

THE Bulletin

November 2017 Volume 112, Number 44

Thank You 2017 President's Ball Sponsors!

Is Your Practice Leaving Money on the Table?

MSMS Update: New Mandatory CME Requirements

Please Donate to the Medical Society Foundation



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Medical Society Foundation

Consider a donation to the Medical Society Foundation for all of your holiday giving. What a wonderful way of expressing your holiday sentiments while supporting important health related causes.

The Medical Society Foundation has been coordinating physician giving in Genesee County since 1987. This holiday season, why not use the Foundation to make sure your gifts to family, friends and colleagues help to improve the health and well-being of our community.

By giving to the Medical Society Foundation, you receive a great year-end tax benefit at the same time that you tell others how much their health – really means to you.

The Medical Society Foundation funds have been used to support the charitable activities of the Genesee County Medical Society

Contributions can also be made in memory of an individual or to honor someone.

For questions or information on how your gift can help support the charitable activities of your Medical Society Foundation contact Peter A. Levine, MPH at (810) 733-9925 or at plevine@gcms.org.

Medical Society Foundation Mission Statement: The Medical Society Foundation is organized and does operate for the purpose of supporting continuing medical education and health-related charitable activities that further the cause of medicine.

Mail your donations to:
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4438 Oak Bridge Drive, Suite B
Flint, MI 48532-5467



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THE Bulletin

Read by 96% of GCMS members.

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Front cover photo submission: Gerald Natzke, DO

Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

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The Genesee County Medical Society cordially invites you to a Quarterly Dinner Business Meeting
and a *Medical Community Town Hall*
sponsored by the **United Way of Genesee County**
February 1, 2018

SAVE THE DATE!

for a *GCMS Town Hall*

MINDFULNESS SESSION

in conjunction with the *CRIM Foundation*

Please invite your fellow physicians, practice managers,
and health care professionals to this meeting!

\$40.00 - GCMS Members, Spouses, Practice Managers, & Staff

\$40.00 - Genesee County Osteopathic Association Physician Members & Spouses

\$25.00 - Residents & Students

\$75.00 - All Non-Member Guests

GCMS Physicians, spouses, GCMSA, family members, practice staff and other interested professionals are encouraged to attend!

Meeting Location:

Flint Golf Club
3100 Lakewood Drive
Flint, MI 48507

Evening Schedule:

6 pm, Registration & Social Hour
6:30 pm, Dinner
7 pm, Meeting
7:15 pm, Presentations

Space is limited!

Please register by January 25, 2018

Please mail your reservation payment to:

Genesee County Medical Society
4438 Oak Bridge Drive, Suite B
Flint, MI 48532

**More details
to come....**



**Watch for
more info!**



Email Sherry at ssmith@gcms.org to register your attendance or call **810-733-9923** for more information.

CHRONIC LEAD TOXICITY - IS TREATMENT PRUDENT?

As we enter the holiday season and ponder how 2017 has quickly flown past, many of us wonder if there is anything more we could medically do to assist the Flint residents who drank the leaded water. We could easily argue that more should have been done to prevent this disaster by those responsible for monitoring the quality of the city's water. Fortunately, a lot of good, caring people in this world have stepped up to provide aid. Several foundations, as well as the state and the federal government, have all granted monies for services to improve education, research, epidemiological needs, and water line repair. On the periphery, it would seem everything is being taken care of as much as it can be. The true situation is... not really. There is still more, possibly a lot more. The GCMS Community and Environmental Health Committee have been researching this subject since the end of 2015. As a result, it has thoroughly evaluated several potential treatments and may have some answers. It seems there is very little information in the literature on the effects of low-level chronic lead ingestion and accumulation within a population. The FDA had long approved both oral DMSA and intravenous Calcium EDTA for lead toxicity, but it was only used for only acute lead toxicity with blood lead levels that reached 45 ppm and above. Despite that recommendation researchers along with



*Gerald D. Natzke,
DO, FAAEM, DIBEM*

the Centers for Disease Control felt that neurologic damage would occur with levels even as low as 5 ppm. With hypertension, cardiovascular, kidney, renal, neurological and other end-organ damage through long-term exposure being reported in the literature, it became necessary for the committee to determine if treatment seemed feasible. Extensive harm follows long-term lead storage in organs such as the nervous, cardiovascular, and urologic systems. Because of this, it was decided to press for an adult study that treated lead with both DMSA and EDTA.

Dr. Gervasio Lamas, Cardiologist, and Professor of Medicine at Mt Sinai and Chairman of Cardiology at Columbia University caught wind of the Committee's work and has taken a keen interest in the idea. He has aligned himself and his support team with this effort. He too believes, as a result of his own past research (including TACT 1), that a study has real merit. It potentially could show improvement in long-term health parameters such as reducing cardiovascular events, decreasing blood pressure, improving creatinine and GFR, normalizing uric acid levels, and improving neurologic function (such as emotional lability, memory loss, attention deficit, and peripheral nerve disorders).

From this was created the Flint Adult Chelation Trial (FACT) descriptor that will be presented to potential donors and others who require better



understanding of its purpose:

Flint Adult Chelation Trial (FACT) Descriptor

In response to the exposure of all Flint water consumers to lead, the Genesee County Medical Society is planning to initiate a 5-year study with Dr. Gervasio Lamas and his NIH funded team to determine the effectiveness of oral and intravenous chelating medicines in reducing the body burden of stored/sequestered lead in bones.

The goal of this study is to reduce the incidence of heart attacks, brain damage, strokes, gout, hypertension, and kidney disease due to the release of trapped lead over the years from bones. Lead is a known toxic metal that replaces calcium in living cells and disrupts normal function, contributing to the cause of these chronic conditions. The problems may not be evident until years after the exposure to lead in water, dust, soil, paint or other sources.

Chelating (toxic metal binding) agents have been used safely for decades to treat high-level lead exposure in children and adults. These chelators bind the lead and other harmful metals — in the blood so more lead can be drawn out from bone storage to be bound and eliminated by the kidneys and gut. These medicines have been given intravenously by trained physicians and can

also be taken by mouth.

Biweekly doses of oral chelating medicines or weekly intravenous treatments will be administered to clear lead from the body. Participants will be followed to see if there are fewer health and brain function problems.

Participants should be over 18 years of age at the time of recruitment and have consumed Flint water at any time from April 2014 until present. Follow-up will be performed by GCMS members or at the Emergency Medical Center of Flint. NIH, state, and other funding are essential to carrying out this work. There have been recent studies published in the Journal of the American Medical Association (JAMA) and other peer-reviewed journals which demonstrate a reduction in cardiovascular morbidity and mortality in patients who have undergone chelation therapy. Considering the number of people who have been exposed to lead via water and a lifetime of exposure, action must be taken. The information gained from this study may also benefit children of women who may have been exposed while pregnant and other exposed populations. There are many other communities which will benefit from the results of this study.

Dr. Gervasio Lamas and his team were sought out by the Medical Society because of their ongoing work that demonstrated a significant reduction in repeat

heart attacks for adult patients. We also have a small group of trained environmental health physicians who have helped patients with chelating medicines for other conditions.

The study will require a baseline check of mental and physical function, and various organ tests to estimate how much lead can be eliminated. The homes of participants and their work/exposure history will also be studied to eliminate continued exposure to lead from various sources.

For more information contact: ssmith@gcms.org.

Should the study be performed as expected it will provide information that will prove vital to many communities not only in Michigan but elsewhere within this country and world where chronic elevations of lead are feared to cause future disease. This is only part of what the Genesee County Medical Society does to support its mission, helping its members and improving the health of the citizens of this county.

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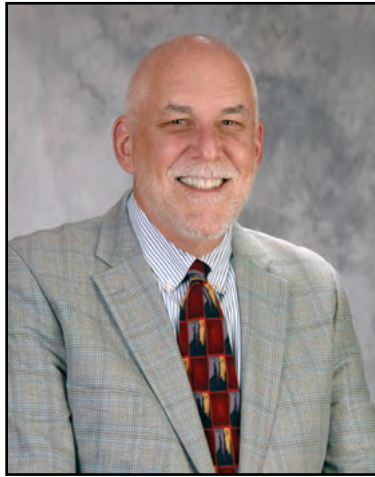
THE WORLD TURNED UPSIDE DOWN

Recently, it was reported on CNN that a county in Great Britain has announced a controversial policy to "support patients whose health is at risk from smoking or being very overweight." The plan for the local clinical commissioning group (CCG) is to "delay access to routine or non-urgent surgery under the National Health Service until patients improve their health." Criteria has been established for the time limits and percentage of weight loss required for those with a BMI of over 30 and over 40. For smokers to have elective surgeries would require a patient to go eight weeks or more without a cigarette. They would have to take a breath test to prove their claim of abstinence. The Royal College of Surgeons in the UK opposes this policy. These patients will eventually get surgery, even if they are unable to lose weight or stop smoking, but they will have to wait.

The CCG states that financial savings are not expected. These proposals were developed "with the best interest of the whole patient population of our area in mind!" Interestingly enough, surveys are reporting 85% public agreement with these policies. A 2016 report by the Royal College of Surgeons shows that one in three of the clinical commissioning groups that develop policies

on a county-by-county basis are denying or delaying routine surgery to smokers and obese patients in some way. What makes the recent Hertfordshire County decision unusual is that it makes the delay indefinite.

The arguments on both sides of this issue are quite

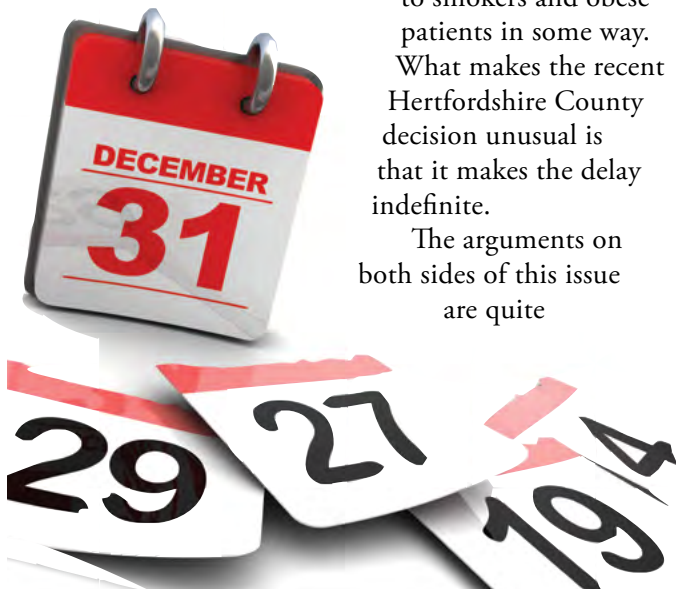


Peter Levine, MPH

compelling. There is a need for communities to decide how they want their health care resources expended. In the United States, the length and breadth of services that insurance policies promise to cover are more than the system can provide without inflation. On the other hand, restricting access to, or delaying, non-emergency surgery can lead to all sorts of complications, ultimately costing more. The morality is an open question. Ultimately, these types of discussions are going to have to be held, not just in England and Canada, but here in the United States as well.

On a completely separate topic, while I was cleaning out a corner of my office, I found posters from the defunct bi-annual Post-Election Catharsis Party. These parties were held every other year when all levels of government held elections in Lansing. It was sponsored each time by political junkies. The idea was that, after national, state, and local elections, folks from both parties should get together and have a party so the relationships could be maintained, healed, or formed. Political parties that went out of power would have hundreds of government staffers, and sometimes legislators, looking for a job. These parties were held every two years in Lansing at Beggar's Banquet. I was always thrilled to be one of the sponsors because the purpose of these get-togethers was so important. Sadly, these events are no longer held. In truth, politics have become so contentious in Lansing, that I'm not surprised. The folks from disparate parties do not wish to socialize together. There's very little working across the aisle, and there certainly is almost no hiring across party lines. Decision-making takes place via rote party affiliation, without input from the other party. Sadly, term limits have made this worse than ever, but that is a whole other discussion. It is just a shame that collegiality has disappeared almost completely from politics. It means that very little is successfully accomplished on behalf of the state. Almost everything is done based on parochial interests. It makes it hard to work out of a mess like this state is experiencing.

As this year ends, we sincerely hope everyone has a peaceful wonderful family-based holiday season full of joy and good health!



EDUCATION UPDATE

New Requirements

MSMS has the new CME requirements available at the Annual Scientific Meeting – [MSMS.org/ASM](https://www.msms.org/ASM) – this fall; and, CME On-Demand modules are available at [MSMS.org/OnDemandWebinars](https://www.msms.org/OnDemandWebinars).

In December 2016, the Michigan Department of Licensing and Regulatory Affairs announced revised Medical Rules. With these new rules came new requirements for Continuing Medical Education. Significant changes to be aware of include:

- **Training Standards for Identifying Victims of Human Trafficking** – This is a one-time training that is separate from continuing education. Licensees renewing for 2017 must complete training by renewal in 2020; renewals for 2018 by 2021, and renewals for 2019 by 2022. Beginning in 2021, completion of the training is a requirement for initial licensure.
- **Education on Pain and Symptom Management** – Starting in December 2017, a minimum of three hours of continuing education shall be earned in the area of pain and symptom management.
- **Medical Ethics** – A minimum of one hour of continuing education shall be earned in the area of medical ethics.

New Categories of CME

The Board of Medicine has updated the previous six Categories of Credit into two categories. As before, each medical doctor is required to complete 150 hours of continuing medical education approved by the board of which a minimum of 75 hours of the required 150 must be earned in Category 1 activities. The following is a breakdown of the two Categories for licensure:

Category 1

- A. Activities with accredited sponsorship - Maximum 150 hours
- B. Passing specialty board certification or recertification – Maximum 50 hours
- C. Successfully completing MOC that does not meet requirements of (A) or (B) above. – Maximum 30 hours
- D. Participation in a board approved training program - Maximum 150 hours

Category 2

- A. Clinical instructor for medical students engaged in postgraduate training program – Maximum 48 hours
- B. Initial presentation of scientific exhibit, poster or paper - Maximum 24 hours
- C. Publication of scientific article in a peer-reviewed journal - Maximum 24 hours
- D. Initial publication of a chapter or portion of a chapter in a professional health care textbook or peer-review textbook - Maximum 24 hours
- E. Participation in any of the following as it relates to the practice of medicine: -Maximum 18 hours
 1. Peer review Committee dealing with quality of patient care
 2. A Committee dealing with utilization review
 3. A health care organization committee dealing with patient care issues
 4. A national or state committee, board, council or association
- F. Until December 6, 2019, attendance at an activity that was approved by the Board of Medicine prior to December 6, 2016 - Maximum 36 hours
- G. Independently reading a peer-reviewed journal prior to December 6, 2016, that doesn't satisfy the requirements of Category 1, subdivision (A) - Maximum 18 hours
- H. Prior to December 6, 2016, completing a multi-media selfassessment program that doesn't satisfy the requirements of Category 1, subdivision (A) - Maximum 18 hours

IS YOUR PRACTICE LEAVING MONEY ON THE TABLE?

Julie Hardy, Physician Services Lead Consultant, The Rybar Group

The following is a summary of a presentation for the Genesee County Medical Society Practice Managers, originally presented on June 22, 2017.

Physicians and their staff recognize the impact of myriad changes to health care as a whole, but also specifically to their practices, on a daily basis. The staff, especially the practice managers, spend a significant amount of their time on ensuring that the physician's time with patients is optimized, and that they're reimbursed for the work they do.

In thinking about improvements that can be made to help optimize practice operations, practice managers should identify "low hanging fruit," or those improvements that can be made with little to no time or monetary investment, but offer a big impact to operations. When working through some of the opportunities mentioned below, focus initially on a 50% improvement. For example, if the goal is to improve days in A/R from 40 to 33, the first goal would be to decrease by four days, or 37. Once that goal is met, the next goal would be to decrease days in A/R by two more days. Keep in mind that meeting an industry benchmark may not be the final goal for your practice; you may want to exceed that amount to ensure optimal performance can be obtained on a regular basis regardless of any external factors that may impact your organization.

Below are some of the initial opportunities practices may want to take into consideration when determining which improvements will make the biggest impact:

Facility vs. Professional Reimbursement:

Documentation and coding requirements for facility and professional reimbursement tend to differ on many fronts. A classic example is that diagnoses that are documented as "probable" or "suspected" may be coded on a claim for facility reimbursement but not on professional claims. When providers are working with Clinical Documentation Improvement (CDI) specialists in the hospital, the education that's provided is generally based on facility billing, and may not be applicable or necessary for professional reimbursement. Providers should work closely with their teams to ensure their documentation is complete and compliant for both professional and facility claims.

Payment Reform: Because MACRA is truly in its infancy, it's hard for providers to determine the most cost-effective way for them to participate in quality reporting, and on top of that, how to reimburse their physicians accordingly. Practices must either invest their own time and resources into a comprehensive analysis or bring in a third party to provide recommendations as to which track to participate in and which measures to report on, which will be based on the patient panel and typical services performed.

Telemedicine: Telemedicine is on the forefront of federal legislation and offers many benefits to patients and providers. It increases access to care for patients who live in rural areas, are homebound, or aren't able to take time away from work or family to go to the doctor for minor issues. While some telemedicine services are reimbursable by governmental and commercial payors, providers can also choose to charge a flat fee that can be paid via patient portal at the time of service.

Advanced Practice Providers (APPs): Adding APPs (physician assistants, nurse practitioners, certified nurse midwives) to your practice not only increases revenue, it also increases productivity. APPs serve in a variety of capacities depending on the needs and goals of each practice. For billing purposes, providers can choose to either have the APPs see patients on their own and take reduced reimbursement (typically 85% of the fee schedule), or they can choose to follow incident to or shared service documentation guidelines, depending on the place of service, for 100% reimbursement. APPs have a broad scope of practice and are able to see patients on their own, which means they can either see additional patients, or they can be scheduled to accommodate same-day appointments, as needed.



Unworked Denials: Unworked claim denials can account for a significant portion of write-offs or aging A/R in practices. Most denials should be reviewed prior to writing off the balances when they initially come back from the payor. Many denials can be appealed, which avoids unnecessary write-offs, and some may be inappropriately denied by the insurance company after review.

Payment Validation: All practices should perform payment validation to confirm the payors are reimbursing based on the agreed upon fee schedule. It's common for errors to occur during claims processing, and payment validation is an easy way to ensure your practice isn't missing revenue. If errors are identified during the payment validation process, the additional reimbursement can typically be obtained without a lengthy appeals process.

Missed Billable Services: Newer reimbursable services such as Chronic Care Management and Transitional Care Management can often be implemented without significant time or resources. Refer to the CMS website for additional information related to the documentation and coding requirements for reimbursement of these services.

The Rybar Group offers a range of services to assist physician practices in ensuring compliant and optimal reimbursement for services provided. Please contact Julie Hardy directly at (810) 853-6171 or via email at jhardy@theyrybargroup.com for additional information.

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your success and satisfaction above all.*

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Registration is Now Open



Advance Care Planning (ACP) Project *Respecting Choices*® ACP Courses

ACP Facilitator Training Course – Register early to complete pre-requisites

Wednesday, January 24, 2018

8:00 a.m. - 5:00 p.m.

Location: TBD

This training course provides participants with a thorough understanding of Genesee County's ACP infrastructure, as well as the skill set and knowledge to assist others with facilitating an advance care planning conversation and completing the *Your Health Your Choice* advance directive. Attendance is recommended for those who work directly with patients or families and will be assisting them with advance care planning and the completion of an advance directive. Upon course completion, participants will be certified as a *First Steps*® ACP Facilitator.

Continuing education credits available for RNs and SWs.

The cost for the ACP Facilitator Training Course is \$175. Payment to the Greater Flint Health Coalition must be paid in full prior to attending the training.

Participants will have to complete several prerequisites prior to attending the training:

Complete online training modules (**approximately 4-5 hours**)

Complete the *Your Health Your Choice* advance directive

Engage in an advance care planning conversation with a friend or loved one

Register for an Upcoming ACP Facilitator Training Today!

Registration is quick and easy. To register for an ACP training course, simply fill-out the information below, include payment (checks may be made payable to the Greater Flint Health Coalition), and return to:

**Greater Flint Health Coalition
519 S. Saginaw Street, Suite 306
Flint, MI 48502**

Name: _____ Title: _____

Organization: _____

Address: _____

Phone: _____ Email: _____

Training Date: _____

Training Payment (Check Box)

Check Included (payable to Greater Flint Health Coalition)

Please Invoice

**Questions? Contact Jenn Sesti at the Greater Flint Health Coalition
(810) 232-2228 or gfhc@flint.org.**



Say What, Dr.?

"Say What, Dr.?" is a book recently written by Ted and Naomi Reynolds, who worked as physician's transcribers for many years. GCMS will periodically share these enjoyable "lapses" dictated into medical records. This is simply published in fun.

- "The patient's wife reports that the pt. had ETOH until 6/16 (Tues)" Written on 6/21. (in other words, he was an alcoholic until two days ago. Luckily, he snapped out of it."
- "She had a total of 15 children. She never worked."
- "Social History. He is an incredible young man who is very cute... is very social in his preschool."
- "The patient has no temperature"
- "Physical exam, none, vitals yet on floor"
- "diffuse crackles in both upper and lower extremities"
- "in the abdomen, there was a mass about the size of an apple or an orange, or whatever fruit is liked best"
- "A CT of the abdomen was obtained... there were some un-opacified bowel sounds on the left upper abdomen" What does a bowel sound look like?
- "She blames the medical establishment for her demise, when in fact she is alive because of that."



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Branch Office
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GCMS Board of Directors Invited to Islamic Medical Association Meeting

On November 15, 2017, the Genesee County Medical Society Board of Directors was invited to attend the Islamic Medical Association meeting.

Dr. John Hebert, (GCMS President) lead off speaking to the assembled with some prepared remarks. He also introduced the GCMS Board members who were in attendance who are not IMA members: Drs. Bobby Mukkamala; John Waters; John Hebert; Jed Natzke (President Elect); Sunil Kaushal; and Robert Soderstrom. The IMA members in attendance from the GCMS Board included Drs. Rima Jibaly, Asif Ishaque, Farhan Khan, Hesham Gayar, Khalid Ahmed, Qazi Azher, Shafi Ahmed, Tarik Wasfi, and Sayed Osama. He handed off to Dr. Mukkamala (Chair of the MSMS Board of Directors and Trustee of the AMA Board). Dr. Khan also made some comments.

Each GCMS Board member was prepared with a GCMS membership list and applications, to approach people and ask them to join and then check the list. If they were not members, they were given an application and their name was noted for staff to follow up.

GCMS MEETINGS

— December 2017 —

Legislative Liaison Committee, 12/4
8:00am, GCMS Office

**Community & Environmental
Health Committee, TBD**
12:30pm, GCMS Office

MSF Fundraising Committee, TBD
6:00pm, GCMS Office

Finance Committee
Recessed

Board of Directors
Recessed

Practice Managers
Recessed

The Genesee County Medical Society cordially invites you to a Quarterly Dinner Business Meeting and a **Medical Community Town Hall** sponsored by the **United Way of Genesee County**

Save the Date! February 1, 2018

for a GCMS Town Hall

Mindfulness Session

in conjunction with the **CRIM Foundation**

Please invite your fellow physicians, practice managers, and health care professionals to this meeting!

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GCMS Physicians, spouses, GCMSA, family members, practice staff and other interested professionals are encouraged to attend!

Meeting Location:

Flint Golf Club - 3100 Lakewood Drive, Flint, MI 48507

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6:30 pm, Dinner

7:00 pm, Meeting

7:15 pm, Presentations

Space is limited!

**WATCH FOR
MORE DETAILS!**

Please register by January 25, 2018

Please mail your reservation payment to:

Genesee County Medical Society
4438 Oak Bridge Drive, Suite B, Flint, MI 48532

**Email Sherry at ssmith@gcms.org to register your attendance
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\$25.00 - Residents & Students
\$75.00 - All Non-Member Guests

GCMS Physicians, spouses, GCMSA, family members, practice staff and other interested professionals are encouraged to attend!

Meeting Location:

Flint Golf Club
3100 Lakewood Drive
Flint, MI 48507

Evening Schedule:

6 pm, Registration & Social Hour
6:30 pm, Dinner
7 pm, Meeting
7:15 pm, Presentations

Space is limited!

Please register by January 25, 2018

Please mail your reservation payment to:

Genesee County Medical Society
4438 Oak Bridge Drive, Suite B
Flint, MI 48532

**More details
to come...**



**Watch for
more info!**



Email Sherry at ssmith@gcms.org to register your attendance or call **810-733-9923** for more information.

COMPLIANCE ISSUES AND INFORMATION

In late October, the GCMS practice managers received a presentation on compliance issues and related information from Julie Hardy, MSA, RHIA, CCS, CCS-P, Lead Physician Services Consultant, Data



Integrity & Compliance, The Rybar Group. Ms. Hardy provided a CliffNotes version of the 550-page compliance rules, developed as part of the Affordable Care Act. She described compliance plans as being like the offensive line in football. It reduces the chance of

audit, avoids protected health information, bridges and avoids conflict with Stark and anti-kickback statutes. She noted that Michigan ranks as the number two state for fraud. Florida is number one. She noted that fraud is considered intentional and could involve jail time. Abuse is unintentionally doing something wrong.

She suggested always being familiar with the US Department of Health and Human Services, Office of Inspector General, Annual Work Plan to see what they are focusing on. She explained that the seven key components of a compliance plan are determined by the Inspector General. They include: conducting internal monitoring and auditing; implementation of compliance and practice standards; designation of a compliance officer or contact; conducting appropriate training and education; developing open lines of communication with employees; and enforcing disciplinary standards through well publicized guidelines. She went into detail about how to develop each of these components of a compliance plan.

Ms. Hardy mentioned that the Department of Justice now represents Blue Cross Blue Shield of Michigan. She also noted that the physician is responsible for all claims. Physicians are not subject to criminal civil or administrative penalties for innocent errors. However, if a practice does not have a compliance plan, the Office of the Inspector General will place a practice on an involuntary compliance plan which,



will be audited regularly. She suggested that practices should check the Office of the Inspector General website, to make sure that all employees are eligible to serve the Medicare program. She advised the while practice managers can develop the compliance plan, physicians need to be engaged. She also noted that scribes must provide documentation for each encounter which are signed and dated.

Ms. Hardy provided considerable depth on the individual elements relating to fines, corporate integrity agreements as well as several other issues. The links to her resources (all of which are federal websites) are listed below.

Hurley Medical Center Pediatric Oncology Unit

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- Latest diagnosis and treatment options
- Real-time decisions from national experts
- Advanced diagnostic testing
- Scholarly and scientific guidance to care

- Roadmap for New Physicians: <http://oig.hhs.gov/compliance/physician-education/05compliance.asp>
- OIG Compliance Program for Individual and Small Group Physician Practices: <http://oig.hhs.gov/authorities/docs/physician.pdf>
- Corporate Integrity Agreements: <http://oig.hhs.gov/compliance/corporate-integrity-agreements/index.asp>
- The next session for practice managers will take place on Thursday, January 25, 2018. The topic will be Physician and Staff Burn Out.

The February session for practice managers will feature a presentation on Compliance, by Regional Medical Imaging, at the specific request of the practice managers. The March meeting will be a discussion with Blue Cross Blue Shield of Michigan, regarding service issues.

It was also decided that the last half hour of each practice managers meeting will be reserved for a practice manager's roundtable discussion.

Please contact Sherry Smith at ssmith@gcms.org or phone 810-733-9923, if you would like your practice managers to attend these valuable sessions.



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- **Billing and Reimbursement**
- **Stark Law, Anti-Kickback Statute, and Fraud & Abuse Compliance**
- **Licensure, Staff Privilege and Credentialing**
- **Physician and Physician Group Issues**
- **Corporate and Transactional Matters**
- **Regulatory Compliance**
- **Healthcare Litigation**
- **Healthcare Investigations**
- **Fraud and False Claims Defense**
- **Provider Participation/Termination Matters**
- **HIPAA and HITECH Compliance**

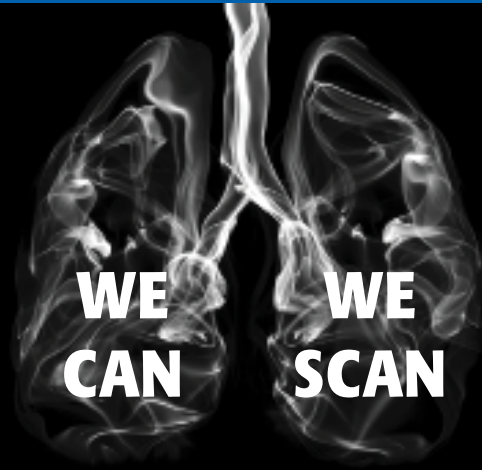
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CT LUNG CANCER SCREENING ELIGIBILITY:

92%



Early Detection

■ **55-76** YEARS OF AGE

■ HAVE SMOKED AT LEAST



YEARS*

■ CURRENT SMOKER **OR** QUIT SMOKING WITHIN THE LAST **15** YEARS

■ HAVE **NOT** HAD LUNG CANCER BEFORE **&** HAVE **NO** LUNG CANCER SYMPTOMS

* 1 pack-year = smoking one pack (20 cigarettes) per day for 1 year.

15%



Late Stages

Survival Rates

- LDCT reduces lung cancer mortality rate 20% compared to chest x-rays alone.
- We are ACR accredited for lung screenings.
- CTLS program headed by specialized radiologist.



CT screenings are offered at 5 of our 8 locations: Lennon Rd, Flint - Fenton - Grand Blanc - Novi - Royal Oak

December 2017 Fitness Calendar

FREE! Commit to Fit! Class Schedule

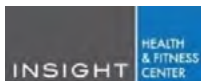
Class Descriptions & Locations

Basic Yoga (1 hour)

This class is a balanced flow of postures designed to build stamina, strength, and flexibility while promoting weight loss and general stress relief.

Insight Health & Fitness Center (IHFC)

Formerly Hurley Health & Fitness Center
4500 S. Saginaw St
Flint, MI 48507
(810) 893-6489



Community Yoga (1 hour) – This is a yoga class for all levels. Please wear comfortable and loose-fitting clothing. Some yoga mats will be available to borrow as well

Mindfulness@crim.org
(810)-235-7461



Crim Fitness Foundation

452 Saginaw Street Downtown Flint

Senior Stretch (1 hour) - This class will help improve overall strength and flexibility. The class is led by a certified senior fitness instructor who will guide you through the exercises at your own pace. This class is perfect for all ability levels.

YMCA Downtown Flint

411 E. 3rd Street
Flint, MI 48503
(810) 232-9622



Let's Hike it Baby!

For-Mar Nature Preserve and Arboretum

Get outside, get active, and explore! This program is designed for parents with small children to help encourage a love of the outdoors at a young age. Meet at the Visitor's Center for stretching and a story before hitting the trails. Dress for the weather. To learn more, visit hikeitbaby.com.

For families, suggested for parents with toddlers and older.

Time: 10-11am. Cost: \$2 per person.

Pre-registration not required.



Aquafitness/Splash Bash- An invigorating water workout. Ideal for all fitness levels. No swimming required

University of Michigan-Flint Rec Center

401 Mill Street, Flint, MI 48502
(810) 762-3441



Enhance Fitness (1 hour) – A fun, energizing class geared toward improving overall functioning and well-being. Improve your cardiovascular fitness, strength, flexibility and balance!

TIMES & LOCATIONS:

Hasselbring Senior Center

1002 Home Ave. Flint, MI
(810) 766-7128 Mon, Weds, & Fri 9-10 am



Flint Farmers' Market- Tuesdays &

Thursdays 10:00-11:00 am

300 E. First St Flint, MI

(810) 232-1399



Zumba Gold (1 hour) - A less intense version of the classic Zumba. This class offers fun music to keep the excitement high while keeping the impact low.

Genesys Athletic Club (GAC)

801 Health Park Blvd
Grand Blanc, MI 48439



Arthritis Foundation Exercise Program (1 hour) A low-impact physical activity program proven to reduce pain and decrease stiffness. The routines include gentle range-of-motion exercises that are suitable for every fitness level!

Grand Blanc Senior Center:

Tuesday & Thursdays 10am – 11am

Swartz Creek Senior Center:

Fridays 11am – 12pm



Forest Township Senior Center:

Wednesdays 12:30pm–1:30pm



Questions?

Email commit2fit@flint.org



December 2017 Fitness Calendar

FREE! Commit to Fit! Class Schedule

Commit to Fit offers fitness classes at **no cost** to all individuals who live or work in Flint and Genesee County. Fitness Centers require participants to be age 18 and older, other locations are open to all ages. See back side for details. [Click HERE to Access the Nutrition Education & Resources Calendar](#)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
					<p>Enhance Fitness Hasselbring Senior Center 9:00 a.m.</p> <p>Arthritis Foundation Exercise Program Swartz Creek Senior Center 11am-12pm</p>	
DECEMBER 2017	<p>Enhance Fitness Hasselbring Senior Center 9:00 a.m.</p> <p>Senior Stretch YMCA Downtown 10am</p> <p>Aqua Fitness U of M-Flint Rec 5:30-6:30 pm</p>	<p>Enhance Fitness Flint Farmers' Market 10:00 a.m.</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am</p> <p>Let's Hike it Baby! For-Mar Nature Preserve and Arboretum 10-11am \$2 per person</p> <p>Splash Bash U of M-Flint Rec 11:00 am</p>	<p>Enhance Fitness Hasselbring Senior Center 9:00 a.m.</p> <p>Arthritis Foundation Exercise Program Forest Township Senior Center 12:30-1:30pm</p> <p>Community Yoga 5:15 PM - 6:15 PM Crim Fitness Foundation</p> <p>Zumba Gold GAC 5:30 p.m.</p>	<p>Enhance Fitness Flint Farmers' Market 10:00 a.m.</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10-11:00am</p> <p>Basic Yoga IHFC 6:45 p.m.</p>	<p>Enhance Fitness Hasselbring Senior Center 9:00 a.m.</p> <p>Arthritis Foundation Exercise Program Swartz Creek Senior Center 11am-12pm</p>	<p>Winter Search Party For-Mar Nature Preserve and Arboretum 1-2:30pm \$3 per person</p>
	<p>Enhance Fitness Hasselbring Senior Center 9:00 a.m.</p> <p>Senior Stretch YMCA Downtown 10:00 a.m.</p> <p>Aqua Fitness U of M-Flint 5:30pm</p>	<p>Enhance Fitness Flint Farmers' Market 10:00 a.m.</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am</p> <p>Let's Hike it Baby! For-Mar Nature Preserve and Arboretum 10-11am \$2 per person</p> <p>Splash Bash U of M-Flint Rec 11:00 am</p>	<p>Enhance Fitness Hasselbring Senior Center 9:00 a.m.</p> <p>Arthritis Foundation Exercise Program Forest Township Senior Center 12:30-1:30pm</p> <p>Zumba Gold (Beginner) GAC 5:30 p.m.</p>	<p>Enhance Fitness Flint Farmers' Market 10:00 a.m.</p> <p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am</p> <p>Basic Yoga IHFC 6:45 p.m.</p>	<p>Enhance Fitness Hasselbring Senior Center 9:00 a.m.</p> <p>Arthritis Foundation Exercise Program Swartz Creek Senior Center 11am-12pm</p>	<p>Birding Hike For-Mar Nature Preserve and Arboretum 10am-12pm</p>
	<p>Senior Stretch YMCA Downtown 10:00</p> <p>Senior Stretch YMCA Downtown 10:00 a.m.</p>	<p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am</p>	<p>Arthritis Foundation Exercise Program Forest Township Senior Center 12:30-1:30pm</p> <p>Zumba Gold (Beginner) GAC 5:30 p.m.</p>	<p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am</p> <p>Basic Yoga IHFC 6:45 p.m.</p>	<p>Arthritis Foundation Exercise Program Swartz Creek Senior Center 11am-12pm</p>	

December 2017 Fitness Calendar

FREE! Commit to Fit! Class Schedule

25	26	27	28	29	30
	<p>Arthritis Foundation Exercise Program Forest Township Senior Center 12:30–1:30pm</p> <p>Zumba Gold (Beginner) GAC 5:30 p.m.</p>	<p>Arthritis Foundation Exercise Program Grand Blanc Senior Center 10:00-11:00am</p> <p>Basic Yoga IHFC 6:45 p.m.</p>	<p>Arthritis Foundation Exercise Program Swartz Creek Senior Center 11am-12pm</p>		



New Year New You Healthy Habits Challenge!

The Commit to Fit! New Year, New You! Challenge is an eight week individual challenge to encourage individuals to practice daily activities to be more active, eat healthier, and promote wellness to others. Overall Wellness Score Drawing

Each participant who reaches the eight-week goal of 3,000 Total Wellness Points will be entered into a drawing to win a Farmers' Market Gift Card.

CHALLENGE GOAL: Log 3,000 Total Commit to Fit! Wellness Points

How to Participate

Join the Challenge at commit2fit.com to get started! Beginning January 1st, track your activities on commit2fit.com, the Commit to Fit! mobile app, or by syncing your fitness apps/devices.

Log on to commit2fit.com. You can sign up anytime!
Earn points for being active!

Issues of Serious Concern for Medical Practices!

Don't let your practice manager miss these important meetings!



Held 4th Thursday of each month from 8am to 10am.

The following topics are tentatively scheduled and subject to change

“Physician & Staff Burnout”

Julie Hardy, MSA, RHIA, CCS, CCS-P

Lead Physician Services Consultant, Data Integrity & Compliance
The Rybar Group

January 25th
Presenter(s):

**Genesee County Medical Society | Rapport Conference Room
4438 Oak Bridge Drive, Suite B | Flint, MI 48532**

YOUR \$\$\$ AT WORK

- GCMS continued to work with payers on problems of individual members, and groups of members.
- GCMS President’s Ball was held on November 18, 2017, to the joy of all who attended.
- GCMS and member leaders continued work on the State Innovation Model, which went live on November 1, 2017.
- GCMS Board members attended an Islamic Medical Association meeting to bring attendees up to date on GCMS/MSMS activities and brought in six new members.

Announcement

GCMS members now entitled to a 15% discount on automobile and homeowners insurance.

For details, contact:

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connect family give HELP
support SHARING HOPE abundance community FRIEND
inspire COMPASSION GIFT
humanity PEACE
vision THANK YOU blessings
kindness LOVE unconditional
purpose DONATE



Medical Society Foundation

Consider a donation to the Medical Society Foundation for all of your holiday giving. What a wonderful way of expressing your holiday sentiments while supporting important health related causes.

The Medical Society Foundation has been coordinating physician giving in Genesee County since 1987. This holiday season, why not use the Foundation to make sure your gifts to family, friends and colleagues help to improve the health and well-being of our community.

By giving to the Medical Society Foundation, you receive a great year-end tax benefit at the same time that you tell others how much their health – really means to you.

The Medical Society Foundation funds have been used to support the charitable activities of the Genesee County Medical Society.

Contributions can also be made in memory of an individual or to honor someone.

For questions or information on how your gift can help support the charitable activities of your Medical Society Foundation contact Peter A. Levine, MPH at (810) 733-9925 or at plevine@gcms.org.

Medical Society Foundation Mission Statement: The Medical Society Foundation is organized and does operate for the purpose of supporting continuing medical education and health-related charitable activities that further the cause of medicine.

Mail your donations to:

Medical Society Foundation
4438 Oak Bridge Drive, Suite B
Flint, MI 48532-5467

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by not-for-profit urgent care center. Please contact Brenda at bcraft@gcms.org or call **(810) 232-2710**.

PHYSICIANS NEEDED

at the Emergency Medical Center of Flint Various shifts available for part-time, as well. Must be willing to do minor stitches, infants & children, splinting, and minor eye & ear procedures. This is a classic urgent care much like family practice. Hours of operation Mon, Wed: 10am-9pm, Tue, Thur, Fri, Sat: 12pm-9pm, closed on major holidays Located at 2284 S. Ballenger Hwy., Suite 2, Flint, 48503.

Contact Pete Levine at 810-733-9925.

Check Out Our Website www.gcms.org

HAPPY BIRTHDAY DOCTOR

DECEMBER

Samiullah Sayyid, MD.....	1	Tejal Joseph, MD	12
Piyush Patel, Jr., MD.....	1	Yogesh Jagirdar, MD.....	12
Basim Towfiq, MD	3	John Martin, DO	14
Sridhar Rao, MD.....	3	Edward Stack, MD.....	17
Sumathi Mukkamala, MD.....	4	Rod Golovoy, MD.....	17
Nayantara Jnananand, MD.....	4	Mey Yip, MD.....	17
Paul Lauber, MD.....	5	Gagandeep Singh, MD.....	19
Randall Sturm, MD.....	5	Elna Saah, MD.....	20
Eduardo Reyes, MD	7	Joanne Christy, MD	20
Miriam Pellerito, MD.....	7	Siavosh Varjavandi, MD	22
Vaibhav Sahni, MD.....	7	Rao Botta, MD	22
Stephen DeFriez, DO	8	Peter McLeod, MD	23
Vinu Perinjelil, MD.....	8	Abd Alghanem, MD.....	25
Mary Marshall, MD	9	Edgardo Paguio, MD.....	26
Mona Hanna-Attisha, MD	9	Robert Michels, MD	27
Lily Lim, MD.....	10	Saqib Hasan, MD.....	28
Ureddi Mullangi, MD	11	Paul Schroeder, MD	30
Randy Hicks, MD.....	12	Leon Friedman, MD	30

Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, *"Grantor directs Trustee to distribute ___% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation"*

In your Will, *"I give, devise and bequeath ___% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation"*

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.



Don't Forget!
Donations are tax deductible!

Please feel free to contact Peter Levine, Executive Director at 810-733-9925 or plevine@gcms.org.

Join
GCMS/MSMS