THE BULLETIN

JULY 2021 VOLUME 98, NUMBER 7











THE BULLETIN is published monthly by: The Genesee County Medical Society

GCMS OFFICERS 2021

Sunilkumar Rao, DO, President Khalid Ahmed, MD, President Elect Qazi Azher, MD, Immediate Past Pres. Paul Kocheril , MD, Secretary Ethiraj Raj, MD ,Treasurer

MSMS OFFICERS 2021

Pino Colone, MD President S. Bobby Mukkamala, MD Immediate Past President John Waters, MD Treasurer

DISTRICT DIRECTOR VI

Nita Kulkarni, MD

DELEGATES

Qazi Azher, MD Laura Carravallah, MD Ed Christy, MD Deborah Duncan, MD John Hebert, III, MD Venkat Rao, MD Tarik Wasfie, MD

ALTERNATE DELEGATES Macksood Aftab, MD

Khalid Ahmed, MD
Mohammed Alasbahi, MD
Scott Garner, MD
Asif Ishaque, MD
Sunil Kaushal, MD
Paul Kocheril, MD
Rama Rao, MD
Elhamadi Saeed, MD
Brenda Rogers-Grays, MD
Ehab Youssef, MD

OTHER BOARD MEMBERS

Michael Giacalone, Jr., MD Pamela Hackert MD, JD, MPH Gary Johnson, MD

EXECUTIVE DIRECTOR

David Hoff, MA, CCP

EXECUTIVE ASSISTANT

Jennifer Sanders

JULY 2021 VOLUME 98, NUMBER 7

THE BULLETIN

READ BY 96% OF GCMS MEMBERS

FEATURE ARTICLES

Guest Editorial:

GCMS Alliance Annual Geranium Luncheon			
Commit To Fit	19		
COVID-19 Resources	22		
Healing Hands 5k Walk/Run	27		
Safe Haven: Physician and Provider Well Being Program	30		

REGULARS

President's Message	4
GCMS Meetings	5
Executive Director's Message:	
Covid-19 Vaccinations for Homebound Patients	6

Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

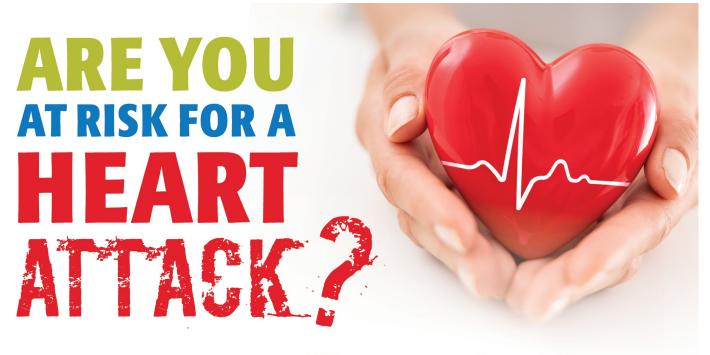
PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

Published by the Genesee County Medical Society Publication Office 4438 Oak Bridge Drive, Suite B, Flint, Michigan 48532 Phone (810) 733-9923

By subscription \$60 per year. Member subscription included with Society dues. Contributions to *THE BULLETIN* are always welcome. Forward news extracts or material of interest to the staff before the 1st of the month. All statements or comments in *THE BULLETIN* are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society.



There are more than 3 million cases of heart disease diagnosed in the U.S. each year.

Coronary artery disease is the "silent killer," but some warning signs are apparent. They include unusual pain in the left armpit, arm and upper chest; unexplained heartburn; and malaise, tiredness or "just not feeling right."

Why be uncertain?

RMI is helping everyone stay healthy by offering CT Cardiac Scoring exams for



CT CARDIAC SCORING

could give you the answers you need

Scans for evidence of coronary artery disease

Fast, painless alternative to invasive or physically demanding tests

Effective screening method for patients at higher risk of heart disease

Easy, flexible scheduling, convenient hours and compassionate care

3

Genesee County **(810) 732-1919** Novi **(248) 536-0410** Royal Oak **(248) 543-7226** Southgate **(734) 281-6600**

PRESIDENT'S MESSAGE

Greetings,

As we enter summer, which marks half way through this year, I want to focus on "team based health care", an approach we all should strive to adapt in our everyday practice. One that includes representing physicians in the battles medicine faces locally and nationally; promoting policies that protect our patients, our practices and our ability to care for our communities; and preventing regulations that contribute to the ever-increasing problem of burnout among physicians that is resulting in early retirement or career change, frustrations and even suicide.

I believe all physicians are responsible to protect the profession of medicine in the present and for the future. And no one can do that alone. We can do it as a team, listening to our colleagues, especially where their insights and needs differ from ours. I am so encouraged by talking to our medical students and young physicians, with their fresh ideas and outlooks, dedicated to the future of patient care.

Fulfilling our mission "to promote the science and art of medicine, the care and wellbeing of patients, the protection of the public health and the betterment of the medical profession," we must advocate for physicians as professionals, enabling us to do what is right for our patients. To support the supremacy of the physician-patient relationship, which allows the unfettered sharing of intimate information and decision making, aware of but unhindered by purely economic factors. We must support physicians in all specialties and modes of practice, so that patients can choose to receive care in whatever forum best suits them.

Every idea starts with one person. The scholar Hillel said that a single candle can light a thousand other candles without diminishing itself. Each of us is such a candle. Each can inspire others to resist forces that impede our ability to care for patients, and each can promote positive changes. Each of us can encourage our colleagues to join us, whether actively or simply as members supporting our efforts. Our actions are for all physicians, and no one should be a bystander.

I know that when we work together to find common ground on issues and solutions, regardless of specialty or mode of practice, we can prove that the whole is greater than the sum of its parts.

Enjoy your summer with your friends and family.

Until next time, stay safe and healthy!

Sincerely, Sunilkumar Rao, DO,MHA,FACC,FACP President





Board of Directors

July 27, 2021 6:00 pm

IN PERSON—GCMS Board Room

Practice Managers
August 12, 2021 8:00 am
IN PERSON– GCMS Board Room

Medical Society Foundation
July 21, 2021 6:00 pm
via zoom

Legislative
September 13, 2021 8:00 am
IN PERSON—GCMS Board Room

Announcement

GCMS members now entitled to a 15% discount on automobile and homeowners insurance.

For details, contact:

POTTER & ROOSE INSURANCE

810-767-8590

Providers of insurance for the GCMS & its members for 50 years.

906 Mott Foundation Bld., Flint MI 48502

Your HEALTH CARE LAW FIRM



Wachler & Associates represents healthcare providers, suppliers, and other individuals in Michigan and nationally in all areas of health care law, including:

- Provider Contracting
- RAC, Medicare, Medicaid and Commercial Payor Audits
- Billing and Reimbursement
- Stark Law, Anti-Kickback Statute, and Fraud & Abuse Compliance
- Licensure, Staff Privilege and Credentialing
- Physician and Physician Group Issues
- Corporate and Transactional Matters
- Regulatory Compliance
- Healthcare Litigation
- Healthcare Investigations
- Fraud and False Claims Defense
- Provider Participation/ Termination Matters
- HIPAA and HITECH Compliance



SERVING HEALTHCARE PROVIDERS FOR OVER 30 YEARS

248.544.0888 • wachler.com

EXECUTIVE DIRECTOR'S MESSAGE

Homebound Genesee County Residents Can Get COVID-19 Vaccination in their homes!!!

Genesee County Health Department has collaborated with the community, physicians, and medical staff to make sure those who need the vaccine get it. As of late, GCHD has developed a way for homebound patients to receive the vaccination. They saw a need and made sure to develop a plan to get those patients taken care of.

In days like today, it is so important to team up and get the job done. If you have internet access, you can help a patient, a family member or even a friend or neighbor that is homebound, them in getting signed up for a vaccination.

The following information is needed for the in-home vaccination form:

Please gather this information of the homebound patient and use the link below to enter it.

Name
Date of Birth
Phone number
Address
Reason for requiring a homebound visit for COVID-19 vaccination
Selection of Johnson & Johnson (Janssen), Moderna, or Pfizer
Does patient have a guardian?
*If yes, please provide guardian's full name and phone number

Genesee County Heath Department staff will contact the patient or guardian to set up the vaccination.

Here is the direct link for the Homebound link: https://www.surveymonkey.com/r/homeboundcovid19vaccine

Again, this link can be used by anyone to register themselves, a friend/family member or a patient.

Let us continue to battle this pandemic. Vaccinate!

I want to thank all of the members of the various medical communities belonging to Genesee County that donate their time and energy in achieving the immunity against COVID-19.

DAVID HOFF, MA, CCP

Why GCMS??

Genesee County Medical Society

Organized Medicine's Leading Edge



MEMBERSHIP

Membership in the Genesee County Medical Society (GCMS) gives you the opportunity to share resources, discuss ideas, and network with some of the most active and respected physicians in the state. You will receive news and information via The Bulletin magazine, meetings, faxes, and emails. Because GCMS is politically aggressive, it can provide its members with myriad opportunities to shape the future of medicine locally, as well as on a state and national level.

When you join GCMS you also join the Michigan State Medical Society (MSMS). MSMS has experts to assist you with practice management, business strategies, third party reimbursements, and contracting issues.



CLICK TO LEARN MORE AND JOIN

TOP 7 REASONS TO JOIN

- GCMS is an aggressive advocate on behalf of member physicians with thirdparty-payors.
- GCMS is an aggressive advocate on behalf of its members physicians and their patients with state and federal legislatures.
- When specific issues arise that require immediate action, email lasts are institute to communicate directly with members.
- GCMS convenes monthly meetings with Practice Managers in an effort to head off problems for physician practices and to find solutions to those that are identified.
- GCMS is a national leader by providing leadership at the state and federal level through volunteer physicians, staff, and Alliance member involvement leadership positions.
- GCMS is disproportionality influential on behalf of its member physicians and their patients.
 - GCMS holds monthly meetings with federal and state legislators, and communicates with them at other times on as as-needed basis.

PHONE: (810) 733-9923

ADDRESS: 4438 OAK BRIDGE DRIVE, SUITE B, FLINT, MI 48532



A STATE OF THE ART MENTAL HEALTH SCREENING PLATFORM.

89% DIAGNOSTIC ACCURACY (PROVEN)

- HIPPA COMPLIANT CLOUD BASED!
- ASSESSES 17 DISORDERS IN ADULTS 24 IN CHILDREN!
 - IMPROVES HEALTH OUTCOMES!
- ADDS AN ADDITIONAL REVENUE STREAM DURING THESE CHALLENGING TIMES!
- MINIMAL TO NO OUT OF POCKET START-UP COST!
- STANDARD ICD-10 CODES FOR BILLING PURPOSES
- SUPERIOR TO THE PHQ-2 AND PHQ-9 IN QUALITY AND REIMBURSEMENT

WITH THIS EASY TO IMPLEMENT, EASY TO USE INDUSTRY
VALIDATED, CLOUD-BASED, FULLY-INTEGRATEABLE BEHAVIORAL
HEALTH PLATFORM YOU CAN IMPROVE PATIENT OUTOMES AND
ADD VALUE TO THE PRACTICE IN A VARIETY OF WAYS! (Including
financially!)

CONTACT US AND LET'S DISCUSS THE BENEFITS! FREE CONSULTATION

JESSIE G. RUCKES, V.P.
DJB HEALTH MGMT, INC.
EMAIL: INFO@DJBHEALTH.COM
PHONE: 248-508-9204
WEBSITE: WWW.DJBHEALTH.COM

Genesee County Medical Society sends our condolences
to Executive Director, David Hoff.

David's sister, Maxine Joanne Kaufman

passed away on June 24, 2021.

On behalf of Genesee County Medical Society, we

send our deepest sympathy to the Hoff/Kaufman family.



DAVID HOFF CEO

(810) 407-4921 hoffshealthybooks@gmail.com

hoffshealthybooks.com

Certified QuickBooks Online ProAdvisor

- Provide bookkeeping and general ledger entry input for QuickBooks Online.
- Generate income reports as needed.
- Perform budgeting and fixed cost analysis.
- Offer payroll services.
- Provide QuickBooks Online set up and consulting.



2337 Stonebridge Dr., Building F, Flint, MI 48532

Phone 810-733-6600
Fax 810-733-0262

☐ fb.com/completewa

☑ kendall@completewa.com

Securities offered through Cambridge Investment Research Inc., a broker/dealer, member FINRA/SIPC. Investment Advisor services through Cambridge Investment Research Advisors Inc., a Registered Investment Advisor. Cambridge and Complete Wealth Advisors are not affiliated.

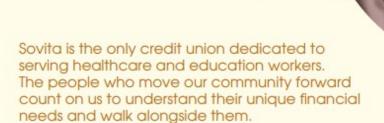






Our members change futures.

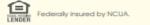
We're happy to return the favor.



Join with other healthcare workers who are saying YES with Sovita.

- Virtual or on-site visits during any shift
- Payroll deposits hit before the night shift is up
- Financial products and services designed to fit the unique needs of healthcare employees
- Ongoing sponsorship of causes that are important to your healthcare community

To become a member, call 810.720.8300, visit a branch office or go to sovitacu.org





GUEST EDITORIAL

Annual Geranium Luncheon

The 2020-2021 year of the Genesee County Medical Society Alliance ended with the Annual Geranium Luncheon at the Warwick Hills Golf and Country Club. It started with a social time for those present to catch up with the each other, followed by the business meeting. President JoyDawn Hardman welcomed the Alliance members and guests, Genesee County Medical Society Past President, Dr. Ed Christy, and Executive Secretary, Jennifer Sanders. Dr. Christy commended upon the Alliance's activities and fundraising efforts. He mentioned the need for both organizations to partner in supporting good causes in the community. Past GCMSA President, Judy McLeod recognized those members lost during the year in a memorial prayer. JoyDawn recognized the Board of Directors and gave a brief report on the year's activities. Rula Ali, Immediate Past MSMSA President, was recognized and welcomed to speak.

It was, then, time for the delicious lunch. Past President, Liesbeth Fernandez, offered grace. The meal was enjoyed with plenty of camaraderie. It ended with all Past Presidents posing for a picture and taking home a plant given in their honor.



President JoyDawn Hardman



GCMS Past President Dr. Ed Christy



Past President Judy McLeod

Past GCMSA and

Immediate Past MSMSA President Rula Ali





Past GCMSA Presidents Liesbeth Fernandez and Jee Ja Kang with Dorothy Latchana

Mary Coe Ryan with Padt GCMSA President



Past GCMSA President Beth Schumacher, JoyDawn Hardman, Amita Desai, Past Presidents Judy McLeod and Elizabeth Jordan



GCMS Executive Secretary Jennifer Sanders with GCMS Past President Peter Thoms



Past Presidents Maria McCann and Feroza



Linda Lemieux and Tinsi



Lakshmi Tummala

McLAREN HEALTH CARE NAMES NEW CHIEF OPERATING OFFICER

Chad Grant to oversee operations at 15 McLaren Hospitals

Philip Incarnati, President/CEO of McLaren Health Care (MHC), today announced the promotion of Chad Grant to the position of Executive Vice President and Chief Operating Officer for MHC. Prior to this promotion, he was the President of McLaren's Central Region directing the hospital operations of McLaren Flint, McLaren Greater Lansing and McLaren Lapeer Region. In this new role, Grant will oversee all hospital operations across the organization. The McLaren system comprises 15 hospitals, including 14 in Michigan and one in Maumee, Ohio.

Grant brings an extensive background of health care leadership experience, including successful management of acute care hospital operations, strategic planning, new business development and change management.

"Chad's in-depth knowledge of the McLaren system, combined with his expertise and proven track record in hospital operations, physician alignment and strategic planning will serve our organization well in building on market growth, access and quality initiatives," Incarnati said in making the announcement. "Chad's work ethic and collaborative focus have earned him respect from all members of the McLaren executive management team as well as our physician and board leadership."

Grant joined MHC in December 2014 as the President and CEO of McLaren Oakland. In this role, he also had management responsibilities for the McLaren Clarkston campus located in northern Oakland County. During his tenure at McLaren Oakland, he achieved success in growing volumes and market share and improving the clinical and financial operation of that acute care facility.

He was promoted in 2016 to President and CEO of McLaren Flint. In this position, he continued to elevate the performance of the Flint-based hospital, which is the birthplace of the McLaren system. In 2018, Grant was one of three executives promoted to the newly created position of Regional President, with responsibilities for McLaren's Central Region, which includes McLaren Greater Lansing, McLaren Lapeer Region and McLaren Flint.

Prior to joining McLaren, Grant enjoyed a successful, 20-year career in health care management at the Detroit Medical Center. During his tenure there, he held positions of increasing responsibility, culminating in the role of Chief Operating Officer at Children's Hospital of Michigan.

Grant holds a bachelor's degree in nuclear medicine from Siena Heights University and a master's degree in health services administration from Central Michigan University. He has multiple professional affiliations, including the American College of Healthcare Executives and the Michigan Healthcare Executive Group and Associates.



ATTENTION: PRACTICE MANAGERS AND OFFICE STAFF!

Genesee County Medical Society addresses issues of concern for medical professionals!

Please join GCMS and SOVITA in monthly meetings for practice managers and office staff of *all member physicians*.

Please email executivedirector@gcms.org to RSVP,

as our meeting is back to being "IN PERSON" @ the GCMS Board Room

NEXT MEETING DATE:

August 12, 2021 @ 8:00 A.M.

You do not want your Practice Manager to miss out

on these valuable meetings!

Location: GCMS Board Room

4438 Oak Bridge Dr.—Flint, MI







Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute ___% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath ___% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.





Do you have an advertising NEED?

- Are you a Physician **and** you are a member of GCMS and you have a new practice in Michigan?
- Do you have a medical practice **and** you are a member of GCMS and your office has relocated?
- Do you have a business that serves Michigan and business slow?

Let Genesee County Medical Society help!

Genesee County Medical Society Bulletin

(ONLINE MAGAZINE)

Your ad will be featured in the Genesee County Medical Society monthly bulletin that is provided to 1,500+ viewers. The Bulletin can also be found on the GCMS website, and is also published through Calameo virtual magazine. (HTTPS://En.Calameo.com/)

1/4-page ad \$100/month

1/2-page ad \$195/month

3/4-page ad \$290/month

Full page ad \$350/month

A link to the business website or email can be added for **NO** additional fee.





^{**}all ads placed by Physicians or Medical Practices must have a GCMS membership.



Commit to Fit!



Visit <u>commit2fit.com</u> to track all of your physical activity and keep track of your fitness goal!

Ascension Genesys Athletic Club



Click <u>HERE</u> for intense & moderate workout videos!

University of Michigan - Flint



Click <u>HERE</u> for daily workouts!

YMCA - 360



Visit **ymca360.org** for fitness classes of all ages!

Crim Fitness Foundation



Visit <u>crim.org</u> for a variety of yoga and mindfulness practices!

Arthritis Foundation



Click <u>HERE</u> for arthritis exercises!





THE WALK TO WELLNESS **CHALLENGE IS SIMPLE -**

GO FOR A WALK!

FREE SIX-WEEK WALK WITH EASE PROGRAM

Pre-Registration Required:

www.surveymonkey.com/r/C2Fprograms

This program is designed for adults, who want to increase physical activity to experience the benefits of exercise. Most people who can be on their feet for 10 minutes without increased pain will be able to participate successfully. Study after study suggests that walking in parks and spending time in nature improves not only our physical health, but also our mental health. We can't think of a better way to start the day than walking with friends. Make walking part of your daily routine and join us for lively conversation, tips on walking toward improved health, and just a lot of fun!

Max Brandon Park

Mon/Wed/Friday 9:00-10:00 a.m.

JULY 1 - 31, 2021





CHALLENGE GOAL

Track your steps from July 1 - July 31, average at least 8,000 per day and be entered to win great prizes! Can't track your steps? Simply log your minutes of activity on commit2fit.com and it will determine your step count for you.

CHALLENGE PRIZES

Individuals that average 8,000 steps a day during the month of July will be eligible for prizes including:

- Wearable Fitness Trackers
- \$10 Flint Farmers' Market Gift Cards

















Registration for Covid19 Vaccination

Genesee County COVID vaccine Registration: Click Here

Genesee County COVID vaccine Registration by Telephone: 810 600 0617

Healthcare provider seeking to have your staff vaccinated, please fill out this <u>form</u> and email it to <u>tojohnson@gchd.us</u>.

Meijer COVID vaccine Registration: Click Here

Rite Aid COVID vaccine Registration: Click Here

McLaren Heath care/ Karmanos 65 + COVID vaccine Signup: Click Here

Valley Area Agency on Aging: for elderly call 810 239 7671

FORM to Take to the Vaccine Appointments: Click Here

Residents who don't have access to the internet or who need assistance navigating the vaccine scheduling process can call the COVID-19 Hotline at 888-535-6136 (press 1) Monday through Friday from 8 a.m. to 5 p.m. Saturday and Sunday 8 a.m. to 1 p.m.

CDC Vaccine Information: Click Here





For Daily Genesee County Covid-19 Numbers



COVID-19 Summary for Genesee County, Michigan

Coronavirus (COVID-19) Data Dashboard for Genesee County



For Reporting



EMPLOYERS + SCHOOL ADMINISTRATORS:

Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at GCHD-CD@gchd.us or call (810) 257-1017



For State of Michigan Covid-19 Information

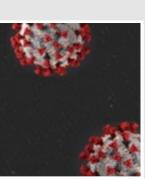












COVID-19 VACCINE

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

COVID-19 VACCINE PLAN



COVID-19 VACCINE RESOURCES

IMMUNIZATIONS DURING COVID-19

CDC FAQS

PROVIDER GUIDANCE & EDUCATION



Volunteer Sign Up – COVID-19 Vaccine Clinic

The Genesee County Health Department is looking for volunteers to assist in the delivery of COVID-19 vaccine throughout Genesee County. Please follow the steps below if you are at least 18 years old and interested in volunteering at an upcoming GCHD COVID-19 Vaccine Clinic.

Submitting a volunteer application alone will not confirm you as a volunteer.

Volunteer opportunities are available at our Burton Branch and at various TBD community locations.

Step 1 – CLICK HERE to complete volunteer application (You must be at least 18 years old to volunteer)

Step 2 – Your application will be processed (*We are experiencing a high number of applications at this time. Applications may take 2-3 weeks to process.*)

Step 3 – Once your application has been processed, you will receive an email confirming your volunteer status. This email will provide instructions on how to select a volunteer date and time.

Vaccines for volunteers may be available if there are appointment cancellations, but cancellations are rare and there is no guarantee of this availability. To be eligible for vaccine, volunteers must live or work in Genesee County.

Have a question about volunteering? Visit our Volunteer FAQ here



Genesee County May Receive a Much Larger Supply of COVID Vaccinations to Distribute!

Your Genesee County Practice Can Help:

- If your Physician's Office/Practice is in the MICR system & approved to give COVID-19 vaccinations.
- If your Physician's Office/Practice would like to give the Covid-19 vaccination, but is <u>not</u> currently in the MICR system or is not approved for COVID vaccinations, please contact Genesee County Health Department to get registered.

If your Genesee County Practice is interested, please have them contact Joanne Herman @ Joanne.herman76@gmail.com

Let's come together to help the most vulnerable patients get vaccinated!



Czmer Family Foundation

Another very successful Healing Hands 5 K Run/Walk was held jointly by Genesee County Medical Society Alliance, Pi Delta Chapter STII Nursing Honor Society and Sovita Credit Union to benefit the Genesee County Free Medical Clinic that serves the uninsured and under insured in the community. The day began with a light drizzle that did not deter the volunteers who showed up at 7:00 am to help set up. We had 103 total registrants, the highest number in recent times, with approximately 80 show up on the day of the race, including volunteers. DJ from Her and I Productions was on hand to play some great music. The preliminary numbers show that the runners, pledges and sponsors raised \$56,000 which is about \$16,000 more than last year's virtual race. A big thank you to all sponsors, walkers, runners, vendors, the DJ and volunteers

for supporting the noble cause.



Mott Community College where the race began.





Volunteers from Genesee County Medical Society Alliance. Seen are (Seated L-R): Lakshmi Tummala & Rula Ali.

Standing (L-R): Cheryl Thoms, Barb Pougnet, Maria McCann, Beth Schumacher & JoyDawn Hardman.

Stacey Doyle-Director, Genesee County Free Medical Clinic with Lakshmi Tummala.



Medical Society Foundation

Consider a donation to the Medical Society Foundation for all of your holiday sentiments while supporting important health related causes.

The Medical Society Foundation has been coordinating physician giving in Genesee County since 1987. This holiday season, why not use the Foundation to make sure your gifts to family, friends and colleagues help to improve the health and well-being of our community.

By giving to the Medical Society Foundation, you receive a great year-end tax benefit at the same time you tell others how much their health- really means to you.

The Medical Society Foundation funds have been used to support the charitable activities of the Genesee County Medical Society.

Contributions can also be made in memory of an individual or to honor someone.

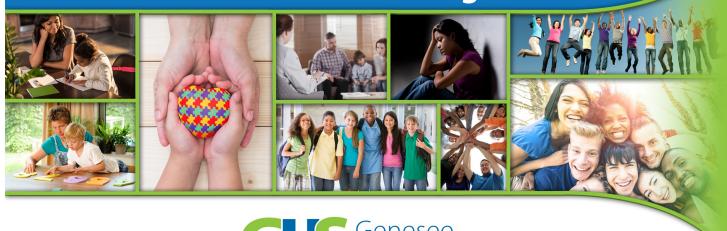
For questions or information on how your gift can help support the charitable activities of your Medical Society Foundation contact GCMS at 733-9923 or email executivedirector@gcms.org

Medical Society Foundation Mission Statement: The Medical Society Foundation is organized and does operate for the purpose of supporting continuing medical education and health-related charitable activities that further the cause of medicine.

Mail your donations to:

Medical Society Foundation 4438 Oak Bridge Drive, Suite B Flint, MI 48532-5400





Genesee HEALTH SYSTEM

Hope and health in the community

The GHS Children's Intensive Crisis Stabilization Team (ICSS) provides mobile crisis stabilization services, 7 days a week between 8:00am and 7:00pm to all children, youth, and young adults (ages 0-21) who reside in Genesee County. Calls during other hours are helped by our Crisis Line mental health professionals.

Reasons to call GHS:

- If you feel your child/youth is in a crisis
- The child/youth may hurt themselves or others
- The child is experiencing overwhelming confusion, anger, or emotional unresponsiveness

If you aren't sure if ICSS is needed, give us a call and we can help to explore options.

What happens when the GHS Intensive Crisis Team is called?

The team will provide an on-site intervention with the identified child or youth, and their support system. The team's main focus will be to help assess the crisis, utilize de-escalation techniques, help the child/youth and their family or support system to help with what is needed and to help determine next steps and long-term care.

Other services include:

- Crisis and Safety Planning
- Referrals to needed services
- Education on resources, diagnosis and services
- Collaboration and problem solving
- * Psychiatric consults, as needed (does not include medication review for prescription)
- ** Intensive Crisis Stabilization services cannot be provided to individuals who are currently residing in inpatient settings: Jail/detention centers or residential settings (i.e. child caring institutions, crisis residential, etc.).

GHS Intensive Crisis Stabilization Services for Children

810.257.3740 877.364.3648

420 W. Fifth Avenue, Flint 48503 • www.genhs.org

Supported by funds from Substance Abuse and Mental Health Services Administration, Center for Mental Health Services through the Michigan Department of Health and Human Services.



SAFEHAVEN™ PHYSICIAN AND PROVIDER WELL BEING PROGRAM

Rediscover meaning, joy, and purpose in medicine.

SafeHaven™ ensures that physicians and health care providers can seek confidential assistance and support for burnout, career fatigue, and mental health reasons.



In-the-moment telephonic support by a licensed counselor, 24/7



Peer Coaching—talk with someone who has walked in your shoes that can help you grow both personally and professionally

- Six sessions per incident
- Physician or provider chooses coach from a panel of coaches



WorkLife Concierge, a virtual assistant to help with every day and special occasion tasks, 24/7



Legal and financial consultations and resources, available 24/7



Counseling, available in either face-to-face or virtual sessions; addressing stress, relationships, eldercare, grief, and more

- Six sessions per incident
- Available to all extended family members



VITAL WorkLife App—Mobile access to resources, well being assessments, insights, and more

RESOURCES FOR YOU AND YOUR FAMILY MEMBERS

SafeHaven™ includes Well Being Resources from VITAL WorkLife—confidential and discreet resources designed to reduce stress and burnout, promote work/life integration and support well being for you and your family.

TO LEARN MORE, VISIT www.MSMS.org/SafeHaven

To support the needs of physicians and health care providers struggling with stress, burnout, and the effects of COVID-19, the Michigan State Medical Society (MSMS) and VITAL WorkLife have partnered to offer a comprehensive set of well being resources and confidential counseling services for their use, SafeHaven™.









State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at www.joinmsms.org



Membership

- O I am in my first year of practice post-residency.
 O I am in my second year of practice post-residency.
 O I am in my third year of practice post-residency.
 O I have moved into Michigan; this is my first year practicing in the state.
- O I work 20 hours or less per week.
 O I am currently in active military duty.
 O I am in full, active practice.
- O I am a resident/fellow.

) Female

First (legal) Nam	e:	Middle Name:	Last Nam	e:		O MD	O D0
Nickname or Preferred Form of Legal Name:		me:					
Job Title:							
W Phone		W Fax	H Phone		H Fax		
Mobile:		Ema	ail Address				
Office Address	O Preferred Mail	O Preferred Bill	O Preferred Mail and Bill				
City:				State:	Zip:		
Home Address	O Preferred Mail	O Preferred Bill	O Preferred Mail and Bill				
City:				State:	Zip:		
*Please base my	county medical society	membership on the co	ounty of my (if addresses are in	different coun	ties): O Office Address (O Home A	ddress
*Birth Date:	/ Bi	rth Country	MI Medical Lice	nse #:	ME #:		
Medical School Grade			Graduation Year:	E	CFMG # (if applicable)		
Residency Program Program Completion Year				m Completion Year			
Fellowship Program Program Completion Year					m Completion Year		
Hospital Affiliation	on						
 Primary Speci 	alty				Board Certified:	○ Yes	O No
 Secondary Sp 	ecialty				Board Certified:	O Yes	O No
Marital Status:	O Single O Marrie	ed O Divorced Spo	ouse's First Name:	9	pouse's Last Name:		
Is your spouse a	physician?: • Yes	○ No If yes, are the	hey a member of MSMS?: 🔾	Yes O No			
Within the last fi	ve years, have you beer	n convicted of a felony o	crime?: 🔾 Yes 🔾 No	If "yes," please	provide full information: _		