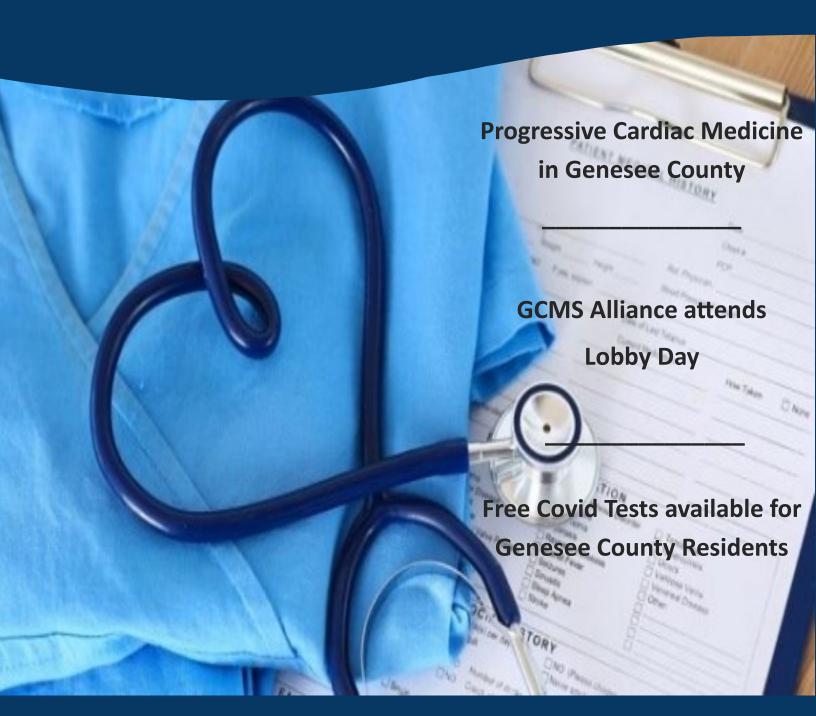
THE BULLETIN

March 2022 VOLUME 99, NUMBER 3



GENESEE COUNTY MEDICAL SOCIETY

Organized Medicine's Leading Edge

MARCH 2022

THE BULLETIN is published monthly by: The Genesee County Medical Society

GCMS OFFICERS 2022

Khalid Ahmed, MD, President Paul Kocheril , MD, President Elect Sunilkumar Rao, DO, Immediate Past Pres. Brenda Rogers-Grays, DO , Secretary

Ethiraj Raj, MD, Treasurer

MSMS OFFICERS 2022

Pino Colone, MD

President

S. Bobby Mukkamala, MD

Immediate Past President

John Waters, MD

Treasurer

DISTRICT DIRECTOR VI

Nita Kulkarni, MD

DELEGATES

Khalid Ahmed, MD

Qazi Azher, MD

Ed Christy, MD

Paul Kocheril, MD

Venkat Rao, MD

ALTERNATE DELEGATES

Macksood Aftab, DO

Mohammed Alasbahi, MD

Scott Garner, MD

John Hebert, III, MD

Sunil Kaushal, MD

Paul Kocheril, MD

Shady Megala, MD

S. Bobby Mukkamala, MD

Rama Rao, MD

Sunilkumar Rao, DO

Elhamadi Saeed, MD

Ajay Srivastava, MD

John Waters, MD

Omari Young, MD

Ehab Youssef, MD

OTHER BOARD MEMBERS

Michael Giacalone, Jr., MD Pamela Hackert MD, JD, MPH Gary Johnson, MD

EXECUTIVE DIRECTOR

David Hoff, MA, CCP

EXECUTIVE ASSISTANT

Jennifer Sanders

MARCH 2022 VOLUME 99, NUMBER 3

THE BULLETIN

READ BY 96% OF GCMS MEMBERS

FEATURE ARTICLES

MCMC, Ladialativa Diatform and Drianitia

momo. Legislative Flationili and Friorities	10
Alliance Focus:	
Genesee County Medical Society Alliance attends Lobby Day	17
Commit To Fit	25
COVID-19 Resources	26
Guest Article:	
Pet Therapy as a Volunteer Retirement Hobby -Julie Hoff-Windhorst	30

REGULARS

President's message	4
GCMS Meetings	5
Executive Director's Message:	
Progressive Cardiac Medicine in Genesee County	6

Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

THE BULLETIN

Published by the Genesee County Medical Society Publication Office

4438 Oak Bridge Drive, Suite B, Flint, Michigan 48532

Phone (810) 733-9923

By subscription \$60 per year. Member subscription included with Society dues. Contributions to **THE BULLETIN** are always welcome. Forward news extracts or material of interest to the staff before the 1st of the month. All statements or comments in **THE BULLETIN** are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society.



There are more than 3 million cases of heart disease diagnosed in the U.S. each year.

Coronary artery disease is the "silent killer," but some warning signs are apparent. They include unusual pain in the left armpit, arm and upper chest; unexplained heartburn; and malaise, tiredness or "just not feeling right."

Why be uncertain?

RMI is helping everyone stay healthy by offering CT Cardiac Scoring exams for



CT CARDIAC SCORING

could give you the answers you need

Scans for evidence of coronary artery disease

Fast, painless alternative to invasive or physically demanding tests

Effective screening method for patients at higher risk of heart disease

Easy, flexible scheduling, convenient hours and compassionate care

Genesee County **(810) 732-1919** Novi **(248) 536-0410** Royal Oak **(248) 543-7226** Southgate **(734) 281-6600**

President's Message

Is It Over?

2 years ago - March 9, 2020 a committee of expert advisors to the WHO named the SARS COV2 outbreak an international Public Health Emergency. The world responded with various measures to control the pandemics, ranging from complete lockdowns to masking, hand sanitization, social distancing and limiting personal contacts. These measures resulted in significant changes in the way we work and live. Control measures success is difficult to gauge. COVID-19 managed to infect more than 500 million people worldwide and claimed the lives of more than 6 million (taking in consideration the limitations of reporting in many parts of the world). Over the last few weeks there was a remarkable decline in the rate of infection. Could that be the end of the pandemic?. A few countries took the bold measure of ending the restrictions while others in Asia and the Pacific are experiencing big surges of the disease. The United Nations said a few days ago that the Pandemic is far from over. New variants remain to be a threat and letting our guards completely down is not the best thing to do. Especially that news from some European countries say that very low levels of detection of the infection with a new variant that is a combination of Delta and Omicron variants. So the guestion is: is the pandemic coming to an end? This might be too early to answer. It is thought that pandemics end because of many reasons, including virus weakening, increasing.

Immunity -through infection or vaccination— pandemics are thought to have ended when the number of new cases has significantly dropped, the severity of the illness and case fatality has decreased and when we simply get fed up. Are we getting fed up too early? That has to be seen. Just a few days ago, President Obama tweeted that he was diagnosed with COVID.

Sincerely,
Khalid Ahmed, MD
GCMS President





Board of Directors

March 22, 2022 6:00 p.m.

Practice Managers

April 14, 2022 9:00 a.m.

Medical Society Foundation

April 20, 2022 6:00 p.m.

**All meetings will be held via ZOOM

Announcement

GCMS members now entitled to a 15% discount on automobile and homeowners insurance.

For details, contact:

POTTER & ROOSE INSURANCE

810-767-8590

Providers of insurance for the GCMS & its members for 50 years.

906 Mott Foundation Bld., Flint MI 48502

Your HEALTH CARE LAW FIRM



Wachler & Associates represents healthcare providers, suppliers, and other individuals in Michigan and nationally in all areas of health care law, including:

- Provider Contracting
- RAC, Medicare, Medicaid and Commercial Payor Audits
- Billing and Reimbursement
- Stark Law, Anti-Kickback Statute, and Fraud & Abuse Compliance
- Licensure, Staff Privilege and Credentialing
- Physician and Physician Group Issues
- Corporate and Transactional Matters
- Regulatory Compliance
- Healthcare Litigation
- Healthcare Investigations
- Fraud and False Claims Defense
- Provider Participation/ Termination Matters
- HIPAA and HITECH Compliance



SERVING HEALTHCARE PROVIDERS FOR OVER 30 YEARS

248.544.0888 • wachler.com

EXECUTIVE DIRECTOR'S MESSAGE

Progressive Cardiac Medicine in Genesee County

December of 2020, I wrote an article about transcatheter aortic valve replacement (TAVR). This current article will be written about a specific patient and republishing of my TAVR article from December 2020.

I was recently contacted about a patient admitted into a large open heart surgery program in the Detroit area with acute congestive heart failure. The patient is a 90-year-old with no significant medical history except an open surgical bioprosthetic aortic valve replacement in 2008 (bicuspid aortic valve). The patient was sent to the emergency room of this Detroit area hospital in congestive heart failure. An echocardiogram revealed an acute tear in a leaflet of the prosthetic aortic valve, causing acute severe aortic insufficiency (AI). Acute severe Aortic Insufficiency is a life-threatening condition. The patient was offered hospice and the family told death would occur in two days to 1 week with no other options available.

With no other significant medical history, Dr. Sanjay Batra, MD (cardiothoracic surgeon) and Dr. Ahmad Munir, MD (cardiologist) were contacted to discuss possible options other than hospice and certain death soon. Both physicians felt the patient was a candidate for a high risk TAVR. The patient decided he wanted the procedure and was transferred to Genesee County to have a TAVR to extend his life (his brother is going strong at 97). Dr. Sanjay Batra, MD arranged an immediate transfer with the assistance of Dr. Binesh Patel, MD to Genesee County. Shortly after arrival, the patient went into renal failure with a creatinine level of 4.1 (probably due to lack of forward blood flow to the kidneys normal creatinine level is 0.6 - 1.3).

The decision was made to perform an urgent TAVR with the hope the renal function recovers with better kidney perfusion post TAVR. The team put together a game plan for this patient thinking outside the box. The patient could not be laid flat without going into acute severe congestive heart failure. A special prop was designed so the patient had an elevation on the flat operating room table during the procedure. The decision was also made to perform the procedure under conscious sedation to avoid the risks of general anesthesia & intubation.

The TAVR valve was successfully deployed creating instant cardiac stability and raising the diastolic pressure from 24 mmhg to 50 - 60 mmhg immediately. Nine days post TAVR the patient's creatinine is down to 1.4 and the patient has been transferred to rehab for physical therapy to begin walking again. The goal of the patient is to go back to the apartment that is called home.

Genesee County cardiac medicine gave this patient the gift of extending his life. This is world class progressive cardiac care right here in Genesee County. A lifesaving procedure when the patient was told it could not be done at another large hospital. The patient is very thankful and appreciative of the outstanding care he received in Genesee County. This patient is my father, "Thank you for extending his life!".

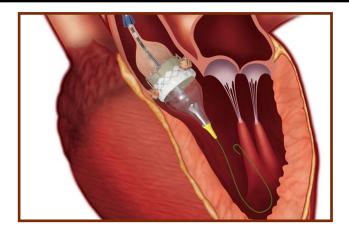
A special thank you to:

Dr. Sanjay Batra, MD Dr. Ahamad Munir, MD

Dr. James Martin, MD Dr. Binesh Patel, MD

Dr. Jagdish Mirchandani, MD Dr. Venkat Rao, MD

Dr. M. Anas Moughrabieh, MD



I would also like to thank all medical professionals involved with my father's care.

This was a fantastic team effort thinking outside the box to deliver world class cardiac care right here in Genesee County.

The patient and family reached out to GCMS to publish this case into the Bulletin. A special thank you to all physicians and medical professionals involved in his care that saved his life. The hospital and physicians took extraordinary measures to accommodate a very sick patient with an acute life-threatening condition. Progressive medicine in Genesee County.

Article Republished from December 2020

New TAVR Heart Valve Procedure Offered in Genesee County

I have been associated with cardiac surgery for more than 35 years. Through this period there have been refinements in equipment and innovation to open heart surgery procedures, improving patient safety & patient outcomes.

One of the newer innovative procedures is transcatheter aortic valve replacement (TAVR). TAVR may be an option for patients diagnosed with aortic valve stenosis. The procedure has been available for approximately 10 years in the United States. TAVR is a minimally invasive procedure. A catheter with an aortic valve attached is inserted usually through the femoral artery. The transcutaneous aortic valve is deployed into the native diseased aortic valve.

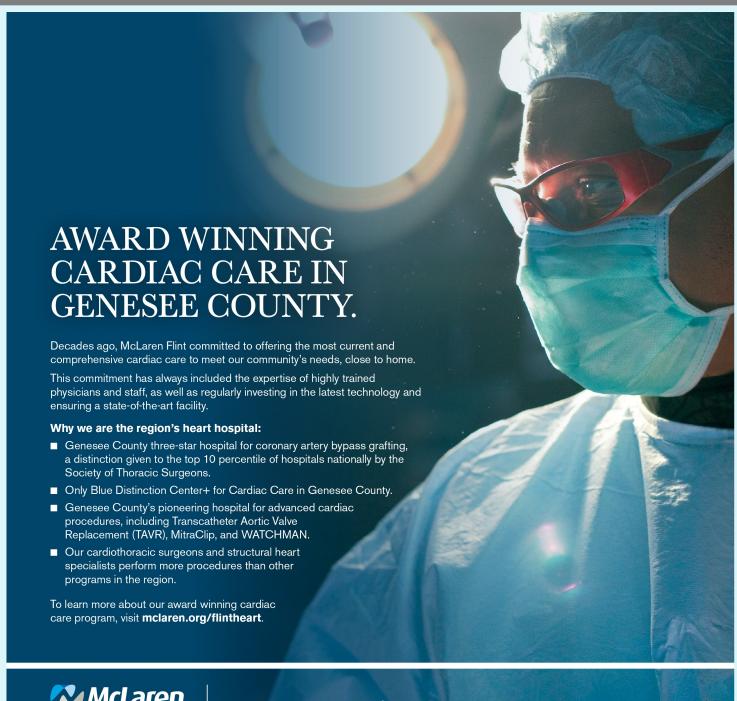
In the past, an open surgical aortic valve replacement (SAVR) was the only option for replacement. This was performed utilizing a heart-lung machine (cardio-pulmonary bypass). TAVR avoids the use of cardio-pulmonary bypass (CPB) and the associated risks with CPB.

Transcatheter aortic valve replacement may also be a good option for patients diagnosed with severe aortic stenosis that are not a candidate for SAVR. The TAVR procedure is associated with shorter length of stay post procedure compared to an SAVR.

I am pleased the TAVR procedure is available in Genesee County. Currently transcatheter aortic valve replacement is available at McLaren Flint Hospital and Ascension Genesys Grand Blanc Hospital.

For more information, please contact executivedirector@gcms.org

DAVID HOFF, MA, CCP





DOING WHAT'S BEST.®



Keep Genesee County Safe!

- 1. Require Masks in your Practice
- 2. Practice Social Distancing in your Office
- 3. Educate your Patients on Vaccinations



Government Relations & Physician Engagement Team



Josiah Kissling, Senior Director State and Federal Government Relations E: jkissling@msms.org P: 810/444-7149



Joshua Richmond, Senior Director Physician Engagement and Organizational Integration E: jrichmond@msms.org P: 517/974-5331



Stacey Hettiger, Senior Director Medical and Regulatory Policy E: shettiger@msms.org P: 517/410-6366



Scott Kempa, Manager State and Federal Government Relations E: skempa@msms.org P: 248/770-8378



Kate Dorsey, Manager State and Federal Government Relations E: kdorsey@msms.org P: 313/525-0646



Anne'ka Marzette, Coordinator Medical and Regulatory Policy E: amarzette@msms.org P: 517/336-5736



Mary Kate Barnauskas, Specialist Medical and Regulatory Policy E: mbarnauskas@msms.org P: 517/336-7575 msms.org

msms.org



Legislative Platform & Priorities



120 West Saginaw Street, East Lansing, Michigan 4882



MARCH 2022 10

MSMS Legislative Platform & Priorities



MSMS Legislative Priorities

Key priorities of the Michigan State Medical Society (MSMS) and its 15,000 physician and medical student members are as follows:

COVID-19

The COVID-19 pandemic has taken a devastating toll on the physical and mental health of Michigan citizens, as well as the economic health of our state. Additionally, many of Michigan's medical practices are trying to regroup from financial and staffing losses and increased costs to comply with regulatory mandates. By using scientific data to help inform decision-making, MSMS is committed to working collaboratively with stakeholders to end the COVID-19 pandemic, safely re-engage all economic sectors, provide efficient and equitable vaccine distribution, and ensure practice sustainability.

Prior Authorization and Step Therapy Reform

The prior authorization process diverts valuable resources away from direct patient care, can delay the start or continuation of necessary treatment, and can negatively impact patient health outcomes. Step therapy, also known as fail first, is another practice that disrupts patient care by requiring patients to try other therapies before being approved for the treatment that their doctor originally prescribed. MSMS will work closely with the Legislature, regulators, and other stakeholders on ways to reform prior authorization and step therapy processes to ensure transparency, remove unnecessary and costly care delays, and support shared decision-making.

Team-based Care

Patients are best served by a team-based approach to care that provides the maximum amount of choice while ensuring that they benefit from the additional training and expertise that comes from having a physician on the team. A highly functioning health care team is the best way to serve patients. MSMS will continue to promote the role of the physician as the leader of the health care team and oppose any efforts to expand allied health professionals scope of practice that may put patients at risk.

Telemedicine

Telemedicine has proven to be an effective care delivery method that ensures convenient and timely access to patients. Before the outbreak of COVID-19, insurers covered telemedicine visits to varying extents; however, there were often obstacles such as low reimbursement and restrictions on site of care. Although payers removed some of the regulatory and administrative barriers during the pandemic, these policies are now reverting to prepandemic times. Moving forward, payment and service parity for the use of clinically appropriate telemedicine services is critical.

Health Equity

Several events in 2020 brought to the forefront the need to prioritize advocacy addressing systemic policies and other contributing factors that deny historically marginalized groups equal and just opportunities to maximize quality of life and health outcomes. In order to improve the health of all populations, MSMS will work to advance policies that reduce disparities and improve health equity.

Graduate Medical Education (GME)

Studies repeatedly demonstrate that one of the best ways to recruit and retain physicians is via local medical schools and residency programs. GME helps fill the gap in underserved areas by providing extremely low-cost care to those most in need. Michigan has been a leader in expanding medical school class sizes to address the projected demand for physician services, it is imperative that we continue to fund GME slots to allow these future physicians to learn here in Michigan, train here in Michigan, and stay here in Michigan.

For more information about MSMS legislative advocacy, please contact:

- Josiah Kissling, Senior Director, State and Federal Government Relations, at jkissling@msms.org
- Scott Kempa, Manager, State and Federal Government Relations, at skempa@msms.org
- · Kate Dorsey, Manager, State and Federal Government Relations, at kdorsey@msms.org

Legislative & Regulatory Platform

MSMS has long-standing positions and policies on numerous topics. Following is an overview of the top issues comprising the MSMS legislative and regulatory advocacy platform.

Insurance and Regulatory Advocacy

- · Support mental health and substance use disorder parity
- Ensure appropriate access to and payment for telemedicine
- · Advocate for adequate and transparent physician networks
- Reduce unnecessary administrative costs

Public Health and Prevention

- · Strengthen public health infrastructure
- Support vaccine availability and oppose efforts to weaken Michigan's vaccine laws
- · Improve health equity
- Ensure access to evidence-based non-opioid pain care and opioid use disorder treatment
- Reduce childhood environmental hazards
- Reduce gun violence through health screening, patient counseling and expanded access to mental health services

Professional Liability

- Preserve existing tort reforms
- · Support higher negligence thresholds in medical liability cases
- Eliminate the lost opportunity doctrine
- Maintain the legislative intent and enforceability of all medical liability tort reforms

Medicaid

- · Seek funding parity with Medicare
- Seek funding sources that are fair and sustainable
- Support state funding for the Healthy Michigan Plan
- Ensure access to physician-directed care

Physician Supply and Training

- Increase graduate medical education funding at state level
- · Minimize burden of medical school debt

Insurance Contracting Reform

- · Limit retroactive audit timeframes
- Support adequate disclosure of fee screens
- · Support appeals process that includes independent reviews

Scope of Practice

- Support physician-led, team-based health care
- Support education over legislation as the means of increasing scope of practice
- Oppose independent prescriptive authority by non-physicians
- Support patient right-to-know/health professional credentials disclosure

MARCH 2022 11



The Center for Joint Replacement at Hurley is excited to offer Zimmer Biomet's ROSA® Knee System, which brings together robotic technology and industry-leading knee implants to help surgeons personalize surgical procedures for their patients.

The ROSA® Knee System uses data collected before and during surgery to assist surgeons in giving a knee replacement that's unique and specific to patients.

Surgeons use computer and software technology to control and move surgical instruments, allowing for greater precision during procedures, giving patients an increased chance for better recovery and long term results.



BlueDistinction
© Center

Knee and Hip Replacement

Blue Distinction Centers are healthcare facilities and providers recognized for their expertise in delivering specialty care.



To learn more about ROSA Knee, call **810.262.6339**, or scan QR code to visit hurleymc.com/services/orthopedics





DAVID HOFF CEO

(810) 407-4921 hoffshealthybooks@gmail.com

hoffshealthybooks.com

Certified QuickBooks
Online ProAdvisor

- Provide bookkeeping and general ledger entry input for QuickBooks Online.
- Generate income reports as needed.
- Perform budgeting and fixed cost analysis.
- Offer payroll services.
- Provide QuickBooks Online set up and consulting.



2337 Stonebridge Dr., Building F, Flint, MI 48532

Phone 810-733-6600 **Fax** 810-733-0262

Securities offered through Cambridge Investment Research Inc., a broker/dealer, member FINRA/SIPC. Investment Advisor services through Cambridge Investment Research Advisors Inc., a Registered Investment Advisor. Cambridge and Complete Wealth Advisors are not affiliated.



Thank you for your unwavering dedication to high quality care during the most challenging of times.

Thank you for your hard work and dedication, for the compassion, concern, and kindness you've shown to patients and their families.

Thank you for your many contributions to the hospital and the community we serve.

We honor you each March 30th but we are thankful for you year round.

Happy Doctors' Day!



DOING WHAT'S BEST.*



ATTENTION: PRACTICE MANAGERS AND OFFICE STAFF!

Genesee County Medical Society addresses issues of concern for medical professionals!

Please join GCMS and SOVITA in monthly meetings for practice managers and office staff of *all member physicians*.

Please email executivedirector@gcms.org to RSVP,

YOU WILL RECEIVE A ZOOM INVITE

NEXT MEETING DATE:

April 14, 2022 9:00 A.M.

You do not want your Practice Manager to miss out on these valuable meetings!













Saving time and money for people who move the community forward.

We are devoted to serving nurses, physicians, pharmacists, technicians, therapists - anyone in healthcare - with unique financial services that fit their work and life.

Become a member and see for yourself.

- · Virtual or on-site visits during any shift
- Payroll deposits hit before the night shift is up
- Financial products and services designed to fit the unique needs of healthcare employees
- Ongoing sponsorship of causes that are important to your healthcare community

call 810.720.8300 • visit a branch office • go to sovitacu.org



Federally insured by NCUA.



THE ALLIANCE FOCUS

GCMS Alliance Attends Lobby Day

On February 24, MSMSA Immediate Past President Rula Ali, Treasurer JoyDawn
Hardman, Best Schumacher and yours truly drove down to Michigan State
Medical Society office to take part in the Lobby Day organized by Michigan State
Medical Society. Scott Kempa, Manager, State and Federal Government Relations
was on hand to accompany us to meet some of the legislators present. State
Representatives Mike Meuller (Genesee), Sarah Lightner (Jackson), Christine
Morris, Matt Hall, Julie Rogers, Senator Sean McCann, Beth Griffin (Kalamazoo),
Tommy Brann, Senator Winnie Brinks (Kent) and Tullio Liberati (Wayne) were on
eager to hear and answer the Alliance's concerns regarding present day health
care issues faced by the physicians. We broke into smaller groups to
meet them in their offices.

Rula, JoyDawn, Beth and I met Representatives Julie Rogers, Mike Meuller and Tullio Liberati who were very receptive to some of our concerns including, House Bill 5651 regarding Prior Authorization and Step Therapy reform, that coverage of services provided via telehealth should be on the same basis as comparable services provided in-person. Also, that insurers should allow all contracted physicians to provide care via telehealth. Another concern was that cost-sharing should not be used to incentive care from certain providers and telehealth should be a supplement to and not a replacement for in-person provider networks. It was felt that transparency of coverage is important. Also, fair payments should support advancements and investments in telehealth and there should be flexibility in how a patient-physician relationship is established and may be appropriate. Physicians should be ensured equitable access to telehealth. We left the legislators feeling assured that they would vote in favor of the physicians. It was, then, time to meet our fellow MSMSA members for lunch at Troppo.

Thank you, Rula, for the ride to the event.



Lakshmi Tummala



Lakshmi Tummala, Rula Ali, JoyDawn Hardman and Beth Schumacher with the Capital building in the background.



With Genesee County Representative



With Representative Julie Rogers (Kalamazoo)



Lunch at Troppo with Scott Kempa from MSMS

GCMSA Food and Friendship

February 22 brought some GCMS Alliance members together for a Neighborhood Coffee at the beautiful home of Vibha and Sunil Kaushal. In attendance were Kathy Cox, Linda Lemieux, Rula Ali, Velynda Makhene, Subhadra Aysola, Vijay Sayal, Genie Plucer and yours truly. Our gracious hostess, Vibha, had a large spread of scrumptious sandwiches, assorted fruit, cakes and other sweets accompanied by delicious coffee and tea. It gave us an opportunity to catch-up with some of our friends whom we haven't met in a long time due to the COVID.





Lakshmi Tummala

Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute ___% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath ___% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.





Do you have an advertising NEED?

- Are you a Physician and you are a member of GCMS and you have a new practice in Michigan?
- Do you have a medical practice and you are a member of GCMS and your office has relocated?
- Do you have a business that serves Michigan and business slow?

Let Genesee County Medical Society help!

Genesee County Medical Society Bulletin

(ONLINE MAGAZINE)

Your ad will be featured in the Genesee County Medical Society monthly bulletin that is provided to 1,500+ viewers. The Bulletin can also be found on the GCMS website, and is also published through Calameo virtual magazine. (HTTPS://En.Calameo.com/)

1/4-page ad \$100/month

1/2-page ad \$195/month

3/4-page ad \$290/month

Full page ad \$350/month

A link to the business website or email can be added for **NO** additional fee.





^{**}all ads placed by Physicians or Medical Practices must have a GCMS membership.

Why GCMS??

Genesee County Medical Society

Organized Medicine's Leading Edge



MEMBERSHIP

Membership in the Genesee County Medical Society (GCMS) gives you the opportunity to share resources, discuss ideas, and network with some of the most active and respected physicians in the state. You will receive news and information via The Bulletin magazine, meetings, faxes, and emails. Because GCMs is politically aggressive, it can provide its members with myriad opportunities to shape the future of medicine locally, as well as on a state and national level.

When you join GCMS you also join the Michigan State Medical Society (MSMS). MSMS has experts to assist you with practice management, business strategies, third party reimbursements, and contracting issues.



CLICK TO LEARN MORE AND JOIN

TOP 7 REASONS TO JOIN

- GCMS is an aggressive advocate on behalf of member physicians with thirdparty-payors.
- GCMS is an aggressive advocate on behalf of its members physicians and their patients with state and federal legislatures.
- When specific issues arise that require immediate action, email lasts are institute to communicate directly with members.
- GCMS convenes monthly meetings with Practice Managers in an effort to head off problems for physician practices and to find solutions to those that are identified.
- GCMS is a national leader by providing leadership at the state and federal level through volunteer physicians, staff, and Alliance member involvement leadership positions.
- GCMS is disproportionality influential on behalf of its member physicians and their patients.
 - GCMS holds monthly meetings with federal and state legislators, and communicates with them at other times on as as-needed basis.

PHONE: (810) 733-9923

ADDRESS: 4438 OAK BRIDGE DRIVE, SUITE B, FLINT, MI 48532

Your Membership at Work

- GCMS helped facilitate resolving complex issues relating to claim billing and insurance needs.
- GCMS helped Genesee County residents with contacts, resources and explanations.
- GCMS members joined MSMS in discussions and possible solutions on important Legislative issues effecting many physicians and practices.
- ♦ GCMS /MSF collaborates with Genesee County Medical Society Alliance to plan the 2022 fundraiser to raise money for an endowment fund for medical/nursing students.
- GCMS Board members created Resolutions to present at the House of Delegates meeting.







Commit to Fit!



Visit **commit2fit.com** to track all of your physical activity and keep track of your fitness goal!

Ascension Genesys



Click **HERE** for intense & moderate workout videos!

University of Michigan - Flint



workouts!

Click HERE for daily





Visit ymca360.org for fitness classes of all ages!

Crim Fitness Foundation



Visit crim.org for a variety of yoga and mindfulness practices!

Arthritis Foundation



Click **HERE** for arthritis exercises!







For Daily Genesee County Covid-19 Numbers



COVID-19 Summary for Genesee County, Michigan

Coronavirus (COVID-19) Data Dashboard for Genesee County



For Reporting



EMPLOYERS + SCHOOL ADMINISTRATORS:

Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at GCHD-CD@gchd.us or call (810) 257-1017

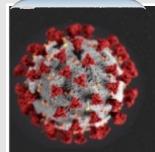


For State of Michigan Covid-19 Information

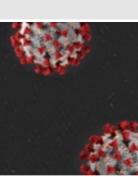








COVID-19 VACCINE PROVIDER GUIDANCE & EDUCATIONAL RESOURCES



COVID-19 VACCINE

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

COVID-19 VACCINE PLAN



COVID-19 VACCINE RESOURCES

IMMUNIZATIONS DURING COVID-19

CDC FAQS

PROVIDER GUIDANCE & EDUCATION



CAN'T FIND A TEST IN-STORE? WE CAN HELP!

If you are a community-based organization with clients in need, contact Genesee CHAP to receive a bulk delivery of tests.

Are you a resident, a school, or medical practice? If so, make a referral to CHAP to receive a free COVID-19 OTC test, delivered within 24 hours.

Make a Referral to Genesee CHAP

- Call 810-953-2427
- Utilize the Community Referral Platform
- Fax Genesee CHAP Referral Form
- Visit gfhc.org/**CHAP**referrals

Request "OTC COVID-19 Test" and note "Urgent". Genesee CHAP will deliver test(s) to the individual's home within 24 hours.







USING & REPORTING SELF-TESTS | COVID-19 |



Use the OR code below

for more information

about self-testing and how-to videos.

2

If your results are positive

Report results to GCHD at www.gchd.us or click **here**.

<u>Isolate yourself from others</u> for 5 days following symptom onset (if symptomatic) or positive test result (if asymptomatic).

<u>Tell your close contacts</u> that they may have been exposed to COVID-19.

Call GCHD at 810-344-4800 if you are unable to use online resources.





If you are at an <u>increased</u>
<u>risk</u> of becoming very
sick, <u>treatment maybe be</u>
<u>available</u>. Contact your health
care provider right away if
your test result is positive.







www.cdc.gov/covidtesting

C5324605-L 02/08/22

PET THERAPY AS A VOLUNTEER RETIREMENT HOBBY

I retired in January of 2017 and quickly found things that inspired me, to fill up my time. One of those things was bringing a puppy dog into my home for the first time as an adult.

God's gift to the human race is his name spelled backward = DOG. Dogs teach us lessons in humanity.

"When you bring a dog into your life, you begin a journey - a journey that will bring you more love and devotion than you have ever known, yet also test your strength and courage. If you allow it, the journey will teach you many things about life, about yourself, and most of all, about love. You will come away changed forever, for one soul cannot touch another without leaving its mark." - Crystal Ward Ken

Some people will never understand how much someone can love a dog, but that's okay the dog knows.

My 2.5-pound puppy is named Miggy. For those of you who connect with baseball, my puppy is named after Miguel Cabrera of the Detroit Tigers baseball team.

Miggy is a Morkie breed; a Maltese and Yorkshire Terrier mix. Miggy is not your average Morkie, he is a chocolate colored Morkie with a brown nose, and brown lips (most are black). Miggy's eyes are a brown hazel and look like human eyes.

Currently Miggy weighs 4 lbs. and is almost 5 years old. With a very calm demeanor, the decision was made to have Miggy certified as a therapy dog so we could do volunteer work together as a team. He was certified as a Therapy Dog May 18, 2019.

Miggy and I volunteer in a couple of the local hospitals in Troy and Detroit. We have gone to high schools, Colleges, assisted living facilities as well as memory care facilities. Since May 2019, we have over 100 therapy visits.

It is a very rewarding and humbling experience when watching my Miggy brighten up somebody's day. Dogs leave paw prints on the hearts of people they visit.

Most recently Miggy's job has taken on another meaning of responsibility that was very personal, giving therapy to my 90-year-old father, in the hospital, with a failing 13-year-old prosthetic aortic heart valve.



Miggy has a calming sense about him and that transcends to keeping his relative calm while he waits for a TAVR procedure to be performed at a Hospital in Genesee County.

In the last couple of weeks my brother has seen Miggy in action as a certified pet therapy dog to keep our family member calm. My brother now says "at a time that it was critical to keep the patient calm, Miggy was there to do that. I am now a believer in pet therapy."

Miggy and his mother are members of the Northern Chapter of Fur Angels Club where Miggy interacts with approximately 25 to 30 dogs of all shapes and sizes ranging from 4 pounds (Miggy) to a Bull Mastiff weighing 184 pounds named Bo.

We are also a member of The Bright and Beautiful Therapy Dogs, Inc. and they provide the insurance.

Can you guess who is in charge of all the dogs? Yes Miggy! With an aggressive bark and growl Miggy lets it be known among all the dogs, at any given time, he is the President.

Miggy and I try to make a difference every day in someone's life.

I quote my friend and President of The For Angels, Steve Calcagno, "with the exception of our faces still being hidden, we are being welcomed back with gusto since the beginning of COVID.

Schools, hospitals, universities, and health care facilities are eager for visits, and it is hard to keep up."

If you're lucky, a dog will come into your life, steal your heart, and change everything. "A dog is the only thing on earth that loves you more then he loves himself." Josh Billings.

Written By:

Julie Hoff-Windhorst

Retired Credit Union Collection Manager

Pictures published with consent from the patient, the family, and the dog.



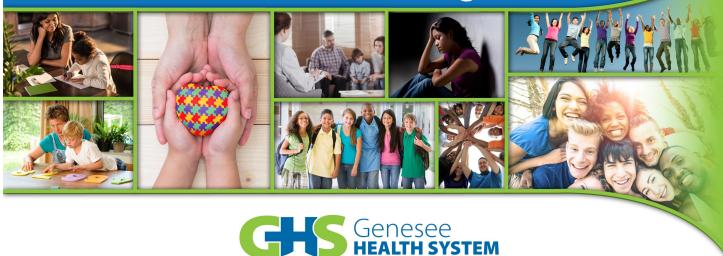












Hope and health in the community

The GHS Children's Intensive Crisis Stabilization Team (ICSS) provides mobile crisis stabilization

services, 7 days a week between 8:00am and 7:00pm to all children, youth, and young adults (ages 0-21) who reside in Genesee County. Calls during other hours are helped by our Crisis Line mental health professionals.

Reasons to call GHS:

- If you feel your child/youth is in a crisis
- The child/youth may hurt themselves or others
- The child is experiencing overwhelming confusion, anger, or emotional unresponsiveness

If you aren't sure if ICSS is needed, give us a call and we can help to explore options.

What happens when the GHS Intensive Crisis Team is called?

The team will provide an on-site intervention with the identified child or youth, and their support system. The team's main focus will be to help assess the crisis, utilize de-escalation techniques, help the child/youth and their family or support system to help with what is needed and to help determine next steps and long-term care.

Other services include:

- Crisis and Safety Planning
- Referrals to needed services
- Education on resources, diagnosis and services
- Collaboration and problem solving
- * Psychiatric consults, as needed (does not include medication review for prescription)
- ** Intensive Crisis Stabilization services cannot be provided to individuals who are currently residing in inpatient settings: Jail/detention centers or residential settings (i.e. child caring institutions, crisis residential, etc.).

GHS Intensive Crisis Stabilization Services for Children

810.257.3740 877.364.3648

420 W. Fifth Avenue, Flint 48503 • www.genhs.org

Supported by funds from Substance Abuse and Mental Health Services Administration, Center for Mental Health Services through the Michigan Department of Health and Human Services.



SAFEHAVEN™ PHYSICIAN AND PROVIDER WELL BEING PROGRAM

Rediscover meaning, joy, and purpose in medicine.

SafeHaven[™] ensures that physicians and health care providers can seek confidential assistance and support for burnout, career fatigue, and mental health reasons.



In-the-moment telephonic support by a licensed counselor, 24/7



Peer Coaching—talk with someone who has walked in your shoes that can help you grow both personally and professionally

- Six sessions per incident
- Physician or provider chooses coach from a panel of coaches



WorkLife Concierge, a virtual assistant to help with every day and special occasion tasks, 24/7



Legal and financial consultations and resources, available 24/7



Counseling, available in either face-to-face or virtual sessions; addressing stress, relationships, eldercare, grief, and more

- Six sessions per incident
- Available to all extended family members



VITAL WorkLife App—Mobile access to resources, well being assessments, insights, and more

RESOURCES FOR YOU AND YOUR FAMILY MEMBERS

SafeHaven™ includes Well Being Resources from VITAL WorkLife—confidential and discreet resources designed to reduce stress and burnout, promote work/life integration and support well being for you and your family.

TO LEARN MORE, VISIT www.MSMS.org/SafeHaven

To support the needs of physicians and health care providers struggling with stress, burnout, and the effects of COVID-19, the Michigan State Medical Society (MSMS) and VITAL WorkLife have partnered to offer a comprehensive set of well being resources and confidential counseling services for their use, SafeHaven™.









State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at www.joinmsms.org



Membership

- O I am in my first year of practice post-residency.
 O I am in my second year of practice post-residency.
 O I am in my third year of practice post-residency.
 O I have moved into Michigan; this is my first year practicing in the state.
- O I work 20 hours or less per week.
 O I am currently in active military duty.
 O I am in full, active practice.
- O I am a resident/fellow.

O Male Female

Nickname or Preferred Form of Legal Name:		
W PhoneW FaxH PhoneH FaxMobile:Email Address		
W PhoneW FaxH PhoneH FaxMobile:Email Address		
Office Address		
City: State: Zip: Home Address		
Home Address		
City: State: Zip: *Please base my county medical society membership on the county of my (if addresses are in different counties): O Office Address *Birth Date: / / Birth Country MI Medical License #: ME #:		
*Please base my county medical society membership on the county of my (if addresses are in different counties): O Office Address *Birth Date:/ Birth Country MI Medical License #: ME #:		
*Birth Date:/ Birth Country MI Medical License #: ME #: _		
	O Home A	ddress
Medical School Graduation Year: ECFMG # (if applicable)		
Ectivo (it depited to)		
Residency Program Program Completion Year		
Fellowship Program Program Completion Year		
Hospital Affiliation		
• Primary Specialty Board Certified:	O Yes	O No
Secondary SpecialtyBoard Certified:	O Yes	O No
Marital Status: O Single O Married O Divorced Spouse's First Name: Spouse's Last Name:		
Is your spouse a physician?: O Yes O No If yes, are they a member of MSMS?: O Yes O No		
Within the last five years, have you been convicted of a felony crime?: • Yes • No If "yes," please provide full information: _		