

THE BULLETIN

JULY 2020 VOLUME 97, NUMBER 7



LEGAL ADVISOR:

Immunity From Liability

During a State of Emergency

Welcome Resident Doctors Masks and Covid-19:

Still a Valid Threat

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JULY 2020 VOLUME 97, NUMBER 7

THE BULLETIN

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Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

PLEASE NOTE

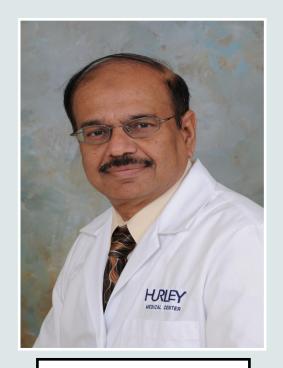
The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

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By subscription \$60 per year. Member subscription included with Society dues. Contributions to **THE BULLETIN** are always welcome. Forward news extracts or material of interest to the staff before the 5th of the month. All statements or comments in **THE BULLETIN** are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society

PRESIDENT'S MESSAGE



Qazi Azher, MD

We Welcome Our 2020 Resident Doctors!

On behalf of the Genesee County Medical Society membership body, I congratulate and welcome all the resident doctors joining our Genesee County hospitals- Hurley Medical Center, McLaren Flint and Genesys Regional Medical Center. While we realize that you are beginning your journey in unprecedented time, we want you to know that GCMS is here to assist you along the way.

Our greatest strength as a profession lies in providing our residents with the knowledge, skills and values that will serve them throughout their careers. Genesee County has always been fortunate in attracting talented residents and our teaching hospitals are among the best in the state in preparing these residents from diverse backgrounds, providing superb clinical and research training in both primary and specialty care.

Medicine is a path of lifelong learning, scholarship research,

and community service. We wish you a very warm welcome to this next step of the journey and look forward to working with you throughout your career!





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DIRECTOR'S MESSAGE

Funding Sources Available to Help Physician Practices



Angie Kemppainen, CAE

<u>Paycheck Protection Program Loan (PPP)</u>

Designed to provide a direct incentive for small businesses to keep their workers on the payroll, the PPP resumed accepting applications on July 6, 2020. The new deadline to apply for a Paycheck Protection Program loan is August 8, 2020. If you wish to begin preparing your application, you can download a copy of the PPP borrower application form to see the information that will be requested from you when you apply with a lender.

The Michigan District Office information is linked <u>here</u>, which includes free upcoming webinars and resources, and local Genesee County assistance can be found using a zip code search <u>here</u>.

Michigan Small Business Restart Program

In response to the economic impact of COVID-19, the State of Michigan has allocated \$100 million of CARES Act funding to implement the Michigan Small Business Restart Program to support the needs of small businesses directly impacted by COVID-19.

The Michigan Small Business Restart Program will provide funding to local economic development organizations- in Genesee County, \$8,045,455 provided to the Flint & Genesee Chamber- who will provide grants to eligible small businesses that have been negatively impacted by COVID-19 and need working capital to support payroll expenses, rent, mortgage payments, utility expenses or other similar expenses.

Businesses and nonprofits with 50 or fewer employees, must demonstrate the following:

- Part of an industry or nonprofit that can demonstrate it has been impacted by the COVID-19 emergency
- Needs working capital to support payroll expenses, rent, mortgage payments, utility expenses or other similar expenses
- Demonstrates an income loss as result of the COVID-19 emergency as determined by the Michigan Strategic Fund (MSF).

Additionally, at least 30 percent of the funds awarded under this program will be provided to womenowned, minority-owned or veteran-owned eligible businesses. The MEDC anticipates that more than 5,000 businesses across the state will benefit from this program.

There will be a single, statewide application for the Michigan Small Business Restart Program that opened on July 15, 2020 at 9:00 a.m. and will close on August 5, 2020 at 11:59 pm. Applicants can apply for up to \$20,000 in grant funds. To view the application questions, click here.

Grants must be used for expenditures made between March 1, 2020 and December 30, 2020 that meet the following criteria:

- Necessary expenditures incurred due to the public health emergency with respect to COVID-19 (such as resulting from employment or business interruptions due to COVID-19)
- Working capital to support payroll expenses, rent, mortgage payments, utility expenses, costs related to reopening a business or nonprofit, or other use authorized under the CARES Act.



The Michigan Doctors' Political Action Committee (MDPAC), the political arm of the Michigan State Medical Society, is a bipartisan political action committee made up of physicians, their families, medical students and others interested in making a positive contribution to the medical profession through the political process. MDPAC supports pro-medicine candidates running for the State legislature, Michigan Supreme Court and other statewide positions.

Subscribe to MDPAC's Inside the Dome and recieve:

WEEKLY	MEET	LEGISLATIVE	MDPAC	LIST OF
REPORT	CANDIDATES	DIRECTORY	RECEPTION	FUNDRAISERS



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LEGAL ADVISOR

Immunity From Liability During A State of Emergency

By Megan R. Mulder, Attorney at Cline, Cline & Griffin

In mid-March 2020, Michigan saw its first reported cases of COVID-19. March 2020 was also the same month in which Governor Whitmer declared a State of Emergency. When a State of Emergency is declared, the Emergency Management Act (Act 390 of 1976) takes effect. Part of The Emergency Management Act (MCL 30.411) currently provides for immunity to health care providers and facilities under certain circumstances. Specifically, MCL 30.411 states in pertinent part as follows:

(4) A person licensed to practice medicine or osteopathic medicine and surgery or a licensed hospital, whether licensed in this or another state or by the federal government or a branch of the armed forces of the United States, or an individual listed in subsection (6), who renders services during a state of disaster declared by the governor and at the express or implied request of a state official or agency or county or local coordinator or executive body, is considered an authorized disaster relief worker or facility and is not liable for an injury sustained by a person by reason of those services, regardless of how or under what circumstances or by what cause those injuries are sustained. The immunity granted by this subsection does not apply in the event of an act or omission that is willful or gross negligence. If a civil action for malpractice is filed alleging an act or omission that is willful or gross negligence resulting in injuries, the services rendered that resulted in those injuries shall be judged according to the standards required of persons licensed in this state to perform those services.

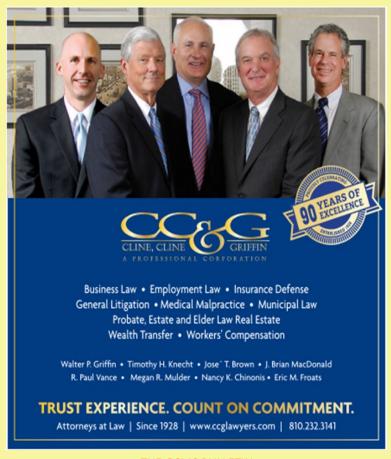
Based upon the above language, immunity from liability is only provided to medical personnel, or medical facilities, for an injury caused while providing medical services directly related to the State of Emergency declared by the Governor of Michigan. Further, the immunity does not apply in cases of willful or gross negligence.

Since the COVID-19 pandemic, Senate Bill 899 was introduced. Senate Bill 899, if passed, would amend and expand the Emergency Management Act regarding the immunity provided to medical professionals and medical care facilities.

Senate Bill 899 expands the above section of MCL 30.411 in a variety of ways, two of which will be discussed below.

First, Senate Bill 899 expands the definitions of health care professional and health care facility. The definition of a health care professional would include any person licensed, registered, or otherwise authorized to engage in a health care profession under the Public Health Code. A health care facility would include a hospital, health maintenance organization, free standing surgical outpatient facility, a county medical care facility, a nursing home, an ambulance operation or other such transportation operation service, a hospice facility, a state-owned surgical center, a medical facility located at a college or university, a state operated veterans facility, or a facility used as surge capacity for any health care facility as previously listed.

Second, Senate Bill 899 expands the acts that are protected to include health care services rendered during a state of disaster, under a declared State of Emergency, to those performed in support of the state's response to the state of disaster declared by the Governor. In other words, Senate Bill 899 would protect a health care professional from criminal or civil liability for alleged harm or damages sustained during treatment rendered during a state of disaster and performed in support of the state's response to the state of disaster. However, the expansion does not allow for immunity in circumstances of willful or gross negligence, intentional criminal misconduct, or intentional infliction of harm.



If Senate Bill 899 passes, the immunity would extend from March 10, 2020, the date the Governor declared a State of Emergency, until the end of the State of Emergency, or through September 30, 2020, whichever is later.

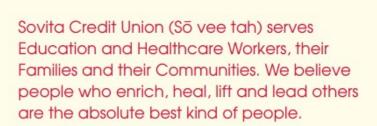
Currently, the Senate has passed Bill 899 and the Bill has now moved into the House of Representatives for further review and comment. At the time this article was authored, no date had been published regarding when the House of Representatives was scheduled to discuss and vote on Senate Bill 899. The passage of this bill could have important and significant impacts upon medical professionals and medical personnel. In the upcoming months, it will be important to follow whether or not this bill passes.

If you have any questions or concerns regarding the information contained within this article, please contact the author, Megan R. Mulder of Cline, Cline & Griffin, P.C. at mmulder@ccglawyers.com or by calling the office at 810-232-3141.





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GUEST EDITORIAL



Joshua Christy, MD

Masks and COVID-19: Still a Valid Threat

Masks and Social Distancing – added advantage in prevention of COVID spread!!! REMINDER

The CDC recommends that everyone sick or healthy wear a mask in areas where it can be hard to stay 6 feet away from others in any place indoor or outdoor. That's because studies show that people can spread COVID-19 even if they don't have symptoms when they are asymptomatic or presymptomatic without illness. In fact, you might be the most contagious just before symptoms begin.

When someone who has COVID-19 coughs, sneezes, or talks, they send tiny droplets with the coronavirus into the air. That's where a mask can help. This helps to slow the spread of COVID-19.

A cloth face mask won't totally block the coronavirus. But it is an added layer of protection for you and the people around you when used along with regular hand washing and social distancing measures like staying 6 feet away from others.

If you're in the car with people who do not reside with you, in this case, it might be a good idea to avoid using the "recirculation" setting on your air conditioner or to open the car windows for air circulation.

- If you're sick and have other people in the car
- If you feel anxious about being out in public right now, and keeping a mask on comforts you

If you're traveling a short distance between stops and don't want to take the mask off only to have to put it back on again immediately

Since it's generally a good idea to avoid touching your face mask (to avoid contaminating the mask or the hand), it makes sense to just leave it on for a while instead of taking it on and off frequently. But if you do drive with it, understand that wearing a mask can reduce your field of vision. Always weigh the benefits of wearing a mask in your car against the potential risks involved.

The different types of face masks include:

- Basic cloth face mask
- Surgical face mask
- N95 respirator
- Filtering facepiece respirator
- P100 respirator/gas mask

- Self-contained breathing apparatus
- Full face respirator
- Full length face shield
- KN95 respirator

The CDC offers the following guidelines for wearing face masks:

- Fits snuggly but comfortably against the side of the face
- Secures with ties or ear loops
- Includes multiple layers of fabric
- Allows for breathing without restriction

Able to be laundered and machine dried without damage or change to shape Final Thoughts.......

It's a scary time out there, but face masks are a small way you can make a difference. You're helping to prevent the virus from spreading, which is crucial in getting the situation under control.

Masks aren't necessarily the height of fashion, but they are the height of protection during the COVID-19 pandemic. Get one while you can and stay safe out there!

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Joshua Christy MD

Internal Medicine Resident

McLaren Reginal Medical Center

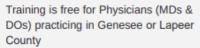


Medication Assisted Treatment (MAT) for Opioid Use Disorder is a set of medications (buprenorphine, methadone, and naltrexone) used to improve duration of opioid abstinence and survival.

In order to prescribe MAT for Opioid Use Disorder, health care providers must obtain an X-waiver from the DEA. X-waivers can be obtained by physicians after taking 8 hours of approved CME about MAT and filing the necessary paperwork with the DEA. Even if you do not intend to be the primary prescriber of MAT to your patients, if you have patients on MAT, taking an X-waiver course is helpful in order to have the knowledge necessary to optimize their care.

Residents are eligible to participate in the course however, are not eligible for the incentive.







*4 hours of self-study following the training necessary



Providers that complete training and receive DEA issued x-waiver will receive \$500 incentive payment

Register:

www.eventbrite.com/e/free-genesee-lapeer-county-physician-x-waiver-training-tickets-112484514210

Questions? Email rademacnic@gmail.com



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Genesee County Opioid Prevention Project







KnowMoreGenesee.org

OPIOIDS: WHAT YOU NEED TO KNOW

If you have recently been prescribed an opioid, are concerned about or struggling with opioid addiction or know somebody that is, this resource will help you better understand opioids. Know more about opioids and get help if needed.

Opioid Epidemic

The opioid epidemic, a growing nationwide public emergency, does not discriminate the individuals and communities that it impacts. Genesee County is no exception. According to the Michigan Department of Health and Human Services, 131 Genesee County residents died of an opioid overdose in 2017, up from 120 in 2016¹.

Many more are treated for an opioid overdose. As community members, parents, neighbors, and friends, there is an opportunity to become better informed and help those struggling with addiction.

What are Opioids?

Opioids are a class of drugs that include the illegal drug heroin, synthetic opioids such as fentanyl, and pain relievers available legally by prescription, such as oxycodone (OxyContin®), hydrocodone (Vicodin®), codeine, morphine, and many others.² While many people benefit from using prescription opioid pain medications to manage pain under a health care provider's

direction, there is a risk of dependence and addiction. There is also a risk to the community when prescription drugs are diverted for improper use by others.

Know the Risks and Side Effects of Opioid Use

Prescription opioids have a serious risk of addiction and overdose, especially with long term use. The use of prescription opioids can have a number of side effects even when taken as directed. They include:

- Tolerance meaning you might need to take more of a medication for the same pain relief
- Physical dependence meaning you have symptoms of withdrawal when a medication is stopped
- Increased sensitivity to pain
- Constipation
- Nausea, vomiting, and dry mouth
- Sleepiness and dizziness
- Confusion
- Depression
- Low levels of testosterone that can result in lower sex drive, energy, and strength
- Itching and sweating³

Know the Signs and Symptoms of Opioid Addiction or Overdose

Opioid addiction is a disease that affects your brain and your behavior. At first you have control over your choice to start using drugs, however over time your brain actually changes in certain ways creating an urge to use the drug. There are many signs and symptoms of opioid misuse and addiction. They can include: poor coordination, drowsiness, shallow or slow breathing rate, nausea, vomiting, constipation, physical agitation, poor decision making, abandoning responsibilities, slurred speech, sleeping more or less than normal, mood swings, euphoria (feeling high), irritability, depression, lowered motivation, and anxiety attacks.⁴

¹ "The Opioid Epidemic in Michigan." Michigan Substance Use Disorder Data Repository, mi-suddr.com/opioids/.

² "What Are Opioids?" HHS.gov, www.hhs.gov/opioids/prevention/index.html.

^{3 &}quot;Prescription Opioids: What You Need to Know." CDC, www.cdc.gov/drugoverdose/pdf/AHA-Patient-Opioid-Factsheet-a.pdf

⁴ "Opioid Addiction - Pain Relief - Signs of Addiction." Familydoctor.org, www.familydoctor.org/condition/opioid-addiction/.

KnowMoreGenesee.org

It is important to recognize the signs and symptoms of an opioid overdose and act fast to help save a life. Signs of an overdose include:

- Small, constricted "pinpoint pupils"
- · Falling asleep or loss of consciousness
- Slow, shallow breathing
- Choking or gurgling sounds
- Limp body
- · Pale, blue, or cold skin

An opioid overdose requires immediate medical attention. If you think someone is experiencing an overdose, even if you aren't sure, it is best to treat it like an overdose. Follow these steps:

- Call 911 immediately
- · Administer naloxone, if available
- · Try to keep the person awake and breathing
- · Lay the person on their side to prevent choking
- Stay with him or her until emergency workers arrive⁵

Know Naloxone and the Law

Naloxone is a medicine that rapidly reverses an opioid overdose. It can quickly restore normal breathing to a person if their breathing has slowed or stopped due to an opioid overdose. Naloxone has no effect on someone who does not have opioids in their system, and it is not a treatment for opioid use disorder. Naloxone should be given to any person who shows signs of an opioid overdose or when an overdose is suspected. If you or a loved one is at risk for an opioid overdose, it is important that you have naloxone on hand. Talk to your physician or pharmacist about naloxone when receiving a prescription for opioids.⁶

During a drug overdose, a quick response can save a life. However, people illegally using drugs sometimes do not seek medical

attention during an overdose for fear of alerting police of their illegal drug use. In order to prioritize saving lives, Michigan passed a Good Samaritan law in 2016. Michigan's Good Samaritan law prevents drug possession charges against those that seek medical assistance for an overdose in certain circumstances. This law makes saving lives the priority during a drug overdose, not criminal prosecutions of illegal drug users?

Know that You Have Treatment Options for Managing Pain

Although prescription pain medications can be effective at treating certain types of pain, there are different treatment options and



therapies available. Opioids are not the first-line treatment for chronic pain, with the exception of cancer treatment, palliative care, and end-of-life care. Nonopioid treatments can provide relief to those suffering from chronic pain and are safer. Talk to your doctor about your options to best manage your pain. Alternative treatments may include:

- Acupuncture
- · Chiropractic care
- · Cognitive behavioral therapy
- · Massage therapy
- · Meditation and relaxation
- · Physical therapy
- Yoga⁸

Know How to Practice Responsible Use of Opioids

Whether you are currently taking opioids or considering opioids to treat (acute) pain after surgery or for chronic pain, it is important that you take steps to protect yourself, your loved ones, and your community.

- Be proactive to learn about your options and communicate with your doctor.
- Be honest with your doctor about your health, drug, and alcohol history, as well as your family history.

⁵ "Preventing an Opioid Overdose." CDC, www.cdc.gov/drugoverdose/pdf/patients/Preventing-an-Opioid-Overdose-Tip-Card-a.pdf

⁶ National Institute on Drug Abuse. "Naloxone." NIDA, 1 Jan. 2019, www.drugabuse.gov/publications/drugfacts/naloxone.

⁷ "Michigan's Good Samaritan Law." MDHHS, www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4871_79584_79585_79587_79590-409680--,00.html

⁸ "RX Pain Medications, Know The Options, Get the Facts." SAMHSA, https://store.samhsa.gov/system/files/sma17-5053-1.pdf



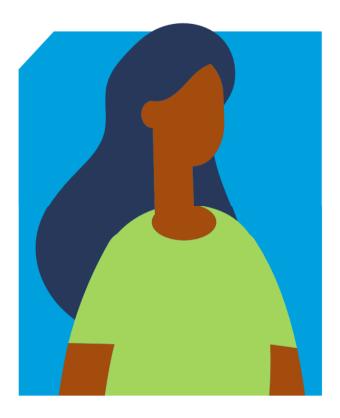
- Always follow your pain care plan and keep your appointments for follow-up care.
- · Never take opioids in higher amounts or more often than prescribed.
- Do not combine opioids with alcohol or other drugs that cause drowsiness, such as: benzodiazepines, muscle relaxants, and sleep aids
- Never share or sell prescription opioids.9

Know How to Properly Store and Dispose of Opioids

Learn how to properly store and dispose of unused medications. Always keep your opioids in a safe, locked place, out of reach of family, children, visitors, and pets. Always keep your opioids in their original labeled container, even when you travel. Remember your children and grandchildren! Keep them safe.

If you have unused opioids at the end of your treatment, take steps to safely dispose of them to protect your family and community. Find an approved prescription drug collection site near you, find a medication Take Back event, or properly use your household trash as a last resort. Prescription drug drop boxes can be found at the following Genesee County locations:

- Burton City Police Department, 4090 Manor Drive Mon-Fri 9:00am-5:00pm
- Clio City Police Department, 505 W. Vienna Street Mon-Fri 8:00am-4:00pm
- Davison City Police Department, 200 E. Flint Street Mon-Fri 8:00am-12:00pm & 1:00pm-4:00pm
- Fenton City Police Department, 301 S. Leroy Street Available 24 hours
- Flint Police Department, 210 E. Fifth Street Mon-Fri 10:00am-6:00pm
- Flint Township Police Department, 5200 Norko Drive Available 24 hours
- Flushing City Police Department, 725 E. Main Street Mon-Fri 9:00am-4:30pm
- Genesee Township Police Department, 7244 N. Genesee Road Mon-Fri 9:00am-5:00pm
- Grand Blanc Township Police Department, 5405 S. Saginaw Street Available 24 hours
- Mott Community College Public Safety, 1401 E. Court Street In front of Public Safety Building
- Metro Police Authority, 5420 Hill 23 Drive Mon-Fri 9:00am-5:00pm¹⁰



Know That There is Support Available

Remember that opioid addiction is a disease and those suffering should be treated with care and compassion as with any other disease. It is a chronic brain disease that can be managed with medical treatment. Talk to your doctor for help and refer to the **Quick Reference Referral Guide for Substance Use**

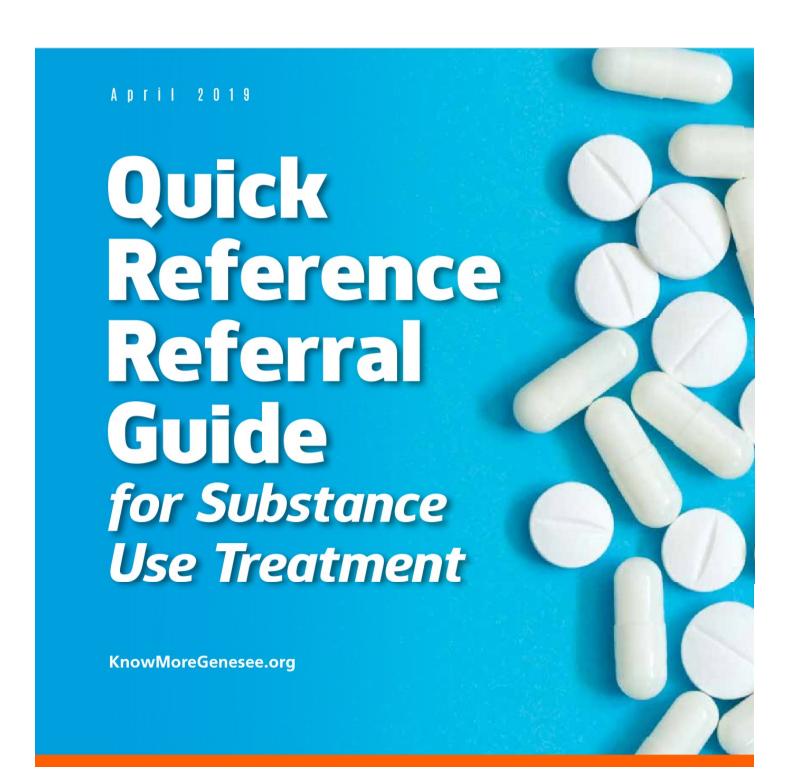
Treatment locations. Consider finding a support group to come together with others facing addiction and the road to recovery. It may be helpful to learn from the experiences of others and receive emotional and social support.

- Genesee County Families Against Narcotics holds weekly Nar-Anon support meetings every Thursday evening at 7pm. 3515 North Belsay Road, Flint, MI 48506. All are welcome to attend. www.familiesagainstnarcotics.org/genesee
- Additional Genesee County Narcotics Anonymous meeting sites and times can be found online at www.michigan-na.org/flintarea/meetings/

Take the next steps to seek treatment for yourself or your loved one. There is help.

⁹ "RX Pain Medications, Know The Options, Get the Facts." SAMHSA, https://store.samhsa.gov/system/files/sma17-5053-1.pdf

[&]quot;Proper Disposal: Stop Prescription Abuse." Proper Disposal | Stop Prescription Abuse, www.stopprescriptionabuse.com/proper-disposal.html.







As a Genesee County provider encountering changes in legislation regarding utilization of the Michigan Automated Prescription System (MAPS), and navigating the substance use treatment system with your patients, the Greater Flint Health Coalition and its Mental Health & Substance Use Task Force offer this referral guide as an introductory resource.

The First Step: Accessing Substance Use Treatment

- 1 If an individual has Medicaid, is uninsured, and/or has general questions, they may call or visit (during business hours) the Genesee Health System Access Center at:
- 810-257-3740 (crisis line available 24/7)
- · TTY 810-232-6310
- Toll-Free 877-346-3648
- 420 W. Fifth Avenue, Flint, MI 48503 Open Monday through Friday, 8 a.m. to 5 p.m.

Please have the following information available when calling to expedite the process:

- · Name, date of birth, social security number
- Medical insurance card or numbers, including Medicaid (if applicable)
- · Names of current medicines and doctors

- · Guardianship or court papers (if applicable)
- · Special education or other school records (if applicable)
- Drug (quantity, frequency)
- Services needed (detox, inpatient, outpatient)
 Fees for services are based on a person's ability to pay; therefore, staff will need to know the household income and number of dependents of the person seeking help. A coverage determination will be made at the time of the screening. Staff will let you know if you can expect to have any cost for your services. No one will be denied services based on their inability to pay.
- 2 If an **individual has insurance other than Medicaid**, call the insurance plan directly to determine covered services and providers.

Substance Use Treatment Centers in Genesee County and Surrounding Areas

GENESEE COUNTY RESIDENTIAL CENTERS

Above the Water House

4105 Keyes Street, Flint, MI 48504 (810) 877-2907

Women's recovery housing for females with addiction/alcoholism with mild to moderate psychological impairments.

Flint Odyssey House

529 M.L. King Avenue, Flint, MI 48503 (810) 238-5888

Medication assisted treatment, withdrawal management, long-term residential treatment, outpatient services, recovery housing, women's specialty services, adolescent treatment services.

Kairos Health Care, Holy Cross

8218 N. Jennings Road Mt. Morris, MI 48458 (844) 452-4767 Corcoran House Residential Treatment for Women

Life Challenge Ministries

Life Challenge of Southeastern Michigan

17667 Pierson Street, Detroit, MI 48219 1230 Dupont St, Flint, MI 48504 (844) 355-LIFE info@lcministries.org

One-year residential program for men and women with drug, alcohol, and other life-controlling addictions. Affiliated with Teen Challenge USA, International, our goal is more than rehabilitation, Faith based program.

New Paths Inc.

treatment programming.

765 E. Hamilton Avenue, Flint, MI 48505 (810) 233-5340 newpaths.org
Short and long-term residential treatment, withdrawal management, outpatient services, recovery housing, 23-hour sobering facility, Court ordered

Salvation Army Adult Rehabilitation (Men Only)

2200 N. Dort Highway, Flint, MI 48506 (810) 234-2678

Long-term residential program, spiritual base, work therapy, group and individual counseling, leisure time activities.





GENESEE COUNTY OUTPATIENT CENTERS & SUPPORT SERVICES

Bio-Med Behavioral Health Care INC. - Flint

1044 Gilbert Road, Flint, MI 48532 (810) 733-7623
Outpatient, integrated treatment, medication assisted treatment.

Catholic Charities

901 Chippewa Street, Flint, MI 48503 (810) 232-9950 Outpatient SUD treatment, Court ordered treatment programming.

Families Against Narcotics – Genesee County Chapter

(810) 397-7175
familiesagainstnarcotics.org
Information regarding prescription drug
abuse, local resources, family support
network. Available to answer questions
regarding substance use and steps to
seek treatment.

Genesee Community Health Center

422 W. 4th Avenue, Flint, MI 48503 (810) 496-5777 Integrated health care, treatment services for co-occurring disorders, medication assisted treatment (Suboxone, Vivitrol).

Hamilton Community Health Center

Multiple Locations
(810) 406-HCHN (4246)
Outpatient, substance abuse counseling,
Vivitrol program.

Holy Cross Services

4318 Miller Road, Flint, MI 48507 (810) 249-9924 Outpatient SUD treatment, recovery housing.



Hope Network

1110 Eldon Baker Drive, Flint, MI 48503 (810) 232-2766 Free family and addiction services.

Insight Wellness Center

4400 S. Saginaw St., Ste. 1370

Flint, MI 48507 (810) 223-0199 Medication assisted treatment, outpatient SUD treatment, services for co-occurring disorders, pain management, physical therapy.

Meridian Health Services

1289-D S. Linden Road, Flint, MI 48532 (810) 620-7501
Outpatient care, integrated treatment, and family therapy.

New Oakland Family Center

2401 South Linden Road, Flint, MI 48507 (810) 957-4310 Intensive outpatient counseling (dual diagnosis – mental health and substance use disorder).

Remedy Exchange Programs (outreach services)

12745 S. Saginaw, Suite 806-144
Grand Blanc, MI 48439
(810) 449-0159
remedyexchange@gmail.com
PRIME for Life is a program that helps
youth and adults learn how to reduce
their risk of alcohol and other drug
related problems throughout life.

Sacred Heart - Flint

2091 Professional Drive, Flint, MI 48532 (810) 732-1652 Outpatient, integrated treatment, medication assisted treatment (Methadone, Vivitrol), women's specialty.

The Serenity House of Flint

954 Church Street, Flint, MI 48502 (810) 893-1276 Informational, holistic options for recovery from addictions.

RESOURCES OUTSIDE OF GENESEE COUNTY

Brighton Center for Recovery

12851 Grand River Road
Brighton, MI 48116
(810) 227-1211
brightonrecovery.org
Inpatient and intensive outpatient.
Provides residential, outpatient, dual diagnosis, and detox services. Will accept private insurance, cash, and Medicare.

Dawn Farms

6633 Stoney Creek Road
Ypsilanti, MI 48197
(734) 485-8725
Adolescent (17+) and adult residential,
outpatient. Non-medicated, 12-step
based detox is FREE to anyone, even
if they do not stay for residential
treatment. Transitional housing.

Grace Centers of Hope

35 E. Huron Street, Pontiac, MI 48342 (855) HELP-GCH Adult residential, family and life-skills programs.



Henry Ford Maplegrove Center

6773 W Maple Road West Bloomfield, MI 48322 (248) 661-6100 henryford.com Outpatient and inpatient for adults. Outpatient only for adolescents.

Kairos Healthcare Adolescents

3400 South Washington Road Saginaw, MI 48601 (989) 755-1072 Adolescent and adult residential, integrated treatment, informational, prevention and problem assistance, outpatient screening assessment referral and follow-up.

Meridian Health Services

1255 N Oakland Blvd Waterford, MI 48327 (248) 599-8999 Detox, adult residential, inpatient and outpatient care, integrated treatment, and family therapy.

Sacred Heart - Memphis

400 Stoddard Road Memphis, MI 48041 (888) 804-7472 Admissions (888) 802-7472 Admin Adult residential, detox inpatient, case management, early intervention, integrated treatment, peer recovery and support, screening assessment referral and follow-up, Methadone. Residential admissions: (888) 804-7472 or (734) 284-0070 Monday-Friday, 8:30am-5:00pm Emergency admissions: (888) 804-7472, ext. 266, weekdays, weekends, and holidays. Sliding fee scale, Medicaid, ABW, and most health insurance.

Salvation Army Harbor Light

42590 Stepnitz Drive Clinton Township, MI 48036 (586) 954-1838 Adult residential/outpatient, case management, detox, screening assessment referral and follow-up.

Serenity Therapy Center

745 Barclay Circle, #305 Rochester Hills, MI 48307 (586) 219-7010 serenityhelp.com Outpatient, addiction counseling, family therapy, and interventions.

Teen Challenge of Western Michigan

440 Pontaluna Road
Muskegon, MI 49444
Men's Phone: (231) 798-7927
Women's Phone: (231) 798-2702
Email: info@wm-tc.com
wm-tc.com/contact-us
One year residential program. Faith based.

Vision Quest Recovery

Port Huron, MI info@visionquestrecovery.com Program Director: (810) 937-6279 Assistant Program Director: (248) 421-8143 Transitional housing program, 12-step program, structure, guidelines.

Disclaimer: Resource details provided by Families Against Narcotics. All information was accurate at time of printing. Information is subject to change.

This program is supported by the Michigan Health Endowment Fund.





Get Connected. Get Supported. Get Counted. flintregistry.org

Why are people joining?

"One of the reasons I joined the Flint Registry was because of the education

and the connections."

- Pastor Read, Joy Tabernacle Church

"Making people comfortable enough to open up about their concerns and feel free to share their story; I feel like that's one of the biggest things helping people heal in this city."

- Aaron Neeley, Flint Registry interviewer and resident



■ 833-GO-FLINT



flintregistry@hc.msu.edu

Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute ___% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath ___% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.



HAPPY BIRTHDAY DOCTOR!

JULY

Katikuti Dutt, MD	1
Barina Zado, MD	1
Louise Desgranges, MD	1
Tarik Wasfie, MD	1
Abdul Moqtadir Hasnie, MD, FACC, FSCAI	2
John Morrison, DO	2
John Waters, MD	3
Glen Sullenger, MD	6
Purushottam Naik, MD	7
Kamal Hasan, MD, FAAP	7
James Gibbons, MD	8

Fikria Hassan, MD, PhD	9
Bhadrabala Ganatra, MD	9
Niketa Dani, MD	9
Katie Nolen, MD	11
AppaRao Mukkamala, MD	14
Frederick VanDuyne, MD	15
Koteswararao Vemuri, MD	15
Melinda Wheatley, MD	19
Christopher Goltz, MD	19
Ninette Musili	21
Farhan Khan, MD	22

R C Ravikumar, MD	22
Allen Turcke, MD	24
Jae Kim, MD	25
Jon Santiago, MD	25
Dong Whan Oh, MD	25
James Knaggs, MD	26
David Strahle, MD	27
Edward Holden, MD	27
Eyassu Habte-Gabr, MD	28
Seann Wilson, MD	28
Robert Cross, MD	29

AUGUST

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Manar Hamoud, MD	1	Taha Jamil, MD	12
Leo Madarang, MD	2	Edward Christy, MD	13
John Shultz, MD	2	Robert James MD	14
Amanda Winston, MD	2	Deborah Duncan, MD	15
Harvey Olds, MD	3	Carlos Petrozzi, MD	16
Venkat Rao, MD	5	Madeline Wheatley	16
Brian Nolan, MD	6	Cathy Blight, MD	17
Zouheir Fares DO, FACOS	8	Fidel Seneris, MD	18
Paul Musson, MD	8	Ankur Mehta, MD	18
Melvyn Wolf, MD	10	Lavanya Cherukuri, MD	19
James Forshee, MD, MBA	10	Cheng-Yang Chang, MD	20

David Fernandez, MD	2
Marcos Machado, MD	26
Gary Johnson, MD, MPH, FAAP	28
Ranjith Dodla, MD	28
Orlando Filos, MD	29
Lisa Guvot. MD. PHD	3



Commit to Fit!



Visit <u>commit2fit.com</u> to track all of your physical activity and keep track of your fitness goal!

University of Michigan - Flint



Click <u>HERE</u> for daily workouts!

Crim Fitness Foundation



Visit <u>crim.org</u> for a variety of yoga and mindfulness practices!

Ascension Genesys Athletic Club



Click <u>HERE</u> for intense & moderate workout videos!

YMCA - 360



Visit **ymca360.org** for fitness classes of all ages!

Arthritis Foundation



Click <u>HERE</u> for arthritis exercises!

GREATER FLINT HEALTH COALITION

COMMITTO FIT! COMMITTO FIT! SERVICE STATES COMMITTO FIT!

FREE WALKING PROGRAM



Whether you need relief from arthritis pain or just want to be active, the Arthritis Foundation's six week Walk With Ease program can teach you how to safely make physical activity part of your everyday life. Studies show that Walk With Ease is proven to:

- Reduce the pain and discomfort of arthritis
- Increase balance, strength, and walking pace
- Build confidence in your ability to be physically active
- Improve overall health

UPCOMING SESSIONS:

Bluebell Beach

MWF from 9:00-10:00am
July 27th- September 4th, 2020

Max Brandon Park
Pasadena Ave Side Entrance
MWF from 9:00-10:00am
July 27th - September 4th, 2020

Social distancing will be enforced

Masks are required by all participants. Masks will be made available.

To register, call 810.232.2228 or online at www.surveymonkey.com/r/WalkWithEase2020





Medical Society Foundation

Consider a donation to the Medical Society Foundation for all of your holiday sentiments while supporting important health related causes.

The Medical Society Foundation has been coordinating physician giving in Genesee County since 1987. This holiday season, why not use the Foundation to make sure your gifts to family, friends and colleagues help to improve the health and well-being of our community.

By giving to the Medical Society Foundation, you receive a great year-end tax benefit at the same time you tell others how much their health- really means to you.

The Medical Society Foundation funds have been used to support the charitable activities of the Genesee County Medical Society.

Contributions can also be made in memory of an individual or to honor someone.

For questions or information on how your gift can help support the charitable activities of your Medical Society Foundation contact GCMS at 733-9923 or email executivedirector@gcms.org

Medical Society Foundation Mission Statement: The Medical Society Foundation is organized and does operate for the purpose of supporting continuing medical education and health-related charitable activities that further the cause of medicine.

Mail your donations to:

Medical Society Foundation 4438 Oak Bridge Drive, Suite B Flint, MI 48532-5400





State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at www.joinmsms.org



Membership

- O I am in my first year of practice post-residency.
 O I am in my second year of practice post-residency.
 O I am in my third year of practice post-residency.
- O I have moved into Michigan; this is my first year practicing in the state.
- O I work 20 hours or less per week.
 O I am currently in active military duty.
 O I am in full, active practice.
- O I am a resident/fellow.

O Male Female

First (legal) Nam	ne:	Middle Name:	Last Nam	e:		OMD ODO
Nickname or Pre	ferred Form of Legal Na	me:		Maiden Na	me (if applicable)	
Job Title:						
W Phone		W Fax	H Phone		H Fax	
Mobile:		Em	ail Address			
Office Address	O Preferred Mail	O Preferred Bill	O Preferred Mail and Bill			
City:				_ State:	Zip:	
Home Address	O Preferred Mail	O Preferred Bill	O Preferred Mail and Bill			
City:				State:	Zip:	
	•	•	ounty of my (if addresses are in		,	
*Birth Date:	/ Bir	rth Country	MI Medical Lice	nse #:	ME #:	
Medical School			Graduation Year:		ECFMG # (if applicable)	
Residency Progr	am			Prog	ram Completion Year	
Fellowship Prog	ram			Prog	ram Completion Year	
Hospital Affiliati	ion					
• Primary Spec	ialty				Board Certified:	○ Yes ○ No
Secondary Sp.	pecialty				Board Certified:	○ Yes ○ No
Marital Status:	○ Single ○ Marrie	ed 🔾 Divorced Spo	ouse's First Name:		Spouse's Last Name:	
Is your spouse a	physician?: • Yes	○ No If yes, are t	hey a member of MSMS?: 🔾	Yes O N)	
Within the last f	īve years, have you beer	n convicted of a felony o	crime?: 🔾 Yes 🔾 No	lf"yes," plea	se provide full information: _	
		, ,	iplinary action by any medical s	•		
Ethics of the Am	ort the County Medical Sc erican Medical Associati	ociety Constitution and ion as applied by the AN	Bylaws, the Michigan State Me MA and the MSMS Judicial Comr	dical Society nission.	Constitution and Bylaws, and	the Principles of
Signature				Date:		