

# THE BULLETIN

FEBRUARY 2021 VOLUME 98, NUMBER 2



**Black History Month  
And African –  
American Health**

**New Mitral Valve  
Procedure Now  
Offered in  
Genesee County**

**GENESEE COUNTY  
COVID-19 VACCINE  
RESOURCES**

**GENESEE COUNTY MEDICAL SOCIETY**

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THE BULLETIN is published monthly by:  
The Genesee County Medical Society

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FEBRUARY 2021 VOLUME 98, NUMBER 2

# THE BULLETIN

READ BY 96% OF GCMS MEMBERS

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#### Our Vision

That the Genesee County Medical Society maintain its position as the premier medical society by advocating on behalf of its physician members and patients.

#### Our Mission

The mission of the Genesee County Medical Society is leadership, advocacy, education, and service on behalf of its members and their patients.

#### PLEASE NOTE

The GCMS Nominating Committee seeks input from members for nominations for the GCMS Presidential Citation for Lifetime Community Service. The Committee would like to be made aware of candidates for consideration.

#### THE BULLETIN

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By subscription \$60 per year. Member subscription included with Society dues. Contributions to THE BULLETIN are always welcome. Forward news extracts or material of interest to the staff before the 5th of the month. All statements or comments in THE BULLETIN are the statements or opinions of the writers and are not necessarily the opinion of the Genesee County Medical Society.

Greetings everyone,

As we celebrate Black history month, I wanted to share my understanding and facts about heart disease, cancer, stroke and obesity which are the leading causes of morbidity and mortality in African Americans and resources available to address them.

### **Heart Disease and Stroke**

- 1 in 3 deaths in the United States is due to cardiovascular disease. People of all ages, genders, races, and ethnicities are affected. However, certain groups—including African Americans and older individuals, are at higher risk than others.
- Nearly half of all African American adults have some form of cardiovascular disease that includes heart disease and stroke.
- About 2 out of every 5 African American adults have high blood pressure, and less than half of them have it under control. African American adults are much more likely to suffer from high blood pressure (hypertension), heart attacks, and stroke deaths than white adults.

### **Cancer**

- Cancer is the second leading cause of death among black people in the United States. Among men, black men get and die from cancer at higher rates than men of other races and ethnicities. Among women, white women have the highest rates of getting cancer, but black women have the highest rates of dying from cancer.
- Black women have the highest death rates of all racial and ethnic groups, and are 40% more likely to die of breast cancer than white women.
- Prostate Cancer is more common in black men. It tends to start at younger ages and grow faster than in men of other racial or ethnic groups, but medical experts do not know why.

### **Obesity, Nutrition, and Physical Activity**

Obesity is prevalent in the African American community and is related to conditions like heart disease, stroke, and cancer. Obesity is common, serious, and costly. African Americans are nearly 1.5 times as likely to have obesity as compared to non-Hispanic Whites.

- From 2011-2014, the prevalence of obesity among African Americans was 48% compared to 35% of non-Hispanic Whites.
- African Americans eat fewer vegetables than other racial/ethnic groups but eat similar amounts of fruit as non-Hispanic Whites.
- More than half (56%) of African American adults 18 years of age and older do not meet the aerobic component of the 2008 Physical Activity Guidelines.





## What You Can Do For Your Health

Living a healthy lifestyle can help prevent heart disease, cancer, and stroke. Take these steps:

- Eat a healthy diet with fruits, vegetables, whole grains, and fat-free or low-fat milk and milk products. Choose foods low in saturated fats, cholesterol, salt (sodium), and added sugars.
- Exercise regularly. Adults need 2 hours and 30 minutes (or 150 minutes total) of exercise each week. You can spread your activity out during the week, and can break it up into smaller chunks of time during the day.
- Be smoke free. If you are ready to quit, call 1-800-QUIT-NOW (1-800-784-8669) or 1-855-DÉJELO-YA (1-855-335-3569 for Spanish speakers) for free resources, including free quit coaching, a free quit plan, free educational materials, and referrals to other resources where you live.
- Limit alcohol use, which can lead to long-term health problems, including heart disease and cancer. If you do choose to drink, do so in moderation, which is no more than one drink a day for women and two for men.
- Know your family history. There may be factors that could increase your risk for heart disease and stroke.
- Manage any medical condition you might have. Learn the ABCS of heart health. Keep them in mind every day and especially when you talk to your health provider:
  - **A**ppropriate aspirin therapy for those who need it
  - **B**lood pressure control
  - **C**holesterol management
  - **S**moking cessation

**Source:** <https://www.cdc.gov/healthequity/features/african-american-history/index.html>

With black Americans suffering from poorer health outcomes compared to others despite socioeconomic status, and compounded by issues of mistrust in black patients, it matters how we as clinicians and health caregivers respond to their needs. Caring for patients and building an efficient healthcare system relies on trust between providers and patients. However, historical events, current biases, and perceptions of stigma can all stand in the way of patients seeking the care they need or being properly treated when they do seek care. Mistrust in healthcare can have big repercussions and can perpetuate ongoing health disparities and we should address this each and everyday.

Finally lets collectively ask ourselves the most important question:

**What are we doing to lift up our patients during this Black History Month and every month?**

Until next time, stay safe.

**Friendly,  
Sunilkumar Rao,DO,MHA,FACC,FACP**



**Legislative Liaison Committee**  
February—Recessed

**Practice Managers**  
February 11, 2021 9:00 am

**Board of Directors**  
February 23, 2021 6:00 p.m.

**Legislative Liaison Committee**  
March—Recessed

## *Announcement*

GCMS members now entitled  
to a 15% discount on automobile  
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### New Mitral Valve Procedure Now Offered in Genesee County

Every year thousands of Americans are diagnosed with congestive heart failure (CHF). There are many different disease processes that can lead to CHF. One common diagnosis leading to congestive heart failure is mitral valve insufficiency (MI).

The mitral valve is a 2-leaflet valve between the left atrium & left ventricle. The purpose of the mitral valve is to prevent backflow of blood back into the left atrium & lungs while blood is being pumped to the body for circulation. If the mitral valve leaflets do not close properly, backflow of blood causes increased pressure and accumulation of fluid in the lungs. This causes progressive shortness of breath with exertion and if untreated development of CHF.

When the amount of mitral insufficiency becomes significant and the patient is symptomatic, surgical repair or replacement may be indicated for the diseased valve. Not all patients with MI are candidates for open heart surgery, usually due to high risk. Until now, this group of patients could only be treated medically.

I am pleased that Genesee County is now offering a new FDA approved procedure called mitral valve clipping for patients with severe mitral insufficiency who are not candidates for surgical repair or replacement. Mitral valve clipping is a minimally invasive procedure. A catheter is inserted through a large vein in the groin and advanced into the heart. A small clip is advanced through this catheter and positioned on the mitral valve at the site of the maximal leak. Once in the correct position, the clip is deployed closing the gap in the mitral valve at the site of the leak.

This procedure is indicated in a specific subset of patients with MI. Not every patient with MI

would be a candidate for this procedure. Eligibility for this procedure, among other things, relies heavily on the anatomy of the mitral valve and the size and position of the leak.

To assess the mitral valve in detail a special ultrasound-based imaging of the heart is performed by placing a small camera in the esophagus (transesophageal echocardiography) which gives a magnified view of the valve.

Patients referred for the mitral clip are usually seen by a multidisciplinary valve team which evaluates and makes recommendation of the appropriate form of therapy for patients with mitral insufficiency.

This article was written with collaboration from Dr. Ahmad Munir, MD.



DAVID HOFF, CCP, MA





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## Singapore, The Super Country/City

Next on our bucket list was the island-state of Singapore. Many ethnic communities live harmoniously in this secular country. The first day of our visit was spent visiting the Jurong Bird Park that houses birds in many species from countries around the world. An hour and a half walk in the park was a learning experience about those birds on display.



The American flamingos at Jurong Bird Park

That evening, we took a cable car ride to view the city by night. All major landmarks were illuminated in numerous colors and the views were awesome! From there, we drove along the city, ending up at Little India. Every business imaginable can be found in this part of town. It was decorated beautifully for the upcoming Deepavali, the popular Hindu Festival of Lights. We ate dinner at a South Indian restaurant that served excellent food, including the ever popular Hyderabadi biryani.



The Financial District of Downtown Singapore



The Awesome Rain Vortex

On the following day, we walked along the Jubilee Bridge from where the city skyline can be seen. Huge skyscrapers belonging to hotels, government buildings and the financial district are all located in this area. A short drive from there, took us to the nature-themed entertainment and retail complex at the Changi Airport. The highlight of the terminal is the world's tallest indoor waterfall, the Rain Vortex. Designed by an Israeli architect, the waterfall changes its colors every few minutes. We spent an hour and a half in the complex, viewing the numerous rain forest plants with an abundance of flowers seen everywhere.



Our next visit was to the famous two hundred and seventy acres sprawling nature park, Gardens by the Bay. We spent a good two and a half hours taking in the awesome display of flowers in every species known. One can spend a whole day viewing the beauty of the place since there is so much to see. A skywalk takes us hundreds of feet above the gardens to get an aerial view of the place. We grabbed a quick lunch at the mall and proceeded on to see the rest of the city, while stopping to look at Fort Canning Park. Singapore is a modern city with beautiful buildings in various shapes and sizes. But, my most favorite attraction in the city was Gardens by the Bay which is a must see for all nature lovers.



Rare plants in the Garden by the Bay



The famous statue by the Jubilee Bridge

Nothing beats good times had with Food, Fun and Friendship. Well, all good times must come to an end and so did our trip to the Super Country/City, planned with dear friend and relatives, a long time ago. But, it is time to go back to Home Sweet Home.



Lakshmi K. Tummala



The Plants covered pillars in Garden at the Bay



The beautiful art that shows the ethnic diversity of the country/city.





The Michigan Doctors' Political Action Committee (MDPAC) is the political arm of the Michigan State Medical Society. We are a bipartisan political action committee made up of physicians, their families, residents, students and others interested in making a positive contribution to the medical profession through the political process. MDPAC supports pro-medicine candidates running for the State legislature, Michigan Supreme Court and other statewide positions. **Join today!**

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## Activate Your Political Voice

Physician engagement is essential to the success of a pro-medicine legislature. Current and potential lawmakers want and need to hear from professionals in the field of medicine. On Engage, you will communicate, educate, and activate on the things most important to Michigan physicians.

[Engage](#)

# ATTENTION

DATE & TIME  
CHANGE

## ATTENTION: PRACTICE MANAGERS AND OFFICE STAFF!

**Genesee County Medical Society addresses issues of concern  
for medical professionals!**

Please join GCMS and SOVITA in monthly meetings for  
practice managers and office staff of *all member physicians*.

Please email [executivedirector@gcms.org](mailto:executivedirector@gcms.org)

*to receive the zoom meeting invite.*

**NEXT MEETING DATE:**

**February 11, 2021 9 a.m.**

**March 11, 2021 9 a.m.**

*You do not want your Practice Manager to miss out  
on these valuable meetings!*



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**3. COMPLETE PRE-  
REGISTRATION FORM\***



**4. BEGIN THE  
ENROLLMENT SURVEY**

\*After you complete the pre-registration form, you will receive a letter, text, or email from us with secure instructions on how to begin your enrollment survey.

Once you fully enroll, the Flint Registry will help connect you to services that will improve your health.

*You will also get \$50 Thank You check in the mail.*

If you have already completed the pre-registration form, call 833-GO-FLINT or email [flintregistry@hc.msu.edu](mailto:flintregistry@hc.msu.edu) for your survey code.

*You may also call us to fully enroll over the phone!*

**FOLLOW US!**

 [@flintregistry.org](https://www.facebook.com/flintregistry.org)  [@flintregistry](https://www.instagram.com/flintregistry)  [@FlintRegistry](https://twitter.com/FlintRegistry)

Michigan State University College of Human Medicine received funding for this work from the Centers for Disease Control and Prevention (CDC), Grant #NUE2EH001370.





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## Why are people joining?

**“One of the reasons I joined  
the Flint Registry was because of  
the education  
and the connections.”**

– Pastor Read,  
Joy Tabernacle Church


.....

**“Making people comfortable  
enough to open up about their  
concerns and feel free to share  
their story; I feel like that’s one of  
the biggest things helping people  
heal in this city.”**

– Aaron Neeley,  
Flint Registry interviewer and resident

---

 833-GO-FLINT

 [flintregistry@hc.msu.edu](mailto:flintregistry@hc.msu.edu)



## Easy Ways to Donate to the Medical Society Foundation:

The Medical Society Foundation is engaged in a Capitol Campaign. The purpose of the Campaign is to grow the corpus to support the charitable activities of the Genesee County Medical Society. Those activities include public and community health, support for the underserved, and wellness initiatives.

To continue its good work, the Medical Society Foundation is asking you to consider leaving a legacy gift to the Foundation. If all, or even a significant portion of our membership left just a small part of our estates to the Foundation, the Foundation could continue helping this community in so many ways, by supporting the Medical Society.

To make a gift, simply use these words:

In your Trust, "Grantor directs Trustee to distribute \_\_\_% of all assets then held in Trust or later added to this Trust to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing board of directors in furtherance of the purposes of the Foundation."

In your Will, "I give, devise and bequeath \_\_\_% of my Estate to the Medical Society Foundation, to be held in an endowed fund and used in the discretion of its then existing Board of Directors in furtherance of the purposes of the Foundation."

While this is not a subject that is comfortable to broach, it is an opportunity to support the Foundation which supports the Medical Society's charitable activities on behalf of the membership. Please give. You can give via a trust or will. You can give from your IRA. You can give appreciated stock, and you can give cash. Please support the organization which does so much on behalf of the medical community and the patients we serve.



**Don't Forget!**  
Donations are tax deductible!

**Please contact GCMS at 733-9923 or email [executivedirector@gcms.org](mailto:executivedirector@gcms.org)**

# HAPPY BIRTHDAY DOCTOR!

## FEBRUARY

Kumbla Bhakta, MD.....	3	Sharon Dowd, MD.....	14	Pino Colone, MD.....	26
Mark Weiss, MD.....	3	Maurice Chapin, MD.....	15	Omar Gayar, MD.....	26
Cynthia Horning, MD.....	3	Rajeevi Pandyan, MD.....	15	Thomas Wright, DO.....	27
Evelyn Alunit, MD.....	5	Jami Foreback, MD PhD.....	15	Wilfredo Rivera, MD.....	28
Gregory Fortin,.....	5	Nelson Schafer, MD.....	16	Mark Anderson, MD.....	28
Bradford Murphy, DO.....	6	Edward Gomez-Seoane, MD.....	16		
Virgil Hooper, MD.....	8	Dianne Trudell, MD.....	20		
Avery Jackson, MD.....	9	Athear Alrawi, MD.....	20		
David Bergman, MD.....	9	Daniel Bernstein, MD.....	22		
Frederick Lim, MD.....	12	Steven Boskovich, MD.....	22		
Gregorio Imperial, MD.....	12	Laura Carravallah, MD.....	24		

## MARCH

Geeta Rode, MD.....	1	John Doyle, MD.....	5	Linda Lawrence, MD.....	22
Gerard Surmann, MD.....	1	Tai Kang, MD.....	7	Ryan Chartrand, DO.....	22
Ehab Youssef, MD, FRCR, MBA, PhD.....	1	Mohamad Loay Alasbahi, MD.....	9	Rodolfo UyHam, MD.....	23
Michael Giacalone Jr., MD.....	2	Julio Badin, MD.....	9	Saqib Ahmad, MD.....	26
Genevieve Sierminski, MD.....	2	Mary Marshall, MD.....	14	Dennis Pank, MD.....	26
Athear Alrawi, MD.....	2	Harvey Olds, MD.....	16	Peter Moody, MD.....	26
Susumu Inoue, MD.....	2	James Knaggs, MD.....	17	Theodore Fellenbaum, MD, FACOG, ASCCP..	27
Hesham Gayar, MD.....	3	Adrienne Kilmer, MD.....	19	T Trevor Singh, MD.....	27
Stacey McEwen, DO.....	3	Giovanni DiGiannantonio, MD.....	20	Macksood Aftab, DO.....	28
Daniel Anbe, MD.....	4	William Macksood, MD.....	20	Linval Fleetwood, MD.....	28
Gregory Forstall, MD.....	4	Edward Gomez-Seoane, MD.....	21	Daniel Barnstein, MD.....	28
				Dilraj Ghumman, MD.....	28
				Samuel Dismond Jr., MD.....	28



## Do you have an advertising **NEED**?

- Are you a Physician **and** you are a member of GCMS and you have a new practice in Michigan?
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- Do you have a business that serves Michigan and business slow?

Let Genesee County Medical Society help!

## Genesee County Medical Society Bulletin

(ONLINE MAGAZINE)

**Your ad will be featured in the Genesee County Medical Society monthly bulletin that is provided to 1,500+ viewers. The Bulletin can also be found on the GCMS website, and is also published through Calameo virtual magazine. ([HTTPS://En.Calameo.com/](https://en.calameo.com/))**

1/4-page ad \$100/month

1/2-page ad \$195/month

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A link to the business website or email can be added for **NO** additional fee.

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\*\*all ads placed by Physicians or Medical Practices must have a GCMS membership.



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Healthy Habits Challenge

**January 1 – February 28, 2021**  
**EARN 3,000 TOTAL WELLNESS POINTS**

### Challenge Goal:

An eight-week individual challenge that encourages individuals to practice daily activities to be more active, eat healthier, and promote wellness to others. Each participant who reaches the challenge goal of 3,000 total Wellness Points will be entered into a drawing to win a prize.



### How to Earn Wellness Points:

- 100 points** for every 2,500 steps logged
- 100 points** for every 1 pound of weight loss
- 10 points** for every 2 fruit and vegetable servings
- 10 points** for every 3 hydration servings
- 10 points** for every minute of mindfulness

**CHALLENGE PRIZES:**  
Individuals who reach the goal of 3,000 Wellness Points during the challenge will be entered to win a Flint Farmers' Market gift card, as well as weekly prize drawings!



### Get Started:

- 1 Register at [commit2fit.com](http://commit2fit.com)
- 2 Track Your Activities
- 3 Get Entered to Win Prizes

Visit [www.commit2fit.com](http://www.commit2fit.com)   





# COMMIT TO FIT!

## Virtual Fitness Guide

### Commit to Fit!



Visit [commit2fit.com](https://commit2fit.com) to track all of your physical activity and keep track of your fitness goal!

### University of Michigan - Flint



Click [HERE](#) for daily workouts!

### Crim Fitness Foundation



Visit [crim.org](https://crim.org) for a variety of yoga and mindfulness practices!

### Ascension Genesys Athletic Club



Click [HERE](#) for intense & moderate workout videos!

### YMCA - 360



Visit [ymca360.org](https://ymca360.org) for fitness classes of all ages!

### Arthritis Foundation



Click [HERE](#) for arthritis exercises!



**CLICK HERE**

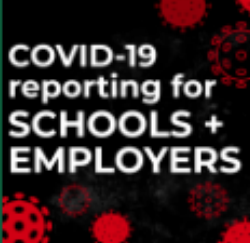
**For Daily Genesee County Covid-19 Numbers**

 **COVID-19 Summary for Genesee County, Michigan**

[Coronavirus \(COVID-19\) Data Dashboard for Genesee County](#)

**CLICK HERE**

**For Reporting**



**COVID-19 reporting for SCHOOLS + EMPLOYERS**

**EMPLOYERS + SCHOOL ADMINISTRATORS:**

Do you need to report a laboratory-confirmed positive COVID-19 case?

Click the button to email the Communicable Disease team at [GCHD-CD@gchd.us](mailto:GCHD-CD@gchd.us) or call (810) 257-1017

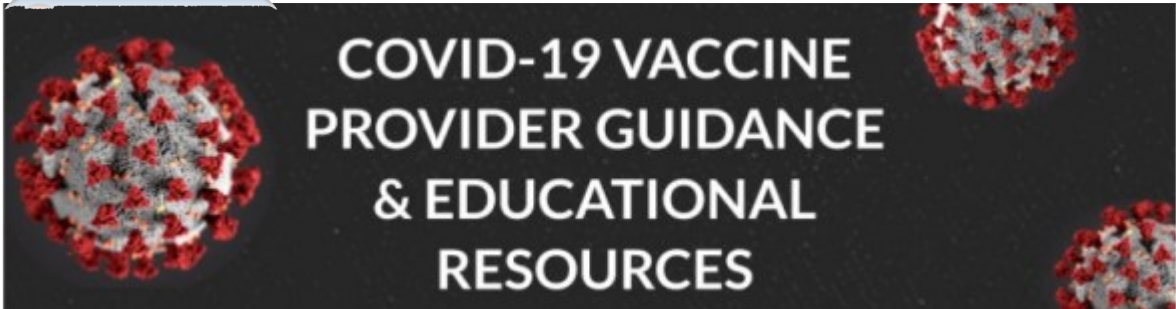
**CLICK HERE**

**For State of Michigan Covid-19 Information**





 [CLICK HERE](#)



## COVID-19 VACCINE

The COVID-19 pandemic demonstrates how diseases without vaccines can devastate economic and public health. Vaccines have reduced and, in some cases, eliminated many diseases. In the U.S., there is currently no approved vaccine to prevent COVID-19. MDHHS is working with the CDC and Michigan stakeholders to prepare and plan for when the vaccine is available. The initial draft of our state's plan is now available and will be updated often in the coming months. Visit regularly for the most recent information on the COVID-19 vaccine and Michigan's preparations.

[COVID-19 VACCINE PLAN](#)

 [CLICK HERE](#)

[COVID-19 VACCINE RESOURCES](#)

[IMMUNIZATIONS DURING COVID-19](#)

[CDC FAQs](#)

[PROVIDER GUIDANCE & EDUCATION](#)

CASES ARE RISING.  
**ACT NOW!**



WEAR A MASK



STAY 6 FEET APART



AVOID CROWDS

## COVID-19

### Program

Updated Dec. 22, 2020

Now that there are authorized and recommended vaccines to prevent COVID-19 in the United States, here are 8 things you need to know about the new COVID-19 Vaccination Program and COVID-19 vaccines.

#### 1) **The safety of COVID-19 vaccines is a top priority.**

The U.S. vaccine safety system ensures that all vaccines are as safe as possible. Learn how federal partners are working together to [ensure the safety of COVID-19 vaccines](#).

CDC has developed a new tool, [v-safe](#), as an additional layer of safety monitoring to increase our ability to rapidly detect any safety issues with COVID-19 vaccines. V-safe is a new smartphone-based, after-vaccination health checker for people who receive COVID-19 vaccines.

#### 2) **COVID-19 vaccination will help protect you from getting COVID-19. Two doses are needed.**

Depending on the specific vaccine you get, a second shot 3-4 weeks after your first shot is needed to get the most protection the vaccine has to offer against this serious disease. [Learn more about the benefits of getting vaccinated](#).

#### 3) **CDC is making recommendations for who should be ordered COVID-19 vaccine first when supplies are limited.**

To help guide decisions about how to distribute limited initial supplies of COVID-19 vaccine, CDC and the Advisory Committee on Immunization Practices have [published recommendations](#) for which groups should be vaccinated first.

Learn more about [who should be vaccinated first when vaccine supplies are limited](#).



**4) There is currently a limited supply of COVID-19 vaccine in the United States, but supply will increase in the weeks and months to come.**

The goal is for everyone to be able to easily get vaccinated against COVID-19 as soon as large enough quantities are available. Once vaccine is widely available, the plan is to have several thousand vaccination providers ordering COVID-19 vaccines in doctors' offices, retail pharmacies, hospitals, and federally qualified health centers.

**5) After COVID-19 vaccination, you may have some side effects. This is a normal sign that your body is building protection.**

The side effects from COVID-19 vaccination may feel like flu and might even affect your ability to do daily activities, but they should go away in a few days. Learn more about what [side effects to expect and get helpful tips](#) on how to reduce pain and discomfort after your vaccination.

**Making COVID-19 Vaccination Recommendations**

CDC makes vaccination recommendations, including those for COVID-19 vaccines, based on input from the Advisory Committee on Immunization Practices. [Learn more](#)

**6) Cost is not an obstacle to getting vaccinated against COVID-19.**

Vaccine doses purchased with U.S. taxpayer dollars will be given to the American people at no cost. However, vaccination providers may be able to charge administration fees for giving the shot. Vaccination providers can get this fee reimbursed by the patient's public or private insurance company or, for uninsured patients, by the [Health Resources and Services Administration's Provider Relief Fund](#).

**7) The first COVID-19 vaccine is being used under an Emergency Use Authorization (EUA) from the U.S. Food and Drug Administration (FDA). Many other vaccines are still being developed and tested.**

Learn more about [FDA's Emergency Use Authorization authority](#) and watch a [video on what an EUA is](#). If more COVID-19 vaccines are authorized or approved by FDA, the [Advisory Committee on Immunization Practices \(ACIP\)](#) will quickly hold public meetings to review all available data about each vaccine and make recommendations for their use in the United States. [Learn more about how CDC is making COVID-19 vaccine recommendations](#).

All ACIP-recommended vaccines will be included in the U.S. COVID-19 Vaccination Program. CDC continues to work at all levels with partners, including healthcare associations, on a flexible COVID-19 vaccination program that can accommodate different vaccines and adapt to different scenarios. State, tribal, local, and territorial health departments have [developed distribution plans](#) to make sure all recommended vaccines are available to their communities.

**8) COVID-19 vaccines are one of many important tools to help us stop this pandemic.**

It's important for everyone to continue using all the tools available to help stop this pandemic as we learn more about how COVID-19 vaccines work in real-world conditions. Cover your mouth and nose with a mask when around others, stay at least 6 feet away from others, avoid crowds, and wash your hands often.

**CLICK HERE**



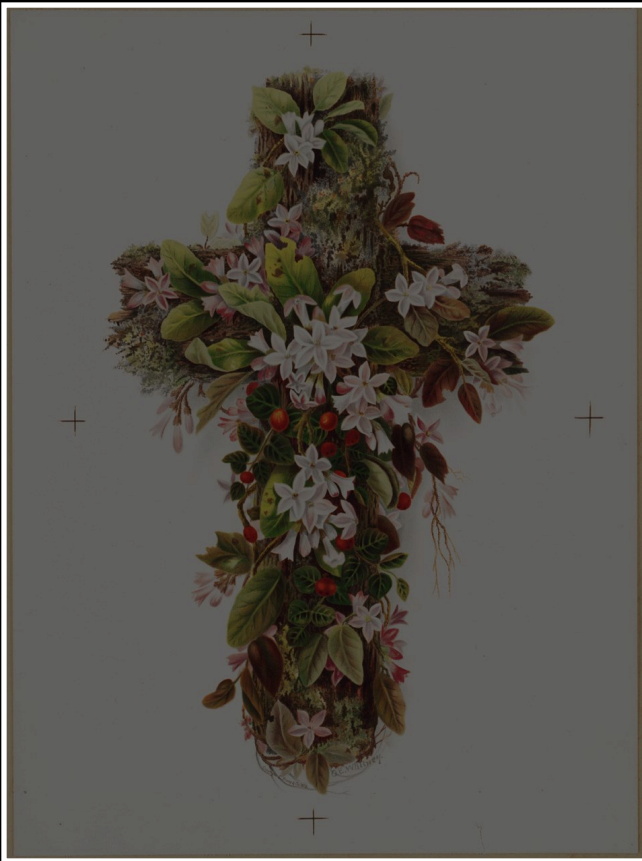
To Schedule An Appointment For A Covid-19  
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Friday, February 5, 2021, one of God's favorite servants was called home. Dr. Samuel R. Dismond Jr. passed away peacefully at home with his devoted and beloved wife of 62 years, Mrs. Janice A. Dismond by his side. He was 89 years old.

Dr. Dismond was born in Harrisburg, Pennsylvania. He graduated from Lincoln University, Lincoln University, Pennsylvania. He was drafted into the United States Army in 1953. And received an early discharge to attend Howard University School of Medicine in Washington, DC.

While at Howard University, he met the love of his life, Janice, a student at Freedmen's Hospital School of Nursing (now Howard University School of Nursing) on a blind date. They married on August 23, 1958 in Harrisburg, Pennsylvania.

Dr. Dismond became a member of the Flint, Michigan medical community as a resident at St. Joseph's Hospital (now Genesys) in 1960. He opened a private practice with Dr. Clarence Kimbrough (deceased) on Saginaw Street in downtown Flint, eventually moving to his own private practice on Pierson Road before joining the Hurley Medical Center team in 1984.

His Family Medicine practice was located within the medical center and his wife Janice (Jan) an R.N., was his office manager serving in an invaluable capacity. After 50 years of dedicated service to the Flint community he retired at age 80. His wife retired one day after him and their service to the community was a joint celebration at Hurley Medical Center in the fall of 2012. He was Chief of Staff at Hurley from 1995 to 2000 and was the first African American physician to have that position. He was on the Hurley Board of Managers beginning in 1998, serving as Chairman of the Board from 2005 to 2007. He continued to serve on the Board of Managers until 2012.

He was the recipient of numerous recognitions both locally and nationally. One of his proudest achievements was being named the American Academy of Family Physicians, 'Physician of the Year' in 1999. Dr. Dismond also received the 'Physician of the Year' award from the Michigan Academy of Family Physicians in 1997. He was awarded the Michigan State Medical Society 'Presidential Citation' in 2011. A designation given to a physician that makes a difference in "taking care of everybody". In his career, he delivered more than 1,000 babies and took good care of generations of families in the Flint community. He was also very proud of receiving a personal invitation to Barack Obama's first Inauguration in 2009.

Dr. Dismond pledged Omega Phi Psi Fraternity while at Howard University. And became a proud member of Sigma Pi Phi Fraternity, Gamma Delta Boulé chapter in 1993. He remained a member to the day of his passing. He was an Arcon and his wife Janice an Archousa. He and his wife were avid and accomplished ballroom dancers. He was a longtime and dedicated patron of the Flint Institute of music where he also served as a tenured Board member until the day of his passing. A wrought-iron wind activated statue titled 'The Dancer', graces the grounds of the Flint Institute of Music in his honor. He played the trumpet and loved to sing. But his favorite hobby was dancing with his darling Jan.

Dr. Dismond was preceded in death by his father, Samuel R. Dismond Sr. And his mother, Carolyn Dismond. He leaves behind his beloved wife of 62 years, Janice Dismond. His children; Samuel Dismond III (spouse, Pamela), Brenda (Be) Dismond-Sweet, Daryl Dismond (spouse, Iben), Gregory Dismond (spouse, Dushy), Valerie Petrich, (spouse, Karl), Audrey Dismond, Timothy Dismond, (spouse, Taunya) and honorary daughters Becky Scott and Monica Hudson. Grand-Children; Janice Christi Walton, (spouse, Andre), Nikki Petrich, Emmanuel Petrich, Miles Dismond, Brittany Dismond, Stefan Dismond, Raurie Petrich, Austin Dismond, Kaila Dismond, Lauren Dismond, Leilani, and Silas Dismond. He had one great-grandson, Jayden Walton. He leaves behind his brother, Michael Dismond. His brother Larry Dismond and sister Yvonne McLamb preceded him in death. He is loved by many cousins and numerous nieces and nephews.

In lieu of flowers, Mrs. Janice Dismond asks that donations be made in the name of Dr. Samuel R. Dismond Jr., to; Hurley Medical Center, Uncompensated Care Fund, [www.hurleyfoundation.org/donate](http://www.hurleyfoundation.org/donate)

Donations can also be mailed to; The Hurley Foundation, One Hurley Plaza, Flint, Michigan 48503.

Dr. Dismond was a devout Catholic. He believed in and admired Dr. Anthony Fauci. Mrs. Janice Dismond is advocating that there be no 'in-person' gatherings per 'best pandemic practices'.

Dr. Dismond will be given his last rites and interred at New Calvary Catholic Cemetery, Calvary Chapel Mausoleum with Father Phil Schmitter officiating and representing Mrs. Dismond, the Family and in lieu of any funeral or memorial.

There will be a virtual Celebration of Life event on Thursday, March 4, 2021 at 1PM. It will be open to the public. Details on how to view will be made available shortly. Mrs. Janice Dismond

is not accepting any calls at this time and the family asks that you respect her privacy during this grievous time.







## Medical Society Foundation

Consider a donation to the Medical Society Foundation for all of your holiday sentiments while supporting important health related causes.

The Medical Society Foundation has been coordinating physician giving in Genesee County since 1987. This holiday season, why not use the Foundation to make sure your gifts to family, friends and colleagues help to improve the health and well-being of our community.

By giving to the Medical Society Foundation, you receive a great year-end tax benefit at the same time you tell others how much their health- really means to you.

The Medical Society Foundation funds have been used to support the charitable activities of the Genesee County Medical Society.

Contributions can also be made in memory of an individual or to honor someone.

For questions or information on how your gift can help support the charitable activities of your Medical Society Foundation contact **GCMS at 733-9923** or email [executivedirector@gcms.org](mailto:executivedirector@gcms.org)

*Medical Society Foundation Mission Statement: The Medical Society Foundation is organized and does operate for the purpose of supporting continuing medical education and health-related charitable activities that further the cause of medicine.*

### Mail your donations to:

**Medical Society Foundation**  
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# State and County Medical Society MEMBERSHIP APPLICATION

Join MSMS and your County Medical Society online at [www.joinmsms.org](http://www.joinmsms.org)



- I am in my first year of practice post-residency.
  - I am in my second year of practice post-residency.
  - I am in my third year of practice post-residency.
  - I have moved into Michigan; this is my first year practicing in the state.
  - I work 20 hours or less per week.
  - I am currently in active military duty.
  - I am in full, active practice.
  - I am a resident/fellow.
- Male     Female

First (legal) Name: \_\_\_\_\_ Middle Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  MD  DO

Nickname or Preferred Form of Legal Name: \_\_\_\_\_ Maiden Name (if applicable) \_\_\_\_\_

Job Title: \_\_\_\_\_

W Phone \_\_\_\_\_ W Fax \_\_\_\_\_ H Phone \_\_\_\_\_ H Fax \_\_\_\_\_

Mobile: \_\_\_\_\_ Email Address \_\_\_\_\_

Office Address  Preferred Mail  Preferred Bill  Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Address  Preferred Mail  Preferred Bill  Preferred Mail and Bill

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\*Please base my county medical society membership on the county of my (if addresses are in different counties):  Office Address  Home Address

\*Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Birth Country \_\_\_\_\_ MI Medical License #: \_\_\_\_\_ ME #: \_\_\_\_\_

Medical School \_\_\_\_\_ Graduation Year: \_\_\_\_\_ ECFMG # (if applicable) \_\_\_\_\_

Residency Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Fellowship Program \_\_\_\_\_ Program Completion Year \_\_\_\_\_

Hospital Affiliation \_\_\_\_\_

• Primary Specialty \_\_\_\_\_ Board Certified:  Yes  No

• Secondary Specialty \_\_\_\_\_ Board Certified:  Yes  No

Marital Status:  Single  Married  Divorced Spouse's First Name: \_\_\_\_\_ Spouse's Last Name: \_\_\_\_\_

Is your spouse a physician?:  Yes  No If yes, are they a member of MSMS?:  Yes  No

Within the last five years, have you been convicted of a felony crime?:  Yes  No If "yes," please provide full information: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_