

The BULLETIN

MARCH 2024

VOLUME 101-NUMBER 3

WOMENS HISTORY MONTH!!!!

House of Delegates 2024

*AMA is leading the charge to STOP
SCOPE CREEP!!!!*

*Medicare - Amending Records:
Documentation Requirements*

GENESEE COUNTY MEDICAL SOCIETY
Organized Medicine's Leading Edge

*THE BULLETIN is published monthly by:
The Genesee County Medical Society*

GCMS OFFICERS 2024

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President Elect, TBD

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MARCH 2024 VOLUME 101, NUMBER 3

THE BULLETIN

READ BY 96% OF GCMS MEMBERS

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Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

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4438 Oak Bridge Drive, Suite B, Flint, Michigan 48532

Phone (810) 733-9923

Buy subscription \$60 per year. Member subscription included with Society dues. Contributions to **THE BULLETIN** are always welcome. Forward news extracts or material of interest to the staff before the 1st of the month. All statements or comments in **THE BULLETIN** are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society .

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Practice Managers

April 11th, 2024
9:00 A.M.

Medical Society Foundation Board Meeting

April 17th, 2024
6:00 .P.M.

Board of Directors

April 23rd, 2024
6:00 P.M.

Legislative Meeting

May 6th , 2024
8:00 A.M.

Michigan State Medical Society House of Delegates

May 11, 2024
10:00A.M.—4:00 P.M.
Crowne Plaza Hotel, Lansing MI

***Town Hall Meeting**

May 22, 2024
6-9 PM Zoom Webinar
*Please see Bulletin
for more information

Announcement

GCMS members now entitled
to a 15% discount on automobile
and homeowners insurance.

For details, contact:

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PRESIDENT'S MESSAGE

In 2011 IBM launched an artificial intelligence project for healthcare named IBM Watson. It poured a large amount of resources to see if it could replicate the work of oncologists, given the superior ability of computers to synthesize information. By 2022 IBM had completely abandoned the project and sold off its assets.

It turned out that synthesizing all patient information, including socioeconomic, psychological, family issues and even “objective” patient data like pathology and imaging results and follow-up was extremely difficult for the AI systems. The computers failed to develop a holistic picture of the patient to guide care.

The human body defies reduction. Although it would be convenient if Medicine were like other hard sciences like physics and astronomy, it turns out the human body is much more complex. Understanding the patient's condition requires more than data analysis.

If a mechanical model of the human being were workable the need for a fully trained physician and the profession of medicine would not be required. Algorithms could be used to guide patient diagnosis and treatment. Although much of medicine follows such a model, all of it does not. As the famous teaching to medical students states, “diseases do not the read the book.” A common disease may present in an atypical manner and a rare illness may mimic a common one.

Medicine then is the art and profession of uncovering the mysteries of the human body and using it to restore health. It is for this reason that physician requires the highest level of training in the biological and medical sciences as well as a basic grounding in the humanities and social sciences to give every patient the best chance of restoring their health.

It is an art that is passed on from generation to generation in the medical profession, with each generation adding to it based on the latest discoveries. As Hippocrates states in his aphorisms: “Life is short, the art is long, and time is fleeting.”



DR. MACKSOOD AFTAB, D.O.

EXECUTIVE DIRECTORS MESSAGE

The First Multi County Webinar on State Mandated Opioid Addiction and Pain Management.

The Genesee County Medical Society with Sponsor Sovita Credit Union is pleased to announce the first ever multi county webinar. GCMS has partnered with Saginaw County Medical Society, Ingham County Medical Society, Washtenaw County Medical Society, and Kent County Medical Society for the benefit of our members.

The multi county webinar is a 3-hour CME on opioid addiction and pain management. This is a state mandated 3 CME for all physicians renewing their license in the state of Michigan.

A multi county webinar has never been done before. It is exciting to collaborate and plan with other county medical societies. The meeting will have 3 guest presenters: Dr. Michael Danic from Genesee County, Dr. John Hopper from Washtenaw County, and Dr. Narasimha Gundamraj from Ingham County. The 3 combined speakers will encompass all mandated material and information to meet the state of Michigan 3 CME requirement.

The webinar meeting will be held on May 22, 2024 from 6:00 pm – 9:00 pm. The state required CME webinar is an added benefit for all GCMS members—NO HARGE. All non-members will be charged \$100, the fee will be waived with a GCMS membership purchased. The zoom webinar link will be sent a few days prior to the meeting and the link will be specific to only those registered. Upon completion, each attendee will receive a certificate.

I would like to thank our sponsor Sovita Credit Union for their support of the Genesee County Medical Society.

Please consider a membership in this historic organization.

To register for the meeting or inquiries please contact: Executivedirector@gcms.org



DAVID HOFF, MA, CCP

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INGHAM COUNTY MEDICAL SOCIETY



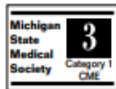
Multi-County Pain Management: Treatment Options & Legal Responsibilities

Wednesday, May 22, 2024
Zoom Webinar from 6-9 p.m.

Cost:

No cost for GCMS Members
(included in membership)
Non-members \$100
payable in advance

FOR MORE
INFORMATION AND
TO REGISTER,
[CLICK HERE](#)



Join us for our inaugural multi-county educational webinar featuring experts on pain management and addiction from across the state.

Completion of this webinar fulfills LARA's 3-hour requirement in the area of pain and symptom management, including the new 1-hour minimum of controlled substance prescribing training, as well as, 3 hours towards the 8-hour MATE training requirement.

Upon completion of the webinar, physicians should be able to:

- Describe the use of opioids and other controlled substances
- Identify integration of treatments
- Describe the stigma of addiction
- Describe alternative treatments for pain management
- Identify ways to counsel patients on the effects and risks associated with using opioids and other controlled substances
- Describe how to utilize the Michigan Automated Prescription System (MAPS)
- Identify state and federal laws regarding prescribing and dispensing controlled substances
- Describe security features and proper disposal requirements for prescriptions

Speakers:

Michael Danic, DO



Dr. Danic serves as chairman of the Department of Anesthesiology at Ascension Genesys Hospital, and medical director for the Surgery Center at Health Park. Dr. Danic co-founded Ascension Genesys Hospital's Medication Assisted Treatment for Inpatient Opioid Use Disorder program (Buprenorphine team).

John A. Hopper, MD



Dr. Hopper is the System Department Chair for Internal Medicine at Trinity Health Ann Arbor and Livingston Hospital. His clinical work is with IHA Recovery Medicine and IHA Hospital Medicine. He is recognized as a national expert in addiction medicine.

Narasimha R. Gundamraj, MD



Dr. Gundamraj is with Pain Management Centers of Lansing and practices at Sparrow Pain Management Center in Lansing. He is board certified in Anesthesiology with added qualifications in Pain Management.

Statement of Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Michigan State Medical Society and Ingham County Medical Society. The Michigan State Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement: The Michigan State Medical Society designates this live activity for a maximum of 3 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Women at work

Hanan Ashrawi

Palestinian politician, activist and scholar!



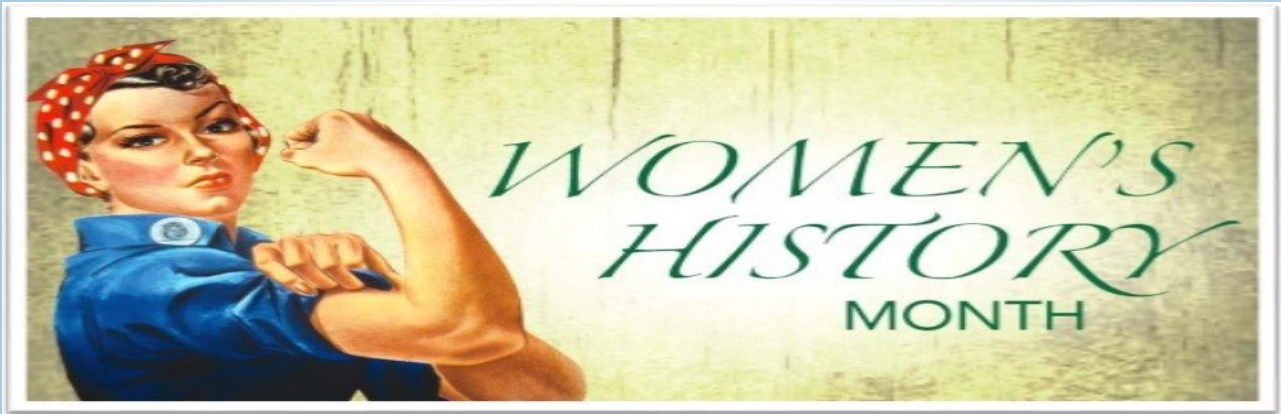
[Hanan Ashrawi - Wikipedia](#)

A Black woman's mission to bring affordable healthcare to Flint!

Meet Dr. Aisha Harris, Flint native.



<https://www.wnem.com/2024/03/12/black-womans-mission-bring-affordable-healthcare-flint/>



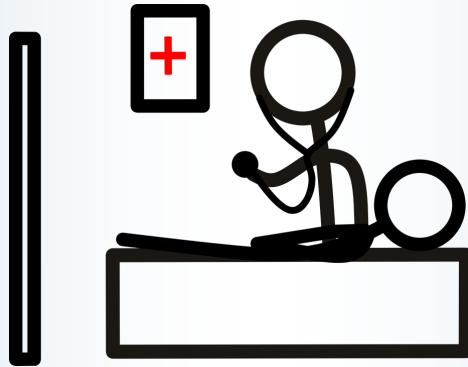
Our History is Our Strength

- March is - National Women's History Month

 Rebecca Anderson	 Maggie Lena Walker	 Andra Rush	 Adèle L. Wyatt	 Alexis Herman	 Lilly Ledbetter	 Nina Vaca
National Women's History Month 2017 Honorees						
 Lucy Gonzalez Parsons	 Barbara "Dusty" Roads	 Kate Mullany	 Norma Yeager	 Yvonne Walker	 Barbara Beckman Franklin	

**NEVERTHELESS
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How the AMA is fighting
scope creep that threatens
patient safety.



Nurse practitioners (NPs) are increasingly providing care without physician supervision. Learn with the AMA about what sets NPs and physicians apart.

What's the difference between physicians and nurse practitioners? | American Medical Association (ama-assn.org)





AMA NEWS

► Cyberattacks and Health Care Disruptions

Change Healthcare cyber outage

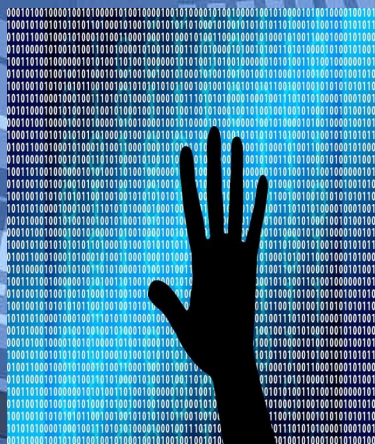
On Wednesday, Feb. 21, Change Healthcare began experiencing a cyber security issue and isolated its systems. The cyber outage is still ongoing, impacting claims processing, payment, prior procedure authorizations and other patient care functions.

In the wake of the massive impact the Change Healthcare cyberattack is having on physician practices, the AMA is advocating at all levels to find workable solutions to allow practices to maintain financial stability and continue providing timely patient care. [Read more.](#)

More in Cyberattacks and Health Care Disruptions:

[\[Article\] CMS to advance pay to doctors affected by disruptive cyberattack](#)

[\[Article\] Advance physician payments needed to stem cyberattack's fallout](#)





The 159th annual Michigan State Medical Society House of Delegates meeting will be held on May 11, 2024, from 10:00 am – 4:00 pm, at the Crowne Plaza, in Lansing. Find information on resolution submissions, hotel reservations, and more using the link below.

[**READ MORE**](#)





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Adam Howell, DO

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- Hernia Surgery/Hiatal & Giant/Complex Reconstruction
- Minimally Invasive/Robotic Surgery



Gul Sachwani-Daswani DO, FACOS

- Trauma Medical Director
- Adult & Pediatric Trauma & Surgical Critical Care
- Acute Care Surgery/Burn Surgery
- Bariatric Surgery
- General Surgery
- Hernia Surgery/Hiatal & Giant/Complex Reconstruction
- Minimally Invasive/Robotic Surgery



Kristoffer Wong DO, FACOS

- Director of Hurley Hernia Center of Excellence
- Director of Surgical Robotics
- Adult & Pediatric Trauma & Surgical Critical Care
- Acute Care Surgery/Burn Surgery
- Bariatric Surgery
- General Surgery
- Hernia Surgery/Hiatal & Giant/Complex Reconstruction
- Minimally Invasive/Robotic Surgery

Consider supporting the Michigan State Medical Society by becoming an exhibiting or sponsoring partner at one of our 2024 events. This year, MSMS is planning four in person conferences as outlined below:

A Day of Board of Medicine Renewal Requirements

April 26, 2024
8:30 am – 4:45 pm
Holiday Inn and Suites, Troy

158th Annual House of Delegates

May 11, 2024
8:00 am- 4:00 pm
Crowne Plaza Lansing

A Day of Board of Medicine Renewal Requirements

November 8, 2024
8:30 am – 4:45 pm
DoubleTree by Hilton, Ann Arbor

28th Annual Conference on Bioethics

November 9, 2024
8:45 am – 4:30 pm
DoubleTree by Hilton, Ann Arbor



If you have questions or need additional information, please contact Beth Elliott at belliott@msms.org or 517-336-5789.

Click [here](#) to view the full partnership prospectus.


Click [here](#) to view a full listing of our in-person and virtual events.



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BCBS is striving to make processes easier for the healthcare system. In our monthly [Practice Managers meeting](#) in March, there was a great deal of discussion on how more efficiently some of the processes can be implemented in regards to patient information and the timeline for responses.

GCMS and SOVITA have originated a platform where these discussions and concerns can be heard, discussed and ultimately be resolved.

Please join us the 2nd Thursday of the month at 9:00 am via zoom by emailing executivedirector@gcms.org ! Hope to see you there.

Osteopathic Physician (DO) Licensure Requirements

Each osteopathic physician is required to accumulate 150 hours of continuing education in activities approved by the board during the 3 years immediately preceding the application for renewal of which a minimum of 60 hours of the required 150 hours must be earned through Category 1 programs. Following are other license requirements for:

Controlled Substance Licenses:

Opioids and Other Controlled Substances Awareness Training Standards for Prescribers and Dispensers of Controlled Substances

This is a one-time training that is separate from continuing education for an individual seeking a controlled substance license or who is licensed to prescribe or dispense controlled substances.

Licensees that prescribe or dispense controlled substances who renewed in 2019 must complete training by January 2023; renewals for 2020 by 2024, renewals for 2021 by 2025. Beginning in September 2019, completion of the training is a requirement for initial licensure.

Training content must cover all of the following topics:

- ◆ Use of opioids and other controlled substances.
- ◆ Integration of treatments.
- ◆ Alternative treatments for pain management.
- ◆ Counseling patients on the effects and risks associated with using opioids and other controlled substances.
- ◆ The stigma of addiction.
- ◆ Utilizing the Michigan Automated Prescription System (MAPS).
- ◆ State and federal laws regarding prescribing and dispensing controlled substances.
- ◆ Security features and proper disposal requirements for prescriptions.

For Medical Licenses:

Training Standards for Identifying Victims of Human Trafficking

This is a one-time training that is separate from continuing education. Licensees renewing for 2017 must complete training by renewal in 2020; renewals for 2018 by 2021, and renewals for 2019 by 2022. Beginning in 2021, completion of the training is a requirement for initial licensure.

Training content shall cover all of the following:

- ◆ Understanding the types and venues of human trafficking in this state or the United States.
- ◆ Identifying victims of human trafficking in health care settings.
- ◆ Identifying the warning signs of human trafficking in health care settings for adults and minors.
- ◆ Resources for reporting the suspected victims of human trafficking.

Education on Pain and Symptom Management

A minimum of 3 hours of continuing education every 3-year relicensure cycle. At least 1 of the 3 hours must include controlled substances prescribing.

Continuing education hours may include, but are not limited to, any of the following areas:

- ◆ Public health burden of pain.
- ◆ Ethics and health policy related to pain.
- ◆ Michigan pain and controlled substance laws.
- ◆ Pain definitions.
- ◆ Basic sciences related to pain including pharmacology.
- ◆ Clinical sciences related to pain.
- ◆ Specific pain conditions.
- ◆ Clinical physician communication related to pain.
- ◆ Management of pain, including evaluation and treatment and nonpharmacological and pharmacological management.
- ◆ Ensuring quality pain care and controlled substances prescribing.
- ◆ Michigan programs and resources relevant to pain.

Medical Ethics

A minimum of one-hour of continuing education every 3-year relicensure cycle.

Implicit Bias

A minimum of 3 hours every 3-year relicensure cycle. New licensees need 2 hours within the 5 years immediately preceding.

Renewals from June 1, 2022 – May 31, 2023, need 1 hour; renewals from June 1, 2023 – May 31, 2024, need 2 hours; renewals from June 1, 2024 – May 31, 2025, need 3 hours. Then after, every 3-year renewal cycle will need to report 3 hours. (Any hours after June 2021 can be used.)

Training must include strategies to reduce disparities in access to and delivery of health care services and the administration of pre- and post-test implicit bias assessments.

Acceptable modalities of training include asynchronous teleconference or webinars, in addition to live activities and live webinars.

Training content must include, but is not limited to, 1 or more of the following topics:

- ◆ Information on implicit bias, equitable access to health care, serving a diverse population, diversity and inclusion initiatives, and cultural sensitivity.
- ◆ Strategies to remedy the negative impact of implicit bias by recognizing and understanding how it impacts perception, judgment, and actions that may result in inequitable decision making, failure to effectively communicate, and result in barriers and disparities in the access to and delivery of health care services.
- ◆ The historical basis and present consequences of implicit biases based on an individual's characteristics.
- ◆ Discussion of current research on implicit bias in the access to and delivery of health care services.

Medical Doctor (MD) Licensure Requirements

Each medical doctor is required to complete 150 hours of continuing education in courses or programs approved by the board of which a minimum 75 hours of the required 150 hours must be earned in courses or programs designated as Category 1 programs. Other license requirements are listed here:

Controlled Substance Licenses

Opioids and Other Controlled Substances Awareness Training Standards for Prescribers and Dispensers of Controlled Substances

This is a one-time training that is separate from continuing education for an individual seeking a controlled substance license or who is licensed to prescribe or dispense controlled substances.

Licensees that prescribe or dispense controlled substances who renewed in 2019 must complete training by January 2023; renewals for 2020 by 2024, renewals for 2021 by 2025. Beginning in September 2019, completion of the training is a requirement for initial licensure.

Training content must cover all of the following topics:

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- ◆ Integration of treatments.
- ◆ Alternative treatments for pain management.
- ◆ Counseling patients on the effects and risks associated with using opioids and other controlled substances.
- ◆ The stigma of addiction.
- ◆ Utilizing the Michigan Automated Prescription System (MAPS).
- ◆ State and federal laws regarding prescribing and dispensing controlled substances.
- ◆ Security features and proper disposal requirements for prescriptions.

Medical Licenses

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- ◆ Understanding the types and venues of human trafficking in this state or the United States.
- ◆ Identifying victims of human trafficking in health care settings.
- ◆ Identifying the warning signs of human trafficking in health care settings for adults and minors.
- ◆ Resources for reporting the suspected victims of human trafficking.

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Acceptable modalities of training include asynchronous teleconference or webinars, in addition to live activities and live webinars.

Training content must include, but is not limited to, 1 or more of the following topics:

- ◆ Information on implicit bias, equitable access to health care, serving a diverse population, diversity and inclusion initiatives, and cultural sensitivity.
- ◆ Strategies to remedy the negative impact of implicit bias by recognizing and understanding how it impacts perception, judgment, and actions that may result in inequitable decision making, failure to effectively communicate, and result in barriers and disparities in the access to and delivery of health care services.
- ◆ The historical basis and present consequences of implicit biases based on an individual's characteristics.
- ◆ Discussion of current research on implicit bias in the access to and delivery of health care services.

A black rectangular sign with a red border and a red circular seal in the background. The seal has a white outline and contains several small red stars. The word "ATTENTION" is written in large, white, bold, sans-serif capital letters across the center of the sign.

ATTENTION

A bright yellow starburst graphic with multiple sharp points, resembling a sun or a star.

9:00 A.M.

Via Zoom

**ATTENTION: PRACTICE MANAGERS
AND OFFICE STAFF!**

**Genesee County Medical Society addresses issues of concern
for medical professionals!**

Please join GCMS and SOVITA in monthly meetings for
practice managers and office staff of *all member physicians*.

Please email executivedirector@gcms.org to RSVP,

YOU WILL RECEIVE A ZOOM INVITE

NEXT MEETING DATE:

April 11th, 2024— 9:00 A.M.

***You do not want your Practice Manager to miss out
on these valuable meetings!***



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WHAT CLINICIANS NEED TO KNOW

Legislation was signed in April 2022 through the support of the MSMS-initiated and led Health Can't Wait, a coalition with more than 50 healthcare, clinician, and patient advocacy organizations. This legislation puts more control back in the hands of clinicians and patients.

Public Act 60 of 2022 provides prior authorization (PA) reform with the goal of a quicker, more effective, and more transparent process. It does not repeal PA.

All provisions will be fully in effect as of **June 1, 2023**, including major components such as electronic submission and faster timelines.

These reforms apply to health care insurers (and their contracted third-party vendors) and healthcare professionals whose beneficiaries/patients have commercial insurance policies regulated by the Michigan Department of Insurance and Financial Services. **They do not impact Medicaid, Medicare, Medicare Advantage, or self-funded plans.**

Check insurers' provider news, updates, portals, etc. to learn of any new processes related to online submission, appeals, eligibility, and PA requirements related to the law's implementation.

Please review the key provisions below for additional details and requirements.

Electronic Submissions

Beginning June 1, 2023:

- Insurers **must provide** an online method through which practitioners can electronically submit PA requests for any benefits requiring PA, including prescription drugs. Facsimiles do not count as an acceptable method.
- Physicians and other health care professionals **must submit** PA requests electronically. The only exception is for a temporary technological or electrical failure.

Timeliness of Decisions

	Urgent		Non-Urgent	
	Timeframe	Considered Granted	Timeframe	Considered Granted
Beginning June 1, 2023	Acted upon within 72 hours	Insurer fails to act after 72 hours	Within nine (9) calendar days	Insurer fails to act after nine (9) calendar days
After May 1, 2024	Acted upon within 72 hours	Insurer fails to act after 72 hours	Within seven (7) calendar days	Insurer fails to act after seven (7) calendar days
Valid for	A minimum of 60 days or the length of time that's clinically appropriate, whichever is longer			

NOTE: If you are requested to provide additional information, it is important to do so as quickly as possible as the turnaround time noted above will reset and the insurer will be required to make a determination following the receipt of the additional information within the prescribed timelines for urgent or non-urgent requests.

Review by Peers

Puts conditions on health care practitioners reviewing appeals (e.g., no financial stake in decision, not involved in prior denial, etc.). Any adverse determinations regarding a PA request for a non-pharmacy benefit must be made by a licensed physician and by a physician or pharmacist for a pharmacy benefit. If a denial is appealed, the denial cannot be affirmed unless it has been reviewed by a licensed physician who is board-certified or eligible in the same specialty as the service provided. An exception is allowed if finding such an individual would delay a decision within the required timeframe. In this instance, a physician in a similar general specialty could be utilized.

Clinical Validity

PA requirements must be based on peer-reviewed clinical review criteria. The criteria must:

- Take into account the needs of atypical patient populations and diagnoses.
- Reflect community standards of care.
- Ensure quality of care and access to needed health care services.
- Be evidence-based criteria.
- Be publicly available free of charge.
- Be sufficiently flexible to allow deviations from norms when justified on a case-by-case basis.
- Be evaluated and updated, if necessary, at least annually.

Transparency

PA requirements, including amendments, must be publicly and conspicuously posted online within a specified timeline. Insurers are also required to submit an annual report to the Michigan Department of Insurance and Financial Services (DIFS) which must include aggregated trend data related to the insurer's PA practices and experience for the prior plan year. DIFS shall post an annual report with aggregated data by October 1 of each year.

In cases of PA denials, the health care professional must be notified of the reasons for the denial and related evidence-based criteria, their right to appeal, instructions on how to file the appeal, and any other documentation necessary to support the appeal.

Gold Carding

Insurers are required to adopt a program that promotes the modification of certain PA requirements based on health care professionals' adherence to nationally recognized evidence-based medical guidelines and other quality guidelines.

Health Can't Wait is a coalition of patients, physicians, and health care providers dedicated to putting Michigan patients first and ending delays in patients' access to health care:

Allergy and Asthma Network
Alliance for Patient Access
AARP Michigan
American Autoimmune Related Diseases Association
American Cancer Society
Cancer Action Network
American College of Cardiology, Michigan Chapter
American College of Physicians, Michigan Chapter
American Diabetes Association
American Lung Association in MI
American Medical Association
APTA Michigan

The Arc Michigan
Berrien County Medical Society
Calhoun County Cancer Control Coalition
Epilepsy Foundation of Michigan
Genesee County Medical Society
Hemophilia Foundation of Michigan
Henry Ford Medical Group
Huron Valley Physicians Association
Ingham County Medical Society
International Myeloma Foundation
Jackson County Medical Society
Kent County Medical Society
Macomb County Medical Society
MI Academy of Family Physicians

MI Bioscience
MI Chapter American Academy of Pediatrics
MI Coalition for Affordable Prescriptions
MI Council For Maternal & Child Health
MI Dermatological Society
MI Podiatric Medical Association
MI Psychiatric Society
MI Radiological Society
MI Rheumatism Society
MI Society of Anesthesiologists
MI Society of Eye Physicians and Surgeons
MI Society of Hematology & Oncology
MI Society of Interventional Pain Physicians
MI Society of Pathologists
MI State Medical Society

Muskegon County Medical Society
National Marrow Donor Program
National Multiple Sclerosis Society, Michigan Chapter
New Day Foundation for Families
Oakland County Medical Society
Saginaw County Medical Society
Sickle Cell Disease Association of America - Michigan Chapter
St. Clair County Medical Society
Susan G. Komen
UNIFIED - HIV Health and Beyond
Washtenaw County Medical Society
Wayne County Medical Society of Southeast Michigan

www.healthcantwait.org

GCM& FOCUS ALLIANCE GROUP

GCMSA: Neighborhood Coffee get Together with a Cooking Class.

Hello all, Happy Spring 2024!

Alliance members got together for a neighborhood coffee with a cooking class to beat the winter blues on Tuesday, February 9, 2024.

It was a fun filled gathering with hands on experience on making Samosa, a popular appetizer from India. The ladies learned how to make Vegetarian Samosas with two types of stuffing, the original potatoes peas and the healthier version with addition of colorful vegetables like carrots, green pepper cilantro, etc.

I am looking forward to organizing another cooking class in April with a popular dish from another part of the world



Vijay Lakshmi Sayal



DAVID HOFF
CEO

(810) 407-4921
hoffshealthybooks@gmail.com

hoffshealthybooks.com

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Your Membership at Work

- ◆ GCMS hosts monthly Practice Manager's meeting discussing complicated insurance issues in round table discussions with various insurance companies. If you find on-going insurance issues, please reach out to GCMS staff at executivedirector@gcms.org and we can connect that insurance company representative with our hard working Practice Managers.
- ◆ GCMS staff helped Genesee County residents with contacts, resources and explanations.
- ◆ GCMS Membership Committee has collaborated and has a plan in place to reach out to and meet with various practices in Genesee County. If you have colleagues that are not yet GCMS members, please connect with them!
**** A flyer of GCMS benefits can be provided to you.

*If you missed the opportunity to sponsor last
years*

*PRESIDENT'S BALL.... Please
consider sponsoring THIS years!!*

Location will once again be the

Sloan Museum of

Discovery.

Just click the link at the bottom of the page!

Thank you!

PRESIDENTS BALL, NOVEMBER 2, 2024!!!



To sponsor

MSMS Resource Guide



For information on the topics listed here, dial 517/336-plus the four digit extension (unless full number is provided).
For information on a topic not listed here, call MSMS at 517/337-1351 or 800/352-1351.

JOIN MSMS
Membership
517-336-5716
membership@msms.org

EDUCATION
Rebecca Blake
517-336-5729
rblake@msms.org

HUMAN RESOURCES
Jodi Schafer, SPHR, SHRM-SCP
517-336-5716
msms.org/HR

**INSURANCE/
MEDICAL, DENTAL, VISION**
Diane Wheelock
517-336-7591
dwheelock@msms.org

INSURANCE/LIABILITY
Julie Ozburn
517-899-1457
jozburn@msms.org

LEGISLATIVE ADVOCACY
Josiah Kissling
517-336-5737
jkissling@msms.org

**MEDICAL/
REGULATORY POLICY**
Stacey Hettiger
517-336-5766
shettiger@msms.org

PHYSICIAN LICENSING
Brenda Marenich
517-336-5780
bmarenich@msms.org

REIMBURSEMENT ADVOCACY
Stacie Saylor
517-336-5722
ssaylor@msms.org

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MSMS SUBSIDIARIES & AFFILIATES
MSMS Physicians Insurance Agency.. 877/742-2758
Physician Review Organization..... 517/336-1400
Prof. Credential Verification Service.. 517/336-1400

ADDITIONAL IMPORTANT NUMBERS
American Medical Association..... 800/262-3211
American Osteopathic Association... 312/202-8000
Drug Enforcement Agency..... 202/307-1000
Medicaid Provider Inquiry,
Medicare Customer Service..... 800/292-2550
MI Board of Medicine..... 517/335-0918
MI Board of Osteopathic Medicine
and Surgery..... 517/335-0918
MI Department of Health and Human Services
• Local..... 517/373-3740
• Toll free..... 800/292-2550
MI Health Prof. Recovery Corp..... 800/453-3784

Michigan State Medical Society
PO Box 950 East Lansing, MI 48826 | Membership Fax Line: 517-336-5716

Please email or call if you have any member benefit questions!



Dear MSMS Board of Directors,

With regret, **Advocacy Day** on March 20th was cancelled. The House of Representatives cancelled session that day, and the Michigan Senate may follow suit. As our Government Relations team has previously shared, the legislature, as they await special elections to determine two open seats, is at a bit of a standstill. This is causing an inconsistent calendar and unpredictable scheduling.

MSMS will continue to work on scope of practice and all other legislation through all available means. Should another opportunity be available for a large lobby event at the Capitol, staff will let you know as soon as possible.





COMMIT TO FIT!

Virtual Fitness Guide

Arthritis Foundation



Click [HERE](#) for arthritis exercises!

YMCA - 360



Visit ymca360.org for fitness classes of all ages!

Ascension Genesys Athletic Club



Click [HERE](#) for intense & moderate workout videos!



GREATER FLINT HEALTH COALITION

Commit to Fit!



Visit commit2fit.com to track all of your physical activity and keep track of your fitness goal!

University of Michigan - Flint



Click [HERE](#) for daily workouts!

Crim Fitness Foundation



Visit crim.org for a variety of yoga and mindfulness practices!



COMMIT TO FIT

SPRING FREE HEALTH & WELLNESS PROGRAMS

Programs listed below are funded in whole or in part by the USDA's Supplemental Nutrition Assistance Program Education through the Michigan Department of Health and Human Services and the Michigan Fitness Foundation. This institution is an equal opportunity provider.

The Learning Kitchen

The Learning Kitchen is a free six-week, innovative, adult nutrition education program for Genesee County residents.

Classes Include:

- Weekly Recipe Tastings
- Weekly Nutrition Topics
- Giveaways
- Physical Activity Demonstrations & More!

To register call 810-232-2228.

Date: April 4th - May 9th (Thursdays)

Time: 10:00-11:00pm

Location: Thetford Senior Center

Date: April 17th - May 22nd (Wednesdays)

Time: 11:30-1:00pm

Location: Vocational Independence Program (VIP)

Date: May 7th - June 11th (Tuesdays)

Time: 2:00-3:30pm

Location: Insight Health & Fitness Center
4400 Saginaw St, Flint, MI 48507

Fork & the Road

Fork & the Road is a free program for Michiganders 60 years of age and older designed to support healthy aging. Participants learn about hot topics in health & nutrition while sharing personal experiences and meeting others interested in healthy aging.

To register call 810-232-2228.

Date: March 5th - April 9th (Tuesdays)

Time: 11:00am - 12:30am

Location: Hasselbring Senior Center

Date: April 3rd - May 15th (Wednesdays)

Time: 2:00pm - 3:00pm

Location: Carman Ainsworth Senior Center

Date: May 22nd - June 26th (Wednesdays)

Time: 1:30pm - 2:30pm

Location: Krapohl Senior Center

Rec-Connect™

Rec-Connect™ is a 6-week physical fitness demo class offered by Commit to Fit. Get active through a variety of fun physical activity demonstrations. All sessions can be done seated or standing. No experience necessary!

- Week One: Chair Bingo
- Week Two: Exercise Bands
- Week Three: Chair Yoga
- Week Four: Chair Circuit Training & more!

To register call 810-232-2228.

Date: March 5th - April 9th (Tuesdays)

Time: 2:00-3:00pm

Location: Montrose Senior Center

Date: March 26th - April 30th (Tuesdays)

Time: 2:00-3:00pm

Location: Oak Street Health

Date: April 9th - May 14th (Tuesdays)

Time: 10:30-11:30am

Location: St. Mark Community Outreach Center
615 W. McClean St. Flint, MI 48504

Questions? Contact commit2fit@flint.org




[CLICK HERE](#)

[For Daily Genesee County Covid-19 Numbers](#)

[Coronavirus \(COVID-19\) Data Dashboard for Genesee County](#)

[CLICK HERE](#)

[For Reporting](#)



EMPLOYERS + SCHOOL ADMINISTRATORS:

Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at GCHD-CD@gchd.us or call (810) 257-1017

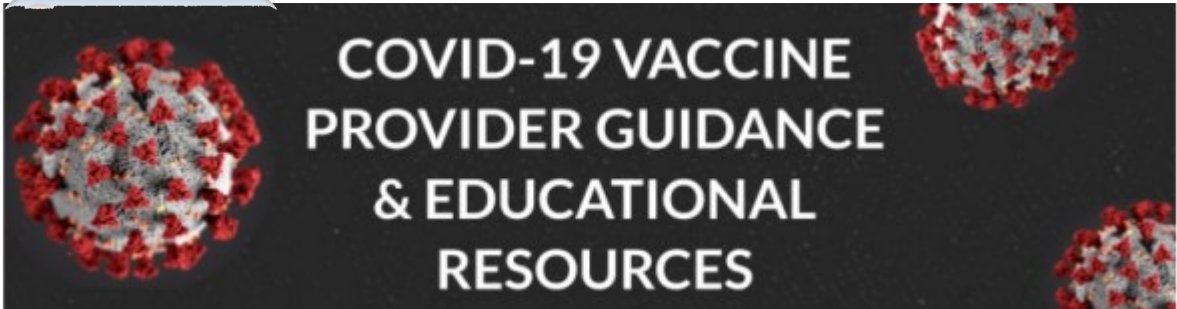
[CLICK HERE](#)

[For State of Michigan Covid-19 Information](#)





 [CLICK HERE](#)



COVID-19 VACCINE

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

[COVID-19 VACCINE PLAN](#)

 [CLICK HERE](#)

[COVID-19 VACCINE RESOURCES](#)

[IMMUNIZATIONS DURING COVID-19](#)

[CDC FAQs](#)

[PROVIDER GUIDANCE & EDUCATION](#)

NEW BENEFIT
FOR
MEMBERS!

*GCMS can help YOUR PRACTICE
meet the ADA requirements
and provide impeccable services to your patients
at a DISCOUNTED price!*

GCMS is very pleased to announce a relationship with Luna Language Services. Luna offers a number of different virtual options to assist physician offices with language interpretation services. As an added benefit to your GCMS Membership, a discount is now offered to all GCMS members utilizing

Luna Virtual Language Services.

Please contact **David Hoff** Executive Director to register your office for discounted services.

*Genesee County Medical Society Members
receive a discount for language services!*



**Interpreting
Services**

- On-site Interpreting
- Virtual Interpreting
- Phone Interpreting
- Video Remote Interpreting (VRI)
- Conference & Event Interpreting

LUNA
Language
Services

To become a GCMS member,
or to receive details about
this discounted service

Please contact :

ExecutiveDirector@GCMS.org

Hope and health

in the community



*Supporting recovery,
prevention, health,
and wellness of the
body, the mind, and
the community.*

Customer Services

Monday - Friday 8am-5pm

(810) 257-3705

Toll Free: 866-211-5455

TTY: (810) 257-1346

www.genhs.org

Call us to begin services:

420 W. 5th Avenue • Flint, MI 48503

Monday - Friday 8am-5pm

(810) 257-3740

Toll Free: 877-346-3648 • TTY: (810) 232-6310

24 HOUR CRISIS LINE

7 days a week - 24 hours a day

(810) 257-3740

Toll Free: 877-346-3648 • TTY: (810) 232-6310

BEHAVIORAL HEALTH URGENT CARE

422 W. 4th Avenue • Flint, MI 48503

(810) 496-5500

Toll Free: 877-346-3648 • TTY: (810) 232-6310

Walk-In Services: 7 days a week - extended hours

Video Chat Services: 7 days a week - 24 hours a day

Children & Young Adult

Mobile Crisis Services: 7 days a week - 8am - 7pm



GHS Intensive Crisis Stabilization Services for Children and Young Adults



The GHS Children's Intensive Crisis Stabilization Team (ICSS) provides mobile crisis stabilization services, 7 days a week between 8:00am and 7:00pm to all children, youth, and young adults (ages 0-21) who reside in Genesee County. Calls during other hours are helped by our Crisis Line mental health professionals.

Reasons to call GHS:

- If you feel your child/youth is in a crisis
- The child/youth may hurt themselves or others
- The child is experiencing overwhelming confusion, anger, or emotional unresponsiveness

If you aren't sure if ICSS is needed, give us a call and we can help to explore options.

What happens when the GHS Intensive Crisis Team is called?

The team will provide an on-site intervention with the identified child or youth, and their support system. The team's main focus will be to help assess the crisis, utilize de-escalation techniques, help the child/youth and their family or support system to help with what is needed and to help determine next steps and long-term care.

Other services include:

- Crisis and Safety Planning
- Referrals to needed services
- Education on resources, diagnosis and services
- Collaboration and problem solving

* Psychiatric consults, as needed (does not include medication review for prescription)

** Intensive Crisis Stabilization services cannot be provided to individuals who are currently residing in inpatient settings: Jail/detention centers or residential settings (i.e. child caring institutions, crisis residential, etc.).

GHS Intensive Crisis Stabilization Services for Children

810.257.3740 877.364.3648

420 W. Fifth Avenue, Flint 48503 • www.genhs.org

Supported by funds from Substance Abuse and Mental Health Services Administration, Center for Mental Health Services through the Michigan Department of Health and Human Services.

Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute ___% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath ___% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.



Don't Forget!
Donations are tax deductible!

Please contact GCMS at 733-9923 or email executivedirector@gcms.org



Do you have an advertising NEED?

- Are you a Physician **and** you are a member of GCMS and you have a new practice in Michigan?
- Do you have a medical practice **and** you are a member of GCMS and your office has relocated?
- Do you have a business that serves Michigan and business slow?

Let Genesee County Medical Society help!

Genesee County Medical Society Bulletin

(ONLINE MAGAZINE)

Your ad will be featured in the Genesee County Medical Society monthly bulletin that is provided to 1,500+ viewers. The Bulletin can also be found on the GCMS website, and is also published through Calameo virtual magazine. ([HTTPS://En.Calameo.com/](https://en.calameo.com/))

1/2-page ad \$195/month

3/4-page ad \$290/month

Full page ad \$350/month

A link to the business website or email can be added for **NO** additional fee.

[Click here](#)

to connect with GCMS, we can provide your advertising needs!



**all ads placed by Physicians or Medical Practices must have a GCMS membership.



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SAFEHAVEN™

PHYSICIAN AND PROVIDER WELL BEING PROGRAM

Rediscover meaning, joy, and purpose in medicine.

SafeHaven™ ensures that physicians and health care providers can seek confidential assistance and support for burnout, career fatigue, and mental health reasons.



In-the-moment telephonic support by a licensed counselor, 24/7



Legal and financial consultations and resources, available 24/7



Peer Coaching—talk with someone who has walked in your shoes that can help you grow both personally and professionally

- Six sessions per incident
- Physician or provider chooses coach from a panel of coaches



Counseling, available in either face-to-face or virtual sessions; addressing stress, relationships, eldercare, grief, and more

- Six sessions per incident
- Available to all extended family members



WorkLife Concierge, a virtual assistant to help with every day and special occasion tasks, 24/7



VITAL WorkLife App—Mobile access to resources, well being assessments, insights, and more

RESOURCES FOR YOU AND YOUR FAMILY MEMBERS

SafeHaven™ includes Well Being Resources from VITAL WorkLife—confidential and discreet resources designed to reduce stress and burnout, promote work/life integration and support well being for you and your family.

TO LEARN MORE, VISIT
www.MSMS.org/SafeHaven

To support the needs of physicians and health care providers struggling with stress, burnout, and the effects of COVID-19, the Michigan State Medical Society (MSMS) and VITAL WorkLife have partnered to offer a comprehensive set of well being resources and confidential counseling services for their use, SafeHaven™.



Mainstreaming Addiction Treatment Act/Medication Access and Training Expansion Act and Corresponding State Modifications

June 21, 2023

To all controlled substance licensees:

Most practitioners are now aware that Congress has passed the Mainstreaming Addiction Treatment (MAT) Act that removed the federal "DATA 2000" or "DATA-Waiver Program," and the Medication Access and Training Expansion (MATE) Act that established a one-time training on substance use disorder for practitioners who prescribe controlled substances when they obtain or renew their Drug Enforcement Administration (DEA) registration. In light of these changes, which are intended to educate practitioners and reduce barriers to obtaining medications for opioid use disorder (OUD) by eliminating burdens on providers who currently prescribe medications and new providers who wish to treat patients with OUD, the Bureau of Professional Licensing (BPL) would like to convey the following corresponding changes at the state level:

- The new DEA one-time 8-hour training requirement is effective June 27, 2023. Effective on this date, or the date on which the DEA requires the 8-hour training in the event the effective date is delayed, and until further notice, a practitioner required to attend a one-time opioid and controlled substances awareness training by the state's Controlled Substances Rules, may use the 8 hours of training that is accepted by the DEA for their controlled substances registration to also meet the state's required one-time training on opioids and other controlled substances awareness.
- In addition, R 338.3163 that limits prescribing, dispensing and administering a controlled substance to an individual with a substance use disorder will not be enforced by BPL until the rule is either modified or rescinded. This rule limited the circumstances under which a practitioner could treat an individual with substance use disorder, as well as the number of individuals that could be treated. All other laws and rules, both federal and state, must still be followed.

For more information about the elimination of the DATA-Waiver Program, and DEA's 8-hour substance disorder training, please refer to the following websites:

<https://www.samhsa.gov/medications-substance-use-disorders/removal-data-waiver-requirement>

https://www.deadiversion.usdoj.gov/pubs/docs/MATE_training.html

! [MATE Training Letter Final.pdf \(usdoj.gov\)](#)

Questions may be sent to : BPLHelp@michigan.gov.

Thank you,

Bureau of Professional Licensing
Licensing Division



Pain Management: Treatment Options & Legal Responsibilities

May 22, 2024 6:00 pm - 9:00 pm Zoom Webinar

GCMS Members: No Charge

Non-Members: \$100

Registration: Executivedirector@gcms.org

Join us for our inaugural multi-county webinar featuring experts on pain management and addiction from across the state.

Completion of this webinar fulfills LARA's 3-hour requirement in the area of pain management and symptom management, including the new 1-hour minimum of controlled substance prescribing training, as well as 3 hours towards the 8-hour MATE training requirement.

Upon Completion of the webinar, physicians should be able to:

- Describe the use of opioids and other controlled substances.
- Identify integration treatments.
- Describe the stigma of addiction.
- Describe alternative treatments for pain management.
- Identify ways to counsel patients on the effects and risks associated with using opioids and other controlled substances.
- Describe how to utilize the Michigan Automated Prescription System (MAPS).
- Identify state and federal laws regarding prescribing and dispensing controlled substances.
- Describe security features and proper disposal for prescriptions.



Michael Danic, DO

- Use of opioids and other controlled substances.
- Integration of treatments.
- The stigma of addiction.



John Hopper, MD

- Alternative treatments for pain management.
- Counseling patients on the effects and risks associated with using opioids and other controlled substances.



Narasimha Gundamaraj, MD

- Utilizing the Michigan Automated Prescription System (MAPS).
- State and federal laws regarding prescribing and dispensing controlled substances.
- Security features and proper disposal requirements for prescriptions.

Proudly presented in partnership with:



INGHAM COUNTY MEDICAL SOCIETY



KCMS



For questions please contact: executivedirector@gcms.org



CONNECT WITH US..

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[Wix | LinkedIn](#)



WWW.GCMS.ORG

Application Code:

State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at www.joinmsms.org



- I am in my first year of practice post-residency.
- I am in my second year of practice post-residency.
- I am in my third year of practice post-residency.
- I have moved into Michigan; this is my first year practicing in the state.
- I work 20 hours or less per week.
- I am currently in active military duty.
- I am in full, active practice.
- I am a resident/fellow.

Male Female

First (legal) Name: _____ Middle Name: _____ Last Name: _____ MD DO

Nickname or Preferred Form of Legal Name: _____ Maiden Name (if applicable) _____

Job Title: _____

W Phone _____ W Fax _____ H Phone _____ H Fax _____

Mobile: _____ Email Address _____

Office Address Preferred Mail Preferred Bill Preferred Mail and Bill

City: _____ State: _____ Zip: _____

Home Address Preferred Mail Preferred Bill Preferred Mail and Bill

City: _____ State: _____ Zip: _____

*Please base my county medical society membership on the county of my (if addresses are in different counties): Office Address Home Address

*Birth Date: ____ / ____ / ____ Birth Country _____ MI Medical License #: _____ ME #: _____

Medical School _____ Graduation Year: _____ ECFMG # (if applicable) _____

Residency Program _____ Program Completion Year _____

Fellowship Program _____ Program Completion Year _____

Hospital Affiliation _____

• Primary Specialty _____ Board Certified: Yes No

• Secondary Specialty _____ Board Certified: Yes No

Marital Status: Single Married Divorced Spouse's First Name: _____ Spouse's Last Name: _____

Is your spouse a physician?: Yes No If yes, are they a member of MSMS?: Yes No

Within the last five years, have you been convicted of a felony crime?: Yes No If "yes," please provide full information: _____

Within the last five years, have you been the subject of any disciplinary action by any medical society or hospital staff?: Yes No

If "yes," please provide full information: _____

I agree to support the County Medical Society Constitution and Bylaws, the Michigan State Medical Society Constitution and Bylaws, and the Principles of Ethics of the American Medical Association as applied by the AMA and the MSMS Judicial Commission.

Signature _____ Date: _____

County Medical Society Use Only
Reviewed and Approved by: _____