

# THE BULLETIN

SEPTEMBER 2022 VOLUME 99, NUMBER 9

- ◆ A Successful Fall 2022 Town Hall Meeting – Implicit Bias Training
- ◆ New Bivalent Booster Vaccination FDA Approved
- ◆ Join AMA in Private Practice Simple Solutions
- ◆ 26th Annual Conference on Bioethics—BCBSM Foundation

*Thank you to Dr. Jennifer Edwards-Johnson for a great Implicit Bias Training!*



GENESEE COUNTY MEDICAL SOCIETY

*Organized Medicine's Leading Edge*

THE BULLETIN is published monthly by:  
The Genesee County Medical Society

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**SEPTEMBER 2022 VOLUME 99, NUMBER 9**

# THE BULLETIN

READ BY 96% OF GCMS MEMBERS

## FEATURE ARTICLES

Alliance Focus:	
Reach Out and Reach	18
Commit To Fit	21
COVID-19 Resources	22
Guest Article:	
Geriatric Fragility Fractures James Ostrander, MD	27
Safe Haven: Physician and Provider Well Being Program	32

## REGULARS

President's Message	4
GCMS Meetings	5
Executive Director's Message: GCMS Town Hall Meeting– Implicit Bias Training	6

**Our Vision**

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

**Our Mission**

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

**PLEASE NOTE**

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

**THE BULLETIN**

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By subscription \$60 per year. Member subscription included with Society dues. Contributions to THE BULLETIN are always welcome. Forward news extracts or material of interest to the staff before the 1st of the month. All statements or comments in THE BULLETIN are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society .

# ARE YOU AT RISK FOR A HEART ATTACK?



There are more than **3 million cases** of **heart disease** diagnosed in the U.S. each year.

**Coronary artery disease** is the “silent killer,” but some warning signs are apparent. They include unusual pain in the left armpit, arm and upper chest; unexplained heartburn; and malaise, tiredness or “just not feeling right.” Why be uncertain?

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## President's Message

Dear Members,

In recent news, the authorization for the Bivalent formulations has been approved by the U.S. Food and Drug Administration for use as a single booster dose at least two months following primary or booster vaccination. The bivalent vaccines (updated boosters) contain two messenger RNA (mRNA) components of SARS-CoV-2 virus, one of the original strain of SARS-CoV-2 and the other one in common between the BA.4 and BA.5 lineages of the omicron variant of SARS-CoV-2.

The Moderna COVID-19 Vaccine, Bivalent, is authorized for use as a single booster dose in individuals 18 years of age and older. The Pfizer-BioNTech COVID-19 Vaccine, Bivalent, is authorized for use as a single booster dose in individuals 12 years of age and older.

### **According to the FDA, this is what you need to know:**

- The authorized bivalent COVID-19 vaccines, or updated boosters, include an mRNA component of the original strain to provide an immune response that is broadly protective against COVID-19 and an mRNA component in common between the omicron variant BA.4 and BA.5 lineages to provide better protection against COVID-19 caused by the omicron variant.
- The BA.4 and BA.5 lineages of the omicron variant are currently causing most cases of COVID-19 in the U.S. and are predicted to circulate this fall and winter. In June, the agency's Vaccines and Related Biological Products Advisory Committee voted overwhelmingly to include an omicron component in COVID-19 booster vaccines.
- For each bivalent COVID-19 vaccine, the FDA based its decision on the totality of available evidence, including extensive safety and effectiveness data for each of the monovalent mRNA COVID-19 vaccines, safety and immunogenicity data obtained from a clinical study of a bivalent COVID-19 vaccine that contained mRNA from omicron variant BA.1 lineage that is similar to each of the vaccines being authorized, and nonclinical data obtained using a bivalent COVID-19 vaccine that contained mRNA of the original strain and mRNA in common between the BA.4 and BA.5 lineages of the omicron variant.
- Based on the data supporting each of these authorizations, the bivalent COVID-19 vaccines are expected to provide increased protection against the currently circulating omicron variant. Individuals who receive a bivalent COVID-19 vaccine may experience side effects commonly reported by individuals who receive authorized or approved monovalent mRNA COVID-19 vaccines.
- With the authorization, the monovalent mRNA COVID-19 vaccines are not authorized as booster doses for individuals 12 years of age and older.

“This is great news as we go into the fall and winter when we expect cases of COVID-19 to increase,” said Dr. Natasha Bagdasarian, Michigan Department of Health and Human Services (MDHHS) Chief Medical Executive. “The bivalent booster will help fight the Omicron subvariants, including BA.4 and 5. COVID-19 vaccines remain our best defense against the virus, and we recommend all Michiganders stay up to date.”

I could not agree more, stay healthy Genesee County!

Sincerely,

Dr. Khalid Ahmed



**Medical Society Foundation**

September 21, 2022

6:00 p.m.

\*via Zoom

**Board of Directors**

September 27, 2022

6:00 p.m.

\*via Zoom

**Practice Managers**

October 13, 2022

9:00 a.m.

\*via Zoom

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### Genesee County Medical Society Offers First Webinar Town Hall Meeting

On June 1, 2022 the State of Michigan through LARA imposed a new licensure requirement. Most professions applying for a new or renewed Michigan license are now required to have obtained Implicit Bias Training. The Genesee County Medical Society made the decision to host a virtual Town Hall Meeting to provide Implicit Bias Training for all GCMS members at no charge. The meeting was made available to non-members for a nominal fee.

The GCMS Town Hall Meeting was organized as a virtual Zoom meeting. It became obvious early in the registration process, that GCMS would exceed the Zoom capability of 100 attendees. The Town Hall Meeting was discussed with the Michigan State Medical Society. MSMS allowed GCMS to utilize their Zoom webinar account which could accommodate up to 1000 attendees.

This was the first ever GCMS webinar, hosted by David Hoff & Rebecca Blake of MSMS. Dr. Jennifer Edwards-Johnson presented the 2-hour Implicit Bias training course.

Dr. Edwards-Johnson was very interactive with the attendees utilizing the chat feature. The interaction through the chat was very engaging with the attendees throughout the presentation.

This was the highest attended GCMS Town Hall Meeting ever. There were over 215 registered attendees for the meeting. During the webinar GCMS had just under 200 attendees logged into the webinar.

The first ever GCMS webinar Town Hall Meeting was an overwhelming success. We had attendees participate from Genesee, Lansing, Lapeer, Jackson, and Oakland County.

This meeting was a tremendous benefit to our members and the community. GCMS will consider organizing another webinar in 2023.

I would like to thank Dr. Jennifer Edwards – Johnson and Rebecca Blake for an outstanding meeting.

If you have any suggestions for future meetings, please contact [executivedirector@gcms.org](mailto:executivedirector@gcms.org)



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## **26th Annual Conference on Bioethics**

**26th Annual Conference on Bioethics  
Contemporary Challenges in Clinical Bioethics**

November 4, 2022  
8:45 am – 4:15 pm ET

Hybrid Conference  
(In-Person and Virtual Options)

Sheraton Ann Arbor  
3200 Boardwalk, Ann Arbor, MI 48108



Supported by the Blue Cross Blue Shield of Michigan Foundation





The practice of medicine entails many moral dilemmas. The intersection of personal and professional values raises significant questions about the rights and obligations of physicians in both clinical encounters and society at large. Many of these tensions have been brought into particularly sharp relief by the recent pandemic and social unrest. To address the changing landscape of medicine in these challenging times, the MSMS 26th Annual Conference on Bioethics will focus on Contemporary Challenges in Clinical Bioethics. Conference sessions will focus on contemporary moral dilemmas facing physicians today, such as ethical obligations related to pain management, pediatric palliative and hospice care, marginalized patient and clinical communication, and the assessment of decisional capacity in non-verbal and non-communicative patients.

**When registering be sure to select in-person or virtual attendance.**

You can download our Keynote Speaker Dov Fox's article on Medical Disobedience here [Medical Disobedience Abstract](#)

## **Sheraton Ann Arbor**      Location

### **Registration Fees:**

Members - \$50

Non-members - \$100

Students and residents - Free

### **Statement of Accreditation**

The Michigan State Medical Society (MSMS) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### **AMA Credit Designation Statement**

The MSMS designates this live activity for a maximum of 6 *AMA PRA Category Credit (s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

[Register Online](#)

You are Cordially Invited to:

*The Genesee County Medical Society*

*2022 President's Ball*

Honoring GCMS President Dr. Khalid Ahmed

And GCMSA President Lakshmi Tummala

November 19, 2022 @ 6:00 P.M.

'A Night in Sudan'

Please RSVP to [Executivedirector@GCMS.org](mailto:Executivedirector@GCMS.org) by November 5, 2022

(You will receive an invoice for the amount of tickets purchased.)

Buffet dinner with a vegetarian option included

Join us for cocktail hour! Open Bar from 6pm-7pm

Please Call 810-733-9923 with any questions (Black Tie Optional)

**\$95.00/  
Per ticket**



*Atlas Valley Country Club— 8313 Perry Road Grand Blanc, Mi 48439*

Please consider partnering with GCMS on a President's Ball Sponsorship!

However, Individual tickets will be sold in the near future.

**26th Annual Conference on Bioethics**

# GEMS/GEMSA

## 2022 President's Ball

Honoring GEMS President Dr. Khalid Ahmed

And GEMSA President Lakshmi Tummala

November 19, 2022 @ 6:00 P.M.

### 'A Night in Sudan'

#### Sponsorship Opportunities :

#### Premiere

\$10,000 Level Sponsor

Includes two tables of 6 (12 seats).

One Full-Page Ad in the January 2023 GCMS Bulletin, a special mention in advertising and promotions relating to the President's Ball, acknowledgement in the event program and at the podium and a Sponsorship of a

Dinner Business Meeting.

#### Platinum

\$5,000 Level Sponsor

Includes one table of 6

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#### Gold

\$2,500 Level Sponsor

Includes one table of 6

One Half-Page Ad in the January 2023 GCMS Bulletin, a special mention in advertising and promotions relating to the President's Ball, acknowledgement in the event program and at the podium.

#### Silver

\$1,500 Level Sponsor

Includes seating for 4

One Half-Page Ad in the January 2023 GCMS Bulletin, a special mention in advertising and promotions relating to the President's Ball, acknowledgement in the event program and at the podium.

#### Bronze

\$750 Level Sponsor

Includes seating for 2

One Half-Page Ad in the January 2023 GCMS Bulletin, a special mention in advertising and promotions relating to the President's Ball, acknowledgement in the event program and at the podium.

#### Popper

Generous Donation Sponsor (over \$500)

Includes seating for 2

A special mention in advertising and promotions relating to the President's Ball, acknowledgement in the event program and at the podium.

To partner with GCMS for sponsorship of the event please email:  
[Executivedirector@gcms.org](mailto:Executivedirector@gcms.org)

## Government Relations & Physician Engagement Team

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## Legislative Platform & Priorities



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MICHIGAN STATE MEDICAL SOCIETY

120 West Saginaw Street, East Lansing, Michigan 48823  
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# MSMS Legislative Platform & Priorities



## MSMS Legislative Priorities

Key priorities of the Michigan State Medical Society (MSMS) and its 15,000 physician and medical student members are as follows:

### COVID-19

The COVID-19 pandemic has taken a devastating toll on the physical and mental health of Michigan citizens, as well as the economic health of our state. Additionally, many of Michigan's medical practices are trying to regroup from financial and staffing losses and increased costs to comply with regulatory mandates. By using scientific data to help inform decision-making, MSMS is committed to working collaboratively with stakeholders to end the COVID-19 pandemic, safely re-engage all economic sectors, provide efficient and equitable vaccine distribution, and ensure practice sustainability.

### Prior Authorization and Step Therapy Reform

The prior authorization process diverts valuable resources away from direct patient care, can delay the start or continuation of necessary treatment, and can negatively impact patient health outcomes. Step therapy, also known as fail first, is another practice that disrupts patient care by requiring patients to try other therapies before being approved for the treatment that their doctor originally prescribed. MSMS will work closely with the Legislature, regulators, and other stakeholders on ways to reform prior authorization and step therapy processes to ensure transparency, remove unnecessary and costly care delays, and support shared decision-making.

### Team-based Care

Patients are best served by a team-based approach to care that provides the maximum amount of choice while ensuring that they benefit from the additional training and expertise that comes from having a physician on the team. A highly functioning health care team is the best way to serve patients. MSMS will continue to promote the role of the physician as the leader of the health care team and oppose any efforts to expand allied health professionals scope of practice that may put patients at risk.

### Telemedicine

Telemedicine has proven to be an effective care delivery method that ensures convenient and timely access to patients. Before the outbreak of COVID-19, insurers covered telemedicine visits to varying extents; however, there were often obstacles such as low reimbursement and restrictions on site of care. Although payers removed some of the regulatory and administrative barriers during the pandemic, these policies are now reverting to pre-pandemic times. Moving forward, payment and service parity for the use of clinically appropriate telemedicine services is critical.

### Health Equity

Several events in 2020 brought to the forefront the need to prioritize advocacy addressing systemic policies and other contributing factors that deny historically marginalized groups equal and just opportunities to maximize quality of life and health outcomes. In order to improve the health of all populations, MSMS will work to advance policies that reduce disparities and improve health equity.

### Graduate Medical Education (GME)

Studies repeatedly demonstrate that one of the best ways to recruit and retain physicians is via local medical schools and residency programs. GME helps fill the gap in underserved areas by providing extremely low-cost care to those most in need. Michigan has been a leader in expanding medical school class sizes to address the projected demand for physician services, it is imperative that we continue to fund GME slots to allow these future physicians to learn here in Michigan, train here in Michigan, and stay here in Michigan.

## Legislative & Regulatory Platform

MSMS has long-standing positions and policies on numerous topics. Following is an overview of the top issues comprising the MSMS legislative and regulatory advocacy platform.

### Insurance and Regulatory Advocacy

- Support mental health and substance use disorder parity
- Ensure appropriate access to and payment for telemedicine
- Advocate for adequate and transparent physician networks
- Reduce unnecessary administrative costs

### Public Health and Prevention

- Strengthen public health infrastructure
- Support vaccine availability and oppose efforts to weaken Michigan's vaccine laws
- Improve health equity
- Ensure access to evidence-based non-opioid pain care and opioid use disorder treatment
- Reduce childhood environmental hazards
- Reduce gun violence through health screening, patient counseling and expanded access to mental health services

### Professional Liability

- Preserve existing tort reforms
- Support higher negligence thresholds in medical liability cases
- Eliminate the lost opportunity doctrine
- Maintain the legislative intent and enforceability of all medical liability tort reforms

### Medicaid

- Seek funding parity with Medicare
- Seek funding sources that are fair and sustainable
- Support state funding for the Healthy Michigan Plan
- Ensure access to physician-directed care

### Physician Supply and Training

- Increase graduate medical education funding at state level
- Minimize burden of medical school debt

### Insurance Contracting Reform

- Limit retroactive audit timeframes
- Support adequate disclosure of fee screens
- Support appeals process that includes independent reviews

### Scope of Practice

- Support physician-led, team-based health care
- Support education over legislation as the means of increasing scope of practice
- Oppose independent prescriptive authority by non-physicians
- Support patient right-to-know/health professional credentials disclosure

### For more information about MSMS legislative advocacy, please contact:

- Josiah Kissling, Senior Director, State and Federal Government Relations, at [jkissling@msms.org](mailto:jkissling@msms.org)
- Scott Kempa, Manager, State and Federal Government Relations, at [skempa@msms.org](mailto:skempa@msms.org)
- Kate Dorsey, Manager, State and Federal Government Relations, at [kdorsey@msms.org](mailto:kdorsey@msms.org)



A large banner with a blue background and a yellow border. At the top left, it features the AMA logo and the text "STEPSforward" in a white, serif font. Below this, the main title "Private Practice Simple Solutions" is written in a large, white, sans-serif font. On the right side of the banner is a purple silhouette of a human head in profile, facing right. Overlaid on the head are several icons: a stethoscope, a document with a checkmark, a plus sign, a circular arrow, a bar chart, and a dollar sign.

Webinar

AMA Private Practice Simple Solutions: Team Documentation

**Oct 18, 2022**

[Oct. 18 Session Registration](#)

Virtual



## **Team Documentation: Sept.-Oct. collaborative session**

The AMA's [Private Practice Simple Solutions](#) are rapid learning cycles designed to provide opportunities to implement actionable changes that can immediately increase efficiency in private practices. Each 8-week learning session will be focused on one topic area.

This eight-week learning session uses the [AMA STEPS Forward® Team Documentation Toolkit](#) as a guide.

### **When**

#### **Recording one: To be released Sept. 8**

Recording one releases and will discuss:

- Implement multiple contributor documentation process
- Design efficient documentation workflow
- Appropriately delegate tasks to staff

#### **Recording two: To be released Oct.18**

- Panel with subject matter expert on common obstacles in a clinical vignette



**ATTENTION!**



**9:00 A.M.**  
**Via Zoom**

**ATTENTION: PRACTICE MANAGERS  
AND OFFICE STAFF!**

**Genesee County Medical Society addresses issues of concern  
for medical professionals!**

Please join GCMS and SOVITA in monthly meetings for  
practice managers and office staff of *all member physicians*.

*Please email [executivedirector@gcms.org](mailto:executivedirector@gcms.org) to RSVP,*

***YOU WILL RECEIVE A ZOOM INVITE***

**NEXT MEETING DATE:**

**October 13, 2022 9:00 A.M.**

*You do not want your Practice Manager to miss out  
on these valuable meetings!*





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## Reach Out and Reach

Genesee Intermediate Early Learning Programs span 21 school districts within Genesee County. Head Start (Federal funds) serves the lowest economic and youngest group of children (6 weeks to 5 years old - prior to K). Great Start Readiness (State of MI funds) serves 4-year-olds entering Kindergarten the following year. These programs are free to families.

Research shows that it is prior to school that children get the foundational skills they need to learn to read. The programs have just completed an audit of the reading material they currently have in the classrooms and find that they are lacking in current books that show diverse characters. For example, books with pictures, paintings, or even comic characters representing diverse families, cultures, and people are missing from the shelves. If the classrooms have any books, they may include some girls of color but no or only one boy of color. There are many books that solve this problem, but they are new - printed within the last 10 years and the classrooms do not have them. If they do have them, they are few and far between. They have received gifts of books to share with families and those usually are about animals or families that do not represent the current clientele.

The Intermediate school district is committed to changing the reading materials for the children. They requested my help to get them a resource list which I have done. They have scheduled a meeting with me on September 12th to discuss help in paying for some of the books. Remember, we are talking about 21 school districts.

Reach Out and Read is an important project of the Michigan State Medical Society Alliance. The Genesee County Medical Society Alliance has been involved with the project for several decades. Under the project, we distribute books to schools in order to help students improve their reading skills and secure higher grades. In the past, the Alliance received funding from McLaren Foundation-Flint which helped us purchase books to distribute to area schools for two consecutive years. However, last year, McLaren declined to fund the project. Hence, the Alliance budgeted \$1,000 which was matched by another organization to purchase and distribute books for the Boys and Girls Clubs of Flint. I hope to receive similar much-needed funding from the Alliance this year as well. I am assured by at least a couple of other organizations that, if we can donate \$1,000.00 this year, they will support the effort with matching grants.

GISD has also extended an invitation to GCMSA to hold their November meeting at their newest site - Educare which is located across from Kettering University next to Duran Tuuri Mott. There is a conference room large enough for us to meet and we can also tour the building to see an example of the most modern childcare building and programming available for children today. The tentative date offered is November 15, 2022, with a time frame of 9:30 am to 1:00 pm.

Elizabeth Jordan  
Chairperson  
Reach Out and Read





## Do you have an advertising NEED?

- Are you a Physician **and** you are a member of GCMS and you have a new practice in Michigan?
- Do you have a medical practice **and** you are a member of GCMS and your office has relocated?
- Do you have a business that serves Michigan and business slow?

**Let Genesee County Medical Society help!**

## Genesee County Medical Society Bulletin

(ONLINE MAGAZINE)

**Your ad will be featured in the Genesee County Medical Society monthly bulletin that is provided to 1,500+ viewers. The Bulletin can also be found on the GCMS website, and is also published through Calameo virtual magazine. ([HTTPS://En.Calameo.com/](https://en.calameo.com/))**

1/2-page ad \$195/month

3/4-page ad \$290/month

Full page ad \$350/month

A link to the business website or email can be added for **NO** additional fee.

**Click here**

to connect with GCMS, we can provide your advertising needs!



\*\*all ads placed by Physicians or Medical Practices must have a GCMS membership.



# FREE STROKE SCREENING

Strokes don't discriminate; they affect people of all ages, ethnicities and backgrounds. Fortunately, many strokes are preventable, and you can take steps now to reduce your risk. Begin by understanding the risk factors and find out which are specific to you. Come to our free screening event put on by the Flint Stroke Coalition which is represented by all three Genesee County hospitals and the Genesee County Free Medical Clinic - it could save your life!

#### Screening includes:

- Diabetes screening- Hemoglobin A1C
- Full Lipid Panel including total cholesterol, HDL, LDL, and triglycerides
- Blood pressure and pulse
- Sleep disorder risk assessment
- Risk-reduction plan
- Results counseling and education

Local physicians, nurses, pharmacists, EMS providers, and other healthcare personnel will be volunteering at the screening in order to help answer your questions!

**Think you or someone you know is experiencing a stroke?**

**Remember BE FAST and call 9-1-1!**

## 2022 FREE STROKE SCREENING DATES

**WHEN** 9am to 2pm

April 28<sup>th</sup>  
May 26<sup>th</sup>  
June 23<sup>rd</sup>  
July 28<sup>th</sup>  
August 25<sup>th</sup>  
September 22<sup>nd</sup>  
October 27<sup>th</sup>  
December 22<sup>ND</sup>

Testing made possible by the support of:

Genesee Health Plan

McLaren Flint Community Outreach

Shori and Pervin Majjhoo Neuroscience Fund

## WHERE

**Genesee County  
Free Medical Clinic**

2437 Welch Blvd

Flint, MI 48504

810-235-4211

[www.gcfmc.org](http://www.gcfmc.org)

*\*PLEASE attempt to not eat or drink the morning of the screening for accurate results. Take morning medication with sips of water.*



# COMMIT TO FIT!

## Virtual Fitness Guide

### Commit to Fit!



Visit [commit2fit.com](https://commit2fit.com) to track all of your physical activity and keep track of your fitness goal!

### University of Michigan - Flint



Click [HERE](#) for daily workouts!

### Crim Fitness Foundation



Visit [crim.org](https://crim.org) for a variety of yoga and mindfulness practices!

### Ascension Genesys Athletic Club



Click [HERE](#) for intense & moderate workout videos!

### YMCA - 360



Visit [ymca360.org](https://ymca360.org) for fitness classes of all ages!

### Arthritis Foundation



Click [HERE](#) for arthritis exercises!



 **CLICK HERE**

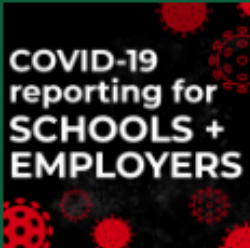
**For Daily Genesee County Covid-19 Numbers**

 **COVID-19 Summary for Genesee County, Michigan**

[Coronavirus \(COVID-19\) Data Dashboard for Genesee County](#)

 **CLICK HERE**

**For Reporting**



**EMPLOYERS + SCHOOL ADMINISTRATORS:**

Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at [GCHD-CD@gchd.us](mailto:GCHD-CD@gchd.us) or call (810) 257-1017

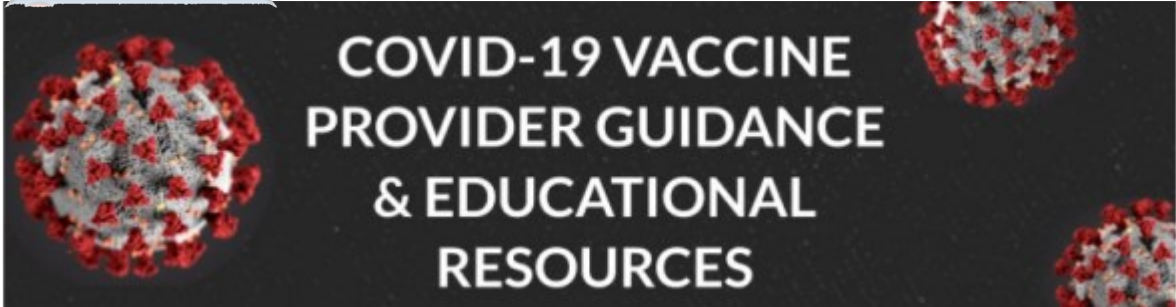
 **CLICK HERE**

**For State of Michigan Covid-19 Information**





 [CLICK HERE](#)



## COVID-19 VACCINE

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

[COVID-19 VACCINE PLAN](#)

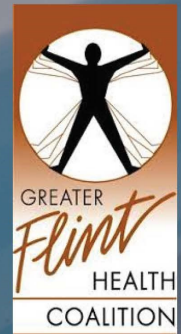
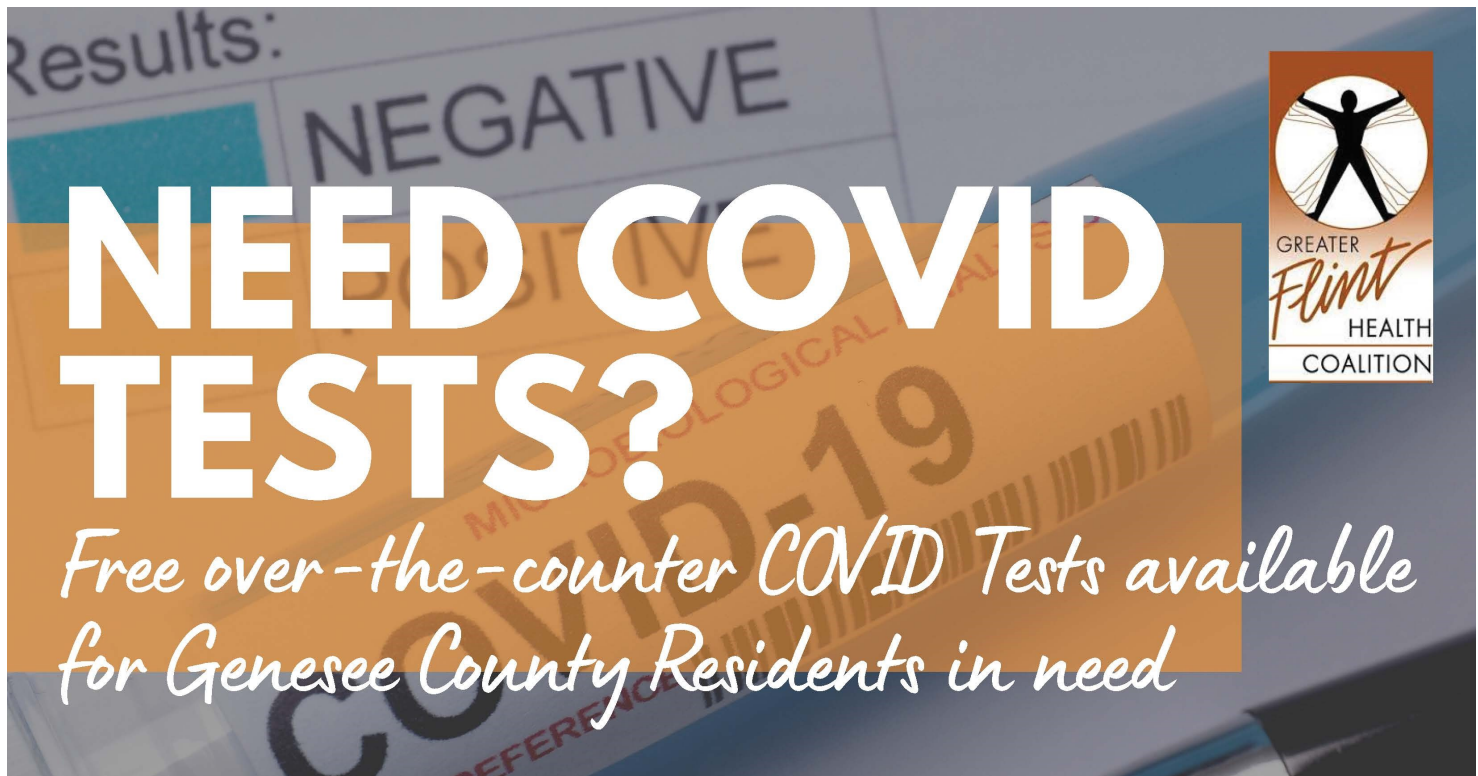
 [CLICK HERE](#)

[COVID-19 VACCINE RESOURCES](#)

[IMMUNIZATIONS DURING COVID-19](#)

[CDC FAQs](#)

[PROVIDER GUIDANCE & EDUCATION](#)



# NEED COVID TESTS?

*Free over-the-counter COVID Tests available for Genesee County Residents in need*

## CAN'T FIND A TEST IN-STORE? WE CAN HELP!

If you are a community-based organization with clients in need, contact Genesee CHAP to receive a bulk delivery of tests.

Are you a resident, a school, or medical practice? If so, make a referral to CHAP to receive a free COVID-19 OTC test, delivered within 24 hours.

*Free COVID-19 tests available for all who need one. Limit 6 per household.*

### Make a Referral to Genesee CHAP

- Call 810-953-2427
- Utilize the Community Referral Platform
- Fax Genesee CHAP Referral Form
- Visit [gfhc.org/CHAPreferrals](https://gfhc.org/CHAPreferrals)



*Request "OTC COVID-19 Test" and note "Urgent". Genesee CHAP will deliver test(s) to the individual's home within 24 hours.*





# USING & REPORTING SELF-TESTS | COVID-19 |

1

Follow instructions very carefully.



2

Use the QR code below for more information about self-testing and how-to videos.



3

**If your results are positive**

Report results to GCHD at [www.gchd.us](http://www.gchd.us) or click [here](#).

Isolate yourself from others for 5 days following symptom onset (if symptomatic) or positive test result (if asymptomatic).

Tell your close contacts that they may have been exposed to COVID-19.

Call GCHD at 810-344-4800 if you are unable to use online resources.



4



If you are at an increased risk of becoming very sick, treatment maybe be available. Contact your health care provider right away if your test result is positive.



[www.cdc.gov/covidtesting](http://www.cdc.gov/covidtesting)

# Your Membership at Work

- ◆ GCMS staff helped Genesee County residents with contacts, resources and explanations.
- ◆ GCMS continues planning and obtaining grants and sponsors for 2022 President's Ball.  
Get your tickets NOW! Date: November 19, 2022
- ◆ GCMS held a virtual Implicit Bias Training at the September Town Hall meeting and provided members and non-members the ability to earn CME credits! Thank you to Rebeca Blake and Dr. Jennifer Edwards-Johnson!
- ◆ GCMS Project Managers received great resources to provide their offices with virtual interpreting services to help with ADA compliance and practice excellence.



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**810.750.6822**  
[mktg@TheRybarGroup.com](mailto:mktg@TheRybarGroup.com)  
[www.TheRybarGroup.com](http://www.TheRybarGroup.com)

**31 Years of Innovative Strategies. Exceptional Results.**  
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HEALTHCARE FINANCIAL CONSULTANTS

# Guest Article

## Geriatric Fragility Fractures

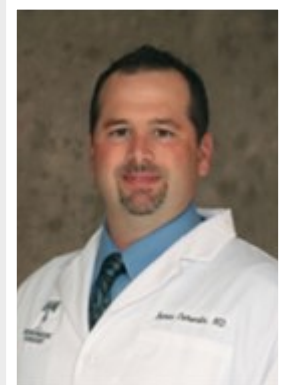
As an orthopedic traumatologist, when you are asked to give a public service announcement, the usual answers are 1) wear a helmet while riding a bicycle, 2) don't text and drive, 3) don't drink and drive, 4) watch out for motorcycles, and 5) stay off high ladders and roofs. I believe there is an even larger growing epidemic in the orthopedic trauma world: geriatric fragility fractures. An aging population attempting to maintain their independence longer has led to an increase in complex fragility fractures. The World Health Organization defines a fragility fracture as "A fracture caused by injury that would be insufficient to fracture normal bone; the result of reduced compressive and/or torsional strength of bone". These are fractures from no identifiable trauma or low energy mechanisms like falling from a standing height. Fragility fractures typically result from osteoporosis. National Osteoporosis Foundation describes osteoporosis as a bone disease in which the body loses too much bone, makes too little bone, or both resulting in brittle weaker bone.

In 2006, around 9 million osteoporotic fractures occurred worldwide. That is a fracture every 3 seconds<sup>1</sup>. It was predicted that the rate of worldwide fragility hip fractures would reach 2.6 million per year by 2025 and 4.5 million per year by 2050<sup>2</sup>. One year mortality ranges from 15 to 30% for fragility hip fractures with 50% of them occurring within 3 months from the fracture. Although males account for only 25% of the fragility hip fractures one year mortality risk is 20% greater in men than women. Common fragility fractures include distal radius fractures, vertebral compression fractures, and hip fractures.

If a patient sustains a fragility fracture, a workup for primary and secondary osteoporosis should be started. A dexa scan is the typical diagnostic tool to identify osteoporosis with a T-score of less than -2.5 as a cutoff. Once a workup for primary or secondary causes of osteoporosis is complete, it is helpful to look at the risk of sustaining a subsequent fragility fracture to determine if medicinal treatment is required. A free online risk assessment tool is available (Fracture Risk Assessment Tool (FRAX) [<https://www.sheffield.ac.uk/FRAX/tool.aspx>]).

Given that there is an imbalance of ratio of Bone Resorption to Bone Building, treatment targets one side of the equation or the other. There are antiresorptive medications like Bisphosphonates, SERMS, Estrogen, Calcitonin, and Denosumab. There are also bone building stimulants like Recombinant Parathyroid Hormone, Romosozumab, and Strontium ranelate. Nonmedicinal treatments such as a low impact weight bearing exercise program has also been shown to be helpful.

Bisphosphonates are the most widely used for treatment of osteoporosis and have been shown to decrease subsequent fragility fractures in the short term. Long term benefit is up for debate. It is recommended to reassess patient risk every 3-5 years. Use of bisphosphonates greater than 5 years carries risks of osteonecrosis of the jaw and pathologic subtrochanteric femur fractures. Often a bisphosphonate holiday is recommended after 10 years (oral) and 6 years (IV) of bisphosphonate use.



**James Ostrander, MD**  
Ortho Michigan  
810-733-1200

# GHS Intensive Crisis Stabilization Services for Children and Young Adults



The GHS Children's Intensive Crisis Stabilization Team (ICSS) provides mobile crisis stabilization services, 7 days a week between 8:00am and 7:00pm to all children, youth, and young adults (ages 0-21) who reside in Genesee County. Calls during other hours are helped by our Crisis Line mental health professionals.

## Reasons to call GHS:

- If you feel your child/youth is in a crisis
- The child/youth may hurt themselves or others
- The child is experiencing overwhelming confusion, anger, or emotional unresponsiveness

If you aren't sure if ICSS is needed, give us a call and we can help to explore options.

## What happens when the GHS Intensive Crisis Team is called?

The team will provide an on-site intervention with the identified child or youth, and their support system. The team's main focus will be to help assess the crisis, utilize de-escalation techniques, help the child/youth and their family or support system to help with what is needed and to help determine next steps and long-term care.

## Other services include:

- Crisis and Safety Planning
- Referrals to needed services
- Education on resources, diagnosis and services
- Collaboration and problem solving

\* Psychiatric consults, as needed (does not include medication review for prescription)

\*\* Intensive Crisis Stabilization services cannot be provided to individuals who are currently residing in inpatient settings: Jail/detention centers or residential settings (i.e. child caring institutions, crisis residential, etc.).

## GHS Intensive Crisis Stabilization Services for Children

**810.257.3740 877.364.3648**

**420 W. Fifth Avenue, Flint 48503 • [www.genhs.org](http://www.genhs.org)**

Supported by funds from Substance Abuse and Mental Health Services Administration, Center for Mental Health Services through the Michigan Department of Health and Human Services.

# Dr. Devinder K. Bharany

Doctor and adored husband and father, Devinder (Dev) K. Bharany's love of life did not come to an end with his death. Dev passed away on August 30th, 2022 at the age of 77. He was surrounded by loved ones who will continue to honor his legacy by paying it forward, smiling and telling jokes.

To some, Dev was born on April 1st, 1944. But to those not fooled by him, he was born on November 26th, 1944 in Amritsar, India, to Vishwanath and Shukuntala Sneha Bharany. He earned his medical degree from Government Medical College in Amritsar in 1969. He had the fortune to move to Buffalo, NY, for his medical internship followed by completion of his Neurology residency at St. Louis University in 1974. He practiced Neurology for 48 years in Flint, MI. During that time frame, he not only cared for innumerable patients, he served as Chief of Staff at McLaren Medical Center, pioneered the introduction of CT scanner and MRI machines to mid-Michigan, and trained generations of medical residents.

After many attempts, the love of his life, Anjana Abrol, a medical school classmate, agreed to marry him on October 27, 1970. Together, they raised their son, Amit, as well as empowered many family members and those in the Flint community.

Dev is a light hearted soul with many passions. They included telling jokes, golfing at Flint Golf Club, reading thrilling novels, calling his friends, drawing "New-Yorker" esque cartoons, and watching hours of Netflix with his wife. In fact, at any waking moment, he was usually combining them: making golf drawings, joking with his friends, and reading on his living room couch while next to Anjana.

He's known for his quick wit, bright personality, infectious smile, and genuine desire to help anyone as he can. Even Dev's simplest acts were known to have a great impact. Dev's spirit lives on with his wife Anjana, son Amit, daughter-in-law Kristin, siblings Kamal, Ramesh, Narinder, and Shashi as well as several cousins, nieces, and nephews.



# Dr. Edgardo Gaddi Paguio

Dr. Edgardo Gaddi Paguio, age 80, of Grand Blanc, Michigan passed away on Thursday, September 1, 2022.

Edgardo was born December 26, 1941, in Manila Philippines to the late Dr. Angel and Priscilla (Gaddi) Paguio. Edgardo had many career accomplishments, including a Medical Doctorate from the University of Santo Tomas, Manila, Philippines; general practice in the Philippines from 1964 - 1966; medical certification from the American Board of Radiology in 1973; Section Chief of Angiography and Special Procedures Section at the University of Illinois, as well as Consultant in Angiography in Chicago, Illinois from 1972 - 1974; Staff Radiologist at Theodore Sachs Clinic in Chicago, Illinois from 1972 - 1974, and at Hurley Medical Center from 1974-1984; Partner Radiologist at Diagnostic Radiology Associates of Flint, P.C. 1984 - 1993, and at Associated Radiologists of Flint, P.C. from 1994 - 2018.

Dr. Edgardo Paguio was a well-respected physician that was involved in many memberships, including the American College of Radiology, American Medical Association, American Roentgen Ray Society, Genesee County Medical Society, Michigan State Medical Society, Michigan Radiological Society, American Institute of Ultrasound in Medicine and Radiology Society of North America. He earned many prestigious awards, most notably the Excellence in Residency Teaching Award, 1999 - 2015, Michigan State University, Flint area Medical Education in Diagnostic Radiology. In 2010, he was appointed as Clinical Assistant Professor in the Department of Radiology at Michigan State University College of Human Medicine.

In addition to being a renowned radiologist that was appreciated and respected by his patients, residents and peers, he was also a passionate artist. His mediums included acrylic painting, sculpting and assemblage art of which he has created hundreds of works. He also enjoyed woodworking and had a deep passion for gardening where he would spend endless hours in the yard.



Edgardo was a wise, confident, intelligent, and most generous human being. He was devoted to his duties as a husband, son, father, brother, grandfather, and friend. His love for fishing and traveling with his family provided endless memories. He especially loved to travel with his beloved wife to Australia, New Zealand, Tasmania, and Europe. He was so loved, cherished, and appreciated by his family, friends, colleagues, and community. He will be deeply missed by all.

Edgardo is preceded in death by his son Edward Lyn Paguio, and parents, Dr. Angel and Priscilla Paguio. He is survived by his beloved wife of 56 years: Alegria; children: Michael Paguio (Char Smith), Cecilia (John) Garbo and their children Eric and Danielle, Emmanuel (Adriana) Paguio and their children Alexa and Tristan, Ronald (Kristi) Paguio, and Sarah (Aaron) Sutter; sisters: Erlinda Paguio and Emylene Paguio.

## Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute \_\_\_% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath \_\_\_% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.



**Don't Forget!**  
Donations are tax deductible!

**Please contact GCMS at 733-9923 or email [executivedirector@gcms.org](mailto:executivedirector@gcms.org)**



**safe haven™**  
CONFIDENTIAL SUPPORT

## SAFEHAVEN™ PHYSICIAN AND PROVIDER WELL BEING PROGRAM

Rediscover meaning, joy, and purpose in medicine.

SafeHaven™ ensures that physicians and health care providers can seek confidential assistance and support for burnout, career fatigue, and mental health reasons.



In-the-moment telephonic support by a licensed counselor, 24/7



Legal and financial consultations and resources, available 24/7



Peer Coaching—talk with someone who has walked in your shoes that can help you grow both personally and professionally

- Six sessions per incident
- Physician or provider chooses coach from a panel of coaches



Counseling, available in either face-to-face or virtual sessions; addressing stress, relationships, eldercare, grief, and more

- Six sessions per incident
- Available to all extended family members



WorkLife Concierge, a virtual assistant to help with every day and special occasion tasks, 24/7



VITAL WorkLife App—Mobile access to resources, well being assessments, insights, and more

### RESOURCES FOR YOU AND YOUR FAMILY MEMBERS

SafeHaven™ includes Well Being Resources from VITAL WorkLife—confidential and discreet resources designed to reduce stress and burnout, promote work/life integration and support well being for you and your family.

TO LEARN MORE, VISIT  
[www.MSMS.org/SafeHaven](http://www.MSMS.org/SafeHaven)

To support the needs of physicians and health care providers struggling with stress, burnout, and the effects of COVID-19, the Michigan State Medical Society (MSMS) and VITAL WorkLife have partnered to offer a comprehensive set of well being resources and confidential counseling services for their use, SafeHaven™.





Application Code: \_\_\_\_\_

# State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at [www.joinmsms.org](http://www.joinmsms.org)

Join  
GCMS/MSMS

Renew  
Membership

- |  |   |
|--|---|
| <input type="radio"/> I am in my first year of practice post-residency.                          | <input type="radio"/> I work 20 hours or less per week.       |
| <input type="radio"/> I am in my second year of practice post-residency.                         | <input type="radio"/> I am currently in active military duty. |
| <input type="radio"/> I am in my third year of practice post-residency.                          | <input type="radio"/> I am in full, active practice.          |
| <input type="radio"/> I have moved into Michigan; this is my first year practicing in the state. | <input type="radio"/> I am a resident/fellow.                 |

Male     Female

First (legal) Name: \_\_\_\_\_ Middle Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  MD  DO

Nickname or Preferred Form of Legal Name: \_\_\_\_\_ Maiden Name (if applicable) \_\_\_\_\_

Job Title: \_\_\_\_\_

W Phone \_\_\_\_\_ W Fax \_\_\_\_\_ H Phone \_\_\_\_\_ H Fax \_\_\_\_\_

Mobile: \_\_\_\_\_ Email Address \_\_\_\_\_

Office Address  Preferred Mail  Preferred Bill  Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Address  Preferred Mail  Preferred Bill  Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\*Please base my county medical society membership on the county of my (if addresses are in different counties):  Office Address  Home Address

\*Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Birth Country \_\_\_\_\_ MI Medical License #: \_\_\_\_\_ ME #: \_\_\_\_\_

Medical School \_\_\_\_\_ Graduation Year: \_\_\_\_\_ ECFMG # (if applicable) \_\_\_\_\_

Residency Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Fellowship Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Hospital Affiliation \_\_\_\_\_

• Primary Specialty \_\_\_\_\_ Board Certified:  Yes  No

• Secondary Specialty \_\_\_\_\_ Board Certified:  Yes  No

Marital Status:  Single  Married  Divorced Spouse's First Name: \_\_\_\_\_ Spouse's Last Name: \_\_\_\_\_

Is your spouse a physician?:  Yes  No If yes, are they a member of MSMS?:  Yes  No

Within the last five years, have you been convicted of a felony crime?:  Yes  No If "yes," please provide full information: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_