THE BULLETIN

August 2022 VOLUME 99, NUMBER 8



MSMS: 988 Suicide & Crisis Lifeline Is Live

AMA: Proposed Medicare Physician Pay Schedule

Genesee County
Free
Medical Clinic
How Can
You Help?

THE BULLETIN is published monthly by: The Genesee County Medical Society

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August 2022 VOLUME 99, NUMBER 8

THE BULLETIN

READ BY 96% OF GCMS MEMBERS

22

FEATURE ARTICLES

Romanian Mission Trip for Ukrainian Refugees

Alliance Focus:

Commit To Fit

Commit to fit	20
COVID-19 Resources	28
Guest Article:	
Reflections of a Retired Physician-Educator	
Radhika Kakarala	36
Safe Haven: Physician and Provider Well Being Program	41

REGULARS

President's Message

	•
GCMS Meetings	5
Executive Director's Message:	
The Genesee County Free Medical Clinic	6

Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

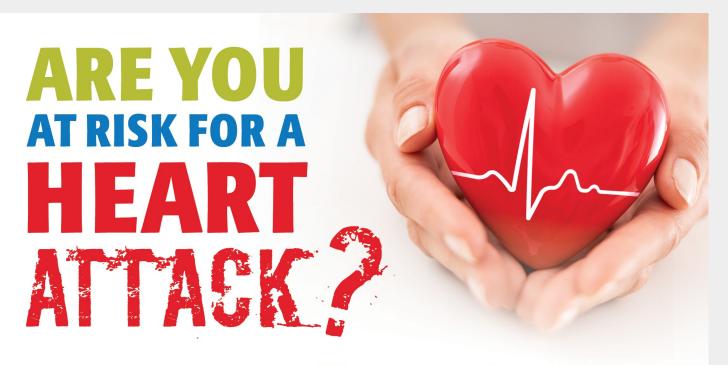
PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

Published by the Genesee County Medical Society Publication Office 4438 Oak Bridge Drive, Suite B, Flint, Michigan 48532 Phone (810) 733-9923

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There are more than 3 million cases of heart disease diagnosed in the U.S. each year.

Coronary artery disease is the "silent killer," but some warning signs are apparent. They include unusual pain in the left armpit, arm and upper chest; unexplained heartburn; and malaise, tiredness or "just not feeling right."

Why be uncertain?

RMI is helping everyone stay healthy by offering CT Cardiac Scoring exams for



CT CARDIAC SCORING

could give you the answers you need

Scans for evidence of coronary artery disease

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President's Message

Greetings Members!

Let's talk about the epidemic of physician burnout in the United States for a moment. A topic we do not talk about often enough. We need not discuss complaints, but solutions, possibilities, and hope. Troubling symptoms of burnout include: depression, exhaustion, dissatisfaction and a sense of failure. All while attempting to balance our home life, which seems nearly impossible.

We all know more than ever the negative effects of Physician burnout in healthcare too. This of course includes patient care, staff retention and even your career satisfaction.

For decades, physician burnout has been a major problem affecting the world of medicine and COVID-19 made the struggle worse. With increased stress over the past few years in the healthcare industry, it just seems impossible to keep up with the demands, with short staff and little hope.

According to a recent Harvard report, physician burnout is "a public health crisis that urgently demands action."

The AMA is your powerful ally in reducing physician burnout

Far too many American physicians experience burnout. The AMA develops resources that prioritize well-being and highlight workflow changes so physicians can focus on what matters-patient care.

Learn about the AMA's Recovery Plan for America's Physicians.

We can of course advocate for each other, help where we can and attempt to take care of our own mental, physical and spiritual health to attempt to battle this burnout with balance. At that point we can offer exceptional care for our patients while taking care of ourselves. The Genesee County Medical Society, The Michigan State Medical Society and the American medical Association all have staff and resources for times such as this. Reach out if you need help.

Be Well! Stay Safe!

Dr. Khalid Ahmed





Practice Managers

September 8, 2022

9:00 a.m.

*via Zoom

Legislative Liaison

September 12, 2022

8:00 a.m.

*via Zoom

Town Hall-Implicit Bias Training

September 14, 2022

6:00 p.m.

*via Zoom

Medical Society Foundation

September 21, 2022

6:00 p.m.

*via Zoom

Board of Directors

September 27, 2022

6:00 p.m.

*via Zoom

Announcement

GCMS members now entitled to a 15% discount on automobile and homeowners insurance.

For details, contact:

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The Genesee County Free Medical Clinic

May of 2022 Stacey Doyle the Executive Director of the Genesee County Free Medical Clinic, invited me to attend a party for the retiring Free Clinic Medical Director. This was a perfect opportunity for me to reconnect with an old friend.

From 2005 – 2009, I served as a Scientific Member of the McLaren Flint Institutional Review Board (IRB). From 2009 – 2012, I served the McLaren Flint IRB in the capacity of Vice Chairman of the IRB. It was my days serving on the McLaren IRB where I had the pleasure of meeting and working with Dr. Radhika Kakarala, MD. I have very fond memories working with Dr. Kakarala. She possessed a calm but confident demeanor, which I greatly admired. She was very thorough and well spoken with each study she was involved with.

Ten years later our professional paths cross again. June 29, 2022, I had the distinct honor of attending Dr. Kakarla's retirement from Medical Director of the Genesee Free Clinic. The joy in her face when I walked in after 10 years was priceless!

Dr. Kakarala has served the Genesee County Free Medical Clinic for approximately 15 years, and in the capacity of Medical Director for the past 8 years. In this period of time under Dr. Kakarla's guidance the Free Medical Clinic has flourished. It is a well-organized and managed clinic serving a tremendous need in the community. Dr. Kakarala will remain on the Board of the Genesee County Free Medical Clinic.

This was my first visit to the Genesee County Free Medical Clinic. Dr. Kakarala gave me a personal tour of the clinic. By the end of the tour, I was a bit teary eyed. It was a humbling experience to meet the selfless staff and see the work performed serving this community. Residence with no medical insurance have a clinic they can go to for medical care. The Genesee Free Medical Clinic is a gem in the community, it is very heartwarming to see this first hand. The clinic with Stacey Doyle as Executive Director is very well managed and organized.

Please consider supporting this wonderful organization located right here in Genesee County. The Genesee County Free Medical Clinic has needs for medical volunteers, medical supplies, and donation of funds.

For comments or questions please contact:

executivedirector@gcms.org



DAVID HOFF, MA, CCP





THE GCMS BULLETIN



Genesee County Medical Society invites you to a Quarterly

Business Meeting and a Medical Community Town Hall

Gender Preferences Subconscious

Unconscious Judgement

Unconscious Judgement

Stereotypes

Stereotypes

Behavior

Decisions

Prejudice Race

Unfair Ethnicity

Psychologist

Reaction Beliefs

People Groups

Social Hidden Subtle

Train



MANDATORY TRAINING!

Michigan Mandated June 1, 2022

September 14, 2022 6:00 P.M.

Evening \$chedule:

6:00 P.M.- Welcome

-Dr. Khalid Ahmed

6:05 P.M.- GCMS Nominating Committee - Slate

6:15-8:15 P.M.- Implicit Bias Training

8:15-8:20 P.M.- Sovita

8:20-8:30 P.M.- Closing Remarks

-Dr. Khalid Ahmed

SPACE IS LIMITED!

Please RSVP by

September 7, 2022

executivedirector@gcms.org

To Receive the ZOOM invite.

Non-Members please request an electronic invoice for CC payment

or

Please mail check

payments to:

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Flint, Michigan 48532

\$50.00 / NON-Member

FREE for GCMS

MEMBERS

Jennifer Edwards-Johnson, DO, MPH is an Assistant Professor in the Department of Family Medicine where she is the Course Director for the "Caring for Underserved Patients" Intersession for first and second year students. She recently received a HRSA K-award to fund her research interests, which include developing strategies to recruit and retain underrepresented minority medical students and health disparities education. Dr. Edwards-Johnson has served as the assistant clerkship director for family medicine, and is a faculty member with the Sparrow-MSU Residency program, where she enjoys teaching and mentoring residents and developing curricula around the care of underserved populations. She currently serves as the faculty advisor for the Student National Medical Association (SNMA) and the Family Medicine Interest Group (FMIG) and is a faculty mentor for several student research projects. She earned her DO degree at Michigan State University College of Osteopathic Medicine, her MPH from the University of Michigan, and completed her residency education at St John Providence Hospital in Southfield.

Michigan State Medical Society



Statement of Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Michigan State Medical Society and Genesee County Medical Society. The Michigan State Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement:

The Michigan State Medical Society designates this live activity for a maximum of 2 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



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988 Suicide & Crisis Lifeline Is Live

On July 16, 2022, a new and easy-to-remember mental health crisis **988**-dialing code was implemented nationwide. The goal of the <u>988 Suicide and Crisis Lifeline</u> is to provide people in need with easier access to the National Suicide Prevention Lifeline (NSPL) and its related crisis stabilization resources. If you or someone you know is struggling or in crisis, help is available. Call or text **988** or visit the <u>Lifeline Chat</u> to connect with a trained crisis counselor

The <u>SAMHSA-funded_988</u> provides a direct connection to compassionate, accessible care and support for anyone experiencing mental health-related distress – whether that is thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress. People can also dial **988** if they are worried about a loved one who may need crisis support.

According to the Michigan Department of Health and Human Services (MDHHS), Michigan has joined the nation in transitioning to the **988**-dialing code. "The **988** number is another step toward strengthening and transforming crisis care and mental health services in our state, which is a key focus of the department," said Elizabeth Hertel, MDHHS Director. "This universal number means no matter where you live or call from, you can reach a trained crisis counselor who can help. We encourage Michigan residents or their family members to call **988** if they are experiencing mental health-related distress, emotional distress or a substance use crisis."

For more information, visit Michigan's 988 website

helping connect Michigan residents.

You are Cordially Invited to:

The Genesee County Medical Society

2022 President's Ball



Honoring GCMS President Dr. Khalid Ahmed

And GCMSA President Lakshmi Tummala

November 19, 2022 @ 6:00 P.M.







'A Night in Sudan'

Please RSVP to Executivedirector@GCMS.org by November 5, 2022

(You will receive an invoice for the amount of tickets purchased.)

Buffet dinner with a vegetarian option included

Join us for cocktail hour! Open Bar from 6pm-7pm

Please Call 810-733-9923 with any questions (Black Tie Optional)

Atlas Valley Country Club-8313 Perry Road Grand Blanc, Mi 48439

Please consider partnering with GCMS on a President's Ball Sponsorship!

However, Individual tickets will be sold in the near future.

gems/gemsa



2022 President's Ball

Honoring GCMS President Dr. Khalid Ahmed

And GCMSA President Lakshmi Tummala

November 19, 2022 @ 6:00 P.M.

'A Night in Sudan'

Sponsorship Opportunities:



Premiere

\$10,000 Level Sponsor

Includes two tables of 6 (12 seats).

One Full-Page Ad in the January 2023 GCMS
Bulletin, a special mention in advertising and promotions relating to the President's Ball, acknowledgement in the event program and at the podium and a Sponsorship of a

Dinner Business Meeting.



\$5,000 Level Sponsor

Includes one table of 6

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Bulletin, a special mention in advertising and promotions relating to the President's Ball, acknowledgement in the event program and at the podium.



Gold

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Popper

Generous Donation Sponsor (over \$500)

Includes seating for 2

A special mention in advertising and promotions relating to the President's Ball,

acknowledgement in the event program and at the podium.



To partner with GCMS for sponsorship of the event please email: <u>Executivedirector@gcms.org</u>



Strokes don't discriminate; they affect people of all ages, ethnicities and backgrounds. Fortunately, many strokes are preventable, and you can take steps now to reduce your risk. Begin by understanding the risk factors and find out which are specific to you. Come to our free screening event put on by the Flint Stroke Coalition which is represented by all three Genesee County hospitals and the Genesee County Free Medical Clinic - it could save your life!

Screening includes:

- Diabetes screening- Hemoglobin A1C
- Full Lipid Panel including total cholesterol, HDL, LDL, and triglycerides
- Blood pressure and pulse
- Sleep disorder risk assessment
- Risk-reduction plan
- Results counseling and education

Local physicians, nurses, pharmacists, EMS providers, and other healthcare personnel will be volunteering at the screening in order to help answer your questions!

Think you or someone you know is experiencing a stroke?

Remember BE FAST and call 9-1-1!

2022 FREE STROKE SCREENING DATES

WHEN 9am to 2pm

April 28th
May 26th
June 23rd
July 28th
August 25th
September 22nd
October 27th
December 22ND

Testing made possible by the support of: Genesee Health Plan

McLaren Flint Community Outreach Shori and Pervin Majjhoo Neuroscience Fund

WHERE

Genesee County Free Medical Clinic

2437 Welch Blvd Flint, MI 48504 810-235-4211 www.gcfmc.org

*PLEASE attempt to not eat or drink the morning of the screening for accurate results. Take morning medication with sips of water.

Government Relations & Physician Engagement Team



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Legislative Platform & Priorities



120 West Saginaw Street, East Lansing, Michigan 48823 P: 517 / 337.1351 » E: msms@msms.org



August 2022 14

MSMS Legislative Platform & Priorities



MSMS Legislative Priorities

Key priorities of the Michigan State Medical Society (MSMS) and its 15,000 physician and medical student members are as follows:

COVID-19

The COVID-19 pandemic has taken a devastating toll on the physical and mental health of Michigan citizens, as well as the economic health of our state. Additionally, many of Michigan's medical practices are trying to regroup from financial and staffing losses and increased costs to comply with regulatory mandates. By using scientific data to help inform decision-making, MSMS is committed to working collaboratively with stakeholders to end the COVID-19 pandemic, safely re-engage all economic sectors, provide efficient and equitable vaccine distribution, and ensure practice sustainability.

Prior Authorization and Step Therapy Reform

The prior authorization process diverts valuable resources away from direct patient care, can delay the start or continuation of necessary treatment, and can negatively impact patient health outcomes. Step therapy, also known as fail first, is another practice that disrupts patient care by requiring patients to try other therapies before being approved for the treatment that their doctor originally prescribed. MSMS will work closely with the Legislature, regulators, and other stakeholders on ways to reform prior authorization and step therapy processes to ensure transparency, remove unnecessary and costly care delays, and support shared decision-making.

Team-based Care

Patients are best served by a team-based approach to care that provides the maximum amount of choice while ensuring that they benefit from the additional training and expertise that comes from having a physician on the team. A highly functioning health care team is the best way to serve patients. MSMS will continue to promote the role of the physician as the leader of the health care team and oppose any efforts to expand allied health professionals scope of practice that may put patients at risk.

Telemedicine

Telemedicine has proven to be an effective care delivery method that ensures convenient and timely access to patients. Before the outbreak of COVID-19, insurers covered telemedicine visits to varying extents; however, there were often obstacles such as low reimbursement and restrictions on site of care. Although payers removed some of the regulatory and administrative barriers during the pandemic, these policies are now reverting to prepandemic times. Moving forward, payment and service parity for the use of clinically appropriate telemedicine services is critical.

Health Equity

Several events in 2020 brought to the forefront the need to prioritize advocacy addressing systemic policies and other contributing factors that deny historically marginalized groups equal and just opportunities to maximize quality of life and health outcomes. In order to improve the health of all populations, MSMS will work to advance policies that reduce disparities and improve health equity.

Graduate Medical Education (GME)

Studies repeatedly demonstrate that one of the best ways to recruit and retain physicians is via local medical schools and residency programs. GME helps fill the gap in underserved areas by providing extremely low-cost care to those most in need. Michigan has been a leader in expanding medical school class sizes to address the projected demand for physician services, it is imperative that we continue to fund GME slots to allow these future physicians to learn here in Michigan, and stay here in Michigan.

For more information about MSMS legislative advocacy, please contact:

- Josiah Kissling, Senior Director, State and Federal Government Relations, at jkissling@msms.org
- Scott Kempa, Manager, State and Federal Government Relations, at skempa@msms.org
- · Kate Dorsey, Manager, State and Federal Government Relations, at kdorsey@msms.org

Legislative & Regulatory Platform

MSMS has long-standing positions and policies on numerous topics. Following is an overview of the top issues comprising the MSMS legislative and regulatory advocacy platform.

Insurance and Regulatory Advocacy

- · Support mental health and substance use disorder parity
- Ensure appropriate access to and payment for telemedicine
- · Advocate for adequate and transparent physician networks
- Reduce unnecessary administrative costs

Public Health and Prevention

- · Strengthen public health infrastructure
- Support vaccine availability and oppose efforts to weaken Michigan's vaccine laws
- · Improve health equity
- Ensure access to evidence-based non-opioid pain care and opioid use disorder treatment
- Reduce childhood environmental hazards
- Reduce gun violence through health screening, patient counseling and expanded access to mental health services

Professional Liability

- Preserve existing tort reforms
- · Support higher negligence thresholds in medical liability cases
- Eliminate the lost opportunity doctrine
- Maintain the legislative intent and enforceability of all medical liability tort reforms

Medicaid

- · Seek funding parity with Medicare
- · Seek funding sources that are fair and sustainable
- Support state funding for the Healthy Michigan Plan
- · Ensure access to physician-directed care

Physician Supply and Training

- · Increase graduate medical education funding at state level
- · Minimize burden of medical school debt

Insurance Contracting Reform

- Limit retroactive audit timeframes
- Support adequate disclosure of fee screens
- · Support appeals process that includes independent reviews

Scope of Practice

- Support physician-led, team-based health care
- Support education over legislation as the means of increasing scope of practice
- Oppose independent prescriptive authority by non-physicians
- Support patient right-to-know/health professional credentials disclosure

August 2022 15



Inside the Massive Proposed 2023 Medicare Physician Pay Schedule

On August 12, 2022 AMA Senior News Writer, Andis Robeznieks, published the following information about the proposed 2023 Physician pay schedule for Medicare. If you missed the AMA article, here are the important highlights:

The proposed 2023 Medicare Physician Payment Schedule (PFS) rule contains a mix of payment cuts, policy proposals and announcements regarding payment for telehealth and evaluation-and-management (E/M) services.

Slogging through the document's 2,066 pages can be a daunting task. The AMA, however, has released a <u>12-page summary</u> (PDF) that has crystalized some of the Proposed Rule's highlights. The Centers for Medicare & Medicaid Services (CMS) has released a <u>fact sheet</u> that also gives the agency's view of the highlights.

The summary notes that analysis of the PFS proposed rule continues, and the AMA will release draft comments prior to CMS' Sept. 6 deadline.

Leading the charge to reform Medicare pay is a critical component of the <u>AMA Recovery Plan for America's Physicians</u>. You took care of the nation. It's time for the nation to take care of you. It's time to rebuild. And the AMA is ready.

The AMA has challenged Congress to work on systemic reforms and <u>make Medicare work better for you and your patients</u>. Our work will continue, fighting tirelessly against future cuts—and against all barriers to patient care.

Conversion factor reduced

The first item on the payment schedule discussed in the summary is the proposed \$33.0775 Medicare conversion factor (CF) for 2023, which represents a \$1.53 reduction (4.42%) from the 2022 CF. The reduction is driven by the expiration of a one-time 3% CF increase Congress passed last December as part of an appropriation package that averted scheduled Medicare physician payment cuts totaling around 9.75%.

Additionally, about 1.5% of the CF reduction is attributable to a budget-neutrality statute requiring that, when there is projected growth of \$20 million in spending on services included in the payment schedule, there must be corresponding cuts elsewhere.

Read more from the AMA on why across-the-board Medicare physician pay cuts are the wrong way forward.

The projected growth in spending stems from an upward adjustment for inpatient E/M services provided in hospitals, nursing homes, emergency departments and home health services.





More E/M changes proposed

CMS is building on the revisions it <u>adopted for 2021</u> for E/M services provided in physician offices and other outpatient settings. The agency is proposing to generally adopt the <u>Current Procedural Terminology</u> (CPT®) codes and guidelines developed by the <u>CPT Editorial Panel</u> and the valuations recommended by the <u>AMA RVS Update Committee</u> (RUC) for inpatient and other settings, according to the summary.

"In total, the E/M code sets being revised for 2023 comprise approximately 20% of all allowed charges under the Medicare Physician Payment Schedule," the summary says. "Therefore, these changes, along with other coding and valuations changes, are estimated to require a reduction of about 1.5% to the 2023 Medicare conversion factor due to statutory budget neutrality requirements."

Along with the reduced CF, the payment schedule includes a 0% payment update that fails to account for significant inflation in practice costs.

Telehealth coverage extended

Early in the COVID-19 pandemic, CMS expanded the Medicare Telehealth List with the addition of some 150 services, including emergency department and telephone visits. Some of these services were listed as "interim" with coverage lasting until the end of the public health emergency (PHE), while others would have coverage extended for another five months after the PHE ends.

For 2023, CMS proposes extending coverage for all interim telehealth services for five months after the PHE ends. Meanwhile, the House of Representatives voted overwhelmingly for a bipartisan bill that extends Medicare telehealth payment and regulatory flexibilities through the end of 2024.

CMS also proposes to add a number of other services to the telehealth coverage list including therapy services, ophthalmology services, and patient education and training in <u>self-measured blood pressure management</u>.

Additionally, CMS proposes to raise payment rates for opioid treatment programs to better reflect the costs of the counseling services, while also proposing to pay for the initiation of buprenorphine to treat <u>opioid-use</u> <u>disorder</u> via telehealth, rather than just in person, to further improve access.

Supporting telehealth is another essential component of the AMA Recovery Plan for America's Physicians. <u>Telehealth is critical to the future of health care</u>, which is why the AMA continues to advocate for expanded telehealth policy, research and resources to ensure physician practice sustainability and fair payment.

The AMA, in collaboration with 120 other physician and health care organizations, is <u>offering specific</u> <u>recommendations</u> (PDF) to Congress and CMS that will put the nation's health care system on solid and sustainable financial ground.

Discover <u>10 principles</u> that policymakers should follow to fix Medicare's unsustainable physician payment system and find out why <u>Medicare's trustees agree that system doesn't have a long-term future</u>.



ATTENTION: PRACTICE MANAGERS AND OFFICE STAFF!

Genesee County Medical Society addresses issues of concern for medical professionals!

Please join GCMS and SOVITA in monthly meetings for practice managers and office staff of *all member physicians*.

Please email executivedirector@gcms.org to RSVP,

YOU WILL RECEIVE A ZOOM INVITE

NEXT MEETING DATE:

September 8, 2022 9:00 A.M.

You do not want your Practice Manager to miss out on these valuable meetings!









Join the GCMS Practice Managers
Thursday September 8, 2022 9:00 a.m.

A presenter from Luna Language Services will be joining our meeting to discuss your practices virtual interpreting service options!

Helping Physicians meet the <u>ADA requirements</u> and provide impeccable services to their patients.





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- Virtual Interpreting
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Dear Potential Sponsor,

We are excited to announce the Genesee County Pharmacists Association's 11th annual golf outing to benefit the Genesee County Free Medical Clinic: The Sovita Scramble for GCFMC. The Clinic is the area's only free medical clinic, serving those who are under- and uninsured in Genesee, Tuscola, Livingston, and other surrounding counties. It provides medical and pharmaceutical care to these residents.

Our event will also raise funds for our association, The Genesee County Pharmacist Association, which we plan to use for educational programs and community outreach programs. Through our education programs we hope to provide learning opportunities to pharmacists and technicians to enhance the quality and safety of the care provided to the patients of our community. And through community outreach programs, such as medication reviews with seniors, prescription drug abuse awareness, and everything in between, we hope to help the community live healthier and safer. This is a great opportunity for you or your company to receive exposure and to help support a worthy cause.



2022 Sovita Scramble for the GCFMC

GCPA's 11th Annual Outing for the Genesee County Free Medical Clinic



SATURDAY, SEPTEMBER 17, 2022 REGISTRATION - 7:30 AM CHIPPING & PUTTING – 7:30 AM SHOTGUN START - 8:30 AM LUNCH AT TURN - 11:00 AM SNACKS & PRIZES TO FOLLOW AFTER

Player Package

*\$135/golfer includes

- 18 holes of golf with cart use
- Inclusion in select competitions
- Pre-game putting and chipping practice
- Snacks at the turn
- Post-game lunch (\$25 value)
- Non-alcoholic beverages
- One alcoholic drink token (\$8 value)
- Three raffle ticket (\$15 value)
- Two mulligans (\$30 value)

Register Early & Save \$10 per Golfer

Use promo code GCPA10 to save \$10 per golfer when registering before September 1st. Come get out and enjoy a great day golfing in Michigan with friends and colleagues at a beautiful course.

TYRONE HILLS GOLF CLUB

8449 Old US 23 Fenton, MI 48490

810.629.5011 tyronehillsgolf.com

Sponsorship Opportunities

Proceeds to go toward the Genesee County Free Medical Clinic and GCPA-sponsored educational and community-based programming and events.

HOLE SPONSOR - \$125

Includes one sign on course and inclusion in program.

CONTEST SPONSOR - \$250

Includes one sign at contest hole, recognition during awards, and ad in program.

PUTTING GREEN SPONSOR - \$300

Includes three signs on green and ad in program.

DOOR PRIZE SPONSOR - \$400

Includes promo materials in each golfer's door prize bag, recognition at registration, and one ad in program.

LUNCH SPONSOR - \$450

Includes signage at lunch, recognition at lunch, and one half-page ad in program.

PROGRAM SPONSOR - \$500

Includes logo on front and back of program, ad in program, recognition at lunch, and a free golfer pass.

CART OR SIGN SPONSOR - \$750

Includes logo on every golf cart or sponsor sign, lunch recognition, ad in program, and free passes for two golfers.

TITLE SPONSOR

Includes space for company signage at registration, logo on front and back of program, ad in program, name in event title, recognition at tournament, and free passes for four golfers. Contact Mike Crowe for details.

Please contact Mike Crowe at (810) 399-7589 or e-mail geneseepharmacists@gmail.com with questions.

*** Return this Portion by September 1st or Register Online *** GOLFER #1:
Company Name:
Address:
City:State:Zip:
Phone:
E-mail:
GOLFER #2:
GOLFER #3:
GOLFER #4:
If you do not have a foursome we can place you in one.
Registration and Sponsorship Order Form
☐ Player Package(s) (\$135 ea.*)

Reg	gistration and Sponsorship Order Form
	Player Package(s) (\$135 ea.*)
	Extra Lunch Ticket (\$25 ea.)
	Extra Raffle Ticket (\$5 ea.)
ο,	Extra Mulligan (\$10 ea.)

- Hole Sponsor (\$125 ea.) Contest Sponsor (\$250 ea.) Putting Green Sponsor (\$300 ea.)
- Door Prize Sponsor (\$400 ea.)
- Lunch Sponsor (\$450 ea.)
- Program Sponsor (\$500 ea.)
 - Cart/Sign [Circle One] Sponsor (\$750 ea.)
 - = TOTAL AMOUNT DUE

*Subtract \$10 per golfer if before September 1, 2022

Please make checks payable to: **Genesee County Pharmacists Association**

If Mailing, Mail Form and Payment to: Michael Crowe 5313 Territorial Rd, Apt 207 Grand Blanc, MI 48439

★★★ Register/Sponsor/Pay Online ★★★ jotformpro.com/geneseepharmacists/2022golf

^{*}See promo code details below.

THE ALLIANCE FOCUS

Romanian Mission Trip for Ukrainian Refugees

June was a month that took us to the beautiful country of Romania, with its rich history and culture. A country that showed kindness to Ukrainian refugees. The capital city of Bucharest demonstrates stunning architecture and the countryside pictures luscious green rolling hills.

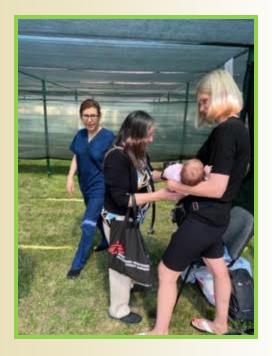
The PREMED clinic's backyard offered the perfect outdoor setting for the medical team to begin work. The dental clinic was held inside the clinic's ground level.

We covered medical and lifestyle work over the second week of services. Combined, the team saw about 700 patients and that is not counting the visits to the refugee camps dispersed throughout the city of Bucharest (and some who failed to fill out the intake forms). Many dental and medical missionaries brought medical supplies to Romania to share with the Ukrainian refugees. All the unused supplies were left there for future use.

Some of the medical supplies were taken into Ukraine by local volunteers.

We had the privilege to visit three refugee camps during that second week. Two out of the three were dormitory buildings where the Ukrainian refugee families were housed in one room per family and a common hallway bathroom. The third refugee camp was a school gymnasium where there was no privacy for the families that were staying there. The group dispersed clothing and lots of children's supplies and toys with the refugees. The refugees seemed glad to see us, we offered prayers with them at the end of their visits with us (they had tears in their eyes). They were grateful to us for caring and encouraging them. We returned blessed and honored to have served them!

Liesbeth & amp; David Fernandez



83 year-old neonatologist examining a baby



Lorraine and us



Me, Luiza (Internist from TN), and Lorraine from CA



Liesbeth counseling a patient with Romanian interpreter, in Russian



David examining a patient's back



At work



Sharing a little toy with a little boy at the first refugee camp



Us



Do you have an advertising NEED?

- Are you a Physician <u>and</u> you are a member of GCMS and you have a new practice in Michigan?
- Do you have a medical practice <u>and</u> you are a member of GCMS and your office has relocated?
- Do you have a business that serves Michigan and business slow?

Let Genesee County Medical Society help!

Genesee County Medical Society Bulletin (ONLINE MAGAZINE)

Your ad will be featured in the Genesee County Medical Society monthly bulletin that is provided to 1,500+ viewers. The Bulletin can also be found on the GCMS website, and is also published through Calameo virtual magazine. (HTTPS://En.Calameo.com/)

1/2-page ad \$195/month

3/4-page ad \$290/month

Full page ad \$350/month

A link to the business website or email can be added for **NO** additional fee.



to connect with GCMS, we can provide your advertising needs!



**all ads placed by Physicians or Medical Practices must have a GCMS membership



Whether you need relief from arthritis pain or just want to be active, the Arthritis Foundation's six week Walk With Ease program can teach you how to safely make physical activity part of your everyday life. Studies show that Walk With Ease is proven to:

- Reduce the pain and discomfort of arthritis
- · Increase balance, strength, and walking pace
- Build confidence in your ability to be physically active
- Improve overall health



UPCOMING SESSION:

Max Brandon Park
Pasadena Ave. Side Entrance
Mondays & Wednesdays
from 9:00-10:00am
through September 2022

*weather permitting

Foundation"

To register, call 810.232.2228 or online at www.surveymonkey.com/r/C2FPrograms



Commit to Fit!



Visit <u>commit2fit.com</u> to track all of your physical activity and keep track of your fitness goal!

University of Michigan - Flint



Click <u>HERE</u> for daily workouts!

Crim Fitness Foundation



Visit <u>crim.org</u> for a variety of yoga and mindfulness practices!

Ascension Genesys Athletic Club



Click <u>HERE</u> for intense & moderate workout videos!

YMCA - 360

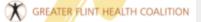


Visit **ymca360.org** for fitness classes of all ages!

Arthritis Foundation



Click <u>HERE</u> for arthritis exercises!







For Daily Genesee County Covid-19 Numbers



COVID-19 Summary for Genesee County, Michigan

Coronavirus (COVID-19) Data Dashboard for Genesee County



For Reporting



EMPLOYERS + SCHOOL ADMINISTRATORS:

Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at GCHD-CD@gchd.us or call (810) 257-1017

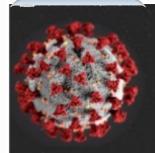


For State of Michigan Covid-19 Information

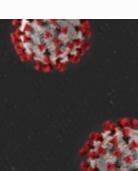








COVID-19 VACCINE PROVIDER GUIDANCE & EDUCATIONAL RESOURCES



COVID-19 VACCINE

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

COVID-19 VACCINE PLAN



COVID-19 VACCINE RESOURCES

IMMUNIZATIONS DURING COVID-19

CDC FAQS

PROVIDER GUIDANCE & EDUCATION



CAN'T FIND A TEST IN-STORE? WE CAN HELP!

If you are a community-based organization with clients in need, contact Genesee CHAP to receive a bulk delivery of tests.

Are you a resident, a school, or medical practice? If so, make a referral to CHAP to receive a free COVID-19 OTC test, delivered within 24 hours.

Make a Referral to Genesee CHAP

- Call 810-953-2427
- Utilize the Community Referral Platform
- Fax Genesee CHAP Referral Form
- Visit gfhc.org/**CHAP**referrals

Request "OTC COVID-19 Test" and note "Urgent". Genesee CHAP will deliver test(s) to the individual's home within 24 hours.









USING & REPORTING SELF-TESTS | COVID-19 |



about self-testing and how-to videos.

for more information

Use the OR code below



If your results are positive

Report results to GCHD at www.gchd.us or click **here**.

<u>Isolate yourself from others</u> for 5 days following symptom onset (if symptomatic) or positive test result (if asymptomatic).

<u>Tell your close contacts</u> that they may have been exposed to COVID-19.

Call GCHD at 810-344-4800 if you are unable to use online resources.





If you are at an <u>increased</u>
<u>risk</u> of becoming very
sick, <u>treatment maybe be</u>
<u>available</u>. Contact your health
care provider right away if
your test result is positive.







www.cdc.gov/covidtesting

C5324605-L 02/08/22



Welcome New Members!

Dr. Sanjay Batra, MD

Dr. James Martin, MD

Dr. Omar Habib, MD

Dr. Fouad Azoury, MD

Dr. Shrey Patel, MD

Dr. Anup Sud, MD

Dr. Mona Hardas, MD

Dr. Lauren Cardella, MD

Dr. Babatunde Almaroof, MD

Dr. Mohmmed Margni, MD

Dr. James Ostrander, MD

Dr. Brian Yeh, MD

Dr. David Bergman, MD

Dr. Amit Bhatt, MD

Dr. Christian Hyde, MD

Dr. Brooke Spencer, MD

Dr. Ahmed El-Sabbagh, MD

Dr. Seif Saeed, MD

Dr. Sarah Ayad, MD

Dr. Mary Adekale, MD

Dr. Tanner Bennett, DO

Dr. Sean Frampton, DO

Dr. Jared Hicken, DO

Dr. Phillip Jenkins, DO

Dr. Tara Knicely, MD

Dr. Kaye Littell, DO



Michigan Department of Health & Human Services

This message was sent to AIM, FAB, Health Systems, INE, IAP, LHD Health Officers, LHD Medical Directors, MACI, MACI 2, PH Imms Leads, MCIR Region Contacts, and Imms All Staff. I apologize for any duplications

Dear Immunization Partners,

Please share the following information with your providers:

The Centers for Disease Control and Prevention (CDC) is offering a series of weekly one-hour web-on-demand videos that will provide an overview of vaccination principles, general best practices, immunization strategies, and specific information about vaccine-preventable diseases and the vaccines that prevent them. A new video will be released every Tuesday through November 1, 2022. Each video will include updated information from recent Advisory Committee on Immunization Practices (ACIP) meetings and votes. The Pink Book Web-on-Demand Series Update on General Best Practices and Vaccine Safety is now live.

Please visit the <u>Pink Book Series</u> webpage for the 2022 release schedule and additional information. Continuing Education will be available for this event.

There is no registration process to view this presentation. Questions about the material presented can be submitted to nipinfo@cdc.gov. The target audience for these webinars is immunization providers including physicians, nurses, nurse practitioners, pharmacists, physician assistants, DoD paraprofessionals, medical students, state and local immunization programs, etc.

Thank you for helping to protect Michiganders from vaccine preventable diseases.

The Immunization Nurse Education Team, Andrea, Dianne, Heidi, Sarah, and Terri

Your Membership at Work

- GCMS staff recruit Physicians to volunteer at Genesee County Free Medical Clinic.
- GCMS staff helped Genesee County residents with contacts, resources and explanations.
- GCMS continues planning and obtaining grants and sponsors for 2022 President's Ball.

Get your tickets NOW! Date: November 19, 2022

GCMS staff continue to work on providing
Implicit Bias Training for the next Town Hall
meeting September 14, 2022- RSVP today!





Genesee County Medical Society Members Please Join Us!

To discuss <u>IMORTANT</u> Legislative topics with Michigan State Medical Society, and Michigan Representatives



Next Quarterly Legislative Liaison meeting via Zoom:

September 12, 2022

To join the GCMS Legislative Liaison meeting email notification list Please email GCMS Executive Director, David Hoff

ExecutiveDirector@gcms.org



Guest Article

Reflections of a Retired Physician-Educator Radhika Kakarala, MD, MS, FACP

I retired on July 1st, 2022, thirty years after completing my residency in Internal Medicine. This puts me at an age which is too early to withdraw from social security, or to be eligible for Medicare, but old enough that IRS rule of 55² applies to me. I will leave up to you to guess my age

Most people ask me two common questions:

Why are you retiring so early?

What are you going to be doing, with all of your time?

My answer to question one is, life in the pandemic made it crystal clear to me that life is very fragile and that it's important to give ourselves and others the gift of our time, in a way that resonates with our values.

I have a longer answer to question 2 – I am taking time to take care of myself: yoga, meditation, time in nature, watching sunrises and sunsets, spend time with family and friends, volunteer, invest time in hobbies that I have been interested in for a while, learn new skills, read and reflect and so on. The freedom to live an unscripted life can be a double-edged sword! A life well lived is one with a purpose greater than us. For me the meaning of the Japanese word "Ikigai" encompasses that.

"Ikigai gives individuals a sense of a life worth living. It is not necessarily related to economic status. **Behaviors which** make one feel ikigai are not actions which individuals are forced to take, but they are spontaneous activities which people undertake willingly. Ikigai is personal; it reflects the inner self of an individual and expresses that faithfully. It establishes a unique mental world in which the individual can feel at ease."

The golden thread that ties various aspects of my career is healing. This is my "Ikigai!"

To me, healing doesn't necessarily mean just treating the patients' illnesses. It starts with being able to elicit and understand each individual's story, and what wellness means to them. This is then followed by partnering with the patient to help them achieve the goals that help them attain their optimal health. Unfortunately, our training in medical schools and the present health care system do not adequately empower and reward us to do this. I can honestly say, that getting trained as a health and wellness coach was a game changer for me and enriched my relationship with patients.

I am grateful to my amazing colleagues and friends at McLaren Flint Internal Medicine Residency Program, for nurturing my passions and providing me with opportunities to teach the residents about physician burnout, coaching skills, population health and personalized medicine. When the practice of medicine is based solely according to clinical practice guidelines, each patient's unique story that includes their individual values, goals and preferences, and psychosocial situation gets overlooked. There is now a paradigm shift in training the residents regarding these crucial topics.

I found that caring for uninsured and underserved patients at Genesee County Free Medical Clinic (GCFMC), and role modeling to the residents on how to understand the "person who has the problem, and NOT just the problems the person has" resonated with the reasons I became a doctor! It was very gratifying for me to watch the residents learn and practice personalized medicine, and know that in a small way I touched the future.

The work that is being done at GCFMC, also taught me the power of voluntarism, humbleness, hope and teamwork. There are many community physicians (PCPs as well as specialists) who volunteer their time and resources to provide care to the working poor patients, without any financial reimbursements. Similarly, partnerships with organizations such as Greater Flint Health Coalition and the programs through it such CHAP (community health access program,) Genesee Health Plan, Genesee Health system and Dispensary of hope have been instrumental in providing free, comprehensive, and compassionate care to GCFMC patients. Last but not least, the staff at GCFMC have demonstrated to me what it means to truly be of "service" to someone who needs your help. GCFMC patients' stories and their willingness to change what they can about their lifestyle, continue to be a reminder of the importance of non-judgmental, compassionate care. All these people are the unsung heroes!

Even though I knew with certainty that it was time for me to retire, I never imagined that I would be able to stay connected with my Ikigai which is healing. Dr. Allen Turcke (past president GCFMC board), Stacey Doyle (Executive Director GCFMC) and GCFMC board members have taught me that there is ALWAYS something that you can do to help those who need you. All it takes, is your WILLINGNESS.

So, I am **willing** to stay connected with GCFMC which has given me an opportunity to continue to be a healer in a volunteer role as the president of GCFMC board. I feel that this is an amazing way to have a balance between time for me to do activities which bring me joy, while living a purposeful life.

References

3 Things to Consider Before You Retire at 55

https://www.thebalance.com/why-retire-at-55-2388841. Accessed on 7-20-22.

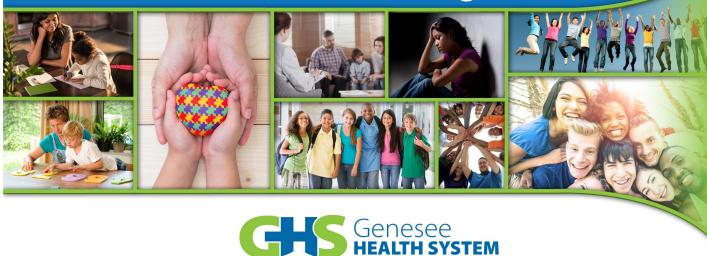
What Is the Rule of 55? https://www.thebalance.com/what-is-the-rule-of-55-2894280. Accessed on 7-20-22.

https://academic.oup.com/ageing/article/28/3/323/31016



Radhika Kakarala, MD, MS, FACP





The GHS Children's Intensive Crisis Stabilization Team (ICSS) provides mobile crisis stabilization services, 7 days a week between 8:00am and 7:00pm to all children, youth, and young adults (ages 0-21) who reside in Genesee County. Calls during other hours are helped by our Crisis Line mental health professionals.

Hope and health in the community

Reasons to call GHS:

- If you feel your child/youth is in a crisis
- The child/youth may hurt themselves or others
- The child is experiencing overwhelming confusion, anger, or emotional unresponsiveness

If you aren't sure if ICSS is needed, give us a call and we can help to explore options.

What happens when the GHS Intensive Crisis Team is called?

The team will provide an on-site intervention with the identified child or youth, and their support system. The team's main focus will be to help assess the crisis, utilize de-escalation techniques, help the child/youth and their family or support system to help with what is needed and to help determine next steps and long-term care.

Other services include:

- Crisis and Safety Planning
- Referrals to needed services
- Education on resources, diagnosis and services
- Collaboration and problem solving
- * Psychiatric consults, as needed (does not include medication review for prescription)
- ** Intensive Crisis Stabilization services cannot be provided to individuals who are currently residing in inpatient settings: Jail/detention centers or residential settings (i.e. child caring institutions, crisis residential, etc.).

GHS Intensive Crisis Stabilization Services for Children

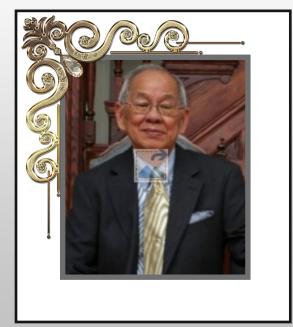
810.257.3740 877.364.3648

420 W. Fifth Avenue, Flint 48503 • www.genhs.org

Supported by funds from Substance Abuse and Mental Health Services Administration, Center for Mental Health Services through the Michigan Department of Health and Human Services.

Frederick Sia Lim

Lim, Frederick Sia 7/4/2022 New Rochelle Frederick S. Lim passed quietly in his sleep the morning of July 4, 2022 after a long battle with dementia. He grew up in Manila, Philippines the son of Chinese immigrant parents and the youngest of 12 children. Fred attended undergraduate school at Bridgewater College in Virginia, then returned to attend medical school at the University of the East Ramon Magsaysay Memorial Medical Center College of Medicine in the Philippines. In 1961, he immigrated to the United States with his wife and infant son. He completed his medical internship at St. Peter's Hospital in Albany, New York and his residency at Hurley Medical Center in Flint, Michigan. He settled his family in Flint and devoted his entire career at the Mott Children's Health Center caring for underprivileged families and served as Medical Director. Dr. Lim Hurley Afterhours Pediatric Center (later to become Hurley Children's Hospital), specialized in pediatric Cystic Fibrosis for Genesee County, served as a pediatrician for the Michigan School for the Deaf and also worked as an ER doctor at Hurley Medical Center. Even after retiring from Mott, he continued working as a professor of pediatric medicine at McLaren Flint Hospital until retiring for good at the age of 70. Fred was a quiet man that always strived to improve both his professional skills and personal skills related to his hobbies. He loved photography, music, wood working, gardening, bird watching, and radio controlled airplanes. He also loved a good gin and tonic and played a mean game of pool which he picked up as a boy in Manila. Fred worked on projects from building televisions, stereos, and furniture to constructing a kit car roadster. He was an avid traveler, taking his family on extended road trips across the United States to the most scenic spots he meticulously researched. In retirement, he and his wife expanded their travels around the globe. He was devoted to his family and first retired to Ann Arbor where he spent time with his two oldest grandchildren. In his later years he and his wife relocated to New York to be near his younger grandchildren. He leaves behind his beloved wife of 64 years, Anita Lim, their three children Andrew Lim and his wife Kimberly of Dexter, MI,



Frieda Lim and her husband Kevin McClurkan of Brooklyn, NY and Francelle Lim and her husband Michael Brennan also of Brooklyn, NY. He also leaves behind five grandchildren, Stephanie Lim, Brian Lim, Oona Brennan, Flint Brennan and Blaze McClurkan, one grand-daughter-in-law Christie Lim and one great granddaughter Eliana Lim who are Brian's family. He will be missed by us all but will live on in our hearts.

Memorial contributions to Hurley Children's Hospital (www.hurleyfoundation.org/donate) would be appreciated.

Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute ___% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath ___% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.



Please contact GCMS at 733-9923 or email executivedirector@gcms.org



SAFEHAVEN™ PHYSICIAN AND PROVIDER WELL BEING PROGRAM

Rediscover meaning, joy, and purpose in medicine.

SafeHaven™ ensures that physicians and health care providers can seek confidential assistance and support for burnout, career fatigue, and mental health reasons.



In-the-moment telephonic support by a licensed counselor, 24/7



Peer Coaching—talk with someone who has walked in your shoes that can help you grow both personally and professionally

- Six sessions per incident
- Physician or provider chooses coach from a panel of coaches



WorkLife Concierge, a virtual assistant to help with every day and special occasion tasks, 24/7



Legal and financial consultations and resources, available 24/7



Counseling, available in either face-to-face or virtual sessions; addressing stress, relationships, eldercare, grief, and more

- Six sessions per incident
- Available to all extended family members



VITAL WorkLife App—Mobile access to resources, well being assessments, insights, and more

RESOURCES FOR YOU AND YOUR FAMILY MEMBERS

SafeHaven™ includes Well Being Resources from VITAL WorkLife—confidential and discreet resources designed to reduce stress and burnout, promote work/life integration and support well being for you and your family.

TO LEARN MORE, VISIT www.MSMS.org/SafeHaven

To support the needs of physicians and health care providers struggling with stress, burnout, and the effects of COVID-19, the Michigan State Medical Society (MSMS) and VITAL WorkLife have partnered to offer a comprehensive set of well being resources and confidential counseling services for their use, SafeHaven™.









State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at www.joinmsms.org



Membership

- O I am in my first year of practice post-residency.
 O I am in my second year of practice post-residency.
 O I am in my third year of practice post-residency.
 O I have moved into Michigan; this is my first year practicing in the state.
- O I work 20 hours or less per week.
 O I am currently in active military duty.
 O I am in full, active practice.
- O I am a resident/fellow.

O Male Female

Job Title: W Phone Mobile:		. W Fax	H Phone				
W Phone		W Fax	H Phone				
Mobile:			H Phone				
		Em.			H Fax		
Office Address O Pro	eferred Mail		ail Address				
	cremed man	O Preferred Bill	O Preferred Mail and Bill				
City:				State:	Zip:		
Home Address O Pr	eferred Mail	O Preferred Bill	O Preferred Mail and Bill				
City:				State:	Zip:		
*Please base my county r	nedical society	membership on the co	ounty of my (if addresses are in	different counties):	O Office Address	Home A	ddress
*Birth Date:/	/ Bir	th Country	MI Medical Lice	nse #:	ME #:		
Medical School			Graduation Year:	ECFM	G # (if applicable)		
Residency Program				Program Co	mpletion Year		
Fellowship Program				Program Co	mpletion Year		
Hospital Affiliation							
• Primary Specialty					Board Certified:	○ Yes	O No
Secondary Specialty					Board Certified:	○ Yes	O No
Marital Status: O Sing	le 🔾 Marrie	d O Divorced Spo	ouse's First Name:	Spou	se's Last Name:		
Is your spouse a physician	: O Yes (O No If yes, are t	hey a member of MSMS?: O	Yes O No			
Within the last five years,	have you been	convicted of a felony	crime?: O Yes O No	If "yes," please prov	ide full information:		