THE BULLETIN

AUGUST 2023 VOLUME 100, NUMBER 8



Join us at the upcoming GCMS Town Hall Meeting
Live at the Sloan Museum
Featuring the Body Exhibit - details inside!
August 31, 2023 @ 5:45 p.m.

THE BULLETIN is published monthly by: The Genesee County Medical Society

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August 2023 VOLUME 100, NUMBER 8

THE BULLETIN

READ BY 96% OF GCMS MEMBERS

FEATURE ARTICLES

Commit to Fit	10
COVID-19 Resources	18
GCMS Alliance	22
The Genesee County Alliance Friendship Group	
Safe Haven: Physician and Provider Well Being Program	27

REGULARS

----it Ta Fit

GCMS Meetings	4
Executive Director's Message:	6
The Venkat Rao Memorial Scholarship	

Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

Published by the Genesee County Medical Society Publication Office 4438 Oak Bridge Drive, Suite B, Flint, Michigan 48532 Phone (810) 733-9923

By subscription \$60 per year. Member subscription included with Society dues. Contributions to **THE BULLETIN** are always welcome. Forward news extracts or material of interest to the staff before the 1st of the month. All statements or comments in **THE BULLETIN** are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society.

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Town Hall Meeting

August 31, 2023

Practice Managers

September 14, 2023

Medical Society Foundation

September 20, 2023 6:00 p.m.

Board of Directors

September 26 2023

6:00 p.m.

*All meetings are via Zoom unless otherwise noted

Announcement

GCMS members now entitled to a 15% discount on automobile and homeowners insurance.

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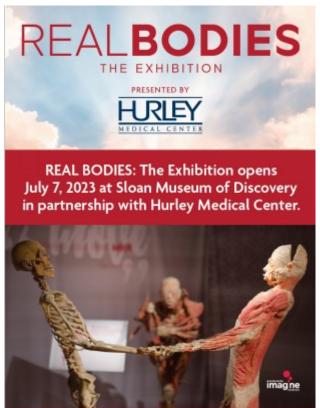
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- Logo on Real Bodies exhibit entrance sign for duration of the exhibit.
- Mention on website for duration of the exhibit.
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- 2 Preview tickets for July 6, 2023.

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1221 E. KEARSLEY ST. FLINT, MI 48503

SloanMuseum.org

EXECUTIVE DIRECTOR'S MESSAGE

Dr. Venkat Rao Memorial Scholarship

In June the Genesee County Medical Society established the Dr. Venkat Rao Memorial Scholarship. The memorial scholarship was originated to carry on the memory and legacy of Venkat Rao, MD.

The first memorial scholarship was presented at the Genesee Health Plan awards dinner on August 3, 2023. Attending the dinner were GCMS Board Members Dr. Rama Rao and Dr. Edward Christy. GCMS members in attendance were: Dr. Joseph Varghese, Dr. Anas Moughrabieh, and Dr. Alison Kinning. The Chair of the Michigan State Medical Society Board of Directors, Dr Paul Bozyk, was also in attendance.

The 2023 Dr. Venkat Rao Memorial Scholarship award recipient is Abigail Willyerd. Abigail is a 2023 graduate of Swartz Creek High School. She will be attending Grand Valley State University in the fall.

Dr. Rama Rao, Dr. Edward Christy, and myself presented Abigail Willyerd with a check for \$1500 and an award plaque on behalf of the Genesee County Medical Society. GCMS congratulates Abigail and wishes her the best as she begins her journey into the medical field.

A special thank you to Genesee Health Plan and Sovita Credit Union assisting with the organization of this memorial scholarship award.





DAVID HOFF, MA, CCP







ATTENTION: PRACTICE MANAGERS AND OFFICE STAFF!

Genesee County Medical Society addresses issues of concern for medical professionals!

Please join GCMS and SOVITA in monthly meetings for practice managers and office staff of *all member physicians*.

Please email executivedirector@gcms.org to RSVP,

YOU WILL RECEIVE A ZOOM INVITE

NEXT MEETING DATE:

September 14, 2023 9:00 A.M.

You do not want your Practice Manager to miss out on these valuable meetings!









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GCMS Invites Members & Non-Members to its most unique Town Hall Meeting! An evening for the whole family. All are welcome!

Thursday August 31, 2023

at the Sloan Museum of Discovery 5:45 - 8:00 PM 1221 E. Kearsley St. Flint, MI. 48503





Agenda:

6:00 pm Venkat Rao, MD Special Memorial

6:05 pm GCMS Business Meeting

6:05 pm Buffet Dinner

6:30 pm Presentation - 1

7:00 pm Presentation - 2

7:30 pm Private Viewing Real Bodies Exhibit

8:00 Adjourn

Presentations:

Dr. Mohhamad Jondy on Sports Medicine Injuries.

Dr. Lafi Khalil on Sports Medicine Hip Injuries.

Tickets \$25 per person. Children 13 and under free. A cash bar will be available

Please RSVP by August 20 to: executivedirector@gcms.org An invoice with a credit card option will be emailed.



August 31, 2023 5:45 pm - 8:00 pm Sloan Museum of Discovery

Orthopedic & Sports Medicine Injuries: Diagnosis & Treatment

Please RSVP by August 20 to: executivedirector@gcms.org

An invoice with a credit card option will be emailed

The Objective is to Educate Medical Professionals on Rapid Diagnosis & Treatment of Sports & Orthopedic Injuries

"Approved for 1 AMA PRA Category 1 Credit™"

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Michigan State Medical Society and Genesee County Medical Society. The Michigan State Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

The Michigan State Medical Society designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

6:30 pm Mohammad Jondy, MD Sports Medicine Injuries 7:00 pm Lafi Khalil, MD Acute Hip Injury





A private viewing of the Real Bodies will begin at 7:30 pm (Included)





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ABOUT DR. SAAB

Dr. Ihab Saab is double board certified in Plastic and Reconstructive Surgery and General Surgery. He specializes in cutting-edge microsurgical techniques with multiple applications.

His interests include:

- Helping patients with breast cancer through autologous or implant based and lymphatic reconstruction
- Restoring maximal function through limb salvage, including finger and hand replantations
- Helping amputees conquer their chronic nerve and phantom limb pain

Dr. Saab finished his medical school training at the American University of Beirut and completed his General Surgery residency and Plastic Surgery fellowship training at Henry Ford Hospital in Michigan. He is passionate about surgical education and he is a clinical instructor in the Department of Surgery at MSU.

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- Craniofacial Reconstructure
- Reconstruction of Complex Hand
- Scar Release

COSMETIC SURGERIES

- Tummy Tuck
- Breast Surgeries
- Facial Cosmetic Surgeries
- Body Contouring





Wasim Nasir, MD, FAAD

Dermatology & Cosmetic Center PLLC, Flint Clinical Assistant Professor of Dermatology in the Medical Sciences, Central Michigan University

WEDNESDAY, SEPT. 20, 2023

Hampton Inn & Suites Flint/Grand Blanc 6060 Rashelle Drive, Flint, MI 48507

PROGRAM AGENDA:

5:30 p.m. Registration & Buffet Dinner

6:00 p.m. Wasim Nasir, MD, FAAD

7:00 p.m. Adjourn

REGISTRATION:

education.hurleymc.com/cme/calendar



There is No tuition fee for this CME activity



- Presents:

Dermatological Challenges in the Primary Care Setting

DISCLOSURE:

Hurley has implemented mechanisms to identify and mitigate conflicts of interest for all individuals in a position to control content of this activity.

The speaker and CME staff have no relevant financial relationships with ineligible companies to disclose.

One planner and reviewer has financial relationships with Pfizer, Moderna, and Sorrento as a Stockholder but the relationships have ended; therefore, no mitigation was necessary. The remaining planners and reviewers have no relevant financial relationships with ineligible companies to disclose.

EDUCATIONAL OBJECTIVES:

Upon completion of this activity, participants will be able to:

- Increase recognition and diagnosis of common dermatological lesions
- Evaluate and manage common dermatological lesions like psoriasis and eczema
- Integrate procedural dermatology into primary care practice

ACCREDITATION STATEMENT:

Hurley Medical Center is accredited by the Michigan State Medical Society to provide continuing medical education for physicians

DESIGNATION STATEMENT:

Hurley Medical Center designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)TM. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

TARGET AUDIENCE:

The target audience for this live activity is Primary Care Physicians, Hurley Allied Health Professionals, Residents and Nurses.

Institute for Continuing Medical Education 2023 | education.hurleymc.com





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Your Membership at Work

- GCMS hosts monthly Practice Manager's meeting discussing complicated insurance issues in round table discussions with various insurance companies. If you find on-going insurance issues, please reach out to GCMS staff at executivedirector@gcms.org and we can connect that insurance company representative with our hard working Practice Managers.
- ♦ GCMS staff helped Genesee County residents with contacts, resources and explanations.
- GCMS Membership Committee has collaborated and has a plan in place to reach out to and meet with various practices in Genesee County. If you have colleagues that are not yet GCMS members, please connect with them! **** A flyer of GCMS benefits can be provided to you.



Join Us for a FREE Safe Medication Disposal **Program**

Safely disposing of medication is a simple way to help reduce the chance of drug misuse.

We will accept disposal of:

- Prescription Pills
- Needles
- Patches
- Liquid Medication

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FREE Stroke screening will be available on site!

MORE INFORMATION: OPIOIDINFO@FLINT.ORG







Where?

Genesee County Free Medical Clinic 2437 Welch Blvd Flint, MI 48504







This project is supported by Michigan's FY 21 Comprehensive Opioid, Stimulant, and Substance Abuse Program # 15PBJA-21-GG-04538-COAP, awarded by the Bureau of Justice Assistance, Office of Justice Programs, U.S. Department of Justice (DOJ), and administered by the Michigan State Police (MSP). Points of view or opinions contained within this document do not necessarily represent the official position or policies of the DOJ or the MSP.





Genesee County Medical Society
Presents:

GCMS/GCMSA

2023 President's Ball

Honoring GCMS President

Dr. Paul Kocheril

November 18, 2023@ 6:00 P.M.

'A Night in Paradise'

Atlas Valley Country Club

8313 Perry Road Grand Blanc, Mi

48439

Sponosrship Opportunities:

Premiere

\$10,000 Level Sponsor

Includes two tables of 6 (12 seats).

One Full-Page Ad in the January 2023
GCMS Bulletin, special mention in advertising and promotions relating to the President's Ball, acknowledgement in the event program and at the podium sponsorship of a Town Hall Meeting.

Gold

\$2,500 Level Sponsor

Includes one table of 6
One Half- Page Ad in the January 2023
GCMS Bulletin, a special mention in
advertising and promotions relating to the
President's Ball, acknowledgement
in the event program and at the podium.

Bronze

\$750 Level Sponsor

Includes seating for 2

One Half-Page Ad in the January 2023 GCMS
Bulletin, a special mention in advertising and
promotions relating to the President's Ball,
acknowledgement in the event program
and at the podium.

Platinum

\$5,000 Level Sponsor
Includes one table of 6
One Full-Page Ad in the
January 2023 Bulletin, a special
mention in advertising and
promotions relating to
the President's Ball, acknowledgement
in the event program and at the podium.

Silver

\$1,500 Level Sponsor

Includes seating for 4
One Half- Page Ad in the January 2023 GCMS
Bulletin, a special mention in advertising
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President's Ball, acknowledgement
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<u>Popper</u>

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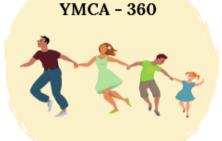


Click **HERE** for intense & moderate workout videos!

University of Michigan - Flint



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Crim Fitness Foundation



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Arthritis Foundation



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18



Whether you need relief from arthritis pain or just want to be active, the Arthritis Foundation's six week Walk With Ease program can teach you how to safely make physical activity part of your everyday life. Studies show that Walk With Ease is proven to:

Arthritis
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- Build confidence in your ability to be physically active
- Improve overall health



UPCOMING SESSION:

Max Brandon Park
Pasadena Ave. Side Entrance
Mondays & Wednesdays
from 9:00-10:00am
through September, 2023

To register, call 810.232.2228 or online at www.surveymonkey.com/r/C2FPrograms

*weather permitting





For Daily Genesee County Covid-19 Numbers



COVID-19 Summary for Genesee County, Michigan

Coronavirus (COVID-19) Data Dashboard for Genesee County



For Reporting



EMPLOYERS + SCHOOL ADMINISTRATORS:

Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at GCHD-CD@gchd.us or call (810) 257-1017

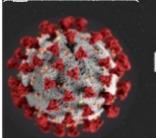


For State of Michigan Covid-19 Information

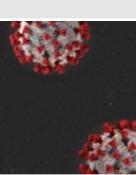








COVID-19 VACCINE PROVIDER GUIDANCE & EDUCATIONAL RESOURCES



COVID-19 VACCINE

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

COVID-19 VACCINE PLAN



COVID-19 VACCINE RESOURCES

IMMUNIZATIONS DURING COVID-19

CDC FAQS

PROVIDER GUIDANCE & EDUCATION



MSMS Legislative Priorities



Improving Michigan's Health Care Environment

- · Maintain legislative intent and enforceability of all medical liability tort reforms
- · Ensure patients have timely access to physician-prescribed medication
- · Preserve appropriate access to telehealth care
- · Advocate for adequate and transparent physician networks
- · Reform Michigan's continuing medical education requirements
- · Limit insurance company retroactive audit time frames
- · Support out of network medical bills appeal process for independent review of disputes

Advancing Public Health and Health Equity

- · Strengthen Michigan's public health infrastructure and vaccine laws
- · Address social determinants of health and other systemic inequities
- · Support appropriate funding increases to Medicaid reimbursement and the Healthy Michigan Plan
- · Ensure equitable access to health care for all Michigan children and adults
- Improve sustainable funding for maternal health
- · Advocate for public health solutions to violence and enhanced gun safety
- Discover ways to improve health literacy education for Michigan's K-12 students
- · Expand access to mental health and substance use disorder treatment

Ensuring Access to Physician-Led Care

- · Increase graduate medical education funding at state-level
- · Minimize burden of medical school debt through state reimbursement
- · Increase funding for sustainable staffing levels in hospitals and physician offices
- · Support physician-led, team-based health care for Michigan patients
- · Oppose independent prescriptive authority by non-physicians
- · Support patients' right-to-know through health professional credentials disclosure
- Fund programming to reduce physician burnout and improve well-being

MICHIGAN STATE MEDICAL SOCIETY

MSMS.ORG » PO BOX 950, EAST LANSING, MI 48826 » (517) 337-1351

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- Conference & Event Interpreting

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Please contact:

ExecutiveDirector@GCMS.org



THE ALLIANCE FOCUS





Our friendship group was formed in 2006 and chaired by Marilyn Lindman. She began by inviting members and senior members that had not been seen for a while. It has continued to be a successful healthy social get together since then. We meet bi-monthly at noon in a restaurant in Flint, Grand Blanc, Clarkston, Fenton or other places in Genesee County. Presently the group is chaired by Carole Hassan and Cheryl Thoms. We collect items like coats, jackets, clothes, socks and toiletries to donate to the Genesee County Free Medical Clinic.

Director Stacey Doyle expresses gratitude and says that the donated items are gone shortly after she puts them out. We welcome anyone that would like to be a part of this wonderful group. Please send an email to Cheryl Thoms at psclthoms@comcast.net. Our next luncheon will be on September 12 at noon at Blondies on the corner of Hill and Torrey Rd.





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Children & Young Adult

Mobile Crisis Services: 7 days a week - 8am - 7pm

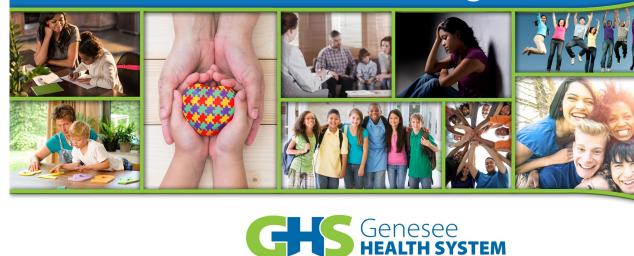












The GHS Children's Intensive Crisis Stabilization Team (ICSS) provides mobile crisis stabilization services, 7 days a week between 8:00am and 7:00pm to all children, youth, and young adults (ages 0-21) who reside in Genesee County. Calls during other hours are helped by our Crisis Line mental health professionals.

Hope and health in the community

Reasons to call GHS:

- If you feel your child/youth is in a crisis
- The child/youth may hurt themselves or others
- The child is experiencing overwhelming confusion, anger, or emotional unresponsiveness

If you aren't sure if ICSS is needed, give us a call and we can help to explore options.

What happens when the GHS Intensive Crisis Team is called?

The team will provide an on-site intervention with the identified child or youth, and their support system. The team's main focus will be to help assess the crisis, utilize de-escalation techniques, help the child/youth and their family or support system to help with what is needed and to help determine next steps and long-term care.

Other services include:

- Crisis and Safety Planning
- Referrals to needed services
- Education on resources, diagnosis and services
- Collaboration and problem solving
- * Psychiatric consults, as needed (does not include medication review for prescription)
- ** Intensive Crisis Stabilization services cannot be provided to individuals who are currently residing in inpatient settings: Jail/detention centers or residential settings (i.e. child caring institutions, crisis residential, etc.).

GHS Intensive Crisis Stabilization Services for Children

810.257.3740 877.364.3648

420 W. Fifth Avenue, Flint 48503 • www.genhs.org

Supported by funds from Substance Abuse and Mental Health Services Administration, Center for Mental Health Services through the Michigan Department of Health and Human Services.

Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute ___% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath ___% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.





Do you have an advertising NEED?

- Are you a Physician <u>and</u> you are a member of GCMS and you have a new practice in Michigan?
- Do you have a medical practice <u>and</u> you are a member of GCMS and your office has relocated?
- Do you have a business that serves Michigan and business slow?

Let Genesee County Medical Society help!

Genesee County Medical Society Bulletin

(ONLINE MAGAZINE)

Your ad will be featured in the Genesee County Medical Society monthly bulletin that is provided to 1,500+ viewers. The Bulletin can also be found on the GCMS website, and is also published through Calameo virtual magazine. (HTTPS://En.Calameo.com/)

1/2-page ad \$195/month

3/4-page ad \$290/month

Full page ad \$350/month

A link to the business website or email can be added for **NO** additional fee.



to connect with GCMS, we can provide your advertising needs!



^{**}all ads placed by Physicians or Medical Practices must have a GCMS membership.



SAFEHAVEN™ PHYSICIAN AND PROVIDER WELL BEING PROGRAM

Rediscover meaning, joy, and purpose in medicine.

SafeHaven™ ensures that physicians and health care providers can seek confidential assistance and support for burnout, career fatigue, and mental health reasons.



In-the-moment telephonic support by a licensed counselor, 24/7



Peer Coaching—talk with someone who has walked in your shoes that can help you grow both personally and professionally

- Six sessions per incident
- Physician or provider chooses coach from a panel of coaches



WorkLife Concierge, a virtual assistant to help with every day and special occasion tasks, 24/7



Legal and financial consultations and resources, available 24/7



Counseling, available in either face-to-face or virtual sessions; addressing stress, relationships, eldercare, grief, and more

- Six sessions per incident
- Available to all extended family members



VITAL WorkLife App—Mobile access to resources, well being assessments, insights, and more

RESOURCES FOR YOU AND YOUR FAMILY MEMBERS

SafeHaven™ includes Well Being Resources from VITAL WorkLife—confidential and discreet resources designed to reduce stress and burnout, promote work/life integration and support well being for you and your family.

TO LEARN MORE, VISIT www.MSMS.org/SafeHaven

To support the needs of physicians and health care providers struggling with stress, burnout, and the effects of COVID-19, the Michigan State Medical Society (MSMS) and VITAL WorkLife have partnered to offer a comprehensive set of well being resources and confidential counseling services for their use, SafeHaven™.









State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at www.joinmsms.org



Membership

- O I am in my first year of practice post-residency.
 O I am in my second year of practice post-residency.
 O I am in my third year of practice post-residency.
 O I have moved into Michigan; this is my first year practicing in the state.
- O I work 20 hours or less per week.
 O I am currently in active military duty.
 O I am in full, active practice.
- O I am a resident/fellow.

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First (legal) Nam	e:	Middle Name:	Last Nam	e:		O MD	O D0
Nickname or Pre	ferred Form of Legal Na	me:		_ Maiden Name	(if applicable)		
Job Title:							
			H Phone		H Fax		
Mobile:		Em	ail Address				
Office Address	O Preferred Mail	O Preferred Bill	O Preferred Mail and Bill				
City:				State:	Zip:		
Home Address	O Preferred Mail	O Preferred Bill	O Preferred Mail and Bill				
City:				State:	Zip:		
*Please base my	county medical society	membership on the co	ounty of my (if addresses are in	different counti	es): O Office Address () Home A	ddress
*Birth Date:	// Bi	rth Country	MI Medical Lice	nse #:	ME #:		
Medical School			Graduation Year:	EC	FMG # (if applicable)		
Residency Progra	am			Program	Completion Year		
Fellowship Program				Program	Completion Year		
Hospital Affiliati	on						
• Primary Spec	ialty				Board Certified:	O Yes	O No
						O Yes	O No
Marital Status:	O Single O Marrio	ed O Divorced Spo	ouse's First Name:	Sp	oouse's Last Name:		
Is your spouse a	physician?: • Yes	○ No If yes, are t	hey a member of MSMS?: 🔾	Yes O No			
Within the last f	ive years, have you beer	n convicted of a felony	crime?: • Yes • No	lf"yes," please p	rovide full information: _		