a project that the Executive Committee voted to support, which involves bringing x-ray fluorescence to the community in support of an epi-genomic project. The proposal for this project is being submitted jointly by the University of Michigan and Michigan State University.

#### B) Finance

1. Budget-to-Actual Report, Period ending 10/31/18

Pete Levine reviewed the budget to actual report for the period ending 10/31/18, which is the end of the fiscal year.

Dr. Waters, Chair of the Finance Committee, expressed appreciation to Levine for attracting the grants and contracts for the past year, and for the current year.

Motion: that the budget to actual report for the fiscal year ending October 31, 2018, be approved as presented. The motion carried.

#### C) Membership

#### 1. Paid Membership Trend

Levine reviewed the membership trend for the period ending 11/4/18. He noted that MSMS is showing GCMS running 15 paid members behind last year, totaling \$5,500. The update on the Hurley Clinic membership is that the clinic will no longer pay its physicians dues prospectively. Individual physicians must pay their dues and then the Department of Graduate Medical Education will reimburse them.

Consensus: that a letter should be sent from the Genesee County Medical Society, telling Hurley Clinic physicians how much we appreciate their membership, and we hope to have them continue as members, with the Hurley Graduate Medical Education office reimbursing them for their dues, so that we can continue representing them.

#### D) AMA Update

### Genesee County Medical Society **Board of Directors** November 27, 2018 - Minutes

Dr. John Waters noted that at its interim meeting, the AMA took a strong stance opposing sexualharassment at AMA meetings. It also took a strong stance opposing separation of children from parents at borders and reaffirmed the Women's Section to the AMA House of Delegates.

#### E) MSMS House of Delegates

that the draft resolution entitled, Request for Records for a Social Security Hearing of a Medicaid Patient, be approved and submitted to MSMS for the upcoming MSMS House of Delegates. The motion carried.

#### F) Legislative Liaison

Dr. Blight reported that the next meeting the Legislative Liaison Committee will take place on December 3rd at 8 AM. She noted that we get along well with our legislators, but because of the lame duck, it is important to have a good turnout at the next meeting, so the legislators can hear from physicians on critical issues.

Dr. Blight also reviewed an updated list of newly elected state and federal officials.

#### G) Other Business

Levine reported that he was notified that the Genesee County Human Trafficking Victim Identification Toolkit is being used in Romania to train medical students.

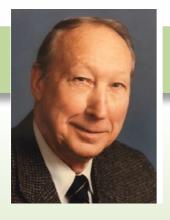
Dr. Pino Colone respectfully requested GCMS support for his announcement of candidacy for President Elect at the 2019 MSMS House of Delegates.

> that the Genesee County Medical Society support the candidacy announcement of Dr. Pino Colone for President-Elect at the 2019 MSMS House of Delegates. The motion carried.

#### H) Adjournment

No further business appearing, the meeting was adjourned at 7:45 pm. Respectfully submitted, Peter Levine, MPH **Executive Director** 

#### **OBITUARY**



# Russell Sandberg, MD

Dr. Russell Sandberg passed away on February 12, 2019, in Charlotte, North Carolina, at the age of 101. He leaves behind his loving wife, Inez and two children. Dr. Sandberg was born in Worcester, MA in 1917. Dr. Sandberg worked his way through undergraduate school by working in the wholesale butter and egg business. He served in the U.S. Army during World War II and in Tokyo from 1946-1948. Dr. Sandberg attended medical school while in the Army. He graduated from

Clark University in 1942 and Boston University Medical School in 1945, serving his internship at Worcester, Massachusetts City Hospital and his residency at Detroit Receiving Hospital.

Dr. Sandberg was a Urologist in the Flint area from 1951 until he retired in 1986. He was a member of the American Medical Association, Genesee County Medical Society, Michigan State Medical Society, a Fellow of the American College of Surgeons and certified by the American Board of Urology.

Dr. Sandberg enjoyed hunting, fishing and especially spending time at his cottage on Higgins Lake where he boated and sailed with his family.



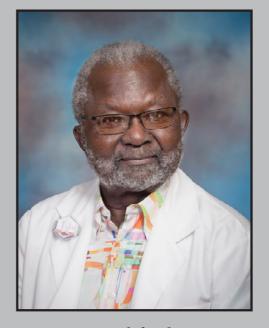
#### **FOR LEASE**

Linden Rd. visibility in versatile suite with 8 - 9 offices plus waiting and storage. 2,879 SF can be expanded by up to ±1,500 SF. Two private offices with large bay windows, lots of windows that open throughout. Well lit, ample parking in professional office park. Convenient location to expressways and the Linden, Miller and Corunna Rd. corridors.



Karen Cape
Cooper Commercial
810-423-3775 [M]
810-732-6000 [0]
karen@coopercom.com

# Did you recognize... Tommy Stevens, MD



Look for the Answer inside!

### YOUR \$\$\$ AT WORK

- GCMS held a Town Hall on How to Stay Out of Trouble with the New Opioid Laws. Attended by physicians, PA's, nurse practitioners, social workers, and others.
- GCMS was able to navigate to solution to a problem relating to the holding of significant payments for two practices.
- GCMS and MSMS hosted the GCMS Legislative Liaison Committee meeting focusing on prior authorization legislation, auto no-fault reform, and concerns about the recent opioid legislation that need to be cleaned up.
- GCMS and MSMS planned a New Legislators Reception, inviting all members to attend and form relationships with legislators.
- GCMS held a Practice Managers meeting with Meridian Healthcare at which changes were explained, and problems solved.

#### HAPPY BIRTHDAY DOCTOR

# MARCH

Nathaniel Narten, MD1	Robert House, MD	. 19
S. Bobby Mukkamala, MD1	Yaseen Hashish, MD	
Anju Sawni, MD2	Joseph Paulisin, DO	.20
Christopher Singh, MD2	Rachel Ford, MD	.20
George Arnold, MD2	Asif Ishaque, MD	.21
Paul Kocheril, MD3	Pouya Abhari, MD	.21
Amro Almradi, MD3	Tjin Lim, MD	.22
Elisa Coccimiglio, MD3	David Lee, MD	.22
Rama Rao, MD4	Susumu Inoue, MD	.23
Rizwan Danish, MD5	James VanBrocklin, MD	.26
Vijay Naraparaju, MD5	Clinton Dowd, MD	.26
Kristin Krizmanich-Conniff, MD6	Harold Rutila, MD	.26
Tolutope Oyasiji, MD7	Chang Lee, MD	.27
Ghassan Bachuwa, MD8	Gerard Surmann, MD	.27
Robert Rosenbaum, MD9	Joseph Batdorf, MD	.28
Dilip Desai, MD9	Shawky Hassan, MD	.28
Madan Arora, MD10	Jawad Shah, MD	.28
Suresh Anne, MD14	Tomy Kalapparambath, MD	.28
James Neubeck, MD16	Radhika Kakarala, MD	.29
Christie Samuels, MD16	Chaitanya Vemulapalli, MD	.30
Russell Sandberg, MD17	Almaas-Qamar Patel, MD	.30



O I am in my first year of practice post-residency.
O I am in my second year of practice post-residency.

# State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at www.joinmsms.org

I work 20 hours or less per week.I am currently in active military duty.

Join GCMS/MSMS

|--|

○ Male ○ Female		
First (legal) Name: Middl	Name: Last Name:	<b>)</b> DC
	Maiden Name (if applicable)	
	H Phone H Fax	
	Email Address	
Office Address O Preferred Mail O Preferred		
	State: Zip:	
Home Address O Preferred Mail O Preferr	d Bill O Preferred Mail and Bill	
	State:Zip:	
*Please base my county medical society membership	n the county of my (if addresses are in different counties): $\bigcirc$ Office Address $\bigcirc$ Home Addrese	ress
*Birth Date: / Birth Country	MI Medical License #: ME #:	
Medical School	Graduation Year: ECFMG # (if applicable)	
Residency Program	Program Completion Year	
Fellowship Program	Program Completion Year	
Hospital Affiliation		
Primary Specialty	Board Certified: 🔾 Yes	) No
Secondary Specialty	Board Certified: 🔿 Yes 🤇	) No
Marital Status: O Single O Married O Divor	d Spouse's First Name: Spouse's Last Name:	
Is your spouse a physician?: O Yes O No If	es, are they a member of MSMS?: O Yes O No	
Within the last five years, have you been convicted of	felony crime?: • Yes • No If "yes," please provide full information:	
	any disciplinary action by any medical society or hospital staff?: • Yes • No	
l agree to support the County Medical Society Constitu Ethics of the American Medical Association as applied	ion and Bylaws, the Michigan State Medical Society Constitution and Bylaws, and the Principl y the AMA and the MSMS Judicial Commission.	es of
Signature	Date:	