

# THE BULLETIN

October 2022 VOLUME 99, NUMBER

U.S. to see potential  
"triple-demic" of

COVID-19, influenza,  
RSV this winter

8 Things Doctors Wish  
Patients Knew About  
Flu Shots

26th  
Annual  
Conference  
on  
Bioethics

*Thank you !*



*Dr. Khalid Ahmed,  
GCMS wishes you  
the best!*

THE BULLETIN is published monthly by:  
The Genesee County Medical Society

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October 2022 VOLUME 99, NUMBER 10

# THE BULLETIN

READ BY 96% OF GCMS MEMBERS

## FEATURE ARTICLES

**Alliance Focus:**

International Luncheon 19

Commit To Fit 22

COVID-19 Resources 24

**Guest Article:**

The University of Michigan-Flint College of Health Sciences offering new MS  
in Physician Assistant Program 28  
by Donna Fry, PT, PhD, Dean of the College of Health Sciences

Safe Haven: Physician and Provider Well Being Program 33

## REGULARS

President's Message 4

GCMS Meetings 5

Executive Director's Message:  
Genesee County Medical Society is Robust in the Community 6

**Our Vision**

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

**Our Mission**

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

**PLEASE NOTE**

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

**THE BULLETIN**

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By subscription \$60 per year. Member subscription included with Society dues. Contributions to THE BULLETIN are always welcome. Forward news extracts or material of interest to the staff before the 1st of the month. All statements or comments in THE BULLETIN are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society.

# ARE YOU AT RISK FOR A HEART ATTACK?



There are more than **3 million cases** of **heart disease** diagnosed in the U.S. each year.

**Coronary artery disease** is the “silent killer,” but some warning signs are apparent. They include unusual pain in the left armpit, arm and upper chest; unexplained heartburn; and malaise, tiredness or “just not feeling right.”  
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## President's Message

Dear Members,

We frequently forget that time is passing by until an important day or event comes up; like Christmas, New Year's, Thanksgiving, 4th of July or an important birthday. "Has it already been a year?" This is a frequent question that we hear. Especially when the year was busy and full of events and challenges. With the announcement of the President's Ball next month, I realized that my tenure as President of the County Medical Society is coming to its end.

I will use this opportunity to say what I said in my first bulletin article. Reaffirming the importance of us rallying around the County Medical Society and do everything possible to strengthen it! We owe it to the upcoming generations of Physicians to hand over a strong medical society that will help them take care of their patients and protects their interests in doing that. In Genesee County, we all know, it is very difficult to recruit physicians. A large number of the new generation of Physicians that are coming to Genesee County is made up of young Doctors who already have ties to Genesee County. This new generation mainly consists of being children of Physicians and non Physicians who already live in the area. They all deserve our help contributing to their success, and helping them stabilize themselves in this community so that they can deliver the care the community deserves.

The healthcare field around us is changing very rapidly and we have to do everything possible to have a society that is capable of changing with the changes in the healthcare field. A society that helps physicians to adapt to these changes. We are grateful to the few colleagues who devote a great deal of their time and effort to keep this body intact and doing their utmost best to make it stronger and more relevant and effective. To the rest of us I ask all to be more engaged and supportive for the sake our patients and medicine overall.

Farewell as President of GCMS, but do not hesitate to reach out, collaborate and get involved with Genesee County Medical Society, as I will continue to do.

Be Well,

Khalid Ahmed, MD





**Board of Directors**

October 25, 2022  
6:00 p.m.  
\*via Zoom

**Practice Managers**

November 10, 2022  
9:00 a.m.  
\*via Zoom

**Medical Society Foundation**

November 16, 2022  
6:00 p.m.  
\*via Zoom

*Announcement*

GCMS members now entitled  
to a 15% discount on automobile  
and homeowners insurance.

For details, contact:

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### Genesee County Medical Society is Robust in the Community

I have just completed my third year working with the Genesee County Medical Society. Year one I took over the financial responsibilities, reorganizing and stabilizing the finances. Year two I was offered the Executive Director position. It was an honor to be offered this position, I accepted the offer for the challenge of a new position. I have been in medicine in Genesee County for almost 40 years, I thought this would be a significant advantage to the position.

As I reflect over the past three years, I am very pleased with the growth and financial stability of the organization. GCMS is well respected throughout Michigan, and is viewed as innovative within the organization.

Genesee County Medical Society looks for new programs to add additional value for all GCMS members. The Genesee County Medical Society hosting Implicit Bias Training was an innovative method to achieve state mandated training. I was pleased to have offered this two-hour course at no charge for all members. The average cost for this program is approximately \$100 per hour. Genesee County Medical Society is the only county medical society to offer this program in the state of Michigan. The attendance and feedback were extremely positive for the webinar.

I am looking into another webinar on pain management/opioid addiction. This is another mandated program for licensure. GCMS adds benefit and value to becoming a member of this robust medical society.

The Society is currently in discussions with a virtual language interpretation service at a discount for members. This may be a very cost-effective system for physician offices. Another potential added benefit to a membership in GCMS.

Please Consider a membership into this robust county medical society. Now is a great time to become a member! Join or renew your membership today and become a member of one of the leading county medical societies in the state.

For help with your membership please contact:  
[executivedirector@gcms.org](mailto:executivedirector@gcms.org)



DAVID HOFF, MA, CCP



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## **26th Annual Conference on Bioethics**

**26th Annual Conference on Bioethics  
Contemporary Challenges in Clinical Bioethics**

November 4, 2022  
8:45 am – 4:15 pm ET

Hybrid Conference  
(In-Person and Virtual Options)

Sheraton Ann Arbor  
3200 Boardwalk, Ann Arbor, MI 48108



Supported by the Blue Cross Blue Shield of Michigan Foundation



The practice of medicine entails many moral dilemmas. The intersection of personal and professional values raises significant questions about the rights and obligations of physicians in both clinical encounters and society at large. Many of these tensions have been brought into particularly sharp relief by the recent pandemic and social unrest. To address the changing landscape of medicine in these challenging times, the MSMS 26th Annual Conference on Bioethics will focus on Contemporary Challenges in Clinical Bioethics. Conference sessions will focus on contemporary moral dilemmas facing physicians today, such as ethical obligations related to pain management, pediatric palliative and hospice care, marginalized patient and clinical communication, and the assessment of decisional capacity in non-verbal and non-communicative patients.

**When registering be sure to select in-person or virtual attendance.**

You can download our Keynote Speaker Dov Fox's article on Medical Disobedience here [Medical Disobedience Abstract](#)

## Sheraton Ann Arbor Location

### Registration Fees:

Members - \$50

Non-members - \$100

Students and residents - Free

### Statement of Accreditation

The Michigan State Medical Society (MSMS) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### AMA Credit Designation Statement

The MSMS designates this live activity for a maximum of 6 *AMA PRA Category Credit (s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

[Register Online](#)





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**ATTENTION!**



**9:00 A.M.**  
**Via Zoom**

**ATTENTION: PRACTICE MANAGERS  
AND OFFICE STAFF!**

**Genesee County Medical Society addresses issues of concern  
for medical professionals!**

Please join GCMS and SOVITA in monthly meetings for  
practice managers and office staff of *all member physicians*.

*Please email [executivedirector@gcms.org](mailto:executivedirector@gcms.org) to RSVP,*

***YOU WILL RECEIVE A ZOOM INVITE***

**NEXT MEETING DATE:**

**November 10, 2022 9:00 A.M.**

*You do not want your Practice Manager to miss out  
on these valuable meetings!*



You are Cordially Invited to:

*The Genesee County Medical Society/  
Genesee County Medical Society Alliance*

## 2022 President's Ball

**\$95.00/  
Per ticket**

Honoring GCMS President Dr. Khalid Ahmed

November 19, 2022 @ 6:00 P.M.



### 'A Night in Sudan'

Please RSVP to [Executivedirector@GCMS.org](mailto:Executivedirector@GCMS.org) by November 5, 2022

(You will receive an invoice for the amount of tickets purchased.)

Buffet dinner with a vegetarian option included

Join us for cocktail hour! Open Bar from 6pm-7pm

Please Call 810-733-9923 with any questions (Black Tie Optional)

*Atlas Valley Country Club— 8313 Perry Road Grand Blanc, Mi 48439*

**Please consider partnering with GCMS -  
Be a President's Ball Sponsor!**

# GEMS/GEMSA

## 2022 President's Ball

Honoring GEMS President Dr. Khalid Ahmed

And GEMSA President Lakshmi Tummala

November 19, 2022 @ 6:00 P.M.

### 'A Night in Sudan'

#### Sponsorship Opportunities :

#### Premiere

\$10,000 Level Sponsor

Includes two tables of 6 (12 seats).

One Full-Page Ad in the January 2023 GCMS Bulletin, a special mention in advertising and promotions relating to the President's Ball, acknowledgement in the event program and at the podium and a Sponsorship of a

Dinner Business Meeting.

#### Platinum

\$5,000 Level Sponsor

Includes one table of 6

One Full-Page Ad in the January 2023 GCMS Bulletin, a special mention in advertising and promotions relating to the President's Ball, acknowledgement in the event program and at the podium.

#### Gold

\$2,500 Level Sponsor

Includes one table of 6

One Half-Page Ad in the January 2023 GCMS Bulletin, a special mention in advertising and promotions relating to the President's Ball, acknowledgement in the event program and at the podium.

#### Silver

\$1,500 Level Sponsor

Includes seating for 4

One Half-Page Ad in the January 2023 GCMS Bulletin, a special mention in advertising and promotions relating to the President's Ball, acknowledgement in the event program and at the podium.

#### Bronze

\$750 Level Sponsor

Includes seating for 2

One Half-Page Ad in the January 2023 GCMS Bulletin, a special mention in advertising and promotions relating to the President's Ball, acknowledgement in the event program and at the podium.

#### Popper

Generous Donation Sponsor (over \$500)

Includes seating for 2

A special mention in advertising and promotions relating to the President's Ball, acknowledgement in the event program and at the podium.

To partner with GCMS for sponsorship of the event please email:  
[Executivedirector@gcms.org](mailto:Executivedirector@gcms.org)



## Government Relations & Physician Engagement Team

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## Legislative Platform & Priorities



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# MSMS Legislative Platform & Priorities



## MSMS Legislative Priorities

Key priorities of the Michigan State Medical Society (MSMS) and its 15,000 physician and medical student members are as follows:

### COVID-19

The COVID-19 pandemic has taken a devastating toll on the physical and mental health of Michigan citizens, as well as the economic health of our state. Additionally, many of Michigan's medical practices are trying to regroup from financial and staffing losses and increased costs to comply with regulatory mandates. By using scientific data to help inform decision-making, MSMS is committed to working collaboratively with stakeholders to end the COVID-19 pandemic, safely re-engage all economic sectors, provide efficient and equitable vaccine distribution, and ensure practice sustainability.

### Prior Authorization and Step Therapy Reform

The prior authorization process diverts valuable resources away from direct patient care, can delay the start or continuation of necessary treatment, and can negatively impact patient health outcomes. Step therapy, also known as fail first, is another practice that disrupts patient care by requiring patients to try other therapies before being approved for the treatment that their doctor originally prescribed. MSMS will work closely with the Legislature, regulators, and other stakeholders on ways to reform prior authorization and step therapy processes to ensure transparency, remove unnecessary and costly care delays, and support shared decision-making.

### Team-based Care

Patients are best served by a team-based approach to care that provides the maximum amount of choice while ensuring that they benefit from the additional training and expertise that comes from having a physician on the team. A highly functioning health care team is the best way to serve patients. MSMS will continue to promote the role of the physician as the leader of the health care team and oppose any efforts to expand allied health professionals scope of practice that may put patients at risk.

### Telemedicine

Telemedicine has proven to be an effective care delivery method that ensures convenient and timely access to patients. Before the outbreak of COVID-19, insurers covered telemedicine visits to varying extents; however, there were often obstacles such as low reimbursement and restrictions on site of care. Although payers removed some of the regulatory and administrative barriers during the pandemic, these policies are now reverting to pre-pandemic times. Moving forward, payment and service parity for the use of clinically appropriate telemedicine services is critical.

### Health Equity

Several events in 2020 brought to the forefront the need to prioritize advocacy addressing systemic policies and other contributing factors that deny historically marginalized groups equal and just opportunities to maximize quality of life and health outcomes. In order to improve the health of all populations, MSMS will work to advance policies that reduce disparities and improve health equity.

### Graduate Medical Education (GME)

Studies repeatedly demonstrate that one of the best ways to recruit and retain physicians is via local medical schools and residency programs. GME helps fill the gap in underserved areas by providing extremely low-cost care to those most in need. Michigan has been a leader in expanding medical school class sizes to address the projected demand for physician services, it is imperative that we continue to fund GME slots to allow these future physicians to learn here in Michigan, train here in Michigan, and stay here in Michigan.

## Legislative & Regulatory Platform

MSMS has long-standing positions and policies on numerous topics. Following is an overview of the top issues comprising the MSMS legislative and regulatory advocacy platform.

### Insurance and Regulatory Advocacy

- Support mental health and substance use disorder parity
- Ensure appropriate access to and payment for telemedicine
- Advocate for adequate and transparent physician networks
- Reduce unnecessary administrative costs

### Public Health and Prevention

- Strengthen public health infrastructure
- Support vaccine availability and oppose efforts to weaken Michigan's vaccine laws
- Improve health equity
- Ensure access to evidence-based non-opioid pain care and opioid use disorder treatment
- Reduce childhood environmental hazards
- Reduce gun violence through health screening, patient counseling and expanded access to mental health services

### Professional Liability

- Preserve existing tort reforms
- Support higher negligence thresholds in medical liability cases
- Eliminate the lost opportunity doctrine
- Maintain the legislative intent and enforceability of all medical liability tort reforms

### Medicaid

- Seek funding parity with Medicare
- Seek funding sources that are fair and sustainable
- Support state funding for the Healthy Michigan Plan
- Ensure access to physician-directed care

### Physician Supply and Training

- Increase graduate medical education funding at state level
- Minimize burden of medical school debt

### Insurance Contracting Reform

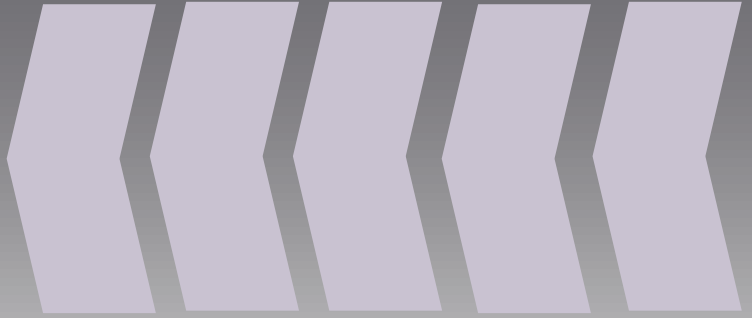
- Limit retroactive audit timeframes
- Support adequate disclosure of fee screens
- Support appeals process that includes independent reviews

### Scope of Practice

- Support physician-led, team-based health care
- Support education over legislation as the means of increasing scope of practice
- Oppose independent prescriptive authority by non-physicians
- Support patient right-to-know/health professional credentials disclosure

### For more information about MSMS legislative advocacy, please contact:

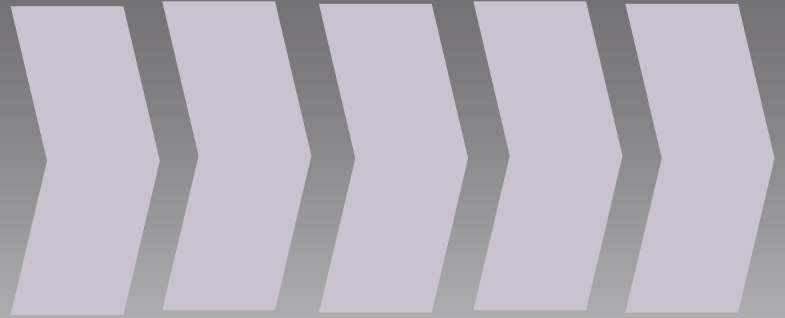
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- Kate Dorsey, Manager, State and Federal Government Relations, at [kdorsey@msms.org](mailto:kdorsey@msms.org)



## U.S. to see potential "triple-demic" of COVID-19, influenza, RSV this winter

The [New York Times](#) (10/23, Mandavilli) reports, "With few to no restrictions in place and travel and socializing back in full swing, an expected winter rise in COVID cases appears poised to collide with a resurgent influenza season, causing a 'twindemic' – or even a 'triple-demic,' with a third pathogen, respiratory syncytial virus...in the mix." The article adds "cases of flu have begun to tick up earlier than usual," while children with RSV, "rhinoviruses and enteroviruses are already straining pediatric hospitals in several states." Most cases of the respiratory illnesses "are likely to be mild, but together they may sicken millions of Americans and swamp hospitals, public health experts warned."





## 8 things doctors wish patients knew about flu shots

The flu season can be severe, but for the past couple of years it has been different. There remains the looming threat of a combination of a severe flu season and the current COVID-19 pandemic. This year, with the availability of a new bivalent COVID-19 vaccine booster in addition to the influenza vaccine, some medical experts are optimistic. Yet there is still concern about hospital capacity related to the spread of these viruses which is why doctors are urging people to get the influenza vaccine to reduce the risk of severe outcomes.

While 69% of adults in the U.S. agree that an annual influenza vaccination is the best preventive measure against flu-related deaths and hospitalizations, only 49% of adults in the U.S. plan to get an influenza vaccine during the 2022–2023 flu season, according to a survey from the National Foundation for Infectious Diseases.

Of those who said they will not be getting vaccinated, 41% noted that they didn't think flu vaccines work very well and 39% had concerns over the side effects. Meanwhile, 28% said they never get the flu, 24% are concerned about getting the flu from the vaccine and 20% do not think influenza is a serious illness.

The AMA's [What Doctors Wish Patients Knew](#)™ series provides physicians with a platform to share what they want patients to understand about today's health care headlines, especially throughout the COVID-19 pandemic.

Kate Kirley, MD — a family physician and director of chronic disease prevention at the AMA — took time to discuss what doctors wish patients knew about the influenza vaccine to help clear up any misinformation.

- The vaccine doesn't give you the flu
- OK for flu, COVID-19 shots at the same time
- Can reduce flu risk by up to 60%
- Get it as soon as possible
- Everyone should get it, especially seniors
- There are nasal sprays too
- Do it for yourself, others
- There are many ways to get it

To read the full article by the AMA, please click [here](#).

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## International Luncheon

The 2022-2023 Alliance year began with the ever popular International Luncheon. The potluck lunch was held in Grand Blanc at the beautiful home of Vijayalakshmi and Dr. Bhagwan Sayal. We had a good turnout of members who brought a tastefully prepared dish to pass or paid for it.

There was plenty of food and camaraderie shared.

Thank you, Vijay, for your warm hospitality.



Seen in the picture are (L-R): Liesbeth Fernandez, Vibha Kaushal,, Vijayalakshmi Sayal, Tinsi Kline, Elizabeth Jordan, Cheryl Thoms, Sabita Tummala, Kathy Cox & Jay Kommareddi.  
Sitting (L-R): Rula Ali, Kee Ja Kang, Linda Lemieux, Beth Schumacher, Maria Fernandez & Kathy Felix Bouvier.





## Do you have an advertising NEED?

- Are you a Physician **and** you are a member of GCMS and you have a new practice in Michigan?
- Do you have a medical practice **and** you are a member of GCMS and your office has relocated?
- Do you have a business that serves Michigan and business slow?

Let Genesee County Medical Society help!

## Genesee County Medical Society Bulletin

(ONLINE MAGAZINE)

**Your ad will be featured in the Genesee County Medical Society monthly bulletin that is provided to 1,500+ viewers. The Bulletin can also be found on the GCMS website, and is also published through Calameo virtual magazine. ([HTTPS://En.Calameo.com/](https://en.calameo.com/))**

1/2-page ad \$195/month

3/4-page ad \$290/month

Full page ad \$350/month

A link to the business website or email can be added for **NO** additional fee.

[Click here](#)

to connect with GCMS, we can provide your advertising needs!



\*\*all ads placed by Physicians or Medical Practices must have a GCMS membership.



# FREE STROKE SCREENING

Strokes don't discriminate; they affect people of all ages, ethnicities and backgrounds. Fortunately, many strokes are preventable, and you can take steps now to reduce your risk. Begin by understanding the risk factors and find out which are specific to you. Come to our free screening event put on by the Flint Stroke Coalition which is represented by all three Genesee County hospitals and the Genesee County Free Medical Clinic - it could save your life!

#### Screening includes:

- Diabetes screening- Hemoglobin A1C
- Full Lipid Panel including total cholesterol, HDL, LDL, and triglycerides
- Blood pressure and pulse
- Sleep disorder risk assessment
- Risk-reduction plan
- Results counseling and education

Local physicians, nurses, pharmacists, EMS providers, and other healthcare personnel will be volunteering at the screening in order to help answer your questions!

**Think you or someone you know is experiencing a stroke?**

**Remember BE FAST and call 9-1-1!**

## 2022 FREE STROKE SCREENING DATES

**WHEN** 9am to 2pm

April 28<sup>th</sup>  
May 26<sup>th</sup>  
June 23<sup>rd</sup>  
July 28<sup>th</sup>  
August 25<sup>th</sup>  
September 22<sup>nd</sup>  
October 27<sup>th</sup>  
December 22<sup>ND</sup>

Testing made possible by the support of:

Genesee Health Plan

McLaren Flint Community Outreach

Shori and Pervin Majjhoo Neuroscience Fund

## WHERE

**Genesee County  
Free Medical Clinic**

2437 Welch Blvd

Flint, MI 48504

810-235-4211

[www.gcfmc.org](http://www.gcfmc.org)

*\*PLEASE attempt to not eat or drink the morning of the screening for accurate results. Take morning medication with sips of water.*



# COMMIT TO FIT!

## Virtual Fitness Guide

### Commit to Fit!



Visit [commit2fit.com](https://commit2fit.com) to track all of your physical activity and keep track of your fitness goal!

### University of Michigan - Flint



Click [HERE](#) for daily workouts!

### Crim Fitness Foundation



Visit [crim.org](https://crim.org) for a variety of yoga and mindfulness practices!

### Ascension Genesys Athletic Club



Click [HERE](#) for intense & moderate workout videos!

### YMCA - 360



Visit [ymca360.org](https://ymca360.org) for fitness classes of all ages!

### Arthritis Foundation



Click [HERE](#) for arthritis exercises!





# COMMIT TO FIT

## NOVEMBER FREE HEALTH & WELLNESS PROGRAMS

Programs listed below are funded in whole or in part by the USDA's Supplemental Nutrition Assistance Program Education through the Michigan Department of Health and Human Services and the Michigan Fitness Foundation.  
This institution is an equal opportunity provider.

### The Learning Kitchen

The Learning Kitchen is a free six-week, innovative, adult nutrition education program for Genesee County residents.

#### Classes Include:

- Weekly Recipe Tastings
- Weekly Nutrition Topics
- Giveaways
- Physical Activity Demonstrations & More!

#### Registration Link:

[www.surveymonkey.com/r/TLK2022](http://www.surveymonkey.com/r/TLK2022)

### Fresh Conversations

Fresh Conversations is a free nutrition education program designed to support healthy aging and independence. Gather with other Genesee County residents aged 60 and older to discuss current nutrition and health topics, taste low-cost healthy recipes, and discover new ways to stay active and independent.

To register call 810-232-2228.

### Rec-Connect™

Rec-Connect™ is a 4-week physical fitness demo class offered by Commit to Fit. Get active through a variety of fun physical activity demonstrations. All sessions can be done seated or standing. No experience necessary!

- Week One: Chair Bingo/UNO Movement
- Week Two: Exercise Bands
- Week Three: Chair Yoga
- Week Four: Chair Circuit Training

To register call 810-232-2228.

**Date:** Nov 3rd - Dec 15th (Thursdays)

**Time:** 5:30 - 6:30pm

**Location:** Virtual on Zoom (skipping Thanksgiving)

**Date:** Nov 8th - Dec 13th (Tuesdays)

**Time:** 5:30 - 6:30pm

**Location:** Virtual on Zoom

**Date:** TBD- coming soon

**Time:** TBD- coming soon

**Location:** St. Mark Missionary Baptist Church  
3020 Dupont St, Flint, MI 48504

**Date:** Nov 1st - Dec 20th (Tuesdays)

**Time:** 11:00am - 12:30pm

**Location:** Calvary United Methodist Church

2111 Flushing Rd, Flint, MI 48504

**Date:** Nov 2nd - Dec 21st (Wednesdays)

**Time:** 1:30pm - 2:30pm

**Location:** Burton Senior Center

**Date:** Nov 2nd - Jan 11th (Wednesdays)

**Time:** 1:30pm - 3:00pm

**Location:** Krapohl Senior Center

**Date:** Nov 7th- Jan 23rd (Mondays)

**Time:** 2:30pm - 3:30pm

**Location:** Grand Blanc Senior Center

**Date:** Nov 7th - 28th (Mondays)

**Time:** 10:00 - 11:00am

**Location:** Hasselbring Senior Center

**Date:** Nov 14th - Dec 5th (Mondays)

**Time:** 5:30-6:30pm

**Location:** Virtual on Zoom

**Date:** Nov 15th - Dec 6th (Tuesdays)

**Time:** 10:00 - 11:00am

**Location:** Virtual on Zoom



 **CLICK HERE**


**For Daily Genesee County Covid-19 Numbers**

 **COVID-19 Summary for Genesee County, Michigan**

[Coronavirus \(COVID-19\) Data Dashboard for Genesee County](#)

 **CLICK HERE**

**For Reporting**



**EMPLOYERS + SCHOOL ADMINISTRATORS:**

Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at [GCHD-CD@gchd.us](mailto:GCHD-CD@gchd.us) or call (810) 257-1017

 **CLICK HERE**

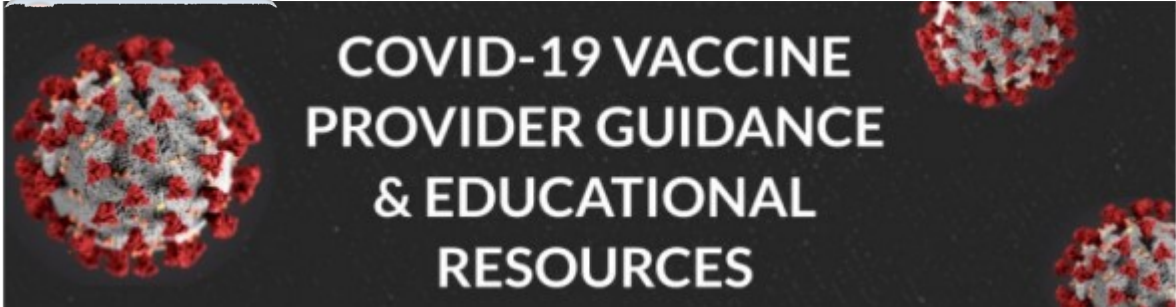
**For State of Michigan Covid-19 Information**







 [CLICK HERE](#)



## COVID-19 VACCINE

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

[COVID-19 VACCINE PLAN](#)

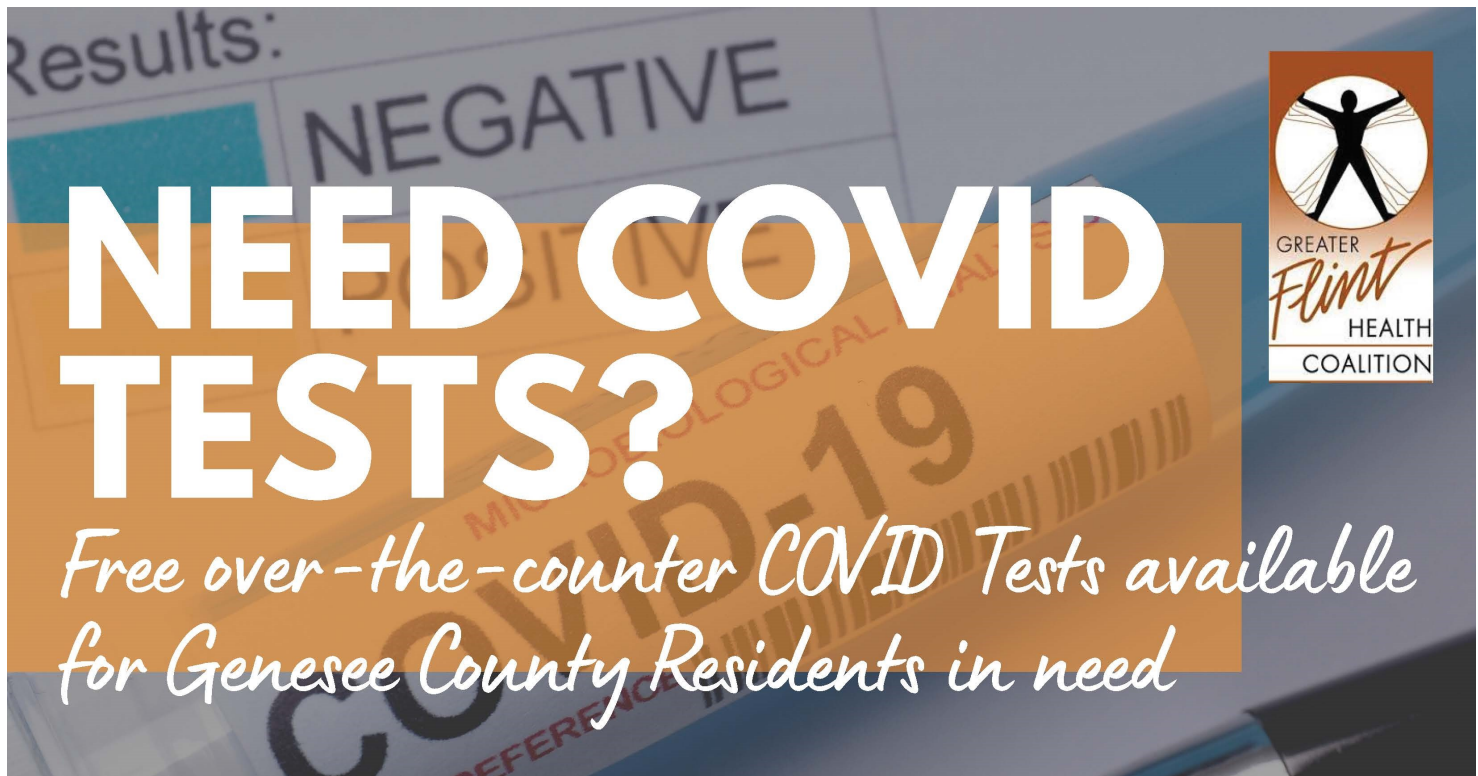
 [CLICK HERE](#)

[COVID-19 VACCINE RESOURCES](#)

[IMMUNIZATIONS DURING COVID-19](#)

[CDC FAQs](#)

[PROVIDER GUIDANCE & EDUCATION](#)



# NEED COVID TESTS?

*Free over-the-counter COVID Tests available for Genesee County Residents in need*

## CAN'T FIND A TEST IN-STORE? WE CAN HELP!

If you are a community-based organization with clients in need, contact Genesee CHAP to receive a bulk delivery of tests.

Are you a resident, a school, or medical practice? If so, make a referral to CHAP to receive a free COVID-19 OTC test, delivered within 24 hours.

*Free COVID-19 tests available for all who need one. Limit 6 per household.*

### Make a Referral to Genesee CHAP

- Call 810-953-2427
- Utilize the Community Referral Platform
- Fax Genesee CHAP Referral Form
- Visit [gfhc.org/CHAPreferrals](https://gfhc.org/CHAPreferrals)



*Request "OTC COVID-19 Test" and note "Urgent". Genesee CHAP will deliver test(s) to the individual's home within 24 hours.*





# USING & REPORTING SELF-TESTS | COVID-19 |

1

Follow instructions very carefully.



2

Use the QR code below for more information about self-testing and how-to videos.



3

**If your results are positive**

Report results to GCHD at [www.gchd.us](http://www.gchd.us) or click [here](#).

Isolate yourself from others for 5 days following symptom onset (if symptomatic) or positive test result (if asymptomatic).

Tell your close contacts that they may have been exposed to COVID-19.

Call GCHD at 810-344-4800 if you are unable to use online resources.



4



If you are at an increased risk of becoming very sick, treatment maybe be available. Contact your health care provider right away if your test result is positive.



[www.cdc.gov/covidtesting](http://www.cdc.gov/covidtesting)

## Guest Article

The University of Michigan-Flint, College of Health Sciences is excited to be offering its new MS in Physician Assistant Program. The first class of 40 students commenced study in January 2021, started clinical rotations in May , 2022 and will graduate in August, 2023. A new cohort matriculates each January with the cohort size expanding to 50 students in January 2023.

The 28-month MSPA program aims to cultivate exemplary physician assistant practitioners, leaders, and advocates for the profession and public health through best practices in teaching, learning, and service to our diverse local community and beyond.

The 16-month didactic curriculum builds on a strong science foundation with a systems based curriculum complemented by course material addressing professional development and public health. In the final 12-months of the curriculum students complete 11 4-week clinical rotations in internal medicine, surgery, geriatrics, emergency medicine, women's health, family medicine, pediatrics, and behavioral medicine with additional elective rotations.

Department and program director, Stephanie Gilkey, MS, PA-C, DFAAPA, has extensive experience in PA education and has recruited a highly skilled faculty to support the program. The faculty are dedicated to educating students to practice medicine in collaboration with physicians as outlined in practice agreements that meet the needs of the setting.

We look forward to a collaborative relationship with area physicians. We continue to need some specialized lectures to supplement our faculty instruction and continue to seek clinical rotations. If you are potentially interested in lecturing in our program or serving a central role in PA student clinical education through providing rotation experiences for our students, please contact Stephanie Gilkey at [sjgilkey@umich.edu](mailto:sjgilkey@umich.edu).





Other programs offered in the College of Health Sciences include:

- Doctor of Physical Therapy (DPT)
- Occupational Therapy Doctor (OTD)
- Doctor of Nurse Anesthesia Practice (CRNA)
- Master of Public Health (MPH)
- Master of Science in Healthcare Management
- Bachelor of Science in Radiation Therapy
- Bachelor of Science in Respiratory Therapy (completion program)
- Bachelor of Science in Health Care Administration
- Bachelor of Science in Public Health
- Bachelor of Science in Health Sciences (pre-professional health tracks)

New programs that will be offered in fall 2023 include:

- Bachelor of Science in Exercise Science
- Bachelor of Science in Health Information Technology

Respectfully submitted by Donna Fry, PT, PhD, Dean of the College of Health Sciences.



# Your Membership at Work

- ◆ GCMS staff helped Genesee County residents with contacts, resources and explanations.
- ◆ GCMS continues planning and obtaining grants and sponsors for 2022 President's Ball.

Get your tickets NOW! Date: November 19, 2022

- ◆ GCMS Staff working on negotiations for Luna Languages to give GCMS members a discount as a benefit of membership (virtual interpreting services for multiple languages).



**Experience. Expertise. Exceeding Expectations.**  
*From integrated healthcare systems, critical access and rural hospitals to long-term care facilities and physician practices, we understand the financial challenges of the healthcare industry, and we will put that knowledge to work for you.*

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mktg@TheRybarGroup.com  
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**31 Years of Innovative Strategies. Exceptional Results.**  
*Over the past 30 years, The Rybar Group has worked tirelessly with providers nationwide across the spectrum of healthcare management and compliance issues, strategizing, implementing, appealing, negotiating and successfully resolving engagements.*

The advertisement features a background image of a modern hospital lobby with a curved white ceiling and glass railings. In the foreground, a group of three professionals (two men and one woman) are smiling and looking at a tablet held by one of the men. The text is overlaid on a light blue and green geometric pattern.



# GHS Intensive Crisis Stabilization Services for Children and Young Adults



The GHS Children's Intensive Crisis Stabilization Team (ICSS) provides mobile crisis stabilization services, 7 days a week between 8:00am and 7:00pm to all children, youth, and young adults (ages 0-21) who reside in Genesee County. Calls during other hours are helped by our Crisis Line mental health professionals.

## Reasons to call GHS:

- If you feel your child/youth is in a crisis
- The child/youth may hurt themselves or others
- The child is experiencing overwhelming confusion, anger, or emotional unresponsiveness

If you aren't sure if ICSS is needed, give us a call and we can help to explore options.

## What happens when the GHS Intensive Crisis Team is called?

The team will provide an on-site intervention with the identified child or youth, and their support system. The team's main focus will be to help assess the crisis, utilize de-escalation techniques, help the child/youth and their family or support system to help with what is needed and to help determine next steps and long-term care.

## Other services include:

- Crisis and Safety Planning
- Referrals to needed services
- Education on resources, diagnosis and services
- Collaboration and problem solving

\* Psychiatric consults, as needed (does not include medication review for prescription)

\*\* Intensive Crisis Stabilization services cannot be provided to individuals who are currently residing in inpatient settings: Jail/detention centers or residential settings (i.e. child caring institutions, crisis residential, etc.).

## GHS Intensive Crisis Stabilization Services for Children

**810.257.3740 877.364.3648**

**420 W. Fifth Avenue, Flint 48503 • [www.genhs.org](http://www.genhs.org)**

Supported by funds from Substance Abuse and Mental Health Services Administration, Center for Mental Health Services through the Michigan Department of Health and Human Services.

# Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute \_\_\_% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath \_\_\_% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.



**Don't Forget!**  
Donations are tax deductible!

**Please contact GCMS at 733-9923 or email [executivedirector@gcms.org](mailto:executivedirector@gcms.org)**





**safe haven™**  
CONFIDENTIAL SUPPORT

# SAFEHAVEN™

## PHYSICIAN AND PROVIDER WELL BEING PROGRAM

Rediscover meaning, joy, and purpose in medicine.

SafeHaven™ ensures that physicians and health care providers can seek confidential assistance and support for burnout, career fatigue, and mental health reasons.



In-the-moment telephonic support by a licensed counselor, 24/7



Legal and financial consultations and resources, available 24/7



Peer Coaching—talk with someone who has walked in your shoes that can help you grow both personally and professionally

- Six sessions per incident
- Physician or provider chooses coach from a panel of coaches



Counseling, available in either face-to-face or virtual sessions; addressing stress, relationships, eldercare, grief, and more

- Six sessions per incident
- Available to all extended family members



WorkLife Concierge, a virtual assistant to help with every day and special occasion tasks, 24/7



VITAL WorkLife App—Mobile access to resources, well being assessments, insights, and more

### RESOURCES FOR YOU AND YOUR FAMILY MEMBERS

SafeHaven™ includes Well Being Resources from VITAL WorkLife—confidential and discreet resources designed to reduce stress and burnout, promote work/life integration and support well being for you and your family.

TO LEARN MORE, VISIT  
[www.MSMS.org/SafeHaven](http://www.MSMS.org/SafeHaven)

To support the needs of physicians and health care providers struggling with stress, burnout, and the effects of COVID-19, the Michigan State Medical Society (MSMS) and VITAL WorkLife have partnered to offer a comprehensive set of well being resources and confidential counseling services for their use, SafeHaven™.



Application Code: \_\_\_\_\_

# State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at [www.joinmsms.org](http://www.joinmsms.org)



- |  |   |
|--|---|
| <input type="radio"/> I am in my first year of practice post-residency.                          | <input type="radio"/> I work 20 hours or less per week.       |
| <input type="radio"/> I am in my second year of practice post-residency.                         | <input type="radio"/> I am currently in active military duty. |
| <input type="radio"/> I am in my third year of practice post-residency.                          | <input type="radio"/> I am in full, active practice.          |
| <input type="radio"/> I have moved into Michigan; this is my first year practicing in the state. | <input type="radio"/> I am a resident/fellow.                 |
- Male     Female

First (legal) Name: \_\_\_\_\_ Middle Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  MD  DO

Nickname or Preferred Form of Legal Name: \_\_\_\_\_ Maiden Name (if applicable) \_\_\_\_\_

Job Title: \_\_\_\_\_

W Phone \_\_\_\_\_ W Fax \_\_\_\_\_ H Phone \_\_\_\_\_ H Fax \_\_\_\_\_

Mobile: \_\_\_\_\_ Email Address \_\_\_\_\_

Office Address  Preferred Mail  Preferred Bill  Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Address  Preferred Mail  Preferred Bill  Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\*Please base my county medical society membership on the county of my (if addresses are in different counties):  Office Address  Home Address

\*Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Birth Country \_\_\_\_\_ MI Medical License #: \_\_\_\_\_ ME #: \_\_\_\_\_

Medical School \_\_\_\_\_ Graduation Year: \_\_\_\_\_ ECFMG # (if applicable) \_\_\_\_\_

Residency Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Fellowship Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Hospital Affiliation \_\_\_\_\_

• Primary Specialty \_\_\_\_\_ Board Certified:  Yes  No

• Secondary Specialty \_\_\_\_\_ Board Certified:  Yes  No

Marital Status:  Single  Married  Divorced Spouse's First Name: \_\_\_\_\_ Spouse's Last Name: \_\_\_\_\_

Is your spouse a physician?:  Yes  No If yes, are they a member of MSMS?:  Yes  No

Within the last five years, have you been convicted of a felony crime?:  Yes  No If "yes," please provide full information: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_